Ford County ROSC Council Meeting Minutes

Tuesday, January 28th, 2025, at 8:30 AM (Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Chestnut Health Systems, Recovery Specialist)

Kari Knapp (Chestnut Health Systems, Associate Director Community Health)

Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)

Kami Garrison (Chestnut Health Systems – Region 3 TA – Statewide ROSC)

Megan Ramirez (Consortium Coordinator - Gibson Area Hospital)

Tim Nuss (Ford County Board)

Brittany Fry (Clove Alliance)

Jessica Intravaia (Birth to Five)

Melissa (LifeCil)

Abby Behrens (Brightpoint)

Brook Wilsey (Career Coach - Workforce Development with RPC)

Lynn Matthews (CRCC)

Jeremy Darnell (Gibson City-Melvin-Sibley Unit 5 School District Superintendent)

Johanna Gonzalez (Statewide ROSC)

David King (Carle-Community Outreach Manager)

Julian (The Center for Family Solutions)

Del Saam (Veteran's Treatment Court)

Carrie McKinzie (Gateway Foundation-Professional Relations Manager)

SC Kortkamp (Chestnut)

Kenneth Bell (Chestnut)

Agenda:

- Introductions
- Spotlight: Let's Talk About Asset Mapping
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

The meeting began with Barb Brumleve welcoming participants and facilitating introductions. We loved seeing so many new faces!! Frankie Ward welcomed everyone and wanted to THANK EVERYONE for building such a Beautiful Community and created an Awesome video of Ford ROSC's year in review:

Check out this ROSC VIDEO— https://youtu.be/HTzwfce5eno?si=6nyY1B-1MSyJmYXN

Main Topic: Let's Talk About Asset Mapping

Frankie Ward started the conversation about "what" exactly an Asset Map is. She explained that she likes to look at Asset Mapping by looking at it like Community Assets. Community Assets are being Anything that improves the quality of community life. Frankie reviewed how she breaks down Community Assets and the following are some examples:

Individuals- Any gifts, skills, or knowledge. Parents, activists, photographers, individuals w/lived experience, etc.

Institutions-School, church, hospital, library, social service, non-profits, etc.

Stories- Our Stories...

Physical Space- Parks, community buildings, etc.

Associations- Civic groups, recovery groups, men/women's groups, etc.

Frankie then defined what an **Asset Map** is as being a tool that is used for driving and sustaining positive changes related to community health and well-being. Lastly, the "why" was explained...Why is it important to identify Community Assets? By inventorying a community's resources and strengths in the form of a visual map, we shift the focus from solely identifying needs to actively utilizing strengths and resources already present in the community.

- Uncovering Hidden Assets
- Collaboration/Partnerships
- Strategic Planning
- Improved Service Delivery

We then had Breakout Discussions and reported back to the group...Incredible conversations, Thank you!! We asked the following questions:

- 1. What new community resources have been established within the past year?
- 2. What new assets are expected to be brought into our community?
- 3. What are recommendations for sharing information about the Ford County ROSC Community Resource & Asset Mapping?

Melissa from LifeCil reported that she is newer to Ford County but will be out in March and once recuperated will get more involved. She stated they are looking at possibly hiring an office assistant and will allow more time to be out in the community. Melissa asked if the council had heard of Riverside out

of Kankakee, Mental Health and SUD, a home service. Melissa said she will introduce us to them and that there might be a Gilman satellite office.

Dave King reported that Dr. Austman is now full and not taking new patients. Does anyone know the nearest MAR provider. We discussed that Helen Longfellow (nurse practitioner), Gibson City Clinic, has previously provided MAR services and we will need to follow up with her to verify the status.

Kami Garrison noted that Civic Groups are not currently listed on our Asset Map and would be good assets to list. She also stated although there are no Senior Services listed it might be nice to add information under agencies to list all the services they offer. One example is the Health Department, they offer senior services as well as other services that the public might not know about. She also mentioned that Peace Meals would be a nice addition, as well as legal services, Land of Lincoln. Because Ford County is rural it's a good idea to list nearby assets as well, one idea was Courage Connection out of Champaign that focuses on Domestic Violence. Lastly, all libraries in Ford County should be listed.

Megan Ramirez from Gibson Hospital stated they are building a portal that has a resource excel build out. They are insuring all up to date, these do have parameters listed and when portal is introduced she will let us know!!

Johanna Gonzalez noted that outdoor spaces such as parks are always a great addition to Asset Maps!

Del Saam reported that he thinks the only problem-solving court available to Ford County is Veterans Treatment Court and we haven't had too many referrals in the last couple of years. We would Love to have more vets get help!! He also brought up that a lot of people have a hard time finding ways to get ramps for their homes and that is something that LifeCil has helped with in the past and that might be an added benefit to list for services provided by that agency.

Tim Nuss noted that local FB pages are a great way to reach out to different groups and get our information out there. He relayed this information to Frankie as a strategy to get our community survey out there and we have had GREAT success with Tim's suggestion, Thank you!!!

Lynn Mathews of CRCC noted that her group discussed adding RPC, job coaching/car repairs, catholic charities for Ford, Rapid Rehousing (Liam-homeless coordinator), Salvation Army covers Ford County, Armed forces legal aid network, organic handles of hope, and if students involved, Jeremy Darnell is the best contact. Barb Brumleve inquired about the recent changes to SUD services at CRCC and Lynn explained they are focusing on Mental Health services as there is an ongoing demand and the attendance for SUD services went down. There is a place out of Rantoul, Promises, they might service SUD.

The ROSC Team wants to Thank everyone for their support and contributions to our great group discussions during our January Meeting...you all ROCK!!!

ROSC Updates:

Frankie shared information with the council about our Stigma Campaign-Reframing Recovery. We have been working with the Logan/Mason ROSC and the following has been our recent messages. We are

getting ready to launch information regarding Multiple Pathways to Recovery...please take a look at the Awesome Content!!





We do have a **Call to Action**...we are in the "last inning" of our **Community Survey**, and we are SO very grateful for all of the responses we have received, but, we WANT more...The DATA is so interesting and we can't wait to share our results. We are asking each council member to please **ask 3 friends** to fill out our survey and ask that those friends pass on the survey to their friends...Let's see how many responses we can get before we close on Friday, February 7th!!! Let's GOOOOOOO



Agency Updates:

Tim Nuss extended an invitation to anybody and everybody to the **Ford County Board Meetings.** They meet on the **2**nd **Monday of every month at 7pm** in the basement of the Sheriff's office. You'll always have a platform!!

Abby Behrens shared that Brightpoint will have a meeting on February 3rd for the 11th circuit and lunch will be provided. Rosia from The Immigrant Project will be presenting, please email Abby if interested at abehrens@brightpoint.org. Abby also noted that Brightpoint offers counseling/case management to families that have experienced Domestic Violence, they will go to the home to help with healing.

Jeremy Darnell had a question regarding the recent messages on freezes to grant funding...Will this be updated as we go as some funding will be going away. We noted that we are following closely and relay any information we might receive.

Del Saam advised that registration for the conference, **All Rise**, is open and is down in Florida starting October 22nd. This is a great conference and there are approximately 8000 attendants each year. Please reach out to Del for more information!!

Upcoming Trainings:



We look forward to seeing you at our next ROSC Council Meeting, Tuesday, February 25^{th} at 8:30 am.

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

