

Bond County Recovery Council Wednesday, December 11, 2024 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3<sup>rd</sup> Floor

# Meeting Agenda

Welcome and Introductions
 In Person: (Have sign in sheet)

### Via Zoom:

Jennifer Noel Jacob Dunavant Elyse Shoen Alice Fitzsimmons Ariana Julie Herr Alex Schneider Andrea Patterson Tracy Dones Liz McQuaid Angella Holloway Beverly Holland Michelle Miller Patrice White Nellie Baity Amanda Depew

### 2. Review Old Business

- \*Completed Resource List-These are ready. They are much more extensive than the old ones and we are working on distributing them. We have some printed copies available here. These are a fluid document that will constantly be updated.
- \*\*Meeting cards are available. Please take some with you to share. If you need them dropped off, please let us know. Will be updating again very soon. These also are a fluid document. So excited that we will be adding to these soon again because more meetings have been added in Bond County. We will order 500 this time instead of 1000.

- 3. Presentation-Jacob Dunavant, Outreach Coordinator at the Illinois Recovery Center.
  - -Private Treatment Center-does not accept Medicaid
  - -Reserve 10% of their beds for scholarships
  - -48 beds-Inpatient/Detox
  - -8 Buildings-group therapy, detox ext.
  - -6 dorms, detox & house clients, with staff and nurse on site
  - -Both Female & Male dorms
  - -Can smoke, but can't have telephones.
  - -Kitchenettes in dorms/television in dorms/two people may share a room
  - -Receive a treatment team, doctor on site once a week.
  - -Jacob has lived experience with substance use disorder, homelessness-overcame through recovery. Does this job as a passion. He is a certified peer specialist. He feels this role is God given.
  - -Family therapy sessions are available along with AA, NA, SMART recovery-They take a holistic apppoach.
  - -March  $l^{\rm st}$  , 2-4pm at Lewis & Clark Cultural Center film "Finding Jacob" along with panel discussion

## 4. Strategic Plan Work Group Updates

- -RCO Development-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently looking at RCO's and how that might look in Bond County. Rebecca Klitze, Kelly Jefferson, Patrick Miller, Shane Pinnell, Jon Magnuson, Amanda Zinkgraf, Sarah Rench, Samantha Hill, Rev Bilyeu, Dusty Hanner, Monique Brunious & Toni Randall. We are hoping to have a partnership with Next Network happening by January 2025. Next meeting will be January 14<sup>th</sup>. Would anyone like to be added to the group? Please email Toni
- -Transportation-2:30-3:30pm, meet via Zoom on the 3rd Tuesday of the month. Melissa Marti, Michelle Miller, Jennifer Noel, Patrice White, Sarah Rench, Samantha Hill, Amanda Zinkgraf, Monique Brunious & Toni Randall. No meeting in December. The next meeting will be on January 21st. Would anyone like to be added to the group? Please email Toni
- -Stigma-2-3pm, meet at Dairy Queen in Greenville on the 4th Tuesday of each month. We are looking for projects to do within the community that will help to reduce Stigma. This would be a great time to join this group. We are going to be brainstorming on our next project to reduce Stigma. Alice Fitzsimmons, Rebecca Klitze, Kelly Jefferson, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Sarah Rench, Samantha Hill, Monique Brunious & Toni Randall. We will not be meeting in December. Next meeting January 28<sup>th</sup>. Would anyone like to be added to the group? Please email Toni

### 5. New Business

- -We held our 2nd Laundry Day. Another successful one. We did 7 loads of laundry. Talked to a lot of people and handed out 5 boxes of Narcan
- -Community Table meals-heard other churches are offering meals. Going to check this out.
- -Game Nights 2025-New and exciting ideas coming up
- \*-New Celebrate Recovery-Started on September 15<sup>th</sup> at the Assembly of God Church in Sorento. Sunday's from 5:30-7:30. They will have dinner and childcare. We would love for anyone to share more about this meeting.
- **-SMART Recovery**-Prairie Counseling Center, ONLY Tuesdays 6pm & (no more Wednesday group)

#### -Lost & Found new times-

Sunday-Men's Bible Study 4pm, Service at 6:15pm Monday-Men's Recovery Group 7pm Tuesday-Women's Recovery Group 6:30pm Thursday-Women's Bible Study 10am Friday-Sober Bar 7-11pm

- **-Laundry Day-**Next one will be on the 1<sup>st</sup> Saturday of each month. January 4<sup>th</sup> from 11am-1pm. Is HSHS wanting to partner with us?
- -Game Night-Saturday January 18<sup>th</sup> from 6-9pm (none in December)
  - 6. Update from any Groups & Organizations
    - -Nellie talked about a Valentines Day Dance that TAC is hosting. She will be sharing more details next month
    - -Core Community-orientation for the new class is Jan 13<sup>th</sup>. Reach out to Pastor Patrice for more information.
    - -Julie Herr-together for youth summit coming in April. She will be sending flyer.

### 7. General Reminders

-Advisory Board for People with Lived Experience. In 2024 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Senior

Center. Free drinks & \$20 GC for attending & contributing. Next meeting is January 8<sup>th</sup> at 7pm-8:30pm.

- -The Advisory Board will also be hosting Family Game night on the 3<sup>rd</sup> Saturday night of the month from 6-9pm at the Senior Center. Next Family Game Night is January 18<sup>th</sup>
- -Bond County Transit Program- Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work. They are also working on a route to Edwardsville in the future.
- -AMARE Family Support, Jamie Armstrong Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at Jaime Armstrong <a href="mailto:jarmstrong@amarenfp.org">jarmstrong@amarenfp.org</a>
- -REFLECTIONS-Prairie Counseling Center, 1st Wednesday of the month at 10am.
- -HEALERS group meets on the  $2^{nd}$  &  $4^{th}$  Saturday of the month at the Senior Center at llam. New materials have arrived. Good stuff happening here.
- 8. FREE Virtual Narcan Training each month by Chestnut. For more information email <a href="mailto:SR-NARCAN@chestnut.org">SR-NARCAN@chestnut.org</a>. The Recovery Council also has FREE Narcan for anyone who needs it.

Future Meeting Dates for 2025: 2<sup>nd</sup> Wednesday of the month at 10am going to continue

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.