

# CLINTON COUNTY RESOURCE LIST\*



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**\*If you notice an error in any information, or know a resource we need to add to this list, please email [smjordan@chestnut.org](mailto:smjordan@chestnut.org).**

Updated 2/7/25

## **Adult Literacy**

### **Illinois Adult Learning Hotline**

**Phone Number:** 1-800-321-9511

*Information:* provides referral services for students, volunteers, and employers wishing to access adult education and literacy and programs throughout Illinois.

<https://finishyourdiploma.org/> Use this website to take the first step to receiving your high school diploma and helping you and your family's future.

### **Kaskaskia College**

**Phone Number:** 618-545-3115

*Information:* The Reading Link Program provides free literacy and pre-GED tutorial services to adult learners who want to improve their reading skills. Our tutors are trained volunteers who will assist you with the tools necessary to build pathways that can lead to education, employment, and career goals. The ABE/ASE (Adult Basic education/Adult Secondary Education) program can help you improve your reading, writing, and math skills. We serve all levels of skills based on reading scores from the TABE (The Test of Adult Basic Education). We have classes in the day and the evening at various locations throughout Marion, Clinton, Bond, Fayette, and Washington Counties. Testing is offered at the Kaskaskia College main Campus. ABE/ASE classes start several times throughout the year and meet twice weekly for 3 hours per class. Day and evening classes are offered in several locations throughout the District where classes take place.

<https://www.kaskaskia.edu/about-kc/directory/office/greenville-center/>

### **Public Libraries serving Clinton County:**

Breese -530 N. 3<sup>rd</sup> Street, Breese, IL 62230, Ph#618-526-7361, <https://breeselibrary.org/>

Carlyle - 550 6th St, Carlyle, IL 62231, Ph#618-594-5210, <https://casehalstead.org/>

Centralia – 515 E. Broadway, Centralia, IL 62801, Ph#618-532-5222, <https://www.centralialibrary.org/>

Germantown – 403 Munster St., Germantown, IL 62245, Ph#618-523-4820, <http://www.gtownlibrary.org/>

New Baden – 210 N. 1<sup>st</sup> Street, New Baden, IL 62265, Ph#618-588-4554, <https://newbadenlibrary.org>

Trenton – 118 E. Indiana, Trenton, IL 62293, Ph#618-224-7662, <http://trentonil.org/library/>

Kaskaskia College Library, 1<sup>st</sup> floor Health & Business Bldg., 27210 College Road, Centralia, IL, Ph#618-545-3160

## **Childcare**

### **Clinton County Licensed Daycares**

All Smiles Daycare, 348 Railroad St., Aviston, IL Ph#618-228-7000 <https://www.facebook.com/allsmiles.daycare01/>

Brightside Daycare, 100 E. Main, Damiansville, IL Ph#818-781-4534 [www.brightside daycarecenter.com](http://www.brightside daycarecenter.com)

Building Blocks Daycare LLC, 13016 Commercial St., Aviston, IL Ph#618-574-7007

<https://www.facebook.com/bbdaviston>

D's Daycare, 479 Memorial Drive, Breese, IL Ph#618-526-4062

Jodi's Daycare, 5940 Red Bud Dr., Damiansville, IL Ph#618-248-3857

<https://www.facebook.com/p/Jodies-Daycare-100063533803879/>

Siblings & Co., 1301 Church St., Germantown, IL Ph#618-523-4843 [www.siblingsandcompany.com](http://www.siblingsandcompany.com)

Siblings & Co., 182 S. 4th S., Breese, IL Ph#618-526-2757 [www.siblingsandcompany.com](http://www.siblingsandcompany.com)

Siblings & Co., 8021 IL Rt. 160, New Baden, IL Ph#618-588-4703 [www.siblingsandcompany.com](http://www.siblingsandcompany.com)

Smart Start Learning Center, 517 W. Hanover, New Baden, IL Ph#618-588-2273 <https://www.mysmartstart.net/>

The Tot Spot, 17600 St. Rose Rd., St. Rose, IL Ph#618-526-8000 <https://www.facebook.com/mtotspot67>

Willow Walk Learning Center, 417 E. Broadway, Trenton, IL Ph#618-224-2300

<https://www.facebook.com/willowwalklearningcenter/>

### **Brightpoint Child Care Resource and Referral**

**Phone Number:** 800.467.9200 ext. 390

Granite City, IL

[www.brightpoint.org](http://www.brightpoint.org)

*Information:* Info: Child Care Resources & Referral Program (CCR&R). Serving Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties. Email: Child Care Referrals [childcare referrals@brightpoint.org](mailto:childcare referrals@brightpoint.org) or [crr@brightpoint.org](mailto:crr@brightpoint.org)

<https://www.brightpoint.org/thriving-children/early-childhood-care-education/child-care-resource-referral/for-families/>

**Provider lookup:** <https://sunshine.dcf.illinois.gov/Content/Licensing/Daycare/ProviderLookup.aspx>

## **Clothing Closets/Pantries-All Free!**

**Carlyle Christian Church Outreach Center**, 1025 Lake Road, Carlyle, Saturdays 9am-12pm (clothing, hygiene & household items; you can message them your needs on their Facebook page and someone will get back to you.

**Centralia First United Methodist Church**, 103 Elm Street, Tuesdays 9:30-11:00am (clothing)

**New Baden Zion United Church of Christ**, 414 W. Hanover Street, Monday from 11am-2 pm (clothing/household)

## **Community Services:** (agencies that help with different needs)

**2-1-1 Community Helpline:** free, confidential information and referral service; available 24 hours a days, 7 days a week; connects you to a broad range of services including counseling, food pantries, health services, housing, support groups, and more; search the online database at UWSCI.org. United Way of South Central Illinois.

### **American Red Cross**

1045 Outer Park Drive, Springfield, IL

Services: Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families.

**Phone Number: 217-787-7602**

[www.redcross.org](http://www.redcross.org)

### **BCMW Office**

909 E. Rexford, Centralia, IL

<http://www.bcmwcommunityservices.org/>

*Provided Services:* LIHEAP (Low Income Home Energy Assistance Program), Transitional Housing, Rental Housing Support, Weatherization Program, Housing Rehabilitation Program, Home Modification Program, Community Services Block Grant (CSBG) Emergency Services, Head Start. Ask for assistance regarding deadlines and what is necessary to bring to the appointment (usually must bring 30 days' proof of income, current Medicaid card, and Social Security cards for all you want covered). Check website. You now need to apply online before getting an appointment in an office.

**Phone Number: 618-532-7388**

Mon.-Thurs., 8am-4pm

### **Birth to Five Illinois**

*Information:* Working to create a statewide regional infrastructure that will amplify input from communities in the development of policies and funding priorities. Supports the mobilization of communities to build and sustain equitable access to inclusive, high-quality early childhood services for all children and families.

<https://www.birtofiveil.com/region13>

### **Bond County Crisis Nursery**

Opening soon-more information to come. <https://www.facebook.com/bondcocrisisnursery>

### **Brightpoint** (formerly Children's Home and Aid Society)

357 N. Main Street, Breese, IL

*Information:* Services provided—parent support, child welfare, mental health & wellness, early childhood care and referrals, youth services.

**Phone Number: 618-526-8348,**

<https://www.brightpoint.org/>

### **Caritas Family Solutions**

8601 W Main St Belleville, IL

Services Provided: Foster care, Intact Family Services, St. John Bosco Children's Center, Adoption Services, Pregnancy Options Counseling, Fontebella Maternity Home, Community Integrated Living Arrangements, Fox River Assisted Living Apartments, Senior Community Services Employment Program, Counseling, Parenting Classes, Anger Management.

**Phone Number: 618-213-8700**

<https://caritasfamilysolutions.org/>

### **Department of Children & Family Services**

1809 W. McCord, Centralia, IL 62801

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission. The Illinois Department of Children and Family Services (DCFS) provides different early care and education programs as part of the child welfare service system. DCFS helps families with substantiated findings of child abuse or neglect through the Intact Family Services program. The program works with families to address issues of safety and enable families to stay together in their own home. DCFS provides additional support for children ages 0-5 through three main programs: The Early Childhood project, the School Readiness Unit, and the Teen Parenting Service Network. The actual services of these programs are delivered through social service agencies in local communities.

**Phone Number: 618-352-6101**

<https://dcfs.illinois.gov/>

**Department of Human Services**

800 S Locust St., Centralia, IL

Can help you meet basic needs, cope with illness, emergencies, or other challenges. Can help you get Illinois Link Card, Cash, Medical Programs, Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Women, Infants and Children (WIC). Emergency services like housing assistance and food.

**Phone Number:** 618-532-1966<https://www.dhs.state.il.us/page.aspx?>**Equipping the Called**

850 Vandalia Street, Ste. 310 &amp; 320, Collinsville, IL

Services: foster & crisis closet provides new/gently used, current styled clothing, undies, diapers and toiletries for foster families in Southern Illinois. Email: [info@equippingthecalled.org](mailto:info@equippingthecalled.org)

**Phone Number:** 618-529-5888<https://equippingthecalled.org>**Heartlinks Grief Center**

5110 West Main, Belleville IL

Information: Monthly grief support for kids, teens, and adults. Meetings are typically held at 6:30 p.m. on the first Monday of every month (subject to change based on holidays - check our newsletter and the Heartlinks Facebook website for confirmed dates) at the Heartlinks Grief Center in Belleville.

**Phone Number:** 618-277-1800[www.myheartlinks.com](http://www.myheartlinks.com)**PC's for People**

100 Florida Avenue, Belleville, IL

Services: a non-profit working to get low cost quality computers and internet into homes of individuals, families and non-profits with low income.

**Phone Number:** 618-215-3787<https://www.pcsforpeople.org/eligibility>**Safelink Phone**

*Information:* The Safelink/Lifeline program is available to eligible consumers in selected states and territories. Actual requirements vary by state, but in general to qualify for Lifeline, subscribers must either have an income that is at or below 135% of the federal Poverty Guidelines or participate in one of the following assistance programs: Medicaid, Supplemental Nutrition Assistance Program (SNAP) Food Stamps, Supplemental Security Income (SSI), Federal Public Housing Assistance (Section 8), Veterans and Survivors Pension Benefit. Can apply online at: <https://www.safelinkwireless.com/en/#!/newHome>

**Phone Number:** 1-800-723-3546**Salvation Army**

906 B Tower Square, Marion, IL

Information: Provides food, shelter, clothing, and financial assistance resources for children, adults, and their families. Services include food distribution, disaster relief, rehabilitation centers, anti-human trafficking efforts, and a wealth of children's programs.

**Phone Number:** 618-997-9355[www.salvationarmyusa.org](http://www.salvationarmyusa.org)**Sexual Assault & Family Emergencies (SAFE)**

Satellite Office: 276 N. Main Street, Breese, IL, Referrals go through their main office in Vandalia.

<https://safecrisiscenter.org/>

Therapy and prevention education; provides services related to sexual assault or abuse; prevention programs cover internet safety, bullying dating relationships.

**Phone Number:** 618-283-1414**Sleep in Heavenly Peace**

PO Box 641, Salem, IL

*Information:* dedicated to building, assembling and delivering top-notch bunk beds to children and families in need.

Application process online at: [www.shpbeds.org](http://www.shpbeds.org) <https://shpbeds.org/chapter/il-salem/> <https://www.facebook.com/SHPSalem>

**Phone Number:** 618-581-4275[kevin.rakers@shpbeds.org](mailto:kevin.rakers@shpbeds.org)**Social Security Administration**

Room 103 Federal Building

501 Belle, Alton IL 62002

**Phone Number:** 855-285-6006

Phone Number: 618-463-6568

<https://www.ssa.gov>**The Restore Network**

3993 Fosterburg Road, Alton, IL 62002

*Information:* faith-based group helping families and foster kids with what they need to heal from trauma. As a foster family, you will receive trauma-informed training and practical, ongoing support as you open your door to a child. We can help with meals, clothes, beds, car seats, ongoing advocacy, prayers and support that continue as long as the child is there.

**Phone Number:** 1-618-258-7244<https://therestorenetwork.org/>

## **Counseling & Mental Health Services:**

**988** – Dial this number for free and confidential support for anyone with mental health worries or dealing with a mental health crisis. Resources can be provided to local supports. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org.

### **Branch of Hope Ministry**

951 Fairfax, Carlyle, IL

Offers affordable rates in marriage, family, youth, individual and addiction recovery along with anger management and intervention assistance.

**Phone Number:** 618-226-3326

<https://branchofhopeministry.com/>

### **CARES Line**

Information: If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

**Phone Number:** 800-345-9049

### **Chestnut Health Systems**

50 Northgate Industrial Drive

Granite City, IL 62040

Provided Services: Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatients, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Chestnut Primary Phone: 618-877-4420

Crisis After Hours: 618-877-0316

[www.chestnut.org](http://www.chestnut.org)

### **Community Resource Center**

580 8th Street Carlyle, IL

24 hr crisis hotline, substance abuse counseling, DUI service, psychiatric services, case management and residential living,

Offices in: Centralia (Main Office): 904 E. MLK Drive, Ph#618-533-1391; Salem: 315 Westgate Avenue, Ph#618-548-2181;

Carlyle: 580 Eighth Street, Ph#618-594-4581; Vandalia: 421 W. Main, Ph#618-283-4229

**Phone Number:** 618-594-4581

[www.crconline.info](http://www.crconline.info)

### **Comprehensive Behavioral Health Center**

[www.cbhc1.org](http://www.cbhc1.org)

Services include: Therapy & Transitional Services, Parenting Classes, Linkage & Hospitalization Aftercare, Residential Services, Specialized Children Services, Consultation/Education to Community, Crisis Intervention, Substance Abuse Treatment Services, Project for Assistance in Transition from Homelessness (PATH), Case Management Services, Opiate Treatment Services, Adult Re-Deploy.

**Phone Number:** 618-482-7330

### **Coping 4 Kids, Coping 4 Life**, 900 N. Walnut Street, Breese, IL, Ph# 618-830-5312, [www.coping4life.com](http://www.coping4life.com)

Individual and family counseling. Fees are based on income. Outreach services include workshops/trainings, basic life needs (food, clothing, school supplies, and household donations) and community services (prom clothing, Thanksgiving baskets, Christmas gifts).

### **Creative Solutions Counseling**

9515 Holy Cross Lane, Suite 105, Breese, IL

**Phone Number:** 618-980-5028

Contact: Lucy Schrage, LCPC, ATR-BC

### **Gateway Regional Medical Center**

2100 Madison Ave. Granite City, IL 62040

<https://gatewayregional.net/>

Provided Services: Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others. Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is "all-inclusive program" The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information please call our IOP line.

**24/7 Intake Hotline Phone:** 618-798-3888

IOP (Intensive Outpatient Program): 618-798-8155

IOP Open: Monday – Friday 9am-5pm

### **Heartlinks Grief Center**

5110 West Main, Belleville, IL

A program of Family Hospice, assists grieving children, individuals, families, and groups through individual and family counseling, peer support groups, and other supportive community programs regardless of ability to pay.

**Phone Number:** 618-277-1800

[www.myheartlinks.com](http://www.myheartlinks.com)

### **HSHS St. Joseph's Senior Renewal**

HealthPlex, 14160 Jamestown Rd., Breese

Information: gives you the flexibility of receiving care for emotional issues, including depression, anxiety, and "nerves", while living at home. An individualized plan of care is developed to treat your unique needs.

**Phone Number:** 618-526-5699

### **Lincoln Prairie Behavioral Health**

5230 S. Sixth Street Rd., Springfield, IL

Information: Inpatient and outpatient counseling options for children aged 3 to 17.

**Phone Number:** 217-585-1180

<https://lincolnpairiebhc.com/>

**National Alliance on Mental Illness Southwestern Illinois (NAMI)****Phone Number:** 618-798-9788

2100 Madison Ave., 4th Floor, Granite City, IL <https://namiswi.org/about-nami-southwestern-illinois/contact/Information>: Providing Recovery Support Groups & Family Support meetings for family member, significant others, and/or friends. Serving Bond, Clinton, Macoupin, Madison, Randolph, and St Clair

**National Suicide Prevention Lifeline****Phone Number:** 1-800-273-8255

Provides 24/7, free, and confidential support for people in distress and prevention and crisis resources for you or your loved ones.

**RCORP at Centerstone**

2615 Edwards Street Alton, Illinois 62002

Information: Offers mental health services via telehealth for children and their families plus case management services to help people in services connect with resources like housing, healthcare, education, food, and more. Clients enrolled in RCORP services can also potentially access Centerstone services in our other programs. A program for families living with SUD, in recovery, also working with people to prevent the use of substances to cope with existing mental health challenges. Serving: Bond, Calhoun, Clinton, Greene, Franklin, Macoupin, Montgomery, Perry, Saline, Union.

**Phone:** 1.877.HOPE123 (877.467.3123), ext. 1847<https://centerstone.org/>**Shine Conscious Consulting & Counseling**

1A Woodcrest Professional Park, Highland, IL

**Phone Number:** 618-420-8771

Cassie Korte, LCPC

**Solutions for Wellness**

110 N. Main Street, Breese, IL

**Phone Number:** 618-322-6424Chris Diesen [www.solutions4wellness.com](http://www.solutions4wellness.com)**Domestic Violence****Amy Schulz Child Advocacy Center**

500 Fairfield Road, Mt. Vernon, IL

Information: Child sexual abuse advocacy.

**Phone Number:** 618-244-2100[www.amycenter.mvn.net](http://www.amycenter.mvn.net)**Eden's Glory/Foster Kairos**

PO BOX 164 Maryville, IL 62062

214 N. 3<sup>rd</sup> Street, Greenville, IL 62246

Information: A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God. Our two-year treatment program for adult female survivors of human trafficking ages 18-45 is designed to treat each aspect of a survivor's health—physical, mental, emotional, spiritual and relational—to fully support her on her journey to holistic recovery. Foster Kairos serves minors between the ages of 5-17 who have experienced trauma or who have been trafficked.

**Phone Number:** 314-312-3539Email: [healing@edensglory.org](mailto:healing@edensglory.org)**Group Interventions**

Private Street Address St. Jacob, IL 62281

Batterer Intervention Resources, Partner Abuse Intervention, Individual Counseling, Prevention

Serves: Bond, Clinton, Jersey, Madison, and St. Clair Counties

**Phone Number:** 618.644.4103**Illinois Crime Victims Compensation Act:**

Through this program victims or survivors of crime (domestic violence, sexual assault & abuse, murder, involuntary manslaughter/reckless homicide, kidnapping, exploitation of a child, assault/battery, arson, driving under the influence, stalking) are able to receive compensation for hospital and doctor bills, rehabilitation, loss of wages and tuition, and funeral/burial expenses when other sources of funding have been exhausted. For more information, contact the Office of the Secretary of State, #217-782-7101 or #312-814-5010, [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com) or the Office of the Attorney General, #800-228-3368, [www.IllinoisAttorneyGeneral.gov](http://www.IllinoisAttorneyGeneral.gov).

**National Domestic Violence Hotline**

Information: Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7/365.

**Phone Number:** 1-800-799-SAFE (7233)**National Domestic Violence Hotline (RAINN)**

The nation's largest organization fighting sexual violence. Also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice. Available 24/7 for survivors who need support. [www.rainn.org](http://www.rainn.org)

**Phone Number:** 1-800-656-4673**National Teen Dating Violence Hotline/loveisrespect**Text "loveis" to 22522 Secure online chat: [loveisrespect.org](http://loveisrespect.org) [www.loveisrespect.org](http://www.loveisrespect.org)

Information: Love is more than the way you feel. Have questions about your relationship? We're here to help. Provides confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating

**Phone Number:** 1-866-331-9474



abuse in the U.S.

### **Oasis Women's Center**

111 Market St., Alton, IL 62002

*Information:* Our mission is to provide emergency shelter and supportive services to victims of domestic violence.

**Phone Number:** 618-465-1978

[www.oasisshelter.org](http://www.oasisshelter.org)

### **Phoenix Crisis Center**

Granite City, IL

*Information:* If you need shelter, referrals, safety planning or simply want to talk to one of their trained domestic violence counselors please call.

**Phone Number:** 618-451-1008

### **Prevent Child Abuse Illinois**

[www.preventchildabuseillinois.org](http://www.preventchildabuseillinois.org)

*Information:* PCA Illinois provides key leadership for child abuse prevention in Illinois. PAC Illinois is actively involved in prevention education and public awareness, community outreach, public policy advocacy, and promotion of effective prevention programs.

**Phone Number:** 217-522-1129

### **Sexual Assault and Family Emergencies (SAFE)**

1410 Sunset Drive, Suite G, Vandalia, IL 62471

*Information:* SAFE offers free, confidential sexual assault counseling and advocacy services for survivors and their support systems as well as sexual abuse prevention education for the community.

**Phone Number:** 800-625-1414

<https://www.safecrisiscenter.org/>

### **Stopping Woman Abuse Now (SWAN)**

Multiple locations: 200 West Johnson Street, Vandalia, IL 62471; Olney, IL; **Hotline:** 888-715-6260

*Information:* survivor resources; batterer intervention resources, DV Advocacy Services, elder abuse, homeless, partner abuse intervention, program services, children's services, financial assistance (rent, utilities, security deposit), individual counseling, legal advocacy-OP, medical advocacy, on-site shelter, support groups, transitional housing. Serves Clay, Clinton, Crawford, Edwards, Effingham, Fayette, Gallatin, Hamilton, Jasper, Jefferson, Lawrence, Marion, Richland, Wabash, Washington, Wayne, and White counties.

**Phone Number:** 618-283-9179

### **TigerLili**

[www.tigerliliresources.org](http://www.tigerliliresources.org)

The House of Rahab is an emergency placement safe home for adult females who have been sexually exploited or trafficked. 100% free to participants. Based in Illinois near St. Louis.

**Phone Number:** 636-219-9545

### **Violence Prevention Center Southwestern Illinois**

PO Box 831, Belleville, IL 62222

*Information:* Provides counseling and advocacy services; has a Shelter Shop selling pre-owned clothing, furniture and household items in good condition; shelter for women and their dependent children fleeing abusive relationships; prevention and education services; Peace Place offering individual and group counseling services to children 5-17 years of age.

**Phone Number:** 618-236-2531

[www.vpcswi.org](http://www.vpcswi.org)

## **Education & Training**

### **Autism Society of Southern Illinois**

PO Box 2621, Carbondale, IL

*Services:* we create connections, empowering everyone in the Autism community with the resources needed to live fully.

**Phone Number:** 314-690-3855

<https://autismsocietysi.org>

### **BlueSprig (Autism Service)**

343 Fountains Pkwy., Ste.201, Fairview Hts., IL 62208

*Services:* provides compassionate, individualized care in the environment that is best suited to your child's needs. Provides Applied Behavior Analysis (ABA) therapy services for children of different ages and levels, in various settings and at convenient hours.

**Phone Number:** 618-515-1441

<https://www.bluesprigautism.com>

### **Brightpoint-Formally Children's Home and Aid**

120 East A Street, Belleville, IL (Granite City office: 618.452.8900; Alton office: 618.462.2714)

*Information:* Serves Macoupin, Greene, Jersey, Calhoun, Montgomery, Bond, Madison, St. Clair Counties. Serves youth aged 11-23 and their families throughout the Metro East Area. Provides: Individual and family counseling, solutions to parent/child conflict, referrals and connections to additional resources, advocacy in school, court, community, employment and educational services, life-skills training to support independence, assistance with basic needs.

**Phone Number:** 618.463.6880

**Center for Autism and Related Disorders**

634 N. Main St., Ste. 4, O'Fallon, IL

Services: ABA therapy, offers clinic, home, community and telehealth based services, based around the individualized recommendation.

**Phone Number:** 618-726-5870<https://www.beaminghealth.com>**Center for Autism Spectrum Disorders-SIU**

625 Wham Drive, Carbondale, IL

Services: a multi-disciplinary research and training center that provides high quality leadership in the study of autism spectrum disorders. Services include autism screening and diagnostics and clinical services

**Phone Number:** 618-453-7130[www.casd.siu.edu](http://www.casd.siu.edu)**Child & Family Connections**

660 W. Noleman St., Centralia, IL

*Information:* program that provides supports and services for families with infants and toddlers from birth to 36 months with developmental delays or disabilities or who are at risk for developmental delays. The primary goal of EI is to support families in promoting their child's optimal development and to facilitate the child's participation in family and community activities. EI is voluntary and it is up to the family to decide whether they want to participate in the program. Early intervention services are designed to meet needs in the following areas of development: Physical (how your baby moves and explores), Cognitive (how your baby learns), Communication (how your baby lets you know what he needs), Social and emotional (how your baby engages with you and shows feelings), Adaptive (how your baby uses new skills). To learn more about getting your child evaluated, call their office.**Phone Number:** 618-532-4919<https://providerconnections.org/cfc/>**Early CHOICES:**

2900 Ogden Avenue, Lisle, IL 60532

*Information:* The Early CHOICES inclusion initiative promotes increasing high quality inclusive early care and education for each and every child birth to age 5. Our goal is to increase the number of children with disabilities receiving specialized services in regular early care and education settings. Early CHOICES will accomplish this through: providing technical assistance and facilitating professional learning for teams that support children and families; engaging and empowering families to access resources and information; collaborating with other Illinois early care and education entities.**Phone Number:** 630-889-7390[Inclusion@eclre.org](mailto:Inclusion@eclre.org) [www.eclre.org](http://www.eclre.org)**FAFSA***Information:* Any student, regardless of income, who wants to be considered for federal, state, and school financial aid programs. Colleges and career schools use the FAFSA form to determine how much financial aid you're eligible to receive, which could include grants, scholarships, work-study funds, and loans. You must apply for aid every year. It takes most people less than one hour to fill out the FAFSA form, including gathering any personal documents and financial information needed to complete it.<https://studentaid.gov/h/apply-for-aid/fafsa>**Family Matters Parent Training & Information Center**

1901 S. 4th St., Ste. 209, Effingham, IL 62401

*Information:* If your child receives special education services or an accommodation plan or is in need of such services, Family Matters Parent Training and Information Center (FMPTIC) can help. We assist parents of children with disabilities to be informed participants in the special education process. We assist students with disabilities to understand their rights and responsibilities. We supply information to teachers and other professionals who provide special education and related services to children with disabilities. School Year Hours: 8:00 am to 4:30 pm - Tuesday, Thursday and Friday; 8:00 am to 6:30 pm - Monday and Wednesday Summer Hours: 8:00 am to 4:30 pm - Monday, Wednesday, Thursday, and Friday**Phone Number:** 1-866-436-7842<https://www.fmptic.org/>**Illinois Center for Autism**

548 South Ruby Lane, Fairview Hts., IL 62208

*Information:* The Illinois Center for Autism (ICA) is a not-for-profit, community-based, mental health treatment, and educational agency dedicated to serving people with autism spectrum disorder (ASD). Referrals are made through local school districts, hospitals, doctors, and the Department of Human Services. Our goal is to educate and serve children and adults with autism to help them achieve their highest level of independence in their home, school, and community. We offer a variety of programs designed to help individuals from 3 years old to adulthood. If you have questions or are in need of resources, we would love to speak with you.**Phone Number:** 618-398-7500<https://illinoiscenterforautism.org/>**Kaskaskia College Disability Support Services**Contact: Sanra Beabuhr, [sneabuhr@kaskaskia.edu](mailto:sneabuhr@kaskaskia.edu)

Provides adaptive support for students with disabilities.

**Phone Number:** 618-545-3157**Kaskaskia Special Education Services**

224 S. Locust St., Centralia, IL

*Information:* provides Occupational/Physical/Speech therapies, social workers, and itinerant services to schools in districts; school psychologists provide Individual Education Plans (IEP's) and Section 504 plans for students. Request an evaluation through your local school district.**Phone Number:** 618-532-4721<https://www.ksed801.com/>**Opportunities for Access**

4206 Williamson Place, Suite 3, Mt. Vernon, IL

Information: help for those with developmental disabilities.

**Phone Number:** 618-244-9212 x108[www.ofacil.org](http://www.ofacil.org)



## **Regional Office of Education #13**

930 B. Fairfax, Carlyle, IL

*Information:* provides regulatory services as outlined in the Illinois School Code. Services include, but aren't limited to: inspect and approve the recognition of public schools annually; provide alternative education for at-risk students; provide professional growth opportunities; enforce truancy laws; ensure proper licensure of teachers and administrators; issue GED transcripts and diplomas

**Phone Number:** 618-594-2432

<https://roe13.org/>

## **Schools in Clinton County:**

**Albers:** Albers Elementary SD #63, 206 N. Broadway <http://alberscougars.com/>

**Aviston:** Aviston Elementary SD #21, 350 Hull Street <https://www.avistonk-8.org/>

**Bartelso:** Bartelso Elementary SD #57, 306 S. Washington <https://www.bartelsobrades.com/>

**Beckemeyer:** see Breese SD #12 <https://www.d12bobcats.org/>

**Breese:**

All Saints Academy 295 N. Clinton Street <https://www.asasaints.com/>

Breese Elementary SD #12, 777 Memorial Drive <https://www.d12bobcats.org/>

Central Community High School, 7740 Old US Hwy 50 <https://www.centralcougars.org/>

Mater Dei High School 900 N. Mater Dei Drive <https://www.materdeiknights.org/>

**Carlyle:** <https://www.carlyle.k12.il.us/>

Carlyle Elementary School, 951 6<sup>th</sup> Street

Carlyle Junior High School 1631 12<sup>th</sup> Street

Carlyle High School, 1461 12<sup>th</sup> Street

**Centralia:**

Christ our Rock Lutheran High School, 9545 Shattuc Road <https://www.corstallions.org/>

Kaskaskia College, 27210 College Road <https://www.kaskaskia.edu/>

North Wamac Elementary School, 1500 Case Street <https://northwamac.com/>

Willow Grove Elementary SD #46, 815 W. 7<sup>th</sup> Street [www.willowgroveschool.com](http://www.willowgroveschool.com)

**Damiansville:** Damiansville Elementary SD #62, 101 E. Main Street <https://dville62.com/>

**Germantown:** Germantown Elementary SD #60, <https://www.ges60.org/>

**Hoffman:** Trinity Lutheran Grade School, 8701 Huey Rd. <https://sites.google.com/trinityhoffman.org/trinitylutheran/school>

**New Baden:** New Baden Elementary, 700 E. Marilyn Drive <https://www.wesclin.org/vnews/display.v/SEC/New%20Baden%20Elem>

**St. Rose:** St. Rose Elementary SD 14-15, 18004 St. Rose Road <https://www.strosedistrict14-15.com/>

**Trenton:** [www.wesclin.org](http://www.wesclin.org)

Trenton Elementary School, 308 N. Washington <https://www.wesclin.org/vnews/display.v/SEC/Trenton%20Elem?template=m>

Wesclin Junior High School, 10003 State Rt. 160 <https://www.wesclin.org/vnews/display.v/SEC/Middle%20School>

Wesclin High School, 699 Wesclin Road <https://www.wesclin.org/vnews/display.v/SEC/High%20School>

## **Southern Illinois Case Coordination Services**

325 S. Poplar, Centralia, IL

*Information:* is a not-for-profit, independent service coordination agency providing Pre-Admission Screening and Service Coordination to all eligible individuals who have a developmental disability. Provide information, assessment & referral regarding developmental disabilities; apply to be on the PUNS list; if pulled, can get Personal Support Workers to help with your child and other services. More info on PUNS: <https://www.dhs.state.il.us/page.aspx?item=41131>

**Phone Number:** 800-828-7422

<http://www.siccs.org/>

## **StarNet Region IV**

% St. Clair County Regional Office of Education

1000 South Main Street, Belleville, IL 62220

*Information:* STAR NET's mission is to promote evidence-based, inclusive practices for young children with disabilities; professional development to support educators and families; meaningful child outcomes through innovative and engaging learning experiences.

**Phone Number:** 618-825-3969

Sherri Kraus, Family Resource Specialist

[www.starnet.org](http://www.starnet.org)

## **The Arc of Illinois**

9980 190th Street, Suite C

Mokena, IL 60448

*Information:* Advocates for people with intellectual and developmental disabilities, families and community organizations to ensure that people with disabilities can live, work, learn, and play in communities across the state. The Arc offers resources and information, supports families in their individual advocacy efforts and trains and educates people with disabilities, families and professionals among other things.

**Phone Number:** 815-464-1832

<https://www.thearcofil.org/what-we-do/>

## **The Archwell Foundation/The Parent's Network**

<https://archwell.org/theparentsnetwork/about/>

Info: a support network for other parents and caregivers whose children and families have been gravely impacted by social media harms. You can: Connect with fellow parents navigating similar experiences in small, peer-led groups; Attend monthly learning spaces, led by experts and peers in relevant fields; Connect to a virtual community, where stories, resources, and ideas are shared with fellow parents; Learn about ongoing resources and advocacy opportunities.

### **The Autism Program of Illinois (TAP)**

5220 S. 6th Street, Suite 2300B, Springfield IL 62703

Information: Supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best practices.

**Phone Number:** 217-953-0894 ext. 30477

[www.tap-illinois.org](http://www.tap-illinois.org)

## **Emergency Assistance/Disaster Services:**

### **American Red Cross Services**

1045 Outer Park Dr., Springfield, IL 62704

Information: Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families.

**Phone Number:** 217-787-7602

[www.redcross.org](http://www.redcross.org)

### **Clinton County Emergency Management**

431 21st St., PO Box 403, Carlyle, IL 62331

<https://clintonco.illinois.gov/county-offices/emergency-management-ema/>

Information: WHERE TO TUNE DURING AN EMERGENCY, FM Radio:

WCXO 96.7 FM Carlyle

WDLJ 97.5 FM Carlyle

WRXX 95.3 FM Centralia

WGEL 101.7 FM Greenville

WNSV 104.7 FM Nashville

**Phone Number:** 618-594-4455

## **Employment Opportunity Links/Services:**

<https://illinoisjoblink.illinois.gov/>

<https://www.illinoisworknet.com/>

<https://www.facebook.com/MCETD>

<https://work4.illinois.gov>

Illinois Department of Employment Services (IDES), <http://www.ides.illinois.gov> Is your background holding you back? Ask for help with the Re-Entry Employment Service Program, #800-244-5631.

### **IL DRS Employment Services**

601 South High St Belleville, IL 62220

Information: provides businesses with sustainable, no-cost and low cost strategies to recruit, train, and retain the skilled workforce needed to thrive. Your partnership with DRS gives you access to qualified vocational rehabilitation professionals. They can provide job analysis, job coaches, training, and job accommodations/technical assistance.

**Phone Number:** 618-235-5300

<https://www.dhs.state.il.us/page.aspx?item=52224>

### **Job Corps**

Information: Whether you're searching for a new career, finishing your high school diploma or exploring your options, Job Corps can provide you with FREE training to jump-start your future. For 16 through 24 years old, low-income individuals.

[www.jobcorps.gov](http://www.jobcorps.gov)

### **MERS Goodwill/Employment Services**

5720 N. Belt West, Suite 44, Belleville, IL 62226

Information: Provides employment services to persons with barriers to employment. Services include job readiness training, career assessments, job development, placement, and retention services.

**Phone Number:** 618-257-1080

[www.mersgoodwill.org](http://www.mersgoodwill.org)

## **Faith-Based Supports**

### **Churches in Clinton County:**

#### Albers:

St. Bernard Catholic Church, 202 N. Broadway <https://www.stbernardandstdamian.org/>

#### Aviston:

St. Francis of Assisi Catholic Church, 251 S. Clinton Street <https://www.stfrancisav.org/>

#### Bartelso:

St. Cecilia Catholic Church, 304 S. Washington Street <https://www.facebook.com/profile.php?id=100076116622767>

#### Beaver Prairie:

St. Felicitas Catholic Church, 13322 Church Rd, Carlyle <https://www.facebook.com/stfelicitasbeaverprairie/>

#### Beckemeyer:

St. Anthony Catholic Church, 451 W. 3<sup>rd</sup> Street <https://stanthonybeckemeyer.org/>

#### Breese:

Breese Community Church, 8804 Old US Hwy 50 <https://www.breesecommunitychurch.com/>

Faith Baptist Church, 9724 Holy Cross Lane <https://www.facebook.com/faithbreese/>

St. Augustine Catholic Church, 525 S. 3<sup>rd</sup> Street <https://saintaugustinebreese.org/>

St. Dominic Catholic Church, 493 N. 2<sup>nd</sup> Street <https://saintdominicbreese.org/>  
St. John's United Church of Christ, 200 N. Main Street <https://www.facebook.com/stjohnsucc.breese/>

#### Carlyle:

Carlyle Christian Church, 1025 Lake Road <https://carlylechristian.org/>  
First Assembly of God, 1890 Franklin Street <http://www.carlyle1ag.org/>  
First Baptist Church, 650 Franklin Street <https://www.facebook.com/firstbaptistchurchofcarlyle/>  
First United Methodist Church, 751 Franklin Street <https://www.carlylefumc.org/>  
Holy Garden of Prayer, 430 21<sup>st</sup> Street <https://www.facebook.com/HolyGardenOfPrayer/>  
Immanuel United Church of Christ, 1970 Clinton Street <https://www.facebook.com/carlyleucc/>  
Jehovah's Witnesses, 12808 Slant Road  
Life Church, 16580 Old State Road <https://www.lifechurchcarlyle.com/>  
Messiah Lutheran Church, 1091 13<sup>th</sup> Street <https://www.facebook.com/profile.php?id=100066665154470>  
St. Mary Catholic Church, 1171 Jefferson Street <https://stmarycarlyle.org/>

#### Damiansville:

St. Damian Catholic Church, 1 West Main Street <https://www.stbernardandstdamian.org/>

#### Ferrin:

Bethlehem Lutheran Church & Preschool, 12903 Clara Street <https://www.bethlehemlutheranferrin.org/>

#### Germantown:

St. Boniface Catholic Church, 306 Munster Street <https://www.stbonifacechurch.net/>

#### Hoffman:

Trinity Lutheran Church, 8700 Huey Road <https://www.facebook.com/profile.php?id=100064456249156>

#### Marydale:

St. Teresa of Avila Catholic Church, 18021 Marydale Road <https://www.facebook.com/MarydaleStTeresa/>

#### New Baden:

First Baptist Church, 8307 State Rt. 160 <https://firstbaptistofnewbaden.org/welcome>  
St. George Catholic Church, 200 N. 3<sup>rd</sup> Street <https://www.stgeorgenewbaden.org/>  
United Methodist Church, 107 W. Hanover Street <https://www.newbadenumc.org/>  
Zion United Church of Christ, 414 W. Hanover Street <https://www.zionuccnb.net/>

#### New Memphis:

St. Peter Lutheran Church, 153 E. Church Street

#### St. Rose:

St. Rose Catholic Church, 18010 Saint Rose Road <https://www.strosechurchil.com/>

#### Trenton:

First United Methodist Church, 3324 Old US Hwy. 50 <https://trentonfumc.com/>  
Grace Community Baptist Church, 1 W. 4<sup>th</sup> Street <https://www.facebook.com/Official.Grace.Community.Baptist.Church/>  
New Life Christian Church, 555 N. Monroe <https://www.facebook.com/NewLifeChristCenter/>  
St. John's United Church of Christ, 21 N. Walnut Street <https://stjohnucctrenton.org/>  
St. Mary Catholic Church, 215 W. Kentucky Street <https://www.stmarytrenton.com/>  
West Gate Baptist Church, 843 W. Broadway <https://www.westgatebc.com/>

## **Financial Assistance/Income Supports** (call and see if they can help you with \$\$)

### **Carlyle Ministerial Alliance** (Reach out to the Pastor at one of these churches with your ask)

Life Church, Jason McIntosh, #(618) 594-2200  
St. Mary's Catholic Church, Father George Mauck, #(618) 594-2225  
Carlyle Christian Church, Josh Wolford, #(618) 594-3489  
First Baptist Church, Scott Broughton, #(618) 594-3223

### **The Low Income Home Energy Assistance Program (LIHEAP):**

Helps keep families safe and healthy through initiatives that assist families with energy costs. LIHEAP provides federally funded assistance to manage home energy bills, energy crises, weatherization, and energy-related minor home repairs. The program helps you keep warm in the winter and cool in the summer reducing the risks to health and safety that arise from poor heating and cooling practices. Apply at your local BCMW office.

### **TANF (Temporary Assistance for Needy Families):** <https://www.dhs.state.il.us/page.aspx?item=30358>

Apply at local DHS office or online at above email address. Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

## **Food Pantries/Blessing Boxes**

### **Blessing Boxes** (small outdoor boxes containing some dry goods/canned food items):

Breese Activity Center (NW corner of building), 419 S. Clinton, Breese, IL

## **Centralia Mobile Market**

Fairview Park, 1035 W. McCord, Centralia, IL,  
First come, first served. Distribution begins at 1pm.

1pm, Second Thursday of each month.

## **House of Manna Food Pantry**

480 South Fourth Street Breese, IL

*Information:* Must be first approved by BCMW (618) 526-7123. Food pantry serves Beckemeyer, Breese, St. Rose and Breese School Districts. Nonperishables only. Blessing Box outside facility for emergency food needs. Take what you need; leave what you can.

**Phone Number:** 618-526-7123

Mondays 6-6:30pm

## **Matthew 25 Ecumenical Food Pantry**

Hwy. 127/Clinton St. in St. Mary Church School parking lot

*Information:* Anyone who resides in Clinton County and meets requirements may obtain food one time per month. Also provides a drive thru distribution, usually on the 3<sup>rd</sup> Monday of every month at the Emmanuel United Church of Christ at 19<sup>th</sup> and Clinton Streets. Arrive by 9am and line-up in car.

**Phone Number:** 618-594-3223

Wednesdays from 9am-11am

## **St. Vincent DePaul Food Pantry**

602 Church Street, Germantown, IL

Serves residents of Damiansville, Albers, Aviston, Germantown, and Bartelso.

**Phone Number:** 618-523-4260 (Shirley Eversgerd)

or 618-363-6588 (John Feldmann) if you need help

Mondays from 10:30am-1pm.

## **Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps)**

Helps low-income individuals and families buy the food they need for good health. Participants are provided with an electronic card that is accepted at most grocery stores. The Department of Human Services (IDHS) administers the program in Illinois. Most households with low income can get SNAP benefits. Eligibility is based on income and expenses as well as the number of people living and eating together. The rules are complex, so visit IDHS Supplemental Nutrition Assistance Program (SNAP) for more information on eligibility and enrollment in the program. <https://www.dhs.state.il.us/page.aspx?item=30357>

## **Westgate Baptist Church, Greenbean Food Pantry**

843 West Broadway, Trenton, IL

*Information:* Wednesdays from 6-7pm, for Trenton residents. Once a month the pantry hosts a food truck from Feeding America that is available for all on the second Tuesday of every month. <https://www.westgatebc.com/green-bean-food-pantry>

**Phone Number:** Ph# 618-224-7581

## **WIC (Women, Infants, Children)**

% Clinton County Health Department

930 Fairfax St., Carlyle, IL

*Information:* WIC is a food assistance program for Women, Infants, and Children. The program provides information about nutrition, health, and breastfeeding. It helps in finding health care and other services in your area. WIC also provides families in need with assistance purchasing healthy foods. Program for pregnant, breastfeeding or postpartum women, their infants, children up to age 5, and their families.

**Phone Number:** 618-594-2723

Mon-Fri, 8:30am-4:00pm

## **Zion United Church of Christ**

414 West Hanover Street, New Baden, IL

*Information:* As a collaborative effort to provide for those in need, in conjunction with New Baden United Methodist Church and St. George Catholic Church, Zion United Church of Christ is home to the New Baden Food Pantry. The New Baden Food Pantry serves both residents of New Baden as well as New Memphis. Non-residents may be given permission to use the pantry under special circumstances. The application process is simple and the only requirements are identification and proof of residency. Acceptable forms of proof of residency include utility bills (such as water/sewer and electric) or a lease agreement. The New Baden Food Pantry is accessible Monday through Friday from 9am until 3pm. If you have any questions please contact the church.

**Phone Number:** 618-588-4135

<https://www.zionucnb.net/new-page-2>

## **Health & Wellness:**

### **Chestnut Health Systems**

50 Northgate Industrial Drive

Granite City, IL 62040

Provided Services: Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatients, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

**Phone Number:** 618-877-4420

Crisis After Hours: 618-877-0316

[www.chestnut.org](http://www.chestnut.org)

### **Chiropractors:**

Alternative Solutions, 4989 Old. US Hwy. 50, Aviston, IL, Ph#618-228-7722, <https://alternativesolutions.janeapp.com/>

Integrated Medical Group, 2111 W. Lake Dr., Carlyle, IL, Ph#618-594-4500, [www.drthayer.com](http://www.drthayer.com)

Med-Plus Physical Medicine, 18209 Eula May Pkwy, Carlyle, IL, Ph#618-594-3671, [www.medplusplus.com](http://www.medplusplus.com)

New Baden Chiropractic Center, 701 E. Hanover, New Baden, IL, Ph#618-588-9355, <https://www.facebook.com/people/New-Baden-Chiropractic-Center/100063842019200>

Smith Chiropractic Clinic, 14015 Jamestown Rd., Breese, IL, Ph#618-526-7732, [www.doctormarc.com](http://www.doctormarc.com)

Revermann Chiropractic, 397 N. Plum St., Breese, IL, Ph#618-526-4700, [www.revermannchiropractic.com](http://www.revermannchiropractic.com)  
Trenton Chiropractic, 206 W. Broadway, Trenton, IL, Ph#618-224-9118, [www.getmepainfree.com](http://www.getmepainfree.com)  
Well Adjusted Chiropractic, 111 E. Hanover St., New Baden, IL, Ph#618-588-9355

### **Clinton County Health Department**

930 Fairfax St., Carlyle, IL

*Information:* Immunizations; lab services; Women's, Infants & Children's (WIC) Program. WIC is a supplemental food program for women, infants and children who are eligible. The program serves pregnant women, new mothers, infants and children up to the age of five (5). WIC provides nutritious foods.

**Phone Number:** 618-594-2723

<https://clintoncountyhealth.com/>

### **Dentists**

Bethel Buerk/Jeneana Deaiber, 20 S. Main Street, Trenton, IL Ph#618-224-9423

Azar Orthodontics, 14011 Jamestown Rd., Breese, IL, Ph#618-235-3337, <https://azarorthodontics.com/>

Breese Dental Care, 111 N. Main St., Breese, IL, Ph#618-526-2020, <https://breesehighlanddental.com/>

Breese Dental Group, 9437 Holy Cross Lane, Breese, IL, Ph#618-526-4233, <https://www.breese dentalgroup.com/>

First Arrow Dental, 9 N. 1st Street, New Baden, IL, Ph#618-588-3592, <https://www.firstarrowdental.com/>

Franklin Whipps, Orthodontist, 702 Church St., Germantown, IL, Ph#618-523-4204

Hyten Dental, 651 9th Street, Carlyle, IL, Ph#618-594-4288, <https://www.hytendental.com/contact-us>

Ronald Kellough, 702 Church St., Germantown, IL, Ph#618-523-4251, <https://www.ronkelloughdmd.com/>

SIU School of Dental Medicine, 2800 College Ave., Alton, IL, Ph#618-474-7000,

<https://www.siu.edu/dental/patient-clinics/index.shtml>

Wessol Dentistry, 550 8th St., Carlyle, IL, Ph#618-594-3361, <https://www.wessoldental.com/>

### **Doctors:**

AST Primary Care, 12977 Franklin St., Carlyle, IL, Ph#618-227-7229, <https://www.advancedsurgicaltechnology.com/about/locations/>

Deanna DuComb Dermatology, 1210 Jefferson St., Carlyle, Ph#618-594-2454, <http://drducomb.com/>

SHS Medical Group (many doctors at many locations--General, Surgery, Podiatry, and more), <https://www.hshs.org/medical-group/locations>

Right From the Start Pediatrics, 9423 Holy Cross Ln., Breese, IL, Ph#618-526-8850, [www.drморra.com](http://www.drморra.com)

Southern Ob/Gyn & Assoc., 9447 Holy Cross Ln., Breese, IL, Ph#618-526-2209. [www.sogamds.com](http://www.sogamds.com)

### **Eye Doctors/Services**

Breese Family Vision, 289 N. Main, Breese, IL, Ph#618-526-7765, <https://lebanonoptometriccenter.com/>

Clarkson Eyecare, 103 Clintonian Plaza, Breese, IL, Ph#618-526-7447, <https://www.clarksoneyecare.com/locations>

Lions Club-Assistance for eye exams, glasses or hearing aids should be requested through your local Lions Club

Marion Eye Centers, 1950 Franklin, Carlyle, IL, Ph#618-594-2220, <https://www.marioneye.com/>

### **Free or Reduced Healthcare Facilities:**

The U.S. Department of Health and Human Services maintains a list of healthcare facilities nationwide that provide free or reduced care. Find out about local facilities by calling or visiting website [www.hrsa.gov/getthehealthcare/affordable/hillburton](http://www.hrsa.gov/getthehealthcare/affordable/hillburton)

**Phone Number:** 800-638-0742

### **Gateway Regional Medical Center**

2100 Madison Ave.

Granite City, IL 62040

<https://gatewayregional.net/>

24/7 Intake Hotline Phone: 618-798-3888

IOP (Intensive Outpatient Program) Phone: 618-798-8155

IOP Open: Monday – Friday 9am-5pm

*Provided Services:* Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others. Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is "all-inclusive program" The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information please call our IOP line.

### **Health Benefits for Workers with Disabilities**

[www.hbwidillinois.com](http://www.hbwidillinois.com) Working individuals with a disability pay a low monthly premium and receive full medical benefits.

**Phone Number:** 800-226-0768

### **HSHS St. Joseph's Hospital**

9515 Holy Cross Lane, Breese, IL

*Information:* Inpatient and outpatient services; emergent and crisis services; lab/x-ray services; can apply for financial assistance with bills; Wellness Lab Day on Tuesdays, 6:30am-4pm; physical therapy; Senior Renewal program; audiology/speech therapy; dietician; free Narcan Rescue Kits available at ER front desk, no questions asked.

**Phone Number:** 618-526-4511

<https://www.hshs.org/st-josephs-breese>

### **Illinois Breast & Cervical Cancer Program**

% St. Clair County Health Department

19 Public Square, Suite 150, Belleville, IL

**Phone Number:** 618-825-4408

[www.health@co.st-clair.il.us](http://www.health@co.st-clair.il.us)

[www.cancerscreening.illinois.gov](http://www.cancerscreening.illinois.gov)



*Information:* 40-64 years of age (breast cancer screening services); 21-64 years of age for cervical screening services); no income requirements; no insurance, have a deductible, underinsured; inquire to see if you are eligible for FREE office visits, mammograms, Pap smears, HPV testing, and Life Time Risk Assessments.

### **Illinois Dept. of Healthcare and Family Services**

<https://hfs.illinois.gov/>

Information: manage your healthcare benefits, Medicaid renewals, explore child support services, get help to establish paternity.

### **Illinois Healthy Women**

**Phone Number:** 800-226-0768

[www.illinoishealthywomen.com](http://www.illinoishealthywomen.com)

Covers family planning/birth control for Illinois women ages 19-44.

### **Lions of Illinois Foundation**

**Phone Number:** 815-756-5633

700 N. Peace Rd., Suite B., DeKalb, IL

[www.lionsofillinoisfoundation.org](http://www.lionsofillinoisfoundation.org)

Information: Provides services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments. Has a mobile screening unit; can sometimes help with visual and hearing aids/devices costs.

### **Meridian Insurance Find a Provider:**

<https://findaprovider.ilmeridian.com/location>

<https://www.ilmeridian.com>




### **Molina Healthcare Find a Provider:**

<https://www.molinahealthcare.com/members/il/en-us/Pages/home.aspx>

### **Poison Control Center**

**Phone Number:** 1-800-222-1222

Provides trusted information and treatment advice on potentially harmful substances. IPC medical experts include physicians, nurses and pharmacists.

	<b>1</b> In Case of Emergency Call 911 if someone is unconscious or is having difficulty breathing.		<b>2</b> Remain Calm Most poison emergencies can be resolved quickly over the phone.		<b>3</b> Call the Helpline Call 1-800-222-1222 if you are concerned that you or someone else has been exposed to a potentially harmful substance.
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### **Women's Health Helpline**

**Phone Number:** 888-522-1282

Information: Free and confidential resource available to all Illinois women with health related questions.

### **Health Insurance Help:**

<https://www.chestnut.org/chestnut-family-health-center/services/outreach-and-enrollment/>

Chestnut staff have been certified and licensed as Certified Applications Counselors (CAC). The CAC is intended to assist Chestnut Health Systems clients, **as well as non-clients** in applying for insurance coverage at the Health Insurance Marketplace; i.e. Medicaid, etc. CACs will assist the applicants quickly and efficiently in applying for insurance coverage, walking them through the process with care, patience, and compassion, and providing follow up as needed. CACs can be contacted for assistance by calling them at 618-512-1864, and/or emailing them at SR-CAC@chestnut.org. CACs can help either in person, by telephone, or telephonically via Zoom or Teams. Effective 3/20/23, we will have a CAC onsite Monday thru Friday from 7:30 a.m. to 3:30 p.m. at the Northgate location ready and available to help.

When requesting help from a CAC, it is important that you provide the CAC with:

1. Applicants full name
2. Applicants date of birth
3. Applicants contact information

Applicants should be prepared for a meeting with a CAC by having the following available and ready:

1. Social Security Number
  - a. If applying for family coverage, they will need the family members Social Security Numbers.
2. Last 3 paystubs, if available, or proof of income (if employed)
  - a. If applying for family coverage, they will need the family members income as well.
3. Driver's License or State Photo ID

### **All Kids Insurance**

**Phone Number:** 866-255-5437

<https://hfs.illinois.gov/medicalprograms/allkids.html> [www.allkids.com](http://www.allkids.com)

*Information:* a health insurance program for children living in Illinois who need insurance. Children must be 18 or younger.

### **FamilyCare**

**Phone Number:** 1-866-255-5437

<https://hfs.illinois.gov/medicalprograms/allkids/familycare.html> [www.familycareillinois.com](http://www.familycareillinois.com)

*Information:* coverage to parents living with their children 18 years old or younger. FamilyCare also covers relatives who are caring for children in place of their parents. Income limits apply.



**Get Covered Illinois** [www.getcovered.illinois.gov](http://www.getcovered.illinois.gov) Here to help you navigate the sometimes confusing world of health insurance.

**[www.Healthcare.gov](http://www.Healthcare.gov)** marketplace for private insurance plans for you or your family.

**Illinois Healthcare Portal** [www.health.illinois.gov](http://www.health.illinois.gov)

One stop source for your healthcare needs. The Healthcare Portal can help families sign-up for affordable health insurance programs and help women find free breast and cervical cancer screenings.

**Medicaid Illinois**

Apply for benefits at <https://abe.illinois.gov>

*Information:* applying for and managing Medical, SNAP and Cash benefits.

**Phone Number:** 877-843-0154

**Medicare**

[www.medicare.gov](http://www.medicare.gov)

*Information:* medical insurance for persons age 65 and older.

**Phone Number:** 800-633-4227

**Moms and Babies**

*Information:* has two programs—Medicaid Presumptive Eligibility (MPE) which offers immediate, temporary coverage for outpatient healthcare for pregnant women. <https://hfs.illinois.gov/medicalprograms/allkids/momsandbabies.html#MPE>

Moms and Babies covers healthcare for women while they are pregnant for up to 12 months after the baby is born.

<https://hfs.illinois.gov/medicalprograms/allkids/momsandbabies.html#momsbabies>

**Phone Number:** 866-255-5437

**The Illinois Healthcare Portal**

[www.health.illinois.gov](http://www.health.illinois.gov)

One stop source for your healthcare needs. Can help families sign-up for affordable health insurance programs and help women find free breast and cervical cancer screenings.

**Vaccines:** <https://www.vaccines.gov/en/> Locates places you can get vaccines in your area.

## **Hispanic/Latino Helps:**

**Puentes de Esperanza**

8 Executive Dr., Ste. 200, Fairview Heights, IL 62208

<https://hoyleton.org/programs/hispanic-community-support/>

*Information:* helps Spanish-speaking residents in Southern Illinois find community resources that can help them establish citizenship, build a family, find employment, and more.

**Phone Number:** (618) 398-0557

**Illinois Coalition for Immigrant and Refugee Rights**

228 S. Wabash, Suite 800, Chicago, Illinois 60604

*Information:* dedicated to promoting the rights of immigrants and refugees to full and equal participation in the civic, cultural, social, and political life of our diverse society. Know Your Rights resources; services; events.

**Phone Number:** (855) 435-7693

[www.icirr.org/riseup](http://www.icirr.org/riseup)

**The Immigration Project**

P.O. Box 1503, Bloomington, IL 61702-1503

[info@immigrationproject.org](mailto:info@immigrationproject.org)

<https://www.immigrationproject.org/contact-us/>

*Information:* The Immigration Project utilizes a rural-regional service model to provide affordable, accessible, and high-quality immigration legal services to the immigrants living in our 86 county service area. Provides: attorney consultations on immigration issues; citizenship application workshops; social services like help with translation and interpretation, preventing eviction, accessing healthcare and more.

**Phone Number:** 309-829-8703

X102 and leave a message.

## **Home Buying Helps** (reach out to a local bank; checkout these resources below)

<https://gov.illinois.gov/news/press-release.30183.html>

<https://www.ihdamortgage.org/homebuyers>

<https://www.ihda.org/my-home/getting-an-ihda-loan/>

<https://www.fha.com/first-time-home-buyers-state/illinois>

<https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-direct-home-loans/il>

## Hotlines:

211 – Helpline that can connect individuals and families with local community services, 24/7.

988 – Suicide and Crisis Lifeline to connect to the closest crisis center in area, 24/7.

Child Abuse Helpline, #1-800-252-2873 (helps kids/adults who are worried about kids they suspect are being abused)

Disaster Distress Helpline, #1-800-985-5990 (counseling/support to people experiencing emotional distress related to natural or human-caused disasters)

Eating Disorders Hotline, #1-888-375-7767 (Peer-led support and referrals for those experiencing an eating disorder)

Elder Abuse Hotline, #1-866-800-1409 (for reporting suspected abuse, neglect or exploitation of people with disabilities ages 18-59 and seniors living in Illinois)

Friends for Survival Suicide Loss Helpline: Ph#800-646-7322, [www.friendsforsurvival.org](http://www.friendsforsurvival.org)

HIV/AIDS & STD Hotline, #800-243-2437

IL Dept. of Veterans Affairs, #1-800-437-9824

Illinois Helpline, #1-833-234-6343 (connects people with opioid and other substance use disorders with providers, resources, and support)

Illinois Poison Control, #1-800-222-1222 (24/7 access to info and treatment advice on potentially harmful substances)

Illinois Warm Line, #1-866-359-7943 (receive support for you or family with mental health/substance use challenges)

LGBT National Hotlines: Ph#888-843-4564 [www.lgbthotline.org](http://www.lgbthotline.org)

Youth (under 25): Ph#800-246-7743

Seniors (50+): Ph#800-246-7243

National Coming Out Support Line: Ph#888-688-5428 [www.lgbthotline.org](http://www.lgbthotline.org)

National Council on Problem Gambling: Ph#800-522-4700

National Domestic Violence Helpline, #1-800-799-7233 (help for those being emotionally/physically abused by a partner)

National Human Trafficking Hotline, #1-888-373-7888 (provides support to victims of trafficking)

National Parent Helpline: Ph#855-427-2736, [www.nationalparentyouthhelpline.org](http://www.nationalparentyouthhelpline.org)

National Runaway Safeline, #1-800-786-2929 (call for help if you or a friend are thinking of or have runaway and need help)

National Sexual Assault Hotline, #1-800-656-4673 (for help with rape, sexual abuse & incest)

Overeaters Anonymous: Ph#505-891-2664, [www.oa.org](http://www.oa.org)

Poison Control, #1-800-222-1222 (for help with poison information or ingestion advice)

Problem Gambling Helpline, #1-800-426-2537 (help for your problem situation with gambling)

Safe2Help, #1-844-472-3345 (offers students a safe, confidential way in which to share information that might help prevent suicides, bullying, school violence or other threats to school safety.)

SAMHSA, #1-800-622-4357 (for help finding mental health or substance use treatment)

The Trevor Project, #1-866-488-7386 (LGBTQ crisis line)

USDA Hunger Hotline, #1-866-348-6479 (helps find food resources like food banks, meal sites, & other social services near you)

Veterans Crisis Line, dial 988 then press 1

## Housing/Financial Assistance/Homeless Shelters:

### BCMw Community Services

625 N. Second Street, Breese, IL

*Information:* The Transitional Housing Program is a supportive housing program for homeless families. Participants are provided a subsidized transitional housing unit to live in while they actively work on goals that will make them self-sufficient. Target areas include income, employment, education, transportation, child care, health and housing. The ultimate goal of the program is for families to be able to obtain and remain in affordable permanent housing. The Rental Housing Support Program is a rent subsidy program, similar to the HUD voucher program, that targets extremely low-income renters. [www.bcmw.org](http://www.bcmw.org)

**Phone Number:** 618-526-7123

Mondays-Thursdays, 8am-4pm

### Carlyle Ministerial Alliance

Provides funds to help ones in the Carlyle Unit School District One in meeting financial needs (rent..).

**Phone Number:** 618-594-205

### Charity Home Ministries

Belleville, IL

Services: providing safe, stable, and appropriate transitional housing, education, mentoring, and resource connections to pregnant or parenting teens.

**Phone Number:** 618-300-0771

<https://charitihome.org>

**Eviction Help Illinois**

Services: free legal aid, mediation services, and connections to other resources such as rental assistance to increase housing stability.  
[www.evictionhelpillinois.org](http://www.evictionhelpillinois.org)

**Phone Number:** 855-631-0811**Family Life Shelter**

12580 N. Sparrow Lane, Mt. Vernon, IL

Services: shelter to help people get on their feet. Can help with ID's, jobs, vehicles, and homes. Open 24 hours.

**Phone Number:** 618-242-2002
<https://familylifemtv.com/family-life-shelter>
**Germantown General Assistance**

705 Prairie Street, Germantown, IL

Germantown Residents only. Basic needs assistance for adults with no children, rent and mortgage. Call for an application to be filled out and taken to a case worker.

**Phone Number:** 618-971-7695**Good Samaritan House**

1825 Delmar Ave., Granite City, IL

Services: provides unhoused mothers and their children with guidance, shelter, and hope.

**Phone Number:** 618-876-0607
<https://www.goodsamhouse.org/>
**Good Samaritan Ministries**

701 S. Marion St., Carbondale, IL

Services: provides emergency shelter, transitional living program, soup kitchen, food pantry and emergency assistance.

**Phone Number:** 618-457-5794
<https://goodsamcarbondale.com/>
**Landlords of Rental Properties**

Income Based:

Lakeside Villas (only seniors age 55+), Carlyle	#217-717-9476
Maplewood Estates, Centralia	#618-545-0219
Centralia Meadows, Centralia	#618-335-8912
Village Apartments, Centralia	#618-532-8971
North Cherry Court Apartments, Breese	#618-406-6129
McKay Manor, Breese	#844-373-7814
Diamond Senior Apts. (seniors age 55+), Breese	#217-717-9476
Shawnee Enterprises	#618-997-5365

Other: (landlords—call to see what/where they might have property available or coming soon)

Coachlight Apartments, Beckemeyer, #813-633-3740
Gary Grapperhaus, #618-227-8281
Wilken Development, #618-830-4985 (Cedarpoint in Carlyle;)
Paul Watkins, #618-972-0618
Clyde Dorries, #618-920-5550
Kues Bros. Realty, #618-228-7395
Bernie Johnson, Goldman Properties, Breese, #618-918-3731
Westgate Apartments, Carlyle, #618-469-0469 (MACO Management)
Poos Drive Apartments, New Baden, #618-257-7675
Thrive Properties, Carlyle/Beckemeyer/Breese... #618-795-6335

**Lifeboat Alliance**

1717 Jefferson Avenue, Mt. Vernon, IL

Information: offers a home for the homeless providing a temporary refuge from life's storms, be it shelter from the elements, basic necessities, safety, tools of self rescue, and to share the love of Christ to those in need.

**Phone Number:** 618-244-4088
[www.lifeboatalliance.org](http://www.lifeboatalliance.org)
**Low Income Home Energy Assistance Program (LIHEAP):**

Helps keep families safe and healthy through initiatives that assist families with energy costs. LIHEAP provides federally funded assistance to manage home energy bills, energy crises, weatherization, and energy-related minor home repairs. The program helps you keep warm in the winter and cool in the summer reducing the risks to health and safety that arise from poor heating and cooling practices. Apply at your local BCMW office.

**Looking Glass General Assistance**

3113 Leisure Street, New Baden, IL

New Baden Residents only. Basic needs assistance for adults with no children.

**Phone Number:** 618-588-4888 or 618-588-7148

**McKinney-Vento Act**

% Regional Office of Education #3  
1500 W. Jefferson Street, Vandalia, IL

*Information:* If you are staying temporarily with someone else because you lost your housing, or staying in a motel, campground, shelter, or in an outside or inadequate place, you and your children have special rights at school. If you need assistance getting services for our child from your school, please reach out for help.

**Phone Number:** 618-283-5011**St. Rose General Assistance**

14446 Baumann Road, St. Rose, IL

St. Rose Residents only. Basic Needs Assistance for Adults with no children.

**Phone Number:** 618-654-2236

**TANF (Temporary Assistance for Needy Families):** apply at local DHS office or online at

<https://www.dhs.state.il.us/page.aspx?item=30358>. Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

**USDA Rural Development-Single Family Housing Programs**

<https://www.rd.usda.gov/programs-services/single-family-housing-programs>

Gives families and individuals the opportunity to buy, build, or repair affordable homes located in rural America. Eligibility for these loans, loan guarantees, and grants is based on income and varies according to the average median income for each area.

**Judicial/Legal/Law Enforcement:****C.A.S.A. (Court Appointed Special Advocates) of Southern Illinois**

407 N. Monroe St., 3rd Floor, PO Box 972, Marion, IL 62959

*Information:* CASA of Southern Illinois, a non-profit organization, and member of the National and Illinois CASA Associates, advocates for the best interest of children who have been abused and neglected. Based on the belief that children are entitled to a safe and permanent home, CASA works in collaboration with legal counsel and community resources to serve as the child's advocate and represent the child in juvenile court. Court Appointed Special Advocates of Southern Illinois is comprised of dedicated volunteers, trained to assist our children in need. As a result of our volunteers, extremely vulnerable children and youth are supported by our caring and committed advocates, providing reassurance and stability through the sea of case workers, attorneys, therapists and care givers. Volunteers must be 21 years of age or older and complete a training. <https://www.casawilliamsoncounty.com/our-mission.html>

**Phone Number:** 618-998-2291

1-800-25ABUSE

**Clinton County Courthouse**

8850 Fairfax St., Carlyle, IL

<https://clintonco.illinois.gov/>

Circuit Clerk: Rod Kloeckner, Ph#618-594-6615

State's Attorney: J.D. Brandmeyer Ph#618-594-6645

County Clerk &amp; Recorder: Vicky Albers, Ph#618-594-6620

Probation Dept./Drug Court: Ph#618-594-6635

**Clinton County Sheriff's Department**

810 Franklin Street, Carlyle, IL

**Phone Number:** 618-594-4555<https://clintonco.illinois.gov/county-offices/sheriff/>**Land of Lincoln Legal Aid**

8787 State Street, Suite 201

East St. Louis, IL 62203

*Information:* provide eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic needs. Areas services provided: Consumer Law, Family Law, Education Law, Elder Law and Disability Rights, Health & Economic Security, Housing Law, and Expungement & Sealing of Criminal Records. To apply for services, call Legal Advice and Referral Center (LARC) #(877) 342-7891, Hours: Mon – Thurs: 9 am to 4 pm, Friday: 9 am to 1:30 pm. Advice/referral center for housing Issues (utility shut-offs, trouble getting landlords to make repairs), family issues (orders of Protection, custody cases), Consumer issues (debt collection, repossession), public benefits/health issues (TANF, SSI, General assistance, food stamps, Medicaid, Medicare).

EVICTON & FRESH START PROJECT HOTLINE, Hours: Mon – Fri: 9 am to 4 pm, Toll Free:

(855) 601-9474.

**Phone Number:** 877-342-7891

Hours: Mon – Thurs: 9 am to 4 pm

Friday: 9 am to 1:30 pm <https://www.illinoislegalaid.org/>**Local Police Departments: (for emergencies, dial 9-1-1)**

Albers Police, 206 West Dwight Street, Albers, #618-248-5156, Chief Brian Vielweber

Aviston Police, 149 Page Street, Aviston, # 618-594-4555, Chief Tony Falconio

Beckemeyer Police, 191 East First Street, Beckemeyer, # 618-594-4555, Chief Jonathon LeCroy

Breese Police, 500 North 1st Street, Breese, # 618-526-7226, Chief Mark Berndsen

Carlyle Police, 2111 West Lake Drive, Carlyle, #618-594-2488, Chief Mark Pingsterhaus

Germantown Police, 306 Prairie Street, Germantown, #618-523-4226, Chief Dean Darnall

New Baden Police, 100 East Hanover Street, New Baden, #618-588-7741, Chief Chuck Mackin

Trenton Police, 25 West Indiana Street, Trenton, #618-224-9226, Chief Chris Joellenbeck

## **Office of the State Appellate Defender Expungement Unit**

**Phone Number:** 866-787-1776

400 W. Monroe, Suite 202, Springfield, IL 62704

*Information:* People with qualifying arrests and convictions may petition the court of their sentencing county to expunge or seal their records. The office of State Appellate Defender can answer your questions regarding eligibility for expungement and sealing. Contained in this site is an overview explaining the process and worksheets to determine if you qualify to expunge or seal your record. The Office of the State Appellate Defender cannot represent you on a petition to expunge or seal your records. To contact them with questions, or to request a copy of the overview, worksheets and/or forms you may email, call or write. Be sure to include your mailing address if requesting materials to be mailed to you. All forms and information may also be downloaded.

<https://www2.illinois.gov/osad/Expungement/Pages/default.aspx> Email: [Expungement@osad.state.il.us](mailto:Expungement@osad.state.il.us)

## **LGBTQIA+ Resources**

### **Community Wellness Project**

906 Olive St., Ste. 200, St. Louis, MO 63101

*Information:* Committed to promoting and increasing health equity. serving the nations' disadvantaged, under-represented, and under-served racial/ethnic minority populations through the development of multi-faceted programming designed to address health disparities, prevention services and wellness education.

**Phone Number:** 314.421.9603

[www.cwpstl.org](http://www.cwpstl.org)

### **Edwardsville Pride Inclusivity Center**

*Information:* EPICenter for short, was started from the desire to provide resources, information, and support to the LGBTQIA+ community, and to educate and speak out for the community to the Edwardsville area at large, from the perspective and under the guidance of the LGBTQIA+ community itself.

<https://www.edwardsvillepride.org/resources-and-links>

### **Epworth Children & Family Services**

110 N. Elm Ave. in Webster Groves, Missouri

*Information:* provides support and resources to LGBTQI+ youth through education and experience sharing.

**Phone Number:** (314) 918-3454

<https://www.epworth.org/services/lgbtqi/>

### **GLAAD**

<https://glaad.org/resource/ist/>

### **HIV Care Connect**

Illinois HIV Care Connect is a program of the Illinois Department of Public Health (IDPH), which is responsible for administering Part B of the Ryan White HIV/AIDS Program. Illinois HIV Care Connect is a comprehensive network of health care and support services for HIV+ individuals that is coordinated by eight regional administrative offices covering all of Illinois' 102 counties.

<https://hivcareconnect.com/>

### **Hoyleton Youth & Family Services**

<https://hoyleton.org/dei/sexual-orientation/>

<https://hoyleton.org/lgbtq-youth-resource-guide/>

### **Illinois LGBTQ Resource Guide**

<https://www.equalityillinois.us/lgbtq-resource-guide/>

### **Lambda Legal**

120 Wall Street, 19th Floor, New York, NY 10005

*Information:* is a national organization that uses litigation, public policy, and education to advance civil rights for lesbians, gay men, bisexuals, transgender people. Has a virtual help desk.

<https://lambdalegal.org/>

### **Metro East Pride**

PO Box 794, Belleville, IL 62222

*Information:* purpose of Metro East Pride is to advance unity, visibility and wellness among persons with diverse sexual and gender identities through cultural and educational programs, sharing of information and resources, and social activities in the Metro East area including the annual Metro East Pride Fest —celebrating the present, envisioning the future and honoring the past.

<https://www.metroeastpride.org/>

### **Modern Military Association of America**

*Information:* a united voice for LGBTQ+ military and veteran communities. Modern Military works to uphold and expand the civil rights progress made on behalf of LGBTQ+ service members, veterans, and their families through education, advocacy, support networks, and discrimination tracking.

<https://modernmilitary.org/>

### **OutCare Health**

*Information:* resource to find LGBTQ+ friendly and affirming doctors or healthcare providers

<https://www.outcarehealth.org/>

### **The Trevor Project**

*Information:* LGBTQ+ Mental Health Resources. You matter. Let's keep you thriving. The Trevor Project offers several resources supporting

<https://www.thetrevorproject.org/resources/>

the mental health of LGBTQ+ young people, including self-care guides and articles regarding mental wellness.

## **Nursing Homes/Assisted Living/Senior Services**

Breese Nursing Home, 1155 N 1<sup>st</sup> St., Breese, IL, Ph#618-526-4521, [www.breesenursinghome.com](http://www.breesenursinghome.com)

Carlyle Healthcare, 501 Clinton St., Carlyle, IL, Ph#618-594-3112, <https://carlylehcc.com/>

Clinton County Senior Services, Carlyle, IL, Ph#618-594-2321 (Meals on Wheels, congregate meals, activities, veteran affairs)

Clinton Manor Living Center, 111 E. Illinois, New Baden, IL, Ph#618-588-4924, <https://clintonmanorlivingcenter.com/>

Countryside Manor, 450 W. 1<sup>st</sup> St., Aviston, IL, #618-228-7615, <http://www.palladianmgt.com/aviston-countryside-manor/>

Legacy Place/Cedarhurst, 13887 Progress Dr., Breese, IL, #618-526-9600, <https://www.cedarhurstliving.com/>

The Villas at St. James, 14335 Jamestown Rd., Breese, IL, Ph#618-613-4316, <https://www.meridiansenior.com/senior-living/il/breese/villas-at-st-james/>

Trenton Village, 980 E. Broadway, Trenton, IL, Ph#618-224-9465, <https://trentonvillageretirement.com/>

Villa Catherine, 491 Clinton St., Carlyle, IL, Ph#618-594-8363, <https://carlylehcc.com/villa-catherine/>

Western Clinton County Senior Services, Trenton, IL, Ph#618-224-9913 (Meals on Wheels, carry-outs, activities)

AgeSmart: <https://www.agesmart.org/>

Alzheimer's Association: [www.alz.org/illinois](http://www.alz.org/illinois)

Alzheimer's.gov: [www.alzheimers.gov](http://www.alzheimers.gov)

Eldercare Locator: Ph#800-677-1116

Illinois Department on Aging: <https://ilaging.illinois.gov/>

## **Parks & Recreation (free/public use)**

### Albers:

Lehrter/Jaycee Park, 500 Park Avenue

### Aviston:

Village Park, 149 S. Page

### Bartelso:

Village Park

### Beckemeyer:

Community Development Club Park, Murray Street

### Breese:

Jaycee Park

Northside Park/Hannah's Playground (inclusive)

Southside Park

### Carlyle:

Eldon Hazlet State Park, 20100 Hazlet Park Rd

Carlyle Lake (Dam East/Dam West Beach/Rec areas)

City Park (home of Christmas Lights)

Fish Hatchery Park

General Dean Suspension Bridge, 501 1<sup>st</sup> St., Carlyle, IL

McNair Beach

South Shore State Park

Spillway Recreation Area

### Germantown:

Lake Park, Munster Street

Schoendienst Park, East Street

### Hoffman:

Village Park, Huey Road

### New Baden:

Village Park, 1 E Hanover St

### St. Rose:

Village Park, St. Rose Road



## Trenton:

Village Park, 14 West Broadway  
Northland Nature Preserve

## **Pregnancy Supports**

### **Pregnancy Care Clinic**

319 E. 17th St., Centralia, IL  
302 N. Walnut, Salem, IL

*Information:* offers confidential services related to pregnancy and sexual health. Services: abortion pill reversal, adoption and adoption information, after-abortion services, clothing and food assistance, counseling, healthcare, maternity clothes and baby items, parenting classes, peer-to-peer support, pregnancy options, pregnancy testing, STD/STI testing, STD/STI treatment, support for men, limited ultrasound.

**Phone Number:** 618-532-3111 (Centralia)  
618-548-3111 (Salem)

<https://pregnancycc.com/>

### **Pregnancy Support Center**

116 S. Second Street, Greenville, IL  
<https://bcpregnancy.weebly.com/contact.html>

*Information:* The Pregnancy Support Center exists to aid the woman who may be unaware of the alternatives to abortion. The Pregnancy Support Center provides counsel for her family and, upon request, the father of the child. Services: Peer counseling and friendship, free pregnancy tests, education on pregnancy, abortion and alternatives, housing for homeless clients with Christian families, clothing and furnishings for both mother and baby, information on breastfeeding, referrals for adoption and foster care, referrals for medical care/legal assistance, childbirth classes, continuing education and social services, informational speaking engagements, abstinence education and counseling, resource library: videos, books and brochures.

**Phone Number:** 618-664-3799

### **Relevant Pregnancy Options Center**

2654 Plaza Dr., Highland, IL

*Information:* offers services that will assist you in making an informed decision regarding your unplanned pregnancy. Free, Lab-Quality Pregnancy Testing, Parenting Resources and Classes, Abortion Education, Adoption Information, Post-Abortion Support, Fatherhood Support, and Maternal Support.

**Phone Number:** 618-654-3732

<https://relevantoptions.org/services/>

### **St. Anne Cradle of Hope**

2015 W. Main Street, Suite B  
Carbondale, IL 62901

*Information:* provides materials and emotional support to pregnant mothers, young mothers, and families in need throughout Southern Illinois. [www.stannecradleofhope.org](http://www.stannecradleofhope.org)

**Phone Number:** 618-722-5022

Mondays & Wednesdays, 10am-2pm

## **Prescription Drug Take Back Locations in Clinton County:** Drop-off your unused or unwanted prescription medications like tablets, capsules, patches, and other solid forms of prescription drugs.

New Baden Police Department: does not accept liquids; drop box in lobby.

Trenton Police Department: drop box in lobby 24/7; does not take needles/sharps, liquids, or pressurized canisters.

Breese Police Department: does not take needles/sharps, liquids, or inhalers;

Wamac Police Department: will accept everything, including needles/sharps. Open 24/7.

Centralia Police Department: will accept everything, including needles/sharps. Open 24/7

Clinton County Sheriff's Department-Carlyle: will accept everything except needles/sharps, liquids, and aerosols. Press the HELP button in the lobby for assistance.

Family Care Pharmacy-Breese, IL

## **Support Groups:** (see our separate local Recovery Meeting list)

**Adult Children of Alcoholics (ACA)**, [www.adultchildren.org](http://www.adultchildren.org)

**Al-Anon & Alateen Family Groups**, [www.al-anon.org](http://www.al-anon.org)

**Alcoholics Anonymous**, [www.aa.org](http://www.aa.org) (find a meeting near you or look at TAC's Recovery Meeting List)

**Celebrate Recovery**, [www.celebraterecovery.com](http://www.celebraterecovery.com) (find a meeting near you)

*Information:* Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life. Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction or any kind - worry, anxiety, anger, finances, eating issues, control issues, denial, people pleasing, workaholism, codependency, alcoholism, perfectionism, fear, drugs, low self-esteem, grief, pornography - any hurt, habit, or hang up. Child care provided. 5:30pm Free Meal, 6:15pm large group, 7:15pm small

groups.

[www.compassionatefriends.org](http://www.compassionatefriends.org) Grief support group.

**Emotions Anonymous of Clinton County** <https://www.facebook.com/profile.php?id=61554230392575>

*Information:* 12-step program to help individuals improve their mental health and well-being. Mission is to support individuals with emotional difficulties in their efforts to live more manageable lives. Will meet at 6pm the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Mondays via Zoom and in person at 511 9<sup>th</sup> Street, Carlyle, IL. The 4<sup>th</sup> Monday it meets via Zoom and in person at 419 S. Clinton Street, Breese, IL. [www.emotionsanonymous.org](http://www.emotionsanonymous.org)

**Family Support Warmline**

**Phone Number:** 618-567-6095

Serving Clinton County

<https://www.facebook.com/profile.php?id=100066781765346>

*Information:* A warm call line where experienced volunteers help families with resources as they support a loved one with a substance or alcohol problem.

**Grief Recovery After A Substance Passing (GRASP):** no local groups here but if interested in starting one, contact [administrator@grasphelp.org](mailto:administrator@grasphelp.org), <http://grasphelp.org/>

**Griefshare:** a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. Find a GriefShare support group or event near you. [www.griefshare.org](http://www.griefshare.org)

**Heartlinks Grief Center**

**Phone Number:** 618-277-1800

5110 West Main, Belleville IL

[www.myheartlinks.com](http://www.myheartlinks.com)

*Information:* Monthly grief support for kids, teens, and adults. Meetings are typically held at 6:30 p.m. on the first Monday of every month (subject to change based on holidays – check our newsletter and the Heartlinks Facebook website for confirmed dates) at the Heartlinks Grief Center in Belleville.

**Illinois Helpline for Opioids and Other Substances**

**Phone Number:** 833-234-6343

[www.helplineil.org](http://www.helplineil.org)

**Illinois Warm Line**

**Phone Number:** 866-359-7953

*Information:* If you or one of your family members has mental health and/or substance use challenges and would like to receive support by phone, call the Illinois Warm Line at 866-359-7953. Wellness support specialists are professionals who have experienced mental health and/or substance use recovery in their own lives.

**In The Rooms (ITR) Online Communities and Meetings:**

*Information:* ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://www.intherooms.com/home/>

**Living FREE 12 Step Recovery**

**Phone Number:** 618-381-0831

(house across from Tamalco Church)

Contact: Monique Brunious

1798 Tamalco Avenue, Keyesport, IL

Tuesdays, 6pm

*Information:* This is an open inclusive meeting discussing the 12 steps of Recovery.

**Nar-Anon:** <https://nar-anon.org> + **NaraTeen**

Primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you; a 12 step program for families of addicted loved ones.

**Narcotics Anonymous,** [www.na.org](http://www.na.org) (find a meeting near you or look at TAC's Recovery Meeting list)

**Overeaters Anonymous:** [www.oa.org](http://www.oa.org), #505-891-2664, A community of people who support each other in order to recover from compulsive eating and food behaviors.

**PAL (Parents of Addicted Loved Ones) Group**

Website: [www.palgroup.org](http://www.palgroup.org)

A nonprofit that provides hope through education and support to parents or friends of adults or loved ones dealing with substance use disorder. The free weekly meetings follow evidence-based practices, and the curriculum used is designed specifically for parents by professionals in the treatment and recovery industry. Lots of options for virtual online meetings.

**Project Hope**

**Phone Number:** 618-594-2200

16580 Old State Road

Wednesdays, 7:00pm

Carlyle, IL

<https://www.lifechurchcarlyle.com/project-hope.html>

*Information:* Night begins with prayer and worship. The Project Hope program is based on God's word to assist in daily healing and adjusting to life's problems. After prayer and worship, there is open group discussion on the evening's topic, followed by snacks and fellowship.

### **Recovery 360**

**Phone Number:** 314-435-1101

<http://www.recovery360.org/> Referral guidance, intervention recovery, aftercare;

Family support group 3<sup>rd</sup> Thursday of the month, 6pm, hosted at Our Lord's Lutheran Church, 150 Wilma Dr., Collinsville, IL, call 618-234-7312

**Safe2Help Illinois** offers students a safe, confidential way in which to share information that might help prevent suicides, bullying, school violence or other threats to school safety. Available 24/7, Call 844-4-SAFEIL (723345); Text SAFE2 (72332), [www.Safe2helpil.com](http://www.Safe2helpil.com)

### **SMART Recovery**, [www.smartrecovery.org](http://www.smartrecovery.org), (find a meeting near you or look at TAC's Recovery Meeting list)

*Information:* The goal of SMART Recovery is for you to achieve a health, positive and balanced lifestyle and to "move on" when you feel confident your addictive behavior is behind you, rather than remaining a permanent participant in the program.

### **Take Action Coalition of Clinton County**

**Phone Number:** 618-335-4687

<https://www.facebook.com/TakeActionCoalitionOfClintonCounty>

*Information:* working to build recovery supports in the community; can inform you of area resources; has free Narcan/Rescue Kits.

### **The Living Room ...A Peaceful Escape**

**Phone Number:** 618-261-7050

505 South 8<sup>th</sup> Street, East St. Louis, IL

[www.cbhc.org](http://www.cbhc.org)

This is a safe space for guests to calmly process a crisis event, learn and apply wellness strategies, and receive peer support that will help them avoid and prevent future crisis situations. Services available regardless of ability to pay.

### **Three Amigos**

**Phone Number:** 618-792-2242/618-304-4696

Helping the Loved Ones of Addicts

### **We Know the Feeling (Problem Gambling)**

**Phone Number:** 1.800.GAMBLER (800-426-2537)

*Information:* If you or someone you know is suffering from gambling disorder, call text GAMBLER TO 833234.

<https://www.findhelp.org/illinois-department-of-human-services--chicago-il--we-know-the-feeling---gambling-addiction-support/5092916706672640?postal=61101>

## **Transportation:**

### **South Central Transit**

**Phone Number:** 618-526-7431 or 800-660-7433 for scheduling

12778 Drive-In Road Breese, IL

Public transportation. Wheelchair accessible. Daily shuttle services are available as well as scheduled ride services.

[www.southcentraltransit.org](http://www.southcentraltransit.org)

### **First Transit - Med Car**

**Phone Number:** 877-725-0569

*Information:* transportation coverage for standard Medicaid appointments (not Illini, Molina, etc.).

### **Friends Van**-HSHS Hospital in Breese and Highland, Call #618-526-8254, for scheduling.

Program provides free transportation for medical, dental, and personal appointments. Medical appointments take priority, which include visits to physicians, dentists, chiropractors, pharmacies, and St. Joseph's Hospitals. The Friends Van service area includes the following towns: Alhambra, Albers, Aviston, Bartelso, Beckemeyer, Breese, Carlyle, Centralia, Damiansville, Germantown, Highland, Grantfork, Keyesport, Marine, New Baden, Pierron, Pocahontas, St. Jacob, St. Rose, Trenton, Troy.

## **Treatment Centers for Substance & Alcohol Use** (call to see if they take your insurance and have any beds open)

### **Alcoholic Rehabilitation Community Home (ARCH)**

**Phone Number:** 618-877-4987

1313 21st St., Granite City, IL

[www.archhouse.org](http://www.archhouse.org)

*Information:* a Level III.1 extended care residential treatment center providing individualized care for men struggling with substance use disorders.

### **Alton Memorial Hospital**

Call patient navigator at (618) 463-7780

1 Memorial Drive, Alton, IL

[www.altonmemorialhospital.org](http://www.altonmemorialhospital.org)

Offers a **Warm Handoff Program** out of the **Center for Behavioral Health and Addiction Medicine**. The program offers help to adults who present to their Emergency Department and are in active withdrawal from opiate or alcohol addiction.

### **BJC Memorial Hospital Medical Stabilization Program**

**Phone Number:** 618-257-5341

4500 Memorial Drive, Belleville, IL

*Information:* offering medical detox and peer recovery specialist support, can also initiate Vivitrol for alcohol or Suboxone for opiates during detox.

[https://memhosp.org/medical-stabilization/?fbclid=IwAR20gBXLd0PF6egz6dEkll\\_K8\\_wg-GdcAnjakm1M9iHbAv9wnINSWsmUrlw](https://memhosp.org/medical-stabilization/?fbclid=IwAR20gBXLd0PF6egz6dEkll_K8_wg-GdcAnjakm1M9iHbAv9wnINSWsmUrlw)

### **CenterPointe Hospital**

**Phone Number:** 888-508-2813

4801 Weldon Spring Parkway, St. Charles, MO

Provider of acute inpatient and outpatient treatment for adolescents, adults and seniors who have been suffering mental, behavioral health, substance or alcohol addiction challenges. <https://www.centerpointehospital.com/>

### **Centerstone Mental Health & Addiction Services**

**Phone Number:** 1-877-467-3123

2615 Edwards Street, Alton, IL 62002

<https://centerstone.org/locations/illinois/#nav-illinois>

*Information:* mental health counseling and substance use disorder treatments to residential and inpatient care, we provide you and your loved ones with the care and services needed to live a happy and healthy life. Centerstone's Treatment, Recovery, Education, Awareness and Training (TREAT) is a substance use program for individuals age 10-25 who live in Illinois. The program offers four types of intervention: Early Intervention, Dimensions for tobacco/nicotine use, Matrix for alcohol and other substances, and **Medication-Assisted Treatment (MAT)** when appropriate (Methadone, Suboxone, Vivitrol). These interventions provide the tools, skills and support to aid clients in making positive changes. Those enrolled in TREAT also have access to Recovery Specialists- professionals who are there to support clients in their recovery journeys. TREAT assists youth and young adults to avoid, reduce, or eliminate substance and nicotine use while also working to help with mental health disorders, decrease criminal and juvenile justice system involvement, access care and support, and provide individual and family education and support.

### **Chestnut Health Systems**

**Phone Number:** 618-877-4420

50 Northgate Industrial Drive, Granite City, IL

Crisis After Hours: 618-877-0316 [www.chestnut.org](http://www.chestnut.org)

Has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services. **Vivitrol & Suboxone therapies.**

### **Comprehensive Behavioral Health Center**

**Phone Number:** 618-482-7330

505 South 8th Street, E. St. Louis, IL 62201

[www.cbhc1.org](http://www.cbhc1.org)

Opiate & substance treatment services; **Methadone clinic.**

### **Comprehensive Connections**

**Phone Number:** 618-242-1510

16338 N. IL Hwy. 37, Mt. Vernon, IL

Crisis Line: 618-242-1512

*Information:* Detox, Residential, and outpatient treatment.

### **Comwell** (Medication Assisted Treatment)

**Phone Number:** 888-855-0034

109 W. Elm, Okawville, IL

**Suboxone** treatment managed via telehealth at their Okawville office.

### **Gateway Foundation**

**Phone Number:** 312-663-1130

600 W. Lincoln Avenue, Caseyville, IL

<https://www.gatewayfoundation.org/>

Offers a full continuum of care across a wide range of clinical settings, so no matter where a patient is in life or recovery, a program can be personalized for them. **Methadone, Buprenorphine, and Naltrexone therapies.**

### **Gateway Regional Medical Center**-Behavioral Health Services

**Phone Number:** 618-798-3888

2100 Madison Avenue, Granite City, IL

<https://gatewayregional.net/>

Offers treatment for mental and emotional health problems, substance use disorders (drugs or alcohol), and addiction.

### **HSHS St. Joseph's Hospital Warm Handoff Program**

**Phone Number:** 618-526-4511

Emergency Room, 9501 Holy Cross Lane, Breese, IL

<https://www.hshs.org/st-josephs-breese>

Access to Recovery Resources as well as Emergent and Crisis Care. **\*\*Anyone can come at any time for help, wanting help is enough. Come get a free "Rescue Bag" with resources and 2 boxes of Narcan, the opioid overdose reversal medication.**

### **Illinois Recovery Center**

**Phone Number:** 888- 492-3281

1450 Caseyville Ave. Swansea, IL 62226

<https://www.illinoisrecoverycenter.com/>

Substance use treatment, medical detox, residential treatment, partial hospitalization program, intensive outpatient treatment, outpatient treatment programs, relapse prevention program, rehabs for women, sober living, stimulants detox programs, telehealth.

### **Never Use Alone Hotline**

**Phone Number:** 800-484-3731

<https://neverusealone.com/> A program to prevent overdose deaths where people can speak to an operator while they are using drugs so that someone can call for help if they experience an overdose. Toll-free national overdose prevention, detection, life-saving crisis response

and medical intervention services for people who use drugs while alone. Never Use Alone's peer operators are available 24-hours a day, 7 days a week, 365 days a year. No stigma. No judgment. Just love! ❤️

### **New Vision**

c/o OSF St. Anthony's Hospital  
1 St. Anthony's Way, Alton, IL

*Information:* It is a medical detox program. They accept most all insurances including Medicaid. New Vision is a medically supervised, hospital-based service for adults experiencing impending or active withdrawal from alcohol, prescription medications, and/or certain drugs. New Vision provides safe, confidential, compassionate and reliable care with a typical stay of 72 hours for people who qualify.

**Phone Number:** 618-358-0200 Intake Coordinator

<https://specialcarecorp.com/locations/alton-illinois/>

### **S.A.F.E. Alternatives**

800 Bonhomme Avenue, St. Louis, MO

*Information:* Self Abuse Finally Ends (S.A.F.E.) provides counseling and treatment for self injurious behavior consisting of outpatient services to adolescents and adults who engage in self-destructive, impulsive behaviors and have a desire to stop.

**Phone Number:** 1-800-366-8288

<https://selfinjury.com/>

**SAMHSA Treatment Facility Locator:** [www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov)

### **Sana Lake Recovery**

Locations in Missouri: Maryland Hts., Creve Coeur & more

Medical Detox, Residential, Outpatient, Partial Hospitalization, Recovery Housing.

**Phone Number:** 636-205-4090

<https://sanalake.com/>

### **The Aviary Recovery Center**

22933 Hwy. 61, Eolia, MO

Specializes in the treatment of alcohol and drug addiction, medical detox, residential, outpatient services including Intense Outpatient Program (IOP) and Partial Hospitalization Program (PHP), Family Wellness, Men's Sober Living. Does not take Medicaid.

<https://aviaryrecoverycenter.com/>

**Phone Number:** 888-900-1293

or Melissa Monte-#618-304-9762

### **The WISH (Women & Infants Substance Help) Center**

1035 Bellevue Avenue, Suite #205, St. Louis, MO

*Information:* provides comprehensive, high-risk maternity care for people who are affected by opioid dependency, pregnant women with substance use disorder.

**Phone Number:** 314-768-8230

<https://www.ssmhealth.com/locations/location-details/wish-center>

## **Veteran Services**

### **Veteran's Care**

[www.illinoisveteranscare.com](http://www.illinoisveteranscare.com)

Health insurance for uninsured veterans who have the least access to reliable healthcare.

**Phone Number:** 800-226-0768

### **Illinois Joining Forces**

100 S. State St., Chicago, IL

Email: [callcenter@illinoisjoiningforces.org](mailto:callcenter@illinoisjoiningforces.org)

*Information:* high-touch, holistic resource navigation for military, veterans and their families; all branches, all eras, all manner of discharge. IJF can present on IL Veteran Resource Navigation and the IJF Care Coordination Center statewide assistance and referral process.

**Phone Number:** 833-463-6453

[www.illinoisjoiningforces.org](http://www.illinoisjoiningforces.org)

Mon.-Fri., 8am-5pm

### **Illinois Warrior Assistance Program**

[www.illinoiswarrior.com](http://www.illinoiswarrior.com)

Assistance for Illinois veterans as they transition back to civilian life after serving their country.

**Phone Number:** 866-554-4927

### **Military Family Assistance Center**

600 Shiloh Drive, Mt. Vernon, IL

[www.il.ngh.army.mil/family/fac/facmain.aspx](http://www.il.ngh.army.mil/family/fac/facmain.aspx)

Information and referral help.

**Phone Number:** 217-622-9530

### **Operation Protect Veterans**

AARP and the US Postal Inspection Services have joined forces fighting back against fraudulent scam artists targeting Veterans.

[www.AARP.org/fraudwatchnetwork](http://www.AARP.org/fraudwatchnetwork)

**Phone Number:** 877-908-3360

### **SAFE Project**

Virtual group meetings for Veterans in recovery on Tuesdays at 6pm EST (5pm Central) moderated by a licensed clinician.

<https://www.safeproject.us/vetrans/recovery-meetings/>

**Veteran's Crisis Line**

**Phone Number:** 800-273-8255

Information: connects Veterans in crisis and their families and friends with qualified, caring, U.S. Department of Veteran's Affairs responders.

**Veteran's Legal Assistance Program (VLAP) (SIU)**

**Phone Number:** 855-452-3526

115 Douglas Dr., Carbondale, IL

<https://law.siu.edu/academics/clinics>

Services: providing legal assistance to veterans in Southern Illinois who cannot afford or do not have access to legal representation in the appeals of claims for compensation of service connected disabilities, pension, survivor benefits and education benefits.