

Perry/Jackson County Resources

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Affordable Housing

Perry County

Perry County Housing Authority

(618)-542-5409

120 South Walnut Street Du Quoin, Illinois 62832

www.perrycountyhousing.org

Office Hours: Monday, Tuesday, Thursday, & Friday 8:30 AM-4 PM

Wednesday 8:30 AM-12 PM

Pinckneyville Gardens

(618)357-8631

102 E. Randolph St. Pinckneyville, Il 62274

Five Star Apartments

(618)542-5421

126 N. Hickory St. DuQuoin, Il 62832

Jackson County

Jackson County Housing Authority

(618) 684-3183

300 North 7th Street (P.O Pox 1209) Murphysboro, IL 62966

www.jacksoncountyhousingauthority.org

Centerstone Rent Assistance Program

(618) 465-01201

<https://centeprogram.org/programs/rent-assistance/>

*To use this program you don't have to be a resident of Jackson County

Tenants/Applicants do not have to be a Centerstone client but do have to be enrolled in a health care services

Back to School Assistance

(School Supply Events)

*Places that had an event summer of 2024

Perry County

Pinckneyville Community Hospital

(618)357-2187

5383 State Route 145 Pinckneyville, Il 62274

Jackson County

Hopewell Baptist Church
(618)529-3975
401 E. Main St. Carbondale, IL 62901

Dental Care

Perry County

Dental Safari (in the public schools)
(618)993-8333
7562 Old Route 13 Marion, Illinois 62959
www.dentalsafaricompany.com

Jackson County

Dental Safari (in the public schools)
(618)993-8333
7562 Old Route 13 Marion, Illinois 62959
www.dentalsafaricompany.com

Shawnee Health Care
(618)519-9200
404 South Lewis Lane Carbondale, Illinois 62901
www.shawneehealth.com
Hours Monday –Thursday 7:30 AM -5:30 PM

SIU Dental Hygiene Clinic
(618)453-8826
www.sah.siu.edu/dhc.php
Appointments are made Monday-Friday at 8 AM and 1 PM
*Can last up to 4 ½ hours, you are seen by dental hygiene students

SIU Community Dental Center Community Dental Center
(618)453-2352
1365 Douglas Drive Carbondale, IL 62901
School of Health Sciences | SIU Applied Science and Arts Building (By the entrance close to SIU Arena)

Douglas Baker DDS
(618)549-2166
305 South Oakland Ave. Carbondale, IL 62901
*Accepts Medical Cards, but limited to children.

Murphysboro Dental Center
(618)687-4040
1116 Locust St. Murphysboro, Illinois

Domestic Abuse

Perry and Jackson County

Survivor Empowerment Center
(618)549-4807
610 South Thompson Street Carbondale, IL 62901
www.empoweringsurvivors.org

Emergency Rental and Utilities Assistance

Perry County

Western Egyptian E.O. C. (Perry County Outreach Office)
(618)542-4656
317 South Washington St. DuQuoin, IL 62832
www.weeoc.org

Jackson County

Carbondale Township
(618)457-3366
217 East Main Street Carbondale, Illinois 62901
*Carbondale Residents only Rent and Utilities

Good Samaritan House
(618)457-5794
701 South Marion Street, Carbondale, IL 62901
www.goodsamcarbondale.com

St. Francis Xavier Church
(618)457-4556
303 South Popular Street Carbondale, IL 62901
*Limited amount, will help once a year

Crosswalk Community Action Agency (crosswalkcaa.com)
(618)937-3581
410 West Main Street West Frankfort, IL 62896

Western Egyptian E.O.C. (Jackson County Outreach office)
618-684-3341
342 North Street, Suite B Murphysboro, IL 62966
www.weeoc.org/counties/jackson-county

*Provides Energy Assistance and Weatherization services to Jackson County residents.

Family Resources

Perry and Jackson County

Carita's Family Solutions
(618)985-2000
10286 Fleming Rd. Carterville, IL 62918
www.caritasfamilysolutions.org

Child Care Resource and Referral
(618)985-5975
607 S. Greenbriar Rd. Carterville, IL 62918
www.ccrjalc.com

Child & Family Connections
(618)529-3147 or 1(888)340-6702
2751 West Main Street Carbondale, IL 62903
www.cfc24.org

DHS Family Community Resource Center
(618)687-1705
342 North Street Murphysboro, IL 62966
www.abe.illinois.gov

Perry- Jackson Child Advocacy Center
(618)357-2990
5512 State Route 154 Pinckneyville, IL 62274
www.perryjacksoncac.com

The Little Resource Center
(618)534-3345
801 E. Walnut St. Carbondale, IL 62901

Food Pantries

Perry County

Bread of Life Food Pantry (Reformed Presbyterian Church of Cutler)

(618)318-2541

321 S. Ervin St. Cutler, IL 62238

Hours 9:00 - 11:00 on the 3rd Saturday of the month

*Serving Cutler, Percy and Campbell Hill mainly - local people who don't have a food pantry in their own town

Du Quoin Food Pantry

(618)542-7434

314 N. Maple St. Du Quoin, IL 62832

Thursdays 9 AM – 12PM

*Not open 5th Thursday of the month

*Perry County residents ONLY

*Photo ID & proof of address required

*Can come 2 times per month

Least of the Brethren Ministry-Jesus' Hands feed the Hungry-Food Pantry

(618)357-6953

407 South Douglas St, Pinckneyville, IL 62274

Hours Monday and Friday 9 AM-12 PM

*Bring Driver's license and proof of current address

Western Egyptian E.O. C. Perry County Outreach Office

(618)542-4656

317 South Washington Du Quoin IL 62832

Hours Thursday from 1 PM-3PM

Jackson County

Carbondale Muslim Center Food Pantry

618- 457-6522

530 N Wall St Carbondale, Illinois 62901

Saturday 10:00 am – 12 noon, 2nd and 4th week of the month

Must complete paperwork on 1st visit and have a Photo ID

*Jackson County residents only

De Soto Food Pantry (First Baptist Church)
(618)867-2477
301 North Hickory Street De Soto, IL 62924
*Residents of De Soto and De Soto township

Dowell Baptist Church Pantry
(618)568-1915
24452 North Highway Dowell IL 62927
Need a Valid ID
*Dowell area residents

Elkville Christian Church
(618) 568-1544
114 S Second Street Elkville, IL 62932
3rd Saturday of every month 9AM-10AM
*Elverado school district
*Must Call on Tuesday between 8:30 am – 11 am, pick-up on Wednesday after the 5-minute devotional. Devotional starts at 9 am and doors will lock at 9:01 am. No late entries will be allowed, and you cannot pick up food if you aren't present for the devotion.

Elm Street Baptist Church Food Pantry
(618)684-6368 or (618)687-1043
1907 Elm Street Murphysboro, IL 62966
*Murphysboro residents only

Good Samaritan (University Baptist) Food Pantry
(618)457-0323
700 South Oakland, Carbondale IL 62901
Monday and Friday 9 AM-11:30AM

Shalom Co-Op Food Pantry
(618)303-7234
610 Front St Grand Tower, IL 62942
*Must meet income guidelines based on family size

Murphysboro Food Pantry
(618)684-8258
906 N 14th St, Murphysboro, IL 62966
Open Monday-Friday 9 AM to 11 AM

Murphysboro Youth and Rec. Center

(618)684-8243

1818 W Walnut St. Murphysboro, IL 62966

*Jackson County Residents Only

*Will have to provide an address, phone number, email, and how many in the family, but doesn't have to be a resident of Murphysboro or Jackson County.

TRICO Community Food Pantry

(618)318-3636 or (618)426-3187

304 East Main St. Ava, IL 62907

3rd Thursday of the month

*Trico District residents

Victory Dream Center Food Pantry

(618)351-8018

607 E. College St. Carbondale, IL 62901

Food Pantry Wednesday 10:30 AM to 12:00 PM, Saturday 6:30 PM to 7:30 PM

*Winter hours on Saturday 1:30 PM- 2:30 PM

Vine Church

(618)351-8463

1445 South Walnut Street Carbondale, IL 62901

Wednesday food bag 9 AM to 12 PM

*Must provide name and address

STUDENT ONLY FOOD PANTRIES

Saluki Food Pantry foodpantry@siu.edu

*Open to SIU Students only

Wesley Foundation Food Pantry

umwesley@siu.edu

Email to schedule an appointment

*Open to John A Logan and SIU Students

Free Meals

Perry County

T2Hope

(618)571-1056

31 South Division Street Du Quoin, IL 62832

www.t2hope.org

Free Meal on Thursday at 12 PM

Jackson County

Bethel A.M.E. Church (Feed my Sheep)
618-521-7424
316 East Jackson Street Carbondale, IL 62901
Provides daily lunch Mon-Fri 12PM-1PM

724 Ministries at Walker House
(618)534-4971
724 Walnut Street Murphysboro, Illinois 62966
www.724ministries.org
Every Sunday 4 PM-6 PM

Government

Perry County

Perry County Courthouse
(618)357-5116
3764 State Routes 13-127 Pinckneyville, IL 62274
www.perrycountyil.gov
Hours Monday-Friday 8 AM- 4 PM

Jackson County

Jackson County Courthouse
618-687-7240
1001 Walnut Street Murphysboro, IL 62966
www.jacksoncounty-il.gov

Healthcare/Hospitals/Emergency Rooms/Urgent Care

Perry County

Du Quoin Community Health Center
(618)542-8792
1564 South Washington Street Du Quoin, IL 62832
Monday- Friday 8 AM- 5 PM

Pinckneyville Community Hospital
(618)357-2187
5383 State Route 154 Pinckneyville, IL 62274
Emergency Department 24 hours

Pinckneyville Community Hospital Family Medical Center
(618)357-2131
5383 State Route 154 Pinckneyville, IL 62274
Monday- Friday 8AM-5PM, Saturday 8 AM- 4PM, 12 PM-4PM

Pinckneyville Community Weekend Walk-In Clinic
(618)357-2187
5383 State Route 154 Pinckneyville, IL 62274
Saturday 8 AM- 4PM, Sunday 12 PM-4PM

Marshall Browning Hospital
(618)542-2146
900 North Washington St. DuQuoin, IL 62832
Emergency Department 24 hours

Marshall Browning Medical Clinic
(618)542-1050
900 North Washington Street DuQuoin, IL 62832
Monday- Friday 8 AM- 4:30PM

Marshall Browning Urgent Care
(618)542-1050
900 North Washington Street DuQuoin, IL 62832
Monday- Friday 8 AM- 7 PM, Saturday 8 AM- 5PM, Sunday 12 PM-4PM

Jackson County

Community Health and Emergency Services (Cedar Court Clinic)
(618)529-3862
1340 Cedar Court Carbondale, IL 62901
www.chesi.org
Monday- Friday 8 AM-5 PM

Same Day Shawnee Health Care
(618)519-9200
404 South Lewis Lane Carbondale, IL 62901
www.shawneehealth.com
*No Appointment Needed
Monday- Friday 8 AM-7 PM, Saturday 8 AM- 5PM, Sunday 11 AM - 4 PM

Shawnee Health Care (Carbondale)
(618)519-9200
400 South Lewis Lane Carbondale, IL 62901
Monday- Friday 8AM – 5PM

Shawnee Healthy Care (Murphysboro)
(618)519-9200
7 South Hospital Drive Murphysboro, IL 62966
www.shawneehealth.com
Monday-Friday 7:45AM-5 PM

SIH St. Joseph Memorial Hospital
(618)684-3156
2 South Hospital Dr. Murphysboro, IL 62966
Emergency Department 24 hours

SIH Memorial Hospital (Carbondale)
(618)549-0721
405 W. Jackson St. Carbondale, IL 62901
Emergency Department 24 hours

SIH Walk-in Clinic
(618)549-5361
2601 West Main Street Carbondale, IL 62951
www.sih.net
Monday-Friday 8 AM- 8 PM, Saturday 8AM -5 PM, Sunday 12 PM -4 PM

Health Departments

Jackson County

Jackson County Health Department
(618)684-3143
415 Health Department Road Murphysboro, IL 62966
www.jchdonline.org
Monday, Tuesday, Wednesday, and Friday 8 AM to 4 PM Thursday 8 AM-6PM

Perry County

Perry County Health Department
(618)357-5371
907 S. Main St. Pinckneyville, IL 62274
www.perryhealth.net
Monday-Thursday 7:45 AM to 5 PM

Holiday Assistance

Perry and Jackson County

Toys For Tots
www.toysfortots.org/request-a-toy
Go to the website, Select County, town, request a toy

Homeless Services

Perry County

T2Hope
(618)571-1056
31 South Division Street Du Quoin, IL 62832
www.t2hope.org
Shower and laundry services available.
Meal on Thursdays.

Jackson County

Good Samaritan
(618)457-5794
701 South Marion Street, Carbondale, IL 62901
www.goodsamcarbondale.com
Emergency and Transitional Housing

Free Laundry Day at Laundry World
(618)549-21486
601 South University Ave. Carbondale, IL 62901
2ND Wednesday of the month from 10 AM -2 PM
They provide soap and quarters.
Limit of three loads.

Take Action Today Resource Center

(618)212-3171

809 West Main Street Carbondale, IL 62901

Monday-Friday 9 AM-5 PM

Provides showers, laundry services, and peer recovery support services.

Southern Illinois Coalition for the Homeless

(618)993-0094

1009 West Cherry Street Marion, IL 62959

Housing Programs and Homeless Outreach

Legal Resources

Perry and Jackson County

Land of Lincoln (Legal Aid South Regional Office)

(618)357-7800

509 South University Ave Carbondale, IL 62901

<https://lincolnlegal.org>

TASC Southern Illinois Area 8

(618)565-0060

4505 W. DeYoung St. Suite 100 Marion, IL 62959

*Serves Southern Illinois Region

Libraries

Perry County

Pinckneyville Public Library

(618)357-2410

312 S. Walnut St. Pinckneyville. IL 62274

Du Quoin Public Library

(618)542-5045

28 S. Washington St, Du Quoin IL 62832

Jackson County

Carbondale Public Library

(618)457-0354

405 W. Main St. Carbondale, IL 62901

Rick Warren Memorial Public Library
(618)568-1843
114 S. 4th St. Elkhville, IL 62932

Sallie Logan Public Library
(618)684-3271
1808 Walnut St. Murphysboro, IL 62966

Medicated Assisted Recovery (MAR) Providers

Jackson County

Cedar Court Clinic
(618)457-7821
1340 Cedar Court Carbondale, IL 62901

Rassik Complete Recovery Inc.
(618)490-1045
1175 Cedar Court Carbondale, IL 62901

Shawnee Health Care (Carbondale location)
(618) 519-9200
400 S. Lewis Lane Carbondale, IL 62901

Shawnee Health Care (Murphysboro location)
(618)519-9200
7 South Hospital Drive Carbondale, IL 62901

Solvera Health
(618) 457-4999
2250 Reed Station Pkwy. Suite 305 Carbondale, IL 62901

Mental Health/Behavioral Health

Perry County

Anchored Hope
(618)790-9156
6th South Washington Street Du Quoin, IL 62832
www.anchoredhopellc.com

CRHPC Comprehensive Behavioral Health
(618)790-2146
119 Gas Plant Road Du Quoin, IL 62832
www.crhpc.org
Monday-Friday 8 AM-5 PM

Perry County Counseling Center
(618)542-4357
1016 South Madison Street #A Du Quoin, IL 62832
Monday 8 AM-5 PM, Tuesday 8 AM-6:30 PM, Wednesday 8 AM-5 PM, Thursday 8 AM-6:30 PM Friday 8 AM-4 PM

Jackson County

Albany Clinic
(888)804-4330
35 Albany Rd. Suite A Carbondale, IL 62903
contact@albanyclinic.com
Monday through Friday 9:00 AM- 6:00 PM

Centerstone
(877)467-3123
2311 South Illinois Ave. Carbondale, IL 62901

Community Health and Emergency Services (Cedar Court Clinic)
(618)529-3862
1340 Cedar Court Carbondale, IL 62901
www.chesi.org
Wednesday 8 AM-5 PM

Counseling and Psychological Services (CAPS) SIU Student Health Services
(618)453-3311
374 East Grand Avenue Carbondale, IL
www.shc.siu.edu/counseling
*FOR SIU STUDENTS ONLY

Shawnee Health Care
(618)519-9200
404 South Lewis Lane Carbondale, IL 62901
www.shawneehealth.com
Mon. and Wed. 8 AM -7 PM, Tues. and Fri. 8 AM-5 PM, Thurs. 8 AM -6 PM

SIU Clinical Center
(618)453-2361
624 Wham Drive Room #141 Carbondale, IL 62901

Shawnee Health Care Carbondale Middle School Behavioral Health Counseling
(618)956-9690
1150 East Grand Ave., Room 127 Carbondale, IL 62901
*Must be a student

Shawnee Health Care Parrish Elementary School Behavioral Health Counseling
(618)956-9690
121 North Parris Lane, Room 123 Carbondale, IL 62901
*Must be a student

Tri-County Education Center Terrier Care (Shawnee School Based Health Care)
(618)956-9690
1301 East Walnut Street, Room J120 Carbondale, IL
*Must be a student

Shawnee Health Care Lewis School Behavioral Health Counseling
(618)956-9690
810 South Lewis Lane Room 153 Carbondale, Illinois 62901
*Must be a student

Shawnee Health Care Thomas Elementary School Behavioral Health Counseling
(618)956-9690
1025 North Wall Street, Room 102 Carbondale, IL 62901
*Must be a student

Pregnancy Resources/ Prenatal Choices

Alamo Women's Clinic
(800)821-7237
2800 W. Main St. Carbondale, IL 62901
*Abortion Clinic

CHOICES
(618)300-6017
600 N. Giant City Rd. Carbondale, IL 62901
*Abortion Care and HRT

Clarity Women's Care
(618)549-2794
241 S. Lewis Ln. Carbondale, IL 62901
*Pregnancy Resource Center

Planned Parenthood
(800)230-7526
200 N Emerald Ln. Carbondale, IL 62901
*Pregnancy choice information

The Little Resource Center
(618)534-3345
801 E. Walnut St. Carbondale, IL 62901
*Pregnancy Resource Center

Services for Seniors

Perry and Jackson County

Egyptian Area on Aging (Region 11 Southern Illinois)
(618)985-8311
200 E. Plaza Drive Carterville, IL 62918

Perry County

Golden Plate Program of Perry County
(618) 542-3511
721 N Hickory St, DuQuoin, IL 62832
Monday-Friday 8 AM-3PM
*Offers a meal site, adult day service, outreach services and much more.

Jackson County

Carbondale Senior Center
(618)457-4151
409 North Spring Street Carbondale, IL 62901
*Home-delivered meals are available

Center for Senior Renewal
(618)684-3156
Southern Illinois Healthcare (sih.net)
2 Hospital Dr. #001 Murphysboro, IL 62966

Senior Adult Services
(618)457-4151
409 N. Springer St. Carbondale, IL 62901

Substance Use Treatment/Peer Recovery Support Services

Perry and Jackson County

Centerstone
(877)467-3123
2311 South Illinois Ave. Carbondale, IL 62901

Gateway Foundation
(618) 353-3953
1080 E. Park St. Carbondale, IL 62901
www.gatewayfoundation.org

Perry County Counseling Center
(618)542-4357
1016 South Madison Street #A Du Quoin, IL 62832

Rassik Complete Recovery Inc.
(618)490-1045
1175 Cedar Court Carbondale, IL 62901

Recover US
(618)519-9444
2250 Reed Station Pkwy. Suite 204 Carbondale, IL 62901

Take Action Today
(618)212-3171
809 W. Main St. Carbondale, IL 62901

Thrift Stores

Perry County

Caring and Sharing
(618)357-2246
814 S. Main St, Pinckneyville, IL 62274
Hours: Thursday, Friday and Saturday 9 AM – 1 PM

St. Joseph Thrift Store at Sacred Heart Church
(618)542-3423
110 West Main Street DuQuoin, IL 62832
Hours: Thursday 9 AM-4 PM, Saturday 9 AM- 12 PM

Jackson

Goodwill Store
618-549-3415
1145 E Main St, Carbondale, IL 62901
Hours: Monday-Friday 10AM to 8 PM, Sunday 10AM-6 PM

Renew
618-364-8250
1130C East Walnut Carbondale, IL 62901
Hours: 9AM-5PM Monday-Friday, Saturday 9AM-2PM

The Thrift Shop
(618)457-6976
215 N Illinois Ave, Carbondale, IL 62901
Hours: Tuesday-Saturday 10 AM- 7 PM

Transportation

Perry County

South Central Transit
(618)532-8076
854 East. Olive Street Du Quoin, IL 62832 (local office)
1616 East McCord Centralia, IL 62801 (main office)
www.southcentraltransit.org

Jackson County

Jackson County Mass Transit
618-549-0304
975 Charles Road Carbondale, IL
www.jcmttd.com

Rides Mass Transit

(618)993-1900 or Toll Free: (877)743-3402

www.ridesmtd.com/counties/williamson-county

*Picks up in Carbondale and transports to Marion (call for details)

Saluki Express Mass Transit

(618)549-0304 or (618)453-2461

Greyhound Bus Lines

(618)549-3495

214 North Washington Street Carbondale, IL

www.greyhound.com/en-us/bus-station-560175

Veterans

*These services are offered to veterans throughout Southern Illinois

Marion VA Medical Center VA Marion Health Care | Veterans Affairs

(618)997-5311

2401 West Main St. Marion, IL 62959

- Addiction and Substance Use Services Ext. 55721
- Consultation Liaison Team Ext. 59448
- Employee Assistance Program (EAP) Ext. 54759 Ext. 55750 Ext. 55983
- Health Care for Homeless Veterans Program Ext. 59457
- Homeless Veteran Supported Employment Program Ext. 59457
- Housing & Urban Development –Veterans Affairs Supportive Housing Ext. 59457
- Integrated Mental Health in Primary Care/Behavioral Health Lab Ext. 53249
- Mental Health Intensive Case Management Ext. 59366
- Military Sexual Trauma Ext. 59367
- OEF/OIF/OND Program Ext. 54006
- Outpatient Specialty Mental Health Ext. 59182
- Post-Traumatic Stress Disorder Clinic Ext. 59430
- Residential Rehab Treatment Program Ext. 55721
- Suicide Prevention Program Ext. 59448
- Supported Employment (SE) Ext. 72438
- Transitional Work Experience Ext. 72438
- Veterans Justice Outreach Program Ext. 59367
- Veteran Peer Support Services Ext. 59436

Carbondale VA Clinic

(618)351-1031

1130 East Walnut Street, Suite 100 Carbondale, IL 62901

Hours Monday-Friday 8 AM-4:30 PM

*Also provides mental/behavioral health services

Marion VA Clinic
618-997-5311 Ext 72001
3403 Heartland Street Marion, IL 62959

Illinois Department of Veteran's Affairs (State Regional Office Building)
(618)997-3309
2309 W. Main St. Suite 122 Marion, IL 62959

VA Medical Center Food Panty
618-993-4121 Marion, Illinois 62959
Mon – Thurs 10:00 am – 1:00 pm
*Serves Veterans in their care

Warming/Cooling Centers

Perry County

T2Hope
(618)571-1056
31 South Division Street Du Quoin, IL 62832
www.t2hope.org
*Shower and laundry on site
Hours: Mon-Fri. 9 AM- 5 PM

Jackson County

Take Action Today
(618)212-3171
809 W. Main St Carbondale, IL 62901
*Showers, laundry, peer recovery support services on site
Hours: Mon-Fri. 9AM-5PM
www.takeactiontoday.net

Carbondale Warming
(314)312-2539
608 E. College St. Carbondale, IL 62901
www.cwcentered.org