



## Livingston County ROSC Meeting

Thursday December 5<sup>th</sup>, 2024, 12-1 pm

Via Zoom

### **Attendees:**

- Autumn Olowo, Livingston Co. ROSC
- John Schneider, Livingston Co. ROSC
- Kari Knapp, Livingston County ROSC
- Nikki Meyer, Chestnut Health Systems
- Kami Garrison, Region 3 TA
- Shayne Miller, Division of Rehab Services
- Jessica Johnson, Chestnut Health Systems
- Erin Broerman, Safe Journeys
- Chrystal Little, Livingston County Health Department
- Barb Brumleve, Ford and McLean County ROSC
- Beverly Holland, Region 5 TA
- Julie Pohlman, Region 4 TA
- Cat Hays, McLean County ROSC
- Abby Behrens, BrightPoint
- Teresa Diemer, IHR Counseling
- Rhonda Looney, IHR Counseling
- Madalyn Lane, Probation
- Melissa Johnson, LifeCil
- Jenny Gomez, Carle Health
- Jolene Whisler, Chestnut Health Systems
- Maggie, DeWitt County ROSC

\*Note: You can review the recording of this meeting at:

<https://www.youtube.com/@livingstoncountyrosc9004>.

- **Introductions & Icebreaker**
  - What is a special holiday tradition you look forward to?
- **Guest Speaker: Responding to Addiction Training, Nikki Meyer**
  - Evidence-based trainings to increase knowledge on addiction and reduce stigma
  - enCompass: A Comprehensive Training on Navigating Addiction: 8 hr. program
  - Responding to Addiction Training: 3 hr. program
  - Trainings are *FREE* Contact Nikki Meyer for more information [nlmeyer@chestnut.org](mailto:nlmeyer@chestnut.org)
- **Questions**
  - Will this training one day be open to the public? *That is the goal, but we will need to build training interest and capacity first.*
- **Community Survey (Autumn Olowo)**
  - Final survey has been approved!
  - Walk through of how to access community survey: via link or QR code
  - Survey responses are anonymous

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- Paper surveys will be sent via email. Please hold completed surveys for John Schneider to pick up.
- **Review of ROSC Goals (John Schneider)**
  - Build a culture of recovery in Livingston County by creating a supportive environment for all people at risk of SUD
  - Build capacity and infrastructure to develop resources to support recovery
  - Develop a commitment to sustain a recovery-oriented systems of care
  - Engaging youth
  - Improve health and quality of life
- **Council Updates**
  - Melissa (LifeCIL): Open house for new facility in Pontiac. Fundraiser going through Scentsy. New ideas for 2025.
  - Barb Brumleve (McLean County ROSC): ROSC has started an “Essentials Drive” at 4 locations in Bloomington-Normal. Partnership with local RCC. See the flyer in email for more information.
  - Abby Behrens (BrightPoint): Last meeting of the year is Thursday 12/12 at Pontiac Law and Justice Center.
- **Upcoming Trainings**
  - Taking Care of the Leader: Guarding Your Way to Avoid Compassion Fatigue and Burnout
    - 1/22/25, 12-1:30 pm, via Zoom
    - [Coalitionsupport.org/trainings](https://coalitionsupport.org/trainings)
  - Youth and Adult Mental Health First Aid
    - Course available to any group or organization
    - Full day courses, 6-8 hrs
    - Cost is \$30 per person, includes learning materials
    - In-person or virtual learning options.
    - Email Autumn at [amolowo@chestnut.org](mailto:amolowo@chestnut.org) if you’re interested!
- **January Meeting information**
  - Thursday January 9<sup>th</sup> 1:30-3 pm at the Prairie Creek Public Library
  - 501 Carriage House Lane in Dwight, 2<sup>nd</sup> floor meeting room
- **Community Survey**
  - John will be bringing paper copies to agencies and contacting them for survey dispersion
  - Wednesday 12/11 at 1 pm at the Livingston County Health Department