RESOURCE	ORGANIZATION	ADDRESS & PHONE	HOURS OF OPERATION	WEBSITE	DESCRIPTION OF RESOURCES OFFERED
FOOD	Abundant Faith Manna Store	301 W Reynolds Springfield, IL 62703 [P: (217) 585-4000]	Tuesday 4:30-6:30 PM	www.abundantfaith.org/manna-storehouse/	Food Pantry for Community Members
	Auburn, IL Food Pantry	165 E Washington St. Auburn, IL 62615 [P: (217) 971-7557]	Monday 12:30-2:30 PM	N/A	Food Pantry for Community Members
	Ball Chatham Food Pantry	1835 E Walnut St. Chatham, IL 62629 [P: (217) 697-4663]	By Appointment Only	www.chathampresbyterian.com/food-pantry	Food Pantry for pre-approved community members; Phone intake required beforehand
	Daily Bread Program for Seniors		M-F 8:00 AM-5:00 PM	www.centralilseniors.org/nutrition.htm	Home-delivered meals for individuals 60+years who are homebound & on a general diet
	Divernon UMC Food Pantry	503 S 2nd St. Divernon, IL 62530 [P: (217) 628-3530]	M 5-7:00 PM (Winter 5-6:30 PM)	www.divernonunitedmethodistchurch.com	Food Pantry for Community Members
	Fifth Street Renaissance	1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	M-Thurs 9:00 AM-4:00 PM	www.fsr-sara.org	Micro Pantry for community. & Additional Pantry assisting needs of clients who are HIV+
	Freedom in Holiness Mission	1430 S Loveland Ave. Springfield, IL 62703 [P: (217) 522-2527]	3rd Wed 10-11:30 AM/2nd & 4th Wed 2:30-3:30 PM	N/A	Food Pantry for Community Members
	Good Shepherd Lutheran	500 S Sherman Blvd. Sherman, IL 62684 [P: (217) 496-3149]	By Appointment Only	https://www.gsslcms.org/	Food Pantry for Community Members
	Grace Lutheran	714 East Capitol Ave. Springfield, IL 62701 [P: (217) 522-3965]	Mon, Tue, Thurs 11:00 AM-1:00 PM	www.gracelutheran-springfield.org/food-pantry	Food Pantry for Community Members
	Holy Family Food Pantry	120 S 11th St. Springfield, IL 62703 [P: (217) 523-4551]	M,W,F 9-11:30 AM & 3rd Wed 2:30-5:00 PM	www.cc.dio.org/locations/springfield	Food Pantry for community members (located at Catholic Charities)
	Illinois Hunger Coalition	[P: (800) 359-2163] Hotline	M-F 9:00 AM-5:00 PM	www.ilhunger.org	Assistance applying for SNAP, ALL KIDS, MEDICAID, MEDICARE, TANF
	Kumler Outreach Ministries	303 N Grand Ave East, Springfield, IL [P: (217) 523-2269]	M-F 9:00 AM-12:00 PM	www.kumlerministries.net/?page%20id=9	Food Pantry- Prior referral required from another social service agency
	Loami Area Pantry	106 S Main St. Loami, IL 62661 [P: (217) 624-9900]	Wednesdays 5:00-7:00 PM	N/A	Food Pantry for Community Members
	Meals on Wheels-Senior Services	701 W Mason Springfield, IL 62702 [P: (217) 528-4035 ext. 124]	M-F 11:15 AM-1:00 PM	www.centralilseniors.org/nutrition.htm	Home-delivered meals focused on physician prescribed, specialty dietary needs
		1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]			
	Mini O'Beirne-Basic Needs Pantry	(Access to pantry at Nursery side door)	Daily; 8:00 AM-'Dark'	www.miniobeirne.org/services-4	Helps families with diapers, wipes, formula and other children's items
		1600 E Clear Lake Ave. Springfield, IL 62703 [P: (217) 525-2196]		www.centralusa.salvationarmy.	
	The Salvation Army		M, W, F 9:00 AM-3:00 PM	org/springfield/cure-hunger/	Food Pantry for Community Members
	Springfield Township	3298 Terminal Avenue, Springfield, IL [P: (217) 525-1464]	Monday-Thursday 8:00 AM-5:00 PM	www.springfield-township.com	Food Referral letters; referrals to other Social Service Agencies
			M-F 8-9 AM; 10:30 AM-1:30 PM		
	St John's Breadline	430 N 5th St. Springfield, IL 62702 [P: (217) 528-6098]	Sat-Sun & Holidays 10:30 AM-1:30 PM	www.cc.dio.org/programs/st-johns-breadline	Serves daily free, hot, and nutritious meals
	St Martin De Porres	1725 S Grand Ave E Springfield, IL [P: (217) 299-7921]	W, Thur, Sat. 9:00 AM-11:00 AM	www.stmartindeporres217.org	Provides free food to Community Members in Need
	WIC Office	2833 S Grand Ave E, Springfield, IL 62703 [P: (217) 535-3100]	Mon-Fri 8:00 AM-11:00 AM; 1:00-3:00 PM	www.dhs.state.il.us/page.aspx?item=30513%20	food assistance for Women, Infants, children, pregnant women and new mothers
<b>HOUSING</b>	Abundant Faith Supportive Services	2641 E Cook St, Springfield, IL 62703 [P: (217) 527-1006]	Mon-Fri 9:00 AM-5:00 PM	www.abundantfaith.org/supportive-services/	Offering outreach, case management, and supportive housing units
	Heartland Housed Helpline	217-803-5235; or call 211	Mon-Fri 9:00-4:30 PM	https://www.heartlandhoused.org/resources/	Assistance with navigating housing resources; and accessing Coordinated Entry programs
	Beerlahai Roi Women's Ministries	3128 Superior Dr. Springfield, IL 62707 [P: (217) 698-4194]	By Appointment Only	www.beerlahairoi.com	Supportive housing for pregnant women 18 YO and older
			Office:Mon-Thurs 9:00 AM-1:00 PM Shelte		
	Contact Ministries	1100 E Adams St. Springfield, IL 62703 [P: (217) 753-3939]	5PM-8AM	www.contactministries.com	Emergency (crisis) shelter for women and women w/children of all ages (up to age 17)
	Fifth Street Renaissance	1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	Mon-Fri 9:00 AM-4:00 PM	www.fsr-sara.org/adults	Housing Advocacy, Case Management, Transitional, and Permanent Housing Programs
	Halfway Home	930 S 11th Street Springfield, IL 62703 [P: (773) 354-5094]	By Appointment Only	N/A	Transitional Housing
	Helping Hands of Springfield	2200 Shale St, Springfield, IL 62703 [P: (217) 522-0048]	Mon-Fri 8:30 AM-5:00 PM	www.helpinghandsofspringfield.org	Housing Focused emergency shelter, Case management, rapid rehousing, payee program
	Inner City Mission	714 N 7th St, Springfield, IL 62702 [P: (217) 525-3940]	24/7	www.innercitymission.net	Shelter for Families, Single women, Women with children, Single Men with children.
	Kalimba Houses-Aramis	829 South 4th St. Springfield, IL [P: Kenny (217) 441-5551]	N/A	www.kalimbahousecorp.com	Sober Living House for Males
	Kalimba Houses- Ash	1210 E. Ash St. Springfield, IL [P: Kenny (217) 441-5551]	N/A	www.kalimbahousecorp.com	Sober Living House for Males
	Pax- Kalimba	1936 S 5th St Springfield, IL [P: Charles (217) 679-5940]	N/A	www.kalimbahousecorp.com	Sober Living House for Males
	Kalimba Houses- Renae	702 S English Springfield, IL [P: Taylor (217) 303-0598]	N/A	www.kalimbahousecorp.com	Sober Living House for Women
	Kalimba Houses-Delphinia	1703 S 7th St Springfield, IL [P: Taylor (217) 303-0598]	N/A	www.kalimbahousecorp.com	Sober Living House for Women
	Kalimba Houses-Azera	441 W Canedy St Springfield, IL [P: Taylor (217) 303-0598]	N/A	www.kalimbahousecorp.com	Sober Living House for Women
	Satya- Oxford House INC	143 Exmore Dr Springfield, IL [P: (217) 371-7205]	N/A	www.oxfordvacancies.com	Sober Living House for Women
	Accord- Oxford House INC	2428 Cahokia Dr. Springfield, IL [P: Tehya (217) 685-6769]	N/A	www.oxfordvacancies.com	Sober Living House for Men
	Apollo 2- Oxford House INC	550 S State St. Springfield, IL [P: James (217) 303-1331]	N/A	www.oxfordvacancies.com	Sober Living House for Men
		1770 Chatham Rd, Springfield, IL 62704 [P:			
	Assiduum- Oxford House INC	Shane (217) 352-3838]	N/A	www.oxfordvacancies.com	Sober Living House for Men
	Brookhills- Oxford House INC	3609 W Iles Ave [P: Taylor (217) 370-8465]	N/A	www.oxfordvacancies.com	Sober Living House for Women and Children
	Enos- Oxford House INC	1058 N 6th St Springfield, IL [P: Travis (217) 622-1701]	N/A	www.oxfordvacancies.com	Sober Living House for Males
	Nobleman- Oxford House INC	1809 Noble Ave Springfield, IL 62704 [P: Jeremy (217) 772-3126]	N/A	www.oxfordvacancies.com	Sober Living House for Males
	Panther Creek- Oxford House INC	3300 Ellendale Dr Springfield, IL [P: Tay (217) 991-2743]	N/A	www.oxfordvacancies.com	Sober Living House for Males
	Southern View-Oxford House INC	3325 S 1st St Springfield, IL [P: Freddy (217) 741-0391]	N/A	www.oxfordvacancies.com	Sober Living House for Males
					Housing for unhoused, or at-risk women with children, over the age of eighteen with one
	M.E.R.C.Y Communities, INC	1344 N 5th St, Springfield, IL 62702 [P: (217) 753-1358]	Mon-Fri 8:30 AM-4:00 PM	www.mercycommunities.org	or more children.
		[P: Charles; (217) 622-4437 (Men's House)]			
	North End Clean Transitional Living	[P: Sally; (217) 622-3712 (Women's house)]	N/A	N/A	Sober Living Houses for Male and Females (Separate Houses)
			Mon-Fri 8:30 AM-4:30 PM Housin		
	The Phoenix Center	109 E Lawrence Ave, Springfield, IL 62704 [P: (217) 528-5253]	intake by appointment only	transitional-housing/	Housing for unhoused individuals who are HIV+ & Housing for LGBTQ individuals
	Sojourn Shelter & Services INC.	1800 Westchester Blvd, Springfield, IL [P: (217) 726-5100]	24/7	N/A	Housing for Domestic Violence Survivors, Emergency Shelter, other Social Services
		1115 N. 5th St. Springfield, IL & 1210 N. 6th St. Springfield, IL [P: Mike (217) 816-4601 (Men's Houses)] 1712			
		S Whittier Springfield, IL [P: Christine (217) 717-5638] (Women's			
	Titus 212 Sober Living	House)]	N/A	www.titus212soberliving.com	Sober Living Houses for Male and Females (Separate Houses)

		0.000				
		912 W Washington St, Springfield IL				
		1017 N. 1st St. Springfield, IL 814 N. 6th St Springfield, IL				
	Unity House-Sober Living	E. Ridgely Springfield, IL [P: Craig (217) 971-9294]	N/A	N/A	Sober Living Houses for Males	
	Youth Service Bureau		Mon-Fri 8:00 AM-4:00 PM	·	-	
	Youth Service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	IMON-FN 8:00 AIM-4:00 PIM	www.ysbi.com	Unhoused Youth Program; Group Home; Community Apartments; Case Management	
					Heartland Continuum of Care serves as the primary HUD designated body designated to	
	Heartland Housed	Address N/A [D. (217) 801 0022]	N/A		develop, coordinate, and implement long range plans meeting the needs of unhoused	
	Heartiand Housed	Address N/A [P: (217) 801-9033]	N/A	www.heartlandhoused.org/	persons within the Heartland of our beloved Springfield, Illinois community.	
Employment	Capital Township Workfare Program	2833 South Grand Ave. E Springfield, IL [P: (217) 525-1736]	Mon-Fri 8:30 AM-4:30 PM	www.sangamonil.gov/departments/s- z/treasurer/capital-township/general-assistance	9 Month Program providing temporary employment for jobless adults with no other income.	
Employment	Capital lowiship Worklare Program	2855 30util Grafiu Ave. E Springfield, IL [P. (217) 525-1750]	WIOTI-FTT 8.30 AIVI-4.30 PIVI	z/treasurer/capitar-townsnip/general-assistance	Administers state unemployment benefits, runs the employment service and Illinois Job	
	Illinois Dont of Employment Socurity	1300 S 9th St, Springfield, IL 62703 [P: (217) 558-0401]	Mon-Fri 8:30 AM-4:00 PM	www.ides.illinois.gov	Bank, and publishes labor market information.	
		3000 Professional Dr, Springfield, IL 62703 [P: (217) 528-3000]	Mon-Fri 7:30 AM-5:30 PM	www.expresspros.com/springfieldil/		
	Express Employment Professionals	3000 Professional DI, Springheid, IL 62703 [P. (217) 328-3000]	WIOTI-FTT 7.30 AIVI-3.30 PIVI	www.expresspros.com/springneidil/	Employment firm helping job seekers find work with a wide variety of local businesses.  Training and education, career services, Internet job search opportunities, step-by-step	
	Land of Lincoln Workforce Alliance	1300 S 9th St, Springfield, IL 62703 [P: (217) 524-5996]	Mon-Fri 8:30 AM-5:00 PM	www.worknet20.org	resources, and other tools	
		· · · · · · · · · · · · · · · · · · ·	Mon-Fri 8:00 AM-5:00 PM	,		
	Lincoln Land Workforce Institute	5250 Shepherd Rd Springfield, IL 62703 [P: (217) 786-2292]	MON-FN 8:00 AM-5:00 PM	www.llcc.edu/get-training-enter-workforce	Career training programs, classes, career certifications	
	Managemen	2719 W Monroe St Ste A, Springfield, IL 62704	Mars Fri 0:00 ANA F:00 DNA		Townson and Downson to Chaffing A const.	
	Manpower	[P: (217) 528-2323]	Mon-Fri 8:00 AM-5:00 PM	www.manpowerillinois.com	Temporary and Permanent Staffing Agency	
	Carinadiald Haban Lanaura	100 N 114 Ct Caria field II (2702 [D. (217) 700 0020]	Marin Fri 0:20 ANA F-00 DNA	www.springfieldul.org/programs/workforce-	Walfers Davids and Training	
	Springfield Urban League	100 N 11th St Springfield, IL 62703 [P: (217) 789-0830]	Mon-Fri 8:30 AM-5:00 PM	development-training	Workforce Development and Training	
	Wooden It Do Levely	E01 C Douglas Ave Caringfield II 62704 [D. (217) COC E207]	NI/A	ununu waa dan ith alawaku laya /ah aut	Non-profit org designed to give women in need unique and empowering employment	
	Wooden It Be Lovely	501 S Douglas Ave Springfield, IL 62704 [P: (217) 606-5307]	N/A	www.woodenitbelovely.love/about	and job training, enriching relationships, and housing.	
	Veternala Assistance Committee	004 C 444b Ct. Carinafield III (2702 [D. /247) 7F2 (200]		www.myvac.org/information/va-work-study-	VA Mark Charles Departure	
MAD	Veteran's Assistance Commission	901 S 11th St, Springfield, IL 62703 [P: (217) 753-6680]	AM-1:00 PM	program/	VA Work Study Program	
IVIAK	Control Constitution Health Control	2220 5 0 -1 51 5 -5 -5 -1 1 11 52702 [D (247) 700 2200]	Mon, Tue, Thurs, Fri 8 AM-5 PM Wed: 10:00	and the second second	Constitutible Constitution Cons	
PROVIDERS	Central Counties Health Centers	2239 E Cook St, Springfield, IL 62703 [P: (217) 788-2300]	AM-7 PM & Sat. 9 AM-1 PM	www.centralcounties.org	General Health Care and MAR services; Buprenorphine & Vivitrol	
	Family Cuidanas Castan INC	120 N 114 Ct Carinefield II (2702 [D. (217) E00 0050]	Mon-Fri 8:00 AM-4:30 PM	www.fgcinc.org/medication-assisted-treatment-	MAR Services; Methadone, Buprenorphine, Vivitrol, Mobile MAR unit	
	Family Guidance Centers INC	120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200		mat/	WAK Services, Methadone, Buprenorphine, Vivitioi, Mobile WAK unit	
		Lake Victoria Dr, Springfield, IL 62703 [P:	<sup>1</sup>	www.gatewayfoundation.org/programs- services/programs/medication-assisted-treatment-		
	Gateway Foundation	(855) 586-3912] [P: (855) 496-1830]	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM		MAR Services; Methadone, Buprenorphine, Vivitrol & Detox Unit	
	Rose Medical Association Inc	3535 Mayflower Blvd Springfield, IL 62711 [P: (217) 670-0654]	Mon-Sat 6:00 AM-11:00 AM	program/ www.rosemedical.org/	MAR Services; Methadone and Buprenorphine	
	Medmark Treatment Centers	1227 S 9th St Springfield, IL 62703 [P: (217) 858-4340]	Mon-Fri 5:30 AM-2:00 PM & Sat 7:00 AM-11:00 AM		MAR Services; Methadone	
	Medinark freatment centers	1227 3 9th 3t 3philigheid, it 62703 [P. (217) 636-4340]	WIOTI-FIT 5.50 AIVI-2.00 PIVI & 3dt 7.00 AIVI-11.00 AIVI	www.medmark.com/locations/illinois/springfield www.siumed.org/treatment/medication-assisted-	IVIAN SELVICES, IVIETIAGOTIE	
	SIU Medicated Assisted Recovery	319 E. Madison St., Springfield, IL 62702 [P: (217) 545- 4781]	Mon-Fri 8:00 AM-4:30 PM		MAR Services; Suboxone, Sublocade, Brixadi, Vivotrol	
HARM	Sio iviedicated Assisted Necovery	313 L. Madison St., Springheid, IL 02702 [F. (217) 343- 4761]	WIOTI-FTT 8.00 AIVI-4.30 FIVI	recovery-mar	IVIAN Services, Suboxorie, Subiocaue, Brixaur, Vivotroi	
REDUCTION						
KEDOCTION	Family Guidance Centers INC	120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]	Mon-Fri 8:00 AM-4:30 PM	www.fgcinc.org	MAR Services, Distributes Naloxone + Xylazine and Fentanyl Testing Strips, condoms, etc	
	rainily duidance centers inc			www.igcinc.org	IVIAN Services, Distributes Naioxone + Ayrazine and Feritarryi Testing Strips, condoms, etc	
		2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P:				
	Gateway Foundation		Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM	wanny gatowayfoundation org	Detox Services, MAR services	
	Gateway Foundation	(855) 586-3912] [P: (855) 496-1830]	·	www.gatewayfoundation.org	Distributes Naloxone, Xylazine and Fentanyl Testing Strips, condoms, Safe syringe	
	Phoenix Center	109 E Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]	Office: M-F 8:30 AM-4:30 PM Testing & Syringe Exchange Hours: Mon-Thur 9:00 AM-4:30 PM	www.phoenixcenterspringfield.org	exchange, HIV and STD testing, PrEP, SHaRI Project	
	i nocilix Celitei	100 L Lawrence Ave 3pringheid, IL 02/04 [F. (217) 328-3253]	Syringe Exchange Hours, Wight-High 9.00 AWI-4:30 PWI	www.sangamonil.gov/departments/m-r/public-	STD testing, treatment, and education; PrEP, Pregancy testing, Medication and Sharps	
	Sangamon County Health Dept	2833 S Grand Ave E Springfield, IL 62703 [P: (217) 535-3100]	M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	health/home	disposal, Naloxone Distribution	
	Sangamon County Health Dept	2000 0 Grand Ave E Springheid, IL 02/00 [F. [217] 300-3100]	W 0.50 AW-0.00 FW , TUC-111 0.50 AW-5.45 FW	nearly nome	STD and HIV testing + education, Naloxone distribution, overdose education, syringe	
	Fifth Street Renaissance	1315 N 5th St, Springfield, IL 62702 [P: (217) 544-5040]	Monday-Thursday 9:00 AM-4:00 PM	www.fsr-sara.org	exchange, condoms distribution, mobile testing services, other harm reduction supplies	
	THE SHEEL NETIALSSAILLE	1313 N 3th 3t, 3philigheid, it 02/02 [F. (217) 344-3040]	ivioriday* Hursday 3.00 Aivi=4.00 Pivi	www.facebook.com/p/Intricate-Minds-	Clean Syringe supply, period products, condom distribution, pregnancy testing, Plan B,	
	Intricate Minds	619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]	Monday-Thursday 12-8 PM	61554189538298/	and Sexual Health classes, HIV and HEP C testing, covid tests	
	Incircate Ivillius	013 N Grand Ave L, Springheid, IL 02/03 [F. (21/) 6/0-3320]	Michaey Thui Suay 12-0 Fivi		MAR Services; Suboxone, Sublocade, Brixadi, Vivotrol, Daily Support Groups, individual	
	SIU MAR SERVICES	319 E. Madison St., Springfield, IL 62702 [P: (217) 545- 4781]	Mon-Friday 8 AM-4:30 PM	recovery-mar	therapy, EMDR Trauma Therapy	
	SIG WIAR SERVICES	313 E. Madison 31., Springheid, IL 02/02 [F. (217) 343- 4781]	Mon Friday o Aivi-4.50 Fivi	www.plannedparenthood.org/health-	therapy, Emort flaulia Therapy	
				center/illinois/springfield/62702/springfield-		
				health-center-3284-90430?		
				utm_campaign=springfield-health-		
			Mon & Tue 8 AM-4 PM; Wed 10 AM-5 PM; Thurs 10		Sexual education, pregnancy testing, Birth Control, STD testing, emergency	
	Planned Parenthood	601 N. Bruns, Springfield, IL 62702 [P: (217) 546-1060]	AM-6 PM; Fri 8 Am-1 PM	listing	contraception, abortion services, HIV services	
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Counseling						
Counseling/ Behavioral						
Behavioral Health						
<u>Behavioral</u>					Sexual Abuse counseling for youth, Adoption Service provider, resources for unplanned	
<u>Behavioral</u>	ABC Counseling & Family Services	2160 S 6th St, Springfield, IL 62703 [P: (217) 528-9820]	Mon-Thur 8 AM-5 PM; Friday- 8 AM-1 PM	www.abccounseling.org	Sexual Abuse counseling for youth, Adoption Service provider, resources for unplanned pregnancies, education for parents and community members.	

				. 6.11	Counseling services for pregnant women and expecting Fathers; Support for parenting,	
		700 N 7th St B, Springfield, IL 62702 [P: (217) 525-5630]	Tue-Thurs 9 AM-4:30 PM	www.springfieldpregnancycare.org	adoption, Post-Partum depression, relationship issues, and grief support for infant loss.	
	Family Service Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]	Mon-Fri 9 AM-4 PM	www.service2families.com	Counseling Services & adoption and Fostering services	
		120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]				
	Family Guidance Centers INC	2924 Stanton St Springfield, IL 62703	Mon-Fri 8 AM-4:30 PM	www.fgcinc.org	Inpatient and outpatient SUD Counseling	
	Gateway Foundation	2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830]	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM	www.gatewayfoundation. org/locations/springfield/? utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield	Addiction Therapy Services	
			Mon-Fri 8:30 AM-4:30 PM	www.lcfs.org/program/counseling/	Counseling Services for children, parent, families in child welfare	
	·	710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070]		www.memorial.health/medical- services/behavioral-health/	Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team	
		3 W Old State Capitol Plaza, Springfield, IL 62701 [P:				
	Prairie Center Against Sexual Assault	(217) 744-2560]	Mon-Fri 9:00 AM-6:00 PM	www.prairiecasa.org	Counseling Services for survivors of sexual abuse; Adult and children	
	SIU Survivor Recovery Center	401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815]	Mon-Fri 8:30 AM-4:30 PM	www.siumed.org/buildings/walnut- building/survivor-recovery-center? utm_source=gmb&utm_medium=Yext	Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,	
		215 W S Grand Ave E Suite B, Springfield, IL 62702				
	Pure Haven Family Resource Center	[P: (217) 679-4009]	Mon-Wed 1-4 PM; Thursday 1-5 PM	www.purehaven.org	Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy	
	Living Hope Counseling Center	2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]	Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM	www.livinghopecounselingcenter.org	Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling	
					For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach,	
	Youth Service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	Mon-Fri 8 AM-4:00 PM	www.ysbi.com	Emergency Shelter	
	Lincoln Prairie Behavioral Center	5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180	Open 24/7	www.lincolnprairiebhc.com	Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling	
	SIU Child and Adolescent Psychiatry	319 E Madison St Floor 2, Springfield, IL 62702 [P: 217-545-8000]	Mon-Fri 8:00 AM-4:30 PM	www.siumed.org/buildings/centrum-building/siu- child-adolescent-psychiatry? utm_source=gmb&utm_medium=Yext	Child Psychiatry and Behavioral Health Services	
		319 E Madison St Springfield, IL 62702 3rd Floor [P:		www.siumed.org/buildings/centrum-building/siu-		
	SIU Adult Psychiatry	(217) 545-8000]	Mon-Fri 8:00 AM-4:30 PM	psychiatry	Adult Psychiatric Services	
	Intricate Minds	619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]	Mon-Thurs 12:00 PM-8:00 PM	www.facebook.com/p/Intricate-Minds- 61554189538298/	Mutual Aid support groups; free individual and group therapy	
		, , , , , , , , , , , , , , , , , , , ,			Individual Counseling, Couple's counseling, Psychotherapy, psychological testing,	
	Behavioral Health Center of Illinois	1220 S 7th St, Springfield, IL 62703 [P: (217) 679-5379]	Mon-Fri 9:00 AM-5:00 PM	www.behavioralhealth.center	psychiatric diagnosis; Child, Adolescent, and Adult services	
	Memorial Specialty Care Psychiatry			www.memorial.health/memorial-specialty-care-	F-1/	
	& Behavioral Health	3225 Hedley Rd Springfield, IL 62711 [P: (217) 726-7300]	Mon-Fri 8 AM-4:30 PM	psychiatry-behavioral-health-clinic/overview/	Counseling services, Psychiatry services, case management, crisis intervention	
Court and	a benavioral reality	SEES Healey No Springheld, IL OEFFE [1. (E17) 720 7300]		www.cc.dio.org/programs/catholic-charities-legal-	Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion,	
	Catholic Charities Legal Services	120 S 11th St Springfield, IL 62703 [P: (217) 523-4551]	Mon-Fri 9 AM-4 PM	services	empathy, and a listening ear to all who come seeking help.	
		3085 Adlai Stevenson Dr Ste. 202, Springfield, IL 62703 [P:			,,,,,,,, .	
	Land of Lincoln Legal Aid	(217) 529-8400]	Mon-Fri 9 AM-12 PM; 1:00-5:00 PM	www.lincolnlegal.org	free legal aid to families and individuals in need	
				www.sangamonil.gov/departments/m-r/public-		
	Sangamon County Public Defender	200 S 9th St # 301B, Springfield, IL 62701 [P: (217) 753-6699]	Mon-Fri 8:30 AM-4:30 PM	<u>defender</u>	Free legal representation in criminal and related proceedings	
				www.sangamonil.gov/departments/m-	Probation and court services, Administration, Adult Services, Juvenile Services, and	
	Sangamon County Court Services	200 S 9th St #38, Springfield, IL 62701 [P: (217) 753-6780]	Mon-Fri 8:00 AM-4:30 PM	r/probation-and-court-services	Detention Services.	
	Legal Advice and Referral Center	Address N/A (Hotline) [P: (877) 342-7891]	Mon-Thurs 9:00 AM-4:00 PM; Friday 9 AM-1:30 PM	www.lincolnlegal.org/contact-us/	Hotline to assist individuals with applying for legal services	
	Eviction & Fresh Start Project	Address N/A (Hotline) [P: (855) 601-9474]	Mon-Fri 9:00 AM-4:00 PM	www.lincolnlegal.org/contact-us/	Hotline to assist individuals with applying for legal services related to eviction	
	IL Court Help- Legal Aid Self Help Center	Address N/A (Hotline and Website) [P: (833) 411-1121]	Hotline Hours: Mon-Fri 8:30 AM-3:00 PM	www.ilcourthelp.gov/hc/en-us	Court guides connecting individuals with local legal aid	
Clothing &					Basement boutique- Supplying women in need with gently used clothing, bedding,	
Furniture Resources	Contact Ministries- Basement Boutique	1100 E Adams St, Springfield, IL 62703 [P: (217) 753-3939] EXT 10	Boutique: [Wednesday 9 am-12 pm *Appointment only.] Mon-Thurs 9 AM-1:00 Red Carts items outside	www.contactministries.com/basement-boutique/	towels, household items, baby items and small appliances. & Free item giveaway outside in red carts on designated days	
	Fifth Street Renaissance	1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	Wednesdays 9 AM-1 PM; clothing only	www.fsr-sara.org/programs-and-services	Provides clothing and household items to clients in need. 1 visit per month-per client	
	Freedom in Holiness Mission		2nd & 4th Sat of the month 7 AM-2 PM	N/A	Womens clothing resale	
	Goodwill	2531 N Dirksen Parkway Springfield, IL [P: (217) 679-7845] 2001 Wabash Ave Springfield, IL [P: (217) 220-1036] 75	For Wabash and West Plummer location:  Mon-Sat 9 AM-9 PM & Sunday 11 AM-7 PM  N Dirksen location: Mon-Sat 10 AM-7 PM  & Sunday 10 AM-6 PM		Thrift Store selling clothing, housewares, small appliances, furniture, holiday and	
		West Plummer Blvd, Chatham, IL 62629 [P: (217) 220-9431]	·	www.llgi.org	seasonal items, books, toys, etc.  Store selling affordable new and used housewares, furniture, building supplies, small and large appliances, flooring, home decor, outdoor tools, windows and doors, household	
	Habitat for Humanity ReStore	2744 S 6th St Springfield, IL 62703 [P: (217) 523-2710]	Tue-Fri 10 AM-6 PM & Sat 10 AM-5 PM	www.habitatsangamon.com	fixtures, etc	

	However Doub Bootist Charach					
	Harvest Park Baptist Church	2401 s 9th St Springfield, IL 62703 [P: (217) 522-6202]	Sunday 10:30 AM-12 PM	unus baryardnarkhantist sam/sammunity santar/	gently used clothing, supplied to men, women and children in need	
	Hope Thrift Store	1800 S Dirksen Pkwy, Springfield, IL 62703 [P: (217) 522-6202]	Mon-Fri 10 AM-6 PM & Sat 10 AM-5 PM		· · · · · · · · · · · · · · · · · · ·	
		,, , , , , , , , , , , , , , , , , , , ,			Thrift store selling affordable gently used clothing, household items, furniture	
	Salvation Army Thrift Store	1762 W Wabash Ave Springfield, IL 62704 [P: (217) 546-1218]	Mon-Sat 9 AM-8:00 PM		Thrift store selling furniture, clothing, household goods, and appliances	
	Springfield Urban League	100 N 11th St Springfield, IL 62703 [P: (217) 789-0830]	Mon-Fri 8:30 AM-5:00 PM	www.springfieldul.org	Provide clothes for careers to individuals in need	
	Washington Street Mission	408 N 4th St Springfield, IL 62702 [P: (217) 544-9011]	Tues and Thursdays 7:30-10:30 AM & 12:30-4 PM	www.washingtonstreetmission.org	free, gently used clothing for adults	
				www.facebook.com/people/Hangers-of-		
	Hangers of Hope	179 E Jackson St, Virden, IL 62690 [P: (217) 381-9431]	Tues, Wed, Fri, Sat 10:00 AM-6:00 PM	Hope/100089592169888/?mibextid=ZbWKwL	Providing free gently used clothing and household items to community members in need	
				www.facebook.com/p/Cornerstone-Clothing-		
	Cornerstone Clothing Connection	215 W VanBuren, Auburn, IL, 62615 [P: (217) 438-4073]	Rotating Hours; Call or visit website for current hours	Connection-100066691617344/	Free clothing and shoes for individuals in need	
				www.facebook.com/p/Intricate-Minds-		
	Intricate Minds	619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]	Monday-Thursday 12-8 PM	61554189538298/	Supplying clothing and shoes, haircuts, hair kits and hygiene kits to individuals in need	
Medical,						
Vision &	Access to Care for Enos and Pillsbury	Address- N/A (Jim Medley Community Health Worker) [P:				
<b>Dental Care</b>	Neighborhoods	(217) 666-4851]	N/A	N/A	Access to Care Collaborative in Enos and Pillsbury neighborhoods	
		2833 South Grand Ave East Springfield, IL 62703 [P:			IDHS program providing case management, provides prenatal health education to	
	IDHS: Better Birth Outcomes	(217) 535-3102]	Mon 8:30-6 PM; Tues-Friday 8:30 AM-3:45 PM	www.dhs.state.il.us/page.aspx?item=118798	pregnant women, linkage/enrollment in WIC, home visits, referrals for medical transport	
	Pregnancy Care Center	700 N 7th St B, Springfield, IL 62702 [P: (217) 525-5630]	Tues-Thurs 9:00 AM-4:30 PM	www.springfieldpregnancycare.org	Early prenatal care/ OBGYN	
	3 ,	215 S Grand Ave W Suite A, Springfield, IL 62704	Mon 9 AM-4:30 PM, Wed 11 AM-5:30 PM, Thurs	7,550		
	First Step Woman's Center	[P: (217) 523-0100]	9 AM-4:30 PM	www.firststepwomenscenter.org	Pregnancy testing, OB ultrasounds, STI testing, Sexual Health education	
		, , , , , , , , , , , , , , , , , , , ,		www.plannedparenthood.org/health-		
				center/illinois/springfield/62702/springfield-		
				health-center-3284-90430?		
				utm_campaign=springfield-health-	Reproductive Health, Pregnancy Testing and planning, HIV services, STD testing and	
	Planned Parenthood-Springfield		Mon & Tues 8 AM-4 PM, Wed 10 AM-5 PM, Thurs		treatment, Prenatal and Postpartum Services, vaccines, wellness and preventative care,	
	Health Center	601 N. Bruns, Springfield, IL 62702 [P: (217) 546-1060]	10 AM-6 PM. Fri 8 AM-1 PM	listing	mental health care, birth control, abortion services	
	Treatti Center	001 N. Bruns, Springheid, IL 02/02 [F. (217) 340-1000]	10 AIVI-0 FIVI, FIT 8 AIVI-1 FIVI	iisting	School/ Sports Physicals, Well child exams, Child Immunizations, chronic disease	
			Mon, Tues, Thurs, Fri 8 AM-5 PM; Wed 10 AM-7 PM; Sat		management, acute illness care, lab services, pharmacy services, telehealth, dental	
	Central Counties Health Centers	2220 E Cook St. Springfield II 62702 [D. /217) 789 2200]	9 AM-1 PM	ununu controlcountios org		
		2239 E Cook St, Springfield, IL 62703 [P: (217) 788-2300]		www.centralcounties.org	services, behavioral health	
	SIU Medicine Outpatient Clinics	751 N Rutledge St, Springfield, IL 62702 [P: (217) 545-8000]	Mon-Fri 8 AM-4:30 PM	www.siumed.org	General Medical Care and Speciality Clinics	
	- 11 - 11 - 12 - 13 - 13 - 13 - 13 - 13	500 ALAN S. C. J. (1.1.1.1.50000 [D. (0.10.500]		www.siumed.org/family-medicine-springfield?		
	Family Medicine Outpatient Clinic	520 N 4th St, Springfield, IL 62702 [P: (217) 545-8000]	Mon-Fri 8 AM-5 PM	utm_source=gmb&utm_medium=Yext	General Medical Care and Speciality Clinics	
				www.hshs.org/medical-group/hshs-medical-		
	HSHS Medical Group Priority Care	, , , , , ,	Mon-Sun 8 AM-8 PM	group-occupational-health-wellness-springfield	Walk in urgent care	
		125 E Plummer Blvd., Suite A, Chatham, IL 62629 [P:		www.hshs.org/medical-group/hshs-medical-		
	HSHS Medical Group Family Health	(217) 483-3333]	Mon-Fri 7:30 AM-5:00 PM	group-family-health-chatham	General Medical Care	
	Memorial Care Urgent Care on South			www.memorial.health/medical-services/urgent-		
	Sixth	2950 S 6th St, Springfield, IL 62703 [P: (217) 588-2600]	Daily 8 AM-8:00 PM	care/	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc	
	Memorial Care Urgent Care in			www.memorial.health/memorial-care-urgent-		
	Chatham	101 E. Plummer Blvd. Chatham, IL 62629 [P: (217) 588-2600]	Daily 8 AM-8:00 PM	care-in-chatham/overview/	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc	
	Memorial Care Urgent Care on Koke	3132 Old Jacksonville Rd Springfield, IL 62704 [P:		www.memorial.health/memorial-care-urgent-		
	Mill	(217) 588-2600]	Daily 8 AM-8:00 PM	care-on-koke-mill/overview/	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc	
				www.memorial.health/memorial-care-north-		
				dirksen-urgent-care/overview?		
	Memorial Care Urgent Care on N.			y_source=1_MjM0MDExOTEtNzE1LWxvY2F0aW9u		
	Dirksen	3220 Atlanta St, Springfield, IL 62707 [P: (217) 588-2600]	Daily 8 AM-8:00 PM		Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc	
					Free service for women who are pregnant with their first baby. Connects women to a	
				www.siumed.edu/communitycare/nurse-family-	registered nurse who will provide support, advice and information about healthy	
	Nurse Family Partnership- SIU	401 N walnut Springfield, IL 62794 [P: (217) 545-0175]	Mon-Fri 8 AM-4:30 PM	partnership	pregnancy and parenting.	
		2833 South Grand Ave East Springfield, IL 62703 [P:			Free home visiting program for eligible first and second time parents. Giving parents the	
	Healthy Families Illinois	(217) 535-3102] Ext 3770	M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	health/health-services#9712	tools and resources to create healthy, nurturing environments for their children.	
	,		Monday-Thursday 9 a.m. to 4:30 p.m. or		,, ,, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	Phoenix Center	109 E Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]	by appointment	www.phoenixcenterspringfield.org/free-testing/	HIV/STD Testing	
		1999 Wabash Ave Ste 202 Springfield, IL 62704	7		,	
	Safe Haven Hospice	[P: (855) 879-4096]	24/7	N/A	Provides end-of-life services in the home	
	Fifth Street Renaissance	1315 N 5th St, Springfield, IL 62702 [P: (217) 544-5040]	·			
			Monday-Thursday 9:00 AM-4:00 PM	www.www.fsr-sara.org/programs-and-services	HIV/STD Testing and Health Education	
	DHS Family Community Resource	600 E Ash St, Building 500, 1st Floor Springfield, IL 62703	Mars Friday, 0:20 ANA 4:20 DNA		Early intervention assessments for developmental delays, family case management,	
	Center in Sangamon County	[P: (217) 782-0400]	Mon-Friday 8:30 AM-4:30 PM	www.illinois.gov	medical education to pregnant women, coordination of health and social services	
					STD testing, STD education, vaccines, treatment of STD's, Walk in Clinic, immunizations,	
					school/sports and pre-employment physicals, flu shots, pregnancy testing, TB testing,	
	Sangamon County Dept of Public Health	2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102]	M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	www.sangamonil.gov/departments/m-r/public-health/home	Walk in Flu clinic, Breast feeding support, WIC, Free mammograms and gynecology services for underinsured women, etc.	

					www.accessdentalclinics.		
					com/locations/illinois/springfield-il-on-chatham-	Affordable cosmetic dentist in Springfield IL accepts most major insurance plans,	
	Access Dental and Orthodontics	2633 Chatham Rd, Springfield, IL 62704 [P: (217) 971-3432]	Mon-Fri 9 AM-5:00 PM		rd/	including PPO, DPO, Medicaid, and Medicare + payment plans	
	Familia Dental	802 N 9th St, Springfield, IL 62702 [P: (217) 679-2896]	Mon-Fri 9 AM-6 PM; Sat 9 AM-4 PM		www.familiadental. com/locations/illinois/springfield/	Dental Care provider accepting Medicaid, Private Insurance, and Payment Plans	
		2741 Prairie Crossing Dr, Springfield, IL 62711 [P:					
		(217) 800-272-7393]	Mon-Thurs 7 AM-6 PM; Friday 9 AM-5 PM;	Sat			
	Vision Care Associates		(Prairie Crossing Location only) 8 AM-12 PM		www.vision-care.com/home	Eye Exams & vision care accepting most private insurances	
	Bard Optical	3055 Wabash Ave, Springfield, IL 62704 [P: (217) 393-8534]; 2409 N Dirksen Pkwy, Springfield, IL 62702 [P: (217) 393-8609]	Mon-Fri 9 AM-6 PM; Sat 9 AM-1 PM		www.bardoptical.com	Eye Exams & vision care, accepting Medicare, Medicaid, and most private insurances, Contacts and Eyeglasses provider	
	Buru Opticui	14 Birksen Fkwy, Springheid, 12 02702 [1. (217) 333 0003]	Mon-Fri 8 AM-5 PM:	1st		contacts and Eyeglasses provider	
	Gailey Eye Clinic	1401 S Koke Mill Rd, Springfield, IL 62711 [P: (217) 529-3937]	Sat of the month 8:30 AM-12 PM		www.gaileyeyeclinic.com	Eye Exams & vision care accepting Medicare and most private insurances	
					www.walmart.com/cp/vision-centers/1078944?		
					povid=OMNISRV_D_i_GLOBAL_Nav_ServicesNav_		
		2424 5 4 2 2 3 5 5 4 4 4 5 5 5 5 6 4 5 7 5 6 5 6 5 6 6 6 6 6 6 6 6 6 6 6 6 6			VC_1078944_SuperDepartment_VisionCenter_Visi		
	Vision Center (Located in Walmart)	3401 Freedom Dr, Springfield, IL 62704 [P: (217) 793-2020]	Mon-Fri 9 AM-7 PM; Sat 9 AM-6 PM		onHome_1332399668	Partnership cards, and most major insurances.	
Transportatio			Mon-Fri 6:15 AM-12 AM; Sat 6:15 AM-6 PM	[Closed		Paratransit service ransportation for persons with disabilities who are unable to use the SMTD fixed-route bus service. Individuals with disabilities must apply to become eligible	
n	Access Sangamon	928 S. Ninth St Springfield, IL 62703 [P: (217) 522-8594]	on holidays]	Ciosca	www.smtd.org/accessapp	to use the service	
_	J				www.easyaccessspringfield.org/visitor-		
		1700 S. Spring St. Springfield, IL 62704 [P:			info/Getting-Around/#:~:text=Access%	Wheelchair accessible vans and mini-vans that will accommodate either 1 or 2	
		(217) 525-9069, (217) 891-4238, or (217) 622-9073 (evenings			20Springfield%20SMTD%20928%20S.%20Ninth%	passengers in wheelchairs and 3 in seats. Requests to be made 24 hr in advance; cash or	
	R Squared Transport	and weekends)]	N/A		20St.%20Springfield,%20IL%2062703	check payment only.	
						Transportation for individuals 60 years of age and over, as well as individuals 18 and over with a disability, living in Sangamon County. Vehicles are wheelchair accessible;	
						Transportation is provided to rural county participants on a weekly basis. Suggested	
	Senior Services of Central Illinois-	701 W Mason St, Springfield, IL 62702 [P:				Donation of \$2.50/one way ride for individuals 60+, and a required fee of \$2.50 for	
	Senior Transport	(217) 528-4035] EXT 128	Mon-Fri 7:30 AM-4:30 PM		www.centralilseniors.org/transportation.htm	individuals under the age of 60 with a disability.	
					www.aetnabetterhealth.	Rides to health care visits or to the pharmacy; to be requested 3 days prior to	
	Aetna Transportation		Mon-Sat 8 AM-6 PM		com/illinois/members/icp/transportation	appointment	
	Amariana Carana Sasiatu	687 E Linton, Springfield, IL, 62703 [P:	Man Fri 0:20 ANA F DNA		www.cancer.org/support-programs-and-	Transportation for individuals with Cancer; Patients must be traveling to a cancer-related	
	American Cancer Society	(217) 523-4503; 1(800) 227-2345]	Mon-Fri 8:30 AM-5 PM		services/road-to-recovery.html	medical appointment  Train Station/Travel via train; Discounted tickets for seniors, students, passengers with	
	Amtrak	100 N Third St, Springfield, IL 62701 [P: (800) 872-7245]	Daily 8 AM-10:00 PM		www.amtrak.com/stations/spi	disabilities, veterans, active military and their immediate family, children, etc	
					www.angelflightcentral.org/about-us#:~:	, , , , , , , , , , , , , , , , , , , ,	
					text=Every%20year,%20Angel%20Flight%	Free flights throughout the Midwest for families who need access to specialized health	
					20Central%20(AFC)%20volunteer%20pilots%	care, camps for special needs, disaster response efforts, and other compassionate	
	Angel Flight Central	10 Richards Rd. Kansas City, MO 64116 [P: (866) 569-9464]	Mon-Fri 8:30am-4:00pm		20and%20supporters	reasons	
	AgeLinc- Area Agency on Aging for Lincolnland	2731 S MacArthur Blvd, Springfield, IL 62704 [P: (217) 787-9234]	Mon-Fri 8 AM-12 PM: 1-4 PM		ununu agalina ara	Senior transportation assistance. (For individuals 60 YO and older)	
	Lincolliand	[F.\217] 707-3234]	INION-FIT & AIVI-12 FIVI, 1-4 FIVI		www.agelinc.org	Blue Cross Community Health Plans (BCCHP) offers members free transportation for	
	Blue Cross Blue Shield of IL-				www.bcbsil.com/bcchp/benefits-and-	medical needs. i.e free rides to and from doctor's office, a health care facility, pharmacy,	
	ModivCare	3405 Liberty Dr, Springfield, IL 62704 [P: 1-877-831-3148]	Mon-Fri 8 AM-6 PM		coverage/transportation-services	or BCCHP-sponsored event.	
	Central Illinois HIV Care Connect-SIU				www.hivcareconnect.com/region-3-central-	Provides Client mileage reimbursement program for those traveling to appointments	
	Medicine	410 N Walnut St Springfield il, 62794 [P: 217-545-7683]	Mon-Fri 8-4:30 PM		illinois/	related to care	
					www.hfs.illinois.	Medical transportation helpline for medicaid recipients not enrolled in a Managed Care	
	Transdev (Formerly First Transit)	Helpline [P: 1-877-725-0569]	N/A		rgency.html	Organization	
	, , , , , , , , , , , , , , , , , , , ,					Providing transportation to and from medical appointments for existing care-receivers	
	HSHS St John's Caregiver Interfaith				www.hshs.org/st-johns/services/caregiver-	free of charge to older adults (60 years of age and older) in Springfield, Chatham,	
	Volunteer Services	800 E. Carpenter St. Springfield, IL 62769 [P: (217) 757-6621]	N/A		interfaith-volunteer-services-(civs)	Rochester and Sherman regardless of income; Call to schedule ride 3 days in advance	
					www.greyhound.com/bus/springfield-		
	Greyhound Bus Stop	111 S 11th St, Springfield, IL 62703 [P: (800) 231-2222]	24/7		il/springfield-smtd-transfer-center? utm_source=google_maps&utm_medium=organic	Affordable bus travel	
	C.Cyculia bus stop	1110 11000, Opinightia, it 02700 [1. (000, 201 2222]	- 1,7		atti-source google_mapseatti_mealam=organic	Free flights in the Midwest for medical needs; Must have a financial or medical need for	
	Lifeline Pilots	[P: (800) 822-7972]	Mon-Fri 9 AM-4:30 PM		www.facebook.com/lifelinepilotsusa	assistance	
	Meridian Healthcare-Transportation					Provides non emergent transportation to Dr's appointments, pharmacies, WIC offices;	
	Services	[P: 866-796-1165]	Mon-Fri 8 AM-5 PM		www.mmp.ilmeridian.com	also offers gas reimbursement	
	Malian Hankhanan Turus stati				www.molinahealthcare.com/members/il/en-	Non-account and indicate and addition. Transport to Salar and the salar	
	Molina Healthcare- Transportation Services	[P: (844) 644-6354]	Mon-Fri 8 AM-5 PM		us/hp/medicaid/overvw/coverd/services/transpor t_aspx	Non emergent medical transportation. Transport to Dr's appointments, medical facilities, pharmacies, WIC office, therapy; Schedule transportation 72 Hrs in advance	
	Lincoln Yellow Cab Inc	1530 Wabash Ave, Springfield, IL 62704 [P: (217) 698-4498]	24/7		N/A	Local Taxi Service	
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## Community Resource Guide Live Doc

Name Assessment and Market Security Control (1997) (Model Called Springled & 1977) (1975) (1975) (Model Called Springled & 1977) (1975) (Model Called Springled & 1977) (1975) (Model Called Springled & 1977) (Model Called Springled		Sangamon Mass Transit District	928 S 9th St, Springfield, IL 62703 [P: (217) 522-5531]	Office Hours: Mon-Fri 8 AM-4:30 PM	www.smtd.org	Local Bus Lines in Springfield il
Patient   March   Ma			520 5 5th 5t, 5pringheld, 12 02705 [r : (217) 522 5551]	Office flouis: Wolf fill o Alvi 4.50 f W	www.sirica.org	
The Annexes State Annexes Management of Land Ann			1800 F. Adams Springfield, II. 62702 [P: (217) 679-5009]	Mon-Fri 7:30 AM-4 PM	www.sangamonil.gov/denartments/s-z/smart	
Description of the control of any street of any			1000 E. Mauris Springheid, 12 02702 [1 : (217) 075 5005]	WIGHT 1117.507WH 41 W	www.sangamonn.gov/acpartments/s 2/smart	acstraction made be in the randi area
Second Control of Second Contr	Education		3519 Sheffield Road Springfield II 62703 [P: (217) 529-3333]	N/A	www.fishesnloaves.org	Offers multiple adult literacy programs & on site Certified Nursing Assistant Program
Gerror Phisma Cultural Parado Community Colleg College	<u> Luututioii</u>	Enterdely Center	5515 Shemela Roda, Springhela, 12 027 05 [FT(217) 525 5555]	J.47.		1 71 0 0
Serventh Center  195 13 Has 16, plantified (LASON BY 1217 54 AND 16 AND		Garvey Tuhman Cultural Arts and			www.facebook.com/people/Garvey-Tubman-	
Interest and Community Category   2003 Sealerhood (S. 50-9904)   March 19 MASS-PM   Mar			1319 S 13th St. Springfield, IL 62703 [P: (217) 816-0820]	Tues-Fri 11 AM-4 PM		
Until Land Comments (Calley Company to Eds.)  Company to Eds.  Company to		nescurum center				
Users but Community Codings (127) 796 2002 (127) 79			5250 Shepherd Rd. Springfield, IL 62703 [P:			
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Springfield Urban League  On 11th 5t Springfield, IL 62703 [P. [217] 544-1751]  Mon-Fri 8 AM 4-30 PM (Administrative Office)  Springfield Urban League  On 11th 5t Springfield, IL 62703 [P. [217] 789-0330]  On 11th 5t Springfield, IL 62703 [P. [217] 789-0430]  On 11th 5t Springfield, IL 62703 [P. [217] 789-0430]  On 11th 5t Springfield, IL 62703 [P. [217] 789-0430]  On 11th 5t Springfield, IL 62703 [P. [217] 789-0430]  On 11th 7th 7th 7th 7th 7th 7th 7th 7th 7th 7				Mon-Wed 10 AM-8 PM; Thurs-Sat 10 AM-5 PM; Sun		writing assignment review, study groups; Research resources, homeschooling resources,
Springfield Park District  Springfield (Libran League  100 N 11th 51 Springfield, IL 62703 [P; [217] 789-0830]  University of Illinois Springfield  University of Illinois Springfield  University of Illinois Springfield  One University Plaza, Springfield, IL 62703 [P; [217] 789-0830]  Mon-Fri 8 300 AM 5:00 PM  Mon-Fri 8 300 AM 5:		Lincoln Library	326 S. 7th Street Springfield, IL 62701 [P: (217) 753-4900]	1-5 PM (Open sundays Oct-April)	www.lincolnlibrary.info	parent and educator resources, educational events
Community Technology Training Center, Community Health Training Center, Early and Head Start Programs—actions, coach, mental Attach and unknown deducation to children of low income families. Rebitotics program for youth.  When Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Week springfield, III. 62703 [P; (217) 789-0880]  Mon Frit 8:00 AM 5:00 PM  Week springfield, III. 62703 [P; (217) 789-0880]  Week					www.springfieldparks.org/activities-and-	
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Springfield Urban League    Springfield Urban League   10 N 11th 51 Springfield, IL 62703 [P: (217) 289-0830]   Mon-Fri 8:30 AM-5:00 PM   www.springfieldsid.org/programs-training   Public Coal university pagilactions available for financial aid programs and scholarships to pay for course; on-campus and online course; spaceholder, Undergraduate, Master's pagilactions available for financial aid programs and scholarships to pay for course; on-campus and online course; spaceholder, Undergraduate, Master's pagilaction available for financial aid programs and scholarships to pay for course; on-campus and online course; spaceholder, Undergraduate, Master's pagilaction as one page and programs and scholarships to pay for course; on-campus and online course; spaceholder, Undergraduate, Master's pagilaction as one page and pagilactic paginate and programs and scholarships to pay for course; on-campus and online course; spaceholder, Undergraduate, Master's pagilaction as one page and paginate and programs and scholarships to pay for course; on-campus and online course; spaceholder, Undergraduate, Master's pagilaction as one page and paginate and programs and scholarships to pay for course; on-campus and online course; spacehous, Undergraduate, Master's pagilaction and paginate and programs and scholarships to pay for course; on-campus and online course; spacehous, Undergraduate, Master's paginate and programs and scholarships to pay for course; on-campus and online course; spacehous, Undergraduate, Master's paginate and programs and scholarships to pay for course; on-campus and online course; spacehous, Undergraduate, Master's paginate and paginate an						
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University of Illinos Springfield One University Plaza, Springfield, IL 62703 [P: (217) 206-6600) Mon-Fn 8:00 AM 5:00 PM www.us.edu Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents As Teachers 3063 Flat Ave Springfield, IL 62703 [P: (217) 525-3315] N/A www.springfield Parents Ave Springfield Parents Ave Spring						
FREE parent education program in the Springfield with Childran garnet knowledge of early childrond development and improve parent practices, Provide early detection of developmental degree and the provides of children, Prevent child abuse and neglect, increase children's school readiness and success.  NA  www.sos.186 org/page/parents-as-teachers/ www.sylvanlearning. com/locations/sis/l/springfield: www.sylvanlearning. com/locations/sis/l/springfield/suttoning-as-pringfield  2735 5 6th St, Springfield, IL 62703 [P: (217) 280-9863] Sa 549 AM-1 PM; Sunday 12-3 PM  Mon-Thurs 10 AM-8 PM; Sylvan Learning of Springfield Child Care  Community Child Care Connection  2735 5 6th St, Springfield, IL 62703 [P: (217) 280-9863] Sa 549 AM-1 PM; Sunday 12-3 PM  Mon AM-4 PM; Wed 8 AM-12 PM; Fri 8 AM-4 PM  www.springfield Urban League- Early Head Start (197) 28-0989]  Springfield Urban League- Early Head Start (197) 28-0989]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield, IL 62703 [P: (217) 528-0893]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield, IL 62703 [P: (217) 528-0893]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield, IL 62703 [P: (217) 528-0893]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield, IL 62703 [P: (217) 528-0893]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield, IL 62703 [P: (217) 528-0893]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield, IL 62703 [P: (217) 528-0893]  Mon-Fri 8:30 AM-5 PM  www.springfieldul.org/program/head-start  Amen Sylvan Learning of Springfield was an adaptive the month of Sprin						
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Mini O Beirne Crisis Nursery  1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]  24/7  24/8  24/7  24/8  24/7  24/7  24/7  24/8  24/7  24/8  24/8  24/8  24/8  24/8  24/8  24/8  24/8  24/8  24						
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700 North 7th St, Suite A Springfield, IL 62702 [P: Safe Families for Children (217) 953-1141] child abuse and/or neglect. Reunite families and reduce the number of children entering the child welfare system. Alternative to foster care, where appropriate.						Safe Families for Children hosts vulnerable children Keep children safe during a family
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Home Day Care Providers			700 North 7th St, Suite A Springfield, IL 62702 [P:			child abuse and/or neglect. Reunite families and reduce the number of children entering
		Safe Families for Children	(217) 953-1141]	N/A	www.springfield.safe-families.org	the child welfare system. Alternative to foster care, where appropriate.
Association 914 S 5th St, Springfield, IL 62703 [P: (217) 788-1959] Mon-Fri 9 AM-6 PM www.springfieldhomedaycares.wordpress.com Professional association of licensed home and group home day care providers						
		Association	914 S 5th St, Springfield, IL 62703 [P: (217) 788-1959]	Mon-Fri 9 AM-6 PM	www.springfieldhomedaycares.wordpress.com	Professional association of licensed home and group home day care providers

					Wrap around program for working parents or who are enrolled in school. Provides care	
	Springfield Urban League-				before and after Head Start /Early Head Start hours and is open throughout the summer,	
	Wee Grow Before and After Care				when traditional Head Start is not in session. Financial Assistance Available for qualifying	
	Program	1108 East Cook St Springfield, IL 62703 [P: (217) 528-0893]	Mon-Fri 6:45am-8:45am; 3:30pm -5:30pm	www.springfieldul.org/programs/wee-grow	individuals	
					Museum about President Abraham Lincoln and The Civil War. Immersive displays,	
	Abraham Lincoln Presidential Library				historical artifacts, immersive experiential theater, Holavision® theater, theatre shows	
Recreation	and Museum	212 N 6th St, Springfield, IL 62701 [P: (217) 558-8844]	Daily 9 AM-5 PM	www.presidentlincoln.illinois.gov	and productions, gift shop, research library, Illinois gallery.	
					available to rent for special occasions, such as baby or bridal showers, family gatherings,	
	Auburn Community Center	118 N 5th St Auburn, IL 62615; [P: (217) 438-6151] Ext 2304	Monday-Friday from 7:30 a.m. to 4:00 p.m.	www.auburnillinois.us/our-community	birthday parties, and group meetings	
	Park of Carlot Cald Carlot	1, Convention Center Plaza, Springfield, IL 62701 [P:	000 14 5 0 114 4 20 014	the house state of	Convention center and event arena; conferences, trade shows, circuses, sporting events,	
	Bank of Springfield Center	(217) 788-8800]	Office Mon-Fri 9 AM-4:30 PM	www.theboscenter.com	concerts	
	Chatham Community Center	109 W Mulberry St, Chatham, IL 62629 [P: (217) 483-2488]	N/A	www.chathamil.gov/business/chatham- community-center	Available to rent for special occasions, such as baby or bridal showers, family gatherings, birthday parties, and group meetings; Game Room and Gym also available	
	Caritas Bingo Hall Association	909 E Converse St, Springfield, IL 62702 [P: (217) 463-2466]	Tues-Sat 4-9 PM; Sunday 10 AM-3 PM	www.facebook.com/CaritasBingoHall/	Bingo Hall; Cafeteria available	
	Caritas Birigo Fian Association	303 L Converse 31, Springheid, IL 02702 [F. (217) 323-3021]	Tues-Sat 4-5 FIVI, Sulluay 10 AIVI-5 FIVI	www.springfieldparks.	Biligo Hall, Caleteria avallable	
				org/locations/42/eisenhower-indoor-		
	Eisenhower Aquatic Center	2351 E Cornell Ave, Springfield, IL 62703 [P: (217) 525-8847]	Office Hours: Mon-Fri 8am - 4pm	pool/springfield/facility-details#tabs4tab1	Heated indoor swimming pools, swimming lessons, aerobic classes, host birthday parties	
		3631 S 6th St Springfield, IL [P: (217) 787-8348]; 2811			Gym; Fitness Classes, Group and Personal Training, Free Childcare during workouts, free-	
		W Lawrence Ave [P: (217) 787-1111]; 2701			weights, cardio equipment, Pool and Aqua classes, Nutritional Counseling, Parkinson's	
	FitClub	E Sangamon Ave [P: (217) 788-8250]	24/7	www.fitclub.net	Group personal Training, Free trials offered	
			4th St location hours: Mon-Thurs 5 AM-8 PM, Fri			
			5 AM-7 PM, Sat 7 AM-4 PM, Sun 1-5 PM <u>Iles</u>			
		601 N 4th St Springfield, IL 62702 [P: (217) 544-9846];	Location Hours: Mon-Thurs 5 AM-8 PM, Fri 5		Gym; fitness classes, personal training, Free childcare during workouts, Swimming	
	YMCA of Springfield	4550 W Iles Ave Springfield, IL 62711 [P: (217) 679-1625]	AM-7 PM, Sat 7 AM-4 PM, Sun 8 AM-12 PM	www.springfieldymca.org	Lessons, Swim team, Sports, Kids Summer camp, Scholarship programs for membership	
		1756 Wabash Ave Springfield, IL 62704 [P: (217) 546-4910] 1879			Gym with low cost gym memberships, fitness classes, fitness trainers available, variety of	
	Planet Fitness	E Sangamon Ave Springfield, IL 62702 [P: (217) 408-4878]	7 AM-7 PM; Sunday 7 AM-12 AM	www.planetfitness.com	equipment	
					Borrow books, movies, games, electronics, musical instruments with library card;	
		205 5 711 51 5 1 5 1 1 1 1 5 27 24 52 (247) 772 4222			meeting room rental available, wifi and mobile hotspots, book clubs, crafting events,	
	Lincoln Library	326 S 7th St, Springfield, IL 62701 [P: (217) 753-4900]	Mon-Wed 10 AM-8 PM; Thurs-Sat 10 Am-5 PM	www.lincolnlibrary.info	educational events/classes,	
	Pure Performance Fitness Center	320 S 4th St, Springfield, IL 62701 [P: (217) 891-0691]	24/7	www.pureperformancefitnesscenter.com	Gym; Personalized fitness plan, small group coaching, personal trainers	
	Rochester Public Library &	1 Community Dr, Rochester, IL 62563 [P: (217) 498-8454]	Mon-Thurs 10 AM-7 PM; Fri 10 AM-5 PM; Sat 10 AM-4 PM		Book Borrowing, book clubs, social events, craft classes, technology classes, "Story Time"	
	Community Center	1 Community Dr. Rochester, IL 62563 [P: (217) 498-8454]	Mon-Thurs 10 AM-7 PM; Fri 10 AM-5 PM; Sat 10 AM-4 PM	www.rochesterlibrary.org	for kids, Knitting and Crochet groups, and more  Community Based Non-profit that promotes and supports visual arts; open studio, art	
	Springfield Art Association/ Edwards				galleries, art camps, art classes, art outreach, school workshops, events and festivals,	
	Place Historical Home	700 North 4th Street Springfield, IL 62702 [P: (217) 523-2631]	Mon-Fri 9 AM-5 PM; Sat 10 AM-3 PM	www.springfieldart.org/about.html	space rental, community events	
	The Salvation Army Community	700 North 4th Street Springheid, 12 02702 [1. (217) 323 2031]	WIGHT THE STAN STAN, SUC 10 MM STAN	www.springreraarcorg/aboacmani	space rental, community events	
	Center	1600 Clear Lake Ave., Springfield, IL 62703 [P: (217) 525-2196]	Daily 8 AM-9 PM	www.facebook.com/TheSalvationArmyGym/	Sports leagues and events	
	Springfield Civic Garden Club	Meeting Address: 533 S Walnut St Springfield, IL 62704 [P: N/A]	Scheduled monthly meetings and events; see Website	www.scgc-il.org	Local Garden Club	
					Municipal Government Agency over several local public parks; provides accessible,	
	Springfield Park District	2500 S 11th St, Springfield, IL 62703 [P: (217) 544-1751]	Mon-Fri 8 AM-4:30 PM	www.springfieldparks.org	memorable recreational opportunities that enrich the community	
	Springfield Racquet and Fitness		Mon-Thurs 6 AM-10 PM; Fri 6 AM-9 PM; Sat			
	Center	3725 Chatham Rd, Springfield, IL 62704 [P: (217) 787-2460]	& Sun 7 AM-7 PM	www.springfieldracquetandfitness.com	Full service indoor tennis, pickleball, and fitness facility	
	The Pharmacy Gallery and Art Space	623 E Adams St, Springfield, IL 62701 [P: N/A]	Friday and Saturday 12-6 PM	www.pharmacygallery.com	Art and Music events; Art gallery	
					Indoor sports, general fitness areas, free weights, multipurpose room, racquet ball and	
	The Recreation and Athletic Center	Richard Wright Dr, Springfield, IL 62703 [P: (217) 206-7103]	10 AM-9 PM; Sun 1-9 PM	athletic-center-trac	Squash courts, Arena, Golf simulator; Must be UIS student or TRAC member	
			Tues/Thurs 12-8 PM; Fri 12-10 PM; Sat 9 AM-10 PM; Sun			
	Skyzone	3454 Liberty Dr, Springfield, IL 62704 [P: (217) 331-6600]	11 AM-6 PM	www.skyzone.com/springfieldil/	Indoor trampoline Park	
		200 H H D C L C L H H C C L C L C L C L C L C L C	Tue/Wed 4-8 PM; Thurs 10 AM-8 PM; Fri 1-9 PM; Sat			
	Bounce Tag	3720 Hollis Dr, Springfield, IL 62711 [P: (217) 288-4386]	10 AM-9 PM	www.bouncetag.com	Family entertainment center; Bounce Houses, Laser Tag, Arcade, Indoor Playpark, Food	
	Malihu Iadia	2504 Websel Ave Carinefield II (2704 [0 (247) 200 4707]	NACE There 44 ANA O DNA: Fei/Cot 44 ANA 44 DNA Cot 42 CO		indoor themepark; rides, Go Karts, bowling, arcade games, laser tag, Golf, bounce	
	Malibu Jacks		Mon-Thurs 11 AM-9 PM; Fri/Sat 11 AM-11 PM; Sun 12-9 PM		houses Children's Museum	
	Kidzeum of Health and Science	412 E Adams St, Springfield, IL 62701 [P: (217) 679-2123]	Wed, Sat, Sun 9 AM-4 PM	www.kidzeum.org	Children's Museum	
	Dumb Records	418 E Monroe St, Springfield, IL 62701 [P: (217) 691-8991]	Daily 10 AM-7 PM	www.dumbrecs.com	Vinyl Record store; Arcade; Concert/Show venue with local and touring bands/artists	
	The Wakery	5 W Old State Capitol Plaza, Springfield, IL 62701 [P:	See website for scheduled events	www.springfioldwakory.com	Mocktail bar (exclusively non-alcoholic drinks) with public events. Trivia nights, Crafting	
	The Wakery  Dabble Springfield	217-670-2354]		www.springfieldwakery.com www.64340b5842755.site123.me	and paint nights.	
	Dannie Springrieid		Wed-Sun 12-7 PM	www.u4340u3642733.Site123.Me	Public Art Studio- Crafting areas, Assistance available to help wth art projects Guide to Festivals, Restauraunts, activities, Farmers Markets, Holiday events, and	
	Downtown Springfield Inc	3 W Old State Capitol Plaza, Springfield IL 62701 [P: (217) 544-1723]	N/A	www.downtownspringfield.org	concerts happening in Downtown Springfield, IL	
	Downtown Springheid Inc	(Y-block near the Governor's Mansion) between 4th and 5th	IN/O	www.downtownspringfield.org	concerts nappening in Downtown Springheid, IL	
		streets and Capitol Avenue; Downtown Springfield, IL		www.heritagefoundationspi.org/levitt-amp-	Seasonal, Free, family-friendly outdoor Concert Series; kids activities, Live Music and	
	Levitt Amp Springfield Music Series	, , , , , , , , , , , , , , , , , , , ,	Thursday evenings [Summer only]	springfield	Food trucks	
	Levice Airip opringileid Music Series	[(21.) 544 1/25]	marsaa, evenings [summer offiy]	эргиндисти		

				Local museum; exhibitions and public programs that tell the story of the land, life,		
Illinois State Museum	502 S Spring St, Springfield, IL 62706 [P: (217) 782-7386]	Mon-Sat 9 AM-4:30 PM; Sun 12-4:30 PM	www.illinoisstatemuseum.org www.springfieldparks.	people, and art of Illinois.		
			org/locations/40/washington-	Local public park. Includes walking paths, botanical garden, wooded areas with off-road		
Washington Park	1501 S Grand Ave W, Springfield, IL 62704 [P: (217) 544-1751]	Daily 6 AM-10 PM	park/springfield/location-details	trails, tennis courts, playgrounds, pavilions, and Carillon		
<b>3</b>	, , , , , , , , , , , , , , , , , , ,		www.springfieldparks.org/locations/3/henson-	local zoo with over 96 species of native and exotic animals; events, gardens, playground,		
Henson Robinson Zoo	1100 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 585-1821]	Daily 10 AM-5 PM	robinson-zoo/springfield/facility-details	birthday parties, volunteer opportunities		
	, , , , , , , , , , , , , , , , , , , ,	·		Water park with float river, wave pool, kids water attractions, various thrilling		
	1700 Knights Recreation Dr, Springfield, IL 62711	General office hours: Daily 9 AM-9 PM; Water Park- Summer;		attractions, pedal boats; Amusement park with ferris wheel, Go Karts, mini golf, batting		
Knight's Action Park	[P: (217) 546-8881]	Amusement Park-Daily 9 AM-6 PM;	www.knightsactionpark.com	cages, driving range, large outdoor playground, arcade games, and more.		
				Outdoor movie theater where patrons can watch films from the comfort of their own		
	1700 Knights Recreation Dr, Springfield, IL 62711 [P			vehicles. Featuring two Large screens each playing different films; Concessions available		
Route 66 Drive In Theatre	(217) 698-0066]	Open summer and early fall- Evenings	www.route66-drivein.com	for purchase		
Lincoln Memorial Gardens and	2301 E Lake Shore Drive Springfield, IL 62712 [P:					
Nature Center	(217) 529-1111]	Open Daily from Sunrise-Sunset	www.lincolnmemorialgarden.org	Hiking trails in wooded areas and lakeside, gardens, nature center, gift shop, events		
	1500 Knights Recreation Dr, Springfield, IL 62711 [P.			Roller Skating rink with Arcade games and Prize store; concessions, birthday parties, and		
Skateland South	(217) 546-4543]	Varying hours; see website for public skate times	www.skatelandsouth.com	events		
			www.virden.municipalimpact.com/community-			
The Virden Community Center	101 W Jackson St, Virden, IL 62690 [P: (217) 965-5805]	Mon-Fri 8 AM-5 PM	<u>center</u>	event rental space		
			www.springfieldparks.	Dublic community and a ADA conscible, also make and bigger makes at the control of the control o		
Southwind Park	40CE C 2nd Ct. Controlled II C2702 (D. (247) E0E 2041)	Daile C ANA 10:20 DNA	org/locations/36/southwind-	Public community park; ADA accessible; playgrounds, walking paths, pavilions, fishing		
SOULIWING PARK	4965 S 2nd St, Springfield, IL 62703 [P: (217) 585-2941] 5529 Bunker Hill Rd, Springfield, IL 62711 [P:	Daily 6 AM-10:30 PM	park/springfield/location-details www.springfieldparks.org/locations/9/centennial-	piers, gazebo, sports courts, sensory gardens, Erin's Pavilion-indoor event rental space walking paths, playgrounds, 100 ft high hill for sledding, picnic shelters, baseball fields,		
Centennial Park	(217) 544-1751] ext. 1004	Open Daily from Dawn to Dusk	park/springfield/location-details	pet friendly-dog park, skateboarding park, tennis courts, outdoor fitness equipment		
Centenniai Park	2000 S 6th St, Springfield, IL 62703 [P		www.springfieldparks.org/locations/21/iles-	local public park. Baseball fields, outdoor pavillions, pickleball, picnic areas, playgrounds,		
lles Park	(217) 544-1751 ext. 1004]	Daily 6 AM-10 PM	park/springfield/location-details	skatepark		
lies Fai k	1601 N 5th St, Springfield, IL 62702 [P	•	www.springfieldparks.org/locations/30/Lincoln%	зкатерат к		
Lincoln Park	(217) 544-1751] ext. 1004	Open Daily from Dawn to Dusk	20Park/location-details	historic local public park; walking paths, gardens, soccer field, baseball fields, tennis courts	shufflehoard courts hore	rcacho
LINCOILLANK	(217) 344-1731 j ext. 1004	Open bany nom bawn to bask	201 drk/location-details	local public park; walking paths, brick shelters, playground with zipline and musical	, snameboard courts, nors	1303110
	500 N MacArthur Blvd, Springfield, IL 62702 [P:		www.springfieldparks.org/locations/12/duncan-	instruments, pickleball courts, disc golf course, sledding hill, Bandshell musical		
Duncan Park	(217) 544-1751] ext. 1004	Daily 5 AM-10:30 PM	park/springfield/location-details	performance space.		
Danican Fank	1000 North 7th Springfield, IL 62703 [P	·	www.springfieldparks.org/locations/14/Enos%	performance space.		
Enos Park	(217) 544-1751] ext. 1004	Open Daily from Dawn to Dusk	20Park/location-details	local public park; playgrounds, walking paths, picnic shelter, pollinator garden		
	1 Carpenter Park Trl, Springfield, IL 62707 [P	: .	www.springfieldparks.org/locations/8/carpenter-	local public park; wooded area with hiking trails alongside The Sangamon River, nature		
Carpenter Park	(217) 544-1751] ext. 1004	Open Daily from Dawn to Dusk	park/springfield/location-details	trails, river rock trails, picnic tables		
			www.presidentlincoln.illinois.gov/visit/whats-			
			inside/venue-rentals/event-venues/union-square-			
Union Square Park	500 E Madison St, Springfield, IL 62701 [P: (217) 558-8948]	Open Daily 8 Am-10 PM	park/	interurban park adjacent to Abraham Lincoln Presidential Library and Museum; Featuring I	pronze Lincoln Statues, gar	arden,
	3483-3499 S 4th St, Southern View, IL 62703 [P					
Southern View Community Park	(217) 529-3352]	Open Daily 6 AM-2 PM	www.southernview.us/community-park	walking paths, playgrounds, tennis courts, several pavilions available for event rental		
				local community park; splash pads, walking paths, outdoor fitness court, basketball		
	301 Martin Luther King Dr, Springfield, IL 62703 [P.		www.springfieldparks.org/locations/10/Comer%	courts, playground with rock climb wall, pollinator garden, picnic shelters, tennis courts,		
Comer Cox Park	(217) 544-1751] ext. 1004	Open Daily 6 AM-10:30 PM	20Cox%20Park/location-details	bike sports		
				Year-round events and Expositions; Annual IL State Fair every summer, campground,		
		Mon 8:30 AM-7 PM; Tuesday-Fri 8:30 AM-4:30 PM; Annual		demolition derby, concerts, motorcross events, automobile races, horse racing, parade		
Illiania Stata Fairerannada	201 F Conserved Ave Controlled II (2706 [D. /247] 702 2472]	IL State Fair event hours August 7 AM-12 AM; See		in the summer, dog shows, indoor market events, model train shows etc, Sensory		
Illinois State Fairgrounds	801 E Sangamon Ave, Springfield, IL 62706 [P: (217) 782-2172]	website calendar for specific event times	www.statefair.illinois.gov/info.html	friendly exhibits		
The Nelson Center	1601 N 5th St, Springfield, IL 62702 [P		www.springfieldparks.org/locations/47/nelson-	Ice skating rink, Outdoor public pool, birthday party rentals, concessions, outdoor		
The Neison Center	(217) 753-2800]	Varying hours; see website and schedule for times	center-ice-rink/springfield/facility-details	pavillion, ice sports, events		
	Trail end points: Behind IL Dept of Transportation building on,		https://www.springfieldparks.	Hiking Trail, stretching 5 miles from Springfield's eastside to Rochester, IL; Built on the old Baltimore and Ohio Railroad line. Asphalt surface trail, bordered by dense tree lines,		
	South Dirksen Parkway (Springfield)  South Dirksen Parkway (Springfield)		org/locations/61/lost-bridge-	woodland and prairie flowers, is open to trail users including walkers, runners, bicyclists,		
Lost Bridge Trail	Walnut St. at SR 29 (Rochester) [P: (217) 544-1751]	Open Daily from Dawn to Dusk	trail/springfield/location-details	rollerbladers, strollers and wheelchairs.		
Hoogland Center for the Arts	420 S 6th St, Springfield, IL 62701 [P: (217) 523-2787]	See tickets on website for specific show times	www.hcfta.org	Venue with plays and live theatre productions		
	120 0 0311 00, optinightera, it 02/01 [1 . (21/) 323-2707]	See tickets on website for specific show times  (Seasonally	- The state of the	Outdoor amphitheater with live theatre productions; plays and musicals. Discounted		
Springfield Muni Opera	815 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 793-6864]	Spring/Summer)	www.themuni.org	tickets for seniors, military, and students.		
Springheid Wall Opera	015 2 2010 01.010 01, opringheta, 12 02/12 [1 . (21/) / 55-0004]	Mon-Thurs 4-10 PM; Fri 4 PM-12 AM; Sat 11 AM-12 AM; Sun		districts for seriors, military, and stadents.		
AMF Springfield Lanes	2660 W Lawrence Ave, Springfield, IL 62704 [P: (217) 787-6111]		www.amf.com/location/amf-springfield-lanes	Open bowling, bowling leagues, concessions		
		== : :::: = × : :::				
Aivii Springheid Lanes		Mon-Thurs 9 AM-10 PM; Fri & Sat 9 AM-11 PM; Sun				

				www.amctheatres.com/movie-		
				theatres/springfield-il/amc-classic-springfield-12?		
				utm_medium=organic&utm_source=google&utm_		
А	AMC Classic Springfield 12	3141 Mercantile Dr, Springfield, IL 62711 [P: (217) 793-6440]	See website for specific showtimes	campaign=local	Indoor movie theatre; Concessions	
				www.amctheatres.com/movie-		
				theatres/springfield-il/amc-springfield-8?		
				utm_medium=organic&utm_source=google&utm_		
A	AMC Springfield 8	2945 S Dirksen Pkwy, Springfield, IL 62703 [P: (217) 529-9448]	See website for specific showtimes	campaign=local	Indoor movie theatre; Concessions	
С	Creekside Arcade	1081 Jason Place Chatham, IL 62629 [P: (217) 483-8282]	Mon, Wed, Thurs, Fri, Sat, Sun 11 Am-9 PM	www.thecreekpub.com/creekside-arcade	Arcade games, Skee-ball, Prizes, Restauraunt attached	
					Adoption and post-adoption services, foster care services; Resources for Adoptive	
en/Youth F	Family Service Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]	Mon-Fri 9 AM-4:00 PM	www.service2families.com	parents/foster Caregivers and the children in their care	
		2833 South Grand Ave East Springfield, IL 62703 [P			IDHS program providing case management, provides prenatal health education to	
B	Better Birth Outcomes	(217) 535-3102]	Mon 8:30-6 PM; Tues-Friday 8:30 AM-3:45 PM	www.dhs.state.il.us/page.aspx?item=118798	pregnant women, linkage/enrollment in WIC, home visits, referrals for medical transport	
			A.,		Programs that help youth turn into leaders of tomorrow through education, career	
	Boys and Girls Club of Springfield	300 S 15th St, Springfield, IL 62703 [P: (217) 544-0548]	Mon-Fri 9 AM-6:30 PM	www.bgccil.org	development, art, technology, fitness, life skills and character building.	
C	Computer Banc	1545 N 11th St, Springfield, IL 62702 [P: (217) 528-9506]	Mon-Fri 9 AM-4 PM	www.computerbanc.org	Program providing 'At Risk' individuals and students in need with computers	
					Crisis childcare; Stress breaks-for recovery after medical care, death in the family, and	
					personal time for parents; Childcare in case of temporary loss of regular child care,	
/ //		1011 N THE CLOSE IN CO. 1. C. 1. H. H. COTTON IN (0.17) FOR CO. 1.	0.4/7		childcare for persons affected by domestic violence or being unhoused, Childcare for	
	Mini O Bierne Crisis Nursery	1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]	24/7	www.miniobeirne.org	court and medical appointments; Basic Needs Pantry	
B	Bureau of All Kids	201 S Grand Ave E, Springfield, IL 62763 [P: (217) 524-7156]	Mon-Fri 8:30 AM-4:30 PM	www.hfs.illinois.gov/medicalprograms/allkids.html		
	S	Address N/A (Hadalises) [D (000) 737 5000 as (217) 511 5000	24/7	H-I-P	24-hour service that advocates the prevention of physical, emotional and sexual child	
Pa	Parent Help Line	Address-N/A (Helpline) [P: (888) 727-5889 or (217) 544-5808]	24/7	Helpline	abuse	
					Coordinated, multidisciplinary approach to child abuse investigations in Logan,	
	Control Child Advance			The second secon	Sangamon, Christian and Menard counties. Provides a safe, child focused setting for	
	Sangamon County Child Advocacy	4404 F.M C	Mary 54 0 20 AM 4 20 DM	www.sangamonil.gov/departments/a-c/child-	investigations of child abuse, ensure victims and their families receive quality services,	
C	Center	1101 E Monroe Springfield, IL 62703 [P: (217) 522-2241]	Mon-Fri 8:30 AM-4:30 PM	<u>advocacy-center</u>	and raise awareness in the community to combat child abuse.	
					lab and pharmacy; pediatric rehabilitation with an expanded therapy gym; pediatric	
					cardiology services and diagnostic testing; mammography and other imaging tests; pediatric orthopedics and general surgery; maternal-fetal medicine for high-risk	
			Mon-Fri 8:00 AM-4:30 PM; Walk-	www.siumed.org/buildings/women-and-childrens-	pregnancy care; pediatric multi-specialty clinic; as well as obstetrics and gynecology,	
S	SIU Pediatrics	400 N. 9th Street Springfield, IL 62702 [P: (217) 545-8000]	in clinic for exsisting clients-7:30-10 AM	clinic	walk-in clinic for non-emergent needs for pediatric clients	
	no realactics	100 M 5th 5th cet 5pm gheta) 12 02/02 (1 1 (22/) 5 15 0000)	in difficient existency discrete 7150 207111		Free parent education program in the Springfield Public School District for prenatal	
P	Parents As Teachers- District 186	3063 Fiat Ave Springfield, II 62703 [P: (217) 525-3315]	Mon-Fri 8:00 AM-4:30 PM	www.sps186.org/page/parents-as-teachers/	families and families with children ages 0-3	
					Support group for LGBTQA (lesbian, gay, bisexual, transgender, questioning youth and	
					allies) individuals ages 13-17. The purpose of the group is to provide a safe environment	
				www.phoenixcenterspringfield.org/lgbtqa-youth-	to meet people and make new friends and to learn about and discuss other issues of	
P	Phoenix Center Youth Group	109 E Lawrence Ave, Springfield, IL 62704 [P: (217) 528-5253]	Fridays 6-8 PM (Sign up required before; on website)	group/	interest. This group meets every Friday night from 6-8 p.m.	
					Comprehensive community based youth services, 24-hour crisis intervention, individual	
					and family counseling, outreach, emergency shelter for youth, information and referral,	
					and linkage to other agencies. Trained counselors provide youth with face-to-face crisis	
					intervention, individual, group, and family counseling, Unhoused Youth Program for ages	
Y	Youth Service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	Mon-Fri 8:00 AM-4:00 PM	www.ysbi.com		
Y.	Youth Service Bureau	3306 South 6th Rd.		www.ysbi.com	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO	
		3306 South 6th Rd. Springfield, IL 62703 252!	5		intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational,	
	Youth Service Bureau The Outlet	3306 South 6th Rd.		www.ysbi.com www.theoutletillinois.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood	
		3306 South 6th Rd. Springfield, IL 62703 252!	5		intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill	
		3306 South 6th Rd. Springfield, IL 62703 252!	5		intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development	
		3306 South 6th Rd. Springfield, IL 62703 252!	5		intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass-Leadership	
т	The Outlet	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]	5 Mon-Thurs 4:30-7:30 PM	www.theoutletillinois.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass-Leadership development, college prep, prep for vocational / trade school, the military, and/or to	
т		3306 South 6th Rd. Springfield, IL 62703 252!	5		intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too	
т	The Outlet	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]	5 Mon-Thurs 4:30-7:30 PM	www.theoutletillinois.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family	
TI Co	The Outlet Compass for Kids	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]  1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]	5 Mon-Thurs 4:30-7:30 PM Mon-Fri 9 AM-4:00 PM	www.theoutletillinois.org  www.compassforkids.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as	
Co Ri	The Outlet  Compass for Kids  Rutledge Youth Foundation	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]  1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]  151 Bruns Ln, Springfield, IL 62702 [P: (217) 525-7757]	5 Mon-Thurs 4:30-7:30 PM Mon-Fri 9 AM-4:00 PM Mon-Sat 8 AM-7:00 PM	www.theoutletillinois.org  www.compassforkids.org  www.rutledgeyouthfoundation.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass-Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents	
TI Co	The Outlet Compass for Kids	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]  1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]	5 Mon-Thurs 4:30-7:30 PM Mon-Fri 9 AM-4:00 PM	www.theoutletillinois.org  www.compassforkids.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents  Educational programs for Children; and Afterschool programs	
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Co R S <sub>1</sub>	The Outlet  Compass for Kids  Rutledge Youth Foundation  Springfield Urban League	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]  1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]  151 Bruns Ln, Springfield, IL 62702 [P: (217) 525-7757] 100 N 11th St, Springfield, IL 62703 [P: (217) 789-0830]	5 Mon-Thurs 4:30-7:30 PM  Mon-Fri 9 AM-4:00 PM  Mon-Sat 8 AM-7:00 PM  Monday-Friday 8:30 AM – 5:00 PM	www.theoutletillinois.org  www.compassforkids.org  www.rutledgeyouthfoundation.org  www.springfieldul.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents  Educational programs for Children; and Afterschool programs  Providing Classes to Develop & Enhance Parenting Skills, Equipping Parents with Parenting Techniques and Support, Facilitating Child-Focused Mediation & Positive Co-Parenting, Diapers & Support for Babies & Their Families, Support for Grandparents	
Co R S <sub>1</sub>	The Outlet  Compass for Kids  Rutledge Youth Foundation	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]  1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]  151 Bruns Ln, Springfield, IL 62702 [P: (217) 525-7757]	5 Mon-Thurs 4:30-7:30 PM Mon-Fri 9 AM-4:00 PM Mon-Sat 8 AM-7:00 PM	www.theoutletillinois.org  www.compassforkids.org  www.rutledgeyouthfoundation.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass-Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents  Educational programs for Children; and Afterschool programs  Providing Classes to Develop & Enhance Parenting Skills, Equipping Parents with Parenting Techniques and Support, Facilitating Child-Focused Mediation & Positive Co-Parenting, Diapers & Support for Babies & Their Families, Support for Grandparents Raising Grandchildren.	
C. R. S.	The Outlet  Compass for Kids  Rutledge Youth Foundation  Springfield Urban League	3306 South 6th Rd. Springfield, IL 62703 252! S 12th St, Springfield, IL 62703 [P: (217) 843-7475]  1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]  151 Bruns Ln, Springfield, IL 62702 [P: (217) 525-7757] 100 N 11th St, Springfield, IL 62703 [P: (217) 789-0830]	5 Mon-Thurs 4:30-7:30 PM  Mon-Fri 9 AM-4:00 PM  Mon-Sat 8 AM-7:00 PM  Monday-Friday 8:30 AM – 5:00 PM	www.theoutletillinois.org  www.compassforkids.org  www.rutledgeyouthfoundation.org  www.springfieldul.org	intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO  Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too  Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents  Educational programs for Children; and Afterschool programs  Providing Classes to Develop & Enhance Parenting Skills, Equipping Parents with Parenting Techniques and Support, Facilitating Child-Focused Mediation & Positive Co-Parenting, Diapers & Support for Babies & Their Families, Support for Grandparents	

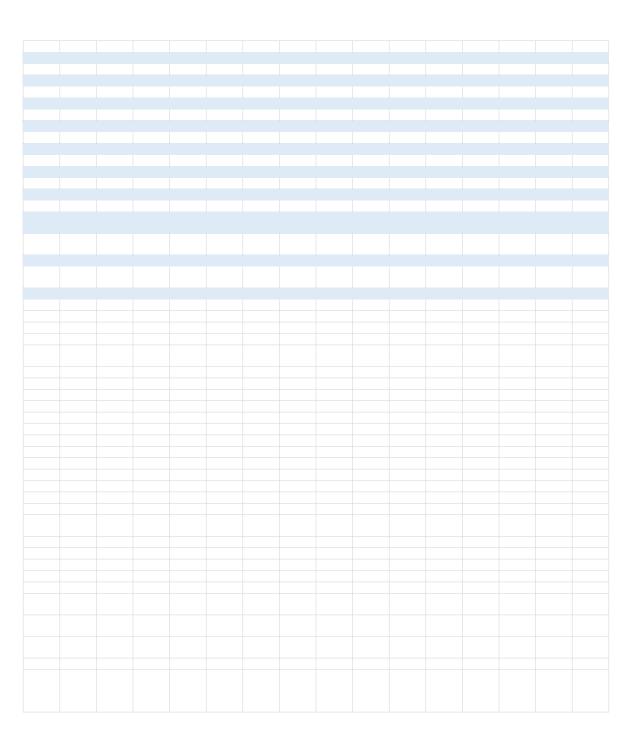
			Sunday School: Sunday 9:15 AM;		
Spirituality	The Salvation Army	1600 E. Clear Lake Ave, Springfield, IL 62703 [P: (217) 525-2196]	Worship: Sunday, 10:30 AM	www.centralusa.salvationarmy.org/springfield/	Christian Education, Worship services- Church, Women's Ministries, Men's Ministries, Sunday School, Children and Teen's Worshi
	,	3,4,4			A coalition of faith communities, community organizations and individuals working
	Faith Coalition for the Common				collaboratively for racial equity, civic engagement, a fair economy and participatory
	Good	2208 E Kansas St, Springfield 62703 [P: (217) 544-2297]	Call for hours for specific events	www.faithcoalition-il.org	decision-making.
					Serves Dozens of Churches, Ministries, & Non-Profits by helping these organizations
	Ministerial Alliance of Springfield				combine their resources to extend the reach of christian based resources in Springfield
	and Vicinity	919 S Wheeler, Springfield, Illinois 62703 [P: (217) 306-3533]	See website for specific events	www.springfieldministerialalliance.com	and the Surrounding Communities
					Adult ministries, Men's Ministries, Women's ministries, Marriage ministry, Seniors
			Tues 10 AM-4:30 PM; Wed 10 AM-6 PM; Thurs		ministry, Young adult ministry, student ministries, music ministry, small groups; multiple
	Abundant Faith Christian Center	2525 Taylor Ave, Springfield, IL 62703 [P: (217) 585-4000]	10:30 AM-4:30 PM; Fri 10 AM-2 PM	www.abundantfaith.org	campuses and online options available
			In-Person Service Saturdays 6:00 PM +Online		A non-denominational christian church; ministry work, worship services,
	BYO Church	2901 Sangamon Ave Springfield, 62702 [P: (217) 971-6078]	Sermons see website for online sermon times	www.byochurch.com	sermons in person and online; and events; recovery programs
			Sunday Services: 8 AM, 9:30 AM, 11 AM; Office		A Christian church with in-person and online services; infant and children ministries, Pre-
			Hours- Mon, Tue, Thurs 8 AM-4:30 PM; Wed 8 AM-		teen and teen ministries, various support groups, 12 step recovery group, "Buddies
	Westside Christian Church	2850 Cider Mill Ln, Springfield, IL 62702 [P: (217) 793-2800]	8 PM	www.wschurch.org/	Ministry" to provide inclusion for those with special needs.
	The Pentecostals of Springfield	2600 S MacArthur Blvd, Springfield, IL 62704 [P: (217) 544-4715]	Sunday 2–4:30 PM, 6–8 PM; Tuesday 7 PM	www.tps.church/	Pentecostal Church; children's ministry, youth ministry, small groups; events
	Holy City Church Missionary Baptist			www.facebook.com/p/Holy-City-Missionary-	
	Church	1601 E Carpenter St, Springfield, IL 62702 [P: (217) 789-4567]	Mon-Fri 9 AM-5 PM; Sat & Sun 9 AM-6 PM	Baptist-Church-100064567613299/	Baptist Church; in person sermons
	Harvard Park Baptist Church	2401 S 9th St, Springfield, IL 62703 [P: (217) 522-6202]	Sunday 10:30 AM-12:00 PM	www.harvardparkbaptist.com	Worship Services, Sunday School, Monthly Potluck Dinner
			Office: Mon-Fri 9 AM-1 PM; Worship		
	Hope Presbyterian Church	2211 Wabash Ave, Springfield, IL 62704 [P: (217) 546-6951]	Services-Sun 9:30 AM	www.hopeforspringfield.org	In-person and online church sermons, Words of hope podcast, community outreach
					Worship services in-person and online; youth and children's ministries, faith based
	Lakeside Christian Church	225 Toronto Rd, Springfield, IL 62711 [P: (217) 529-2513]	Sunday Services: 9 AM; 10:30 AM	www.lakesidechristian.com/Home	classes, events
					Unity self describes as a positive, practical, progressive approach to Christianity and the
		447 5 0 1 1 0 0 0 1 (5 1 1 1 1 5 2 7 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			power of prayer. Unity honors the universal truths in all religions and respects each
	Unity of Springfield	417 E Cordelia St, Springfield, IL 62703 [P: (217) 523-5897]	Sunday Services 10 AM	www.unityofspringfieldil.org	individual's right to choose a spiritual path.
	Cherry Hills Church	2125 Woodside Rd Springfield, IL 62711 [P: (217) 546-4818]	Office: Mon-Thur 8:30 AM-4:30 PM; Fri 8:30 AM-3 PM;	unun sharryhillefamily ara	Weekly weership consists children's and wouth ministries
	Radiant Church		Sunday Services: 8 AM, 9:30 AM, 11:00 AM	www.cherryhillsfamily.org	Weekly worship services, children's and youth ministries
	Radiant Church	3200 Shaler Rd, Springfield, IL 62707 [P: (217) 522-5632]	Sunday Service- 10 AM; Wed at 6:30 PM Office Hours: Mon-Fri 9 AM-4:30 PM; Sun 9-11:30 AM Sunday	www.radiantspringfield.com	weekly worship services/sermon, Bible Study
	Destiny Church	1425 N 6th St, Springfield, IL 62702 [P: (217) 685-4124]	Service- 10 AM		Non-denominational church; worship services, outreach ministries, nursery, children's and youth ministry, Women's ministries, men's ministries, events
	Destiny Charch	1423 N Otti St, Springheid, iL 02702 [F. (217) 063-4124]	Selvice- 10 Aivi	www.destiny217.org	The Mission of the Jewish Federation of Springfield, Illinois is to serve the Jewish people
		1999 Wabash Ave #206, Springfield, IL 62704 [P:			locally, in Israel and throughout the world through coordinated fundraising,
	Springfield Jewish Federation	(217) 787-7141]	N/A	www.shalomspringfield.org	communitywide programming, social services and educational activities.
		(	1st & 2nd Fri evenings of the month services at 5:30 PM 3rd,		Jewish Temple; Services with liturgy readings; children and family services 1st Fri of the
	Temple B'rith Sholom	1004 S 4th St Springfield, IL 62703 [P: (217) 525-1360]	4th and the occasional fifth Fridays services at 6:00 PM	www.templebrithsholom.com	month
			, , , , , , , , , , , , , , , , , , , ,		Temple Israel is a Conservative synagogue- self described as a warm, sociable
	Temple Israel	1140 W Governor St Springfield, IL 62704 [P: (217) 546-2841]		N/A	congregation with members from diverse professional and religious backgrounds.
		, , , , , , , , , , , , , , , , , , , ,	Sat- 10:30 AM Prayer Service, 11:30 Torah reading, 12:30		
	Chabad Jewish Center of Springfield	1045 Outer Park Dr, Springfield, IL 62704 [P: (773) 870-7770	Kiddush lunch	www.chabadspringfield.com	Shabbos services, and services on all Jewish holidays; events
					Messianic synagogue; Services, music, practices conducted according to those of the
	Temple Petah Tikvah	2801 N Peoria Rd in Springfield, IL 62702 [P: (217) 528-8075]	Sat 10:30 AM-6:30 PM	www.petahtikvah.org	synagogue, Observance of Holy Days and Festivals, His Sabbath and customs of Judaism
					Serves as a community and religious hub for Muslims; provides full 5 daily, Jummah, Eid,
			Friday Prayer Service: Khutbah 1:15pm; Iqama 1:45pm		Taraweeh, and Janazah prayers. Islamic and Quran studies classes, Community Halaqa
			**Additional service times updated on website under		and interfaith events. Islamic funeral service advice and community outreach is also
		3000 Stanton St, Springfield, IL 62703 [P: (217) 529-8970]	announcements	www.isogs.org	conducted.
		3255 Mathers Rd, Springfield, IL 62711 [P: (217) 529-8970]	See website for specific events	www.isogs.org/an-noor-center/	Community Center holding interfaith events, after school programs, space to hold Eid prayers, Iftars and Taraweh prayers, hub for
		716 N Amos Ave, Springfield, IL 62702 [P: (217) 953-4579]	See website for service times: www.cbcsil.org/schedule	www.cbcsil.org	A non-denominational Chinese Christian church
	Shri Mahalakshmi Temple -				
	The Hindu Temple of Greater		See website for service times: www.springfieldtemple.		
	Springfield	1001 W Walnut St, Chatham, IL 62629 [P: (217) 697-8174]	org/#/home/default/b9b87cba-c59a-4fc7-b490-8caf32faaa39		Temple with daily worship services, religious education classes, study circles, discourses, celebration of Hindu festivals and religio
	Shree Swaminarayan Gurukul	3150 Chatham Rd, Springfield, IL 62704 [P: (217) 223-4567]	Daily 7 AM-12:00 PM; 4:00-7:30 PM	www.springfield.rajkotgurukul.org	Hindu Temple

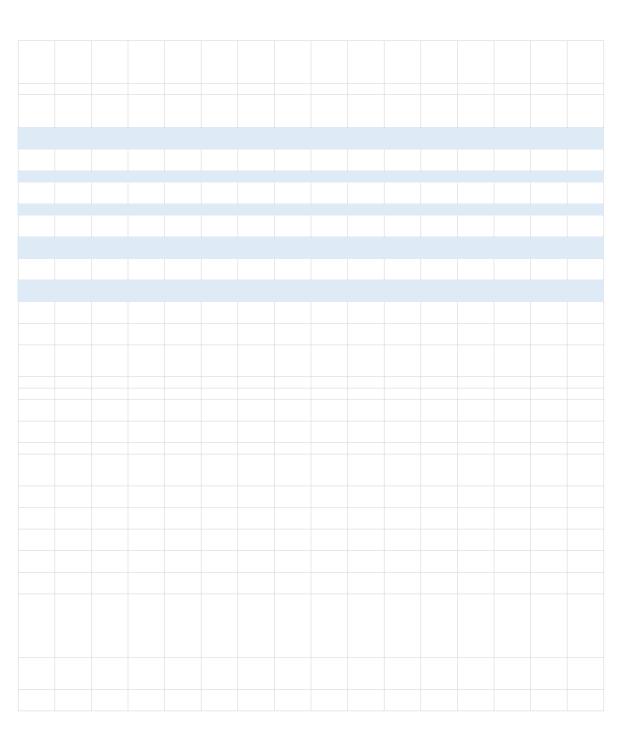
	525 Bruns Ln, Springfield, IL 62702 [P: (217) 726-9601]; 9		www.chanmyawica.org	Puddhist Tomple: retreats - Puddha's Dhamma (teachings) - moditation
Chanmyay Satipatthana Vihara	Harriet Ln Springfield, IL 62702	Call for hours for specific services	www.chanmyayusa.org	Buddhist Temple; retreats, Buddha's Dhamma (teachings), meditation
		See website for service times: https://calendar.google.		
		com/calendar/u/0/embed?		
		src=springfieldbahaievents@gmail.		Baha'i Faith; Devotionals, Study circles, classes, Fireside discussions, interfaith devotions,
	1131 S 8th St, Springfield, IL 62703 [P: (217) 544-9595]	com&ctz=America/Chicago	www.facebook.com/spfldilbahai/about_details	events
Abraham Lincoln Unitarian		Sun 9:30 AM-12:30 PM; Tues & Wed 10 AM-5 PM; Thurs		Sunday morning worship services; Spoken word, music, quiet time, fellowship, guest
Universalist Congregation	745 Woodside Rd, Springfield, IL 62711 [P: (217) 585-9550]	10 AM-2 PM	www.aluuc.org	speakers, nursery care
			www.local.churchofjesuschrist.	
			org/en/us/il/springfield/3601-buckeye-drive?	
			utm_source=gmb&utm_medium=yext&y_source=	
The Church of Jesus Christ of Latter-			1 NjcwODg0NDYtNzE1LWxvY2F0aW9uLndlYnNpd	Sacrament meetings, songs, prayers, and sermons (or "talks") given by different
day Saints	3601 Buckeye Dr, Springfield, IL 62712 [P: (217) 529-7844]	Office Hours: Daily 9 AM-6 PM	GU%3D	members of the congregation
	3076 Normandy Rd, Springfield, IL 62703 [P: (217) 529-2409];			
	4800 Old Jacksonville Rd, Springfield, IL 62711 [P:			
Kingdom Hall of Jehovah's Witnesses		Sunday 9:30 AM & 12:30 PM; Tues & Thursday 7:00 PM	www.jw.org/en/	Worship meetings twice a week, biblical teachings, music and prayer
anguoni rian or senovari s virtiresses	(217) 755 0100]	Sunday 5150 71111 & 12150 7111, rues & marsday 7100 7111	www.jmo.g/en/	Totally meetings there a needy statical readings, masterna projet
Springfield First Seventh-day		Saturday 9:15 AM-8 PM; [Sat		
	3300 W Jefferson St, Springfield, IL 62707 [P: (217) 787-7089]	Worship services: 11:00 AM] Wednesday 6:15-8 PM		worship services, bible study, prayer, sabbath school
Auventist Church	3300 W Jenerson St, Springheid, it 62/07 [P. (217) 787-7089]	- '	www.springfieldfirstil.adventistchurch.org	worship services, bible study, prayer, Sabbatti scribor
		Office Hours: Sun 8 AM-1 PM, Mon & Tue 8:30 AM-4:30 PM;		
Deal Life Charach	2704 Harritana Del Carinafiald II (2702 [D. /247] 526 2222]	Wed 8:30 AM-4:30 PM; Thurs 8:30 AM-4:30 PM		Manakia sanitan kikiin kanakian akiidanda and uu thusisista isaa sa
Real Life Church	2701 Hermitage Rd, Springfield, IL 62703 [P: (217) 528-2299]	[Services: Sun 9 AM & 10:45 AM]	www.rlcspringfield.com	Worship services, biblical teachings, children's and youth ministries, events
		Open Daily 6 am-6 PM; Sat. Mass 8 AM; Vigil 4 PM;		
Cathedral of the		Sunday Mass: 7 AM, 10 AM, 5 PM; Weekday Mass 7 AM, 5:15		
mmaculate Conception	524 E Lawrence Ave, Springfield, IL 62703 [P: (217) 522-3342]	PM	www.spicathedral.org	Daily Mass services, Confessions, adoration, Liturgical Ministries, grief support group, bible study, events
		Sunday sermons 9 AM, Sunday School 10:30 AM; Wed		Weekly sermons, small groups, children's and youth ministries, women's ministries,
Southern View Chapel	4500 S 2nd St, Springfield, IL 62703 [P: (217) 529-1876]	6:30 PM	www.svchapel.org	men's ministries, outreach, senior ministries.
Third Presbyterian Church	1030 N 7th St, Springfield, IL 62702 [P: (217) 528-0457]	Daily 8 AM-4 PM; Sunday Services 9 AM	www.third-presbyterian.org	Worship services- child care available during church services
St Paul AME Church Springfield	1130 S 16th St, Springfield, IL 62703 [P: (217) 522-4796]	Sunday School 9:30 AM; Sunday Worship 10:45 AM	www.stpaulame.net	African Methodist Episcopal Church; Worship services, Bible study, special events
, 5				Sunday worship services; children's ministries, youth ministries, small groups, support
First United Methodist Church	2941 S Koke Mill Rd, Springfield, IL 62711 [P: (217) 793-9760]	Sunday Services: 9 AM; 10:30 AM	www.springfieldfirst.org	groups
		Sunday School 9:30 AM; Sunday Worship 10:45 AM;		8
Mt. Zion Apostolic Church	2637 S 10th St, Springfield, IL 62703 [P: (217) 523-1325]	Wednesday Bible Study- 5:30 PM	www.mtzionapostolicchurch.com	Sunday worship services; sunday school, bible based teachings
	2037 3 10th 3t, 3prinigheid, iL 02703 [i : (217) 323-1323]	Wednesday bible Study- 5.50 i Wi	www.mczionapostonechuren.com	Sunday worship services, sunday scriool, bible based teachings
Saint Anthony Greek Orthodox	4500 C Classical Associate Cald III 5270 A [D (247) 522 7040]	C	and the state of t	La como Mandria de Carlos de Calles de Carlos
	1600 S Glenwood Ave, Springfield, IL 62704 [P: (217) 522-7010]	Sunday at 8:30 AM for Matins; 9:30 AM for Divine Liturgy	www.stanthony.il.goarch.org	In-person Worship services and Online sermons
St John A.M.E. Church	1529 E Capitol Ave, Springfield, IL 62703 [P: (217) 523-3969]	Sunday worship service 10:30 AM	www.stjohnsame.org	worship services, youth church, women's ministries, men's ministries
		Mass services: Sat 4 PM, Sun 7 & 11 AM, Tue 8:20 AM,		
	2000 E Sangamon Ave, Springfield, IL 62702 [P: (217) 544-4554]	Wed/Thurs 7 AM, Fri 6 PM	www.saintaloysius.org	Mass services, several types of ministries, street ministry and community work
Korean United Presbyterian Church	2501 E Sangamon Ave, Springfield, IL 62702 [P: (217) 525-3525]	Sunday services: 11 AM	http://www.kupcs.org/	Korean Presbyterian Church; see website for full list of services
				Holy Mass, Liturgy of the Hours, Recitation of the Rosary, Adoration of the Blessed
Corpus Christi Priory	4867 Laverna Rd, Springfield, IL 62707 [P: (217) 572-9200]	See website for list of service times	www.corpuschristipriory.com	Sacrament, and Benediction, Confessions
		Mon 9 AM-6:30 PM, Tue 1-5 PM, Wed 9 AM-5 PM,		
Wholeself Healing Resilience Center	1340 S State St, Springfield, IL 62704 [P: (217) 803-1139]	Thurs 8 AM-7 PM, Sat 8 AM-3 PM, Sun 8 AM-3 PM	www.wholeselfhealing.org	Yoga, Mindfulness class, meditation classes, Somatic Supportive Touch
0 11 11 11 11 11	, , , , , , , , , , , , , , , , , , , ,	Mon 9 AM-7 PM, Tue 6 AM-7 PM, Wed 8:30 AM-6:30 PM,		
		Thurs 6 AM-6:30 PM, Fri 9 AM-6:30 PM, Sat 9 AM-1:30 PM,		
Flow Midwest Yoga and Meditation	1921 W Iles Ave, Springfield, IL 62704 [P: (217) 670-2388]	Sun 9 AM-1 PM	www.flowspf.com	Yoga, energetic alignment, pranayama and meditation, Sanskrit, chants, and mantra.
	9 Harriet Ln, Springfield, IL 62702 [P: (217) 726-9601]	July 3 (1.0) 1 1 10		Vipassana meditation, Retreats and special teachings as teachers become available to
	Located in: Chan Myae Monastery	Daily 3:30 AM-9:30 PM	www.chanmyayusa.org	travel and stay at the Vihara, Buddha's Dhamma (teachings)
		•		traver and stay at the vinara, buddin s Diranina (teachings)
	, , , , , , , , , , , , , , , , , , , ,		www.alignable.com/springfield-il/yokore-yoga-	tedicidical and annull are in places to uses and because
okore Yoga & Wellness	(217) 440-9026]	Call for class times	wellness	individual and small group classes in yoga and beyond
				An oasis for spirituality, a special gift to those who seek solace and spiritual enrichment
				in nature. A setting where individuals and groups can nurture their spiritual and
				emotional growth. Walking trails, home to farm animals and wildlife, outdoor labyrinth,
ubilee Farm	6760 Old Jacksonville Road Springfield, IL [P: (217) 787-6927]	Varying seasonal hours; see website for current hours	www.jubileefarm.info	creek and ponds offer tranquil settings for reflection.
				The Villa Maria Catholic Life Center exists to serve the people of the Roman Catholic
				Diocese of Springfield in Illinois, its Bishop, parishes, offices, organizations and
				institutions. Villa Maria provides a setting for retreats, ministry and faith formation,
	1903 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 529-2213]	Daily 7:30 AM-5 PM	www.villa.dio.org	meetings and workshops
/illa Maria Retreat Center			The second secon	Yoga, mindfulness and meditation class, workshops
	2201 W White Oaks Dr, Springfield IL 62704 [P: (217) 725-2373]	Visit website for schedule of classes	www.ahhyoga.net	toga, minutumess and meditation class, workshops
	2201 W White Oaks Dr, Springfield IL 62704 [P: (217) 725-2373]	Visit website for schedule of classes	www.ahhyoga.net	toga, minutumess and meditation class, workshops
	2201 W White Oaks Dr, Springfield IL 62704 [P: (217) 725-2373]	Visit website for schedule of classes	www.ahhyoga.net	Website guide to local Alcoholics Anonymous meetings- Serving Springfield, Chatham,

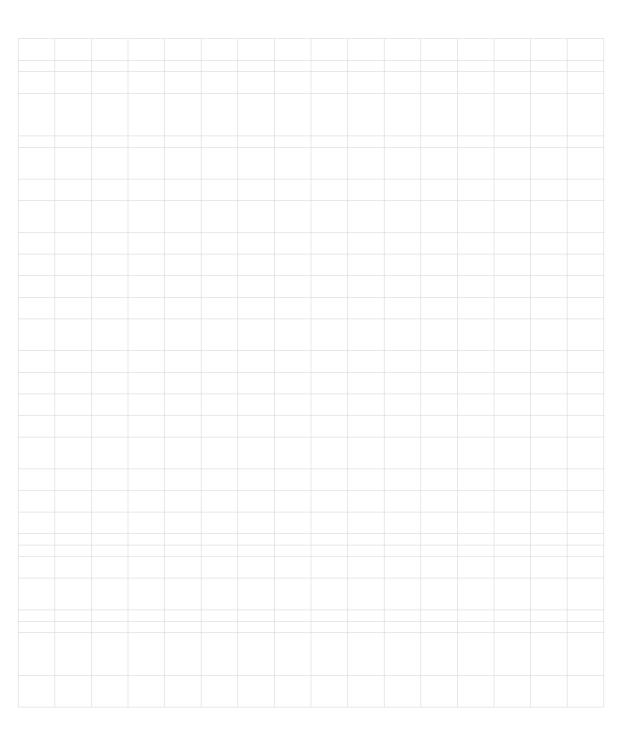
Alano Hall	516 Bryn Mawr Blvd, Springfield, IL 62703 [P: (217) 789-0789]	See website for different meeting times	www.aaspringfield.org/?meeting=mid-morning-madness-3	Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-12 step based support
	, , , , , , , , , , , , , , , , , , , ,			Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-12
Easy Does It Club	514 N Walnut St, Springfield, IL 62702 [P: (217) 528-0332]	See website for different meeting times	www.aaspringfield.org/?meeting=friendship	step based support
,	, , , , , , , , , , , , , , , , , , , ,	Ĭ	www.aaspringfield.org/?meeting=noon-group-	
			discussion-last-friday-of-every-month-is-open-	Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-12
Discovery	313 W Cook St, Springfield, IL 62704 [P: (217) 544-9049]	See website for different meeting times	speaker	step based support
·	1600 E Clear Lake Ave, Springfield, IL 62703	The LAST Saturday of each month (except December); 8:		Monthly Alcoholics Anonymous Meeting- Speaker meeting with breakfast served before
	[Located at the old "Gold's Gym" building 1st Floor]	00 AM	breakfast-speaker-meeting	
	, , ,	UU AIVI	<u>breaklast-speaker-meeting</u>	speaker
	700 N 4th St, Springfield, IL 62702		. 6.11 /2	
	[Located in mixed media studio] [P: N/A]	Sunday 10:30 AM	www.aaspringfield.org/?meeting=we-agnostics	Weekly Secular Alcoholics Anonymous Meeting
Corner of 11th and Clay Street	930 S 11th St, Springfield, IL 62703 [P: N/A]	Sunday 5:00 PM	www.aaspringfield.org/?meeting=a-vision-for-you	Alcoholics Anonymous meeting-12 step based support
	611 E Jackson St, Springfield, IL 62701 [Christ Episcopal Church]			
Free to Be Me	[P: N/A]	Sunday 7:00 PM	www.aaspringfield.org/?meeting=free-to-be-me	LGBTQ+ Alcoholics Anonymous meeting-12 step based support
Presbyterian Church	1835 E Walnut St, Chatham, IL 62629 [P: N/A]	See website for different meeting times	www.aaspringfield.org/?meeting=happy-destiny	Several Alcoholics Anonymous meetings throughout the week- 12 step based support
	, , , , , ,	- U	www.aaspringfield.org/?meeting=women-of-	, , , , , , , , , , , , , , , , , , , ,
Unity Church	417 E Cordelia St, Springfield, IL 62703, USA [P: N/A]	See website for different meeting times	worth	Several Alcoholics Anonymous meetings throughout the week- 12 step based support
· · · · · · · · · · · · · · · · · · ·	2100 S Bates Ave, Springfield, IL 62704 [First	-	WOTH	Several Aconomics Anonymous meetings throughout the week 12 step based support
	Congregational Church] Enter through the door that faces the			
	parking lot. Meets in the basement at the end of the hall. [P:		www.aaspringfield.org/?meeting=primary-	
	N/A]	Mon 7 PM; Thursday 7:30 PM	purpose-2	Alcoholics Anonymous meetings 2 days a week- 12 step based support
Friends of Bill W.	IL-104 & 7th St, Pawnee, IL 62558 [P: N/A]	Tues 6 PM; Thurs 7 PM	www.aaspringfield.org/?meeting=friends-of-bill-w	Alcoholics Anonymous meetings 2 days a week- 12 step based support
	1122 E Pine St, Springfield, IL 62703 [Second			
Wizard's Wonders	Timothy Baptist Church] [P: N/A]	Tues & Thurs 8 PM	www.aspringfield.org/?meeting=wizards-wonders	Alcoholics Anonymous meetings 2 days a week- 12 step based support
	600 W Birch St, New Berlin, IL 62670 [Central Baptist Church] [P:			
	N/A]	Wednesday 7 PM	www.aaspringfield.org/?meeting=serenity-group	Weekly Alcoholics Anonymous meeting- 12 step based support
sereme, croup		Treamesday 7 TH	www.daspringriciarorgy.meeting seremey group	Local Guide to Narcotics Anonymous Meetings (12 step based support)- The Living the
				Dream Area of Narcotics Anonymous (LTDANA) centers around Springfield and the
				The state of the s
The Living the Dream Area of			1 (1). 1	surrounding cities of Jacksonville, Taylorville, Lincoln, Virden, Petersburgh and
·	Website and hotline guide to NA meetings [P: (800) 539 0475]	See website for different meeting times	http://ltdana.org/	Mechanicsburgh ; NA World service site: www.na.org
	217 North Grand West, Springfield, IL, 62702 [Entrance in Rear]			
217 Group	[P: N/A]	Daily Meetings 7 PM	www.ltdana.org/local-meeting-schedule/	Daily Narcotics Anonymous meetings- 12 step based support
	2401 S. 9th St., Springfield, IL, 62703 [Harvard Baptist Church] [P:			
The Ties That Bind	N/A]	Mondays 7 PM	www.http://ltdana.org/local-meeting-schedule/#	Weekly Narcotics Anonymous Meetings- 12 step based support
	Thursday- 2450 Taylor Ave., Springfield, IL, 62703			
		Thursday 7 PM Friday		
	Park Baptist Church- basement] [P: N/A]	8 PM	www.ltdana.org/local-meeting-schedule/	2X Weekly Narcotics Anonymous Meetings- 12 step based support
	Zoom Meeting [Meeting ID: 730 5948 3134 Passcode: LTDNA]		https://us04web.zoom.us/j/73059483134?	,
	[P: N/A]	Tuesday 12:00 PM	pwd=boT3CVTH3jLAURbxNaMXady95Wufbk.1	Weekly Springfield-Based Narcotics Anonymous Zoom meeting- 12 step based support
-				
		Tuesday 7:30 PM	www.ltdana.org/local-meeting-schedule/	Weekly Narcotics Anonymous Meeting- 12 step based support
Free At Last	301 W Reynolds St Springfield, IL 62702 [P: (312) 834-3784]	Sunday 5:00 PM; Thursday 7 PM	www.illinoisareaca.org	2x Weekly Cocaine Anonymous Meetings- 12 step based support
				Guide to local Al-anon meetings; Hybrid and in-person meetings; The Al-Anon Family
				Groups are a 12 step fellowship of relatives and friends of alcoholics who share their
				experience, strength, and hope in order to solve their common problems. Al-anon
Alanon Meetings	Local Website Guide to Al-Anon meetings [P: N/A]	See website for different meeting times	www.spi-alanon.weebly.com	believes alcoholism is a family illness and that changed attitudes can aid recovery.
<u> </u>				A Christ-centered recovery program; Large group meetings, Open Share support groups.
				Support for variety of topics: substance-use disorder, gambling addiction, other types of
	2800 Stevenson Dr. Springfield, IL 62703 (First Church of God) [P:	Tuesday evenings; Large Group meeting: 6:30 PM Open		addictions, divorce, abuse, abandonment, codependency, relationship issues, grief,
	(217) 529-1902]	Share Groups: 7:30 PM	www.fcgspringfield.org/celebrate-recovery.html	anger, depression, etc
·		Share Groups. 7.30 Fivi	www.icgspringrieid.org/celebrate-recovery.html	anger, acpression, etc
	Address: N/A (Helpline) Call [1-800-426-2537] Text	24/3	98 - 2 1	24 h h . l
Illinois Problem Gambling Helpline	"GAMB" 833234	24/7	www.illinoisproblemgambling.org	24 hour helpine to connect individuals struggling with problem gambling with resources
			www.gamblersanonymous.	
	2211 Wabash Ave Springfield, IL 62704 (Hope		org/ga/locations/state/table/IL/Springfield/na/na/	
Springfield Gamblers Anonymous	Presbyterian Church) [P: N/A]	Sunday, Wednesday- 6:30 PM	na/10?#gmap-nodemap-gmap0	12 Step based support group for struggles with gambling
	800 E Capenter St Springfield, IL 62702 [P: (217) 525-5675]		www.hshs.org/st-johns/patients-guests/support-	
	(Location: St. Clare Room next to Chapel)	Wednesdays 4:30 PM	groups	Grief support for families and friends who have experienced the death of a loved one.
HSHS Grief Support Group			www.hshs.org/st-iohns/patients-guests/support-	
HSHS Grief Support Group HSHS Survivors of Suicide (SOS)	800 E Capenter St Springfield, IL 62702 [P: (217) 525-5675]	Meets first and third Tuesdays of each month- 5:30 PM	www.hshs.org/st-johns/patients-guests/support-	Support group for family and friends of those who have had someone die by suicide
HSHS Grief Support Group HSHS Survivors of Suicide (SOS) Support Group		Meets first and third Tuesdays of each month- 5:30 PM	www.hshs.org/st-johns/patients-guests/support- groups www.hshs.org/st-johns/patients-guests/support-	Support group for family and friends of those who have had someone die by suicide.

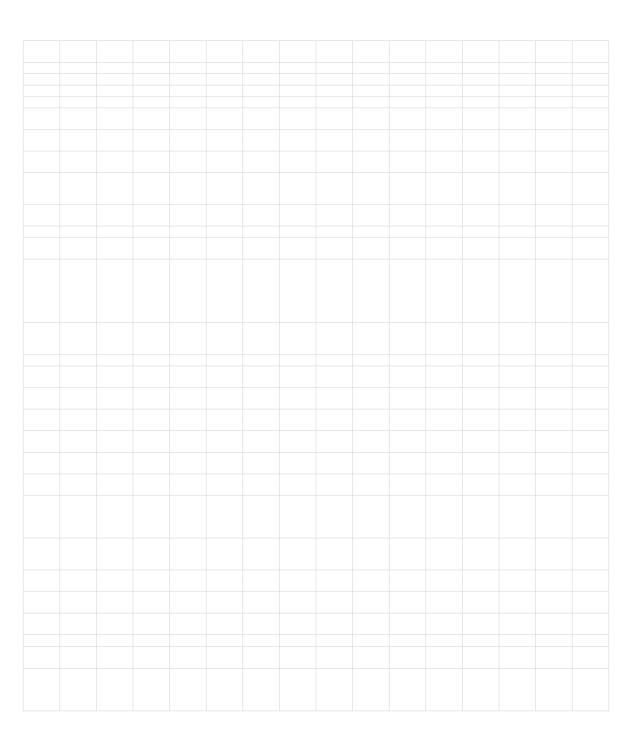
## Community Resource Guide Live Doc

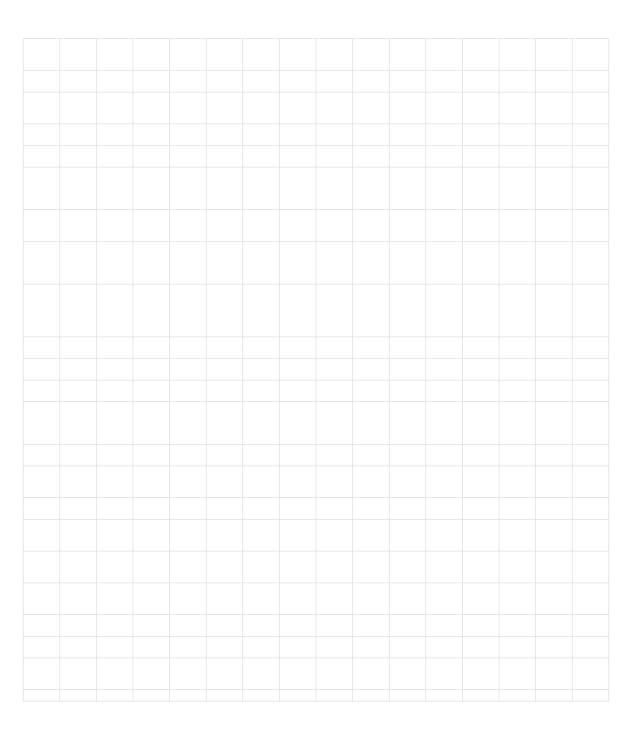
	4481 Ash Grove Drive Suite B Springfield, IL 62711 (Still			Adult Art Therapy Groups; Children's art therapy group- This group incorporates mindfulness exercises and art creation to support attendees' mental health. Zero art
Art Therapy Group	Waters Counseling) [P: (217) 773-5975]	Contact to register for groups	www.stillwaterstherapy.org/services	experience is necessary, just an open heart to what may be created.
West Side Christian Church-	2850 Cider Mill LN Springfield, IL 62702 (Upper Room; 2nd FLR)		www.wschurch.org/page/414?	12 Step Group welcomes anyone who is struggling with addiction or compulsive
12 Step Group	[P: (217) 793-2800]	Tuesdays- 6 PM	EventOccurrenceId=6	behaviors.
Phoenix Center Out East-	704 S Dirksen Pkwy Springfield, IL 62703 [Matt-		www.phoenixcenterspringfield.org/out-on-	Open meeting rooted in principles of all 12 Step programs, where all are welcome no
Recovery Meeting	P: (217) 441-1961]	Tuesdays- 6:30 PM	second-2/	matter where a person is in their journey
_	120 E Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd]		www.phoenixcenterspringfield.org/out-on-	A drug and alcohol free, safe space, for young adults (18-26 YO) to be themselves and
Group	Contact: andy.phoenixcenter@gmail.com [P: N/A]	2nd & 4th Mondays- 6 PM	second-2/	meet other young lgbtq+ folks. Snacks and coffee provided.
				This is a LGBTQ+ and allies 12-step recovery group. It is open to anyone struggling with alcohol, chemical, or process addictions. Process addictions are non-substance
	120 E Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd]		www.phoenixcenterspringfield.org/event/step-	addictions such as gambling, eating, spending, and sex, that are defined by a compulsion
Step into Recovery Group	Contact: outonsecond@gmail.com [P: N/A]	Thursdays 5:30 PM	into-recovery-group-2/2024-11-07/	to engage in a behavior.
, ,		i i		Offers a safe and supportive space for Igbtq+ neurodivergent individuals to socialize,
				discuss their unique challenges, and build skills for personal growth and mindfulness. ND
	120 E. Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd]		www.phoenixcenterspringfield.	can include: Autism Spectrum Disorder Attention Deficit Disorder Tourette's & Tic
Neurodiverse Group	Contact: outonsecond@gmail.com [P: N/A]	Second Tuesday of the month 5:30 pm	org/event/neurodiverse-group/2024-11-12/	Disorders Dyslexia Dyscalculia Synesthesia.
				A lesbian, gay, bisexual, transgender, questioning youth and allies support group.
				Individuals ages 13-17. The purpose of the group is to provide a safe environment to virtually meet people and make new friends and to learn about and discuss other issues
			www.phoenixcenterspringfield.org/event/lgbtq-	of interest. in person and zoom; Sign up on website prior to meeting to recieve Zoom
LGBTQ+ 'yOUTh Group'	109 East Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]	Fridays-6 PM	youth-group/2024-11-08/	link.
		To get more information on the group, including dates and	www.phoenixcenterspringfield.org/am-i-	The TranSupport Group is for individuals 18+ who are dealing with issues related to their
TranSupport Group- Phoenix Center	[Contact: kate.hubbard1010@gmail.com] [P: N/A]	times, please complete the application on the Website	transgender/	gender identity and the transition process
				The Bi-Sexual Group is for bi-sexual adults. The purpose of the group is to bring
	10	To get more information on the group, including dates and	www.phoenixcenterspringfield.org/bisexual-	individuals together to discuss issues, share services and information, and meet other
Bi+ Group	[Contact: dean@inspectedby12.com] [P: N/A]	times, please complete the application on the Website	group/	like-minded people.  The TransParent Group is a virtual support group for parents of children who identify as
				transgender and/or gender non-binary. In this group you will find other parents dealing
	Zoom- For Zoom link, Email: springfield.il@transparentusa.org [P:			with the same issues, questions, and struggles as well as those looking for ways to better
TransParent Group	N/A]	6:30-8 pm the first Monday of the month	www.phoenixcenterspringfield.org/groups/	support their child(ren) and to advocate on their behalf.
				Lincoln Land Down Syndrome Society is a support network for families residing in and
				around Sangamon County to promote awareness, acceptance, inclusion and education
				of people with Down syndrome. LLDSS holds regular monthly meetings in Springfield at
				which there are general discussions amongst group members regarding their particular
				life experiences and the activities in which they and their family are involved. We also
Lincoln Land Down Syndrome	One North Old State Capitol Plaza, Suite 501			present programs and provide speakers regarding subjects which are of particular interest to our members, as well as other families having a member with disabilities
Society	Springfield, IL 62701 [P: (217) 415-8716]	Contact to learn about scheduled monthly group	www.lldss.org	other than Down syndrome.
·		Divorce Care Group- 2xmonth Monday- 6:30 PM		
		Grief Care Group- Thursday-6 PM		
Care Groups at Hope Evangelical		Recovery Care Group- Contact: szenk@myhope.church for		Care groups offer help and support for specific concerns or needs; including divorce care
Free Church Of Springfield	3000 Lenhart Rd. Springfield, IL 62711	different group times	www.myhope.church/care-groups	group, grief care group, recovery care group
A celle Element	619 North Grand Ave East Springfield, IL 62703 (At		www.facebook.com/p/Intricate-Minds-	
April's Flowers	Intricate Minds) [P: (217) 670-3520]	The 3rd Sunday every month- 8 PM	61554189538298/	Support group for the children of people who use drugs and alcohol
Group Thorapy at Intricate Minds	619 North Grand Ave East Springfield, IL 62703 (At Intricate Minds) [B: (217) 670 2520]		waynetingurl com/intricato group	Wookly group thorapy corsion focused on gaparational trauma
Group Therapy at Intricate Minds	Intricate Minds) [P: (217) 670-3520]	Thursdays 7 PM [Pre-registration required]	www.tinyurl.com/intricate-group	Weekly group therapy session focused on generational trauma

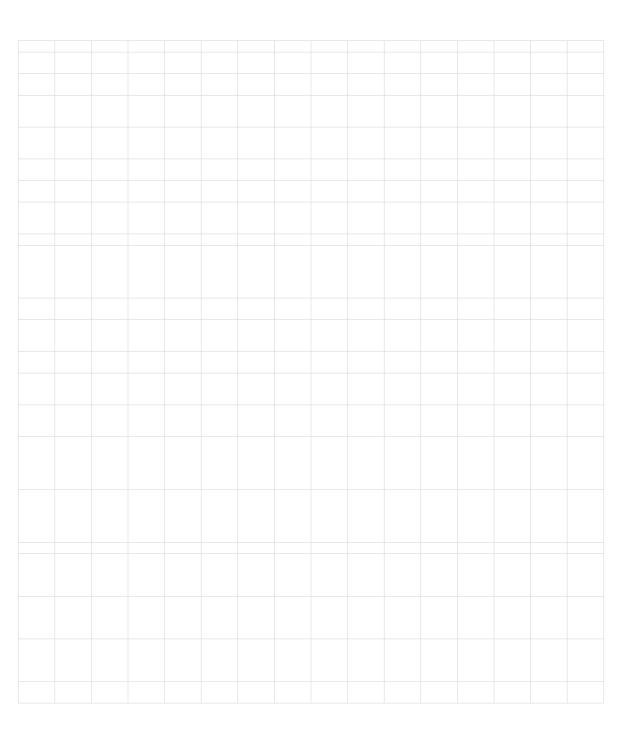


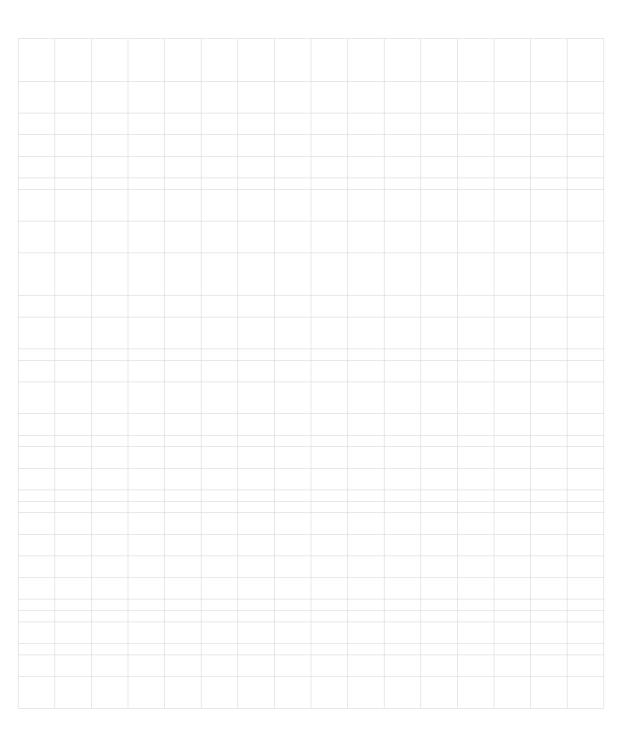




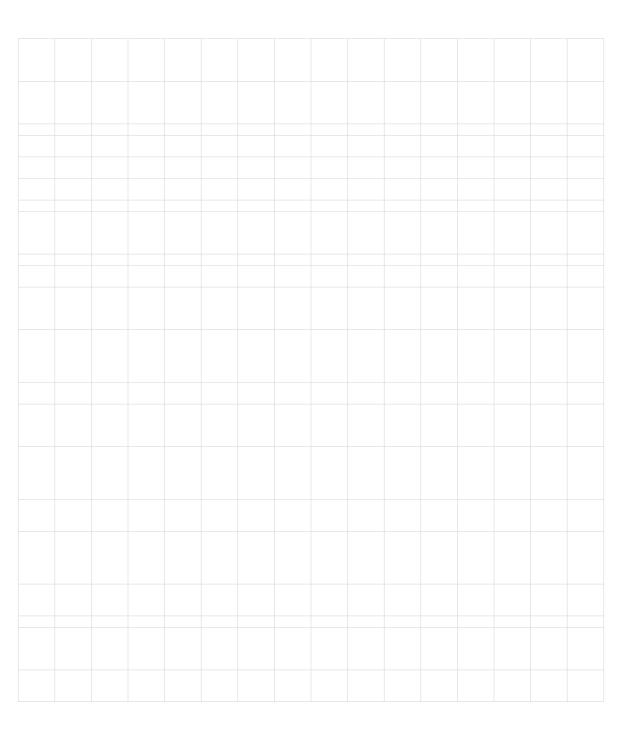




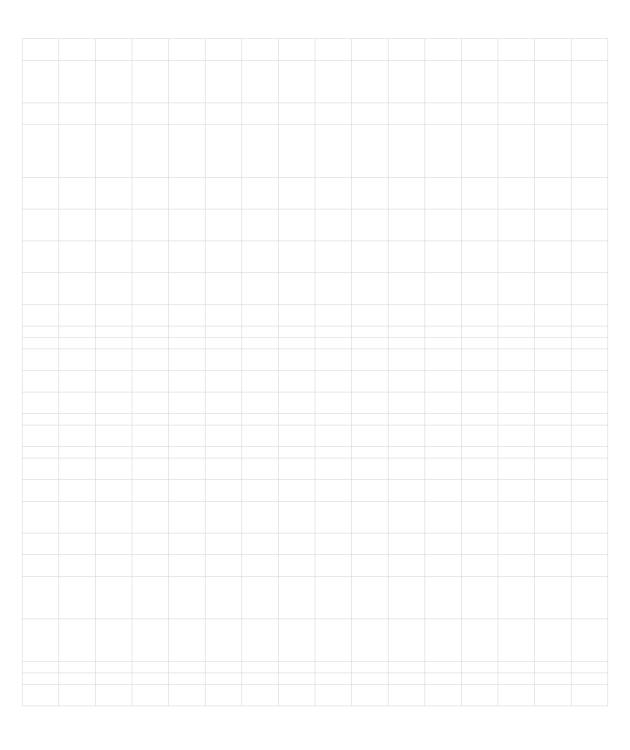


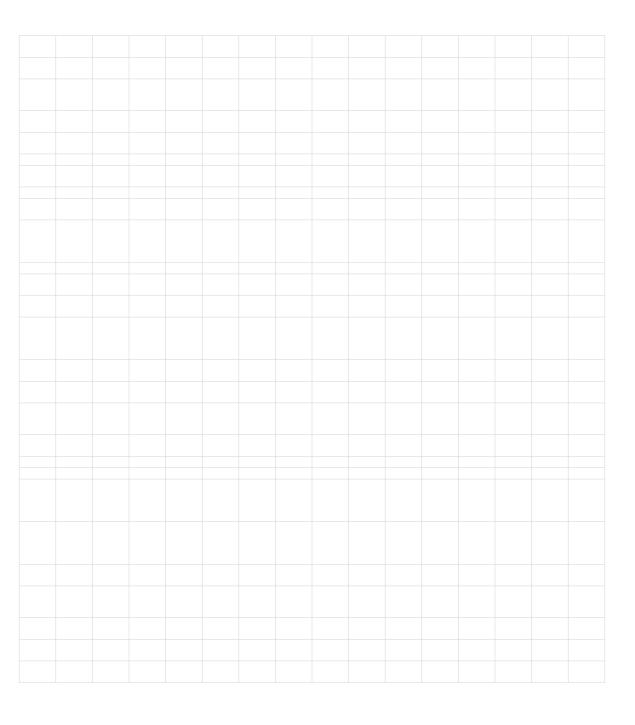


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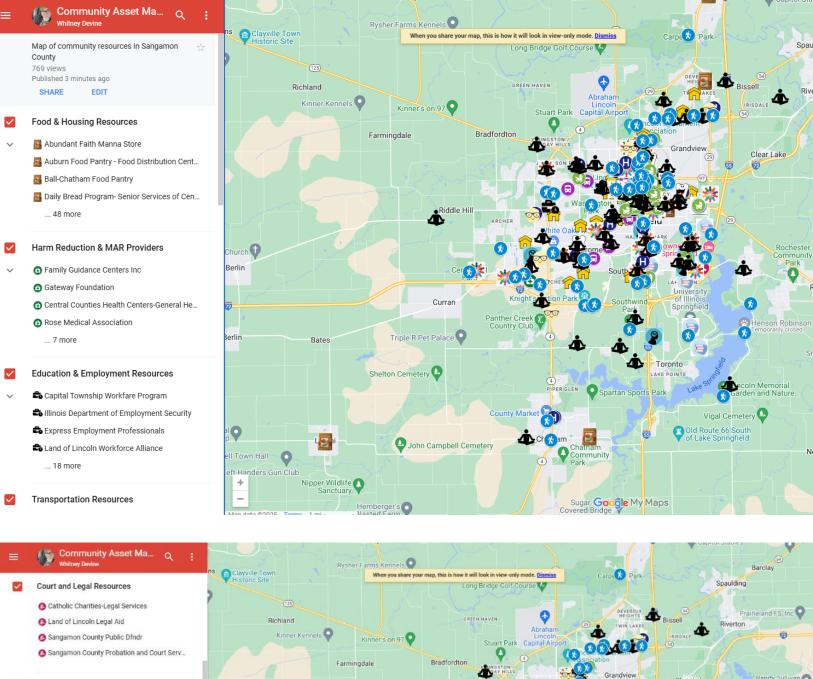


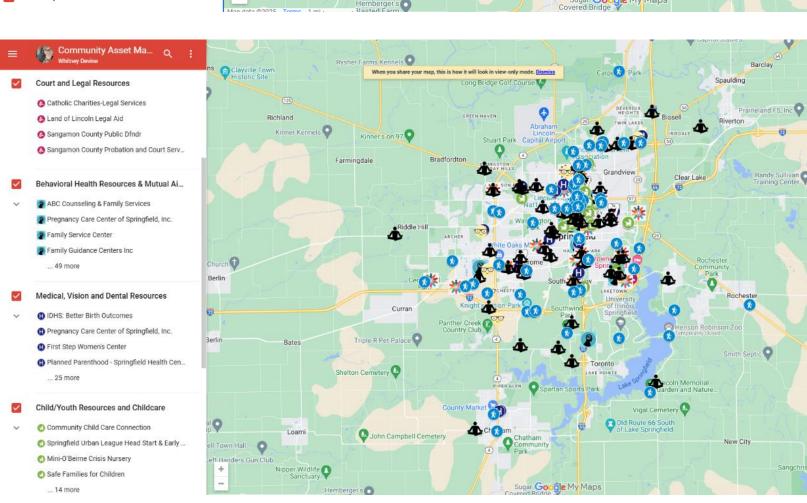
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ctivities, a	nd cultura	l events, co	mmunity s	service acti	vities					

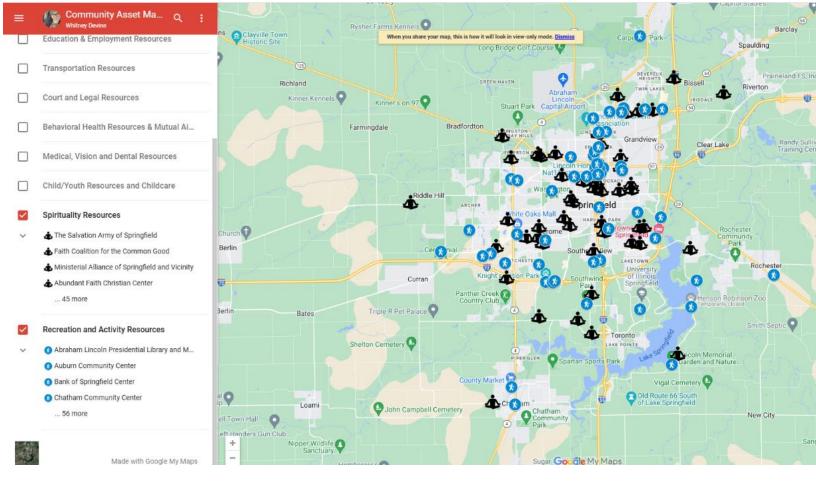












In addition to our Resource Guide, we have created in Interactive Live Google Map of Community resources with list of resource, description, location, hours, etc. These our screen grabs of the map.

## Here is a link to view the map in real time:

https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSkNQGjuriiXCkaAQA&usp=sharing