

# Logan/Mason ROSC Meeting Notes

December 19<sup>th</sup>, 2024

## **Attendance:**

Jimmy Buonavolanto (Chestnut Health Systems)  
Jeanette Davis (Chestnut Health Systems-Logan/Mason ROSC)  
Sandra England (Taylorville SIU Family Medicine MAR Program)  
Kami Garrison (Chestnut Health Systems-Region 3 TA)  
Johanna Gonzalez (IDHS SUPR ROSC Coordinator)  
Dani Hernan (SIU Medicine)  
Amy Hopper (Logan County Community Member)  
Grace Irvin (Chestnut Health Systems-Logan/Mason ROSC, Logan/Mason SUP, BASE, & Impacted Youth Project)  
Jessica Johnson (Chestnut Health Systems-BASE (Build, Amplify, Support, & Empower))  
Bahiyah Khalilallah (Chestnut Health Systems-Statewide ROSC)  
Chelsey Lemme (SIU Medicine)  
Molly McCain (Lincoln Memorial Hospital)  
Brysen McFadden (Oxford House)  
Nichole Tinker (Trillium Place)  
Silas Tockey (Community Action Partnership of Central Illinois)  
Tyler Wenger (Chestnut Health Systems-Logan/Mason Substance Use Prevention (SUP))  
Jolene Whisler (Chestnut Health Systems- BASE (Build, Amplify, Support, & Empower))  
Colin Witt (Chestnut Health Systems-BN Parents, Impacted Youth Project)

## **Old Business:**

- What is ROSC? ROSC is a coordinated network of community-based services and supports that is person-centered and on the strengths and resilience is of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or mental health challenges. The central focus of a ROSC, is to create an infrastructure, a “systems of care”, with the resources to effectively address the full range of substance use and/or mental health challenges within communities.
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason Counties to reduce stigma and improve recovery outcomes.

## **New Business:**

- During the meeting, the ROSC presented the topics discussed over the last year. The past year “Recovery Talk” topics included the following: Looking Forward (January), Who’s Missing? (February) Harm Reduction (March), Words Matter (April), Treatment vs. Recovery (May), ROSC

vs. RCO (June), How Does My Piece Fit in the Puzzle (July), What Does Recovery Mean to You (August), Walk for Recovery Assessment (September), Anonymity vs. Recovering Out Loud (October), Recovering During the Holidays (November).

- Goal for January: Community Engagement- Attending community planned events, to educate, offer resources, and plan family fun activities
- Goal for January: Share Accurate Information: Provide recovery meeting cards, flyers, and resources, support promoting recovery meetings
- Goal for January: Workshops/Trainings: Coordinate opportunities for people with lived experience and others to build skills, experience, and educational trainings
- Goal for January: Recovery in Jail: Providing recovery meetings at the jail
- Goal for January: Strengthening Our ROSC Council: Supporting those who do show up, promoting programs, identifying who's missing and intentionally work together to bring them here
- In February, ROSC partnered with Crime Stoppers, Lincoln Memorial Hospital, and Logan Lanes to have a free bowling event at Logan Lanes. Every lane was full.
- In February, ROSC partnered with Oxford House for their open house. There was a council member from the city council and the diversity inclusion commission shared funds to have some food.
- In March, ROSC hosted the "Generation Found" movie at Logan and Mason County.
- In May, there was an "Our Voices Have Power" workshop that the ROSC hosted. The ROSC partnered with Faces and Voices of Recovery and Hope on 5<sup>th</sup>. There were people with lived experience and different agencies who participated.
- In May, the ROSC started attending every First Friday in Havana, Second Friday in Mount Pulaski, and Third Friday in Lincoln. This was done throughout May, June, and July. The ROSC provided resources and education in the community.
- In July, the ROSC had the "Summer Recovery Jam." There were speakers, food, games, and fellowship.
- In August, the ROSC held a free family swim day in Havana.
- In August, the ROSC held a Harm Reduction Panel on Facebook Live, hosted by the Oxford House. This was a conversation about harm reduction and naloxone.
- In September, the ROSC hosted the "Walk for Recovery" event in Lincoln and Havana.
- In September, some ROSC members attended the National Recovery Rally in Chicago.
- In October, the ROSC worked together with the Recovery in Action group to create recovery resource bags for those leaving the Logan County jail. In the bags were naloxone, testing strips, meeting cards, etc.
- In October, the ROSC launched an Anti-Stigma Campaign. The ROSC partnered with Ford County ROSC to create this campaign.
- In November, the ROSC has been building relationships by conducting key informant interviews

- Individuals at the meeting provided feedback and completed the Logan/Mason ROSC Recovery Community Survey. Those who work or live in Logan or Mason County were expected to fill it out. Once everyone agrees on how the survey looks, then there will be a strategic plan to get it dispersed to the community.
  - The first sheet of the survey has definitions of substance use disorder, recovery, harm reduction, and Narcan.
  - This survey is also being used to get feedback on the Anti-Stigma Campaign.
  - At the end, the survey participants may put down their name for a gift card drawing.
  - If you have further feedback on the survey in the future, let the ROSC know.

### **Reminders/Recovery Resources:**

- There are Logan/Mason County Recovery Meeting flyers and cards available if you are out. If you need any of these cards, the ROSC will get them to you. Listed on these cards are the recovery meetings that occur in Logan and Mason County.
- The SMART Recovery meetings occur at Lincoln Memorial Hospital on Fridays. Starting in January, the goal is for the SMART Recovery meetings to be moved to Hope on 5<sup>th</sup>. The new meeting time will be 12:00 p.m. – 1:30 p.m.
- Harm reduction resources are available in Logan County at Family Custom Cleaners in Lincoln (24-hour vending machine), Logan County Health Department, Mount Pulaski Library (24-hour side door access), Logan County Courthouse, and the jail (lobby).
- Harm reduction resources are available in Mason County at Havana Public Library, Mason County Health Department, and Forman Valley Public Library in Manito.

### **Upcoming Events:**

- The second action planning meeting for the Deflection Program will be held at Hope on 5<sup>th</sup> from January 28<sup>th</sup> – January 30<sup>th</sup>. The Deflection Program is an initiative that the state of Illinois is pushing to try to reach people before they are justice impacted. Logan, Mason, and Menard County have partnered together for this program. TASK is bringing an informational training
- The Recovery in Action subcommittee meets the second Tuesday of every month at Hope on 5<sup>th</sup>. The next meeting will be on January 14<sup>th</sup> at 4:30 p.m. This subcommittee does a lot of planning of events, educational opportunities, and trainings. If you have event planning skills, please join.

### **Agency Updates**

- Chelsey mentioned that they are currently looking for a nurse practitioner or a physician assistant to help with the MAR program and family practice. If you know any nurse practitioners or physician assistants in the area, send them SIU Medicine's way.

**Contact Info:**

- Jeanette Davis- Recovery Specialist
  - [jedavis@chestnut.org](mailto:jedavis@chestnut.org) ; 217-871-3208
- Grace Irvin- Prevention Coordinator
  - [gcirvin@chestnut.org](mailto:gcirvin@chestnut.org) ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
  - [nfklekamp@chestnut.org](mailto:nfklekamp@chestnut.org) ; 309-824-3765

**Next Meeting:**

- Thursday, January 16<sup>th</sup> at 2:00 p.m.
  - This meeting will take place at Mason City Public Library (Mason City). For those unavailable to attend in-person, a Zoom option is provided.
  - Join Zoom Meeting:  
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
  - Meeting ID: 935 6172 7220 / Passcode: 395255

**End of Meeting:** 3:00 p.m.