

McLean County Recovery-Oriented Systems of Care (ROSC) January 2025 Council Meeting Minutes

Date: Tuesday, January 21st, 2025

Time: 3:30 – 4:30 pm

Location: Virtually via Zoom

Agenda:

- Introductions of new ROSC members/attendees
- **Special Council Discussion:** Community Asset Mapping and Community Survey
- McLean ROSC Updates
- Agency Updates & Wrap Up

Attendees:

1. Barb Brumleve- Chestnut, McLean & Ford ROSC
2. Cat Hays- Chestnut, McLean ROSC
3. Grace Irvin – Chestnut Health Systems
4. Jeffrey Ehrmentraut – McLean County/Logan County CASA Program
5. Michelle Davis – Midcentral Community Action
6. Nancy Bollegar – Allies Against Trafficking (The Alliance)
7. Caitlyn Clyne – Bloomington Public Library-Outreach engagement/Bookmobile
8. Zach Schimelpfenig – PATH
9. Kami Garrison – Statewide ROSC Region 3 TA
10. Natasha Nunoo-Ponder – The Center for Human Services
11. Tasha Taylor Davis – Family Community Resource Center
12. Shayla Woodworth – PLE
13. Selena Nolan – Chestnut, CHBCC
14. Wendy Klinker – The Alliance
15. Jolene Whisler – Chestnut Health Systems
16. Nikki Meyer – Chestnut Health Systems
17. Colin Witt – Chestnut Health Systems
18. Denise Backes – Footprints to Recovery
19. Leah Bohlmann – Constituent Service Representative with Congressman Darin LaHood (IL16)
20. Don Mahannah – Integrity Counseling

Barb Brumleve opened the meeting by welcoming attendees and requesting their names and affiliations for attendance purposes.

Council Meeting Discussion Topic: Updates to McLean ROSC FY25 Community Resource Asset Mapping

Breakout Room Discussion Questions:

“What are new resources in the community within the last year?”

“What are recommendations for how to share information about the McLean County ROSC Community Resource & Asset Mapping?”

Unfortunately, we had some difficulties during the breakout rooms, however, the conversation we had after was Spot On!!

- Kami shared that her group really got to know each other and it was nice to have the space to get to know each other individually.
- **The Alliance** was announced as a new group/asset for Human Trafficking in McLean County. We welcome you and look forward to your journey!! Nancy Bollegar and Wendy Klinkner are the main contacts.
- Jeffrey Ehrmentrant announced that McLean County CASA now serves Logan County and connected with Grace Irvin/Logan-Mason County ROSC.
- While advertising for ROSC make sure to spell out what “ROSC” is as people do not recognize what “ROSC” means.
- Potential ideas for advertising/sharing about ROSC/Asset Map:
 - The Coliseum Billboard
 - Community Bulletin Boards
 - Movie theaters
 - Castle Theater
 - Tattoo Parlors and specifically Tattoo Parlor on the corner of Market Street has a very visible billboard
 - Bars/Restrooms
 - Cadillac Jacks Billboard
 - Bulletin boards at AA/NA meetings/Cedar Lakes
 - Celebrate Recovery meetings/Bulletin Boards
- Colin Witt shared that ISU has Student Navigators
- Shayla has been a ROCK STAR and has shared our community survey all over Downtown Bloomington and Cedar Lakes...too many to list!!! Thank you 😊
- Grace Irvin shared that Alanon meetings are very open to new information. St. Matthews on Oakland has an Alanon meeting on Saturday’s and have a bulletin board
- Check with Wendy (director) at Carle to see if detox/outpatient has an area for survey
- OSF/Carle surgery waiting rooms and ER’s

- Zach and others shared that the Law & Justice Center, specifically Probation, would be a great place to share our Asset Map once complete. Also, Drug Court, Veteran’s Court and Probation Officers. We shared that Brian Hinman should be contacted and Shayla offered to go to the Law & Justice Center and inquire about advertising/etc.

Cat thanked everyone for all the great feedback and shared that We NEED you to be our Hands and Feet out in the Community. We are all here to make a sustainable community change. We need ALL hands-on deck!! Please share the Community Survey with at least 3 people and ask them to do the same...the **survey is open until February 7th** so please, **Share, Share and Share** 😊

Cat reiterated the launch of a community survey for updating the community needs assessment for fiscal year 25, available in English and Spanish, with a raffle incentive for participants, \$25 Walmart GC. Cat emphasized the importance of community involvement in distributing the survey to maximize responses. **Please fill out the survey and get 3 Friends to do the same** 😊



McLean County ROSC Council Asset Mapping

- ▶ We want to know what you as McLean County ROSC council members want to be active in doing in our work and efforts in the community. Take the survey by scanning the QR code or visiting:
<https://tinyurl.com/McLeanROSCCouncilAssetMap>



Agency Updates:

- Dorothy shared about a new asset to our community: A new health clinic, **My Care Express**, located at 1404 Eastland Dr in Bloomington. They take medical cards, Medicare/Medicaid, pay as you go and most prescriptions \$20.
- Integrity Counseling is offering classes on the 7 Habits of Highly Effective People, please check out their website and use the sign-up genius to secure your spot!!
- Please reach out to Zach at PATH to add anything to the Pathogram. The Pathogram reaches approximately 2500 people in our community.
- A new transportation asset: **Connect Flex**- Like Uber, but part of our bus system. A car will pick you up and drop you off at the nearest corner to the location you are coming or going from. The charge is \$1 each way and you can get a weekly or monthly pass too. Please go to their website for more information as there may be certain requirements. You can also reach out to PATH for more information.

McLean County ROSC Updates: Hope you all have a very Happy Holiday and can't wait to see you in the New Year...our next council meeting, **January 21st, 2024, via Zoom** (<https://zoom.us/j/96709486019>).

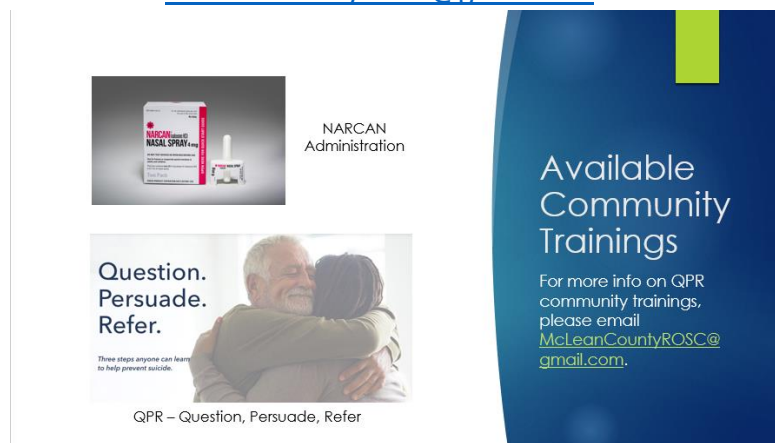
- **The Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
 - **Quarterly Recovery Community Newsletter** – We are working as a committee to revamp the McLean County ROSC newsletter into a McLean County Recovery Community Newsletter.
 - Please contact Cat, via email, cmhays@chestnut.org if you are interested in joining the Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Available McLean ROSC Print Resources**
 - **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.
 - **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip->

<book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.

- **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, McLeanCountyROSC@gmail.com.

- **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**

- If interested in receiving a free QPR-Question Persuade Refer training, please contact the McLeanCountyROSC@gmail.com.



- **If you Need Narcan:** Please contact **Randi Derrig** (rwderrig@chestnut.org) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team

is now fully trained

**McLean County
Narcan**

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
 - ▶ kmknapp@chestnut.org
- ▶ If interested in receiving a free Narcan training, please email SR-NARCAN@chestnut.org



Next Meeting & Contact Info:

- **Next Meeting via Zoom – Tuesday, February 18th, 2025 @ 3:30-4:30 PM**
 - Meeting virtually via Zoom (<https://zoom.us/j/96709486019>)
 - Meeting Code: 967 0948 6019
- **Contact Info**
 - Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - 309-826-3151
 - Cat Hays, Community Health Specialist for Recovery Supports
 - cmhays@chestnut.org
 - 309-665-2067
 - McLean County ROSC Team
 - McLeanCountyROSC@gmail.com