# Recovery Oriented System of Care



# Pope/Hardin County ROSC Council Minutes 02/13/2025

#### **Attendance**

Cammy Duggins, Arrowleaf
Amber Mulkins, Arrowleaf
Emily Middleton, Arrowleaf
Sherrie Crabb, Arrowleaf
Lisa Lewis, Arrowleaf/Community Resident
Jennifer Worthen, Southern Seven Health Department
Tim Etienne, Golconda and Hardin County Pharmacy
Daniel Bell, PLE
David Griswold, PLE
Bev Holland, Region 5 TA
Johanna Gonzalez, Region 5 TA

#### Notes

- I. Welcome and Introductions
- II. Mission and Values

#### III. Old Business

a. Last month, Brent Van Ham with the Southern Illinois University School of Medicine led a discussion on the topic of "Stigma: The Unseen Barrier to Recovery." We learned facts about stigma and how it can lead to discrimination and about 3 types of stigmas: public, structural, and self. We concluded by being reminded of the impact we have on others, especially individuals who are in recovery (or active substance use) and were encouraged to use respectful language emphasizing the individual's humanity rather than defining each other solely by our stigmatized attributes.

#### IV. New Business

- a. This month, our speaker was Sherrie Crabb, CEO of Arrowleaf and Hardin County community member, who shared information about a newer resource: 988 crisis Lifeline.
  - i. When to call 988?

- The 988 Lifeline was created to assist those who are experiencing thoughts of hurting themselves or someone else. The main reason for the development of the hotline is for suicidal ideation or intent but it can be called for any reason. It can serve as a resource for those who are experiencing stress or another challenge and are unsure where to turn.
- 2. Individuals can also text or chat to be connected. The 988 Lifeline also has resources for certain populations such as veterans and post-partum parents.

## ii. Who answers the phone?

- 1. Centerstone answers the 988 Lifeline for all Ilinois calls and then dispatches the call out to the appropriate provider depending on where the caller is located and what the need is. 988 and 911 have a collaborative agreement to determine who responds to the call as the main goal behind the 988 Lifeline is to reduce the number of calls being sent to 911 that aren't necessarily emergent in nature, but at the same time, may require someone to meet with them face to face and assist them.
- If someone from the southern seven counties of Illinois contacts the 988 Lifeline and needs mental health crisis response, Arrowleaf would be linked in to assist that individual in need.
- Loved ones may also call the 988 Lifeline on behalf of someone else to help connect them to the necessary resources.

#### iii. Additional Background on 988:

1. See the last page of the minutes for additional information and links to learn more about 988 in Illinois.

#### V. Announcements

- a. Arrowleaf's New Housing Opportunity Garden Apartments in Anna
  - i. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to quality. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
  - ii. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: <a href="mailto:info@myarrowleaf.org">info@myarrowleaf.org</a> and stay tuned for social media announcements on how to apply.

#### b. Hardin/Pope Faith Leader's Meeting

- i. Thursday, February 20<sup>th</sup>, 2025 | 5:30PM 6:30PM
- ii. Join us at Community Chapel (534 IL Route 146-24) in Golconda as we discuss what our ROSC program can do for the Hardin and Pope County congregations!

# c. Arrowleaf's Community Resource Guide

i. Arrowleaf is working on reviewing and revising the annual Community Resource Guide. If you know of any substance use or mental health services, supports, and resources that should be added, please let Cammy know!

# d. Pope County - Child Abuse Prevention Month

i. Join the ROSC team on Monday, April 7<sup>th</sup> at 11:30AM at the Pope County Courthouse lawn to kick off Child Abuse Prevention Month. Speakers will be present and read a Proclamation Reading along with other activities to take a stand against child abuse.

### e. Community Needs Assessment – click this link

i. Our Community Needs Assessment is live! We are seeking feedback from those who live and/or work in the southern seven counties. This brief survey regarding substance use and recovery services will assist our program in better understanding and meeting the needs of the community. Results are anonymous and the data will be used to share with our upcoming Council Meetings.

# f. March Meeting is Moved to 3/20

i. Don't forget, next month's meeting has been moved back a week!

# Community Emergency Services and Support Act (CESSA) Information: https://www.dhs.state.il.us/page.aspx?item=145227

On August 25, 2021, Illinois Governor J.B. Pritzker signed into law the Community Emergency Services and Supports Act (CESSA), also known as the Stephon Watts Act. This new legislation requires emergency response operators such as those at 911 centers, to refer calls seeking mental and behavioral health support to a new service that can dispatch a team of mental health professionals instead of police. This marks a significant change in policy.

The implementation details for this new law have been tasked to the Secretary of the Department of Human Services, who will work in concert with the 911 Administrator at the Illinois State Police, the EMS administrators under the purview of the Illinois Department of Public Health, and Statewide and Regional Advisory Committees to be established through appointment by the Secretary.

# 988 Suicide & Crisis Lifeline Planning Page: https://www.dhs.state.il.us/page.aspx?item=135439

The Illinois Department of Human Services/Division of Mental Health (IDHS/DMH) was awarded a grant from Vibrant, operator of the National Suicide Prevention Lifeline (Lifeline) to plan for the implementation of 988, a national three-digit dialing code for the Lifeline and for calls from individuals experiencing mental health crises. IDHS/DMH partnered with the six existing Lifeline call centers in Illinois, as well as key stakeholders in the state to ensure a smooth transition to the 988 system when it rolled out in July 2022.

The Illinois Key Stakeholder Coalition served as an advisory group for the IDHS 988 Planning Grant Team. The expectation was to develop a clear roadmap for Illinois to address key coordination, capacity, funding, and communication strategies for the launching of 988. The team was also expected to plan for the long-term improvement of in-state answer rates for 988 calls originating in Illinois.

Once operational, 988 became a direct line to trained call takers available to anyone experiencing a mental health crisis or suicidal thoughts, anywhere in the US, at any time to help find the support and help they need. It serves as a core component of crisis care in the country, consistent with the Substance Abuse and Mental Health Services Administration's SAMHSA Crisis Services: Meeting Needs, Saving Lives initiative