

Bond County Recovery Council Wednesday, February 12, 2025 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3rd Floor

Meeting Minutes

1. Welcome and Introductions

<u>In Person</u>: Virtual only due to weather predictions

Via Zoom:

Toni Randal BCRC
Monique Brunious BCRC
Daniel Hutchison Chestnut Health Systems
Heather Kapp (Intern) NAMI/SWI
Jennifer Noel Bond County Transit
Kara Warden Chestnut Health Systems
Sheridan Jordan Clinton County ROSC/RCORP
Nellie Baity Clinton County ROSC

Mark Knott MERC

Angela Holloway MERC

Michelle Dettwiler Macoupin/Montgomery ROSC

Jessica Palazzolo Lincoln Prairie County Behavior Health

Tracy Drones Chestnut Health Systems/ Faith Recovery

Alice Fitzsimmons Lost and Found

Andrea Patterson Bridge Point

Beverly Holland Chestnut SROSC

Deb Beckmann SROSC

Jacob Dunavant Illinois Recovery Center

Julie Herr Chestnut Health Systems

Patrice White Core Community

Sheena Langhauser Memorial Hospital Belleville/Medical Stabilization

Dusty Hanner Narcan Distribution

Sara Rench Next Network

2. Review Old Business

*Completed Resource List-These are available and will be emailed out each month. If you would like printed copies, please just let us know. These are a fluid document that will constantly be updated. Please notify us of any updates, changes or additions that need to be made.

**Meeting cards-Will be sent to the printer next week. These also are a fluid document. So excited that we will be adding to these soon again because more meetings have been added in Bond County. We will order 500 this time instead of 1000.

- 3. Presentation-Sara Rench sharing about "The Next Network & Recovery Corp" Sarah detailed the Next Network's mission to support individuals in recovery through compassion and empathy. The organization prioritizes health, home stability, and community engagement, offering resources such as treatment connections and educational programs. They also emphasize the importance of transportation for accessing necessary services.
 - -Non Judgmental approach
 - -Focus on Overall Health, Mental Health Service, Substance Use Service
 - -Focus on Home, Routine and Family stabilization
 - -Focus on helping people find a purpose in recovery
 - -Connecting to community, giving back and overall purpose
 - -Focus on 8 dimensions of wellness
 - -MAT medical assisted treatment
 - -Faith based-finding a higher power
 - -Harm Reduction
 - -Collaborations with DCFS/Drug Court/Health Department and all entities to include for persons overall wellness
 - -Transportation provided
 - -Need more transportation services for Bond Area currently Mandy transports through Prairie counseling
 - -Would like to receive contacts from those attending meeting to create a contact list to utilize for services
- 4. Strategic Plan Work Group Updates
 - -RCO Development-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently working with the "Next Network" from Litchfield about sharing services in Bond County. Kelly Jefferson, Patrick Miller, Shane Pinnell, Jon Magnuson, Amanda Zinkgraf, Sarah Rench, Samantha Hill, Rev Bilyeu, Dusty Hanner, Tracy Dones, Monique Brunious & Toni Randall. Next meeting will be March 11th. Would anyone like to be added to the group? Please email Toni
 - -Transportation-2:30-3:30pm, meet via Zoom on the 3rd Tuesday of the month. Melissa Marti, Michelle Miller, Jennifer Noel, Patrice White, Sarah Rench, Samantha Hill, Amanda Zinkgraf, Patrick Miller, Monique Brunious & Toni Randall. We are looking for ways to improve transportation in Bond County. The next meeting will be on March 18th. Would anyone like to be added to the group? Please email Toni

-Stigma-2-3pm, meet at Lost & Found in Greenville on the 4th Tuesday of each month. We are looking for projects to do within the community that will help to reduce Stigma. Our next meeting will be a brainstorming session to come up with ideas for our next project. Alice Fitzsimmons, Kelly Jefferson, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Sarah Rench, Samantha Hill, Monique Brunious & Toni Randall. Next meeting February 25th. Would anyone like to be added to the group? Please email Toni

5. New Business

-We continue to have Laundry Day. The next one will be the first Saturday of the month llam to lpm (March l^{st}). Looking for a partnership to provide soap, quarters and dryer sheets

If interested contact BCRC. Looking at possibly partnering with the Free Methodist Church.

- Community Survey-extremely important. Bond County Recovery Council discussed the ongoing community survey, which has garnered over 200 responses so far. With a target of 1,000 responses, she urged attendees to promote the survey within their networks. Paper copies are available for those who prefer not to use QR codes, and the survey takes only two to four minutes to complete.
- **-Unhoused bags** we have 50 of these made up. . If anyone is in need of bags for unhoused, please ask for them. Sarah and Mandy will distribute some through Next Network in Bond County. We owe a HUGE thank you to the Faith Based Community who helped collect items for this project. Toni will be sending thank you cards.

-Finding Jacob Film- Patrick will take us on People mover van from Free Methodist Church. Van holds 25 people. Hope to fill the van. Jacob Dunavant highlighted an upcoming film premiere on March 1st at the Hathaway Cultural Center, which will include a resource fair and a panel discussion. Toni Randall mentioned that Bond County has arranged transportation for attendees. Toni shared details about a film screening on March 1st, organized by Sacred Spaces, which will feature a panel discussion. The shuttle bus will leave from the Senior Center in Greenville at 12:30 PM, and they can accommodate up to 25 people. Jacob highlighted the need for attendees to register in advance for planning purposes, including snacks and food.

*-New Celebrate Recovery-Started on September 15th at the Assembly of God Church in Sorento. Sunday's from 5:30-7:30. They will have dinner and childcare. We would love for anyone to share more about this meeting. Link to their page (20+) Facebook

-SMART Recovery Prairie Counseling Center, ONLY Tuesdays 6pm (no more Wednesday group)

-Lost & Found new times-

Sunday-Men's Bible Study 4pm, Service at 6:15pm Monday-Men's Recovery Group 7pm Tuesday-Women's Recovery Group 6:30pm Thursday-Women's Bible Study 10am Friday-Sober Bar 7-11pm

-Game Night-Saturday February 15th from 6-9pm, Special t-shirt making project this month. Sarah Rench will be designing with her cricket. Join us and create your own t-shirt with your recovery message.

6. Update from any Groups & Organizations

Message from Michelle at Prairie Counseling Center:

Sorry but no one will be there from Prairie Counseling Center today. We have an all staff education day. I did want to let you know that PCC is fully staffed as of 2/18/2025!!!! We have added another counselor to offer more services at the schools in Greenville. I also wanted to let you know that Chief Deputy Hill at BCSD and PCC have joined the IL Jail MAR Collaborative. It is a collaboration between state jails, community providers, and Health Management Associates. It provides learning opportunities and coaching to better MAR services in the jail.

Nellie Baity: The dance was a success

Jacob Duvant-Registration for the Movie Premiere "Finding Jacob" on March 1st

https://www.eventbrite.com/e/film-premier-panel-discussion-finding-jacob-tickets-1096374308069?aff=oddtdtcreator

Julie Herr shared-The Together for Youth Summit is coming up April 15 and 16.
Registration is here https://www.eventbrite.com/e/together-for-youth-summit-2025-building-a-state-where-youth-can-thrive-registration-1146289234959?aff=ebdssbdestsearch

Heather Kapp NAMI (sitting in for Kelly) You can reach us at heather.nami.swi@gmail.com or Kelly.nami.swi@gmail.com and we do have a few new classes starting soon so I've linked that for you as well U Happy Wednesday all!

Programs - NAMI Southwestern Illinois - NAMI Southwestern Illinois

Sheena Langhauser Medical Stabilization – Memorial Hospital Good morning and please let us know if there's anything we can do to help one of your clients!

Mark Knott: Singles Appreciation Day on February 15th Provided a flyer to BCRC

Patrice White CORE Community Trivia night at St. Lawrence Church. BCRC will try to get a flyer to send out

7. General Reminders

-Advisory Board for People with Lived Experience. In 2024 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Senior Center for now. Free drinks & \$20 GC for attending & contributing. Next meeting is March 5th at 7pm-8:30pm.

-The Advisory Board will also be hosting Family Game night on the 3rd Saturday night of the month from 6-9pm at the Senior Center. Next Family Game Night is February 15th. T-shirt making night!!!!

-Bond County Transit Program - Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work.

-AMARE Family Support, Jamie Armstrong Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at Jaime Armstrong jarmstrong@amarenfp.org

-REFLECTIONS-Prairie Counseling Center, 1st Wednesday of the month at 10am.

-HEALERS group meets on the 2nd & 4th Saturday of the month at the Senior Center at llam. New materials have arrived. Good stuff happening here.

8. FREE Virtual Narcan Training each month by Chestnut. For more information email SR-NARCAN@chestnut.org. The Recovery Council also has FREE Narcan for anyone who needs it.

Future Meeting Dates for 2025:

March 12, 2025 August 13, 2025

April 9, 2025 September 10, 2025

May 14, 2025 October 8, 2025

June 10, 2025 November 12, 2025

July 9, 2025 December 9, 2025

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.