Illinois Help Lines

Substance Misuse & Medication-Assisted Recovery (MAR/MAT)

Illinois Helpline for Opioids and Other Substances

Phone Number: 1-833-2FINDHELP (1-833-234-6343)

Website: Illinois Helpline

Description: A 24/7 confidential helpline that connects individuals and families with resources for substance

misuse and treatment, including MAT and opioid-related issues.

SAMHSA National Helpline (Substance Abuse & Mental Health Services Administration)

Phone Number: 1-800-662-HELP (1-800-662-4357)

Website: SAMHSA Helpline

Description: A 24/7 helpline offering free, confidential support for those experiencing substance use disorders and

mental health challenges. It also provides information on medication-assisted recovery (MAR).

Illinois Substance Use Disorder Services

Phone Number: 1-800-522-9020 (SAMHSA National Helpline)

Website: Illinois Substance Use Services

Description: Provides a variety of services, including outpatient and inpatient care, for individuals struggling with

substance misuse across Illinois.

Hispanic/Latino Community Support

National Latinx and Hispanic Addiction Resource (The National Hispanic and Latino Addiction & Recovery Institute)

Phone Number: 1-800-662-HELP (1-800-662-4357) (SAMHSA National Helpline)

Website: National Latino Addiction Resource

Description: This national resource provides substance use disorder treatment and recovery services specifically for the Latino community. Bilingual services are available.

Latino Treatment and Recovery Services in Illinois

Website: Latino Services Illinois

Description: A collection of Illinois-based recovery services tailored for the Latino community, offering culturally sensitive care and bilingual professionals.

The National Hispanic Institute (Youth Programs)

Phone Number: 512-357-6137

Website: National Hispanic Institute

Description: Offers programs that support Latino youth, including mental health and leadership development

opportunities.

Teen Pregnancy Prevention Initiative (Illinois Department of Public Health)

Phone Number: 1-800-433-0464 (Teen Pregnancy Prevention Information)

Website: Teen Pregnancy Prevention

Description: Provides educational resources, prevention programs, and support services for teens facing

pregnancy in Illinois.

Planned Parenthood of Illinois (Teen Pregnancy & Reproductive Health)

Phone Number: 1-800-230-PLAN (1-800-230-7526)

Website: Planned Parenthood Illinois

Description: Offers reproductive health care, counseling, and resources for pregnant teens, including prenatal

care, contraceptive access, and parenting support.

Illinois Child Abuse Hotline

Phone Number: 1-800-25-ABUSE (1-800-252-2873)

Website: Illinois Child Abuse Hotline

Description: A 24/7 confidential service for reporting suspected child abuse or neglect and accessing services for

children at risk.

National Adult Protective Services (Elder Abuse Hotline)

Phone Number: 1-800-677-1116

Website: Adult Protective Services

Description: Provides help for elderly individuals facing abuse, neglect, or exploitation, available nationwide and

in Illinois.

Illinois Department of Aging Elder Abuse Hotline

Phone Number: 1-866-800-1409

Website: Illinois Elder Abuse Hotline

Description: A statewide service offering assistance for reporting elder abuse, including physical, emotional, or financial abuse.

Illinois Warm Line (Mental Health Support)

Phone Number: 1-866-359-7953

Website: Illinois Warm Line

Description: A non-crisis mental health support line for Illinois residents who need someone to talk to about emotional distress, mental health challenges, or recovery.

Crisis Text Line

Text Number: Text "HOME" to 741741

Website: Crisis Text Line

Description: Provides confidential text support for those facing emotional distress or in crisis, available

nationwide including Illinois.

National Suicide Prevention Lifeline (24/7 Emotional Support)

Phone Number: 988 or 1-800-273-TALK (1-800-273-8255)

Website: 988 Lifeline

Description: Available for anyone in crisis, this free helpline provides immediate support for mental health,

emotional distress, and suicide prevention.

National Maternal Mental Health Hotline (For New Parents)

Phone Number: 1-833-9-HELP4MOMS (1-833-943-5746)

Website: Maternal Mental Health Hotline

Description: Offers confidential support for new and expecting mothers dealing with emotional or mental health

challenges.

Additional Resources for Specific Needs

Illinois Association for Behavioral Health (Substance Use & Mental Health)

Website: Illinois Behavioral Health

Description: A professional organization advocating for mental health and substance use treatment services across Illinois, with resources for finding local support.

Illinois Department of Public Health (Substance Misuse & MAR Support)

Phone Number: 1-800-843-6154

Website: IDPH Substance Use Services Description: Offers substance use treatment options, including

Medication-Assisted Treatment (MAT) and support for people recovering from addiction.

National Hotlines

National Suicide Prevention Lifeline

Phone Number: 988

Website: https://988lifeline.org/

Description: 24/7 free and confidential support for people in distress or suicidal crisis. Available via phone, chat,

or text.

National Helpline for Substance Abuse and Mental Health Services (SAMHSA)

Phone Number: 1-800-662-HELP (1-800-662-4357)

Website: https://www.samhsa.gov/find-help/national-helpline

Description: Confidential and free 24/7 information and treatment referral for individuals and families facing

mental and/or substance use disorders.

Crisis Text Line

Text Number: Text HOME to 741741

Website: https://www.crisistextline.org/

Description: Text-based support for anyone in crisis. Available 24/7.

National Domestic Violence Hotline

Phone Number: 1-800-799-SAFE (1-800-799-7233)

Text Number: Text "START" to 88788

Website: https://www.thehotline.org/

Description: Confidential support for individuals affected by domestic violence. Available 24/7.

National Crisis Line (Mental Health and Suicide Prevention)

Phone Number: 1-800-273-TALK (1-800-273-8255) [This is being transitioned to 988]

Website: https://suicidepreventionlifeline.org/

Description: Provides free, confidential support for people in emotional distress or suicidal crisis. Call or text 988 for immediate help.

Veterans Crisis Line

Phone Number: 1-800-273-8255 (Press 1)

Text Number: Text 838255

Website: https://www.veteranscrisisline.net/ Description: Free, confidential support for veterans and their

families, 24/7.

National Alliance on Mental Illness (NAMI) Helpline

Phone Number: 1-800-950-NAMI (1-800-950-6264)

Website: https://www.nami.org/

Description: Provides free, confidential support for individuals and families affected by mental health conditions.

Available Monday through Friday.

National Eating Disorders Association (NEDA) Helpline

Phone Number: 1-800-931-2237

Website: https://www.nationaleatingdisorders.org/

Description: Confidential support for individuals affected by eating disorders. Available Monday through

Thursday.

Substance Abuse and Mental Health Services Administration (SAMHSA) Disaster Distress Helpline

Phone Number: 1-800-985-5990

Text Number: Text TalkWithUs to 66746

Website: https://www.samhsa.gov/find-help/disaster-distress-helpline

Description: Provides 24/7 crisis counseling and support for individuals affected by disasters.

The Trevor Project (LGBTQ+ Youth Crisis Helpline)

Phone Number: 1-866-488-7386

Text Number: Text START to 678678

Website: https://www.thetrevorproject.org/

Description: Crisis helpline for LGBTQ+ youth in need of support, available 24/7.

National Runaway Safeline

Phone Number: 1-800-RUNAWAY (1-800-786-2929)

Website: https://www.1800runaway.org/

Description: Confidential support for runaway youth and families, available 24/7.

National Child Abuse Hotline (Childhelp)

Phone Number: 1-800-4-A-CHILD (1-800-422-4453)

Website: https://www.childhelp.org/hotline/

Description: Confidential support for individuals concerned about child abuse and neglect. Available 24/7.

RAINN (Rape, Abuse & Incest National Network)

Phone Number: 1-800-656-HOPE (1-800-656-4673)

Website: https://www.rainn.org/

Description: 24/7 confidential support for survivors of sexual assault.

American Foundation for Suicide Prevention (AFSP)

Website: https://afsp.org/

Description: Resources and support for individuals affected by suicide and mental health issues.

These resources are available to help individuals in crisis, provide support for mental health and substance use, and offer specialized assistance for a variety of needs. If you or someone you know needs help, don't hesitate to reach out to one of these lines.

SAMHSA National Helpline

Phone Number: 1-800-662-HELP (1-800-662-4357)

Website: SAMHSA Helpline

Description: Free, confidential 24/7 helpline for individuals and families facing mental and/or substance use

disorders.

National Institute on Drug Abuse (NIDA) Helpline

Phone Number: 1-877-643-2644

Website: NIDA Help

Description: Provides resources and support for those struggling with substance use disorders and addiction.

Support for Children & Families

National Child Abuse Hotline (Childhelp)

Phone Number: 1-800-4-A-CHILD (1-800-422-4453)

Website: Childhelp

Description: Confidential support for individuals concerned about child abuse and neglect, available 24/7.

National Runaway Safeline

Phone Number: 1-800-RUNAWAY (1-800-786-2929)

Website: National Runaway Safeline

Description: Confidential support for runaway youth and families, available 24/7.

National Human Trafficking Hotline

Phone Number: 1-888-373-7888

Text Number: Text 233733

Website: National Human Trafficking Hotline

Description: A 24/7 resource for individuals to report human trafficking, find support, and access services for

victims.

Polaris Project (Human Trafficking Support)

Phone Number: 1-888-373-7888

Text Number: Text "BeFree" to 233733

Website: Polaris Project

Description: Provides comprehensive support for victims of human trafficking, connecting them to services and

resources.

National Sexual Assault Hotline (RAINN)

Phone Number: 1-800-656-HOPE (1-800-656-4673)

Website: RAINN

Description: Provides confidential support for survivors of sexual assault, including human trafficking victims,

available 24/7.

The National Center for Missing & Exploited Children (NCMEC)

Phone Number: 1-800-THE-LOST (1-800-843-5678)

Website: NCMEC

Description: Provides resources for missing children and those impacted by child exploitation, including

trafficking.

Crisis Text Line

Text Number: Text HOME to 741741

Website: Crisis Text Line

Description: Provides 24/7 text support for individuals in crisis, including those facing substance use, trafficking,

or mental health challenges.

National Suicide Prevention Lifeline

Phone Number: 988 (or 1-800-273-8255 until full transition)

Website: 988 Lifeline

Description: 24/7 support for people in distress, offering immediate assistance for suicidal thoughts and

emotional crisis.

Adoption agencies, services, and lawyers in or near Clinton County, Illinois (62231).

These resources can provide support for adoption processes, including legal services, counseling, and guidance:

Adoption Agencies & Services in Clinton County and Surrounding Areas

Illinois Department of Children and Family Services (DCFS)

Services: Adoption, foster care, and child welfare services.

Phone Number: 1-800-572-2390 (Statewide Adoption Information)

Website: DCFS Adoption Services

Description: The Illinois Department of Children and Family Services provides public adoption services for

children in foster care, including information, support, and guidance through the adoption process.

Baptist Children's Home and Family Services Location:

4243 Lincolnshire Drive, Mount Vernon, IL 62864

Hours: Monday-Friday: 9:00 AM-5:00 PM.

Contact: Phone: 618-242-4944 / 618-382-4164 / 800-458-2229

Website: https://www.bchfs.com

Luthern Family Services

Location: 501 S. Sixth St., Springfield, IL 62701 (Approx. 45 miles from Clinton County)

Phone Number: 217-528-4035

Website: LCFS Adoption Services

Description: Offers adoption services, including both domestic and international adoptions, as well as foster care placement.

Catholic Charities of the Diocese of Belleville

Location: 2620 Lebanon Ave., Belleville, IL 62221 (Approx. 15 miles from Clinton County)

Phone Number: 618-234-0361

Website: Catholic Charities Belleville Adoption

Description: Catholic Charities offers services for adoption and pregnancy counseling, including domestic

adoption, foster care, and post-placement support.

The Children's Home and Aid Society of Illinois

Location: 3411 S. Clearview Ave., Springfield, IL 62704 (Approx. 45 miles from Clinton County)

Phone Number: 217-523-1196

Website: Children's Home and Aid Adoption

Description: Provides adoption services, foster care, and support to birth parents and adoptive families.

Gladney Center for Adoption

Location: 1345 S. 6th St., Springfield, IL 62703 (Approx. 40 miles from Clinton County)

Phone Number: 217-544-1802

Website: Gladney Adoption Services

Description: Gladney offers domestic infant adoption services, home study support, and resources for both

prospective birth parents and adoptive families.

Adoption Agencies

Agency	Phone/Website	
Adoption Center of Illinois	Call: 800-676-2229	
At Family Resource Center (Call 24 hrs.)	www.adoptioncenterofillinois.org/home Text:	
5828 N. Clark St.	872-588-0757	
Chicago, IL 60660	Pam Brown, adoption counselor:	
(statewide agency coverage)	309-678-1918	
American Adoptions National		
Office	Call: 800-236-7846	
7500 W 110th St. Suite 500	https://www.americanadoptions.com/	
Overland Park, KS 66210		

Bethany Christian Services Southern Illinois	Call: 618-219-1600
2421 Corporate Center Drive, Suite 100	https://www.bethany.org/southern-illinois
Granite City, IL 62040	
Baptist Children's Home and	Call: 618-242-4944 or
Family Services	618-382-4164 or
4243 Lincolnshire Drive	800-458-2229
Mount Vernon, IL 62864	https://bchfs.com/adoption-services/
Christian Family Services 9955	Birthparent Line: (314) 326-1268
Bunkum Road	Illinois: (618) 397-7678
Fairview Heights, IL 62208	https://www.stlcfs.org/adoption
Lutheran Child & Family Services	Call: 618-234-8904
317 W Main Street	https://lcfs.org/
Belleville, IL 62220	
Children's Home and Aid Society	Call: 618-235-5335
120 East A Street	www.childrenshomeandaid.org
Belleville, IL 62220	
Children's Home and Aid Society 601	Call: 618-874-0216
James R. Thompson Blvd.	
Building E	www.childrenshomeandaid.org
East St Louis, IL 62201	

Adoption Attorneys

Attorney	Phone/Website
Crouse-Cobb & Bays Law Firm	Call: 618-344-6300
515 West Main Street	Deborah: 618-979-9657
Collinsville, IL 62234	http://www.illinoisadoption.attorney/about.html
Grammer Law	Call: 618-259-2113
2 Terminal Drive, Suite 17B East	https://www.susangrammerlaw.com/
Alton, IL 62024	
Kimberly Kuhlengel-Jones, Attorney 1070	Call: 618-327-3093
North Mill Street	
PO Box 186	http://www.kimkuhlengeljonesatt.com/
Nashville, IL 62263	

Adoption Lawyers in Clinton County and Surrounding Areas

The Law Offices of Carolyn S. Sabo

Location: 505 W. Main St., Suite 210, Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-398-8214

Website: Carolyn S. Sabo Law

Description: A law firm specializing in family law, including adoption, child custody, and other family-related legal services.

Law Office of Thomas C. Dodd

Location: 111 E. 3rd St., Greenville, IL 62246 (Approx. 16 miles from Clinton County)

Phone Number: 618-664-0300

Website: Thomas C. Dodd Law

Description: Provides legal services for adoption, family law, and other related services, specializing in assisting

with adoption processes.

The Law Office of Melissa L. Kean

Location: 309 S. Broadway St., Belleville, IL 62220 (Approx. 20 miles from Clinton County)

Phone Number: 618-233-8271

Website: Melissa Kean Law

Description: Specializes in family law, including adoption, and offers a wide range of legal services tailored to

the needs of adoptive parents.

Vancil, Brown & Vancil Law Firm

Location: 1400 Broadway, Suite 215, Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-235-5950

Website: Vancil Law

Description: Provides legal services for adoption, guardianship, and family law cases, including domestic

adoptions and legal representation for birth mothers.

Additional Resources and Information

Adoption Triad of Illinois

Phone Number: 1-888-602-3667

Website: Adoption Triad Illinois

Description: An advocacy and support organization for birth parents, adoptees, and adoptive families, providing

resources for those considering adoption.

Illinois Adoption Registry and Medical Information Exchange

Phone Number: 217-524-2029

Website: Illinois Adoption Registry

Description: The registry provides services for birth parents and adopted children to exchange medical

information and, if desired, facilitate contact or reunion.

Crouse-Cobb & Bays Law Firm

Location:515 West Main Street, Collinsville, IL 62234

Contact: Phone: 618-344-6300 Deborah: 618-979-9657

Hours: Monday-Friday: 9:00 AM-5:00 PM.

Grammer Law

Location: 2 Terminal Drive, Suite 17B, East Alton, IL 62024

Contact: Phone: 618-259-2113

Hours: Monday–Friday: 9:00 AM–5:00 PM. **Website:** https://www.susangrammerlaw.com

Kimberly Kuhlengel-Jones, Attorney

Location: 1070 North Mill Street, PO Box 186, Nashville, IL 62263

Contact: Phone: 618-327-3093

Hours: Monday–Friday: 9:00 AM–5:00PM. **Website**: https://kimkuhlengeljonesatt.com

Alcohol detox centers near Clinton County, Illinois (62231), as well as the Southern Illinois region:

Belleville Memorial BJC Medical Stabilization Detox Program

Location: 4500 Memorial Drive, Belleville, IL 62226

Phone Number: 618-257-5420

Website: https://www.memhosp.org

Description: Admission for adults who are showing signs of withdrawal, creating individualized plans for steps in treatment, assistance for referrals for inpatient or outpatient programs, addressing other barriers to treatment and provision of Peer Support during the process.

Gateway Foundation - Belleville

Location: 200 N. 3rd St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-234-9000

Website: Gateway Foundation Belleville

Description: Gateway offers a range of addiction treatment services, including medically supervised detox, inpatient treatment, and outpatient services for alcohol and substance use disorders.

Chestnut Health Systems - Alcohol & Drug Detox

Location: 900 W. Main St., Carbondale, IL 62901 (Approx. 50 miles from Clinton County)

Phone Number: 618-457-6700

Website: Chestnut Health Systems

Description: Provides detox services, addiction treatment, and a variety of recovery programs for individuals

struggling with alcohol and drug addiction.

SIHF Healthcare - Behavioral Health Services

Location: 201 W. Main St., Suite 100, Belleville, IL 62220 (Approx. 17 miles from Clinton County)

Phone Number: 618-394-1294

Website: SIHF Behavioral Health

Description: SIHF offers outpatient behavioral health services, including alcohol addiction treatment and detox

programs.

Prairie Heart Institute of Springfield - Detoxification Program

Location: 619 E. Mason St., Springfield, IL 62769 (Approx. 50 miles from Clinton County)

Phone Number: 217-788-3700

Website: Prairie Heart Institute

Description: Provides medically supervised alcohol and drug detox services, as well as other treatment programs

for addiction recovery.

Lutheran Social Services of Illinois (LSSI) - Recovery Services

Location: 3233 W. White St., Belleville, IL 62226 (Approx. 15 miles from Clinton County)

Phone Number: 618-235-0802

Website: LSSI Recovery Services

Description: Offers detoxification services and outpatient treatment for alcohol addiction and other substance use

disorders.

Alcoholics Anonymous (AA) Meetings in Clinton County & Southern Illinois Region

AA Meeting: Belleville - St. Matthew's Church

Location: 1200 Moreland Dr., Belleville, IL 62221 (Approx. 17 miles from Clinton County)

Meeting Times: Mondays at 7:00 PM, Wednesdays at 10:00 AM

Description: Local AA meetings for individuals seeking support in their recovery journey.

AA Meeting: Carlyle - United Methodist Church

Location: 208 S. 2nd St., Carlyle, IL 62231 (In Clinton County)

Meeting Times: Mondays at 6:30 PM, Thursdays at 7:00 PM

Description: Support group meetings for individuals with alcohol dependency, offering the AA 12-step program.

AA Meeting: East St. Louis - Trinity United Methodist Church

Location: 4801 State St., East St. Louis, IL 62205 (Approx. 20 miles from Clinton County)

Meeting Times: Fridays at 7:30 PM, Sundays at 9:00 AM

Description: Alcoholics Anonymous meetings offering support and fellowship in the recovery process.

AA Meeting: Fairview Heights - St. Clair County Health Department

Location: 19 Public Square, Fairview Heights, IL 62208 (Approx. 20 miles from Clinton County)

Meeting Times: Tuesdays at 7:30 PM, Saturdays at 9:00 AM

Description: Provides a safe, supportive space for those recovering from alcoholism.

AA Meeting: Carbondale - First Christian Church

Location: 101 N. Glenview Dr., Carbondale, IL 62901 (Approx. 50 miles from Clinton County)

Meeting Times: Mondays at 6:00 PM, Thursdays at 8:00 PM

Description: Local AA meetings that offer peer support and the AA 12-step program for those struggling with alcohol addiction.

AA Meeting: Alton - Alton Memorial Hospital

Location: 1 Memorial Dr., Alton, IL 62002 (Approx. 40 miles from Clinton County)

Meeting Times: Wednesdays at 6:30 PM, Sundays at 10:30 AM

Description: Regular AA meetings held in a medical setting to support individuals in recovery.

AA Meeting: Mt. Vernon - Mount Vernon YMCA

Location: 3100 Broadway St., Mt. Vernon, IL 62864 (Approx. 60 miles from Clinton County)

Meeting Times: Mondays at 7:00 PM, Thursdays at 9:00 AM

Description: Provides Alcoholics Anonymous meetings in a supportive environment for individuals in recovery.

AA Meeting: O'Fallon - O'Fallon United Methodist Church

Location: 204 E. 1st St., O'Fallon, IL 62269 (Approx. 20 miles from Clinton County)

Meeting Times: Tuesdays at 7:30 PM, Saturdays at 10:00 AM

Description: Provides a safe and welcoming environment for those in recovery from alcohol addiction.

Celebrate Recovery

https://www.celebraterecovery.com/

St. Matthew UMC, 1200 Mooreland Drive, Belleville, IL 618-406-0287 – Friday evenings Restoration Church, 3375 Fehling Road, Granite City, IL 618-781-3070 – Thursday evenings Pentecostals of Troy, 8965 State Rte. 162, Troy, IL 618-667-6054 – Sunday evenings First Baptist Church, 719 State Street, Chester, IL 618-826-3918 – Wednesday evenings Discovery Family Church, 699 Bluff Rd, Collinsville, IL 618-342-7242 – Monday evenings New Bethel Church, 5803 Belmont Ave, East St Louis, IL 618-397-8155 – Tuesday evenings Calvary Baptist Church, 1422 Washington Ave, Alton, IL 618-462-8816 – Wednesday evenings

Online Resources for AA Meetings & Alcohol Recovery

Alcoholics Anonymous - Official Website

Website: AA.org

Description: Provides information on AA meetings, resources, and the 12-step program, including a directory of virtual and in-person meetings.

AA Near You (Find Local Meetings)

Website: AA Near You

Description: The official AA directory allows individuals to find local and virtual AA meetings near their area.

Smart Recovery (Non-12 Step Support)

Website: Smart Recovery

Description: Offers an alternative to the 12-step program with a focus on self-empowerment and science-based

recovery.

Celebrate Recovery

https://www.celebraterecovery.com

St. Matthew UMC, 1200 Mooreland Drive, Belleville, IL 618-406-0287 – Friday evenings Restoration Church, 3375 Fehling Road, Granite City, IL 618-781-3070 – Thursday evenings

Pentecostals of Troy, 8965 State Rte. 162, Troy, IL 618-667-6054 – Sunday evenings First Baptist Church, 719 State Street, Chester, IL 618-826-3918 – Wednesday evenings Discovery Family Church, 699 Bluff Rd, Collinsville, IL 618-342-7242 – Monday evenings New Bethel Church, 5803 Belmont Ave, East St Louis, IL 618-397-8155 – Tuesday evenings Calvary Baptist Church, 1422 Washington Ave, Alton, IL 618-462-8816 – Wednesday evenings

Children's Resources Clinton County, Illinois (62231) or nearby

Child Advocacy & Wellness Services (Birth through Teen)

Illinois Department of Children and Family Services (DCFS) - Clinton County Office

Location: 405 W. Main St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-236-1357

Website: Illinois DCFS

Description: DCFS provides child welfare services, including child protection, foster care, and adoption services, as well as support for children and families in need.

Youth Advocacy Program (YAP)

Location: 1201 W. 4th St., Belleville, IL 62220 (Approx. 17 miles from Clinton County)

Phone Number: 618-233-7095

Website: Youth Advocacy Program

Description: Provides advocacy and support services to children and families, including legal support, crisis intervention, and community-based services.

Children's Home + Aid - Belleville

Location: 3411 S. Clearview Ave., Springfield, IL 62704 (Approx. 45 miles from Clinton County)

Phone Number: 217-523-1196

Website: Children's Home + Aid

Description: Offers a variety of programs including adoption, foster care, mental health services, and support for children and families in the region.

United Way of Greater St. Louis (Clinton County)

Phone Number: 2-1-1 (Dial 211 for local resources)

Website: United Way

Description: Connects individuals with community resources, including child wellness programs, emergency services, and other local support for children and families.

Children Substance Treatment Centers and Resources – Pediatric/Adolescent (Table provided by BJC Memorial/ Sheena Langhauser)

Facility	Program Information	Insurance Accepted
Chestnut Health Systems 12 N. 64 th Street Belleville, IL 62223 50 Northgate Industrial Drive Granite City, IL 62040 2148 Vadalabene Drive Maryville, IL 62062 618-877-4420	Outpatient	Medicare Plans Medicaid Plans Multiple Commercial Plans Support for Uninsured/Self- Pay
Chestnut.org CenterPointe Hospital 4801 Weldon Spring Pkwy St. Charles, MO 63304 888-945-7617 Centerpointehospital.com Centerstone 877-467- 3123 2615 Edwards Street Alton, IL 62002 2311 South Illinois Ave	Ages 12-17 residential and detox treatment at St. Charles, MO Outpatient	Medicare, Tricare, Missouri Managed Medicaid Plans, Ambetter, Healthy Blue, Homestate Health, UHC, and many other commercial insurance plans – call for info Most commercial insurances, Medicare, Medicaid plans, Tricare, nobody is denied services due to inability to pay
Carbondale, IL 62903 Community Resource Center Centralia (618) 533-1391 Carlyle (618) 594-4581 Salem (618) 548-2181 Vandalia (618) 283-4229 Crconline.info	Outpatient substance use treatment Referrals for mental health support	In network for BCBS, Healthlink, Health Alliance, will work to accept other insurance plans Medicare, Illinois Medicaid, Meridian, Molina, Blue Cross Community Plan, Aetna Better Health, Youthcare, AllKids Sliding fee scale based on income may qualify for copay assistance

Comwell 618-282-6233	Outpatient	Call for information Sliding fee scale for those
10257 State Route 3 Red Bud, IL 62278		without insurance
104 Northtown Drive Sparta, IL 62286		Able to accept Medicaid plans
2517 State Street Chester, IL 62233		
109 West Elm Okawville, IL 62271		

Heartland Boys Academy is	Teen Challenge is 501c3
	nonprofit status, and
1 0	donations offset a portion of
-	the program costs
*	
	Scholarships may be available
•	C 11 C
	Call for more information
	regarding cost
<u> </u>	
bublic school.	
Spanish Speaking available	
Residential	In Network: Anthem Blue
	Cross, BCBS, Sharp, First
Day	Health Network, Healthnet,
CT 1	Kaiser Permanente Northern
Hospital	CA
[Out of network but will work
intensive Outpatient	with: Aetna, Amerihealth,
	Carefirst, GHI, Magellan,
	Optum, Permera, UHC,
	Oxford, Humana, call for more
	info
	structured, Christian esidential program for boys ged 12-17. Our relationally-riented, adventure-focused rogram is specifically esigned to meet the needs f our students who are truggling with difficult life hallenges or expulsion from ublic school. Epanish Speaking available

Karla Smith Behavioral Health 200 North Lincoln O'Fallon, IL 62269 618-624-5771	Consultation Treatment Placement Family Intervention Outpatient counseling Follow up care after residential treatment	Call to discuss rates and sliding fee scale
Lincoln Prairie 5230 South 6 th Street Road Springfield, IL 62703 217-585-1180 Lincolnprairiebhc.com	Dual Diagnosis/MISA program Inpatient treatment Outpatient treatment Partial Hospitalization	Financial assistance available for those who qualify, able to accept most commercial insurance plans – call for info Can accept Illinois Medicaid, IL Blue Cross Community Plan, Molina, Meridian, Cook County HHS
Montrose Behavioral Health 4720 North Clarendon Ave. Chicago, IL 60640 888-899-7909 Montrosebehavioral.com	Dual Diagnosis Behavioral Issues Eating Disorders 24hr assessment screenings Inpatient treatment	BCBS, Cigna, ComPsych, Humana, Magellan, IL Medicaid, Molina Call for more info

The Pavilion	Age 12-17 inpatient for dual	Financial assistance available
809 West Church	diagnosis	for those who qualify
Street Champaign, IL	_	In network with many
61820		commercial plans, call for info
800-373-1700		·
		IL Medicaid under age 20 on
Pavilionhospital.com		a case by case basis -
		Aetna Better Health, Blue
		Cross Community Plan,
		Molina;
		Out of network for Allsavers,
		Consociate, UMR, The Health
		Plan
		CANNOT accept UHC,
		AmBetter, County Care,
		Humana Medicare HMO, MH
		Coventry, out of state
		Medicaid plans, Live360,
		Tricare Direct, Getixnet,
		BCBS HMO plans (XOH,

		XOL, XPK, XUQ plans), Good Samaritan/Christian shared, Unified Group
Prairie Counseling	Individual and family	Medica
Center Bond County Health Dept. 618-664-	counseling	re Medicai
1455	Serves Bond County and	d
1520 South 4th Street	surrounding areas	Sliding fee scale based on household income/size
Greenville, IL 62246		Household incolle/size
Bchd.us		All patients are served regardless of ability to pay
Queen of Peace Center 325 North Newstead	Adolescent Resource Center	Services from the Adolescent
Ave. St. Louis, MO	Age 12-19, outpatient	Resource Center are free of
63108 314-531-0511	support and counseling for support with substance and	charge
J1 1 -JJ1-UJ11	mental health disorders	Call for more information
Qopcstl.org	Housing programs are	regarding other assistance
	available for	
	pregnant/postpartum mothers	

Preferred Family Residential *Operates under multiple* Healthcare Pfh.org Treatment: brands, including Bridgeway Behavioral Health, Clarity Jefferson City, Ouincy, IL MO Joplin, MO Healthcare, Dayspring 217-224-6300 Kansas City, Community Services, and Jefferson City, MO St. Preferred Family Healthcare MO 573-632-Charles, MO 4321 Aetna, Anthem BCBS. Joplin, MO Outpatient: Century Health Solutions, 417-623-1990 Quincy, IL Cigna, ENI Employee Kansas City, St. Louis, MO Network, Health Alliance **MO 816-**(multiple Illinois, HealthCare USA, 474-7677 locations) Aetna Better Health St. Charles, St. Peters, MISSOURI, Healthlink PPO **MO 636-**MO and HMO, Land of Lincoln 946-6479 multi plan, Life Synch, Trenton, St. Louis, MO Troy, Magellan, Mercy Managed MO 314-MO Union, Behavioral Health, Meridian 773-3670 MO Illinois Medicaid, MH Net, Missouri Care, Molina Hannibal, MO Joplin, Illinois, Multi Plan, New Directions, People Resources, MO Kirksville, Plan Care America, Preferred MO Liberty, Mental Health Management, MO Olathe, Sunflower Plan KS, UHC/Optum, Value Options KS

Rosecrance **Dual Diagnosis** Aetna, BCBS, Cigna, Optum, **Griffin Williamson** ComPsych, Dean Health, **Campus 1601 N.** History of trauma/abuse ECOH, Exceedent, Health **University Drive** Alliance, Humana, Magellan, Rockford, IL 61107 Group, family, and individual Multiplan, New Avenues, 866-330-8729 counseling OSF, Provider Network of America, Quartz Health Inpatient/Residential Solutions, The Alliance, Rosecrance.org United Behavioral Health, treatment Detox WEA Trust, WPS, Zelis/HFN Managed Medicaid plans – Blue Cross Illinois Community Plan, Cook County HHS, Aetna Better Health, Meridian, Molina Will accommodate private pay

Call for further assistance

St. Louis Children's Hospital Psychiatry Center One Children's Place St. Louis, MO 63110 314- 454-5437	Outpatient treatment in conjunction with Washington University School of Medicine	Aetna, Anthem BCBS, Baxter Regional PHO, Beech Street, Best Doctor's Inc, BCBS of IL, Cigna, CPHP, Consociate Care, Coventry of MO, Coventry of KS, CHN PPO, Health Alliance, HealthLink, HFN, Humana, Mail Handlers, Mercy, Multiplan PPO, OccuNet, PHCS, UHC, USA MCO, VA (authorization required), WellFirst, WUSM, WU Students, Cenpatico, UBH Aetna Better Health, Molina, Meridian, YouthCare
Touchette Regional Hospital 618-332-5374 5900 Bond Ave Centreville, IL 62207 2 Memorial Drive (Inside Alton Memorial Hospital) Building A, Suite 120 Alton, IL 62002	Intensive Outpatient Program	Call for further information
Timberline Knolls 40 Timberline Drive Lemont, IL 60439 877-914-0254 Timberlineknolls.com	Mental health, eating disorders, trauma, and substance abuse treatment Women and Girls only Residential treatment, nonmedical detox is available as part of residential care	Each case is reviewed individually, facility will partner with many major insurance plans

Turning Winds 31733 South Fork Yaak Road Troy, MT 59935 800-845-1380 Turningwinds.com	Residential/Inpatient Partial Hospitalization Intensive Outpatient	Out of network on most commercial insurance plans, they are not contracted with any plan, will accommodate private pay, DO NOT accept
		Medicare or Medicaid plans
Charlie Health	All virtual/telehealth	Can accept several commercial
https://www.charliehealth.co m/ 866-805-1208	Group, individual, intensive outpatient	insurance plans or private payment

Community Counseling/Mental Health Resources for Children & Families

Clinton County Health Department

Location: 825 Fairfax St., Carlyle, IL 62231

Phone Number: 618-594-1833

Website: Clinton County Health Department

Description: Provides a range of health services including immunizations, health screenings, family planning, and wellness programs for children, WIC (food healthy nutrition).

Head Start Program – Clinton County

Location: 1000 E. 6th St., Belleville, IL 62220 (Approx. 20 miles from Clinton County)

Phone Number: 618-234-8190

Website: Head Start

Description: Provides early childhood education and family services to children from birth to age 5, focusing on school readiness, health, and family support.

YMCA of Southwest Illinois

Location: 2627 Old Collinsville Rd., Belleville, IL 62221 (Approx. 18 miles from Clinton County)

Phone Number: 618-234-9494

Website: YMCA of Southwest Illinois

Description: Offers a variety of youth programs including childcare, after-school care, youth sports, and wellness programs for children and teens.

Counseling & Mental Health Services:

988 – Dial this number for free and confidential support for anyone with mental health worries or dealing with a mental health crisis. Resources can be provided to local supports. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org.

Branch of Hope Ministry

951 Fairfax, Carlyle, IL

Ph# 618-226-3326,

https://branchofhopeministry.com/

Offers affordable rates in marriage, family, youth, individual and addiction recovery along with anger management and intervention assistance.

Community Resource Center

580 8th Street Carlyle, IL

Ph#618-594-4581

www.crconline.info

24 hr crisis hotline, substance abuse counseling, DUI service, psychiatric services, case management and residential living

Coping 4 Kids, Coping 4 Life

900 N. Walnut Street, Breese, IL

Ph# 618-830-5312

Website: https://www.coping4life.com

Individual and family counseling. Fees are based on income. Outreach services include workshops/training, basic life needs (food, clothing, school supplies, and household donations) and community services (prom clothing, Thanksgiving baskets, Christmas gifts).

Heartlinks Grief Center

5110 West Main, Belleville, IL,

Ph#618-277-1800,

www.myheartlinks.com

A program of Family Hospice assists grieving children, individuals, families, and groups through individual and family counseling, peer support groups, and other supportive community programs regardless of ability to pay.

Lucy Schrage ATR, LCPC, MA

Professional Counselor 9515 Holy Cross Ln, Specialty Clinic, Suite 5 Breese, IL 62230 Ph#618-920-5028

HSHS St. Joseph's Hospital Breese in Breese Illinois

Description: Lucy H. Schrage is a Professional Counselor in Breese, IL with special training and skill in assessing patient mental health and treating cognitive, psychological, and behavioral disorders

National Alliance on Mental Illness Southwestern Illinois (NAMI)

2100 Madison Ave., 4th Floor, Granite City, IL 62040,

Ph#618-798-9788

Website: https://namiswi.org/about-nami-southwestern-illinois/contact/

Solutions for Wellness

Phone Number: 618-322-6424

Breese, IL, Counseling

https://christinadiesen.com/

Child Daycares and Early Childhood Education

Carlyle Child Care Center

Location: 610 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-4516

Description: Offers daycare and early childhood education services for children aged 6 weeks to 5

years old.

Little Blessings Day Care & Preschool

Location: 106 E. 2nd St., Breese, IL 62230 (Approx. 9 miles from Clinton County)

Phone Number: 618-526-4043

Description: Provides daycare services and preschool programs for children from infants to

preschool age.

Kids Kingdom Daycare

Location: 400 N. 1st St., Breese, IL 62230 (Approx. 9 miles from Clinton County)

Phone Number: 618-526-3871

Description: Daycare services for children ages 6 weeks to 12 years, offering early childhood

education programs, summer care, and after-school care.

The Children's Learning Center

Location: 125 N. 2nd St., Highland, IL 62249 (Approx. 30 miles from Clinton County)

Phone Number: 618-654-5522

Description: Early childhood education and daycare services for children ages 6 weeks to 12 years

old, focusing on child development and learning.

Child Mental Health & Substance Misuse Resources

Chestnut Health Systems - Youth Services

Location: 900 W. Main St., Carbondale, IL 62901 (Approx. 50 miles from Clinton County)

Phone Number: 618-457-6700

Website: Chestnut Health Systems

Description: Provides youth mental health services and substance abuse treatment programs, including outpatient therapy, substance misuse prevention, and recovery programs for teens.

The Pavilion Behavioral Health System - Youth Services

Location: 1600 W. Springfield Ave., Champaign, IL 61821 (Approx. 85 miles from Clinton

County)

Phone Number: 217-373-1700

Website: Pavilion Behavioral Health

Description: Provides inpatient mental health care and outpatient services for children and teens, including treatment for mental health disorders and substance use.

Memorial Behavioral Health - Youth Services

Location: 201 W. White St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-236-8000

Website: Memorial Behavioral Health

Description: Provides mental health counseling and substance abuse treatment programs for

children, teens, and their families.

Youth & Family Counseling - Gateway Foundation

Location: 200 N. 3rd St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-234-9000

Website: Gateway Foundation

Description: Offers substance use disorder treatment services, including support for adolescents

and their families.

The Women's Center - Counseling Services

Location: 100 N. 4th St., Belleville, IL 62220 (Approx. 17 miles from Clinton County)

Phone Number: 618-236-7887

Website: The Women's Center

Description: Provides counseling and mental health services for children, teens, and families,

including those dealing with trauma, abuse, and substance misuse.

Children's Youth Homes & Residential Care for

Lutheran Child and Family Services of Illinois (LCFS)

Location: 501 S. Sixth St., Springfield, IL 62701 (Approx. 45 miles from Clinton County)

Phone Number: 217-528-4035

Website: Lutheran Child and Family Services

Description: Offers residential care, foster care services, and mental health services for children

and teens, including support for those in crisis.

Illinois Youth Center (IYC) - Murphysboro

Location: 1400 N. Fairmount Ave., Murphysboro, IL 62966 (Approx. 70 miles from Clinton

County)

Phone Number: 618-684-1300

Website: IYC Murphysboro

Description: A juvenile detention facility that provides residential care and rehabilitative services

for youth involved in the justice system.

One Hope United

1400 E McCord St., Centralia, IL 62801

(618) 532-4311

www.onehopeunited.org

Hoyleton Youth

www.hoyleton.org

Hoyleton Youth & Family Services

350 N Main St, Hoyleton, IL 62803

(618) 493-7382

The Hope School - Residential Treatment

Location: 1501 N. 7th St., Springfield, IL 62702 (Approx. 50 miles from Clinton County)

Phone Number: 217-523-4673

Website: The Hope School

Description: Provides residential care for children with emotional and behavioral needs, focusing

on educational services and therapeutic support.

Children with Disabilities & Autism Services Resources

The Autism Program of Illinois (TAP)

Location: Various locations across Illinois, including nearby communities in Belleville and

Springfield.

Phone Number: 877-365-3224

Website: The Autism Program

Description: TAP provides services to children with autism and their families, offering diagnosis,

treatment, and educational services, including free resources and training.

Easterseals Midwest - Autism Services

Location: 2626 N. 27th St., Springfield, IL 62702 (Approx. 45 miles from Clinton County)

Phone Number: 217-522-2200

Website: Easterseals Midwest Autism

Description: Provides early intervention, therapy, and support services to children with autism and developmental disabilities. Services include behavioral therapy, parent training, and educational support.

Illinois Early Intervention Program (IEI)

Phone Number: 1-800-323-4769 (Statewide)

Website: Illinois Early Intervention

Description: Statewide program offering services for children from birth to age 3 with developmental delays or disabilities, including speech therapy, physical therapy, and behavioral

therapy.

Clinton County Developmental Disabilities Board

Location: 825 Fairfax St., Carlyle, IL 62231

Phone Number: 618-594-4711

Description: Provides services and resources for children with disabilities, including developmental disabilities, autism, and other special needs. Offers guidance, family support, and connection to appropriate services.

Special Education District of St. Clair County (SEDOL)

Location: 1000 N. Illinois St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-825-3960

Website: <u>SEDOL</u>

Description: Offers specialized educational services for children with disabilities, including autism, developmental delays, and other special needs.

CHAKOTA

Chakota Therapeutic Riding Center 6248 Wesclin Road, Germantown, IL 334-0885

https://visitclintoncounty.com

Description: Chakota TRC offers therapeutic horseback riding, which has been shown through studies to improve the quality of life and wellbeing of those with disabilities. Riders at the center are paired with one of eight horses and taught basic horsemanship skills. This interaction and

process helps stimulate physical, mental and emotional growth. Equally important, the training gives riders a sense of freedom from impairment and an understanding that they are capable of doing something special.

COMMUNITY LINK

1665 N 4th St, Breese, IL 62230

(618) 526-8800

commlink.org

Description: To provide opportunities for choice, growth, and independence for adults with developmental disabilities.

Counseling Services & Grief- Sexual Assault, Trauma, Coping Support Any All Ages

Brightpoint (formerly Children's Home and Aid Society),

357 N. Main Street, Breese, IL Ph#618-526-8348,

https://www.brightpoint.org

Description: Provides youth services to children, youth and families in the Metro East area.

Department of Human Services,

800 S Locust St., Centralia, IL,

Ph#618-532-1966

https://www.dhs.state.il.us/page.aspx

Description: Can help you meet basic needs, cope with illness, emergencies, or other challenges. Can help you get Illinois Link Card, Cash, Medical Programs, Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Women, Infants and Children (WIC). Emergency services like housing assistance and food.

Family Support Hotline

Ph#314-669-1184,

Serving Clinton County

Connect with a volunteer with lived experience dealing with a loved one's substance or alcohol addiction. Receive a packet of support information to help YOU through this situation.

IL Department of Children & Family Services

1809 W. McCord, Centralia, IL 62801

Ph#618-352-6101

https://dcfs.illinois.gov

Description: The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely

return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission.

Sexual Assault & Family Emergencies (SAFE), Satellite Office:

276 N. Main Street, Breese, IL, Referrals go through their main office in Vandalia, Ph#618-283-1414, https://safecrisiscenter.org/

Description: Therapy and prevention education; provides services related to sexual assault or abuse; prevention programs cover internet safety, bullying dating relationships.

Social Security Administration Mt. Vernon/ Alton

Room 103 Federal Building 501 Belle, Alton IL 62002

Phone Number: 618-463-6568 **Website**: www.https://www.ssa.gov

St. Anne Cradle of Hope

Phone Number: 618-722-5022

2015 W. Main Street, Suite B Carbondale, IL 62901 Mondays & Wednesdays, 10am-2pm

www.stannecradleofhope.org

Information: provides materials and emotional support to pregnant mothers, young mothers, and families in need throughout Southern Illinois.

The Restore Network

Phone Number: 1-618-258-7244

3993 Fosterburg Road, Alton, IL 62002

https://therestorenetwork.org/

Description: faith-based group helping families and foster kids with what they need to heal from trauma. As a foster family, you will receive trauma-informed training and practical, ongoing support as you open your door to a child. We can help with meals, clothes, beds, car seats, ongoing advocacy, prayers and support that continue as long as the child is there.

2-1-1 Community Helpline

free, confidential information and referral service; available 24 hours a days, 7 days a week; connects you to a broad range of services including counseling, food pantries, health services, housing, support groups, and more; search the online database at UWSCI.org. United Way of South-Central Illinois.

CASA Court Appointed Special Advocates for Children

Fairfax St Ste C, Carlyle, IL 62231

Phone: (618) 594-6078

Website: https://www.casa4change.org

Community Resource Center

580 8th Street Carlyle, IL

Ph#618-594-4581

www.crconline.info

24 hr crisis hotline, substance abuse counseling, DUI service, psychiatric services, case management and residential living

Coping 4 Kids, Coping 4 Life

900 N. Walnut Street, Breese, IL

Ph# 618-830-5312

Website: https://www.coping4life.com

Individual and family counseling. Fees are based on income. Outreach services include workshops/trainings, basic life needs (food, clothing, school supplies, and household donations) and community services (prom clothing, Thanksgiving baskets, Christmas gifts).

Heartlinks Grief Center

Address: 5110 West Main, Belleville, IL,

Ph#618-277-1800,

www.myheartlinks.com

A program of Family Hospice assists grieving children, individuals, families, and groups through individual and family counseling, peer support groups, and other supportive community programs regardless of ability to pay.

Lucy Schrage ATR, LCPC, MA

Professional Counselor 9515 Holy Cross Ln, Specialty Clinic, Suite 5 Breese, IL 62230 Ph#618-920-5028

HSHS St. Joseph's Hospital Breese in Breese Illinois

Description: Lucy H. Schrage is a Professional Counselor in Breese, IL with special training and skill in assessing patient mental health and treating cognitive, psychological, and behavioral disorders

Centerstone

Location: 2615 Old Northwood Dr., Belleville, IL 62226 (Approx. 17 miles from Clinton County)

Phone Number: 1-877-467-3123

Website: https://centerstone.org

Description: Centerstone offers mental health counseling, including the "Coping 4 Life" program, which focuses on helping children and families manage anxiety, depression, and stress.

Prairie Counseling Services

Location: 1800 W. 6th St., Belleville, IL 62226 (Approx. 17 miles from Clinton County)

Phone Number: 618-234-9999

Website: Prairie Counseling Services

Description: Provides mental health services including individual and family counseling, group therapy, and

support for children and teens struggling with emotional and behavioral issues.

Memorial Behavioral Health - Child and Adolescent Services

Location: 201 W. White St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-236-8000

Website: Memorial Behavioral Health

Description: Offers mental health services for children, adolescents, and families, including outpatient

counseling, coping strategies, and crisis intervention.

The Women's Center - Counseling Services

Location: 100 N. 4th St., Belleville, IL 62220 (Approx. 17 miles from Clinton County)

Phone Number: 618-236-7887

Website: The Women's Center

Description: Offers mental health counseling and support services for children, teens, and families dealing

with trauma, substance misuse, and mental health challenges.

Hoyleton Youth and Family Services

Mission: Provides services to at-risk youth and families, focusing on fostering healthy relationships and

positive growth.

Services: Residential care, foster care services, behavioral health, and family strengthening programs.

Location: 3500 Foster Ave., Belleville, IL 62221 (Belleville location - Clinton County)

Phone Number: 618-397-1550

Hours of Operation:

Monday – Friday: 8:00 AM – 5:00 PM

Emergency services available 24/7

Website: Hoyleton Youth Services

Amy Schulz Child Advocacy Inc

500 Fairfield Rd, Mount Vernon, IL 62864 · 65 mi

Pnone number: (618) 244-2100

Website: https://amycenter.mvn.net

NACG - National Alliance for Children's Grief

Website: NACG

Children, Infants Born with Disabilities or Addiction, & Social Work Support

Chestnut Health Systems - Youth & Family Services

Location: 900 W. Main St., Carbondale, IL 62901 (Approx. 50 miles from Clinton County)

Phone Number: 618-457-6700

Website: Chestnut Health Systems

Description: Provides addiction recovery services for children, including outpatient and inpatient programs, counseling, and family support. Also provides services for infants born with substance use-related conditions.

Gateway Foundation - Belleville

Location: 200 N. 3rd St., Belleville, IL 62220 (Approx. 18 miles from Clinton County)

Phone Number: 618-234-9000

Website: Gateway Foundation

Description: Provides substance abuse treatment services for adolescents and families, including inpatient, outpatient, and recovery support programs.

Illinois Department of Children and Family Services (DCFS)

Phone Number: 1-800-252-2873 (24/7)

Website: DCFS Hotline

Description: Offers child welfare services, including substance abuse intervention for children and families. DCFS can connect families to treatment and social work support for children born with disabilities or exposed to substances.

Sieda Community Action - Children's Services

Location: 125 N. 2nd St., Belleville, IL 62220 (Approx. 17 miles from Clinton County)

Phone Number: 618-234-4242

Website: Sieda Community Action

Description: Provides services for children born with disabilities, including advocacy and support for families navigating early intervention and therapy services.

The Baby Fold - Child Welfare Services

Location: 108 E. Locust St., Normal, IL 61761 (Approx. 90 miles from Clinton County)

Phone Number: 309-451-7200

Website: The Baby Fold

Description: Offers services for children born with disabilities, trauma, or who are affected by substance use in the family. They offer therapeutic services and support for infants and children in need.

Clinton County Churches

St. Augustine Catholic Church

Location: 1910 W. Church St., Breese, IL 62230 A well-known Catholic church in the area with a rich history.

Holy Name Catholic Church

Location: 402 E. Third St., Trenton, IL 62293 Another Catholic church in the region.

First Baptist Church of Breese

Location: 428 N 4th St, Breese, IL 62230

A Baptist church offering services and community involvement.

Breese United Methodist Church

Location: 406 N 2nd St, Breese, IL 62230

A United Methodist church focused on community service.

St. Dominic Catholic Church

Location: 4800 W. Main St., Breese, IL 62230

A parish serving the Catholic community in the Breese area.

Immanuel Lutheran Church

Location: 1400 N 3rd St, Breese, IL 62230

A Lutheran church offering various community outreach programs.

Zion Evangelical Lutheran Church

Location: 1500 N 2nd St, Breese, IL 62230

Another Lutheran church that provides services and programs.

St. Mary Catholic Church

Location: 216 E. Church St., Carlyle, IL 62231

This Catholic church serves the Carlyle area within Clinton County.

Trenton United Church of Christ

Location: 429 W. Broadway, Trenton, IL 62293

A church with services and activities for the local community.

Bethlehem Lutheran Church

Location: 301 S. Broadway St., Breese, IL 62230 A welcoming Lutheran church for the Breese area.

St. John the Baptist Catholic Church

Location: 1201 S. 3rd St., Red Bud, IL 62278 (Nearby community in Clinton County)

Phone: (618) 282-3222

Website: St. John the Baptist

A Catholic parish serving Red Bud and surrounding areas.

First United Presbyterian Church

Location: 503 E. 6th St., Breese, IL 62230

Phone: (618) 526-4511

Website: First United Presbyterian

A community-focused Presbyterian church offering worship services and community activities.

Immanuel United Church of Christ

Location: 1960 N. 4th St., Breese, IL 62230

Phone: (618) 526-7345 Website: Immanuel UCC

A church providing traditional worship and outreach to the local community.

Trenton United Methodist Church

Location: 100 E. Broadway, Trenton, IL 62293

Phone: (618) 224-7317 Website: Trenton UMC

Offering worship services and various ministries in Trenton.

St. Mary's Catholic Church

Location: 618 S. Broadway, Carlyle, IL 62231

Phone: (618) 594-2432 Website: St. Mary's Carlyle

A Catholic parish with a focus on serving the Carlyle area.

St. Paul's Lutheran Church

Location: 226 E. Main St., Breese, IL 62230

Phone: (618) 526-4720 Website: St. Paul's Lutheran

A Lutheran church that provides worship, education, and community service opportunities.

Emanuel Free Church

Location: 1009 Illinois 50, Breese, IL 62230

Phone: (618) 526-7575

Website: Emanuel Free Church

St. Boniface Catholic Church

Location: 516 W. Main St., Germantown, IL 62245

Phone: (618) 523-4800

Website: St. Boniface Germantown

Serving the Germantown area with Mass and other Catholic services.

St. Peter's United Church of Christ

Location: 2401 W. Main St., Breese, IL 62230

Phone: (618) 526-7652 Website: <u>St. Peter's UCC</u>

A United Church of Christ congregation that offers traditional worship services.

Zion Lutheran Church

Location: 1500 N. 2nd St., Breese, IL 62230

Phone: (618) 526-7517 Website: Zion Lutheran

A Lutheran church focused on community engagement and spiritual growth.

First Baptist Church of Carlyle

Location: 109 N. 6th St., Carlyle, IL 62231

Phone: (618) 594-4410

Website: First Baptist Carlyle

A Baptist church offering services, youth programs, and community outreach.

Carlyle United Methodist Church

Location: 108 N. 5th St., Carlyle, IL 62231

Phone: (618) 594-2235

Website: Carlyle United Methodist

A United Methodist Church serving the Carlyle community with services and events.

Zion Lutheran Church

Location: 2434 Zion Church Rd, Carlyle, IL 62231

Phone: (618) 594-7754

A Lutheran church offering worship, Bible study, and youth programs.

St. Mary's Catholic Church

Location: 618 S. Broadway St., Carlyle, IL 62231

Phone: (618) 594-2432 Website: St. Mary's Carlyle

A Catholic church serving the Carlyle area with Mass, sacraments, and outreach.

St. Francis of Assisi Catholic Church

Location: 304 W. 5th St., Aviston, IL 62216

Phone: (618) 228-7219 Website: St. Francis of Assisi

A Catholic parish offering regular Mass services and faith-based programs.

Aviston United Church of Christ

Location: 201 W. 4th St., Aviston, IL 62216

Phone: (618) 228-7155

A United Church of Christ congregation serving the local community.

Holy Trinity Lutheran Church

Location: 619 W. 4th St., Aviston, IL 62216

Phone: (618) 228-7340

A Lutheran church offering worship, Bible study, and community involvement.

New Baden United Methodist Church

Location: 400 N. 4th St., New Baden, IL 62265

Phone: (618) 588-3011

Website: New Baden United Methodist

A vibrant United Methodist congregation offering services, youth groups, and fellowship

opportunities.

St. George Catholic Church

Location: 118 W. 3rd St., New Baden, IL 62265

Phone: (618) 588-4340 Website: St. George Catholic

A Catholic parish serving the New Baden community with Mass and spiritual services.

First Baptist Church of New Baden

Location: 200 W. 2nd St., New Baden, IL 62265

Phone: (618) 588-2254

A Baptist church offering worship services and community involvement opportunities.

Wamac Baptist Church

Location: 105 S. 1st St., Wamac, IL 62811

Phone: (618) 248-5185

A Baptist congregation offering Bible-based services and local outreach programs.

St. John Lutheran Church

Location: 317 S. 1st St., Wamac, IL 62811

Phone: (618) 248-5754

A Lutheran church provides worship and fellowship for the Wamac area.

St. Mary's Catholic Church (Aviston)

Location: 105 S. 5th St., Aviston, IL 62216

Phone: (618) 228-7230

A welcoming Catholic parish that provides Mass and faith-based activities.

St. Bernard Catholic Church

Location: 507 W. 3rd St., Albers, IL 62215

Phone: (618) 248-5150

Website: St. Bernard Catholic Church

A traditional Catholic church that offers services, sacraments, and spiritual growth.

Immaculate Conception Catholic Church (Albers)

Location: 404 E. 3rd St., Albers, IL 62215

Phone: (618) 248-5147

A Catholic church serving the Albers community, known for its welcoming atmosphere.

Beulah Baptist Church

Location: 2269 Beulah Church Rd, Carlyle, IL 62231

Phone: (618) 594-3369

A small Baptist congregation offering worship and Bible study.

Breese United Methodist Church

Location: 406 N 2nd St, Breese, IL 62230

Phone: (618) 526-4363

A United Methodist congregation with worship services, community outreach, and fellowship.

St. Joseph Catholic Church

Location: 416 E. Church St., Breese, IL 62230

Phone: (618) 526-7656

A Catholic parish offering Mass, sacraments, and various ministries.

Carlyle First Church of God

Location: 201 E. 2nd St., Carlyle, IL 62231

Phone: (618) 594-4539

A church serving the Carlyle community with worship services and ministry programs.

Christ Community Church

Location: 1180 W. Main St., Carlyle, IL 62231

Phone: (618) 594-5024

A nondenominational church focused on creating a welcoming environment for all.

St. Paul United Church of Christ

Location: 125 E. Broadway, Trenton, IL 62293

Phone: (618) 224-7600

A UCC church with a long history in the Trenton area, offering services and fellowship.

Trenton Christian Church

Location: 719 E. Broadway, Trenton, IL 62293

Phone: (618) 224-9911

A non-denominational Christian church providing worship and community outreach.

St. Boniface Catholic Church (Germantown)

Location: 817 W. Main St., Germantown, IL 62245

Phone: (618) 523-4800

Website: St. Boniface Germantown

A Catholic parish with Mass, sacraments, and various programs.

Wesley Chapel United Methodist Church

Location: 1046 Wesley Chapel Rd, Carlyle, IL 62231

Phone: (618) 594-5353

A small Methodist congregation offering services and community events.

Calvary Baptist Church

Location: 1100 S. Main St., Carlyle, IL 62231

Phone: (618) 594-2470

A Baptist church offering Bible studies, worship services, and youth programs.

Zion Church of Christ

Location: 4259 Zion Rd, Carlyle, IL 62231

Phone: (618) 594-3371

A church offering traditional worship, Bible study, and outreach.

Clothing Closets-All Free

Carlyle Christian Church Outreach Center

1025 Lake Road, Carlyle, Saturdays 9am-12pm (clothing, hygiene & household items; you can message them your needs on their Facebook page and someone will get back to you. They also do monthly punch cards, 1 per person with a limit of 5 people per household, for personal care items)

Centralia First United Methodist Church,

103 Elm Street, Tuesdays 9:30-11:00am (clothing) New Baden Zion United Church of Christ, 414 W.

Hanover Street, Monday from 11am-2 pm (clothing/household)

Address: 1025 Lake Road, Carlyle, IL Hours: Saturdays: 9am-12pm

Description: clothing, hygiene & household items; message them on Facebook for assistance.

Hours: Tuesdays: 9:30-11:00am

Description: (clothing)

New Baden Zion Church of

Christ

Address: 414 W. Hanover Street, New Baden, IL Hours: Mondays: 11am-2pm **Description:** (clothing/household)

County City Halls

Carlyle City Hall

Mission: The government of the City of Carlyle serves the residents by addressing local policies,

regulations, and services.

Services: City services, permits, public meetings, and local regulations.

Location: 850 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-2468

Website: City of Carlyle

Breese City Hall

Mission: Provides municipal services for the City of Breese, including local law enforcement, public works,

and community services.

Services: City administration, public meetings, and local ordinances.

Location: 400 N. 5th St., Breese, IL 62230

Phone Number: 618-526-7220

Website: City of Breese

Trenton City Hall

Mission: Governs the city of Trenton, addressing local needs and concerns of the community.

Services: Local services, public meetings, and community development.

Location: 200 E. Broadway, Trenton, IL 62293

Phone Number: 618-224-9211 Website: <u>City of Trenton</u>

Clinton County Board

Mission: The legislative body of Clinton County, responsible for county governance, budgets, and services.

Services: County governance, budget approvals, public hearings, and policies.

Location: 850 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-5003 **Website**: Clinton County Board

Clinton County 708 Mental Health Board

Mission: Oversees funding and services for mental health programs and providers within the county. **Services**: Mental health funding allocation, grants, and support services for local mental health initiatives.

Location: 850 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-5003

Website: N/A

Mayors & City Hall Information

Breese

Mayor: J. W. "Jay" Dufendach Phone: (618) 526-7700 (City Hall)

Email: You can contact the City of Breese via the contact page on their official website.

Address: Breese City Hall, 400 N 4th St, Breese, IL 62230

Carlyle

Mayor: J. Adam Loos

Phone: (618) 594-2468 (City Hall) Email: mayor@carlyleil.org

Address: Carlyle City Hall, 115 N Main St, Carlyle, IL 62231

New Baden

Mayor: Barbara H. Siedlecki

Phone: (618) 588-3314 (Village Hall) Email: newbadenvillage@newbadenil.org

Address: New Baden Village Hall, 1 E. Hanover St., New Baden, IL 62265

Trenton

Mayor: Glen C. Holtzhausen **Phone:** (618) 224-7356 (City Hall)

Email: mayor@trentonil.org

Address: Trenton City Hall, 9 N. Henry St., Trenton, IL 62293

Aviston

Mayor: Michael M. Eilers

Phone: (618) 228-7111 (Village Hall) Email: aviston@frontier.com (Village Hall)

Address: Aviston Village Hall, 129 W. 1st St., Aviston, IL 62216

Germantown

Mayor: David A. Kuhl

Phone: (618) 523-4801 (City Hall)

Email: germantownvillage@germantown-il.com

Address: Germantown Village Hall, 516 S. Main St., Germantown, IL 62245

Wamac

Mayor: Randy J. Haffner

Phone: (618) 248-5185 (City Hall) Email: wamac@frontier.com

Address: Wamac Village Hall, 316 S. 1st St., Wamac, IL 62811

Dentists

Azar Orthodontics

14011 Jamestown Rd., Breese, IL, Ph#618-235-3337 https://azarorthodontics.com/

Breese Dental Care,

111 N. Main St., Breese, IL, Ph#618-526-2020, https://breesehighlanddental.com/

Breese Dental Group,

9437 Holy Cross Lane, Breese, IL, Ph#618-526-4233, https://www.breesedentalgroup.com/

First Arrow Dental,

9 N. 1st Street, New Baden, IL, **Ph#**618-588-3592, https://www.firstarrowdental.com/

Franklin Whipps, Orthodontist,

702 Church St., Germantown, IL, Ph#618-523-4204

Hyten Dental

651 9th Street, Carlyle, IL, Ph#618-594-4288, https://www.hytendental.com/contact-us

Ronald Kellough

702 Church St., Germantown, IL, Ph#618-523-4251, https://www.ronkelloughdmd.com/

SIU School of Dental Medicine

2800 College Ave., Alton, IL, Ph#618-474-7000, https://www.siue.edu/dental/patient-clinics/index.shtml

Wessol Dentistry

550 8th St., Carlyle, IL, Ph#618-594-3361, https://www.wessoldental.com/

Bond County Health Department

1520 S. 4th St., Greenville, IL, Ph#618-664-1442

Dr Paul the Dentist

(217) 824-7285

Website: https://drpaulthedentist.com

Closed · Opens 8 AM

Takes Medicaid for all ages and makes dentures

Brinley Orthodontics

2023 Vadalabene Dr, Maryville, IL 62062

(618) 288-3384

Closed · Opens 9 AM

Website- https://www.brinleyortho.com

Takes Medicaid

Who takes Medicare/Medicaid?

Illinois Medicaid Website

https://www.hfs.illinois.gov

This site provides information about Medicaid programs, eligibility, and a provider directory where you can search for dental providers that accept Medicaid in Illinois. You can also find contact information and resources for enrollment and benefits.

Domestic Violence

Eden's Glory/Foster Kairos

Main Phone Number: 314-312-3539 PO BOX 164 Maryville, IL 62062 Email: healing@edensglory.org

Information: A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God. Our two-year treatment program for adult female survivors of human trafficking ages 18-45 is designed to treat each aspect of a survivor's health—physical, mental, emotional, spiritual and relational—to fully support her on her journey to holistic recovery. Foster Kairos serves minors between the ages of 5-17 who have experienced trauma or who have been trafficked.

Love Is Respect

Phone Number: 1-866-331-9474

Text "loveis" to 22522 Secure online chat: loveisrespect.org

Information: Love is more than the way you feel. Have questions about your relationship? We're here to help.

National Domestic Violence Hotline

Phone Number: 1-800-799-SAFE (7233)Information: Everyone deserves relationships free from domesticch violence. When you're ready, we're here to listen with confidential support 24/7/365.

Sexual Assault and Family Emergencies (SAFE)

Phone Number: 800-625-1414

1410 Sunset Drive, Suite G, Vandalia, IL 62471

https://www.safecrisiscenter.org/

Information: SAFE offers free, confidential sexual assault counseling and advocacy services for survivors and their support systems as well as sexual abuse prevention education for the community.

Prevent Child Abuse Illinois

https://preventchildabuseillinois.org

Phone- 217-522-1129

National Domestic Violence Hotline: 1-800-799-7233

Violence Prevention Center of Southwestern Illinois: Belleville | (618) 235-

0892

Oasis Women's Center: Alton | (618) 465-1978 or 24/7 Hotline: (800) 244-1978

Survivor Empowerment Center: Carbondale | (800) 334-2094 Hours: 24/7

Amy Schulz Child Advocacy Inc

500 Fairfield Rd, Mount Vernon, IL 62864 · 65 mi

Pnone number: (618) 244-2100

Website: https://amycenter.mvn.net

SWAN - Effingham, Flora, Olney

SWAN serves 16 counties in Illinois:

Clay, Clinton, Crawford, Edwards, Effingham, Fayette, Jasper, Jefferson, Hamilton, Lawrence,

Marion, Richland, Wabash, Washington, Wayne, and White

1114 S West St, Olney, IL 62450

(618) 392-3556

Website- SWAN - SWAN You Are Not Alone

Open 24 hours

Description: Shelter for Victims of Domestic Violence & Homelessness, Housing Programs for Victims of Domestic Violence & Homelessness, Parenting Groups, Support Groups, Domestic Violence Abuser Intervention Counseling, Long-Term Care Ombudsman Program, Legal Advocacy & Order of Protection Help, Adult Protective Services

Anger Management – Community Resource Center

Education & Training

Child & Family Connections

Address: 660 W. Noleman St., Centralia, IL,

Phone number #618-532-4919

Information: Infants and toddlers (birth to 3 years) can be evaluated to see if there is a delay in: 1. movement, 2. learning, 3. dealing with others, 4. behavior, and/or 5. self-help skills. If services are

needed, an Individualized Family Service Plan (IFSP) will be written to set goals and identify needs. Families, with the support of Early Intervention Providers, get home-taking services from therapists to help the child.

Family Matters Parent Training & Information Center

Phone Number: 1-866-436-7842

1901 S. 4th St., Ste. 209, Effingham, IL 62401

https://www.fmptic.org/

Information: If your child receives special education services or an accommodation plan or is in need of such services, Family Matters Parent Training and Information Center (FMPTIC) can help. We assist parents of children with disabilities to be informed

participants in the special education process. We assist students with disabilities to understand their rights and responsibilities. We supply information to teachers and other professionals who provide special education and related services to children with disabilities.

School Year Hours: 8:00 am to 4:30 pm - Tuesday, Thursday and Friday; 8:00 am to 6:30 pm - Monday and Wednesday Summer Hours: 8:00 am to 4:30 pm - Monday, Wednesday, Thursday, and Friday

Illinois Center for Autism

548 South Ruby Lane, Fairview Hts., IL 62208

Phone Number: 618-398-7500 https://illinoiscenterforautism.org/

Information: The Illinois Center for Autism (ICA) is a not-for-profit, community-based, mental health treatment, and educational agency dedicated to serving people with autism spectrum disorder (ASD). Referrals are made through local school districts, hospitals, doctors, and the Department of Human Services. Our goal is to educate and serve children and adults with autism to help them achieve their highest level of independence in their home, school, and community. We offer a variety of programs designed to help individuals from 3 years old to adulthood. If you have questions or are in need of resources, we would love to speak with you.

Kaskaskia Special Education Services,

224 S. Locust St., Centralia, IL, Ph#618-532-4721,

https://www.ksed801.com/

Information: provides Occupational/Physical/Speech therapies, social workers, and itinerant services to schools in districts; school psychologists provide Individual Education Plans (IEP's) and Section 504 plans for students. Request an evaluation through your local school district.

Southern Illinois Case Coordination Services, 325 S. Poplar, Centralia, IL, Ph#800-828-7422, http://www.siccs.org/

Information: is a not-for-profit, independent service coordination agency providing Pre-Admission Screening and Service Coordination to all eligible individuals who have a developmental disability.

Adult Literacy Kaskaskia College

Phone Number: 618-545-3115

Website: https://www.kaskaskia.edu/about-kc/directory/office/greenville-center/

Information: The Reading Link Program provides free literacy and pre-GED tutorial services to adult lateracy who want to improve their reading skills. Our tutors are trained volunteers who will assist you with the tools necessary to build pathways that can lead to education, employment, and career goals. The ABE/ASE (Adult Basic education/Adult Secondary Education) program can help you improve your reading, writing, and math skills. We serve all levels of skills based on reading scores from the TABE (The Test of Adult Basic Education). We have classes in the day and the evening at various locations throughout Marion, Clinton, Bond, Fayette, and Washington Counties.

Testing is offered at the Kaskaskia College main Campus. ABE/ASE classes start several times throughout the year and meet twice weekly for 3 hours per class. Day and evening classes are offered in several locations throughout the district where classes take place.

SMART Recovery

Website: Home - SMART Recovery

Description- Become a licensed meeting facilitator

Center for Community Engagement/ Chestnut Health Systems

The Center for Community Engagement (CCE) provides FREE support and training to individuals, agencies, and coalitions seeking to create community change related to substance use and recovery throughout Illinois. To learn more, please visit www.coalitionsupport.org

Emergency Medical Services (EMS)

Clinton County EMS

Mission: Provides emergency medical services, including ambulance services and medical transport.

Services: Emergency medical care and transport, public education on safety and health.

Location: 227 N. 2nd St., Carlyle, IL 62231

Phone Number: 618-594-2100

Website: N/A

Breese Emergency Medical Services

Mission: Provides EMS services to the city of Breese and surrounding areas. **Services**: Ambulance transport, emergency medical response, first aid training.

Location: 100 N. 3rd St., Breese, IL 62230

Phone Number: 618-526-7861

Website: N/A

Trenton EMS

Mission: EMS services to Trenton and surrounding areas. **Services**: Ambulance services and emergency medical care.

Location: 300 N. Main St., Trenton, IL 62293

Phone Number: 618-224-9224

Website: N/A

Employment Security

Job Placement Services: 26

IDES offers job-search resources, including career counseling, resume assistance, and access to job listings.

They also provide **training** and **employment assistance** for people with **felony convictions**, especially under **specialized programs** for re-entry.

Resources for Ex-Offenders:

IDES helps those with felony records find employment opportunities by connecting them with **employer partners** who are open to hiring individuals with criminal backgrounds.

Contact:

Phone: (800) 244-5631

Website: IDES Job Search Assistance

Illinois Reentry Program

Overview:

Illinois offers reentry programs to help individuals who have been incarcerated transition back into society.

These programs provide job training, job placement assistance, and help with barriers to employment, such as criminal background checks.

Resources for Ex-Offenders:

Illinois also connects individuals with organizations that **specialize in supporting reentry**, offering services like **job readiness workshops**, **housing assistance**, and **mentoring**.

Contact:

Phone: (800) 252-2923 (Illinois Department of Corrections)

Website: Illinois Reentry Services

Goodwill Industries

Overview:

Goodwill Industries provides job placement services for individuals with criminal records, helping them find work in various sectors. They often partner with local employers who are open to hiring individuals with felony backgrounds.

Services:

Job training, employment services, and placement assistance for people with felony convictions.

Goodwill may also provide vocational rehabilitation and support services.

Contact:

Goodwill of Southwestern Illinois (serving Clinton County):

Phone: (618) 277-1880

Website: Goodwill Industries

March

Heartland Alliance

Overview:

Heartland Alliance provides reentry programs and job readiness training for individuals with criminal backgrounds.

Their social services also include housing assistance, mental health services, and substance abuse counseling.

Job Placement Services:

They work with employers who are willing to hire individuals with felony records and offer training in essential skills like **resume writing**, **interviewing**, and **soft skills**.

Contact:

Phone: (312) 660-1300 (Chicago office)

Website: Heartland Alliance

The Illinois WorkNet Center

Overview:

Illinois offers **WorkNet Centers** that provide comprehensive **employment services**, including resources for individuals with criminal backgrounds.

They offer job search workshops, job training, skills development, and career counseling.

Resources for Ex-Offenders:

WorkNet has special programs that help ex-offenders with training and job placement assistance.

Contact: Phone: 1-800-244-5631

Website: Illinois WorkNet

The Center for Employment Opportunities (CEO)

Overview:

CEO is an organization dedicated to helping formerly incarcerated individuals find work through comprehensive **job training**, **job coaching**, and **job placement** services.

Job Placement:

CEO works with individuals to help them find **entry-level jobs** and provides **ongoing support** to ensure success in the workplace.

Contact:

Phone: (212) 534-4225 (CEO New York City office)

Website: Center for Employment Opportunities

National Organizations Supporting Ex-Offenders

National HIRE Network: The National HIRE Network connects individuals with criminal records to employment resources. They offer tools and support for finding employment.

Website: National HIRE Network

Illinois Unemployment Insurance (UI) Benefits

Unemployment benefits are available through the **Illinois Department of Employment Security (IDES)** to individuals who have lost their job through no fault of their own (e.g., layoff, reduction in workforce, or business closure) and meet certain eligibility criteria.

IDES Website: Illinois Department of Employment Security

Phone: For general inquiries, you can call (800) 244-5631 or use 1-877-342-7754 (for Spanish).

Local IDES Offices: If you need in-person assistance, you can visit your local **IDES office**. Check the **IDES website** for locations and hours of operation.

Other Financial Assistance Options

If you're struggling to get by while awaiting unemployment, there may be other programs to assist you, such as:

- SNAP (Supplemental Nutrition Assistance Program) for food.
- LIHEAP (Low-Income Energy Assistance Program) for heating and cooling assistance.
- Temporary Assistance for Needy Families (TANF) for financial assistance.

You can apply for most of these programs through the Illinois Department of Human Services (IDHS).

Food Assistance

Angels Out Loud - Carlyle, IL

Location: 209 E. 10th St., Carlyle, IL 62231

Services: Communication, food, and other resources. This is a volunteer group of people that can assist with connecting

resources for people in the community.

Contact:

Phone: (618) 594-4634

Website: Angels Out Loud Facebook

Carlyle United Methodist Church Food Pantry

Location: 850 8th St., Carlyle, IL 62231

Services:

Offers **emergency food assistance** to individuals and families in need.

Available to those living in the **Carlyle area**.

March

Contact: 29

Phone: (618) 594-2907

Hours:

2nd and 4th Thursdays of the month, 4:00 PM - 6:00 PM

Website: Carlyle United Methodist Church

St. Vincent de Paul Society - Carlyle

Location: 302 E. 10th St., Carlyle, IL 62231

Services:

Offers food pantry services for families in Carlyle and surrounding areas.

Provides emergency assistance for those facing food insecurity.

Contact:

Phone: (618) 594-4170

Hours: By appointment (Call ahead for available hours)

Website: St. Vincent de Paul - Belleville

The Bread of Life Food Pantry (Located in Carlyle)

Location: 108 S. 5th St., Carlyle, IL 62231

Services:

Provides non-perishable food and basic necessities to individuals and families in need in Carlyle.

Contact:

Phone: (618) 594-3114

Hours:

2nd and 4th Tuesdays, 9:00 AM - 12:00 PM

Zion Lutheran Church Food Pantry

Location: 1415 9th St., Carlyle, IL 62231

Services:

Offers food assistance to individuals and families within the Carlyle area.

Emergency pantry services.

Contact:

Phone: (618) 594-2114

Hours: 30

1st and 3rd Mondays, 9:00 AM - 12:00 PM

Website: Zion Lutheran Church

Aviston Food Pantry

Location: 310 W. 4th St., Aviston, IL 62216

Services:

Provides food assistance for families in **Aviston** and surrounding communities.

Offers emergency food packages.

Contact:

Phone: (618) 228-7401

Hours:

1st and 3rd Wednesdays, 9:00 AM - 11:00 AM

Website: Aviston Food Pantry

New Baden Food Pantry

Location: 405 N. 3rd St., New Baden, IL 62265

Services:

Provides non-perishable food and perishable items as available to individuals and families in the New Baden area.

Contact:

Phone: (618) 588-3893

Hours:

Every Wednesday, 10:00 AM - 12:00 PM

Website: New Baden Community Website

Trenton Food Pantry

Location: 114 S. Center St., Trenton, IL 62293

Services:

Provides **food assistance** to individuals and families in **Trenton** and surrounding areas.

Offers emergency food assistance as needed.

Contact:

Phone: (618) 224-7004 March

Hours: 31

1st and 3rd Thursdays, 9:00 AM - 11:00 AM

Website: <u>Trenton Food Pantry</u>

Nashville Food Pantry

Location: 318 W. St. Louis St., Nashville, IL 62263

Services:

Provides **food assistance** to those in need in **Nashville** and surrounding areas.

Contact:

Phone: (618) 327-3332

Hours:

Tuesdays, 9:00 AM - 11:00 AM

Website: Nashville Food Pantry

Gyms - Fitness

Anytime Fitness

Location: 2 W. Main St., Carlyle, IL 62231

Services: 24/7 access to the gym for members. Full-service gym with cardio equipment, free weights, and strength training.

Personal training services and group fitness classes.

Contact: (618) 594-1500

Website: Anytime Fitness Carlyle

Breese Health and Fitness Center

Location: 900 N. 4th St., Breese, IL 62230

Services: Offers a variety of fitness programs, including cardio, strength training, and group exercise classes. Features a gym, fitness equipment, and wellness services. Health coaching, nutrition advice, and fitness assessments available.

Contact: (618) 526-7800

Website: Breese Health and Fitness

Yoga with Sarah

Location: 3300 N. 4th St., Breese, IL 62230

Services:

Offers yoga classes for all levels, including gentle yoga and restorative yoga.

Private sessions and group classes available.

Focus on relaxation, mindfulness, and flexibility.

Contact: (618) 123-4567 (For inquiries, contact via email or phone directly.)

Shape Up Fitness

Location: 211 N. Main St., New Baden, IL 62265

Services:

Gym offering equipment for strength training and cardio.

Fitness classes available for different skill levels. Personal training and wellness coaching available.

Contact: (618) 588-7001

The Health and Wellness Center

Location: 525 N. 4th St., Breese, IL 62230

Services:

Focus on overall wellness, including fitness and nutrition.

Offers massage therapy, health coaching, and fitness assessments.

Group fitness classes available, such as yoga and Pilates.

Contact: (618) 526-7676

Website: (No website available, contact directly for details.)

Fitness Factory

1130 12th Street Carlyle IL

fitnessfactorycarlyle@gmail.com 1-618-844-5051

https://www.fitnessfactory1.com

Med Plus Carlyle

MED PLUS PHYSICAL MEDICINE LLC

18209 Eula Mae Pkwy, Carlyle, IL 62231

(618) 594-3671

https://www.medplusplus.com

Harm Reduction

Needle Sharps Disposal - https://epa.illinois.gov

Drug Takeback-

MAT/MAR Medicated Assisted Treatment/ Recovery

Suboxone, Vivitrol

Clinton County Health Department

Jacob & Brandy Schreer

clintoncountyhealth.com 33

Clinton County Health Department

991 Franklin St, Carlyle, IL 62231

(618) 594-2723

MAR NOW

is accessible through the 24/7Illinois Helpline for Opioids and Other Substances (833-234-6343). Callers asking for opioid treatment between 6am-10pm seven days

Website: Medication Assisted Recovery (MAR) Expansion - Illinois ...

CORS / Sara Center

Sara Center Fifth Street Renaissance

Phone: 217-544-5040

Website: https://www.fsr-sara.org

Provides mental health, SUD, homeless, sober living, detox, housing, transportation, harm reduction, HIV and HEP C testing, transportation to support centers.

Belleville Memorial BJC Medical Stabilization Detox Program

Location: 4500 Memorial Drive, Belleville, IL 62226

Phone Number: 618-257-5420

Website: https://www.memhosp.org

Description: Admission for adults who are showing signs of withdrawal, creating individualized plans for steps in treatment, assistance for referrals for inpatient or outpatient programs, addressing other barriers to treatment and provision of Peer Support during the process.

Health Insurance Help

Chestnut staff have been certified and licensed as Certified Applications Counselors (CAC). The CAC intends to assist Chestnut Health Systems clients, **as well as non-clients**, in applying for insurance coverage at the Health Insurance Marketplace; i.e. Medicaid, etc. CACs will assist the applicants quickly and efficiently in applying for insurance coverage, walking them through the process with care, patience, and compassion, and providing follow up as needed.

www.chestnut.org

CACs can be contacted for assistance by calling them at 618-512-1864, and/or emailing them at SR-CAC@chestnut.org. CACs can help either in person, by telephone, or telephonically via Zoom or Teams. Effective 3/20/23, we will have a CAC onsite Monday thru Friday from 7:30 a.m. to 3:30 p.m. at the Northgate location ready and available to help.

When requesting help from a CAC, it is important that you provide the CAC with: Applicants full name, Applicants date of birth, Applicants contact information

Applicants should be prepared for a meeting with a CAC by having the following available and ready:

1. Social Security Number

If they apply for family coverage, they will need the family members Social Security Numbers.

2. The last 3 paystubs, if available, or proof of income (if employed)

If applying for family coverage, they will need the family members income as well.

3. Driver's License or State Photo ID

Illinois Medicaid Website

https://www.hfs.illinois.gov

This site provides information about Medicaid programs, eligibility, and a provider directory where you can search for dental providers that accept Medicaid in Illinois. You can also find contact information and resources for enrollment and benefits.

AMBETTER of Illinois - https://www.ambetterhealth.com

Health & Wellness

Alternative Solutions

4989 Old. US Hwy. 50, Aviston, IL, Ph#618-228-7722, https://alternativesolutions.janeapp.com/

Integrated Medical Group

2111 W. Lake Dr., Carlyle, IL, Ph#618-594-4500, www.drthayer.com

Med-Plus Physical Medicine

18209 Eula May Pkwy, Carlyle, IL, Ph#618-594-3671, www.medplusplus.com

New Baden Chiropractic Center,

701 E. Hanover, New Baden, IL, Ph#618-588-9355

Smith Chiropractic Clinic

14015 Jamestown Rd., Breese, IL, Ph#618-526-7732, www.doctormarc.com

Revermann Chiropractic 397 N. Plum St., Breese, IL, Ph#618-526-4700,

Trenton Chiropractic

206 W. Broadway, Trenton, IL, Ph#618-224-9118, www.getmepainfree.com

Well Adjusted Chiropractic

111 E. Hanover St., New Baden, IL. Ph#618-588-9355

Clinton County Health Department Phone Number: 618-594-2723

991 Franklin St., Carlyle, IL https://clintoncountyhealth.com/

Information: Immunizations; lab services; Women's, Infants & Children's (WIC) Program. WIC is a supplemental food program for women, infants and children who are eligible. The program serves pregnant women, new mothers, infants and children up to the age of five (5). WIC provides nutritious foods.

AST Primary Care

12977 Franklin St., Carlyle, IL, Ph#618-227-7229, https://www.advancedsurgicaltechnology.com/about/locations/

Deanna DuComb Dermatology

1210 Jefferson St., Carlyle, Ph#618-594-2454

HSHS Medical Group (many doctors at many locations--General, Surgery, Podiatry, and more),

https://www.hshs.org/medicalgroup/locations

Right From the Start Pediatrics

9423 Holy Cross Ln., Breese, IL, Ph#618-526-8850. www.drmorra.com

Southern Ob/Gyn & Assoc.

9447 Holy Cross Ln., Breese, IL, Ph#618-526-2209. www.sogamds.com

Chestnut Health Systems

50 Northgate Industrial Drive Granite City, IL

Chestnut Primary Phone: 618-877-4420 Crisis

After Hours: 618-877-0316 Website: www.chestnut.org

Provided Services: Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatients, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Gateway Regional Medical Center

2100 Madison Ave. Granite City, IL 62040

https://gatewayregional.net/

Provided Services: Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others. Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is "all-inclusive program" The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information, please call our IOP line.

24/7 Intake Hotline Phone: 618-798-3888IOP (Intensive Outpatient Program) Phone: 618-798-8155IOP Open:

Monday – Friday 9am-5pm

HSHS St. Joseph's Hospital Phone Number: 618-526-4511

9515 Holy Cross Lane, Breese, IL https://www.hshs.org/st-josephs-breese

Information: Inpatient and outpatient services; emergent and crisis services; lab/x-ray services; can apply for financial assistance with bills; Wellness Lab Day on Tuesdays, 6:30am-4pm; physical therapy; Senior Renewal program; audiology/speech therapy; dietician; free Narcan Rescue Kits available at ER front desk, no questions asked

Poison Control Center Phone Number: 1-800-222-1222

Provides trusted information and treatment advice on potentially harmful substances. IPC medical experts include physicians, nurses and pharmacists.

Senior Renewal

1-618-526-5699 9515 Holy Cross Ln Breese IL HSHS St. Joseph's

Senior Renewal Renewing the quality of life for senior adults through outpatient counseling services

Memorial Dietetic Services

Mission: Provides nutrition counseling, weight management, and other dietary services. Services: Dietetics consultations, healthy eating programs, and weight management support.

Location: 601 N. 12th St., Belleville, IL 62226

Phone Number: 618-257-5511

Website: N/A

Dietitians at HSHS St. Joseph's Hospital

Mission: Offers nutrition counseling and specialized diet programs.

Services: Weight management, diabetes management, and general dietary advice.

Location: 9515 Holy Cross Ln., Breese, IL 62230

Phone Number: 618-526-5511 Website: HSHS St. Joseph's Hospital

Total Wellness Nutrition

Mission: Provides nutrition counseling and education for health improvement. Services: Individual counseling, group classes, weight loss, and disease management.

Location: 404 W. Main St., Belleville, IL 62220

Phone Number: 618-222-8070 Website: Total Wellness Nutrition

Hispanic Resources

Clinton County Health Department

Location: 1303 Broadway St., Carlyle, IL 62231

Services:

Provides services to individuals in need, including those from the Hispanic community.

Offers translation and assistance with public health programs, health screenings, and wellness initiatives.

Contact: (618) 594-6216

Website: Clinton County Health Department

Carlyle Public Library

Location: 801 10th St., Carlyle, IL 62231

Services:

Offers ESL classes or can refer individuals to local classes or programs. They also have Spanish-language books and materials.

Provides translation resources and may offer assistance in accessing government services for Spanish-speaking residents.

Contact: (618) 594-2460

Website: Carlyle Public Library

Southern Illinois University Edwardsville (SIUE) - ESL Program

Location: 1 Hairpin Dr., Edwardsville, IL 62026 (Approx. 50 miles from Carlyle) Services:

SIUE offers ESL programs to help non-English speakers improve their language skills.

Classes for all levels of English proficiency.

Resources for Hispanic individuals who need to improve their English-speaking skills.

Contact: (618) 650-2133

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Website: SIUE ESL Program

The Spanish Community Center of St. Louis

Location: 716 S. Newstead Ave., St. Louis, MO 63110 (Approx. 60 miles from Carlyle)

Services:

Provides a wide range of services for the Hispanic community, including health services, educational programs, job support, and youth services.

Offers language services, translation, and ESL programs.

Contact: (314) 773-1600

Website: **Spanish Community Center**

Latino Outreach Program - United Way of Greater St. Louis

Location: 910 N. Broadway, St. Louis, MO 63101 (Nearby Southern Illinois region)

Services: Offers various support services for the Hispanic community in the Southern Illinois region, including job search assistance, family services, and educational resources.

Provides translation services, including Spanish-language resources.

Contact: (314) 421-0700

Website: United Way Latino Outreach

Illinois Department of Human Services (IDHS) - Division of Family and Community Services

Location: Statewide

Services: Offers a wide range of resources for the Hispanic community, including emergency assistance, food assistance (SNAP), health services, and more.

Multilingual services available, including Spanish.

Contact: (800) 843-6154 (State Hotline)

Website: Illinois Department of Human Services

Illinois Hispanic Chamber of Commerce (IHCC)

Location: 900 W. Jackson Blvd., Chicago, IL 60607

Services: Assists Hispanic-owned businesses in Illinois with resources, networking, and business development.

Provides services related to business education, including opportunities for Spanish-speaking business owners.

Contact: (312) 425-9500

Website: Illinois Hispanic Chamber of Commerce

The Latino Policy Forum

Location: 17 N State St., Chicago, IL 60602

Services:

Offers advocacy, policy, and community support services to Hispanics in Illinois.

Provides resources and information on government services, education, and housing, including for Spanish speakers.

Contact: (312) 376-1766

Website: Latino Policy Forum

Illinois Coalition for Immigrant and Refugee Rights (ICIRR)

Location: 53 W. Jackson Blvd., Chicago, IL 60604

Services:

Provides support and advocacy for immigrant and refugee communities in Illinois.

Offers legal aid, language services, and information about resources for Hispanic individuals, including ESL programs.

Contact: (312) 332-7360

Website: **ICIRR**

LULAC Illinois (League of United Latin American Citizens)

Location: Statewide

Services:

Supports the Latino community through educational programs, leadership training, and access to resources in Illinois.

Offers advocacy and resources for Spanish-speaking individuals, including assistance with accessing educational and social services.

Contact: (312) 849-3884

Website: LULAC Illinois

March

Hispanic American Construction Industry Association (HACIA)

Location: 430 W. Erie St., Chicago, IL 60654

Services:

Provides career development, job training, and opportunities in the construction industry for Hispanic individuals in Illinois.

Offers programs to improve professional skills and access job opportunities.

Contact: (312) 432-1000

Website: **HACIA**

Prospanica Chicago (National Society of Hispanic MBAs)

Location: Statewide, with a chapter in Chicago

Services:

Offers career development, networking, and leadership training programs for Hispanic professionals.

Provides access to resources for individuals seeking educational and professional opportunities.

Contact: (312) 233-1200 (Chicago Chapter)

Website: Prospanica Chicago

Roundtable for Hispanic Resources - Southern Illinois

Location: 213 N. 5th St., Belleville, IL 62220 (Main Office)

Services:

The Roundtable for Hispanic Resources works to improve the quality of life for Hispanic and Latino individuals and families in Southern Illinois.

They provide resources including ESL classes, job training, immigration assistance, healthcare, and advocacy for the Hispanic community.

The organization also offers support for youth and families and helps individuals navigate legal and social services.

Contact:

Phone: (618) 257-2641

Email: info@roundtablehr.org

Website: Roundtable for Hispanic Resources

Hoyleton Youth and Family – Puentas de Esperanza

463 N 88th St, East St Louis, II 62203

(618) 493-7575

https://www.Hispanic Community Support - Hoyleton Youth and Family Services

Housing Security

HUD Marion County Housing Authority

Website: mchahomes.org
Marion County Housing Authority
719 Howard St, Centralia, IL 62801

(618) 532-1894

Government subsidized housing is for low income families and/or elderly or disabled persons. Renting an apartment is not much different from renting a home elsewhere. You are responsible for paying your rent, maintaining your premises, and conforming to the usual rules of sanitation, decency and consideration for the rights of your neighbors.

The Transitional Housing Program

is a supportive housing program for homeless families. Participants are provided a subsidized transitional housing unit to live in while they actively work on goals that will make them self-sufficient. Target areas include income, employment, education, transportation, child care, health and housing. The ultimate goal of the program is for families to be able to obtain and remain in affordable permanent housing. The Rental Housing Support Program is a rent subsidy program, similar to the HUD voucher program, that targets extremely low-income renters.

Carlyle Ministerial Alliance

Ph#618-594-205

Provides funds to help ones in the Carlyle Unit School District One in meeting financial needs.

Germantown General Assistance

705 Prairie Street, Germantown, IL, Ph# 618-971-7695

Germantown Residents only. Basic needs assistance for adults with no children, rent and mortgage. Call for an application to be filled out and taken to a case worker.

Looking Glass General Assistance

3113 Leisure Street, New Baden, IL,

Ph# 618-588-4888 or 618-588-7148

New Baden Residents only. Basic needs assistance for adults with no children.

McKinney-Vento Act

Phone Number: 618-283-5011

% Regional Office of Education #3 1500 W. Jefferson Street, Vandalia, IL

Information: If you are staying temporarily with someone else because you lost your housing, or staying in a motel, campground, shelter, or in an outside or inadequate place

March

Sara Center Fifth Street Renaissance

Phone: 217-544-5040

Website: https://www.fsr-sara.org

Provides mental health, SUD, homeless, sober living, detox, housing, transportation, harm reduction, HIV and HEP C testing, transportation to support centers.

Legal Agencies

Land of Lincoln Legal Aid

8787 State Street, Suite 201 East St. Louis, IL

62203

Hours: Mon – Thurs: 9 am to 4 PM Friday: 9 am to 1:30 pm https://www.illinoislegalaid.org/

Information: provide eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic needs.

Legal Advice & Referral Center (LARC)

Phone Number: 877-342-7891

Information: Advice/referral center for housing issues (utility shut-offs, trouble getting landlords to make repairs), family issues (orders of protection, custody cases), consumer issues (debt collection, repossession), public benefits/health issues (TANF, SSI, general assistance, food stamps, Medicaid, Medicare).

Clinton County Circuit Clerk

Mission: Provides court services including case filings, records management, and public access. **Services**: Court records, filings for civil and criminal cases, payments, and legal documents.

Location: 811 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-2244

Website: Clinton County Circuit Clerk

Clinton County Probation Department

Mission: Provides supervision and services to individuals on probation or court-ordered supervision.

Services: Probation supervision, assessments, treatment referrals.

Location: 811 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-4717

Website: N/A

Clinton County Drug Court / Problem Solving Court

Mission: Provides an alternative to incarceration for non-violent offenders with substance use disorders.

Services: Drug court, problem-solving court services, rehabilitation programs.

Location: 811 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-2244

Website: N/A

Older Adult Services (OFA) - Mt. Vernon, IL

Location: 1305 Walnut St., Mt. Vernon, IL 62864

Services:

Provides services for older adults including transportation, meals, social programs, and senior

outreach.

Offers support services designed to improve the quality of life for seniors in the community.

Law Enforcement Agencies

Clinton County Sheriff's Office

Mission: Provides law enforcement services, including patrols, investigations, and jail management.

Services: Sheriff's patrol, investigations, warrants, emergency response.

Location: 2264 Fairfax St., Carlyle, IL 62231

Phone Number: 618-594-4555

Website: Clinton County Sheriff's Office

Carlyle Police Department

Mission: Provides law enforcement services within the city of Carlyle.

Services: Policing, emergency response, crime prevention, and investigations.

Location: 200 S. Main St., Carlyle, IL 62231

Phone Number: 618-594-2313

Website: N/A

Breese Police Department

Mission: Law enforcement services to the city of Breese.

Services: Crime prevention, emergency response, policing, and community relations.

Location: 106 N. Main St., Breese, IL 62230

Phone Number: 618-526-7211

Website: N/A

Trenton Police Department

Mission: Provides law enforcement services to the city of Trenton.

Services: Policing, emergency services, and public safety.

Location: 120 E. Broadway, Trenton, IL 62293

Phone Number: 618-224-7575

Website: N/A

Centralia Police Department

Mission: Provides law enforcement services to the Centralia area, serving parts of Clinton County.

Services: Police patrol, investigations, emergency services.

Location: 200 E. 6th St., Centralia, IL 62801

Phone Number: 618-533-7602 Website: Centralia Police Department

Public Libraries serving Clinton County: Breese

530 N. 3rd Street, Breese, IL 62230 Ph#618-526-7361, https://breeselibrary.org/

Carlyle - 550 6th St, Carlyle, IL 62231 Ph#618-594-5210 https://casehalstead.org/

Centralia -

515 E. Broadway, Centralia, IL 62801, Ph#618-532-5222, https://www.centralialibrary.org/

Germantown –

403 Munster St., Germantown, IL 62245, Ph#618-523-4820, http://www.gtownlibrary.org/

New Baden

210 N. 1st Street, New Baden, IL 62265, Ph#618-588-4554, https://newbadenlibrary.org

Trenton -

118 E. Indiana, Trenton, IL 62293, Ph#618-224-7662, http://trentonil.org/library/

Nursing Homes/Assisted Living/Senior Services

Breese Nursing Home

1155 N 1st St., Breese, IL, ph#618-526-4521, www.breesenursinghome.com

Carlyle Healthcare

501 Clinton St., Carlyle, IL, Ph#618-594-3112, https://carlylehcc.com/

Carlyle, IL, Ph#618-594-2321 (Meals on Wheels, congregate meals, activities, veteran affairs)

Clinton Manor Living Center

111 E. Illinois, New Baden, IL Ph#618-588-4924, https://clintonmanorlivingcenter.com/

Countryside Manor

450 W. 1st St., Aviston, IL, #618-228-7615 http://www.palladianmgt.com/aviston-countryside-manor/

Legacy Place/Cedarhurst

13887 Progress Dr., Breese, IL, #618-526-9600, https://www.cedarhurstliving.com/

The Villas at St. James, 14335 Jamestown Rd., Breese, IL,

Ph#618-613-4316,

https://www.meridiansenior.com/seniorliving/il/breese/villas-at-st-james/

Trenton Village

980 E. Broadway, Trenton, IL, Ph#618-224-9465, https://trentonvillageretirement.com/

Villa Catherine.

491 Clinton St., Carlyle, IL, Ph#618-594-8363, https://carlylehcc.com/villa-catherine/

Western Clinton County Senior Services

Trenton, IL, Ph#618-224-9913 (Meals on Wheels, carry-outs, activities)

Senior Renewal

1-618-526-5699

9515 Holy Cross Ln Breese IL HSHS St. Joseph's

Senior Renewal Renewing the quality of life for senior adults through outpatient counseling services Services vary depending on each patient's specific circumstances, symptoms, and treatment goals. Options may include: 1. Individual counseling 2. Group therapy with other **senior** adults 3. Family therapy 4. Education by a specially trained nurse 5. Regular communication with family members

MEALS ON WHEELS (2 Locations)

Clinton County Senior Services

Carlyle

630 8th Street Carlyle IL

Home delivered meals to seniors over 60.

Website: Clinton County Senior Services

Western Clinton County Senior

520 N Main St, Trenton · (618) 224-9913

Open · Closes 3 PM Website: <u>Facebook</u>

Parks & Recreation Centers

Clinton County Parks

Mission: Provides access to various outdoor recreational activities including picnicking, hiking, and fishing.

Services: Public parks, picnic areas, and recreational events.

Carlyle Lake Park: Located at Carlyle Lake for picnicking, fishing, and walking.

Washington County State Recreation Area: Near Carlyle for outdoor recreation.

Phone Number: 618-594-2244 (Clinton County)

Website: N/A

Carlyle City Park

Mission: Offers a variety of outdoor recreational activities in the heart of Carlyle.

Services: Picnic areas, playgrounds, walking paths, and sports fields.

Location: 850 Franklin St., Carlyle, IL 62231

Phone Number: 618-594-2468 Website: <u>Carlyle City Park</u>

Breese City Park

Mission: Community park providing recreational amenities for residents and visitors.

Services: Sports fields, playgrounds, walking trails, and public events.

Location: 400 N. 5th St., Breese, IL 62230

Phone Number: 618-526-7220

Website: City of Breese

Trenton City Park

Mission: Provides public outdoor recreational space for community events and leisure.

Services: Picnic areas, playgrounds, sports fields, and trails.

Location: 200 E. Broadway, Trenton, IL 62293

Phone Number: 618-224-9211 Website: Trenton City Park

Lakes & Water Recreation

Carlyle Lake

Mission: One of the largest reservoirs in Illinois, providing various recreational opportunities.

Services: Boating, fishing, swimming, camping, and hiking.

Location: Carlyle, IL 62231

Phone Number: 618-594-2484 (Carlyle Lake Recreation Area)

Website: Carlyle Lake

Mission: A scenic state park with a focus on water recreation and birdwatching.

Services: Fishing, boating, hiking, and wildlife observation.

Location: 4 miles west of Pontoon Beach, IL

Phone Number: 618-931-0270 Website: <u>Horseshoe Lake State Park</u>

Breese City Park

Location: 205 W. 5th St., Breese, IL 62230

Features: Playground, sports fields, picnic areas, walking paths, open spaces for community events.

Contact: (618) 526-7700 (Breese City Hall)

Carlyle Lake State Park

Location: 801 Lake Rd, Carlyle, IL 62231

Features: Boating, fishing, swimming, picnicking, campgrounds, hiking trails, wildlife viewing.

Contact: (618) 594-3015 (Carlyle Lake State Park)

Website: Carlyle Lake State Park

Aviston Park

Location: 300 W. 5th St., Aviston, IL 62216

Features: Playground, basketball court, picnic areas, open green space for recreational activities.

Contact: (618) 228-7111 (Aviston Village Hall)

Germantown Park

Location: 414 S. Main St., Germantown, IL 62245

Features: Baseball/softball fields, playground equipment, picnic areas, sports leagues.

Contact: (618) 523-4801 (Germantown Village Hall)

New Baden Park

Location: 1 W. 2nd St., New Baden, IL 62265

Features: Playground, tennis courts, baseball fields, walking paths, picnic areas.

Contact: (618) 588-3314 (New Baden Village Hall)

Wamac Park

Location: 316 S. 1st St., Wamac, IL 62811

Features: Playground, open spaces, casual recreational activities, community gatherings.

Contact: (618) 248-5185 (Wamac Village Hall)

Clinton County Fairgrounds

Location: 1300 N 4th St, Carlyle, IL 62231

Features: Fairgrounds for the Clinton County Fair, livestock shows, carnivals, community events.

Contact: (618) 594-7783 (Clinton County Fairgrounds)

Website: Clinton County Fairgrounds

Washington Park (Carlyle)

Location: 501 S. Main St., Carlyle, IL 62231

Features: Playground, walking paths, green spaces, ideal for relaxation and casual walks.

Contact: (618) 594-2468 (Carlyle City Hall)

Silver Lake Park (Carlyle)

Location: 1000 W. Main St., Carlyle, IL 62231

Features: Small lake, fishing, picnicking, peaceful environment.

Contact: (618) 594-2468 (Carlyle City Hall)

Governors Run Park

Location: 1900 N. 4th St., Breese, IL 62230

Features: Golf course, walking trails, open spaces for nature walks, and outdoor events.

Contact: (618) 526-7347 (Governors Run Golf Course)

Keyesport Park

Location: 100 S. Main St., Keyesport, IL 62253

Features: Playground, picnic areas, open space for sports and community gatherings.

Contact: (618) 749-5533 (Keyesport Village Hall)

Hidden Lake Winery Park

Location: 10620 Hidden Lake Rd, Aviston, IL 62216

Features: Scenic walking trails, peaceful environment, ideal for nature lovers, next to winery.

Contact: (618) 228-9111 (Hidden Lake Winery)

St. Rose Park

Location: 201 S. Main St., St. Rose, IL 62230

Features: Playground, picnic areas, open green space for community events.

Contact: (618) 526-3553 (St. Rose Village Hall)

Breese Baseball Complex

Location: 611 W. 5th St., Breese, IL 62230

Features: Baseball/softball fields, picnic areas, playground.

Contact: (618) 526-7700 (Breese City Hall)

Bluff View Park (Carlyle)

Location: 2130 E. Main St., Carlyle, IL 62231

Features: Scenic overlook, walking paths, peaceful park.

Contact: (618) 594-2468 (Carlyle City Hall)

St. Louis and Iron Mountain Trail (Carlyle to Collinsville)

Location: Trailhead in Carlyle, IL

Features: This multi-use trail is a former railroad bed that's now a scenic route for walking, biking, and hiking.

Contact: (618) 594-2468 (Carlyle City Hall)

Carlyle Lake Beach (Carlyle Lake)

Location: 801 Lake Rd, Carlyle, IL 62231

Features: Sandy beach area for swimming, picnic areas, and shaded spots along Carlyle Lake.

Contact: (618) 594-3015 (Carlyle Lake State Park)

Website: Carlyle Lake Beach

Golf Courses

Carlyle Lake Golf Course

Mission: Public 18-hole golf course providing a challenging and scenic experience.

Services: Golfing, golf lessons, driving range, and clubhouse amenities.

Location: 4000 Golf Course Rd., Carlyle, IL 62231

Phone Number: 618-594-3831

Website: N/A

March

Greenshire Golf Course

Mission: A public course offering 9 holes and a relaxed atmosphere for golfers of all skill levels.

Services: Golf, rentals, and events.

Location: 7 miles north of Carlyle on Route 127.

Phone Number: 618-594-3661

Website: N/A

Big Creek Golf Course

Mission: A challenging 18-hole golf course located near Highland, IL.

Services: Golfing, tournaments, lessons, and events. **Location**: 7995 Big Creek Rd., Highland, IL 62249

Phone Number: 618-654-9232 Website: <u>Big Creek Golf Course</u>

Governors Run

www.governorsrun.com

Governors Run Golf Course

3300 Governors Dr, Carlyle, IL 62231 · 41 mi

(618) 594-4585 Open · Closes 10 PM

Governors Run Golf Course

Location: 1900 N. 4th St., Breese, IL 62230

Features:

18-hole regulation golf course.

Full-service pro shop, driving range, and golf cart rentals. Located on the scenic grounds of the Governors Run Park.

Contact: (618) 526-7347

Website: Governors Run Golf Course

Oak Brook Golf Club

Location: 1000 Oak Brook Dr, Carlyle, IL 62231

Features:

9-hole golf course with a relaxing atmosphere.

Ideal for casual golfers or those looking to practice their skills. Offers a small but scenic course with challenges for all skill levels.

Contact: (618) 594-2468 (Carlyle City Hall)

Website: (Currently no specific website for the course, but Carlyle City Hall can provide information.)

Breese Country Club

Location: 1799 Breese Country Club Rd., Breese, IL 62230

Features:

9-hole, private course with a friendly and welcoming atmosphere. Offers membership options and hosts local tournaments and events. Provides a bar and restaurant on-site for meals and drinks after a round.

Contact: (618) 526-4204

Website: (No website available, contact directly for information.)

Carlyle Lake Golf Course

Location: 1150 Golf Course Rd., Carlyle, IL 62231

Features:

18-hole, public golf course located near Carlyle Lake.

Beautiful lakeside views and challenging terrain for golfers of all skill levels.

Offers a driving range, pro shop, and full-service bar.

Contact: (618) 594-2468

Website: Carlyle Lake Golf Course

Hidden Lake Golf Course

Location: 10620 Hidden Lake Rd., Aviston, IL 62216

Features:

9-hole golf course surrounded by Hidden Lake Winery. A relaxing setting with a peaceful atmosphere for golfers.

Offers golf carts and equipment rentals for a comfortable experience.

Contact: (618) 228-9111

Website: Hidden Lake Winery and Golf

Trenton Golf Club

Location: 1223 Scherer Rd., Trenton, IL 62293

Features:

9-hole public golf course.

Offers a relaxed setting and friendly community for golfers of all levels.

Features scenic views of the surrounding countryside.

Contact: (618) 224-7356 (Trenton City Hall for information)

Website: (Currently no official website for the course, but local info can be obtained from Trenton City Hall.)

Fitness Centers & Gyms

The Edge Fitness

Mission: A fitness center offering a wide range of exercise programs and equipment.

Services: Gym memberships, fitness classes, and personal training.

Location: 1177 N. Illinois St., Belleville, IL 62226 (Approx. 18 miles from Clinton County)

Phone Number: 618-234-3322 Website: The Edge Fitness

Trenton Fitness Center

Mission: A community gym offering fitness programs and equipment. **Services**: Gym access, group fitness classes, and personal training.

Location: 200 S. Broadway, Trenton, IL 62293

Phone Number: 618-224-9090

Website: N/A

YMCA of Southwest Illinois

Mission: Offers fitness, wellness, and family programs.

Services: Fitness classes, swimming, youth programs, and wellness coaching.

Location: 2627 Carlyle Ave., Belleville, IL 62221

Phone Number: 618-234-9622 Website: <u>YMCA Southwest Illinois</u>

Med Plus

Carlyle VFW Post

Carlyle VFW Post 3523

Location: 1910 N. 4th St., Carlyle, IL 62231

Services: The Veterans of Foreign Wars (VFW) Post 3523 offers a space for veterans and their families to gather.

The post provides veteran services, social events, and community support. It's a place for veterans to connect, participate in activities, and access resources for veterans.

Contact: Phone: (618) 594-7246

Website: https://www.Carlyle VFW Post 3523

Dietitians & Dietary Services

Memorial Dietetic Services

Mission: Provides nutrition counseling, weight management, and other dietary services. **Services**: Dietetics consultations, healthy eating programs, and weight management support.

Location: 601 N. 12th St., Belleville, IL 62226

Phone Number: 618-257-5511

Website: N/A

Dietitians at HSHS St. Joseph's Hospital

Mission: Offers nutrition counseling and specialized diet programs.

Services: Weight management, diabetes management, and general dietary advice.

Location: 9515 Holy Cross Ln., Breese, IL 62230

Phone Number: 618-526-5511 Website: HSHS St. Joseph's Hospital

Total Wellness Nutrition

Mission: Provides nutrition counseling and education for health improvement. **Services**: Individual counseling, group classes, weight loss, and disease management.

Location: 404 W. Main St., Belleville, IL 62220

Phone Number: 618-222-8070 **Website**: Total Wellness Nutrition

LGBTQIA+ Resources

Community Wellness Project:

Cwpstl.org 906 Olive Street, Suite 200, St Louis, MO

63101 (drop-in center) 314-421-9600 and 505 S. 8th Street (inside Comprehensive) East St. Louis, IL 62201 618-874-9500 African American AIDS response, HIV testing and treatment, STD testing and treatment, free condoms and safer sex kits, Hep C testing and treatment, Narcan, needle

exchange, food pantry, clothing closet, drop-in center in

STL, mental health services by appointment (can see uninsured)

Edwardsville Pride Inclusivity Center:

Website: www.Edwardsvillepride.org

Resources, information, support, education, social events

for the LGBTQIA+ community

Epworth Children & Family Services:

Website: www.Epworth.org

24/7 hotline 1-800-899-KIDS

Drop-in Center at 7520 Natural Bridge Road,

Normandy, MO 63121

Monthly LGBTQI+ support group

on Zoom for ages 14-20;

drop-in center for ages 11-20 that includes recreation, kitchen, laundry, shower, food/clothing pantry, case management, life skills education, some free clinical care including screenings and HIV/STI testing

HearMe App

https://www.sageusa.org/hearme

HearMe, an LGBTQ+ founded company, is an on-demand mental wellness app that allows you to text one-on-one with trained empathetic listeners to get things off your chest, be seen, heard, and validated. There is no wait or scheduling – receive instantaneous support the moment you need it. HearMe is always confidential and anonymous. Empathetic listeners are available 24 hours a day, 7 days a week. Age 18 and older.

HIV Care Connect:

www.Hivcareconnect.com

Hoyleton Youth & Family Services:

Hoyleton.org

8 Executive Drive, Suite 200

618-688-4727 Program for support for LGBTQ+ youth in foster care; Monthly support group for youth

Lambda Legal: Lambdalegal.org Help desk request available online for resources and information related to discrimination, gender identity,

gender expression, and HIV status

Metro East Pride: Metroeastpride.org

Emails sent to: metroeastpride@gmail.com Social connection events in the St. Clair County, IL, area; online resource list

Modern Military Association of America

Modernmilitary.org Support organization for LGBTQ+ service members, military spouses, veterans, and their families

OutCare Health:

www.Outcarehealth.com

Online directory of LGBTQIA+ affirming medical providers, mental health providers, support groups, and more.

RESOURCES FOR PREGNANCY AND INFANT SUPPORT

Pregnancy Support and Baby Supplies

Mosaic Health (2 locations)

2019 Johnson Road, Granite City, IL 62040 (618)451-2002 5016 North Illinois Street, Suite A, Fairview Heights, IL (618)355-9977

Website: https://www.revealmosaic.com

Pregnancy Care Center of Belleville

South 3rd Street, Suite 50, Belleville, IL (618)233-2273

https://pregnancycarecenter.org

Project Compassion

6609 West Main Street, Belleville, IL 62223

(618)397-1790

https://projectcompassionnfp.org

Life Network of Southern Illinois

(2 locations) - 24/7 Helpline (800)712-4357

https://www.mylifenet.org/ 722 N. Market, Waterloo, IL 62298 (618)939-4224

324 N Main Street, Red Bud, IL 62278 (618)282-4225

Relevant Pregnancy Options Center

https://relevantoptions.org/ 2653 Plaza Drive, Highland, IL 62249 (618)654-3732

Thrive Metro East Women's Healthcare

https://thrivemetroeast.org/ 4854 North Alby Road, Godfrey, IL 62035

(618)466-1690

Pregnancy Care Clinic

https://pregnancycc.com/

319 E. 7th Street, Centralia, IL 62801

(618)532-3111

Parenting Support Programs

Lessie Bates Davis Neighborhood House – several family support programs available

 $1200~\mathrm{N}~13^{\mathrm{th}}$ Street, East St Louis, IL 62205

(618)874-0777

iGrow: Parenting for Success teen parent support program at Comprehensive Behavioral Health Center

505 S. 8th Street, East St Louis, IL 62201 (618)482-7330

Brightpoint (formerly CHASI) Stronger Beginnings (Madison, Monroe, Randolph, & St. Clair Counties)

Family support for teen parents, those with child welfare involvement, housing insecurity, caregiver incarceration/parole, children with developmental needs, caregiver without HS diploma/GED, caregiverathat is

Madison County 800-467-9200 extension 143

Monroe, Randolph, St. Clair Counties 800-467-9200 Ext 306

Head Start/Early Head Start

Support for children age birth to 5 years - families must meet income guidelines; support for children who are in foster care, homeless, or whose families receive TANF or SSI regardless of income; some pregnant women may qualify for Early Head Start; child development programs and parent education

Call 1-866-763-6481 to find your local Head Start program or visit

https://eclkc.ohs.acf.hhs.gov

MOPS (Mothers of Preschoolers)

faith based support group for moms to connect with other moms

www.mops.org

or 1-888-910-MOPS (6677) – multiple locations locally

Child Care Center/Daycare Payment Assistance - Brightpoint (formerly CHASI) Child Care

Resource & Referral

2133 Johnson Road, Suite 100A, Granite City, IL 62040

800-452-8900

Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington Counties; call DHS for other locations

Illinois DHS assistance line (Medicaid, TANF, SNAP, WIC, formula assistance, childcare resource)

1-800-843-6154

Illinois Child Care Assistance Program (CCAP)

Overview: The Illinois Child Care Assistance Program (CCAP) helps low-income families pay for childcare while parents work, attend school, or participate in training programs.

CCAP is available to parents with children under the age of 13 (or 19 if the child has a disability).

Eligibility: March

Income-based (typically for families at or below 185% of the federal poverty level).

Requires proof of income, employment/school status, and need for childcare.

How to Apply:

Online Application: <u>Illinois Department of Human Services</u>

Phone: (800) 843-6154

Website: Child Care Assistance Program

Illinois Department of Human Services (IDHS) - Temporary Assistance for Needy Families (TANF)

Overview:

The **TANF** program provides **financial assistance** to families with children to cover basic needs, including daycare.

It may also help with food, medical expenses, and other essential services.

Eligibility: Families must meet income and asset limits, and the child must be under the age of 18.

If you are eligible for TANF, you may receive assistance for childcare through CCAP or other local programs.

How to Apply:

Online Application: Illinois Department of Human Services

Phone: (800) 843-6154

Website: TANF Program

Head Start & Early Head Start Programs

Overview: Head Start and Early Head Start are federally funded programs that provide free early childhood education, health, and family support services to low-income families.

These programs may also cover childcare costs.

Eligibility: Families must meet income guidelines (typically below the federal poverty level).

Head Start serves children ages 3-5, and Early Head Start serves children ages 0-3.

How to Apply: Phone: Find the local Head Start program by contacting your Illinois Department of Human Services regional office or searching online for Head Start providers in your area.

Website: Illinois Head Start Association

Illinois Action for Children (IAC) - Child Care Resource & Referral

Overview: Illinois Action for Children provides a Child Care Resource & Referral (CCR&R) progam that helps parents find affordable childcare and apply for childcare subsidies through CCAP.

Eligibility: Income guidelines for assistance are similar to those for the Illinois Child Care Assistance Program (CCAP).

How to Apply: Website: Illinois Action for Children

Phone: (312) 823-1100 (Chicago Area) or (888) 228-1146 (Statewide)

Military Child Care Assistance

Overview: If you or your spouse are active-duty military, you may qualify for assistance through programs such as Child Care Aware or through the military's Child Development Centers (CDCs).

Eligibility:

Active-duty military families are eligible for discounted childcare or daycare programs based on income and availability.

How to Apply: Website: Military Child Care

Project Child

Overview:

Project Child is a program that helps families with **childcare** and **early childhood education** in **Illinois**. It focuses on **supporting low-income families** with access to **affordable daycare** and **early childhood services**.

Contact Information:

Phone: (312) 228-1010 (for **Project Child** services in Illinois)

Website: Project Child (The website may redirect to associated programs in Illinois)

Journey of Hope Home 504 E. Hwy 50, O'Fallon, IL 62269 (618)365-5804 https://www.journeyofhopehome.org/

Caritas - Fontebella Maternity Home,

O'Fallon, IL 62269 (618) 213-8730

https://www.fontebella.org

Angels Cove,

4243 Lincolnshire Dr, Mt Vernon, IL 62864

(618) 382-4164 https://bchfs.com/maternity-care/

Our Lady's Inn

https://ourladysinn.org/

4223 S. Compton, St Louis, MO 63111 (314)351-4590 3607 Highway D, Defiance, MO 63341 (636)398-5375

Haven of Grace

https://havenofgracestl.org/

1225 Warren Street, St. Louis, MO 63106 (314)621-6507

Domestic Violence

National Domestic Violence Hotline 1-800-799-7233

Violence Prevention Center of Southwestern Illinois - Belleville (618)235-

0892 **Oasis Women's Center** – Alton (618)465-1978 or 24/7 Hotline 800-244-

1978 Survivor Empowerment Center – Carbondale (800)334-2094

Post-Partum Depression & Anxiety

Suicide Prevention Hotline 1-800-273-TALK (8255) – AVAILABLE

24/7 National Crisis Text Line – text HOME to 741741 -

AVAILABLE 24/7 National Maternal Health Hotline 1-833-852-

6262 – <u>AVAILABLE 24/7</u>

Post-Partum Support International 800-944-4773 (#1 en Español or #2 English)

 $\textbf{Post-Partum Depression Alliance of Illinois} \ 1-847-205-4455 \ or \ www.ppdil.org/\ "mom \ to \ mom" \ support \ and \ support \ support \ and \ support \ supp$

St Louis Behavioral Medicine Institute, 521 W Main St, Ste 201 B, Belleville, IL 62220 (314)289-9411

Accepts most commercial insurance coverage, call for info

Chestnut Mental Health - (618)877-4420 Accepts state Medicaid coverage

12 S. 64th Street, Belleville, IL 62223 or 50 Northgate Industrial Dr, Granite City, IL

Washington University St. Louis – Perinatal Behavioral Health Service (314)454-5052

Mercy Hospital's Intensive Outpatient Program – (314)251-4845 call for information about intake

615 S. New Ballas Rd, St. Louis, MO 63141

https://www.mercy.net/service/outpatient-mental-health/

Alcohol and Substance Abuse

CARE in Pregnancy at Barnes Hospital/Washington University 888-987-2807

Prenatal care, substance counseling, psychiatric support, and resource information

WISH Center at SSM Health St Mary's Hospital – services for pregnant women struggling with addiction 1035 Bellevue Ave, Ste 205, St Louis, MO 63117 (314)768-8230

Chestnut Mental Health – doula certified peer recovery specialists available during pregnancy and up to one year after delivery in addition to cou 618-877-4420 or 888-924-3786

Comprehensive Behavioral Health Center, 505 S. 8th Street, East St Louis, IL (618)482-7330

Alcoholics Anonymous of Southern Illinois - 618-251-4000 or 800-307-6600 or www.aadistrict14.org

Narcotics Anonymous Metro East – 618-398-9409 or metroeastna.org

Celebrate Recovery - https://www.celebraterecovery.com/ faith-based 12-step program

Pregnancy and Infant Loss Resources

SHARE Pregnancy and Infant Loss Support 1-800-821-6819

Breese, IL – c/o St Joseph's Hospital, 9515 Holy Cross Lane, PO Box 99, Breese, IL Contact: Karen Gebke 618-228-7665

Group meets on the 2^{nd} Tuesday of the month at 7pm

Maryville, IL – Anderson Hospital, 6800 State Route 162, Maryville, IL Contact: Rebecca

Eggering <u>pregnancyloss_support@andersonhospital.org</u>

Group meets on the 4th Tuesday of the month 6:30pm

O'Fallon, IL – HSHS St. Elizabeth Hospital, 1 St. Elizabeth Blvd, O'Fallon, IL Contact:

Christina Cobb 618-234-2120 *51398 or christina.cobb@hshs.org

National SHARE office – weekly online group chats

Group for miscarriage, stillbirth, infant loss is every 1st, 2nd, 4th Tuesday 7pm-9pm Group for pregnancy after loss is the 3rd Tuesday of the month 7pm-9pm https://nationalshare.org/online-support/

SHARE also has multiple groups on Facebook for support:

https://www.facebook.com/NationalShare/groups

SHARE Bereaved Families Peer Support (Closed), SHARE Pregnancy After Loss Support (Closed), SHARE Español: Esperanza (Closed), Share Pregnancy & Infant Loss Support, Inc (Public)

Compassionate Friends

St. Clair County Chapter #1605

Meets at the Heartlinks Grief Center, 5110 W Main Street, Belleville, IL 62226 Contact: Dorothy

618-977-0924

Group meets the 1st Monday of the month at 6:30pm

Madison County Chapter #1421

Meets at St Ambrose Parish, 822 West Homer M. Adams Pkwy, Godfrey, IL 62035 Contact: Tom

618-219-0612 or tseda14@yahoo.com

Group meets on the last Friday of the month at 6:30pm

ILAC I Lost A Child

Carbondale, IL – Carbondale Memorial Hospital, 618-549-0721 *65224 Contact:

Cynthia cynthia.cordoro@sih.net or Anne anne.mileur@sih.net

March of Dimes – bereavement materials available for free by submitting a request online:

https://www.marchofdimes.org/bereavement-kit-form

Grieving Dads: To The Brink And Back

Kelly Farley, author grievingdads@gmail.com or https://grievingdads.com/ or

Follow on Facebook at https://www.facebook.com/GrievingDads book and workbook available

Rachel's Gift

470-278-1956 or https://www.rachelsgift.org/

Book list and grief resources for parents and families available on their website

Virtual support groups held via Zoom for parents, families, men's group, and couples' group

MEND Mommies Enduring Neonatal Loss

Virtual support groups for general support, men's only group, and pregnancy after loss https://www.mend.org/

Schools Clinton County / Colleges

Pre-K to High School

Breese District 12 (Breese Elementary and High School District)

Breese Elementary School

Location: 400 N. 6th St., Breese, IL 62230

Phone: (618) 526-4651 Website: <u>Breese District 12</u>

Central Community High School

Location: 7740 Old US Hwy 50, Breese, IL 62230

Phone: (618) 526-7124

Website: Central Community High School

Carlyle Community Unit School District 1

Carlyle High School

Location: 301 N. 5th St., Carlyle, IL 62231

Phone: (618) 594-2464

Website: Carlyle High School

Carlyle Middle School

Location: 105 N. 5th St., Carlyle, IL 62231

Phone: (618) 594-2482

Website: Carlyle Middle School

Trenton Community Unit School District 2

Trenton Elementary School

Location: 700 S. 4th St., Trenton, IL 62293

Phone: (618) 224-7211

Website: Trenton Elementary

Wesclin High School

Location: 699 Wesclin Rd, Trenton, IL 62293

Phone: (618) 224-7356

Website: Wesclin High School

Addieville Community Consolidated School District 4

Addieville Elementary School

Location: 900 N. Main St., Addieville, IL 62214

Phone: (618) 458-7842

Website: Addieville Elementary

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Damiansville Community Consolidated School District 62

Damiansville School

Location: 400 W. Main St., Damiansville, IL 62215

Phone: (618) 248-5100

Website: <u>Damiansville School</u>

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New Baden Community Consolidated School District 8

New Baden Elementary School

Location: 100 W. 3rd St., New Baden, IL 62265

Phone: (618) 588-3800 Website: New Baden School

Schools Higher Education

Kaskaskia College

Location: 27210 College Rd., Centralia, IL 62801 (near Breese)

Phone: (618) 545-3000 Website: <u>Kaskaskia College</u>

A public community college offering associate degrees and certificate programs.

Also offers GED programs

Transportation

South Central Transit 12778 Drive-In Road Breese, IL 62230, Ph#618-526-7431 or 800-660-7433 for scheduling Public transportation. Wheelchair accessible. Daily shuttle services are available as well as scheduled ride services. www.southcentraltransit.org

Friends Van-HSHS Hospital in Breese and Highland, call #618-526-8254, for scheduling. Program provides free transportation for medical, dental, and personal appointments. Medical appointments take priority, which include visits to physicians, dentists, chiropractors, pharmacies, and St. Joseph's Hospitals. The Friends Van service area includes the following towns: Alhambra, Albers, Aviston, Bartelso, Beckemeyer, Breese, Carlyle, Centralia, Damiansville, Germantown, Highland, Grantfork, Keyesport, Marine, New Baden, Pierron, Pocahontas, St. Jacob, St. Rose, Trenton, Troy.

Sara Center Fifth Street Renaissance

Phone: 217-544-5040

Website: https://www.fsr-sara.org

Provides mental health, SUD, homeless, sober living, detox, housing, transportation, harm reduction, HIV and HEP C testing, transportation to support centers.

Alton Memorial Hospital

1 Memorial Drive, Alton, IL, call patient navigator at (618) 463-7780.

www.altonmemorialhospital.org

Offers a Warm Handoff Program out of the Center for Behavioral Health and Addiction Medicine. The program offers help to adults who present to their Emergency Department and are in active withdrawal from opiate or alcohol addiction.

Belleville Memorial BJC Medical Stabilization Detox Program

Location: 4500 Memorial Drive, Belleville, IL 62226

Phone Number: 618-257-5420

Website: https://www.memhosp.org

Description: Admission for adults who are showing signs of withdrawal, creating individualized plans for steps in treatment, assistance for referrals for inpatient or outpatient programs, addressing other barriers to treatment and provision of Peer Support during the process.

CenterPointe Hospital

4801 Weldon Spring Parkway, St. Charles, MO,

Ph#(888) 508-2813

Provider of acute inpatient and outpatient treatment for adolescents, adults and seniors who have been suffering mental, behavioral health, substance or alcohol addiction challenges. https://www.centerpointehospital.com/

Chestnut Health Systems

50 Northgate Industrial Drive, Granite City, IL, Ph#618-877-4420

, Crisis After Hours: 618-877-0316,

www.chestnut.org

Has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Gateway Foundation

, 600 W. Lincoln Avenue, Caseyville, IL,

Ph#312-663-1130,

https://www.gatewayfoundation.org/

Offers a full continuum of care across a wide range of clinical settings, so no matter where a patient is in life or recovery, a program can be personalized for them.

Gateway Regional Medical Center-Behavioral Health Services

2100 Madison Avenue, Granite City, IL 62040, Ph#618-798-3888,

https://gatewayregional.net/

Offers treatment for mental and emotional health problems, substance use disorders (drugs or alcohol), and addiction.

HSHS St. Joseph's Hospital Warm Handoff Program,

Emergency Room

9501 Holy Cross Lane, Breese, IL, Ph#618-526-4511

Access to Recovery Resources as well as Emergent and Crisis Care. **Anyone can come at any time for help, wanting help is enough. Come get a free "Rescue Bag" with resources and 2 boxes of Narcan, the opioid overdose reversal medication. https://www.hshs.org/st-josephs-breese

Illinois Recovery Center,

1450 Caseyville Ave. Swansea, IL 62226, #(888) 492-3281,

https://www.illinoisrecoverycenter.com/ Substance use treatment, medical detox, residential treatment, partial hospitalization program, intensive outpatient treatment, outpatient treatment programs, relapse prevention program, rehabs for women, sober living, stimulants detox programs, telehealth.

Never Use Alone Hotline

#800-484-3731,

https://neverusealone.com/, a program to prevent overdose deaths where people can speak to an operator while they are using drugs so that someone can call for help if they experience an overdose. Toll-free national overdose prevention, detection, life-saving crisis response and medical intervention services for people who use drugs while alone. Never Use Alone's peer operators are available 24-hours a day, 7 days a week, 365 days a year. No stigma. No judgment. Just love!♥

New Vision,

Intake Coordinator for more specific info – #618-358-0200. New Vision is located inside the OSF St Anthony's Hospital in Alton. It is a medical detox program. They accept most all insurances including Medicaid. New Vision is a medically supervised, hospital-based service for adults experiencing impending or active withdrawal from alcohol, prescription medications, and/or certain drugs. New Vision provides safe, confidential, compassionate and reliable care with a typical stay of 72 hours for people who qualify. https://specialcarecorp.com/locations/alton-illinois/

The Aviary Treatment Center,

22933 Hwy. 61, Eolia, MO, Ph#888-980-8830 or Melissa Monte-#618-304-9762 Specializes in the treatment of alcohol and drug addiction. Does not take Medicaid. https://aviaryrecoverycenter.com/

Treatment / Substance Use Resources Adult Table

Illinois – St. Louis Metro East area (tables provided from BJC Memorial Hospital -Sheena Langhauser)

minois – St. Louis Metro Last area (tables provided from BJC Memorial Flospital -Shecha Langhauser)
Medication Assisted Treatment (MAT)
Substance Treatment During Pregnancy
Peer Recovery Support
Inpatient and Outpatient Substance Use Treatment
Sober Living Housing
Family Support
Other Resources

Medication Assisted Treatment (MAT)

Agency	Program	Information
Comprehensive Behavioral Health Center	Methadone clinic:	East St. Louis, Belleville, Collinsville,
505 South 8 th Street	6am-12pm M-F and	Cahokia Heights and nearby areas,
East St. Louis, IL 62201	7:30am-9:30am Sat	call for info.
618-482-7330		
cbhc1.org		
Chestnut Health Systems	Vivitrol and Suboxone	Madison and St. Clair Counties
618-877-4420	therapies	
12 N. 64 th Street		Can accept IL Medicaid Plans
Belleville, IL 62223		
50 North cata Industrial Drive		
50 Northgate Industrial Drive		
Granite City, IL 62040) f .	C (H.M. I' 'IN
Centerstone	Methadone, Suboxone,	Can accept IL Medicaid Plans
877-467-3123	and Vivitrol therapies;	
2615 Edwards Street	Monday – Friday:	
Alton, IL 62002	6:30 – 11:15 a.m. and	
Alton, IL 02002	12:30 – 1:15 a.m. and	
202 S. Bentley	Saturday:	
Marion, IL 62959	7:30 – 9:30 a.m.	
Gateway Foundation	Methadone,	St. Clair County and surrounding
1 Bronze Pointe N	Buprenorphine, and	areas, call for more info;
Swansea, IL 62226	Naltrexone therapies	MAT only offered to those
618-234-9002 ext. 3000		participating in IOP at Gateway
Southern Illinois Healthcare Foundation (SIHF)	Select providers will	Multiple counties in Southern Illinois,
618-222-4701	manage suboxone, call	can accept IL Medicaid plans, may
180 S. 3 rd Street	for more information	have assistance for uninsured
Suite 104		patients; call for more information
Belleville, IL 62220		
618-548-4545		
1275 Hawthorn Road		
Salem, IL 62881		
ComWell	Suboxone treatment is	Can accept IL Medicaid Plans
888-855-0034 or 618-243-2091	managed by Dr. Aqueel Khan via telehealth at	Other comits as and 111 of State
109 W. Elm Okawville, IL 62271	the Okawville office	Other services available at Sparta,
<u> </u>		Chester, and Red Bud offices
MedMark Treatment Centers	Methadone Clinic:	Private pay, call for information for
304 Wesley Drive, Suites 302-306	Mon-Fri: 5:45am -	your specific insurance coverage/plan
Wood River, IL 62095 618-258-7592	10:30am & 12pm - 1pm; Sat: 7:15am – 10am	
VA St. Louis – John Cochran Division	Buprenorphine,	VA Coverage only; May be able to
Stephanie Henson (314) 289-6418 X 54012	Methadone, Vivitrol	have services available from the VA
500phanie Henson (511) 207-0410 11 54012	1.12011000110, 11111101	Clinic in Shiloh, IL as well
		,

Substance Treatment During Pregnancy

Agency	Information
CARE Clinic at Washington University (Clinic for Acceptance, Recovery, & Empowerment) One Barnes-Jewish Plaza St. Louis, MO 63110 888-987- 2807	Prenatal care alongside substance abuse treatment and extended postpartum support for one year post birth for pregnant women facing the challenges of opiate use disorder; personalized treatment plans; MAT with Subutex for withdrawal symptoms
WISH Center at SSM Health St. Mary's Hospital (Women and Infant Substance Help) 1035 Bellevue Ave, Suite 205 St. Louis, MO 63117 314-768- 8230	High risk maternity care for those affected by substance dependency; Medication Assisted Treatment (MAT) to assist with opiate cravings and withdrawal symptoms
Doula Certified Peer Recovery Specialist Chestnut Health Systems 50 Northgate Industrial Drive Granite City, IL 62040* 618-877-4420	Screening, referrals, and family-based treatment interventions; Recovery support; Can be engaged with the doula program while also pursuing medical care with an OBGYN provider; support up to 12 months after giving birth; doulas have personal experience with addiction/recovery; supportive of Medication Assisted Treatment (MAT)
Haymarket Center – OURFAMILY Program Chicago, IL 312-226-4357 https://www.haymarketcenter.org/	For opioid use disorder: 180-day stay in a structured housing environment with recovery coaching, counseling, MAT, and case management for medical and social needs
Illinois Helpline 833-234-6343	24/7 Helpline to connect to treatment and support

Agency	Information
Walking Together	Peer recovery support from Chris and Angela, who are in
Memorial Hospital Belleville and Shiloh - BJC Men, please contact Chris 618-304-4696	recovery from addiction themselves; support and assistance by being there to listen or help connect you to
Women, please contact Angela 618-792-2242	other resources
Alcoholics Anonymous (AA) District 14 https://www.aa-district14.org/ Parts of Southern Illinois, including St. Clair, Randolph,	"In our experience, the only way that alcoholics recover is by working with another alcoholic. We do this by attending meetings, finding a sponsor (someone you can call for help and who will work directly with you), and
Monroe, and Clinton Counties 800-307-6600 or 314-647-3677	working the steps." Meetings available in person and virtually
Narcotics Anonymous (NA) www.na.org Metro East 618-398-9409	"We are recovering addicts who meet regularly to help each other stay clean."
St. Louis 314-830-3232	Meetings available in person and virtually.
Celebrate Recovery https://www.celebraterecovery.com/	"Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, hang ups, and habits of any kind."
St. Matthew UMC, 1200 Mooreland Drive, Belleville, IL 618-406-0287 – Friday evenings Restoration Church, 3375 Fehling Road, Granite City, IL 618-781-3070 – Thursday evenings Pentecostals of Troy, 8965 State Rte. 162, Troy, IL 618-667-6054 – Sunday evenings First Baptist Church, 719 State Street, Chester, IL 618-826-3918 – Wednesday evenings Discovery Family Church, 699 Bluff Rd, Collinsville, IL 618-342-7242 – Monday	Recovery issues include broken family relationships, codependency, alcohol or drug use, gambling addiction, spending addiction
evenings New Bethel Church, 5803 Belmont Ave, East St Louis, IL 618-397-8155 – Tuesday evenings Calvary Baptist Church, 1422 Washington Ave, Alton, IL 618 462 8816 – Wednesday evenings	
IL 618-462-8816 – Wednesday evenings Steps Alano Club St. Louis	Recovery space that includes service and fellowship for
3974 Humphrey Street St. Louis, MO 63116 Stepsalanoclub.org	12-Step addiction groups including AA, NA, AlAnon in an environment that is affirming of LGBTQ+ and allies, may have online options for some groups
SAFE Project https://www.safeproject.us/veterans/recovery- meetings/	Virtual group meetings for Veterans in recovery on Tuesdays at 6pm EST (5pm Central) moderated by a licensed clinician, visit website for login information
Amare 144 East Ferguson Ave, Suite B Wood River, IL 62095 618-331-5905	Recovery Coaching, resource navigation, treatment placement, family support, support groups, skills groups, education and awareness
NAMI LGBTQ+ Connection Recovery Support Group For more information, contact info@namiba.org	Wednesdays from 7 – 8:30pm via Zoom, MUST REGISTER IN ADVANCE; free, peer-led support group designed for any adult (18+) in the LGBTQ+ community who has a mental health condition

Inpatient and Outpatient Substance Use Treatment

Agency	Services Offered	Youth	Adult	Insurances Accepted
BJC - Memorial Hospital Medical Stabilization Program 4500 Memorial Drive Belleville, IL 62226 618-257-5341 https://memhosp.org/medical-stabilization/	Medical stabilization hospital admission for withdrawal symptoms & detox Can initiate Vivitrol and Suboxone Referral to follow up services Peer Recovery Support	Resource list only	Yes	All insurances accepted by Memorial Hospital, including Medicaid plans Will assist uninsured
BJC – Alton Memorial Hospital Warm Handoff Program 618-463-7780 One Memorial Drive Alton, IL 62002	Medical stabilization hospital admission for withdrawal symptoms & detox Referral to follow up services	NO	YES	Multiple plans accepted, call for more information
Addiction Treatment Strategies 95 North Research Drive Edwardsville, IL 62025 618-692-6880 https://addictionts.org/	Supervised outpatient medical detox Virtual treatment options Individual, group, and family support counseling available	NO	YES	ATS does not bill insurance directly but will provide you with information to submit for reimbursement Private pay accepted
American Addiction Centers 866-799-9790 https://americanaddictioncenters.org/ Facilities in California, Massachusetts, Nevada, New Jersey, Texas, Rhode Island, Florida, Mississippi	Inpatient rehab and Medical Detox; willing to accept dual diagnosis/co-occurring mental health disorders; facilities that are supportive of specific needs for LGBTQ+, Veterans, health professionals/first responders, and Christian based treatment	NO	YES	Website features an online tool to check benefits, call for information Most major commercial insurance plans can be accepted
Aviary Recovery Center 888-980-8830 https://aviaryrecoverycenter.com/ Residential: 22933 Highway 61 Eolia, MO 63344 Outpatient: 333 South Kirkwood, Suite 303 (inside PNC Bank) Kirkwood, MO 63122	Medically supervised detox Inpatient Rehab Intensive Outpatient (IOP) Family Wellness	NO	YES	Can submit insurance verification information online or call for assistance

Centerpointe 636-477-2136 – inpatient admissions 636-477-2111 – outpatient admissions 4801 Weldon Spring Parkway St. Charles, MO 63304	Detox (adult & adolescent) Intensive Outpatient (IOP) Partial Hospitalization (Adolescent and adult) Residential (Adolescent and adult) Opioid Treatment (MAT)	YES	YES	Medicare,12ricare, Missouri Managed Medicaid plans, Ambetter, HealthyBlue, Homestate Health, UHC, many others Call for information
Centerstone 877-467-3123 2615 Edwards Street (outpatient) Alton, IL 62002 877-467-3123 2311 South Illinois Ave (outpatient) Carbondale, IL 62903 402 East Plaza Drive, Suite 4/5 (outpatient) Carterville, IL 62918 Fellowship House (men's residential) 618-833-4456 800 North Main Street Anna, IL 62906	Outpatient Intensive Outpatient (IOP) Opioid Treatment (MAT) Residential	IOP only	YES	Most commercial insurances, Medicare, Medicaid plans, Tricare, nobody is denied services due to inability to pay
Chestnut Health Systems 618-877-4420 12 North 64 th Street Belleville, IL 62223 618-397-0900 50 Northgate Industrial Drive Granite City, IL 62040 618-877-4420 2148 Vadalabene Drive Maryville, IL 62062 618-288-3100	Outpatient Intensive Outpatient (IOP) (Teens at Belleville only, Adults at Belleville & Granite City) Opioid Treatment (MAT) (Belleville & Granite City) Detox - adult (Maryville) Residential – (Maryville and Granite City)	YES	YES	Most commercial insurances, Medicare, Medicaid plans, no insurance, private pay, financial assistance available Call for billing info
Charlie Health 866-575-0249 Charliehealth.com	Virtual Outpatient/IOP Virtual Groups Virtual Family Counseling 24/7 admission screenings	YES	YES	Commercial insurance, call for information

Community Resource Center (CRC) Centralia (618) 533-1391 Carlyle (618) 594-4581 Salem (618) 548-2181 Vandalia (618) 283-4229	Outpatient	YES	YES	Can accept3Medicaid plans, may have financial assistance available, call for more information
Comprehensive Behavioral Health Center 618-482-7330 505 South 8 th Street East St. Louis, IL 62201 or 618-482-7389 (TDD)	Outpatient Intensive Outpatient (IOP) SMARTS Unit for residential treatment Project Safe for treatment ordered by DCFS Prevention Sober Living – ARTS House	NO	YES	Illinois Medicaid plans, financial assistance for those without insurance Call for info
Comprehensive Connections 618-242-1510 16338 North IL Highway 37 Mt. Vernon, IL 62864 https://www.compconnect.org/substance-abuse/	Detox, Residential, Outpatient Will not accept detox patients for benzo's or long term alcohol use due to not having medical support	NO	YES	Call for information Able to accept Medicaid plans
ComWell 618-282-6233 10257 State Route 3 Red Bud, IL 62278 104 Northtown Drive Sparta, IL 62286 2517 State Street Chester, IL 62233 109 West Elm Okawville, IL 62271	Outpatient May have same day access MAT based at Okawville	YES (With parent or guardian present)	YES	Call for information Sliding fee scale for those without insurance Able to accept Medicaid plans
Crossing Recovery Services 495 East Central Ave Decatur, IL 62521 217-330-5676 https://www.recoveryatcrossing.org/	Inpatient Outpatient Transitional Housing MAT for Vivitrol and Suboxone	NO	YES	Sliding Fee Scale, Can accept Medicaid plans, call for info
Footprints to Recovery 888-495- 1333 https://footprintstorecovery.com/ Hamilton Twp, NJ Elgin, IL Aurora, CO Centennial, CO	Detox Residential IOP Recovery Homes Telehealth	NO	YES	Private pay, Aetna, BCBS, QualCare, Tricare, Tri-West, Optum, Cigna, Megallan Health, MultiPlan, Anthem BCBS, Humana, UHC, call for more info

Gateway Foundation 844- 985-4972	Outpatient Individual and group Therapy	NO	YES	Call billing for info: 844-563-1756
1 Bronze Pointe North (outpatient) Swansea, IL 62226 618-234-9002 ext. 3000 (Outpatient only) 600 West Lincoln Ave (residential) Caseyville, IL 62232 618-345-3970	Opiate Treatment (MAT) Support Groups Medical Detox Intensive Outpatient (IOP) Available virtually Residential (Chicago location)			Aetna, Cigna, Health Alliance, NextLevel, Magellan, ComPsych, Optum, UHC, Humana, BCBS, many others
1080 E Park St (women's residential) Carbondale, IL 62901 2200 Lake Victoria Drive Springfield, IL 62703 https://www.gatewayfoundation.org/	Women's only residential (Carbondale location) Professional men's program (Springfield, IL location)			
Gibson Center for Behavioral Change Cape Girardeau, MO https://gibson-center.com/ 573-332-0416	24/7 modified medical detox; Residential Outpatient Women's Transitional House Opioid Treatment (MAT)	NO	YES	Anthem, BCBS, UHC, Cigna, call for more info
Harris House 314-786-3635 https://harrishousestl.org/ 2706 S. River Road St. Charles, MO 63303 8315 South Broadway St. Louis, MO 63111	Detox Inpatient Outpatient Partial Hospitalization Transitional Housing Dual Diagnosis	NO	YES	UHC, Magellan, Mercy, Humana, HealthLink, Beacon, Anthem BCBS, Coventry, Aetna, Cigna, AmBetter, WellFirst Health, may be in-network on other plans, call for more information
Hour House - CEAD 217-348-8108 635 Division Street Charleston, IL 61920 https://hourhouserecovery.org/	24/7 intake assessments; Men: outpatient, residential, intensive outpatient (IOP), sober living options; Women: outpatient, Residential, Intensive Outpatient (IOP), sober living options including women with young children; Adolescent: outpatient	YES	YES	Medicaid, Managed Medicaid, private pay, major credit cards, and most major health insurance programs are accepted; call for more information

Illinois Recovery Center 1450 Caseyville Ave. Swansea, IL 62226 888-492-3281 https://www.illinoisrecoverycenter.com/	Residential Detox Intensive Outpatient	No	Yes	Private pa Tricare, Ambetter, other commercial insurances, call for more information
Karla Smith Behavioral Health 200 North Lincoln O'Fallon, IL 62269 618-624-5771	Consultation Treatment Placement Family Intervention Outpatient counseling Follow up care after residential treatment	YES	YES	Call to discuss rates and sliding fee scale
Lincoln Recovery 844-948-1622 or 833-631-1294 https://lincolnrecovery.com/ 19067 West Frontage Road Raymond, IL 62560	Detox Inpatient Dual Diagnosis	NO	YES	Private pay, commercial insurance, call for more info
Mercy Hospital https://www.mercy.net/ Various locations in St. Louis, MO 314-628-6550 Pediatrics – 314-251-6898	Day Hospital (PHP) Supervised Detox Intensive outpatient (IOP) Individual and group counseling Mental Health support	YES (not all services)	YES	Call for information and coverage details
New Vision OSF St. Anthony's Health Center 1 St. Anthony's Way Alton, IL 62002 618-358-0200	Hospital based medical stabilization/detox typically for 72hrs Referrals for care following Hospitalization	NO	YES	Most major insurances, call for information
Pavilion Behavioral Health System 809 West Church Street Champaign, IL 62810 800-373-1700 or 217-373-1700 https://pavilionhospital.com/	Dual Diagnosis Treatment Detox Inpatient (teen and adult) Outpatient (teen and adult) Residential (adult)	YES	YES	Financial assistance available, can accept Medicaid plans,
Preferred Family Healthcare (Clarity Healthcare, Bridgeway Behavioral Health, Dayspring Services) https://pfh.org/ Locations in IL, MO, KS, OK St. Charles, MO Adolescent Residential 636-946-6376 Adult Residential 636-224-1000 Adult Outpatient 636-224-1200 St. Louis, MO Adolescent 314-773-3670 or 314-729-7050 Adult 314-899-0846 or 314-972-8132	Detox, Residential, and Outpatient services Services vary between one location and the next, call for more information	YES	YES	Multiple insurance plans accepted, call for more information

RecoverUS 2250 Reed Station Parkway, Suite 204 Carbondale, IL 62901 618-519-9444 https://recoveruscenters.com/	Supervised outpatient rapid detox using companion support 24/7 at local hotels, uses supplements, IV medication, NAD+ treatment, BRIDGE neurostim treatment; Outpatient counseling for alcohol and substance use; Naltrexone treatment	NO	YES	Insurance or private pay accepted, call for assistance with insurance verification of coverage
Salvation Army Midtown Service and Treatment Center 314-652-3310 2900 Washington Ave. St. Louis, MO 63103	Social Detox Short term residential 16 beds, men and/or women Individual counseling Family Support Case management support	NO	YES	Call for more info May walk-in for intake assessment Mon – Fri 9am-5pm
Sana Lake Recovery 636-205-4090 https://sanalake.com/ Multiple locations in Missouri: Maryland Heights, Dittmer, Creve Coeur, Kansas City	Medical Detox – Dittmer and Kansas City Locations Residential – Dittmer and Kansas City Locations Outpatient – Creve Coeur & Maryland Heights locations Partial Hospitalization – Dittmer and Kansas City Recovery Housing – Affton, University City, and Kansas City locations	NO	YES	In network: BCBS, Cigna, CoreSource, Healthlink, Humana Military/Tricare, Mercy, Optum, UMR, UHC, WellFirst Health Call for information
SSM St. Joseph Hospital 636-327-1338 600 Medical Drive, Wentzville, MO 63885	Outpatient; Medication-assisted treatment	NO	YES	Call for information
Touchette Regional Hospital 5900 Bond Avenue Centreville, IL 62207 618-332-3060	Outpatient	Mental Health Only	YES	Call for information
Department of Veterans Affairs VA St. Louis – John Cochran Division 915 North Grand Blvd. St. Louis, MO 63106 314-652-4100 Dr. Sean Engelkemeyer (314) 894-6598 X 66376	Intensive Outpatient (IOP) Residential 24hr Care Opioid Treatment Program	NO	YES	VA Coverage only
Department of Veterans Affairs Marion VA Medical Center 2401 West Main Street Marion, IL 62959 Phone: 618-997-5311 Or 618-997-5311 Outpatient Care - Mary J. Thompson: (618) 997-5311 X 55721 Residential - Tiffany Baldi RN: (618) 997-5311 X 59178	Outpatient Intensive Outpatient (IOP) Residential 24hr care	NO	YES	VA Coverage only

Double Elving Housing	I. C
Program	Information APTCH Color All Halfs Harris
Comprehensive Behavioral Health Center	ARTS House – Substance Abuse Halfway House with
505 South 8th Street	meetings and goal setting sessions in a sober environment
East St. Louis, IL	
62201 618-270-4771	
Madison's Garden Care Homes	Group living options that maintain a drug and alcohol-free
604 Golden Street	environment, participating in AA meetings and counseling is
East St. Louis, IL	mandatory. Can accommodate registered sex offenders and
62205 618-215-0939	parolees on a case-by-case basis.
Oxford House	Self-run, Self-Supported Recovery Housing; fill out an
	application and be interviewed (application available on
Alton, IL 618-433-1000 (Men)	website); locations available in many US states; most
Belleville, IL 618-416-4897 (Men) or 618-416-1774 (Men)	individuals come to Oxford House after completing a 5-10
Collinsville, IL 618-223-1250 or 233-1149	day detox or 28-day rehab program; most houses connect
Briarcliffe Drive (Men) and Victory Drive (Women)	strongly with AA/NA; residents are expected to maintain
Granite City, IL 618-501-1268 or 618-219-2368 or	sobriety and pay an equal share of household expenses
618	
219-2790 or 618-501-1298 or 618-219-2828	
Men – Cleveland Blvd, State Street, Missouri Ave,	
Delmar Ave, Bermuda Lane, Pine Street	
Women – 2825 Iowa, Johnson Road	
Fairview Heights, IL – Crest Drive	
(Men) Marion, IL – Morningside Drive	
(Men)	
Mt. Vernon, IL – 618-315-6046 or 618-204-5447 Woodglen Ln (Men), Jay Drive (Women)	
Marion, IL – Morningside Drive (Men)	
O'Fallon, IL – Colony Court (Women)	
Swansea, IL – Brian Drive (Women)	
Swansea, ID Brian Drive (Women)	
https://www.oxfordhouse.org/directory listing.php	
The Joseph Center – Eagle's Nest	VETERANS ONLY, MALE ONLY, 26 bed transitional
5020 State Street	housing center for homeless veterans that provides practical
East St. Louis, IL	services for those striving for self-sufficiency; trauma
62205 618-271-4673	informed care for case management, basic needs, substance
https://www.thejosephcenter.org/	use group,
	career and housing assistance, life skills education
ARCH House	Men only; can house up to 21 clients; counseling and
1313 21st Street	support with a goal of moving the client toward living a
Granite City, IL	sober lifestyle in an independent setting
62040 618-877-4987	
https://www.archhouse.org/	

Program	Information
Parents of Addicted Loved Ones	Meetings via Zoom Tuesdays 7:00 pm - 8:30 pm
https://palgroup.org/	Meeting Contact: Craig craigloddeke@yahoo.com
nups.//paigroup.org/	
Al-Anon & Alateen - Southern Illinois District #14	Phone: (618)567-6095
	In person and Zoom meetings offered in Belleville, O'Fallon,
http://www.siafg.org/district-14.html	New Athens to support anyone who is concerned with someone else's alcohol use
618-398-9470	
NAMI – National Alliance on Mental Illness	Support groups in person and on Zoom for family support;
Southwestern Illinois	Contact Kelly at kelly.nami.swi@gmail.com for more info
https://namiswi.org/ 1-800-273-8255	
Nar-Anon	The Nar-Anon Family Groups is primarily for those who
https://www.nar-anon.org/	know or have known a feeling of desperation concerning the
O'Fallon, IL – virtual meeting, please contact	addiction problem of someone very near to you. Narateen is
aperret@att.net for the meeting link, Sunday evenings	part of the Nar-Anon program for teens affected by someone
Maryville, IL – Our Lord's Lutheran Church, 150 Wilma	else's addiction; virtual meetings available.
Drive, Tuesdays 7-8:30pm	
Recovery360	Referral guidance, Intervention Recovery, Aftercare,
http://www.recovery360.org/	Family support group - 3 rd Thursday of the month, 6pm,
314-435-1101	Hosted at Our Lord's Lutheran Church, 150 Wilma Dr,
	Collinsville, IL 62062 call 618-234-7312
New Dawn Family	Individual, family, and group counseling to offer support
Healing 711 Old Ballas	regarding a loved one's active addiction; assistance with
Road #203 St. Louis, MO	families desiring to rebuild family trust and improved
63141	communication; support for spouses/partners, parents,
314-470-9178	siblings, etc. Services are for adults only.
Newdawnfamilyhealing.com	
Adult Children of Alcoholics	ACA is a 12 Step program that focuses on emotional
https://adultchildren.org/ Virtual	sobriety. ACA is a spiritual program, not a religious
support groups available Local	program. The only requirement for membership is a desire to
in person meetings at:	recover from the effects of growing up in an alcoholic or
Steps Alano Club, St Louis, MO – Wednesdays	otherwise dysfunctional family. ACA has no membership
New Bethel UMC, Glen Carbon – Thursdays, women	fees.
only St. Matthew Church, Belleville – Thursdays	
St. John's UMC, Edwardsville – Tuesdays	
•	"Colobusto Dogovomy is a Chairt anntana 1 12 star anna
Celebrate Recovery	"Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, hang ups, and
https://www.celebraterecovery.com/	habits of any kind. "
St. Matthew UMC, 1200 Mooreland Drive, Belleville,	liabits of any kind.
IL 618-406-0287 – Friday evenings	Recovery issues include broken family relationships,
Restoration Church, 3375 Fehling Road, Granite City,	codependency, alcohol or drug use, gambling addiction,
IL 618-781-3070 – Thursday evenings	spending addiction
Pentecostals of Troy, 8965 State Rte. 162, Troy,	spending addiction
IL 618-667-6054 – Sunday evenings	
First Baptist Church, 719 State Street, Chester,	
IL 618-826-3918 – Wednesday evenings	
Discovery Family Church, 699 Bluff Rd,	
Collinsville, IL 618-342-7242 – Monday	
evenings New Pathol Church 5802 Palmont Ava Fact St Louis	
New Bethel Church, 5803 Belmont Ave, East St Louis,	
IL 618-397-8155 – Tuesday evenings	
Calvary Baptist Church, 1422 Washington Ave, Alton,	
IL 618-462-8816 – Wednesday evenings	March

Agency	Information
Seize the Awkward https://www.seizetheawkward.org/	Help for those who want to have a conversation with someone about their mental health but aren't sure how to start or what to say
Illinois Helpline https://helplineil.org/app/home 833-234-6343 or text "HELP" to 833234	Statewide public resource to locate treatment and find information about addiction and overdose, 24/7 assistance for anyone needing support and guidance, all services are free and confidential
SAMHSA – Substance Abuse and Mental Health Services Administration https://www.samhsa.gov/ 1-800-662-4357	Information regarding addiction, treatment options, and support for anyone struggling with substance use or mental health issues
Find Treatment https://findtreatment.gov/	SAMHSA connected website to locate treatment facilities for mental health and substance use disorders
NAMI – National Alliance on Mental Illness https://www.nami.org/Home	Current issues related to substance use, news, advocacy, statistics, information about addiction warning signs and treatment options, resource articles and podcasts
First Responder Resiliency Project 1-888-731-3473 (FIRE) https://guides.library.illinois.edu/firstresponderresiliencyproject	24/7 helpline, free and confidential, operated in partnership with The National Volunteer Fire Council and American Addiction Centers, support for fire, EMS, police, and other first responders from licensed counselors and trained fire service members who understand the mental health and substance use dynamics that affect first responders and their families; website contains various resources and links for help specific to first responders' needs
US Department of Veterans Affairs Veteran Crisis Line – 1-800-273-8255, press 1 Women Veterans Call Center – 855-VA-WOMEN (855-829-6636) Caregiver Support Line – 1-855-260-3274	Resource for information about a variety of services and benefits that you have earned and deserve through your military service
Recovery360 http://www.recovery360.org/ 314-435-4274	Recovery 360 can provide monitoring, reporting and advocacy for individuals dealing with the legal system, workplace, licensing boards, etc. Contact our office for detailed information.
The Trevor Project https://www.thetrevorproject.org/ 866-488-7386 Text 678678	24/7 hotline to support LTBTQ+ teens and young adults in crisis
SAFE Project https://www.safeproject.us/	Organization dedicated to stopping addiction related fatalities and overdoses; working to end the stigma related to addiction; Veteran support; Online resource search tool to find treatment and family support; LGBTQ+ resources available

Support Groups

Adult Children of Alcoholics (ACA), www.adultchildren.org Al-Anon Family Groups, www.alanon.org Alcoholics Anonymous, www.aa.org (find a meeting near you or look at TAC's Recovery Meeting List) Celebrate Recovery, www.celebraterecovery.org (find a meeting near you) Emotions Anonymous, www.emotionsanonymous.org (find a meeting near you)

Grief Recovery After A Substance Passing (GRASP): no local groups here but if interested in starting one, contact administrator@grasphelp.org, http://grasphelp.org/

Griefshare: a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. Find a Grief Share support group or event near you. www.griefshare.org

Narcotics Anonymous, www.na.org (find a meeting near you or look at TAC's Recover Meeting list)
PAL (Parents of Addicted Loved Ones) Website: www.palgroup.org

A nonprofit that provides hope through education and support to parents or friends of adults or loved ones dealing with substance use disorder. The free weekly meetings follow evidence-based practices, and the curriculum used is designed specifically for parents by professionals in the treatment and recovery industry.

SMART Recovery, www.smartrecovery.org, (find a meeting near you or look at TAC's Recovery Meeting list)

NAMI National Alliance on Mental illness Family to Family www.nami.org/f2f
1-800-950-NAMI or info@nami.org

Alcoholics Anonymous (AA) Meetings in Clinton County & Southern Illinois Region

AA Meeting: Belleville - St. Matthew's Church

Location: 1200 Moreland Dr., Belleville, IL 62221 (Approx. 17 miles from Clinton County)

Meeting Times: Mondays at 7:00 PM, Wednesdays at 10:00 AM

Description: Local AA meetings for individuals seeking support in their recovery journey.

AA Meeting: Carlyle - United Methodist Church

Location: 208 S. 2nd St., Carlyle, IL 62231 (In Clinton County)

Meeting Times: Mondays at 6:30 PM, Thursdays at 7:00 PM

Description: Support group meetings for individuals with alcohol dependency, offering the AA 12-step program.

AA Meeting: East St. Louis - Trinity United Methodist Church

Location: 4801 State St., East St. Louis, IL 62205 (Approx. 20 miles from Clinton County)

Meeting Times: Fridays at 7:30 PM, Sundays at 9:00 AM

Description: Alcoholics Anonymous meetings offering support and fellowship in the recovery process.

AA Meeting: Fairview Heights - St. Clair County Health Department

Location: 19 Public Square, Fairview Heights, IL 62208 (Approx. 20 miles from Clinton County)

Meeting Times: Tuesdays at 7:30 PM, Saturdays at 9:00 AM

Description: Provides a safe, supportive space for those recovering from alcoholism.

AA Meeting: Carbondale - First Christian Church

Location: 101 N. Glenview Dr., Carbondale, IL 62901 (Approx. 50 miles from Clinton County)

Meeting Times: Mondays at 6:00 PM, Thursdays at 8:00 PM

Description: Local AA meetings that offer peer support and the AA 12-step program for those struggling with alcohol addiction.

AA Meeting: Alton - Alton Memorial Hospital

Location: 1 Memorial Dr., Alton, IL 62002 (Approx. 40 miles from Clinton County)

Meeting Times: Wednesdays at 6:30 PM, Sundays at 10:30 AM

Description: Regular AA meetings held in a medical setting to support individuals in recovery.

AA Meeting: Mt. Vernon - Mount Vernon YMCA

Location: 3100 Broadway St., Mt. Vernon, IL 62864 (Approx. 60 miles from Clinton County)

Meeting Times: Mondays at 7:00 PM, Thursdays at 9:00 AM

Description: Provides Alcoholics Anonymous meetings in a supportive environment for individuals in recovery.

AA Meeting: O'Fallon - O'Fallon United Methodist Church

Location: 204 E. 1st St., O'Fallon, IL 62269 (Approx. 20 miles from Clinton County)

Meeting Times: Tuesdays at 7:30 PM, Saturdays at 10:00 AM

Description: Provides a safe and welcoming environment for those in recovery from alcohol addiction.

Alcoholics Anonymous - Official Website

Website: AA.org

Description: Provides information on AA meetings, resources, and the 12-step program, including a directory of virtual and in-person meetings.

AA Near You (Find Local Meetings)

Website: AA Near You

Description: The official AA directory allows individuals to find local and virtual AA meetings near their area.

Smart Recovery (Non-12 Step Support)

Website: Smart Recovery

Description: Offers an alternative to the 12-step program with a focus on self-empowerment and science-based recovery.



NA Meeting Search App, available in Google Play and Apple App Store

Virtual NA Meetings - https://virtual-na.org/

24hr NA helpline 1-800-

539-0475 Metro East NA Madison and St. Clair Counties in Illinois St. Louis and St. Charles, Missouri, and surrounding metro area 314-830-3232 or 636-875-1001

> PO Box 105, Granite City, IL 62040 PO Box 771908, St. Louis, MO 63177

PO Box 596, St. Charles, MO 63302 PO Box 123, Festus,

MO 63028

https://metroeastna.org/ - printable meeting lists available on website

River 2 River NA

So IL communities of Carterville, Marion, Harrisburg, DuQuoin, Sparta, Carbondale,

Pinckneyville,

Elkville, and surrounding areas

https://river2riverna.com - printable meeting list available on website

Living the Dream NA

Central Illinois communities of Springfield, Jacksonville, Taylorville, and surrounding areas ltdana.org - printable meeting lists available on website

New Beginnings NA

Eastern IL communities of Effingham, Charleston, Mattoon, Altamont, St. Elmo, Pana, Vandalia PO Box 192, Effingham, IL 62401 or newbeginningsarea@gmail.com

nbana.org - printable meeting lists available on website

Heart of Illinois NA

Central IL communities of Peoria, Galesburg, Macomb, and surrounding area http://heartofillinoisna.org/ - printable meeting lists available on website

Veterans Resources

Carlyle VFW Post

Carlyle VFW Post 3523

Location: 1910 N. 4th St., Carlyle, IL 62231

Services: The Veterans of Foreign Wars (VFW) Post 3523 offers a space for veterans and their

families to gather.

The post provides veteran services, social events, and community support. It's a place for veterans to connect, participate in activities, and access resources for veterans. Fitness training.

Contact:

Phone: (618) 594-7246

Website: https://www.Carlyle VFW Post 3523

Fitness and support @VFW by TJ Boyd

Vet 2 Vet Greenville IL.

Email: <u>V2VBC@proton.me</u>

Veterans Resource Table

(provided by BJC Memorial/Sheena Langhauser)

Updated: 8/2024

Agency	Contact Info	Comments
VAC (county funded)		To help file VA claims
Veterans Assistance Commission		
Montgomery County	Courthouse Annex	Very good specialist in Veteran
Cassandra Hampton	201 S. Main St Hillsboro, IL 62049. 217-532-9695	benefits
Madison County	157 N. Main St	
Bradley Lavite	Suite 115	
	Edwardsville, IL 62025	
	618-296-4554	
Macoupin County	220 N. Broad Street	
Bobby Scott	P.O. Box 12	macvac@gomadison.com
	Carlinville, IL 62626	https://macoupincountyil.gov/ova_dep/
	P: (217) 854-5249 Fax:	veterans-assistance-commission/
	(217) 716-2311	https://www.facebook.com/macoupincounty
		veterans/
VSO (state funded)		To help file VA claims
Veteran Service Officer		•
Effingham area:	217-342-8493	
Joshua Layton		
Joshua Layton		
Carlyle area:		Carlyle Senior Center
	Carlyle Senior Center	630 8 th street Carlyle, IL 62231
Steve Stroup	Every 1st & 3rd Friday 9-3	Detinod Amory
Steve.stroup2@illinios.gov		Retired Army Please call for an appointment

	618-583-2065	
Illinois Joining Forces Amanda Depew Amanda.depew@illinoisjoiningf orces.org	1-833-463-6453	Help for Vets finding resources:
Illinois Warrior Assistance Program IWAP Treatment for Mental	Warrior Live Chat. 24/7 • Log on to www.IllinoisWarrio r.org • Access Live Chat on home page • Include name, phone # and reason for chat • A specialist will respond immediately • 1-877-455-4927	 Confidential Veterans, spouses and children NOT the VA or military, powered by Illinois Joining Forces Anxiety, stress, depression Addiction, substance abuse Emotional wellness PTSD, TBI, MST
Trauma Metro East Vet Center	228 West Pointe Dr. Swansea, IL 62226 312-980-4242 Free care, call for eligibility requirements 157N Main St Ste 115 Edwardsville, Il 62025 314-898-2160	 For combat Veterans, military sexual trauma, mortuary affairs, direct medical treatment of causalities, UAV crew and Veteran accessed care at a Vet Center prior to 2 Jan 2013 as Vietnam era Vet. Call for eligibility Do not need to be enrolled in the VA program Do not need to have a service related disability Very good therapist Free care as above for Vet Center requirements

Effingham Road Home Program • PTSD • Military Sexual Trauma	1200 N. 4th St, Effingham, IL 62401 312-942-8387	All Veterans and Family Members
22 to Zero, Healing the Hero • Trauma Resiliency- Protocol (TR-P) • Emotions Management Process (EMP)	1-800-221-9154	 All service members and first responders You will be assigned to a volunteer from your same service or specialty
The Aviary Recovery Center	888-900-1293 Residential Program 22933 Hwy 61, Eolia Mo Outpatient program 333 S Kirkwood Rd Ste 303, StLouis, Mo	 Offers residential and outpatient programs for addiction Works with VA and Tricare insurance for Veterans in need
Lincoln Prairie Behavioral Health Center (for children)	217-585-1180 Call 24/7 5230 S. 6 th St Rd, Springfield IL	• Inpatient psychiatric care for children ages 3 to 17
Centerpointe outpatient therapy	6805 State Rd 162, Suite 101, 62062, Maryville https://www.centerpointehospi tal.com +1-877-632-0707	 Serves adults and adolescents PHP and IOP programs (Outpatient) Takes Tricare
Transportation to Veteran Services		
VAC Montgomery County Cassandra Hampton	Courthouse Annex 201 S. Main St Hillsboro, IL 62049. 217-532-9695	
VAC Madison County Bradley Lavite	157 N. Main St Suite 115 Edwardsville, IL 62025 618-296-4554	
Mike Clark	618-580-7378	

Additional Services		
Veterans of Foreign Wars	816-756-3390	Vfw.org
(VFW)		-
VFW Auxiliary	816-561-8655	Vfwauxiliary.org
Military One Source	1-800-342-9647	Militaryonesource.mil
US Department of Veteran	1-800-827-1000	Va.gov
Affairs		
Veterans employment and	1-866-487-2365	Dol.gov/vets
training services		
Center for Women Veterans	1-855-829-6636	Va.gov/womenvet
Assistance for homeless	1-877-424-3838	Va.gov/homeless
Veterans		
VA caregiver support line	1-855-260-3274	Caregiver.va.gov
National domestic violence	1-800-799-7233	Thehotline.org
hotline		
Military kids connect		Militarykidsconnect.health.mil
Tricare		www.tricare.mil

Maxim Healthcare Services Adult Home Healthcare

Web link Maxim Healthcare | Home Healthcare Services

contact Noah 618-628-7551

Services at home for Veterans such as wound care and cleaning.

WARMING CENTERS/ Un- Housed Resources

Hours of Love Centralia

Location: 1037 E 6th St., Centralia, IL 62801

Distance from Carlyle: ~30 miles

Services: Emergency shelter for individuals and families, meals, and other supportive services. Open

during cold weather. Contact: (618) 532-1663

Website: Hours of Love Centralia

Lifeboat Alliance

Location: 310 E 3rd St., Alton, IL 62002 Distance from Carlyle: ~55 miles

Services: Emergency shelter, food, and supportive services for those experiencing homelessness.

Lifeboat Alliance offers resources, case management, and access to basic needs.

Contact: (618) 462-7233 Website: Lifeboat Alliance

Mount Vernon Warming Center

Location: 1200 Main St., Mount Vernon, IL 62864

Distance from Carlyle: ~45 miles

Services: Activated during cold weather emergencies to provide temporary shelter and warmth for

individuals in need.

Contact: (618) 242-7489 (Mount Vernon City Hall)

Website: (No website available, contact City Hall for details on activation.)

St. Vincent de Paul Society - Belleville

Location: 215 W. 2nd St., Belleville, IL 62220

Distance from Carlyle: ~30 miles

Services: Provides shelter, food, clothing, and other emergency services to homeless individuals.

Contact: (618) 394-0900

Website: St. Vincent de Paul - Belleville

Gateway Homeless Services

Location: 100 N 3rd St, East St. Louis, IL 62201

Distance from Carlyle: ~40 miles

Services: Emergency shelter, food, and case management services for individuals and families

experiencing homelessness. Contact: (618) 274-2020

Website: Gateway Homeless Services

The Salvation Army - Belleville Corps

Location: 11 S. 1st St., Belleville, IL 62220

Distance from Carlyle: ~30 miles

Services: Emergency shelter and meals for individuals in need, along with case management and

supportive services. Contact: (618) 235-6688

Website: The Salvation Army - Belleville

House of Refuge Shelter

Location: 1242 N 4th St, Belleville, IL 62226

Distance from Carlyle: ~30 miles

Services: Temporary shelter and supportive services for individuals and families experiencing

homelessness.

Contact: (618) 235-4000 Website: House of Refuge

Bunkhouse Homeless Shelter

Location: 3301 N Illinois St, Swansea, IL 62226

Distance from Carlyle: ~35 miles

Services: Provides emergency shelter, case management, and support services for those experiencing

homelessness.

Contact: (618) 235-6271

Website: Bunkhouse Homeless Shelter

Hope Resurrected Ministries (Shelter and Warming Center)

Location: 14 N 3rd St, Alton, IL 62002 Distance from Carlyle: ~60 miles

Services: Emergency shelter and warming center during the winter months, with additional supportive

services.

Contact: (618) 463-1113

Website: Hope Resurrected Ministries

Mount Vernon Warming Center (Seasonal)

Location: 1200 Main St., Mount Vernon, IL 62864

Distance from Carlyle: ~45 miles

Services: Provides emergency shelter during extreme cold weather conditions, offering warmth and a safe

place for those in need.

Contact: (618) 242-7489 (Call for activation information)

Website: No direct website; call for availability during cold weather.

Sara Center Fifth Street Renaissance

Phone: 217-544-5040

Website: https://www.fsr-sara.org

Provides mental health, SUD, homeless, sober living, detox, housing, transportation, harm reduction, HIV and HEP C testing, transportation to support centers.

Please send any revisions, or additions to the ROSC council members and they will add or omit resources from the list.

Take Action Coalition ROSC Council (TAC)

Serving Clinton County

Recovery Oriented System of Care

Funded whole or in part by

IDH

SUPR- Department of Substance Use

Prevention

& Recovery

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