## January 16, 2025 ROSC Council Minutes:

Meeting was called to order by Tony Kirkman at 3pm on December 19, 2024 at The Piatt County Mental Health Center.

Attendance was taken: MaryJo Dean (Willow Tree Missions); Tony Kirkman (PCMHC); Jaime Porter (PCMHC); Steve Keagle (Lodge Church of God); Cassandra Cox (Guest Speaker); Jessica Miller (guest).

**Introductions** – General Introductions were given.

**Communication Plan** – Tony shared Suboxone is going well. We have 43 patients NOT 49. Group is going well. We will have a representative from each group speak on behalf of the groups for more PLE involvement.

## **Naloxone trainings:**

Tony shared that White Heath box is up. Naloxone boxes all look great from checking in with our friendlies.

**This Month's Activities** – Paint Party in February. 30 seats available. Food drive is going well! Locations The Center, The health department, JTA and Crossroads in Bement.

**Deliverables:** Survey is up to 62 responses. Let's try to really push to get more if possible. We will keep this open until the end of January.

Guest Speaker – Cassandra Cox. Cassandra shared her recovery story and in April she will celebrate 8years of sobriety! Cassandra shared what her motivation was for recovery. Cassandra shared that was difficult to be in a support group with people in all stages of recovery. According to Cassandra, a person who is freshly sober has different needs/susceptibilities than people 2-5 years sober, or people 10+ years. Cassandra encouraged the group to share the message, "I am proud of you" or "I see you" more with the recovery community. Cassandra shared that she feels people in recovery do not need to be enabled, but supported. The difference is not doing the work for them, but telling them "I am here when you are ready". Cassandra did amazing!

**Sector Speakers** – There were no sector speakers this month.

## Future engagement opportunities -

1/1 – 1/28 Food drive 12/19 – 1/31 Survey 2/26 Paint Party

**ROSC Deliverables** – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

**Who's Missing?** – Tony continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

## Planning for future engagement opportunities:

**Future Meetings** – It was agreed that future ROSC Meetings will be held 3<sup>rd</sup> Thursday of the month @ 3pm with the <u>next Piatt County ROSC meeting being held here at The Center on Thursday February 20 @ 3pm.</u> It was also discussed that it would be helpful to maintain a zoom option for guests.

**Satisfaction Survey** – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4 pm

Recorded by Tony Kirkman