

Community Resource Guide Live Doc

RESOURCE	ORGANIZATION	ADDRESS & PHONE	HOURS OF OPERATION	WEBSITE	DESCRIPTION OF RESOURCES OFFERED	
FOOD	Abundant Faith Manna Store	301 W Reynolds Springfield, IL 62703 [P: (217) 585-4000]	Tuesday 4:30-6:30 PM	<a href="http://www.abundantfaith.org/manna-storehouse/">www.abundantfaith.org/manna-storehouse/</a>	Food Pantry for Community Members	
	Auburn, IL Food Pantry	165 E Washington St. Auburn, IL 62615 [P: (217) 971-7557]	Monday 12:30-2:30 PM	N/A	Food Pantry for Community Members	
	Ball Chatham Food Pantry	1835 E Walnut St. Chatham, IL 62629 [P: (217) 697-4663]	By Appointment Only	<a href="http://www.chathampresbyterian.com/food-pantry">www.chathampresbyterian.com/food-pantry</a>	Food Pantry for pre-approved community members; Phone intake required beforehand	
	Daily Bread Program for Seniors	701 W Mason Springfield, IL 62702 [P: (217) 528-4035 ext. 123]	M-F 8:00 AM-5:00 PM	<a href="http://www.centralilseniors.org/nutrition.htm">www.centralilseniors.org/nutrition.htm</a>	Home-delivered meals for individuals 60+years who are homebound & on a general diet	
	Divernon UMC Food Pantry	503 S 2nd St. Divernon, IL 62530 [P: (217) 628-3530]	M 5-7:00 PM (Winter 5-6:30 PM)	<a href="http://www.divernonunitedmethodistchurch.com">www.divernonunitedmethodistchurch.com</a>	Food Pantry for Community Members	
	Fifth Street Renaissance	1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	M-Thurs 9:00 AM-4:00 PM	<a href="http://www.fsr-sara.org">www.fsr-sara.org</a>	Micro Pantry for community. & Additional Pantry assisting needs of clients who are HIV+	
	Freedom in Holiness Mission	1430 S Loveland Ave. Springfield, IL 62703 [P: (217) 522-2527]	3rd Wed 10-11:30 AM/2nd & 4th Wed 2:30-3:30 PM	N/A	Food Pantry for Community Members	
	Good Shepherd Lutheran	500 S Sherman Blvd. Sherman, IL 62684 [P: (217) 496-3149]	By Appointment Only	<a href="https://www.gsslcms.org/">https://www.gsslcms.org/</a>	Food Pantry for Community Members	
	Grace Lutheran	714 East Capitol Ave. Springfield, IL 62701 [P: (217) 522-3965]	Mon, Tue, Thurs 11:00 AM-1:00 PM	<a href="http://www.gracelutheran-springfield.org/food-pantry">www.gracelutheran-springfield.org/food-pantry</a>	Food Pantry for Community Members	
	Holy Family Food Pantry	120 S 11th St. Springfield, IL 62703 [P: (217) 523-4551]	M,W,F 9-11:30 AM & 3rd Wed 2:30-5:00 PM	<a href="http://www.cc.dio.org/locations/springfield">www.cc.dio.org/locations/springfield</a>	Food Pantry for community members (located at Catholic Charities)	
	Illinois Hunger Coalition	[P: (800) 359-2163] Hotline	M-F 9:00 AM-5:00 PM	<a href="http://www.ilhunger.org">www.ilhunger.org</a>	Assistance applying for SNAP, ALL KIDS, MEDICAID, MEDICARE, TANF	
	Kumler Outreach Ministries	303 N Grand Ave East, Springfield, IL [P: (217) 523-2269]	M-F 9:00 AM-12:00 PM	<a href="http://www.kumlerministries.net/?page%20id=9">www.kumlerministries.net/?page%20id=9</a>	Food Pantry- Prior referral required from another social service agency	
	Loami Area Pantry	106 S Main St. Loami, IL 62661 [P: (217) 624-9900]	Wednesdays 5:00-7:00 PM	N/A	Food Pantry for Community Members	
	Meals on Wheels-Senior Services	701 W Mason Springfield, IL 62702 [P: (217) 528-4035 ext. 124]	M-F 11:15 AM-1:00 PM	<a href="http://www.centralilseniors.org/nutrition.htm">www.centralilseniors.org/nutrition.htm</a>	Home-delivered meals focused on physician prescribed, specialty dietary needs	
	Mini O'Beirne-Basic Needs Pantry	1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800] (Access to pantry at Nursery side door)	Daily, 8:00 AM-'Dark'	<a href="http://www.miniobeirne.org/services-4">www.miniobeirne.org/services-4</a>	Helps families with diapers, wipes, formula and other children's items	
	The Salvation Army	1600 E Clear Lake Ave. Springfield, IL 62703 [P: (217) 525-2196]	M, W, F 9:00 AM-3:00 PM	<a href="http://www.centralusa.salvationarmy.org/springfield/cure-hunger/">www.centralusa.salvationarmy.org/springfield/cure-hunger/</a>	Food Pantry for Community Members	
	Springfield Township	3298 Terminal Avenue, Springfield, IL [P: (217) 525-1464]	Monday-Thursday 8:00 AM-5:00 PM	<a href="http://www.springfield-township.com">www.springfield-township.com</a>	Food Referral letters; referrals to other Social Service Agencies	
	HOUSING	St John's Breadline	430 N 5th St. Springfield, IL 62702 [P: (217) 528-6098]	M-F 8-9 AM; 10:30 AM-1:30 PM Sat-Sun & Holidays 10:30 AM-1:30 PM	<a href="http://www.cc.dio.org/programs/st-johns-breadline">www.cc.dio.org/programs/st-johns-breadline</a>	Serves daily free, hot, and nutritious meals
		St Martin De Porres	1725 S Grand Ave E Springfield, IL [P: (217) 299-7921]	W, Thur, Sat. 9:00 AM-11:00 AM	<a href="http://www.stmartindeporres217.org">www.stmartindeporres217.org</a>	Provides free food to Community Members in Need
		WIC Office	2833 S Grand Ave E, Springfield, IL 62703 [P: (217) 535-3100]	Mon-Fri 8:00 AM-11:00 AM; 1:00-3:00 PM	<a href="http://www.dhs.state.il.us/page.aspx?item=30513%20">www.dhs.state.il.us/page.aspx?item=30513%20</a>	food assistance for Women, Infants, children, pregnant women and new mothers
Abundant Faith Supportive Services		2641 E Cook St, Springfield, IL 62703 [P: (217) 527-1006]	Mon-Fri 9:00 AM-5:00 PM	<a href="http://www.abundantfaith.org/supportive-services/">www.abundantfaith.org/supportive-services/</a>	Offering outreach, case management, and supportive housing units	
Heartland Housed Helpline		217-803-5235; or call 211	Mon-Fri 9:00-4:30 PM	<a href="https://www.heartlandhoused.org/resources/">https://www.heartlandhoused.org/resources/</a>	Assistance with navigating housing resources; and accessing Coordinated Entry programs	
Beerlahai Roi Women's Ministries		3128 Superior Dr. Springfield, IL 62707 [P: (217) 698-4194]	By Appointment Only	<a href="http://www.beerlahairoi.com">www.beerlahairoi.com</a>	Supportive housing for pregnant women 18 YO and older	
Contact Ministries		1100 E Adams St. Springfield, IL 62703 [P: (217) 753-3939]	Office: Mon-Thurs 9:00 AM-1:00 PM 5PM-8AM Shelter:	<a href="http://www.contactministries.com">www.contactministries.com</a>	Emergency (crisis) shelter for women and women w/children of all ages (up to age 17)	
Fifth Street Renaissance		1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	Mon-Fri 9:00 AM-4:00 PM	<a href="http://www.fsr-sara.org/adults">www.fsr-sara.org/adults</a>	Housing Advocacy, Case Management, Transitional, and Permanent Housing Programs	
Halfway Home		930 S 11th Street Springfield, IL 62703 [P: (773) 354-5094]	By Appointment Only	N/A	Transitional Housing	
Helping Hands of Springfield		2200 Shale St, Springfield, IL 62703 [P: (217) 522-0048]	Mon-Fri 8:30 AM-5:00 PM	<a href="http://www.helpinghandsofspringfield.org">www.helpinghandsofspringfield.org</a>	Housing Focused emergency shelter, Case management, rapid rehousing, payee program	
Inner City Mission		714 N 7th St, Springfield, IL 62702 [P: (217) 525-3940]	24/7	<a href="http://www.innercitymission.net">www.innercitymission.net</a>	Shelter for Families, Single women, Women with children, Single Men with children.	
Kalimba Houses-Aramis		829 South 4th St. Springfield, IL [P: Kenny (217) 441-5551]	N/A	<a href="http://www.kalimbahousecorp.com">www.kalimbahousecorp.com</a>	Sober Living House for Males	
Kalimba Houses- Ash		1210 E. Ash St. Springfield, IL [P: Kenny (217) 441-5551]	N/A	<a href="http://www.kalimbahousecorp.com">www.kalimbahousecorp.com</a>	Sober Living House for Males	
Pax- Kalimba		1936 S 5th St Springfield, IL [P: Charles (217) 679-5940]	N/A	<a href="http://www.kalimbahousecorp.com">www.kalimbahousecorp.com</a>	Sober Living House for Males	
Kalimba Houses- Renae		702 S English Springfield, IL [P: Taylor (217) 303-0598]	N/A	<a href="http://www.kalimbahousecorp.com">www.kalimbahousecorp.com</a>	Sober Living House for Women	
Kalimba Houses-Delphinia		1703 S 7th St Springfield, IL [P: Taylor (217) 303-0598]	N/A	<a href="http://www.kalimbahousecorp.com">www.kalimbahousecorp.com</a>	Sober Living House for Women	
Kalimba Houses-Azera		441 W Canedy St Springfield, IL [P: Taylor (217) 303-0598]	N/A	<a href="http://www.kalimbahousecorp.com">www.kalimbahousecorp.com</a>	Sober Living House for Women	
Satya- Oxford House INC		143 Exmore Dr Springfield, IL [P: (217) 371-7205]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Women	
Accord- Oxford House INC		2428 Cahokia Dr. Springfield, IL [P: Tehya (217) 685-6769]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Men	
Apollo 2- Oxford House INC		550 S State St. Springfield, IL [P: James (217) 303-1331]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Men	
Assiduum- Oxford House INC	1770 Chatham Rd, Springfield, IL 62704 [P: Shane (217) 352-3838]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Men		
Brookhills- Oxford House INC	3609 W Iles Ave [P: Taylor (217) 370-8465]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Women and Children		
Enos- Oxford House INC	1058 N 6th St Springfield, IL [P: Travis (217) 622-1701]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Males		
Nobleman- Oxford House INC	1809 Noble Ave Springfield, IL 62704 [P: Jeremy (217) 772-3126]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Males		
Panther Creek- Oxford House INC	3300 Ellendale Dr Springfield, IL [P: Tay (217) 991-2743]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Males		
Southern View-Oxford House INC	3325 S 1st St Springfield, IL [P: Freddy (217) 741-0391]	N/A	<a href="http://www.oxfordvacancies.com">www.oxfordvacancies.com</a>	Sober Living House for Males		
M.E.R.C.Y Communities, INC	1344 N 5th St, Springfield, IL 62702 [P: (217) 753-1358] [P: Charles; (217) 622-4437 (Men's House)]	Mon-Fri 8:30 AM-4:00 PM	<a href="http://www.mercycommunities.org">www.mercycommunities.org</a>	Housing for unhoused, or at-risk women with children, over the age of eighteen with one or more children.		
North End Clean Transitional Living	[P: Sally; (217) 622-3712 (Women's house)]	N/A	N/A	Sober Living Houses for Male and Females (Separate Houses)		
The Phoenix Center	109 E Lawrence Ave, Springfield, IL 62704 [P: (217) 528-5253]	Mon-Fri 8:30 AM-4:30 PM intake by appointment only	<a href="http://www.phoenixcenterspringfield.org/billys-house-transitional-housing/">www.phoenixcenterspringfield.org/billys-house-transitional-housing/</a>	Housing for unhoused individuals who are HIV+ & Housing for LGBTQ individuals		
Sojourn Shelter & Services INC.	1800 Westchester Blvd, Springfield, IL [P: (217) 726-5100]	24/7	N/A	Housing for Domestic Violence Survivors, Emergency Shelter, other Social Services		
Titus 212 Sober Living	1115 N. 5th St. Springfield, IL & 1210 N. 6th St. Springfield, IL [P: Mike (217) 816-4601 (Men's Houses)] 1712 S Whittier Springfield, IL [P: Christine (217) 717-5638] (Women's House)]	N/A	<a href="http://www.titus212soberliving.com">www.titus212soberliving.com</a>	Sober Living Houses for Male and Females (Separate Houses)		

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	Unity House-Sober Living	912 W Washington St, Springfield IL 1017 N. 1st St. Springfield, IL 814 N. 6th St Springfield, IL E. Ridgely Springfield, IL [P: Craig (217) 971-9294]	610	N/A	N/A	Sober Living Houses for Males
	Youth Service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]		Mon-Fri 8:00 AM-4:00 PM	<a href="http://www.ysbi.com">www.ysbi.com</a>	Unhoused Youth Program; Group Home; Community Apartments; Case Management
	Heartland Housed	Address N/A [P: (217) 801-9033]		N/A	<a href="http://www.heartlandhoused.org/">www.heartlandhoused.org/</a> <a href="http://www.sangamonil.gov/departments/s-z/treasurer/capital-township/general-assistance">www.sangamonil.gov/departments/s-z/treasurer/capital-township/general-assistance</a>	Heartland Continuum of Care serves as the primary HUD designated body designated to develop, coordinate, and implement long range plans meeting the needs of unhoused persons within the Heartland of our beloved Springfield, Illinois community. 9 Month Program providing temporary employment for jobless adults with no other income.
<b>Employment</b>	Capital Township Workfare Program	2833 South Grand Ave. E Springfield, IL [P: (217) 525-1736]		Mon-Fri 8:30 AM-4:30 PM		Administers state unemployment benefits, runs the employment service and Illinois Job Bank, and publishes labor market information.
	Illinois Dept of Employment Security	1300 S 9th St, Springfield, IL 62703 [P: (217) 558-0401]		Mon-Fri 8:30 AM-4:00 PM	<a href="http://www.ides.illinois.gov">www.ides.illinois.gov</a>	Employment firm helping job seekers find work with a wide variety of local businesses.
	Express Employment Professionals	3000 Professional Dr, Springfield, IL 62703 [P: (217) 528-3000]		Mon-Fri 7:30 AM-5:30 PM	<a href="http://www.expresspros.com/springfieldil/">www.expresspros.com/springfieldil/</a>	Training and education, career services, Internet job search opportunities, step-by-step resources, and other tools
	Land of Lincoln Workforce Alliance	1300 S 9th St, Springfield, IL 62703 [P: (217) 524-5996]		Mon-Fri 8:30 AM-5:00 PM	<a href="http://www.worknet20.org">www.worknet20.org</a>	Career training programs, classes, career certifications
	Lincoln Land Workforce Institute	5250 Shepherd Rd Springfield, IL 62703 [P: (217) 786-2292]		Mon-Fri 8:00 AM-5:00 PM	<a href="http://www.llcc.edu/get-training-enter-workforce">www.llcc.edu/get-training-enter-workforce</a>	Temporary and Permanent Staffing Agency
	Manpower	2719 W Monroe St Ste A, Springfield, IL 62704 [P: (217) 528-2323]		Mon-Fri 8:00 AM-5:00 PM	<a href="http://www.manpowerillinois.com">www.manpowerillinois.com</a> <a href="http://www.springfieldul.org/programs/workforce-development-training">www.springfieldul.org/programs/workforce-development-training</a>	Workforce Development and Training
	Springfield Urban League	100 N 11th St Springfield, IL 62703 [P: (217) 789-0830]		Mon-Fri 8:30 AM-5:00 PM		Non-profit org designed to give women in need unique and empowering employment and job training, enriching relationships, and housing.
	Wooden It Be Lovely	501 S Douglas Ave Springfield, IL 62704 [P: (217) 606-5307]		N/A	<a href="http://www.woodenitbelovely.love/about">www.woodenitbelovely.love/about</a>	VA Work Study Program
	Veteran's Assistance Commission	901 S 11th St, Springfield, IL 62703 [P: (217) 753-6680]		Mon-Thur 8:00 AM-12 PM & 1-5 PM AM-1:00 PM Friday: 8:00 AM-1:00 PM Wed: 10:00 AM-1:00 PM	<a href="http://www.myvac.org/information/va-work-study-program/">www.myvac.org/information/va-work-study-program/</a>	General Health Care and MAR services; Buprenorphine & Vivitrol
<b>MAR PROVIDERS</b>	Central Counties Health Centers	2239 E Cook St, Springfield, IL 62703 [P: (217) 788-2300]		Mon, Tue, Thurs, Fri 8 AM-5 PM AM-7 PM & Sat. 9 AM-1 PM	<a href="http://www.centralcounties.org">www.centralcounties.org</a>	MAR Services; Methadone, Buprenorphine, Vivitrol, Mobile MAR unit
	Family Guidance Centers INC	120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]		Mon-Fri 8:00 AM-4:30 PM	<a href="http://www.fgcinc.org/medication-assisted-treatment-mat/">www.fgcinc.org/medication-assisted-treatment-mat/</a>	MAR Services; Methadone, Buprenorphine, Vivitrol & Detox Unit
	Gateway Foundation	2323 Adlai Stevenson Dr, Springfield, IL 62703 Lake Victoria Dr, Springfield, IL 62703 (855) 586-3912 [P: (855) 496-1830]	2200 [P:	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM Mon-Sat 6:00 AM-11:00 AM	<a href="http://www.gatewayfoundation.org/programs-services/programs/medication-assisted-treatment-program/">www.gatewayfoundation.org/programs-services/programs/medication-assisted-treatment-program/</a>	MAR Services; Methadone and Buprenorphine
	Rose Medical Association Inc	3535 Mayflower Blvd Springfield, IL 62711 [P: (217) 670-0654]		Mon-Fri 5:30 AM-2:00 PM & Sat 7:00 AM-11:00 AM	<a href="http://www.rosemedical.org/">www.rosemedical.org/</a>	MAR Services; Methadone
	Medmark Treatment Centers	1227 S 9th St Springfield, IL 62703 [P: (217) 858-4340]		Mon-Fri 5:30 AM-2:00 PM & Sat 7:00 AM-11:00 AM	<a href="http://www.medmark.com/locations/illinois/springfield">www.medmark.com/locations/illinois/springfield</a> <a href="http://www.siumed.org/treatment/medication-assisted-recovery-mar">www.siumed.org/treatment/medication-assisted-recovery-mar</a>	MAR Services; Suboxone, Sublocade, Brixadi, Vivotrol
<b>HARM REDUCTION</b>	SIU Medicated Assisted Recovery	319 E. Madison St., Springfield, IL 62702 [P: (217) 545- 4781]		Mon-Fri 8:00 AM-4:30 PM		MAR Services, Distributes Naloxone + Xylazine and Fentanyl Testing Strips, condoms, etc
	Family Guidance Centers INC	120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]		Mon-Fri 8:00 AM-4:30 PM	<a href="http://www.fgcinc.org">www.fgcinc.org</a>	Detox Services, MAR services
	Gateway Foundation	2323 Adlai Stevenson Dr, Springfield, IL 62703 Lake Victoria Dr, Springfield, IL 62703 (855) 586-3912 [P: (855) 496-1830]	2200 [P:	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM	<a href="http://www.gatewayfoundation.org">www.gatewayfoundation.org</a>	Distributes Naloxone, Xylazine and Fentanyl Testing Strips, condoms, Safe syringe exchange, HIV and STD testing, PrEP, SHaRI Project
	Phoenix Center	109 E Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]		Office: M-F 8:30 AM-4:30 PM Syringe Exchange Hours: Mon-Thur 9:00 AM-4:30 PM	<a href="http://www.phoenixcenterspringfield.org">www.phoenixcenterspringfield.org</a> <a href="http://www.sangamonil.gov/departments/m-r/public-health/home">www.sangamonil.gov/departments/m-r/public-health/home</a>	STD testing, treatment, and education; PrEP, Pregnancy testing, Medication and Sharps disposal, Naloxone Distribution
	Sangamon County Health Dept	2833 S Grand Ave E Springfield, IL 62703 [P: (217) 535-3100]		M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM		STD and HIV testing + education, Naloxone distribution, overdose education, syringe exchange, condoms distribution, mobile testing services, other harm reduction supplies
	Fifth Street Renaissance	1315 N 5th St, Springfield, IL 62702 [P: (217) 544-5040]		Monday-Thursday 9:00 AM-4:00 PM	<a href="http://www.fsr-sara.org">www.fsr-sara.org</a> <a href="http://www.facebook.com/p/Intricate-Minds-61554189538298/">www.facebook.com/p/Intricate-Minds-61554189538298/</a> <a href="http://www.siumed.org/treatment/medication-assisted-recovery-mar">www.siumed.org/treatment/medication-assisted-recovery-mar</a>	Clean Syringe supply, period products, condom distribution, pregnancy testing, Plan B, and Sexual Health classes, HIV and HEP C testing, covid tests
	Intricate Minds	619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]		Monday-Thursday 12-8 PM		MAR Services; Suboxone, Sublocade, Brixadi, Vivotrol, Daily Support Groups, individual therapy, EMDR Trauma Therapy
	SIU MAR SERVICES	319 E. Madison St., Springfield, IL 62702 [P: (217) 545- 4781]		Mon-Friday 8 AM-4:30 PM	<a href="http://www.plannedparenthood.org/health-center/illinois/springfield/62702/springfield-health-center-3284-90430?utm_campaign=springfield-health-center&amp;utm_medium=organic&amp;utm_source=local-listing">www.plannedparenthood.org/health-center/illinois/springfield/62702/springfield-health-center-3284-90430?utm_campaign=springfield-health-center&amp;utm_medium=organic&amp;utm_source=local-listing</a>	Sexual education, pregnancy testing, Birth Control, STD testing, emergency contraception, abortion services, HIV services
<b>Counseling/ Behavioral Health</b>	Planned Parenthood	601 N. Bruns, Springfield, IL 62702 [P: (217) 546-1060]		Mon & Tue 8 AM-4 PM; Wed 10 AM-5 PM; AM-6 PM; Fri 8 Am-1 PM	Thurs 10	Sexual Abuse counseling for youth, Adoption Service provider, resources for unplanned pregnancies, education for parents and community members.
	ABC Counseling & Family Services	2160 S 6th St, Springfield, IL 62703 [P: (217) 528-9820]		Mon-Thur 8 AM-5 PM; Friday- 8 AM-1 PM	<a href="http://www.abccounseling.org">www.abccounseling.org</a>	

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	Pregnancy Care Center of Springfield Family Service Center	700 N 7th St B, Springfield, IL 62702 [P: (217) 525-5630] 919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]	Tue-Thurs 9 AM-4:30 PM Mon-Fri 9 AM-4 PM		<a href="http://www.springfieldpregnancycare.org">www.springfieldpregnancycare.org</a> <a href="http://www.service2families.com">www.service2families.com</a>	Counseling services for pregnant women and expecting Fathers; Support for parenting, adoption, Post-Partum depression, relationship issues, and grief support for infant loss. Counseling Services & adoption and Fostering services					
	Family Guidance Centers INC	120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703	Mon-Fri 8 AM-4:30 PM		<a href="http://www.fgcinc.org">www.fgcinc.org</a>	Inpatient and outpatient SUD Counseling					
	Gateway Foundation	2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830]	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM		<a href="http://www.gatewayfoundation.org/locations/springfield/?utm_source=google&amp;utm_medium=organic&amp;utm_campaign=GMB_Springfield">www.gatewayfoundation.org/locations/springfield/?utm_source=google&amp;utm_medium=organic&amp;utm_campaign=GMB_Springfield</a>	Addiction Therapy Services					
	Lutheran Child and Family Services	400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631]	Mon-Fri 8:30 AM-4:30 PM		<a href="http://www.lcfs.org/program/counseling/">www.lcfs.org/program/counseling/</a>	Counseling Services for children, parent, families in child welfare					
	Memorial Behavioral Health Center	710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070]	Mon-Fri 8:30 AM-5:00 PM Crisis Response 24/7	Mobile	<a href="http://www.memorial.health/medical-services/behavioral-health/">www.memorial.health/medical-services/behavioral-health/</a>	Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team					
	Prairie Center Against Sexual Assault	3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560]	Mon-Fri 9:00 AM-6:00 PM		<a href="http://www.prairiecasa.org">www.prairiecasa.org</a>	Counseling Services for survivors of sexual abuse; Adult and children					
	SIU Survivor Recovery Center	401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815]	Mon-Fri 8:30 AM-4:30 PM		<a href="http://www.siumed.org/buildings/walnut-building/survivor-recovery-center?utm_source=gmb&amp;utm_medium=Yext">www.siumed.org/buildings/walnut-building/survivor-recovery-center?utm_source=gmb&amp;utm_medium=Yext</a>	Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,					
	Pure Haven Family Resource Center	215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]	Mon-Wed 1-4 PM; Thursday 1-5 PM		<a href="http://www.purehaven.org">www.purehaven.org</a>	Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy					
	Living Hope Counseling Center	2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]	Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM		<a href="http://www.livinghopecounselingcenter.org">www.livinghopecounselingcenter.org</a>	Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling					
	Youth Service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	Mon-Fri 8 AM-4:00 PM		<a href="http://www.ysbi.com">www.ysbi.com</a>	For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter					
	Lincoln Prairie Behavioral Center	5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180]	Open 24/7		<a href="http://www.lincolnpairiebhc.com">www.lincolnpairiebhc.com</a>	Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling					
	SIU Child and Adolescent Psychiatry	319 E Madison St Floor 2, Springfield, IL 62702 217-545-8000 [P: ]	Mon-Fri 8:00 AM-4:30 PM		<a href="http://www.siumed.org/buildings/centrum-building/siu-child-adolescent-psychiatry?utm_source=gmb&amp;utm_medium=Yext">www.siumed.org/buildings/centrum-building/siu-child-adolescent-psychiatry?utm_source=gmb&amp;utm_medium=Yext</a>	Child Psychiatry and Behavioral Health Services					
	SIU Adult Psychiatry	319 E Madison St Springfield, IL 62702 3rd Floor (217) 545-8000 [P: ]	Mon-Fri 8:00 AM-4:30 PM		<a href="http://www.siumed.org/buildings/centrum-building/siu-psychiatry">www.siumed.org/buildings/centrum-building/siu-psychiatry</a>	Adult Psychiatric Services					
	Intricate Minds	619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]	Mon-Thurs 12:00 PM-8:00 PM		<a href="http://www.facebook.com/p/Intricate-Minds-61554189538298/">www.facebook.com/p/Intricate-Minds-61554189538298/</a>	Mutual Aid support groups; free individual and group therapy					
	Behavioral Health Center of Illinois	1220 S 7th St, Springfield, IL 62703 [P: (217) 679-5379]	Mon-Fri 9:00 AM-5:00 PM		<a href="http://www.behavioralhealth.center">www.behavioralhealth.center</a>	Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services					
	Memorial Specialty Care Psychiatry & Behavioral Health	3225 Hedley Rd Springfield, IL 62711 [P: (217) 726-7300]	Mon-Fri 8 AM-4:30 PM		<a href="http://www.memorial.health/memorial-specialty-care-psychiatry-behavioral-health-clinic/overview/">www.memorial.health/memorial-specialty-care-psychiatry-behavioral-health-clinic/overview/</a>	Counseling services, Psychiatry services, case management, crisis intervention					
<b>Court and legal Services</b>	Catholic Charities Legal Services	120 S 11th St Springfield, IL 62703 [P: (217) 523-4551]	Mon-Fri 9 AM-4 PM		<a href="http://www.cc.dio.org/programs/catholic-charities-legal-services">www.cc.dio.org/programs/catholic-charities-legal-services</a>	Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listening ear to all who come seeking help.					
	Land of Lincoln Legal Aid	3085 Adlai Stevenson Dr Ste. 202, Springfield, IL 62703 (217) 529-8400 [P: ]	Mon-Fri 9 AM-12 PM; 1:00-5:00 PM		<a href="http://www.lincolnlegal.org">www.lincolnlegal.org</a>	free legal aid to families and individuals in need					
	Sangamon County Public Defender	200 S 9th St # 301B, Springfield, IL 62701 [P: (217) 753-6699]	Mon-Fri 8:30 AM-4:30 PM		<a href="http://www.sangamonil.gov/departments/m-r/public-defender">www.sangamonil.gov/departments/m-r/public-defender</a>	Free legal representation in criminal and related proceedings					
	Sangamon County Court Services Legal Advice and Referral Center	200 S 9th St #38, Springfield, IL 62701 [P: (217) 753-6780] Address N/A (Hotline) [P: (877) 342-7891]	Mon-Fri 8:00 AM-4:30 PM Mon-Thurs 9:00 AM-4:00 PM; Friday 9 AM-1:30 PM		<a href="http://www.sangamonil.gov/departments/m-r/probation-and-court-services">www.sangamonil.gov/departments/m-r/probation-and-court-services</a> <a href="http://www.lincolnlegal.org/contact-us/">www.lincolnlegal.org/contact-us/</a>	Probation and court services, Administration, Adult Services, Juvenile Services, and Detention Services. Hotline to assist individuals with applying for legal services					
	Eviction & Fresh Start Project	Address N/A (Hotline) [P: (855) 601-9474]	Mon-Fri 9:00 AM-4:00 PM		<a href="http://www.lincolnlegal.org/contact-us/">www.lincolnlegal.org/contact-us/</a>	Hotline to assist individuals with applying for legal services related to eviction					
	IL Court Help- Legal Aid Self Help Center	Address N/A (Hotline and Website) [P: (833) 411-1121]	Hotline Hours: Mon-Fri 8:30 AM-3:00 PM		<a href="http://www.ilcourthelp.gov/hc/en-us">www.ilcourthelp.gov/hc/en-us</a>	Court guides connecting individuals with local legal aid					
<b>Clothing &amp; Furniture Resources</b>	Contact Ministries-Basement Boutique	1100 E Adams St, Springfield, IL 62703 [P: (217) 753-3939] EXT 10	Boutique: [Wednesday 9 am-12 pm *Appointment only.] Mon-Thurs 9 AM-1:00 Red Carts items outside		<a href="http://www.contactministries.com/basement-boutique/">www.contactministries.com/basement-boutique/</a>	Basement boutique- Supplying women in need with gently used clothing, bedding, towels, household items, baby items and small appliances. & Free item giveaway outside in red carts on designated days					
	Fifth Street Renaissance	1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	Wednesdays 9 AM-1 PM; clothing only		<a href="http://www.fsr-sara.org/programs-and-services">www.fsr-sara.org/programs-and-services</a>	Provides clothing and household items to clients in need. 1 visit per month-per client					
	Freedom in Holiness Mission	1430 S Loveland Ave. Springfield, IL 62703 [P: (217) 522-2527]	2nd & 4th Sat of the month 7 AM-2 PM		N/A	Womens clothing resale					
	Goodwill	2531 N Dirksen Parkway Springfield, IL [P: (217) 679-7845] 2001 Wabash Ave Springfield, IL [P: (217) 220-1036] 75 West Plummer Blvd, Chatham, IL 62629 [P: (217) 220-9431]	For Wabash and West Plummer location: Mon-Sat 9 AM-9 PM & Sunday 11 AM-7 PM N Dirksen location: Mon-Sat 10 AM-7 PM Sunday 10 AM-6 PM		<a href="http://www.llgi.org">www.llgi.org</a>	Thrift Store selling clothing, housewares, small appliances, furniture, holiday and seasonal items, books, toys, etc.					
	Habitat for Humanity ReStore	2744 S 6th St Springfield, IL 62703 [P: (217) 523-2710]	Tue-Fri 10 AM-6 PM & Sat 10 AM-5 PM		<a href="http://www.habitatsangamon.com">www.habitatsangamon.com</a>	Store selling affordable new and used housewares, furniture, building supplies, small and large appliances, flooring, home decor, outdoor tools, windows and doors, household fixtures, etc					

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	Harvest Park Baptist Church Community Center Clothing Closet	2401 s 9th St Springfield, IL 62703 [P: (217) 522-6202]	Sunday 10:30 AM–12 PM	<a href="http://www.harvardparkbaptist.com/community-center/">www.harvardparkbaptist.com/community-center/</a>	gently used clothing, supplied to men, women and children in need
	Hope Thrift Store	1800 S Dirksen Pkwy, Springfield, IL 62703 [P: (217) 527-8414]	Mon-Fri 10 AM-6 PM & Sat 10 AM-5 PM	<a href="http://www.hopethriftcenter.org">www.hopethriftcenter.org</a>	Thrift store selling affordable gently used clothing, household items, furniture
	Salvation Army Thrift Store	1762 W Wabash Ave Springfield, IL 62704 [P: (217) 546-1218]	Mon-Sat 9 AM-8:00 PM	<a href="https://satruck.org/">https://satruck.org/</a>	Thrift store selling furniture, clothing, household goods, and appliances
	Springfield Urban League	100 N 11th St Springfield, IL 62703 [P: (217) 789-0830]	Mon-Fri 8:30 AM-5:00 PM	<a href="http://www.springfieldul.org">www.springfieldul.org</a>	Provide clothes for careers to individuals in need
	Washington Street Mission	408 N 4th St Springfield, IL 62702 [P: (217) 544-9011]	Tues and Thursdays 7:30-10:30 AM & 12:30-4 PM	<a href="http://www.washingtonstreetmission.org">www.washingtonstreetmission.org</a>	free, gently used clothing for adults
	Hangers of Hope	<a href="https://www.facebook.com/people/Hangers-of-Hope/100089592169888/?mibextid=ZbWKwL">179 E Jackson St, Virden, IL 62690 [P: (217) 381-9431]</a>	Tues, Wed, Fri, Sat 10:00 AM-6:00 PM	<a href="https://www.facebook.com/people/Hangers-of-Hope/100089592169888/?mibextid=ZbWKwL">www.facebook.com/people/Hangers-of-Hope/100089592169888/?mibextid=ZbWKwL</a>	Providing free gently used clothing and household items to community members in need
	Cornerstone Clothing Connection	215 W VanBuren, Auburn, IL, 62615 [P: (217) 438-4073]	Rotating Hours; Call or visit website for current hours	<a href="https://www.facebook.com/p/Cornerstone-Clothing-Connection-100066691617344/">www.facebook.com/p/Cornerstone-Clothing-Connection-100066691617344/</a>	Free clothing and shoes for individuals in need
	Intricate Minds	619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]	Monday-Thursday 12-8 PM	<a href="https://www.facebook.com/p/Intricate-Minds-61554189538298/">www.facebook.com/p/Intricate-Minds-61554189538298/</a>	Supplying clothing and shoes, haircuts, hair kits and hygiene kits to individuals in need
<b>Medical, Vision &amp; Dental Care</b>	Access to Care for Enos and Pillsbury Neighborhoods	Address- N/A (Jim Medley Community Health Worker) (217) 666-4851 [P: N/A]	N/A	N/A	Access to Care Collaborative in Enos and Pillsbury neighborhoods
	IDHS: Better Birth Outcomes	2833 South Grand Ave East Springfield, IL 62703 (217) 535-3102 [P: (217) 535-3102]	Mon 8:30-6 PM; Tues-Friday 8:30 AM-3:45 PM	<a href="http://www.dhs.state.il.us/page.aspx?item=118798">www.dhs.state.il.us/page.aspx?item=118798</a>	IDHS program providing case management, provides prenatal health education to pregnant women, linkage/enrollment in WIC, home visits, referrals for medical transport
	Pregnancy Care Center	700 N 7th St B, Springfield, IL 62702 [P: (217) 525-5630]	Tues-Thurs 9:00 AM-4:30 PM	<a href="http://www.springfieldpregnancycare.org">www.springfieldpregnancycare.org</a>	Early prenatal care/ OBGYN
	First Step Woman's Center	215 S Grand Ave W Suite A, Springfield, IL 62704 [P: (217) 523-0100]	Mon 9 AM-4:30 PM, Wed 11 AM-5:30 PM, 9 AM-4:30 PM	Thurs <a href="http://www.firststepwomenscenter.org">www.firststepwomenscenter.org</a>	Pregnancy testing, OB ultrasounds, STI testing, Sexual Health education
	Planned Parenthood-Springfield Health Center	601 N. Bruns, Springfield, IL 62702 [P: (217) 546-1060]	Mon & Tues 8 AM-4 PM, Wed 10 AM-5 PM, 10 AM-6 PM, Fri 8 AM-1 PM	Thurs <a href="http://www.plannedparenthood.org/health-center/illinois/springfield/62702/springfield-health-center-3284-90430?utm_campaign=springfield-health-center&amp;utm_medium=organic&amp;utm_source=local-listing">www.plannedparenthood.org/health-center/illinois/springfield/62702/springfield-health-center-3284-90430?utm_campaign=springfield-health-center&amp;utm_medium=organic&amp;utm_source=local-listing</a>	Reproductive Health, Pregnancy Testing and planning, HIV services, STD testing and treatment, Prenatal and Postpartum Services, vaccines, wellness and preventative care, mental health care, birth control, abortion services
	Central Counties Health Centers	2239 E Cook St, Springfield, IL 62703 [P: (217) 788-2300]	Mon, Tues, Thurs, Fri 8 AM-5 PM; Wed 10 AM-7 PM; 9 AM-1 PM	Sat <a href="http://www.centralcounties.org">www.centralcounties.org</a>	School/ Sports Physicals, Well child exams, Child Immunizations, chronic disease management, acute illness care, lab services, pharmacy services, telehealth, dental services, behavioral health
	SIU Medicine Outpatient Clinics	751 N Rutledge St, Springfield, IL 62702 [P: (217) 545-8000]	Mon-Fri 8 AM-4:30 PM	<a href="http://www.siumed.org">www.siumed.org</a>	General Medical Care and Speciality Clinics
	Family Medicine Outpatient Clinic	520 N 4th St, Springfield, IL 62702 [P: (217) 545-8000]	Mon-Fri 8 AM-5 PM	<a href="http://www.siumed.org/family-medicine-springfield?utm_source=gmb&amp;utm_medium=Yext">www.siumed.org/family-medicine-springfield?utm_source=gmb&amp;utm_medium=Yext</a>	General Medical Care and Speciality Clinics
	HSHS Medical Group Priority Care	1836 S MacArthur Blvd Springfield, IL 62704 [P: (217) 789-1403]	Mon-Sun 8 AM-8 PM	<a href="http://www.hshs.org/medical-group/hshs-medical-group-occupational-health-wellness-springfield">www.hshs.org/medical-group/hshs-medical-group-occupational-health-wellness-springfield</a>	Walk in urgent care
	HSHS Medical Group Family Health	125 E Plummer Blvd., Suite A, Chatham, IL 62629 (217) 483-3333 [P: (217) 483-3333]	Mon-Fri 7:30 AM-5:00 PM	<a href="http://www.hshs.org/medical-group/hshs-medical-group-family-health-chatham">www.hshs.org/medical-group/hshs-medical-group-family-health-chatham</a>	General Medical Care
	Memorial Care Urgent Care on South Sixth	2950 S 6th St, Springfield, IL 62703 [P: (217) 588-2600]	Daily 8 AM-8:00 PM	<a href="http://www.memorial.health/medical-services/urgent-care/">www.memorial.health/medical-services/urgent-care/</a>	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc
	Memorial Care Urgent Care in Chatham	101 E. Plummer Blvd. Chatham, IL 62629 [P: (217) 588-2600]	Daily 8 AM-8:00 PM	<a href="http://www.memorial.health/memorial-care-urgent-care-in-chatham/overview/">www.memorial.health/memorial-care-urgent-care-in-chatham/overview/</a>	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc
	Memorial Care Urgent Care on Koke Mill	3132 Old Jacksonville Rd Springfield, IL 62704 (217) 588-2600 [P: (217) 588-2600]	Daily 8 AM-8:00 PM	<a href="http://www.memorial.health/memorial-care-urgent-care-on-koke-mill/overview/">www.memorial.health/memorial-care-urgent-care-on-koke-mill/overview/</a>	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc
	Memorial Care Urgent Care on N. Dirksen	3220 Atlanta St, Springfield, IL 62707 [P: (217) 588-2600]	Daily 8 AM-8:00 PM	<a href="http://www.memorial.health/memorial-care-north-dirksen-urgent-care/overview?y_source=1_MjM0MDExOTEtNzE1LWxvY2F0aW9uLndlYnNpdGU%3D">www.memorial.health/memorial-care-north-dirksen-urgent-care/overview?y_source=1_MjM0MDExOTEtNzE1LWxvY2F0aW9uLndlYnNpdGU%3D</a>	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc
	Nurse Family Partnership- SIU	401 N walnut Springfield, IL 62794 [P: (217) 545-0175]	Mon-Fri 8 AM-4:30 PM	<a href="http://www.siumed.edu/communitycare/nurse-family-partnership">www.siumed.edu/communitycare/nurse-family-partnership</a>	Free service for women who are pregnant with their first baby. Connects women to a registered nurse who will provide support, advice and information about healthy pregnancy and parenting.
	Healthy Families Illinois	2833 South Grand Ave East Springfield, IL 62703 (217) 535-3102] Ext 3770 [P: (217) 535-3102]	M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	Monday-Thursday 9 a.m. to 4:30 p.m. or <a href="http://www.sangamonil.gov/departments/m-r/public-health/health-services#9712">www.sangamonil.gov/departments/m-r/public-health/health-services#9712</a>	Free home visiting program for eligible first and second time parents. Giving parents the tools and resources to create healthy, nurturing environments for their children.
	Phoenix Center	109 E Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]	by appointment	<a href="http://www.phoenixcenterspringfield.org/free-testing/">www.phoenixcenterspringfield.org/free-testing/</a>	HIV/STD Testing
	Safe Haven Hospice	1999 Wabash Ave Ste 202 Springfield, IL 62704 [P: (855) 879-4096]	24/7	N/A	Provides end-of-life services in the home
	Fifth Street Renaissance	1315 N 5th St, Springfield, IL 62702 [P: (217) 544-5040]	Monday-Thursday 9:00 AM-4:00 PM	<a href="http://www.fsr-sara.org/programs-and-services">www.fsr-sara.org/programs-and-services</a>	HIV/STD Testing and Health Education
	DHS Family Community Resource Center in Sangamon County	600 E Ash St, Building 500, 1st Floor Springfield, IL 62703 [P: (217) 782-0400]	Mon-Friday 8:30 AM-4:30 PM	<a href="http://www.illinois.gov">www.illinois.gov</a>	Early intervention assessments for developmental delays, family case management, medical education to pregnant women, coordination of health and social services
	Sangamon County Dept of Public Health	2833 South Grand Ave East Springfield, IL 62703 (217) 535-3102 [P: (217) 535-3102]	M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	<a href="http://www.sangamonil.gov/departments/m-r/public-health/home">www.sangamonil.gov/departments/m-r/public-health/home</a>	STD testing, STD education, vaccines, treatment of STD's, Walk in Clinic, immunizations, school/sports and pre-employment physicals, flu shots, pregnancy testing, TB testing, Walk in Flu clinic, Breast feeding support, WIC, Free mammograms and gynecology services for underinsured women, etc.

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	Access Dental and Orthodontics	2633 Chatham Rd, Springfield, IL 62704 [P: (217) 971-3432]	Mon-Fri 9 AM-5:00 PM		<a href="http://www.accessdentalclinics.com/locations/illinois/springfield-il-on-chatham-rd/">www.accessdentalclinics.com/locations/illinois/springfield-il-on-chatham-rd/</a>	Affordable cosmetic dentist in Springfield IL accepts most major insurance plans, including PPO, DPO, Medicaid, and Medicare + payment plans				
	Familia Dental	802 N 9th St, Springfield, IL 62702 [P: (217) 679-2896]	Mon-Fri 9 AM-6 PM; Sat 9 AM-4 PM		<a href="http://www.familiadental.com/locations/illinois/springfield/">www.familiadental.com/locations/illinois/springfield/</a>	Dental Care provider accepting Medicaid, Private Insurance, and Payment Plans				
	Vision Care Associates	2741 Prairie Crossing Dr, Springfield, IL 62711 [P: (217) 800-272-7393] 121 N Grand Ave W, Springfield, IL 62702 [P: (217) 528-3233]	Mon-Thurs 7 AM-6 PM; Friday 9 AM-5 PM; (Prairie Crossing Location only) 8 AM-12 PM	Sat	<a href="http://www.vision-care.com/home">www.vision-care.com/home</a>	Eye Exams & vision care accepting most private insurances				
	Bard Optical	3055 Wabash Ave, Springfield, IL 62704 [P: (217) 393-8534]; 2409 N Dirksen Pkwy, Springfield, IL 62702 [P: (217) 393-8609]	Mon-Fri 9 AM-6 PM; Sat 9 AM-1 PM		<a href="http://www.bardoptical.com">www.bardoptical.com</a>	Eye Exams & vision care, accepting Medicare, Medicaid, and most private insurances, Contacts and Eyeglasses provider				
	Gailey Eye Clinic	1401 S Koke Mill Rd, Springfield, IL 62711 [P: (217) 529-3937]	Mon-Fri 8 AM-5 PM; Sat of the month 8:30 AM-12 PM	1st	<a href="http://www.gaileyeclinic.com">www.gaileyeclinic.com</a>	Eye Exams & vision care accepting Medicare and most private insurances				
	Vision Center (Located in Walmart)	3401 Freedom Dr, Springfield, IL 62704 [P: (217) 793-2020]	Mon-Fri 9 AM-7 PM; Sat 9 AM-6 PM		<a href="http://www.walmart.com/cp/vision-centers/1078944?pvod=OMNISRV_D_i_GLOBAL_Nav_ServicesNav_VC_1078944_SuperDepartment_VisionCenter_VisionHome_1332399668">www.walmart.com/cp/vision-centers/1078944?pvod=OMNISRV_D_i_GLOBAL_Nav_ServicesNav_VC_1078944_SuperDepartment_VisionCenter_VisionHome_1332399668</a>	Eye Exams, Eyeglasses and Contacts provider. Accepts Molina, Kids Connect, IL Partnership cards, and most major insurances.				
<b>Transportation</b>	Access Sangamon	928 S. Ninth St Springfield, IL 62703 [P: (217) 522-8594]	Mon-Fri 6:15 AM-12 AM; Sat 6:15 AM-6 PM on holidays]	[Closed	<a href="http://www.smt.org/accessapp">www.smt.org/accessapp</a>	Paratransit service transportation for persons with disabilities who are unable to use the SMTD fixed-route bus service. Individuals with disabilities must apply to become eligible to use the service				
	R Squared Transport	1700 S. Spring St. Springfield, IL 62704 [P: (217) 525-9069, (217) 891-4238, or (217) 622-9073 (evenings and weekends)]	N/A		<a href="http://www.easyaccessspringfield.org/visitor-info/Getting-Around/#:~:text=Access%20Springfield%20SMTD%20928%20S.%20Ninth%20St.%20Springfield,%20IL%2062703">www.easyaccessspringfield.org/visitor-info/Getting-Around/#:~:text=Access%20Springfield%20SMTD%20928%20S.%20Ninth%20St.%20Springfield,%20IL%2062703</a>	Wheelchair accessible vans and mini-vans that will accommodate either 1 or 2 passengers in wheelchairs and 3 in seats. Requests to be made 24 hr in advance; cash or check payment only.				
	Senior Services of Central Illinois-Senior Transport	701 W Mason St, Springfield, IL 62702 [P: (217) 528-4035] EXT 128	Mon-Fri 7:30 AM-4:30 PM		<a href="http://www.centralillinois.org/transportation.htm">www.centralillinois.org/transportation.htm</a>	Transportation for individuals 60 years of age and over, as well as individuals 18 and over with a disability, living in Sangamon County. Vehicles are wheelchair accessible; Transportation is provided to rural county participants on a weekly basis. Suggested Donation of \$2.50/one way ride for individuals 60+, and a required fee of \$2.50 for individuals under the age of 60 with a disability.				
	Aetna Transportation	320 W. Washington St Springfield, IL 62767 [P: 1-866-212-2851]	Mon-Sat 8 AM-6 PM		<a href="http://www.aetnabetterhealth.com/illinois/members/icp/transportation">www.aetnabetterhealth.com/illinois/members/icp/transportation</a>	Rides to health care visits or to the pharmacy; to be requested 3 days prior to appointment				
	American Cancer Society	687 E Linton, Springfield, IL, 62703 [P: (217) 523-4503; 1(800) 227-2345]	Mon-Fri 8:30 AM-5 PM		<a href="http://www.cancer.org/support-programs-and-services/road-to-recovery.html">www.cancer.org/support-programs-and-services/road-to-recovery.html</a>	Transportation for individuals with Cancer; Patients must be traveling to a cancer-related medical appointment				
	Amtrak	100 N Third St, Springfield, IL 62701 [P: (800) 872-7245]	Daily 8 AM-10:00 PM		<a href="http://www.amtrak.com/stations/spi">www.amtrak.com/stations/spi</a>	Train Station/Travel via train; Discounted tickets for seniors, students, passengers with disabilities, veterans, active military and their immediate family, children, etc				
	Angel Flight Central	10 Richards Rd. Kansas City, MO 64116 [P: (866) 569-9464]	Mon-Fri 8:30am-4:00pm		<a href="http://www.angelflightcentral.org/about-us#:~:text=Every%20year,%20Angel%20Flight%20Central%20(AFC)%20volunteer%20pilots%20and%20supporters">www.angelflightcentral.org/about-us#:~:text=Every%20year,%20Angel%20Flight%20Central%20(AFC)%20volunteer%20pilots%20and%20supporters</a>	Free flights throughout the Midwest for families who need access to specialized health care, camps for special needs, disaster response efforts, and other compassionate reasons				
	AgeLinc- Area Agency on Aging for Lincolnland	2731 S MacArthur Blvd, Springfield, IL 62704 [P: (217) 787-9234]	Mon-Fri 8 AM-12 PM; 1-4 PM		<a href="http://www.agelinc.org">www.agelinc.org</a>	Senior transportation assistance. (For individuals 60 YO and older)				
	Blue Cross Blue Shield of IL- ModivCare	3405 Liberty Dr, Springfield, IL 62704 [P: 1-877-831-3148]	Mon-Fri 8 AM-6 PM		<a href="http://www.bcbsil.com/bcchp/benefits-and-coverage/transportation-services">www.bcbsil.com/bcchp/benefits-and-coverage/transportation-services</a>	Blue Cross Community Health Plans (BCCHP) offers members free transportation for medical needs. i.e free rides to and from doctor's office, a health care facility, pharmacy, or BCCHP-sponsored event.				
	Central Illinois HIV Care Connect-SIU Medicine	410 N Walnut St Springfield il, 62794 [P: 217-545-7683]	Mon-Fri 8-4:30 PM		<a href="http://www.hivcareconnect.com/region-3-central-illinois/">www.hivcareconnect.com/region-3-central-illinois/</a>	Provides Client mileage reimbursement program for those traveling to appointments related to care				
	Transdev (Formerly First Transit)	Helpline [P: 1-877-725-0569]	N/A		<a href="http://www.hfs.illinois.gov/medicalclients/medicaltransportationnonemergency.html">www.hfs.illinois.gov/medicalclients/medicaltransportationnonemergency.html</a>	Medical transportation helpline for medicaid recipients not enrolled in a Managed Care Organization				
	HSHS St John's Caregiver Interfaith Volunteer Services	800 E. Carpenter St. Springfield, IL 62769 [P: (217) 757-6621]	N/A		<a href="http://www.hshs.org/st-johns/services/caregiver-interfaith-volunteer-services-(civs)">www.hshs.org/st-johns/services/caregiver-interfaith-volunteer-services-(civs)</a>	Providing transportation to and from medical appointments for existing care-receivers - free of charge to older adults (60 years of age and older) in Springfield, Chatham, Rochester and Sherman regardless of income; Call to schedule ride 3 days in advance				
	Greyhound Bus Stop	111 S 11th St, Springfield, IL 62703 [P: (800) 231-2222]	24/7		<a href="http://www.greyhound.com/bus/springfield-il/springfield-smt-transfer-center?utm_source=google_maps&amp;utm_medium=organic">www.greyhound.com/bus/springfield-il/springfield-smt-transfer-center?utm_source=google_maps&amp;utm_medium=organic</a>	Affordable bus travel				
	Lifeline Pilots	[P: (800) 822-7972]	Mon-Fri 9 AM-4:30 PM		<a href="http://www.facebook.com/lifelinepilotsusa">www.facebook.com/lifelinepilotsusa</a>	Free flights in the Midwest for medical needs; Must have a financial or medical need for assistance				
	Meridian Healthcare-Transportation Services	[P: 866-796-1165]	Mon-Fri 8 AM-5 PM		<a href="http://www.mmp.ilmeridian.com">www.mmp.ilmeridian.com</a>	Provides non emergent transportation to Dr's appointments, pharmacies, WIC offices; also offers gas reimbursement				
	Molina Healthcare- Transportation Services	[P: (844) 644-6354]	Mon-Fri 8 AM-5 PM		<a href="http://www.molinahealthcare.com/members/il/en-us/hp/medicaid/overvw/coverd/services/transport.aspx">www.molinahealthcare.com/members/il/en-us/hp/medicaid/overvw/coverd/services/transport.aspx</a>	Non emergent medical transportation. Transport to Dr's appointments, medical facilities, pharmacies, WIC office, therapy; Schedule transportation 72 Hrs in advance				
	Lincoln Yellow Cab Inc	1530 Wabash Ave, Springfield, IL 62704 [P: (217) 698-4498]	24/7		N/A	Local Taxi Service				

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	Sangamon Mass Transit District	928 S 9th St, Springfield, IL 62703 [P: (217) 522-5531]	Office Hours: Mon-Fri 8 AM-4:30 PM	<a href="http://www.smt.d.org">www.smt.d.org</a>	Local Bus Lines in Springfield il
	Sangamon Menard Area Regional Transit (SMART)	1800 E. Adams Springfield, IL 62702 [P: (217) 679-5009]	Mon-Fri 7:30 AM-4 PM	<a href="http://www.sangamonil.gov/departments/s-z/smart">www.sangamonil.gov/departments/s-z/smart</a>	Safe, reliable and cost effective Rural Public Transportation; one end of the trip, origin or destination must be in the rural area
<b>Education</b>	Fishes and Loaves Vocational and Literacy Center	3519 Sheffield Road, Springfield, IL 62703 [P: (217) 529-3333]	N/A	<a href="http://www.fishesnloaves.org">www.fishesnloaves.org</a>	Offers multiple adult literacy programs & on site Certified Nursing Assistant Program
	Garvey Tubman Cultural Arts and Research Center	1319 S 13th St, Springfield, IL 62703 [P: (217) 816-0820]	Tues-Fri 11 AM-4 PM	<a href="https://www.facebook.com/people/Garvey-Tubman-Cultural-Arts-Research-Center/100063273247895/">www.facebook.com/people/Garvey-Tubman-Cultural-Arts-Research-Center/100063273247895/</a>	Provides facilitated instruction with professional artist and music classes to assist supporting emerging artist's minds. Empowering creativity, showcasing, prepare for marketing, and sales. We accept applications for students ages 5-13
	Lincoln Land Community College	5250 Shepherd Rd, Springfield, IL 62703 [P: (217) 786-2200; (217) 786-2785]	Mon-Fri 8 AM-5 PM	<a href="http://www.llcc.edu">www.llcc.edu</a>	Local community college offering 'on-campus' and online courses crediting towards college degrees, adult education and literacy, Trades and Workforce Career Training; Certificates and degrees; different payment options- financial aid, scholarships
	Compass for Kids	1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]	Mon-Fri 9 AM-4 PM	<a href="http://www.compassforkids.org">www.compassforkids.org</a>	After-school and summer programs-providing resources, academic and social-emotional support to underserved children in Springfield Public Schools
	Sangamon County Regional Office of Education	2201 S. Dirksen Pkwy Springfield, IL 62703 [P: (217) 753-6620]	Mon-Fri 8 AM-4:30 PM	<a href="http://www.sangamonil.gov/departments/m-r/regional-office-of-education">www.sangamonil.gov/departments/m-r/regional-office-of-education</a>	GED Testing Program, Work permits, Teacher's certificates, Health/Life safety inspections, Truancy case workers
	Sangamon County Dept of Community Resources	2833 S Grand Ave E, Springfield, IL 62703 [P: (217) 535-3120]	Mon-Fri 8 AM-4:30 PM	<a href="http://www.sangamonil.gov/departments/a-c/community-resources">www.sangamonil.gov/departments/a-c/community-resources</a>	Illinois Worknet Training Center, job training, assistance for displaced workers and job training through the Workforce Investment Act; referrals that promote economic stability and/or self-motivation. Assist with GED Test Vouchers
	Land of Lincoln Workforce Alliance	1300 S 9th St, Springfield, IL 62703 [P: (217) 524-5996]	Mon-Fri 8:30 AM-5:00 PM	<a href="http://www.worknet20.org">www.worknet20.org</a>	Funding for job training for dislocated workers; or individuals with low income
	Lincoln's Challenge Academy	100 N 11th St, Springfield, IL 62703 [P: (217) 528-7875]	Mon-Fri 8 AM-5 PM	<a href="http://www.lincolnschallenge.org/the-academy/">www.lincolnschallenge.org/the-academy/</a>	Military school for at risk youth; Tuition at no cost-The Academy combines classroom instruction, service to community, life skills, job skills, computer literacy, physical training, and challenging individual and team activities into one unique experience; Highschool diplomas, GED class, CPR training, Computer classes, food handler certificate, nutrition classes
	Habitat for Humanity-Homeownership class	2744 S 6th St, Springfield, IL [P: 217-523-2710]	Classes at varying times; call for times	<a href="http://www.habitatsangamon.com/homeownership">www.habitatsangamon.com/homeownership</a>	Home Ownership Program Informational Sessions/education; home ownership opportunities to families who are unable to obtain conventional house financing
	Lincoln Library	326 S. 7th Street Springfield, IL 62701 [P: (217) 753-4900]	Mon-Wed 10 AM-8 PM; Thurs-Sat 10 AM-5 PM; 1-5 PM (Open sundays Oct-April)	Sun <a href="http://www.lincolnlibrary.info">www.lincolnlibrary.info</a>	Extensive collection of literature; Brainfuse program- virtual live tutoring, a 24-hour writing assignment review, study groups; Research resources, homeschooling resources, parent and educator resources, educational events
	Springfield Park District	2500 S 11th St Springfield, IL 62703 [P: (217) 544-1751]	Mon-Fri 8 AM-4:30 PM (Administrative Office)	<a href="http://www.springfieldparks.org/activities-and-events/program-activity-overview/">www.springfieldparks.org/activities-and-events/program-activity-overview/</a>	Educational and Recreational Programs/Classes
	Springfield Urban League	100 N 11th St Springfield, IL 62703 [P: (217) 789-0830]	Mon-Fri 8:30 AM-5:00 PM	<a href="http://www.springfieldul.org/programs-training">www.springfieldul.org/programs-training</a>	Community Technology Training Center, Community Health Training Center, Early and Head Start Programs- academic, social, mental, health, and nutritional education to children of low income families. Robotics program for youth.
	University of Illinois Springfield	One University Plaza, Springfield, IL 62703 [P: (217) 206-6600]	Mon-Fri 8:00 AM-5:00 PM	<a href="http://www.uis.edu">www.uis.edu</a>	Public local university; applications available for financial aid programs and scholarships to pay for courses; on-campus and online courses; Bachelors, Undergraduate, Master's Degree, and Graduate Certificate Programs
	Parents As Teachers	3063 Fiat Ave Springfield, IL 62703 [P: (217) 525-3315]	N/A	<a href="http://www.sps186.org/page/parents-as-teachers/">www.sps186.org/page/parents-as-teachers/</a>	FREE parent education program in the Springfield Public School District for prenatal families and families with children ages 0-3; Program increases parent knowledge of early childhood development and improve parent practices, Provide early detection of developmental delays and health issues of children, Prevent child abuse and neglect, Increase children's school readiness and success.
	Sylvan Learning of Springfield	2735 S 6th St, Springfield, IL 62703 [P: (217) 280-8963]	Mon-Thurs 10 AM-8 PM; & Sat 9 AM-1 PM; Sunday 12-3 PM	Fri <a href="http://www.sylvanlearning.com/locations/us/il/springfield-tutoring/springfield/?utm_source=google&amp;utm_medium=local&amp;utm_campaign=localmaps&amp;utm_content=3204">www.sylvanlearning.com/locations/us/il/springfield-tutoring/springfield/?utm_source=google&amp;utm_medium=local&amp;utm_campaign=localmaps&amp;utm_content=3204</a>	Personalized tutoring services, homework support, Test preparation, Teaching study skills, academic camps; Payment plans available
<b>Child Care</b>	Community Child Care Connection	2801 W Lawrence Ave, Springfield, IL 62704 [P: (217) 525-2805]	Mon 8 AM-4 PM; Wed 8 AM-12 PM; Fri 8 AM-4 PM	<a href="http://www.4childcare.org">www.4childcare.org</a>	Child Care Assistance Program; assists low-income families with child care payments
	Springfield Urban League- Early Head Start & Head Start	770 E Apple Orchard Rd Springfield, IL 62703 [P: (217) 528-0899]; 1108 E Cook St. Springfield, IL 62703 [P: (217) 528-0893]	Mon-Fri 8:30 AM-5 PM	<a href="http://www.springfieldul.org/program/head-start">www.springfieldul.org/program/head-start</a>	Early Head Start (EHS) Program- academic, social, mental, health, and nutritional education program for children (0-3 years of age) and their families of low income; Center base or home base program. Head Start program- low income preschool children (3-5 yrs of age)
	Mini O Beirne Crisis Nursery	1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]	24/7	<a href="http://www.miniobeirne.org">www.miniobeirne.org</a>	Crisis childcare; Stress breaks-for recovery after medical care, death in the family, and personal time for parents; Childcare in case of temporary loss of regular child care, childcare for persons affected by domestic violence or being unhoused, Childcare for court and medical appointments
	Safe Families for Children	700 North 7th St, Suite A Springfield, IL 62702 [P: (217) 953-1141]	N/A	<a href="http://www.springfield.safe-families.org">www.springfield.safe-families.org</a>	Safe Families for Children hosts vulnerable children Keep children safe during a family crisis such as homelessness, hospitalization, or domestic violence in an effort to prevent child abuse and/or neglect. Reunite families and reduce the number of children entering the child welfare system. Alternative to foster care, where appropriate.
	Home Day Care Providers Association	914 S 5th St, Springfield, IL 62703 [P: (217) 788-1959]	Mon-Fri 9 AM-6 PM	<a href="http://www.springfieldhomedaycares.wordpress.com">www.springfieldhomedaycares.wordpress.com</a>	Professional association of licensed home and group home day care providers

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	Springfield Urban League-Wee Grow Before and After Care Program	1108 East Cook St Springfield, IL 62703 [P: (217) 528-0893]	Mon-Fri 6:45am-8:45am; 3:30pm -5:30pm	<a href="http://www.springfieldul.org/programs/wee-grow">www.springfieldul.org/programs/wee-grow</a>	Wrap around program for working parents or who are enrolled in school. Provides care before and after Head Start /Early Head Start hours and is open throughout the summer, when traditional Head Start is not in session. Financial Assistance Available for qualifying individuals				
Recreation	Abraham Lincoln Presidential Library and Museum	212 N 6th St, Springfield, IL 62701 [P: (217) 558-8844]	Daily 9 AM-5 PM	<a href="http://www.presidentlincoln.illinois.gov">www.presidentlincoln.illinois.gov</a>	Museum about President Abraham Lincoln and The Civil War. Immersive displays, historical artifacts, immersive experiential theater, Holavision® theater, theatre shows and productions, gift shop, research library, Illinois gallery.				
	Auburn Community Center	118 N 5th St Auburn, IL 62615; [P: (217) 438-6151] Ext 2304	Monday-Friday from 7:30 a.m. to 4:00 p.m.	<a href="http://www.auburnillinois.us/our-community">www.auburnillinois.us/our-community</a>	available to rent for special occasions, such as baby or bridal showers, family gatherings, birthday parties, and group meetings				
	Bank of Springfield Center	1, Convention Center Plaza, Springfield, IL 62701 [P: (217) 788-8800]	Office Mon-Fri 9 AM-4:30 PM	<a href="http://www.theboscenter.com">www.theboscenter.com</a>	Convention center and event arena; conferences, trade shows, circuses, sporting events, concerts				
	Chatham Community Center	109 W Mulberry St, Chatham, IL 62629 [P: (217) 483-2488]	N/A	<a href="http://www.chathamil.gov/business/chatham-community-center">www.chathamil.gov/business/chatham-community-center</a>	Available to rent for special occasions, such as baby or bridal showers, family gatherings, birthday parties, and group meetings; Game Room and Gym also available				
	Caritas Bingo Hall Association	909 E Converse St, Springfield, IL 62702 [P: (217) 523-3021]	Tues-Sat 4-9 PM; Sunday 10 AM-3 PM	<a href="http://www.facebook.com/CaritasBingoHall/">www.facebook.com/CaritasBingoHall/</a>	Bingo Hall; Cafeteria available				
	Eisenhower Aquatic Center	2351 E Cornell Ave, Springfield, IL 62703 [P: (217) 525-8847]	Office Hours: Mon-Fri 8am - 4pm	<a href="http://www.springfieldparks.org/locations/42/eisenhower-indoor-pool/springfield/facility-details#tabs4tab1">www.springfieldparks.org/locations/42/eisenhower-indoor-pool/springfield/facility-details#tabs4tab1</a>	Heated indoor swimming pools, swimming lessons, aerobic classes, host birthday parties				
	FitClub	3631 S 6th St Springfield, IL [P: (217) 787-8348]; 2811 W Lawrence Ave [P: (217) 787-1111]; 2701 E Sangamon Ave [P: (217) 788-8250]	24/7	<a href="http://www.fitclub.net">www.fitclub.net</a>	Gym; Fitness Classes, Group and Personal Training, Free Childcare during workouts, free-weights, cardio equipment, Pool and Aqua classes, Nutritional Counseling, Parkinson's Group personal Training, Free trials offered				
	YMCA of Springfield	601 N 4th St Springfield, IL 62702 [P: (217) 544-9846]; 4550 W Iles Ave Springfield, IL 62711 [P: (217) 679-1625]	4th St location hours: Mon-Thurs 5 AM-8 PM, 5 AM-7 PM, Sat 7 AM-4 PM, Sun 1-5 PM Location Hours: Mon-Thurs 5 AM-8 PM, AM-7 PM, Sat 7 AM-4 PM, Sun 8 AM-12 PM	<a href="http://www.springfieldymca.org">www.springfieldymca.org</a>	Gym; fitness classes, personal training, Free childcare during workouts, Swimming Lessons, Swim team, Sports, Kids Summer camp, Scholarship programs for membership				
	Planet Fitness	1756 Wabash Ave Springfield, IL 62704 [P: (217) 546-4910] 1879 E Sangamon Ave Springfield, IL 62702 [P: (217) 408-4878]	Mon-Thurs open 24 hours; Fri 12 AM-10 PM; 7 AM-7 PM; Sunday 7 AM-12 AM	<a href="http://www.planetfitness.com">www.planetfitness.com</a>	Gym with low cost gym memberships, fitness classes, fitness trainers available, variety of equipment				
	Lincoln Library	326 S 7th St, Springfield, IL 62701 [P: (217) 753-4900]	Mon-Wed 10 AM-8 PM; Thurs-Sat 10 AM-5 PM	<a href="http://www.lincolnlibrary.info">www.lincolnlibrary.info</a>	Borrow books, movies, games, electronics, musical instruments with library card; meeting room rental available, wifi and mobile hotspots, book clubs, crafting events, educational events/classes,				
	Pure Performance Fitness Center	320 S 4th St, Springfield, IL 62701 [P: (217) 891-0691]	24/7	<a href="http://www.pureperformancefitnesscenter.com">www.pureperformancefitnesscenter.com</a>	Gym; Personalized fitness plan, small group coaching, personal trainers				
	Rochester Public Library & Community Center	1 Community Dr, Rochester, IL 62563 [P: (217) 498-8454]	Mon-Thurs 10 AM-7 PM; Fri 10 AM-5 PM; Sat 10 AM-4 PM	<a href="http://www.rochesterlibrary.org">www.rochesterlibrary.org</a>	Book Borrowing, book clubs, social events, craft classes, technology classes, "Story Time" for kids, Knitting and Crochet groups, and more				
	Springfield Art Association/ Edwards Place Historical Home	700 North 4th Street Springfield, IL 62702 [P: (217) 523-2631]	Mon-Fri 9 AM-5 PM; Sat 10 AM-3 PM	<a href="http://www.springfieldart.org/about.html">www.springfieldart.org/about.html</a>	Community Based Non-profit that promotes and supports visual arts; open studio, art galleries, art camps, art classes, art outreach, school workshops, events and festivals, space rental, community events				
	The Salvation Army Community Center	1600 Clear Lake Ave., Springfield, IL 62703 [P: (217) 525-2196]	Daily 8 AM-9 PM	<a href="http://www.facebook.com/TheSalvationArmyGym/">www.facebook.com/TheSalvationArmyGym/</a>	Sports leagues and events				
	Springfield Civic Garden Club	Meeting Address: 533 S Walnut St Springfield, IL 62704 [P: N/A]	Scheduled monthly meetings and events; see Website	<a href="http://www.scgc-il.org">www.scgc-il.org</a>	Local Garden Club				
	Springfield Park District	2500 S 11th St, Springfield, IL 62703 [P: (217) 544-1751]	Mon-Fri 8 AM-4:30 PM	<a href="http://www.springfieldparks.org">www.springfieldparks.org</a>	Municipal Government Agency over several local public parks; provides accessible, memorable recreational opportunities that enrich the community				
	Springfield Racquet and Fitness Center	3725 Chatham Rd, Springfield, IL 62704 [P: (217) 787-2460]	Mon-Thurs 6 AM-10 PM; Fri 6 AM-9 PM; & Sun 7 AM-7 PM	<a href="http://www.springfieldracquetandfitness.com">www.springfieldracquetandfitness.com</a>	Full service indoor tennis, pickleball, and fitness facility				
	The Pharmacy Gallery and Art Space	623 E Adams St, Springfield, IL 62701 [P: N/A]	Friday and Saturday 12-6 PM	<a href="http://www.pharmacygallery.com">www.pharmacygallery.com</a>	Art and Music events; Art gallery				
	The Recreation and Athletic Center	Richard Wright Dr, Springfield, IL 62703 [P: (217) 206-7103]	Mon-Thurs 7 AM-11 PM; Fri 7 AM-9 PM; 10 AM-9 PM; Sun 1-9 PM	<a href="http://www.uis.edu/campusrec/facilities/recreation-and-athletic-center-trac">www.uis.edu/campusrec/facilities/recreation-and-athletic-center-trac</a>	Indoor sports, general fitness areas, free weights, multipurpose room, racquet ball and Squash courts, Arena, Golf simulator; Must be UIS student or TRAC member				
	Skyzone	3454 Liberty Dr, Springfield, IL 62704 [P: (217) 331-6600]	Tues/Thurs 12-8 PM; Fri 12-10 PM; Sat 9 AM-10 PM; 11 AM-6 PM	<a href="http://www.skyzone.com/springfieldil/">www.skyzone.com/springfieldil/</a>	Indoor trampoline Park				
	Bounce Tag	3720 Hollis Dr, Springfield, IL 62711 [P: (217) 288-4386]	Tue/Wed 4-8 PM; Thurs 10 AM-8 PM; Fri 1-9 PM; 10 AM-9 PM	<a href="http://www.bouncetag.com">www.bouncetag.com</a>	Family entertainment center; Bounce Houses, Laser Tag, Arcade, Indoor Playpark, Food indoor themepark; rides, Go Karts, bowling, arcade games, laser tag, Golf, bounce houses				
	Malibu Jacks	2501 Wabash Ave, Springfield, IL 62704 [P: (217) 280-4787]	Mon-Thurs 11 AM-9 PM; Fri/Sat 11 AM-11 PM; Sun 12-9 PM	<a href="http://www.malibujackspringfield.com">www.malibujackspringfield.com</a>	Children's Museum				
	Kidzeum of Health and Science	412 E Adams St, Springfield, IL 62701 [P: (217) 679-2123]	Wed, Sat, Sun 9 AM-4 PM	<a href="http://www.kidzeum.org">www.kidzeum.org</a>	Vinyl Record store; Arcade; Concert/Show venue with local and touring bands/artists				
	Dumb Records	418 E Monroe St, Springfield, IL 62701 [P: (217) 691-8991]	Daily 10 AM-7 PM	<a href="http://www.dumbrecs.com">www.dumbrecs.com</a>	Mocktail bar (exclusively non-alcoholic drinks) with public events. Trivia nights, Crafting and paint nights.				
	The Wakery	5 W Old State Capitol Plaza, Springfield, IL 62701 [P: 217-670-2354]	See website for scheduled events	<a href="http://www.springfieldwakery.com">www.springfieldwakery.com</a>	Public Art Studio- Crafting areas, Assistance available to help with art projects				
	Dabble Springfield	1704 E Sangamon Ave, Springfield, IL 62702 [P: (217) 687-1904]	Wed-Sun 12-7 PM	<a href="http://www.64340b5842755.site123.me">www.64340b5842755.site123.me</a>	Guide to Festivals, Restaurants, activities, Farmers Markets, Holiday events, and concerts happening in Downtown Springfield, IL				
	Downtown Springfield Inc	3 W Old State Capitol Plaza, Springfield IL 62701 [P: (217) 544-1723]	N/A	<a href="http://www.downtownspringfield.org">www.downtownspringfield.org</a>	Seasonal, Free, family-friendly outdoor Concert Series; kids activities, Live Music and Food trucks				
	Levitt Amp Springfield Music Series	(Y-block near the Governor's Mansion) between 4th and 5th streets and Capitol Avenue; Downtown Springfield, IL [P: (217) 544-1723]	Thursday evenings [Summer only]	<a href="http://www.heritagefoundationspi.org/levitt-amp-springfield">www.heritagefoundationspi.org/levitt-amp-springfield</a>					

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Illinois State Museum	502 S Spring St, Springfield, IL 62706 [P: (217) 782-7386]		Mon-Sat 9 AM-4:30 PM; Sun 12-4:30 PM	<a href="http://www.illinoisstatemuseum.org">www.illinoisstatemuseum.org</a>	Local museum; exhibitions and public programs that tell the story of the land, life, people, and art of Illinois.
Washington Park	1501 S Grand Ave W, Springfield, IL 62704 [P: (217) 544-1751]		Daily 6 AM-10 PM	<a href="http://www.springfieldparks.org/locations/40/washington-park/springfield/location-details">www.springfieldparks.org/locations/40/washington-park/springfield/location-details</a>	Local public park. Includes walking paths, botanical garden, wooded areas with off-road trails, tennis courts, playgrounds, pavilions, and Carillon
Henson Robinson Zoo	1100 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 585-1821]		Daily 10 AM-5 PM	<a href="http://www.springfieldparks.org/locations/3/henson-robinson-zoo/springfield/facility-details">www.springfieldparks.org/locations/3/henson-robinson-zoo/springfield/facility-details</a>	local zoo with over 96 species of native and exotic animals; events, gardens, playground, birthday parties, volunteer opportunities
Knight's Action Park	1700 Knights Recreation Dr, Springfield, IL 62711 [P: (217) 546-8881]		General office hours: Daily 9 AM-9 PM; Water Park- Summer; Amusement Park-Daily 9 AM-6 PM;	<a href="http://www.knightsactionpark.com">www.knightsactionpark.com</a>	Water park with float river, wave pool, kids water attractions, various thrilling attractions, pedal boats; Amusement park with ferris wheel, Go Karts, mini golf, batting cages, driving range, large outdoor playground, arcade games, and more.
Route 66 Drive In Theatre	1700 Knights Recreation Dr, Springfield, IL 62711 (217) 698-0066	[P:	Open summer and early fall- Evenings	<a href="http://www.route66-drivein.com">www.route66-drivein.com</a>	Outdoor movie theater where patrons can watch films from the comfort of their own vehicles. Featuring two Large screens each playing different films; Concessions available for purchase
Lincoln Memorial Gardens and Nature Center	2301 E Lake Shore Drive Springfield, IL 62712 (217) 529-1111	[P:	Open Daily from Sunrise-Sunset	<a href="http://www.lincolnmemorialgarden.org">www.lincolnmemorialgarden.org</a>	Hiking trails in wooded areas and lakeside, gardens, nature center, gift shop, events
Skateland South	1500 Knights Recreation Dr, Springfield, IL 62711 (217) 546-4543	[P:	Varying hours; see website for public skate times	<a href="http://www.skatelandsouth.com">www.skatelandsouth.com</a>	Roller Skating rink with Arcade games and Prize store; concessions, birthday parties, and events
The Virden Community Center	101 W Jackson St, Virden, IL 62690 [P: (217) 965-5805]		Mon-Fri 8 AM-5 PM	<a href="http://www.virden.municipalimpact.com/community-center">www.virden.municipalimpact.com/community-center</a>	event rental space
Southwind Park	4965 S 2nd St, Springfield, IL 62703 [P: (217) 585-2941]		Daily 6 AM-10:30 PM	<a href="http://www.springfieldparks.org/locations/36/southwind-park/springfield/location-details">www.springfieldparks.org/locations/36/southwind-park/springfield/location-details</a>	Public community park; ADA accessible; playgrounds, walking paths, pavilions, fishing piers, gazebo, sports courts, sensory gardens, Erin's Pavilion-indoor event rental space
Centennial Park	5529 Bunker Hill Rd, Springfield, IL 62711 (217) 544-1751 ext. 1004	[P:	Open Daily from Dawn to Dusk	<a href="http://www.springfieldparks.org/locations/9/centennial-park/springfield/location-details">www.springfieldparks.org/locations/9/centennial-park/springfield/location-details</a>	walking paths, playgrounds, 100 ft high hill for sledding, picnic shelters, baseball fields, pet friendly-dog park, skateboarding park, tennis courts, outdoor fitness equipment
Iles Park	2000 S 6th St, Springfield, IL 62703 (217) 544-1751 ext. 1004	[P:	Daily 6 AM-10 PM	<a href="http://www.springfieldparks.org/locations/21/files-park/springfield/location-details">www.springfieldparks.org/locations/21/files-park/springfield/location-details</a>	local public park. Baseball fields, outdoor pavilions, pickleball, picnic areas, playgrounds, skatepark
Lincoln Park	1601 N 5th St, Springfield, IL 62702 (217) 544-1751 ext. 1004	[P:	Open Daily from Dawn to Dusk	<a href="http://www.springfieldparks.org/locations/30/lincoln%20Park/location-details">www.springfieldparks.org/locations/30/lincoln%20Park/location-details</a>	historic local public park; walking paths, gardens, soccer field, baseball fields, tennis courts, shuffleboard courts, horseshoe courts, TI
Duncan Park	500 N MacArthur Blvd, Springfield, IL 62702 (217) 544-1751 ext. 1004	[P:	Daily 5 AM-10:30 PM	<a href="http://www.springfieldparks.org/locations/12/duncan-park/springfield/location-details">www.springfieldparks.org/locations/12/duncan-park/springfield/location-details</a>	local public park; walking paths, brick shelters, playground with zipline and musical instruments, pickleball courts, disc golf course, sledding hill, Bandshell musical performance space.
Enos Park	1000 North 7th Springfield, IL 62703 (217) 544-1751 ext. 1004	[P:	Open Daily from Dawn to Dusk	<a href="http://www.springfieldparks.org/locations/14/Enos%20Park/location-details">www.springfieldparks.org/locations/14/Enos%20Park/location-details</a>	local public park; playgrounds, walking paths, picnic shelter, pollinator garden
Carpenter Park	1 Carpenter Park Trl, Springfield, IL 62707 (217) 544-1751 ext. 1004	[P:	Open Daily from Dawn to Dusk	<a href="http://www.springfieldparks.org/locations/8/carpenter-park/springfield/location-details">www.springfieldparks.org/locations/8/carpenter-park/springfield/location-details</a>	local public park; wooded area with hiking trails alongside The Sangamon River, nature trails, river rock trails, picnic tables
Union Square Park	500 E Madison St, Springfield, IL 62701 [P: (217) 558-8948]		Open Daily 8 AM-10 PM	<a href="http://www.presidentlincoln.illinois.gov/visit/whats-inside/venue-rentals/event-venues/union-square-park/">www.presidentlincoln.illinois.gov/visit/whats-inside/venue-rentals/event-venues/union-square-park/</a>	interurban park adjacent to Abraham Lincoln Presidential Library and Museum; Featuring bronze Lincoln Statues, garden,
Southern View Community Park	3483-3499 S 4th St, Southern View, IL 62703 (217) 529-3352	[P:	Open Daily 6 AM-2 PM	<a href="http://www.southernview.us/community-park">www.southernview.us/community-park</a>	walking paths, playgrounds, tennis courts, several pavilions available for event rental
Comer Cox Park	301 Martin Luther King Dr, Springfield, IL 62703 (217) 544-1751 ext. 1004	[P:	Open Daily 6 AM-10:30 PM	<a href="http://www.springfieldparks.org/locations/10/Comer%20Cox%20Park/location-details">www.springfieldparks.org/locations/10/Comer%20Cox%20Park/location-details</a>	local community park; splash pads, walking paths, outdoor fitness court, basketball courts, playground with rock climb wall, pollinator garden, picnic shelters, tennis courts, bike sports
Illinois State Fairgrounds	801 E Sangamon Ave, Springfield, IL 62706 [P: (217) 782-2172]		Mon 8:30 AM-7 PM; Tuesday-Fri 8:30 AM-4:30 PM; Annual IL State Fair event hours August 7 AM-12 AM; See website calendar for specific event times	<a href="http://www.statefair.illinois.gov/info.html">www.statefair.illinois.gov/info.html</a>	Year-round events and Expositions; Annual IL State Fair every summer, campground, demolition derby, concerts, motorcross events, automobile races, horse racing, parade in the summer, dog shows, indoor market events, model train shows etc, Sensory friendly exhibits
The Nelson Center	1601 N 5th St, Springfield, IL 62702 (217) 753-2800	[P:	Varying hours; see website and schedule for times	<a href="http://www.springfieldparks.org/locations/47/nelson-center-ice-rink/springfield/facility-details">www.springfieldparks.org/locations/47/nelson-center-ice-rink/springfield/facility-details</a>	Ice skating rink, Outdoor public pool, birthday party rentals, concessions, outdoor pavillion, ice sports, events
Lost Bridge Trail	Trail end points: Behind IL Dept of Transportation building on, South Dirksen Parkway (Springfield) and Walnut St. at SR 29 (Rochester) [P: (217) 544-1751]		Open Daily from Dawn to Dusk	<a href="https://www.springfieldparks.org/locations/61/lost-bridge-trail/springfield/location-details">https://www.springfieldparks.org/locations/61/lost-bridge-trail/springfield/location-details</a>	Hiking Trail, stretching 5 miles from Springfield's eastside to Rochester, IL; Built on the old Baltimore and Ohio Railroad line. Asphalt surface trail, bordered by dense tree lines, woodland and prairie flowers, is open to trail users including walkers, runners, bicyclists, rollerbladers, strollers and wheelchairs.
Hoogland Center for the Arts	420 S 6th St, Springfield, IL 62701 [P: (217) 523-2787]		See tickets on website for specific show times	<a href="http://www.hcfta.org">www.hcfta.org</a>	Venue with plays and live theatre productions
Springfield Muni Opera	815 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 793-6864]		See tickets on website for specific show times (Seasonally Spring/Summer)	<a href="http://www.themuni.org">www.themuni.org</a>	Outdoor amphitheater with live theatre productions; plays and musicals. Discounted tickets for seniors, military, and students.
AMF Springfield Lanes	2660 W Lawrence Ave, Springfield, IL 62704 [P: (217) 787-6111]		Mon-Thurs 4-10 PM; Fri 4 PM-12 AM; Sat 11 AM-12 AM; Sun 11 AM-10 PM	<a href="http://www.amf.com/location/amf-springfield-lanes">www.amf.com/location/amf-springfield-lanes</a>	Open bowling, bowling leagues, concessions
King Pin Lanes	3115 E Sangamon Ave, Springfield, IL 62702 [P: (217) 544-0838]		Mon-Thurs 9 AM-10 PM; Fri & Sat 9 AM-11 PM; Sun 9 AM-9 PM	<a href="http://www.kingpinlanesspringfield.com">www.kingpinlanesspringfield.com</a>	Open bowling lanes, bowling leagues, restaurant service



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	AMC Classic Springfield 12	3141 Mercantile Dr, Springfield, IL 62711 [P: (217) 793-6440]	See website for specific showtimes	<a href="http://www.amctheatres.com/movie-theatres/springfield-il/amc-classic-springfield-12?utm_medium=organic&amp;utm_source=google&amp;utm_campaign=local">www.amctheatres.com/movie-theatres/springfield-il/amc-classic-springfield-12?utm_medium=organic&amp;utm_source=google&amp;utm_campaign=local</a>	Indoor movie theatre; Concessions				
	AMC Springfield 8	2945 S Dirksen Pkwy, Springfield, IL 62703 [P: (217) 529-9448]	See website for specific showtimes	<a href="http://www.amctheatres.com/movie-theatres/springfield-il/amc-springfield-8?utm_medium=organic&amp;utm_source=google&amp;utm_campaign=local">www.amctheatres.com/movie-theatres/springfield-il/amc-springfield-8?utm_medium=organic&amp;utm_source=google&amp;utm_campaign=local</a>	Indoor movie theatre; Concessions				
	Creekside Arcade	1081 Jason Place Chatham, IL 62629 [P: (217) 483-8282]	Mon, Wed, Thurs, Fri, Sat, Sun 11 Am-9 PM	<a href="http://www.thecreekpub.com/creekside-arcade">www.thecreekpub.com/creekside-arcade</a>	Arcade games, Skee-ball, Prizes, Restauraunt attached				
Children/Youth	Family Service Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]	Mon-Fri 9 AM-4:00 PM	<a href="http://www.service2families.com">www.service2families.com</a>	Adoption and post-adoption services, foster care services; Resources for Adoptive parents/foster Caregivers and the children in their care				
	Better Birth Outcomes	2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102]	Mon 8:30-6 PM; Tues-Friday 8:30 AM-3:45 PM	<a href="http://www.dhs.state.il.us/page.aspx?item=118798">www.dhs.state.il.us/page.aspx?item=118798</a>	IDHS program providing case management, provides prenatal health education to pregnant women, linkage/enrollment in WIC, home visits, referrals for medical transport				
	Boys and Girls Club of Springfield	300 S 15th St, Springfield, IL 62703 [P: (217) 544-0548]	Mon-Fri 9 AM-6:30 PM	<a href="http://www.bgccil.org">www.bgccil.org</a>	Programs that help youth turn into leaders of tomorrow through education, career development, art, technology, fitness, life skills and character building.				
	Computer Banc	1545 N 11th St, Springfield, IL 62702 [P: (217) 528-9506]	Mon-Fri 9 AM-4 PM	<a href="http://www.computerbanc.org">www.computerbanc.org</a>	Program providing 'At Risk' individuals and students in need with computers				
	Mini O Bierne Crisis Nursery	1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]	24/7	<a href="http://www.miniobeirne.org">www.miniobeirne.org</a>	Crisis childcare; Stress breaks-for recovery after medical care, death in the family, and personal time for parents; Childcare in case of temporary loss of regular child care, childcare for persons affected by domestic violence or being unhoused, Childcare for court and medical appointments; Basic Needs Pantry				
	Bureau of All Kids	201 S Grand Ave E, Springfield, IL 62763 [P: (217) 524-7156]	Mon-Fri 8:30 AM-4:30 PM	<a href="http://www.hfs.illinois.gov/medicalprograms/allkids.html">www.hfs.illinois.gov/medicalprograms/allkids.html</a>	Healthcare program for kids				
	Parent Help Line	Address-N/A (Helpline) [P: (888) 727-5889 or (217) 544-5808]	24/7	Helpline	24-hour service that advocates the prevention of physical, emotional and sexual child abuse				
	Sangamon County Child Advocacy Center	1101 E Monroe Springfield, IL 62703 [P: (217) 522-2241]	Mon-Fri 8:30 AM-4:30 PM	<a href="http://www.sangamonil.gov/departments/a-c/child-advocacy-center">www.sangamonil.gov/departments/a-c/child-advocacy-center</a>	Coordinated, multidisciplinary approach to child abuse investigations in Logan, Sangamon, Christian and Menard counties. Provides a safe, child focused setting for investigations of child abuse, ensure victims and their families receive quality services, and raise awareness in the community to combat child abuse.				
	SIU Pediatrics	400 N. 9th Street Springfield, IL 62702 [P: (217) 545-8000]	Mon-Fri 8:00 AM-4:30 PM; in clinic for exsisting clients-7:30-10 AM	Walk- <a href="http://www.siumed.org/buildings/women-and-childrens-clinic">www.siumed.org/buildings/women-and-childrens-clinic</a>	lab and pharmacy; pediatric rehabilitation with an expanded therapy gym; pediatric cardiology services and diagnostic testing; mammography and other imaging tests; pediatric orthopedics and general surgery; maternal-fetal medicine for high-risk pregnancy care; pediatric multi-specialty clinic; as well as obstetrics and gynecology, walk-in clinic for non-emergent needs for pediatric clients				
	Parents As Teachers- District 186	3063 Fiat Ave Springfield, IL 62703 [P: (217) 525-3315]	Mon-Fri 8:00 AM-4:30 PM	<a href="http://www.sps186.org/page/parents-as-teachers/">www.sps186.org/page/parents-as-teachers/</a>	Free parent education program in the Springfield Public School District for prenatal families and families with children ages 0-3				
	Phoenix Center Youth Group	109 E Lawrence Ave, Springfield, IL 62704 [P: (217) 528-5253]	Fridays 6-8 PM (Sign up required before; on website)	<a href="http://www.phoenixcenterspringfield.org/lgbtqa-youth-group/">www.phoenixcenterspringfield.org/lgbtqa-youth-group/</a>	Support group for LGBTQA (lesbian, gay, bisexual, transgender, questioning youth and allies) individuals ages 13-17. The purpose of the group is to provide a safe environment to meet people and make new friends and to learn about and discuss other issues of interest. This group meets every Friday night from 6-8 p.m.				
	Youth Service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	Mon-Fri 8:00 AM-4:00 PM	<a href="http://www.ysbi.com">www.ysbi.com</a>	Comprehensive community based youth services, 24-hour crisis intervention, individual and family counseling, outreach, emergency shelter for youth, information and referral, and linkage to other agencies. Trained counselors provide youth with face-to-face crisis intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO				
	The Outlet	3306 South 6th Rd. Springfield, IL 62703 2525 S 12th St, Springfield, IL 62703 [P: (217) 843-7475]	Mon-Thurs 4:30-7:30 PM	<a href="http://www.theoutletillinois.org">www.theoutletillinois.org</a>	Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood				
	Compass for Kids	1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]	Mon-Fri 9 AM-4:00 PM	<a href="http://www.compassforkids.org">www.compassforkids.org</a>	Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too				
	Rutledge Youth Foundation	151 Bruns Ln, Springfield, IL 62702 [P: (217) 525-7757]	Mon-Sat 8 AM-7:00 PM	<a href="http://www.rutledgeyouthfoundation.org">www.rutledgeyouthfoundation.org</a>	Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents				
	Springfield Urban League	100 N 11th St, Springfield, IL 62703 [P: (217) 789-0830]	Monday-Friday 8:30 AM – 5:00 PM	<a href="http://www.springfieldul.org">www.springfieldul.org</a>	Educational programs for Children; and Afterschool programs				
	The Parent Place	314 S Grand Ave W, Springfield, IL 62704 [P: (217) 753-8730]	Mon-Thurs 8:30 AM-5:00 PM; Fri 8:30 AM-12:00 PM	<a href="http://www.tppos.org">www.tppos.org</a>	Providing Classes to Develop & Enhance Parenting Skills, Equipping Parents with Parenting Techniques and Support, Facilitating Child-Focused Mediation & Positive Co-Parenting, Diapers & Support for Babies & Their Families, Support for Grandparents Raising Grandchildren.				
	Garvey Tubman Cultural Arts and Research Center	1319 S 13th St, Springfield, IL 62703 [P: (217) 816-0820]	Tuesday-Friday 11 AM-5 PM	<a href="https://www.facebook.com/p/Garvey-Tubman-Cultural-Arts-Research-Center-100063273247895/">www.facebook.com/p/Garvey-Tubman-Cultural-Arts-Research-Center-100063273247895/</a>	Provides facilitated instruction with professional artist and music classes to assist supporting emerging artist's minds. Empowering creativity, showcasing, prepare for marketing, and sales. We accept applications for students ages 5-13.				



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	Chanmyay Satipatthana Vihara	525 Bruns Ln, Springfield, IL 62702 [P: (217) 726-9601]; Harriet Ln Springfield, IL 62702	9	Call for hours for specific services	<a href="http://www.chanmyayusa.org">www.chanmyayusa.org</a>	Buddhist Temple; retreats, Buddha's Dhamma (teachings), meditation				
	Baha'i Center	1131 S 8th St, Springfield, IL 62703 [P: (217) 544-9595]		See website for service times: <a href="https://calendar.google.com/calendar/u/0/embed?src=springfieldbahaievents@gmail.com&amp;ctz=America/Chicago">https://calendar.google.com/calendar/u/0/embed?src=springfieldbahaievents@gmail.com&amp;ctz=America/Chicago</a>	<a href="https://www.facebook.com/spfildilbahai/about_details">www.facebook.com/spfildilbahai/about_details</a>	Baha'i Faith; Devotionals, Study circles, classes, Fireside discussions, interfaith devotions, events				
	Abraham Lincoln Unitarian Universalist Congregation	745 Woodside Rd, Springfield, IL 62711 [P: (217) 585-9550]		Sun 9:30 AM-12:30 PM; Tues & Wed 10 AM-5 PM; 10 AM-2 PM	Thurs	Sunday morning worship services; Spoken word, music, quiet time, fellowship, guest speakers, nursery care				
	The Church of Jesus Christ of Latter-day Saints	3601 Buckeye Dr, Springfield, IL 62712 [P: (217) 529-7844]		Office Hours: Daily 9 AM-6 PM		Sacrament meetings, songs, prayers, and sermons (or "talks") given by different members of the congregation				
	Kingdom Hall of Jehovah's Witnesses	3076 Normandy Rd, Springfield, IL 62703 [P: (217) 529-2409]; 4800 Old Jacksonville Rd, Springfield, IL 62711 [P: (217) 793-0188]		Sunday 9:30 AM & 12:30 PM; Tues & Thursday 7:00 PM		Worship meetings twice a week, biblical teachings, music and prayer				
	Springfield First Seventh-day Adventist Church	3300 W Jefferson St, Springfield, IL 62707 [P: (217) 787-7089]		Saturday 9:15 AM-8 PM; [Sat] Worship services: 11:00 AM] Wednesday 6:15-8 PM		worship services, bible study, prayer, sabbath school				
	Real Life Church	2701 Hermitage Rd, Springfield, IL 62703 [P: (217) 528-2299]		Office Hours: Sun 8 AM-1 PM, Mon & Tue 8:30 AM-4:30 PM; Wed 8:30 AM-4:30 PM; Thurs 8:30 AM-4:30 PM [Services: Sun 9 AM & 10:45 AM]		Worship services, biblical teachings, children's and youth ministries, events				
	Cathedral of the Immaculate Conception	524 E Lawrence Ave, Springfield, IL 62703 [P: (217) 522-3342]		Open Daily 6 am-6 PM; Sat. Mass 8 AM; Vigil 4 PM; Sunday Mass: 7 AM, 10 AM, 5 PM; Weekday Mass 7 AM, 5:15 PM		Daily Mass services, Confessions, adoration, Liturgical Ministries, grief support group, bible study, events				
	Southern View Chapel	4500 S 2nd St, Springfield, IL 62703 [P: (217) 529-1876]		Sunday sermons 9 AM, Sunday School 10:30 AM; 6:30 PM	Wed	Weekly sermons, small groups, children's and youth ministries, women's ministries, men's ministries, outreach, senior ministries.				
	Third Presbyterian Church	1030 N 7th St, Springfield, IL 62702 [P: (217) 528-0457]		Daily 8 AM-4 PM; Sunday Services 9 AM		Worship services- child care available during church services				
	St Paul AME Church Springfield	1130 S 16th St, Springfield, IL 62703 [P: (217) 522-4796]		Sunday School 9:30 AM; Sunday Worship 10:45 AM		African Methodist Episcopal Church; Worship services, Bible study, special events				
	First United Methodist Church	2941 S Koke Mill Rd, Springfield, IL 62711 [P: (217) 793-9760]		Sunday Services: 9 AM; 10:30 AM		Sunday worship services; children's ministries, youth ministries, small groups, support groups				
	Mt. Zion Apostolic Church	2637 S 10th St, Springfield, IL 62703 [P: (217) 523-1325]		Sunday School 9:30 AM; Sunday Worship 10:45 AM; Wednesday Bible Study- 5:30 PM		Sunday worship services; sunday school, bible based teachings				
	Saint Anthony Greek Orthodox Church	1600 S Glenwood Ave, Springfield, IL 62704 [P: (217) 522-7010]		Sunday at 8:30 AM for Matins; 9:30 AM for Divine Liturgy		In-person Worship services and Online sermons				
	St John A.M.E. Church	1529 E Capitol Ave, Springfield, IL 62703 [P: (217) 523-3969]		Sunday worship service 10:30 AM		worship services, youth church, women's ministries, men's ministries				
	St Aloysius Catholic Church	2000 E Sangamon Ave, Springfield, IL 62702 [P: (217) 544-4554]		Mass services: Sat 4 PM, Sun 7 & 11 AM, Tue 8:20 AM, Wed/Thurs 7 AM, Fri 6 PM		Mass services, several types of ministries, street ministry and community work				
	Korean United Presbyterian Church	2501 E Sangamon Ave, Springfield, IL 62702 [P: (217) 525-3525]		Sunday services: 11 AM		Korean Presbyterian Church; see website for full list of services				
	Corpus Christi Priory	4867 Laverna Rd, Springfield, IL 62707 [P: (217) 572-9200]		See website for list of service times		Holy Mass, Liturgy of the Hours, Recitation of the Rosary, Adoration of the Blessed Sacrament, and Benediction, Confessions				
	Wholeself Healing Resilience Center	1340 S State St, Springfield, IL 62704 [P: (217) 803-1139]		Mon 9 AM-6:30 PM, Tue 1-5 PM, Wed 9 AM-5 PM, Thurs 8 AM-7 PM, Sat 8 AM-3 PM, Sun 8 AM-3 PM		Yoga, Mindfulness class, meditation classes, Somatic Supportive Touch				
	Flow Midwest Yoga and Meditation Satipatthana Vipassana Association	1921 W Iles Ave, Springfield, IL 62704 [P: (217) 670-2388]		Mon 9 AM-7 PM, Tue 6 AM-7 PM, Wed 8:30 AM-6:30 PM, Thurs 6 AM-6:30 PM, Fri 9 AM-6:30 PM, Sat 9 AM-1:30 PM, Sun 9 AM-1 PM		Yoga, energetic alignment, pranayama and meditation, Sanskrit, chants, and mantra.				
	Yokore Yoga & Wellness	9 Harriet Ln, Springfield, IL 62702 [P: (217) 726-9601] Located in: Chan Myae Monastery		Daily 3:30 AM-9:30 PM		Vipassana meditation, Retreats and special teachings as teachers become available to travel and stay at the Vihara, Buddha's Dhamma (teachings)				
	Jubilee Farm	Three, Lawrence Square Suite 1, Springfield, IL 62704 [P: (217) 440-9026]		Call for class times		individual and small group classes in yoga and beyond				
	Villa Maria Retreat Center	6760 Old Jacksonville Road Springfield, IL [P: (217) 787-6927]		Varying seasonal hours; see website for current hours		An oasis for spirituality, a special gift to those who seek solace and spiritual enrichment in nature. A setting where individuals and groups can nurture their spiritual and emotional growth. Walking trails, home to farm animals and wildlife, outdoor labyrinth, creek and ponds offer tranquil settings for reflection.				
	Ahh Yoga	1903 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 529-2213]		Daily 7:30 AM-5 PM		The Villa Maria Catholic Life Center exists to serve the people of the Roman Catholic Diocese of Springfield in Illinois, its Bishop, parishes, offices, organizations and institutions. Villa Maria provides a setting for retreats, ministry and faith formation, meetings and workshops				
	SIA 21 District 19 Alcoholic Anonymus	2201 W White Oaks Dr, Springfield IL 62704 [P: (217) 725-2373]		Visit website for schedule of classes		Yoga, mindfulness and meditation class, workshops				
	Support Groups	No Address; Website and phone number. [P: (217) 525-5795]		See website for different meeting times		Website guide to local Alcoholics Anonymous meetings- Serving Springfield, Chatham, Petersburg, Virden-Girard & Mason City- 12 Step based support				

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Alano Hall	516 Bryn Mawr Blvd, Springfield, IL 62703 [P: (217) 789-0789]	See website for different meeting times	<a href="http://www.aaspringfield.org/?meeting=mid-morning-madness-3">www.aaspringfield.org/?meeting=mid-morning-madness-3</a>	Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-12 step based support
Easy Does It Club	514 N Walnut St, Springfield, IL 62702 [P: (217) 528-0332]	See website for different meeting times	<a href="http://www.aaspringfield.org/?meeting=friendship">www.aaspringfield.org/?meeting=friendship</a>	Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-12 step based support
Discovery	313 W Cook St, Springfield, IL 62704 [P: (217) 544-9049]	See website for different meeting times	<a href="http://www.aaspringfield.org/?meeting=noon-group-discussion-last-friday-of-every-month-is-open-speaker">www.aaspringfield.org/?meeting=noon-group-discussion-last-friday-of-every-month-is-open-speaker</a>	Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-12 step based support
The Salvation Army-Recovery Breakfast & Speaker Meeting	1600 E Clear Lake Ave, Springfield, IL 62703 [Located at the old "Gold's Gym" building 1st Floor]	The LAST Saturday of each month (except December); 8:00 AM	<a href="http://www.aaspringfield.org/?meeting=recovery-breakfast-speaker-meeting">www.aaspringfield.org/?meeting=recovery-breakfast-speaker-meeting</a>	Monthly Alcoholics Anonymous Meeting- Speaker meeting with breakfast served before speaker
We Agnostics-Art Association	700 N 4th St, Springfield, IL 62702 [Located in mixed media studio] [P: N/A]	Sunday 10:30 AM	<a href="http://www.aaspringfield.org/?meeting=we-agnostics">www.aaspringfield.org/?meeting=we-agnostics</a>	Weekly Secular Alcoholics Anonymous Meeting
Corner of 11th and Clay Street	930 S 11th St, Springfield, IL 62703 [P: N/A]	Sunday 5:00 PM	<a href="http://www.aaspringfield.org/?meeting=a-vision-for-you">www.aaspringfield.org/?meeting=a-vision-for-you</a>	Alcoholics Anonymous meeting-12 step based support
Free to Be Me	611 E Jackson St, Springfield, IL 62701 [Christ Episcopal Church] [P: N/A]	Sunday 7:00 PM	<a href="http://www.aaspringfield.org/?meeting=free-to-be-me">www.aaspringfield.org/?meeting=free-to-be-me</a>	LGBTQ+ Alcoholics Anonymous meeting-12 step based support
Presbyterian Church	1835 E Walnut St, Chatham, IL 62629 [P: N/A]	See website for different meeting times	<a href="http://www.aaspringfield.org/?meeting=happy-destiny">www.aaspringfield.org/?meeting=happy-destiny</a> <a href="http://www.aaspringfield.org/?meeting=women-of-worth">www.aaspringfield.org/?meeting=women-of-worth</a>	Several Alcoholics Anonymous meetings throughout the week- 12 step based support
Unity Church	417 E Cordelia St, Springfield, IL 62703, USA [P: N/A]	See website for different meeting times		Several Alcoholics Anonymous meetings throughout the week- 12 step based support
Cherry and Bates	2100 S Bates Ave, Springfield, IL 62704 [First Congregational Church] Enter through the door that faces the parking lot. Meets in the basement at the end of the hall. [P: N/A]	Mon 7 PM; Thursday 7:30 PM	<a href="http://www.aaspringfield.org/?meeting=primary-purpose-2">www.aaspringfield.org/?meeting=primary-purpose-2</a>	Alcoholics Anonymous meetings 2 days a week- 12 step based support
Friends of Bill W.	IL-104 & 7th St, Pawnee, IL 62558 [P: N/A]	Tues 6 PM; Thurs 7 PM	<a href="http://www.aaspringfield.org/?meeting=friends-of-bill-w">www.aaspringfield.org/?meeting=friends-of-bill-w</a>	Alcoholics Anonymous meetings 2 days a week- 12 step based support
Wizard's Wonders	1122 E Pine St, Springfield, IL 62703 [Second Timothy Baptist Church] [P: N/A]	Tues & Thurs 8 PM	<a href="http://www.aspringfield.org/?meeting=wizards-wonders">www.aspringfield.org/?meeting=wizards-wonders</a>	Alcoholics Anonymous meetings 2 days a week- 12 step based support
Serenity Group	600 W Birch St, New Berlin, IL 62670 [Central Baptist Church] [P: N/A]	Wednesday 7 PM	<a href="http://www.aaspringfield.org/?meeting=serenity-group">www.aaspringfield.org/?meeting=serenity-group</a>	Weekly Alcoholics Anonymous meeting- 12 step based support
The Living the Dream Area of Narcotics Anonymous	Website and hotline guide to NA meetings [P: (800) 539 0475]	See website for different meeting times	<a href="http://http://ltdana.org/">http://ltdana.org/</a>	Local Guide to Narcotics Anonymous Meetings (12 step based support)- The Living the Dream Area of Narcotics Anonymous (LTDANA) centers around Springfield and the surrounding cities of Jacksonville, Taylorville, Lincoln, Virden, Petersburg and Mechanicsburgh ; NA World service site: www.na.org
217 Group	217 North Grand West, Springfield, IL, 62702 [Entrance in Rear] [P: N/A]	Daily Meetings 7 PM	<a href="http://www.ltdana.org/local-meeting-schedule/">www.ltdana.org/local-meeting-schedule/</a>	Daily Narcotics Anonymous meetings- 12 step based support
The Ties That Bind	2401 S. 9th St., Springfield, IL, 62703 [Harvard Baptist Church] [P: N/A]	Mondays 7 PM	<a href="http://www.http://ltdana.org/local-meeting-schedule/#">www.http://ltdana.org/local-meeting-schedule/#</a>	Weekly Narcotics Anonymous Meetings- 12 step based support
Free to Be Me	Thursday- 2450 Taylor Ave., Springfield, IL, 62703 Friday- 2401 S. 9th St., Springfield, IL, 62703 [Harvard Park Baptist Church- basement] [P: N/A]	Thursday 7 PM 8 PM	Friday <a href="http://www.ltdana.org/local-meeting-schedule/">www.ltdana.org/local-meeting-schedule/</a>	2X Weekly Narcotics Anonymous Meetings- 12 step based support
Just For Tuesday- Springfield Based NA Zoom meeting	Zoom Meeting [Meeting ID: 730 5948 3134 Passcode: LTDNA] [P: N/A]	Tuesday 12:00 PM	<a href="https://us04web.zoom.us/j/73059483134?pwd=boT3CVTH3jLAURbxNaMXady95Wufbk.1">https://us04web.zoom.us/j/73059483134?pwd=boT3CVTH3jLAURbxNaMXady95Wufbk.1</a>	Weekly Springfield-Based Narcotics Anonymous Zoom meeting- 12 step based support
Addicts Helping Addicts Group	704 7th St., Pawnee, IL, 62558 [Pawnee Food Pantry] [P: N/A]	Tuesday 7:30 PM	<a href="http://www.ltdana.org/local-meeting-schedule/">www.ltdana.org/local-meeting-schedule/</a>	Weekly Narcotics Anonymous Meeting- 12 step based support
Free At Last	301 W Reynolds St Springfield, IL 62702 [P: (312) 834-3784]	Sunday 5:00 PM; Thursday 7 PM	<a href="http://www.illinoisareaca.org">www.illinoisareaca.org</a>	2x Weekly Cocaine Anonymous Meetings- 12 step based support
Alanon Meetings	Local Website Guide to Al-Anon meetings [P: N/A]	See website for different meeting times	<a href="http://www.spi-alanon.weebly.com">www.spi-alanon.weebly.com</a>	Guide to local Al-anon meetings; Hybrid and in-person meetings; The Al-Anon Family Groups are a 12 step fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. Al-anon believes alcoholism is a family illness and that changed attitudes can aid recovery.
Celebrate Recovery	2800 Stevenson Dr. Springfield, IL 62703 (First Church of God) [P: (217) 529-1902]	Tuesday evenings; Large Group meeting: 6:30 PM Share Groups: 7:30 PM	Open <a href="http://www.fcgspringfield.org/celebrate-recovery.html">www.fcgspringfield.org/celebrate-recovery.html</a>	A Christ-centered recovery program; Large group meetings, Open Share support groups. Support for variety of topics: substance-use disorder, gambling addiction, other types of addictions, divorce, abuse, abandonment, codependency, relationship issues, grief, anger, depression, etc
Illinois Problem Gambling Helpline	Address: N/A (Helpline) Call [1-800-426-2537] Text "GAMB" 833234	24/7	<a href="http://www.illinoisproblemgambling.org">www.illinoisproblemgambling.org</a>	24 hour helpline to connect individuals struggling with problem gambling with resources
Springfield Gamblers Anonymous	2211 Wabash Ave Springfield, IL 62704 (Hope Presbyterian Church) [P: N/A]	Sunday, Wednesday- 6:30 PM	<a href="http://www.gamblersanonymous.org/ga/locations/state/table/IL/Springfield/na/na/na/10?#gmap-nodemap-gmap0">www.gamblersanonymous.org/ga/locations/state/table/IL/Springfield/na/na/na/10?#gmap-nodemap-gmap0</a>	12 Step based support group for struggles with gambling
HSHS Grief Support Group	800 E Capenter St Springfield, IL 62702 [P: (217) 525-5675] (Location: St. Clare Room next to Chapel)	Wednesdays 4:30 PM	<a href="http://www.hshs.org/st-johns/patients-guests/support-groups">www.hshs.org/st-johns/patients-guests/support-groups</a>	Grief support for families and friends who have experienced the death of a loved one.
HSHS Survivors of Suicide (SOS) Support Group	800 E Capenter St Springfield, IL 62702 [P: (217) 525-5675] (Location: St. Clare Room next to Chapel)	Meets first and third Tuesdays of each month- 5:30 PM	<a href="http://www.hshs.org/st-johns/patients-guests/support-groups">www.hshs.org/st-johns/patients-guests/support-groups</a>	Support group for family and friends of those who have had someone die by suicide.
HSHS Share Support Group	800 E Capenter St Springfield, IL 62702 [P: (217) 306-4653] (Location: St. Clare Room next to Chapel)	Meets first Wednesday of each month-7 PM	<a href="http://www.hshs.org/st-johns/patients-guests/support-groups">www.hshs.org/st-johns/patients-guests/support-groups</a>	Support group for people who have experienced pregnancy loss, stillbirth or infant loss.

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Art Therapy Group West Side Christian Church- 12 Step Group	4481 Ash Grove Drive Suite B Springfield, IL 62711 (Still Waters Counseling) [P: (217) 773-5975] 2850 Cider Mill LN Springfield, IL 62702 (Upper Room; 2nd FLR) [P: (217) 793-2800]	Contact to register for groups Tuesdays- 6 PM	<a href="http://www.stillwatertherapy.org/services">www.stillwatertherapy.org/services</a> <a href="http://www.wschurch.org/page/414?EventOccurrenceId=6">www.wschurch.org/page/414?EventOccurrenceId=6</a>	Adult Art Therapy Groups; Children's art therapy group- This group incorporates mindfulness exercises and art creation to support attendees' mental health. Zero art experience is necessary, just an open heart to what may be created. 12 Step Group welcomes anyone who is struggling with addiction or compulsive behaviors.				
Phoenix Center Out East- Recovery Meeting	704 S Dirksen Pkwy Springfield, IL 62703 [Matt- P: (217) 441-1961]	Tuesdays- 6:30 PM	<a href="http://www.phoenixcenterspringfield.org/out-on-second-2/">www.phoenixcenterspringfield.org/out-on-second-2/</a>	Open meeting rooted in principles of all 12 Step programs, where all are welcome no matter where a person is in their journey				
LGBTQ+ and Allies Young Adult Group	120 E Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd] Contact: andy.phoenixcenter@gmail.com [P: N/A]	2nd & 4th Mondays- 6 PM	<a href="http://www.phoenixcenterspringfield.org/out-on-second-2/">www.phoenixcenterspringfield.org/out-on-second-2/</a>	A drug and alcohol free, safe space, for young adults (18-26 YO) to be themselves and meet other young lgbtq+ folks. Snacks and coffee provided.				
Step into Recovery Group	120 E Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd] Contact: outonsecond@gmail.com [P: N/A]	Thursdays 5:30 PM	<a href="http://www.phoenixcenterspringfield.org/event/step-into-recovery-group-2/2024-11-07/">www.phoenixcenterspringfield.org/event/step-into-recovery-group-2/2024-11-07/</a>	This is a LGBTQ+ and allies 12-step recovery group. It is open to anyone struggling with alcohol, chemical, or process addictions. Process addictions are non-substance addictions such as gambling, eating, spending, and sex, that are defined by a compulsion to engage in a behavior.				
Neurodiverse Group	120 E. Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd] Contact: outonsecond@gmail.com [P: N/A]	Second Tuesday of the month 5:30 pm	<a href="http://www.phoenixcenterspringfield.org/event/neurodiverse-group/2024-11-12/">www.phoenixcenterspringfield.org/event/neurodiverse-group/2024-11-12/</a>	Offers a safe and supportive space for lgbtq+ neurodivergent individuals to socialize, discuss their unique challenges, and build skills for personal growth and mindfulness. ND can include: Autism Spectrum Disorder Attention Deficit Disorder Tourette's & Tic Disorders Dyslexia Dyscalculia Synesthesia.				
LGBTQ+ 'yOUTH Group'	109 East Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]	Fridays-6 PM	<a href="http://www.phoenixcenterspringfield.org/event/lgbtq-youth-group/2024-11-08/">www.phoenixcenterspringfield.org/event/lgbtq-youth-group/2024-11-08/</a>	A lesbian, gay, bisexual, transgender, questioning youth and allies support group. Individuals ages 13-17. The purpose of the group is to provide a safe environment to virtually meet people and make new friends and to learn about and discuss other issues of interest. in person and zoom; Sign up on website prior to meeting to receive Zoom link.				
TransSupport Group- Phoenix Center	[Contact: kate.hubbard1010@gmail.com] [P: N/A]	To get more information on the group, including dates and times, please complete the application on the Website	<a href="http://www.phoenixcenterspringfield.org/am-i-transgender/">www.phoenixcenterspringfield.org/am-i-transgender/</a>	The TranSupport Group is for individuals 18+ who are dealing with issues related to their gender identity and the transition process				
Bi+ Group	[Contact: dean@inspectedby12.com] [P: N/A]	To get more information on the group, including dates and times, please complete the application on the Website	<a href="http://www.phoenixcenterspringfield.org/bisexual-group/">www.phoenixcenterspringfield.org/bisexual-group/</a>	The Bi-Sexual Group is for bi-sexual adults. The purpose of the group is to bring individuals together to discuss issues, share services and information, and meet other like-minded people.				
TransParent Group	Zoom- For Zoom link, Email: springfield.il@transparentusa.org [P: N/A]	6:30-8 pm the first Monday of the month	<a href="http://www.phoenixcenterspringfield.org/groups/">www.phoenixcenterspringfield.org/groups/</a>	The TransParent Group is a virtual support group for parents of children who identify as transgender and/or gender non-binary. In this group you will find other parents dealing with the same issues, questions, and struggles as well as those looking for ways to better support their child(ren) and to advocate on their behalf.				
Lincoln Land Down Syndrome Society	<u>One North Old State Capitol Plaza, Suite 501 Springfield, IL 62701 [P: (217) 415-8716]</u>	Contact to learn about scheduled monthly group	<a href="http://www.lldss.org">www.lldss.org</a>	Lincoln Land Down Syndrome Society is a support network for families residing in and around Sangamon County to promote awareness, acceptance, inclusion and education of people with Down syndrome. LLDSS holds regular monthly meetings in Springfield at which there are general discussions amongst group members regarding their particular life experiences and the activities in which they and their family are involved. We also present programs and provide speakers regarding subjects which are of particular interest to our members, as well as other families having a member with disabilities other than Down syndrome.				
Care Groups at Hope Evangelical Free Church Of Springfield	3000 Lenhart Rd. Springfield, IL 62711	Divorce Care Group- 2xmonth Monday- 6:30 PM Grief Care Group- Thursday-6 PM Recovery Care Group- Contact: <a href="mailto:szenk@myhope.church">szenk@myhope.church</a> for different group times	<a href="http://www.myhope.church/care-groups">www.myhope.church/care-groups</a>	Care groups offer help and support for specific concerns or needs; including divorce care group, grief care group, recovery care group				
April's Flowers	619 North Grand Ave East Springfield, IL 62703 (At Intricate Minds) [P: (217) 670-3520]	The 3rd Sunday every month- 8 PM	<a href="http://www.facebook.com/p/Intricate-Minds-61554189538298/">www.facebook.com/p/Intricate-Minds-61554189538298/</a>	Support group for the children of people who use drugs and alcohol				
Group Therapy at Intricate Minds	619 North Grand Ave East Springfield, IL 62703 (At Intricate Minds) [P: (217) 670-3520]	Thursdays 7 PM [Pre-registration required]	<a href="http://www.tinyurl.com/intricate-group">www.tinyurl.com/intricate-group</a>	Weekly group therapy session focused on generational trauma				































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Whitney Devine

Map of community resources in Sangamon County  
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**Food & Housing Resources**

- Abundant Faith Manna Store
- Auburn Food Pantry - Food Distribution Cent...
- Ball-Chatham Food Pantry
- Daily Bread Program- Senior Services of Cen...
- ... 48 more

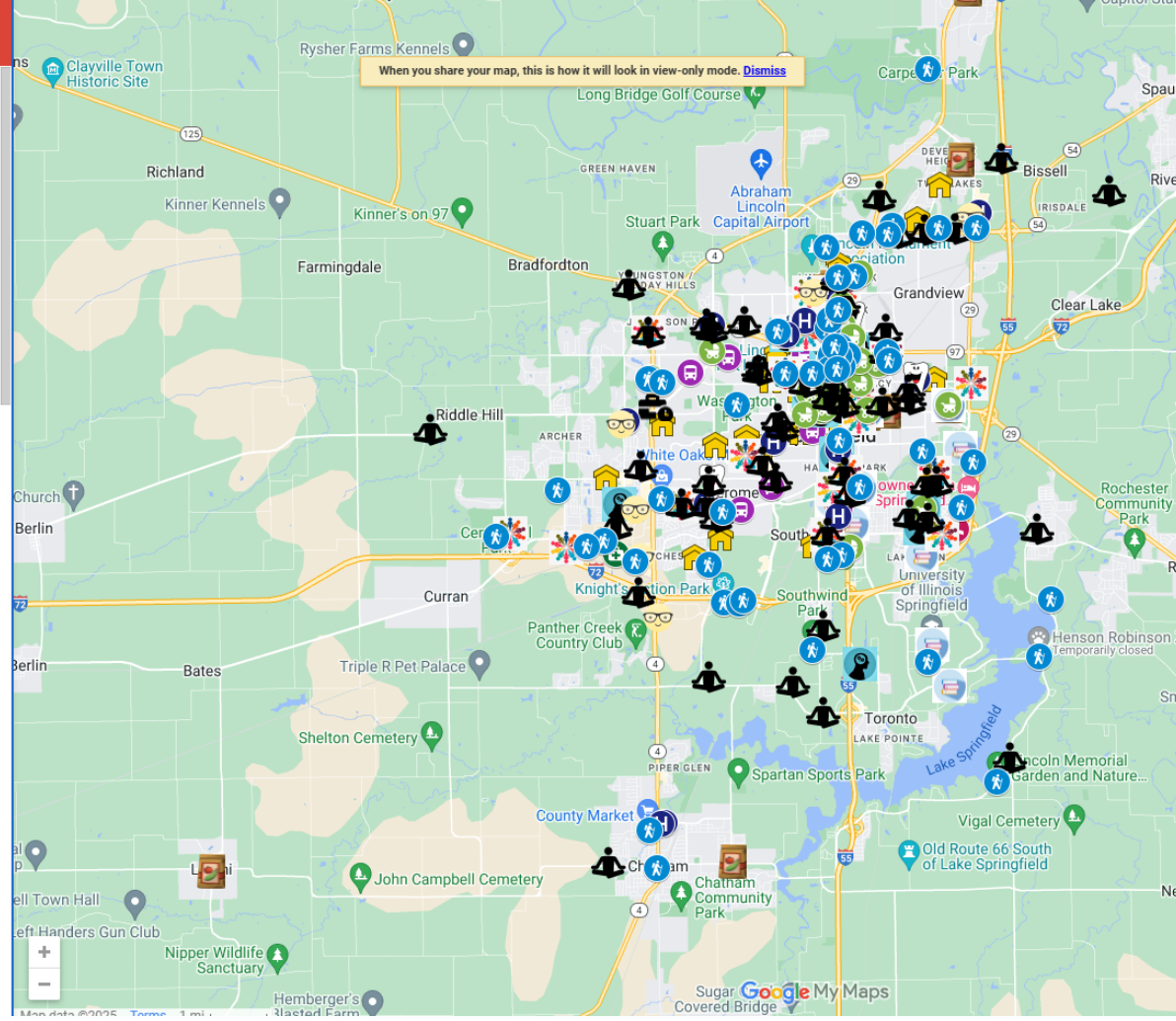
**Harm Reduction & MAR Providers**

- Family Guidance Centers Inc
- Gateway Foundation
- Central Counties Health Centers-General He...
- Rose Medical Association
- ... 7 more

**Education & Employment Resources**

- Capital Township Workfare Program
- Illinois Department of Employment Security
- Express Employment Professionals
- Land of Lincoln Workforce Alliance
- ... 18 more

**Transportation Resources**



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**Court and Legal Resources**

- Catholic Charities-Legal Services
- Land of Lincoln Legal Aid
- Sangamon County Public Dfndr
- Sangamon County Probation and Court Serv...

**Behavioral Health Resources & Mutual Ai...**

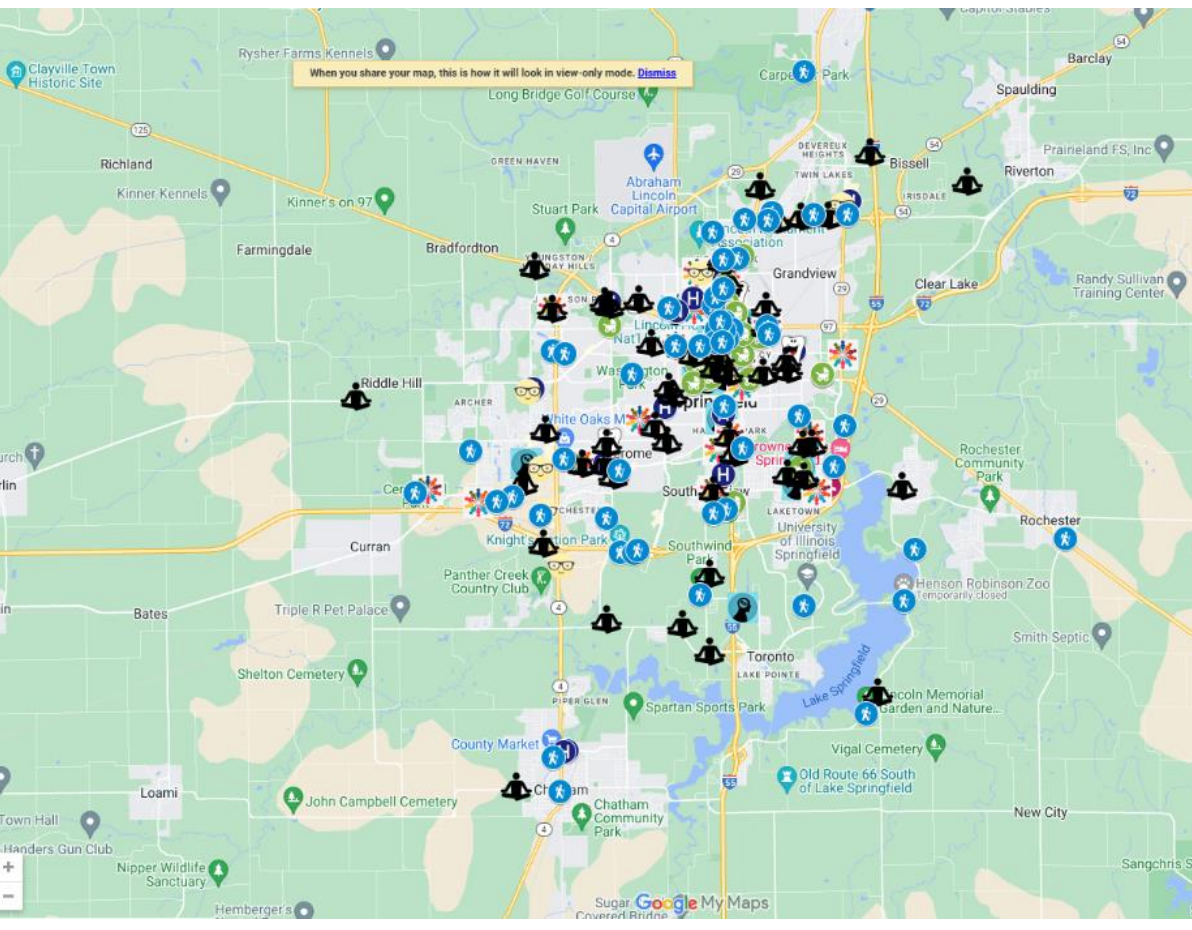
- ABC Counseling & Family Services
- Pregnancy Care Center of Springfield, Inc.
- Family Service Center
- Family Guidance Centers Inc
- ... 49 more

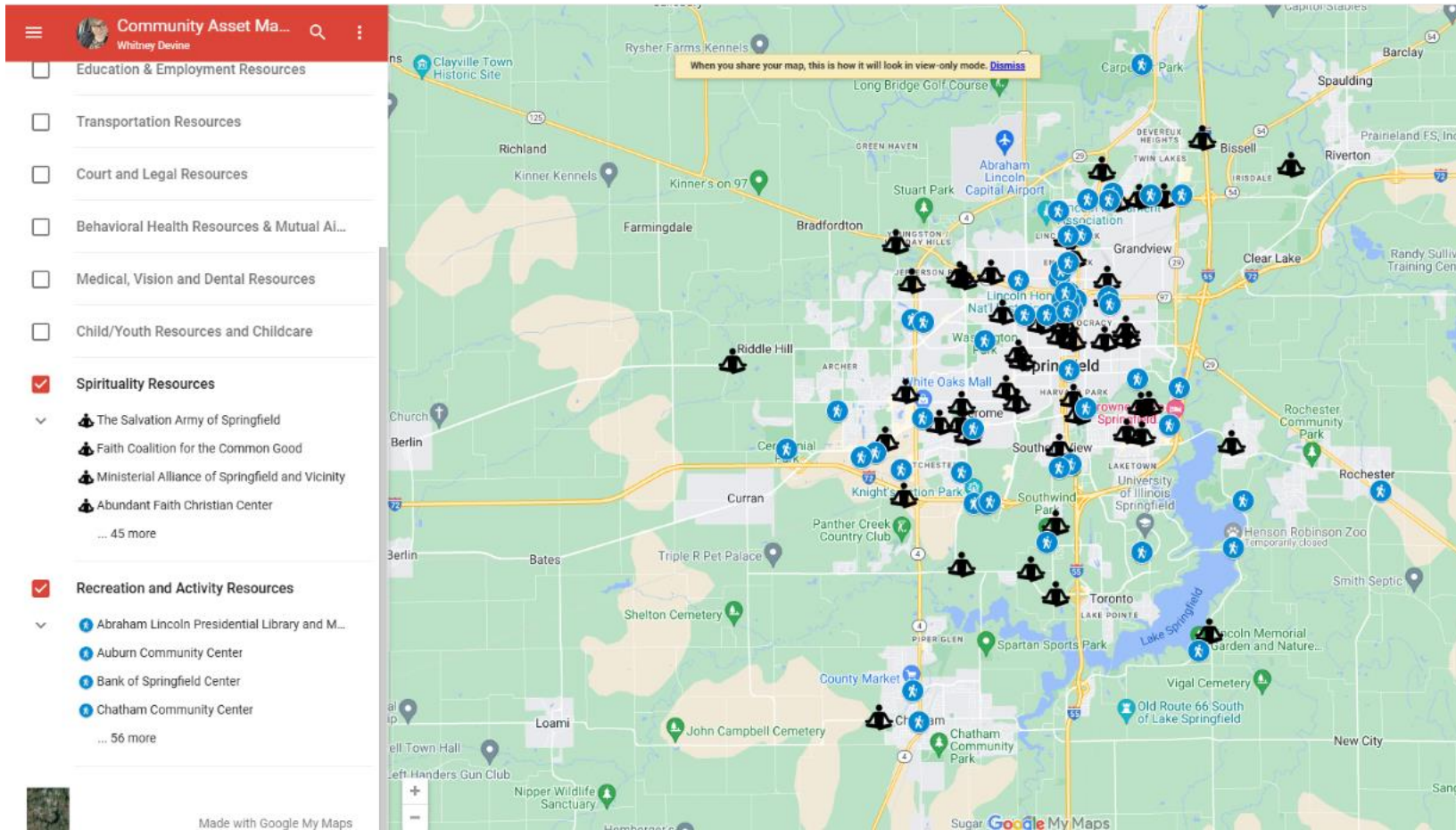
**Medical, Vision and Dental Resources**

- IDHS: Better Birth Outcomes
- Pregnancy Care Center of Springfield, Inc.
- First Step Women's Center
- Planned Parenthood - Springfield Health Cen...
- ... 25 more

**Child/Youth Resources and Childcare**

- Community Child Care Connection
- Springfield Urban League Head Start & Early ...
- Mini-O'Beirne Crisis Nursery
- Safe Families for Children
- ... 14 more





In addition to our Resource Guide, we have created an Interactive Live Google Map of Community resources with list of resource, description, location, hours, etc. These are our screen grabs of the map.

Here is a link to view the map in real time:

<https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSknQGjuriiXCkaAQA&usp=sharing>