

Logan/Mason ROSC Meeting Notes

January 16th, 2025

Attendance:

Abby Behrens (Brightpoint)
Deb Beckmann (Chestnut Health Systems -Statewide ROSC)
Jeanette Davis (Chestnut Health Systems-Logan/Mason ROSC)
Kristin Davis (Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC))
Kami Garrison (Chestnut Health Systems-Region 3 TA)
Grace Irvin (Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, BASE, & Impacted Youth Project)
Bahiyah Khalilallah (Chestnut Health Systems-Statewide ROSC)
Carmen Lanham (Family Guidance Center-Regional Substance Use Prevention Integration Center (RSUPIC))
Samantha Martini (Family Guidance Center)
Molly McCain (Lincoln Memorial Hospital)
Brysen McFadden (Oxford House)
Joe Meister (Lincoln Police Department)
Nichole Tinker (Trillium Place)
Erica Ulrich (Peoria Area Food Bank-SNAP)
Tyler Wenger (Chestnut Health Systems-Logan/Mason Substance Use Prevention (SUP))
Liam Wheeler (Central Illinois Continuum of Care)
Jolene Whisler (Chestnut Health Systems- BASE (Build, Amplify, Support, & Empower))
Colin Witt (Chestnut Health Systems-BN Parents, Impacted Youth Project)

Old Business:

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC, is to create an infrastructure, a “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason Counties to reduce stigma and improve recovery outcomes.
- The Logan/Mason ROSC is in month three of launching the Stigma Reduction Campaign. It is encouraged to not just put the Stigma Reduction Campaign materials in places where clients are, but also in your breakrooms and restrooms where staff are located.

New Business:

- There have been several responses to the Recovery Community Survey 2025, despite not being pushed out on a large scale yet. There have been many people pushing the survey out via email, sending it to the city council, etc.
- The information from the survey drives how we move. This must be a partner and collaboration effort.
- The ROSC needs help in continuing to push out the surveys. We are hoping for results from both Mason and Logan County.
- If you know a group of people who are looking for volunteer opportunities, survey distribution is a great way to help.
- A flyer has been put together that has a QR code displayed. This is attached to envelopes. Within the envelopes there are paper surveys. This will be placed at the DHS office, health department, etc. This isn't just for the clients, but also for the employees at these locations. We want to hear from those within the recovery community, but we also want to hear from those serving the recovery community. We want to hear from those incarcerated and those who are supervising. This wide range of experience will help us identify our gaps and strengths.
- We believe in a model of strength-based approach. We want to identify where our strengths are and identify where our challenges and gaps are, which allow us opportunity to grow.
- According to survey results so far, 80% of people are not seeing the materials being displayed for the Stigma Reduction Campaign.
- Materials for the Stigma Reduction Campaign are being displayed on social media, gas stations, community boards, etc. If there are places where you think materials could be posted, please let the ROSC know.
- According to survey results so far, people do believe the Stigma Reduction Campaign materials are believable.
- According to the survey results so far, people are seeing that there is a stigma around people using substances in the community.
- The deadline to complete the survey is February 10th at midnight.
- At the end of the survey, people may put down their information for a chance to win a gift card.

Reminders/Recovery Resources:

- The Logan/Mason ROSC has updated flyers and cards that are coming soon. The flyers and cards list local peer-lead recovery groups that meet. There have been changes, so if anyone is aware of any changes that have happened in any meetings, please let the ROSC know. The updated flyers and cards will be printed out and available by the beginning of next month and be distributed throughout the community. If you would like to have flyer-size or business-size cards, Jeanette is willing to drop them off or mail them to you; they can be shared digitally as well if that is helpful to you and your organization.

- The SMART Recovery meetings have moved. Lincoln Memorial Hospital has hosted the meetings for multiple months. The transition has been made to Hope on 5th in Lincoln. SMART Recovery is an evidence-based approach to recovery. These meetings occur on Fridays from 12:00 p.m. – 1:30 p.m.
- A new 12-Step Guide for Women in Recovery meeting has just started (women only). The meetings will be on Sundays from 1:00 p.m. – 3:30 p.m. at Hope on 5th (first floor).
- The Odds and Ends Peer Recovery Support Group meets in Havana. The locations of meetings move based on the seasons. When the weather is good, they meet at the Riverfront. Since the weather has been cold, this meeting takes place in the Havana Hardees. This meeting takes place on Wednesdays at 6:00 p.m.
- Harm reduction is an effort into which we can create any reduction in harm. Harm reduction resources are available in Logan County at Family Custom Cleaners in Lincoln (24-hour vending machine), Logan County Health Department, Mount Pulaski Library (24-hour side door access), Logan County Courthouse, and the jail (lobby).
- Harm reduction resources are available in Mason County at Havana Public Library, Mason County Health Department, and Forman Valley Public Library in Manito.
- If your organization is willing to have the conversation around harm reduction (need more information, more education, identify a business that would benefit from having these resources available), please don't hesitate to reach out to the ROSC to help facilitate those conversations.

Upcoming Events:

- The first action planning for the Deflection Program was a three-day planning event.
- Some of the goals of the Deflection Campaign are to reduce stigma, increase law enforcement buy-in, and increase the availability of recovery meetings and resources in Logan, Mason, and Menard Counties.
- January 28th-30th will be the dates for the second action planning of the Deflection Program.
- Deflection is an effort to go further upstream to help people who have never been justice-impacted to stay that way. It's creating space and opportunity for people to get resources to prevent them from being justice-impacted. There will be a deflection supervisor and four deflection specialists that will oversee outreach in helping to push this initiative forward.
- The Recovery in Action subcommittee meets the second Tuesday of every month from 4:30 p.m. – 6:00 p.m. at Hope on 5th. This is where people will talk about the planning of events, what type of education to bring to the community, etc. If you have any suggestions on how we can involve more people in these meetings, please reach out. The next meeting is on Tuesday, February 11th at Hope on 5th (upstairs).

Agency Updates

- Samantha mentioned that Gateway in Springfield has immediate access to care. An individual would contact Gateway and give their personal information. Within the same day or within 24 hours they would be able to get into treatment.
- Gateway also has stabilization and transition services. People can be housed for up to five days. People must be able to pass a breathalyzer. This is not a detox service. People do not have to have a substance use disorder nor struggle with mental health if needing a warm place to stay.
- Case management will do their best to work with people on the next steps after housing. People may transition from the STS to the 28-day treatment.
- Gateway also has MAR Now (Medicated-Assisted Recovery Now). A phone call would be made and people seeking help would complete an assessment over the phone with a physician. Medication would be sent to the nearest pharmacy for pick-up. This program comes along with counseling.
- Another program is the “M Van.” This is where Gateway goes to different organizations and offers the MAR Now and methadone programs.
- Samantha also mentioned that transportation help is needed.
- Bryson mentioned that he has opened a women’s Oxford House in Springfield. A men’s house will be opening there in the next couple of weeks as well.
- If anyone knows someone in treatment or needs supportive, affordable, and stable housing, that’s what Oxford House offers.
- Feel free to visit Oxford House’s website at oxfordvacancies.com.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, February 20th at 2:00 p.m.
 - This meeting will take place at Hope on 5th (Lincoln). For those unavailable to attend in-person, a Zoom option is provided.
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:06 p.m.