Clark/Cumberland County ROSC Meeting Minutes

January 21, 2025 5:00 p.m. Calvary Tabernacle Zoom

Attendees: Kristina Drum, Kyle Houser, Keith Myers, Bobbye Scott, Camille Gordon, Norm Wilson, Tammy Helm, Kayli Borntrager, Teri Moore, Allyssa Houser, Eddie McFarland, Sara Ruholl, Cindy Hanley,

Minutes

Agenda Item: Introductions of attendees

Spotlight speaker – Keith Myers, a Peer Support Specialist at Wabash Valley Recovery Center, gave an insightful presentation on the center's work across 10 counties in Indiana. He outlined the various services provided, including harm reduction, law enforcement-assisted recovery, peer support, and connections to detox, recovery services, and housing. Keith highlighted the center's collaborations with recovery houses like The Five, Oxford and Truman. He also noted that Vigo County recently passed an ordinance regulating and licensing recovery houses. Additionally, Keith introduced the Recovery Works program, which offers financial support for recovery housing to individuals released from incarceration.

Keith emphasized the critical role of community involvement and volunteering in recovery programs. He pointed to the Truman House's initiatives to address homelessness and their strong focus on family involvement. He also discussed the supportive structure and mentorship provided by the 12-step program and how alumni help guide new members. Recovery houses, Keith explained, are funded primarily through residents' weekly fees, which generally range from \$160 to over \$200 per week, covering rent, utilities, and other expenses. While the houses work with residents on initial payments, fundraising efforts help cover startup costs. However, recovery houses are also businesses aiming to generate a profit while providing support. Bo added that many recovery houses offer grace periods for employment searches, assist with benefits like food stamps, and occasionally receive food donations. Some recovery houses acquire property, receive donations, or rent from landlords. Terre Haute, in particular, has a robust recovery community, with organizations like Wabash Valley Recovery Center offering services like transportation assistance and vouchers to support residents.

Recovery House Planning & Support: The council then discussed the challenges and opportunities of starting a recovery house, recognizing the importance of a well-planned and funded initiative. They emphasized the need for strong leadership and support networks and agreed to continue the conversation, potentially involving Shawn Strader, who has ideas for a recovery house.

Improving Meeting Attendance and Engagement: Kyle led a discussion on improving meeting attendance and engagement, asking members what topics they felt passionate about and wanted to explore in future meetings.

Community Survey Distribution and Promotion Strategies: Kristina updated the council on the community survey distribution, reporting that 5,369 cards with QR codes had been mailed to Greenup, Neoga, Toledo, Casey, and Marshall. The survey had received 313 responses so far, though they were aiming for 755 in Clark County and 514 in Cumberland County. Cindy suggested that the QR codes include a clear explanation of why the survey is important, and Sara stressed the need for a strong call to action to encourage participation. Kristina confirmed that they would share the survey link and plan to boost the survey post on Facebook.

Asset Map: Kristina also shared the asset map, a resource guide for the communities, and requested feedback from the group. Cindy offered to share their new resource manual as a comparison, and Kristina asked council members to email her with any additional suggestions. Eddie shared a link to a 211 website that includes helpful community resources.

Narcan Vending Machine: Norm Wilson with HRC confirmed the Narcan vending machine purchased with the Clark County Opioid Funds has been delivered.

Subcommittee Meeting: The council chose February 5th at 5 p.m. via zoom for the next meeting to plan upcoming events including a family bowling night, a laundry day, a Narcan training, a vendor fair, and a panel/reboot targeting Cumberland County.

Reminders/Tasks:

- Please Sign the MOUs and return them to Kristina Drum.
- Kristina will schedule additional opportunities to educate the community on the ROSC Concept.
- Who do we need at the ROSC Council meetings, and how do we get them here?
- All council members to invite potential new members from various stakeholder sectors to join future ROSC meetings
- Kyle will reach out to the mayor of Martinsville regarding housing options and will provide updates when available.
- Kristina Drum will send the community survey to Cindy Hanley for distribution.
- Kristina Drum will send a calendar invite for the upcoming subcommittee meeting to discuss the upcoming event and send out an email to participants.

Next Meeting: February 18th, 2025 5:00 p.m. at The Forsythe Center in Marshall

New Facebook Page: Please go like and follow The Clark/Cumberland County ROSC Clark/Cumberland County ROSC Facebook Page