## Ford County ROSC Council Meeting Minutes

### Tuesday, December 17th, 2024, at 8:30 AM (Zoom)

**Definition of ROSC:** A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

# Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

#### Attendance:

Kari Knapp (Chestnut Health Systems, Associate Director Community Health) Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut) Kami Garrison (Chestnut Health Systems– Region 3 TA – Statewide ROSC) Jennifer Harrison (Director of Ford County Probation) John Schneider (Chestnut Health Systems, Celebrate Recovery, Livingston ROSC) Tia Schum (Piatt County ROSC) Megan Ramirez (Consortium Coordinator - Gibson Area Hospital) Tim Nuss (Ford County Board) Nikki Meyer (Chestnut) Jessica Johnson (Chestnut) Brittany Fry (Clove Alliance) Jessica Intravaia (Birth to Five) Melissa (LifeCil) Tammy Pollitt (Birth to Five, Region 54) Abby Behrens (Brightpoint) Dvlan Adair Christine P (Carle Outreach)

#### Agenda:

- Introductions
- Spotlight: Responding to Addiction—Nikki Meyer, Chestnut
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

The meeting began with Barb Brumleve welcoming participants and facilitating introductions.

#### Main Topic: Responding to Addiction

Nikki Meyer of Chestnut Health Systems was our guest speaker, and she shared about a new **FREE** training being offered, **Responding to Addiction**. **Responding to Addiction** was developed by the Addiction Policy Forum to increase knowledge about addiction, improve helping behaviors toward individuals with substance use disorders, correct misconceptions about addiction, and reduce stigma in communities. The program is a multidisciplinary, 3-hour training program that teaches participants about the science of addiction and equips them with the knowledge and tools to understand and address substance use disorders.

What Will You Learn?

- Signs and Symptoms of Addiction
- Evidence-Based Treatment Options
- Medications available to Treat Addiction
- Recovery Support and Relapse Prevention
- How to Start the Conversation with Someone in Need of Support
- Engagement Strategies

Who Should Get Trained:

- Health Care Providers
- Clergy
- Law Enforcement
- First Responders
- Corrections
- Employers
- Educators
- Child Welfare
- Community-Based Service Provider
- Other Community Members

Please reach out to Nikki Meyer (<u>nlmeyer@chestnut.org</u>) for more information and to schedule a training!!

Following Nikki's presentation, the council played a round of Kahoot and the winner was Brittany Fry of Clove Alliance 😊

#### Agency Updates:

**Tim Nuss** extended an invitation to anybody and everybody to the Ford County board meetings. They meet the 2<sup>nd</sup> Monday of every month at 7pm in the basement of the sheriff's office. You'll always have a platform there to get any and all information out. We have the press there. We have representatives from all over Ford County to help get that information out. I hope you'll start utilizing that as a tool for getting information out. Tim also shared that the Health Department has a new director, Glen Miller, hoping to get him involved with ROSC.

**Abby Behrens** shared that Brightpoint will have a virtual meeting on February 3<sup>rd</sup> for the 11<sup>th</sup> circuit. Please email Abby if interested at abehrens@brightpoint.org.

Upcoming Trainings: Substance Use & Mental Health - Training & Seminars | CCE Illinois

We hope to see you in the New Year, Tuesday, January 28<sup>th</sup> at 8:30 am.

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

