

Moultrie Shelby County ROSC Council Meeting Minutes

When: Tuesday, January 7th, 2024

Time: 3:30 PM to 4:30 PM

Where: Online via Zoom

Who: Skylar Miller (Meeting facilitator and minutes)

Attendees

Teagan Shull, Ali D., Bonnie Goodwin, Nathan Nichols, Kristina Drum, Johanna Gonzalez, Denise Backes, Patrick Miller, Julie Pohlman, Kristin Davis, Carrie McKinzie and Skylar Miller.

Agency Updates

Denise Backes- Footprints to Recovery. Located in Elgin. Offers a full continuum of care for substance use disorder treatment. In February they will be opening their primary mental health program, residential mental health options.

Drug Overdose Prevention Program

Skylar Miller checked in with the three pharmacies ROSC partnerships with and they all would like more NARCAN. That means it is getting passed out which is great news!

Recovery Navigator Update

Bonnie Goodwin mentioned that she is still making education groups available to people in Moultrie County Jail, in the public, and with drug court participants. We are also working on having a recovery picnic in the spring and she welcomes any ideas from the Council.

Survey Discussion

Skylar stated that we have reached 328 surveys completed. Between the two counties, the goal is still 1,500. People have helped her understand that even making it to 1% is a good milestone.

Bonnie has been sending the survey out to personal contacts one by one and has received really good response distributing this way. **Skylar** has been sharing through emails and

Facebook regularly. She had talked to a few places that seemed promising with some bigger numbers. The factory ended up having none completed when she returned. The local library and most of the courthouse in Shelby did not fill them out.

By going into these places though, people get to know the face of ROSC and hopefully it is going to open some doors that we haven't opened before and people will get to know us or want to get to know us and what we do.

Julie suggested that we hangout in a local coffee shop and hand them out personally.

Kristin Davis mentioned sending out a postcard or QR code to all residences in the county.

Kristina Drum said that she talked to the post office in her county and sending postcards wasn't too hard to do and not as expensive as it may seem.

Skylar mentioned that the next two weeks are crucial. We are looking at getting more people over the age of 65 to fill it out and then 18-24 years old.

Asset Resource Mapping

The purpose of the asset map is to document a communities existing resources and assets, incorporating these strengths into community ROSC and RCO development work.

Skylar shared her screen on Zoom and review the asset map as a Council to see if she was missing anything.

Teagan Shull with Heritage mentioned that we needed to add the Living Room Program and their Behavioral Health Hub.

Denise Backes would love to add Footprints to Recovery under the mental health and substance use section. They also provide transportation throughout the state and virtual services.

Kristin brought to our attention that Family Guidance Center needed to be added under licensed because they do have inpatient and outpatient services as well.

Bonnie also stated that we should add Family Life Center under "Healthcare" because they do provide limited sonograms and STI/STD testing. All of their services are free.

Skylar will add all of the missing information to the document.

Communication Campaign Overview

Skylar reviewed the January topic of "New Year, New Beginnings." She also went over the upcoming topic for February. Moultrie Shelby County ROSC is partnering with Effingham County

ROSC and Prevention First to do a Youth Engagement Panel via Zoom! The date will be February 25th and Skylar will send out flyers and press release as soon as they are available.

Events

There will be two Laundry Days this month. One in each county. ACE Hardware has donated enough to sponsor three laundry days in each county. Dove Inc. in Moultrie County has also donated for the month of January!

Skylar will be going to the Shelby County Board meeting on Thursday, January 9th, to ask for some of the Opioid Settlement funds that Shelby County has to distribute.

We are planning to have a recovery picnic in the spring. **Bonnie** wants to have a band and maybe some food vendors. She also mentioned doing a panel from different pathways in recovery. We have already picked a date-- April 19th!

Contact emails:

Moultrie Shelby County ROSC Coordinator

Skylar Miller- skylark@hourhouserecovery.org

Moultrie Shelby County ROSC Recovery Navigator

Bonnie Goodwin- bonitag@hourhouserecovery.org

ROSC Program Supervisor

Jenna Hays- jennah@hourhouserecovery.org

Where to find past meeting minutes: <https://www.govst.edu/ROSC-GSU/ROSCC>

Moultrie Shelby County ROSC Facebook Page:



Next Moultrie Shelby County ROSC Council Meeting**

Date: Tuesday, February 4th, 2025

Time: 3:30 PM to 4:30 PM

Where: Shelbyville Outpatient Office and Zoom