

Recovery Oriented System of Care



Johnson County ROSC Council Meeting

10/22/2024

Attendance

Tor Neal, Arrowleaf

Samantha Carver, Arrowleaf

Trina Martin, Arrowleaf

- I. Welcome
- II. Mission and Values
- III. Old Business
 - a. In a group setting, individuals began to share their personal recovery stories, each highlighting unique struggles and triumphs. One person spoke of the pivotal moment when they recognized the need for help, while another reflected on the small victories in navigating mental health challenges. Though their journeys were different, the stories were united by a deep sense of resilience, fostering an atmosphere of hope and understanding. As they listened to each other with empathy, the shared experiences created a strong bond, deepening trust and reinforcing the idea that their struggles were part of a collective journey. Laughter and tears blended, and a renewed sense of solidarity emerged, leaving them with a commitment to support one another moving forward.
- IV. New Business
 - a. Having recovery supports in Johnson County is crucial for individuals facing mental health or substance use challenges, as it provides a vital network of resources and community that can aid in long-term healing. These supports, whether through counseling services, peer support groups, or recovery-

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focused organizations, offer individuals the guidance, encouragement, and connection needed to navigate their personal journeys. In a community like Johnson County, where access to healthcare and mental health services is an ongoing priority, these resources help reduce isolation and promote a sense of belonging. Recovery supports also create a culture of understanding and empathy, where people can share their struggles and successes with others who truly understand. This sense of solidarity fosters resilience, enhances personal growth, and increases the likelihood of sustained recovery. Ultimately, recovery supports are essential in creating a healthier, more compassionate community where individuals are empowered to overcome challenges and thrive.

- b. We also strategized for the upcoming year in this meeting. By identifying gaps in services, promoting peer recovery support networks, and utilizing data to track outcomes, Johnson County can tailor its ROSC to meet the specific needs of its diverse population.
- V. Note: This was the first meeting on Teams, so there was low attendance due to the natural challenges of changing platforms.