

Recovery Oriented System of Care



Union County ROSC Council Minutes

10/24/2024

Attendance

Samantha Craver, Arrowleaf

Trina Martin, Arrowleaf

Tor Neal, Arrowleaf

Kent Young, Union County Church Alliance

- I. Welcome and Introductions
- II. Mission and Values
 - a. **Arrowleaf ROSC Vision** A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one
 - b. **Arrowleaf ROSC Mission** Collaborating to build, foster, and empower communities to recover
- III. Old Business
 - a. Jenny Provo from TASC came and told us about their program
 - b. Last month was Recovery Month
- IV. New Business
 - a. **Cultivating Communities of Care: We are Farmers by Amy Bechtol**
 - i. Every perspective is valuable—even those without lived experience.
 - ii. Hope is the most important consideration when growing any garden.
 - iii. Heart is the next most important consideration when growing a garden.
 1. Your why fuels you
 - iv. Chose sustainability over fast growth.

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- v. Adopt a growth mindset.
 - vi. Practice environmental awareness.
 - vii. Prepare the soil.
 - viii. Expect maintenance work.
 - ix. Celebrate each season.
 - x. The important thing is that you keep going.
 - xi. Doing what work in your area matters.
 - xii. Use your community assets, it does not always have to be you.
 - xiii. Things are changing but they are not changed.
 - xiv. Nothing in nature thrives alone.
 - xv. Think about organizations that can be a companion plant.
 - xvi. Building strong relationships matter.
 - xvii. We have to tend to what we build.
 - xviii. Big and fast growth sometimes means things are out of reach.
 - xix. Every part of the process is important.
 - xx. Busy is not the same thing as productive.
 - xxi. Some things are out of our control.
 - xxii. Every seed is a chance for a miracle.
- V. Adjourment