



# Community Needs Assessment 2023

## DeWitt County Recovery Oriented System of Care Council

The ROSC Council Needs Assessment is a collaborative undertaking by Piatt County Mental Health Center, DeWitt County Mental Health Board, and DeWitt-Piatt BiCounty Health Department to highlight the needs of services in DeWitt County as it pertains to mental health, substance use disorders and recovery.

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*ROSC Coordinator*

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# ROSC DEFINITION & PROJECT INFO

## Recovery Oriented System of Care (ROSC)

A Recovery Oriented System of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and substance use issues.

## BACKGROUND AND PURPOSE

In March of 2023, Piatt County Mental Health Center (PCMHC) was awarded a ROSC grant for DeWitt County to begin July 1, 2023. Since this time, community leaders, service providers, and persons with lived experience (PLEs) have been invited to participate in a collaborative effort to reduce stigma, increase access to care, and help strengthen a resource network for those in the recovery community. The mission of the DeWitt County ROSC Council is to build and empower communities of recovery, make connections to treatment, and to reduce stigma of substance use disorders and mental illness.

*“Collaborating to build & empower communities of recovery, make connections to treatment, and to reduce stigma of substance use disorders and mental illness”*

## Project Description

The Recovery Oriented Systems of Care (ROSC) Council will assist communities with building local recovery-oriented systems of care that can network with the statewide ROSC Council. Piatt County Mental Health Center (PCMHC) is the lead Agency collaborating with community members to form the local ROSC Council. To ensure sustainability of the ROSC Council, PCMHC must demonstrate a commitment to establish the ROSC Council permanently with a long-term (5 year) strategic plan, either as a stand-alone non-profit organization or with a permanent business relationship with the lead agency. This agreement is set for by the terms and conditions applicable to services funded by the Illinois Department of Human Services (IDHS), Division of Substance Use Prevention and Recovery (SUPR) for the development of Recovery Oriented Systems of Care Council.

## Project Expectations

Involve people with lived experience (PLE). Lived Experience means personal knowledge about substance use disorders (SUDs), including co-occurring mental health and substance use disorders (CODs) treatment, and recovery gained through direct involvement, which may include that individual's involvement as a patient, family member or loved one of a person receiving SUD/COD treatment services.

Create an integration of systems within the ROSC, local hospital, primary care, mental health, law enforcement, local business owners, local government representatives and policy makers, persons with lived experience and SUD intervention, treatment, prevention, and recovery support service providers.

Build a menu of services and supports including all the components listed in the definition above: person-centered, building on strengths/resiliencies, coordinated, and community-based.

Organize the logistics of ROSC Council meetings, stipends to ensure the participation of persons with lived experience, training cost, or website administration cost. Plans that include the development of Recovery Community Organizations (RCOs) in the ROSC are strongly encouraged.

Build capacity for communities to provide advocacy, education, and recovery support services for people in recovery from SUDs and co-occurring (SUD/Mental Health) Disorders (COD).

Map resources and assess needs including: readiness for a recovery community organization.

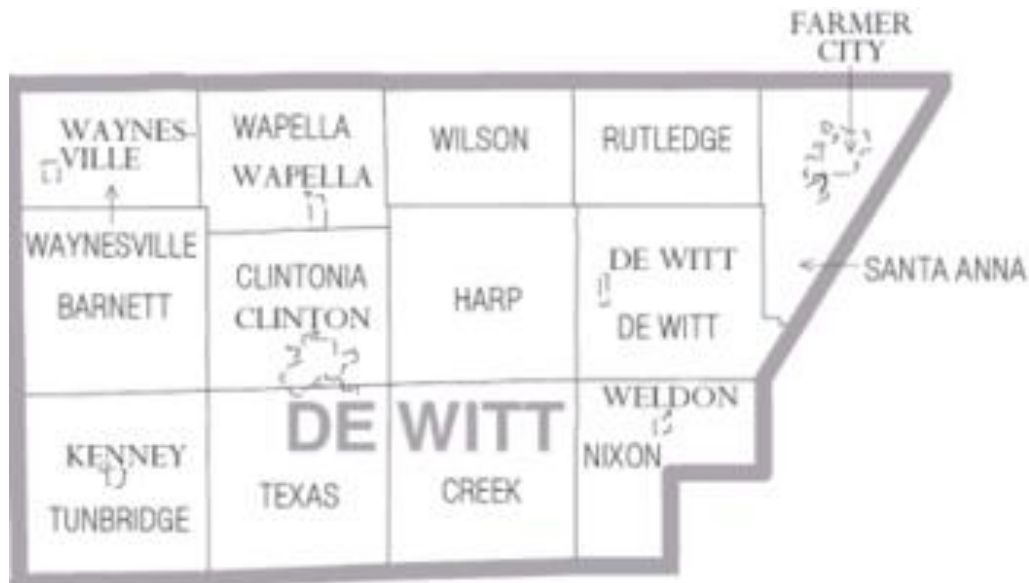
Inform, educate, and empower individuals and communities, expanding access to a comprehensive array of prevention, treatment, and peer recovery support options.

# COUNTY DEMOGRAPHICS

## DeWitt County Demographics

According to the 2020 United State Census, there were 15,516 people, 6,635 households, and an average of 2.32 persons per household residing in the county. The population density was 39 inhabitants per square mile (14.7/km<sup>2</sup>). There were 7,318 housing units at an average density of 18.9 per square mile (6.4/kms). The racial makeup of the county was 96.5% white, 1.2% black or African American, 0.5% Asian, 0.4% American Indian, and 1.4% from two or more races. Those of Hispanic or Latino origin made up 3.1% of the population. Out of the total population, 5.5% are under the age of 5, 21.2% are under age of 18, and 20% are aged 65 or over.

The median household income in the county was \$60,401, the per capita income was \$32,317, and the persons in poverty was 10.7%. The median value of an owner-occupied housing was \$109,800 and median gross rent was \$713.



# NEEDS ASSESSMENT COLLECTION & RESULTS

## Method of Data Collection

The DeWitt County Mental Health Board (DCMHB) recently concluded their County Needs Assessment in January 2023 with key community stakeholders, social service providers and persons with lived experience. Since their data was very current and to reduce duplication of efforts, DCRC felt the data collected was reliable and valid to fit our Needs Assessment requirements. Some of the members represented in the DCMBH needs assessment from:

- Blue Ridge CUSD
- Chestnut Health Systems
- Clinton Area Chamber of Commerce
- DeWitt Co Mental Health Board
- DeWitt County Farm Bureau
- Encore Developmental Services
- Neighborhood Care Center
- Regional Office of Education 17
- Warner Hospital & Health Services
- Central IL Area Health Education Center
- City of Clinton Police Department
- Clinton CUSD 15
- DeWitt-Piatt BiCounty Health Department
- DeWitt County Housing Authority
- Heritage Behavioral Health Center
- Prairieland Services Coordination Inc.
- United Way of Decatur & Mid-Central Illinois
- Macon Co CASA serving Macon/DeWitt Co

## Overall Response to Needs Assessment

### Strengths

- Strong Collaborative Provider Network
- Engaged Mental Health Board
- Critical Access Hospital w/many programs
- Great Youth Service Provider (The Vault)
- 2-1-1 System (Online database for service providers)
- Great school systems w/high academic achievement rates
- Great resources that address food insecurity
- Multiple SUD Prevention Programs
- Increase in Medication Drop-off boxes
- New MAT programming available

### Needs

- Minimal Peer Recovery Support Services
- No transitional housing for recovery clients
- Still not enough MH providers
- Little recreational opportunities for youth in Farmer City
- Support for youth w/parents that struggle with SUD
- Most social services are found only in one town
- More social service support for seniors
- Need CADAC
- No NA/AI-Anon meetings in County
- Lack of transportation for inpatient SUD needs

# COUNTY RESOURCE DIRECTORY

## Meetings

- Alcoholics Anonymous - There are currently (2) meetings available in Clinton and (1) in Farmer City. Clinton has (2) meetings on Wednesday at noon and one on Saturday night. The one in Farmer City is held on Wednesday nights. All are open meetings.
- Narcotics Anonymous - There currently is no NA meetings in DeWitt County.
- ROSC- Has to support groups one on Thursday and one in Farmer City on Sunday night.
- Treatment Group - While there are not currently any treatment groups identified in DeWitt County, Heritage Behavioral Health is launching groups soon.

## Medication Assisted Treatment

- Heritage Behavioral Health Center has a MAT program through their Clinton office.
- DeWitt-Piatt County Health Department has a MAT mobile clinic available at their Clinton office twice a month through a partnership with Family Guidance Center.

## Treatment and Recovery

- Heritage Behavioral Health Center has outpatient Substance Use Treatment services available at their Clinton office.
- Piatt County Mental Health Services has a Certified Alcohol and Drug Counselor who provides addiction services and DUI evaluations.
- While there are no Inpatient Treatment Centers in DeWitt there are several providers within a 45-mile radius
  - Heritage Behavioral Health Services - Decatur, IL
  - Rosecrans on Moreland - Champaign, IL
  - Chestnut Health Systems - Bloomington, IL

## Free Medication Disposal

- Clinton Police Department
- Warner Hospital
- Farmer City Police Department

## **Naloxone Training and Distribution**

- Champaign-Urbana Public Health District - Urbana, IL
- DeWitt-Piatt County Health Department
- Heritage Behavioral Health Services
- Piatt County Mental Health Center
- Warner Hospital
- DeWitt Housing authority

## **Recovery Support Services**

- Alcoholics Anonymous Hotline
- Narcotics Anonymous Hotline
- Al-Anon & Alateen
- Illinois Help and Text Line
- Illinois Warm Line
- National Suicide Prevention Lifeline
- Crisis Mental Health Hotline for DeWitt County - Serviced by Heritage Behavioral Health

## **Health Care Services**

- Warner Hospital - has a Critical Access Hospital in Clinton, Illinois.
- Family Health Care of Farmer City- Farmer City, IL
- OSF - Clinton, IL
- Warner Hospital Family Medicine - Clinton, IL
- Rural Health Center - Clinton, IL

## **Mental Health Services**

- Heritage Behavioral Health Center - Clinton, IL
- Cornerstone Counseling Center - Clinton, IL
- Family Health Care of Farmer City - Farmer, City
- Piatt County Mental Health - Monticello, IL



## **Domestic Violence Providers**

- Dove, Inc.
- Growing Strong Sexual Assault Decatur, IL

## **Affordable Housing**

- DeWitt County Housing Authority - Clinton, IL

## **Job Readiness**

- Workforce Investment Solutions - Decatur, IL
- Oncore (Clothing)

# SUMMARY

## Community Readiness

Based on initial conversations around the ROSC Council many stakeholders have demonstrated enthusiasm and interest in participating with DeWitt County ROSC Council (DCRC) initiatives. While we have a great number of active participants in PCRC at this point, we remain constantly committed to increasing the number of Persons with Lived Experience (PLE) in the process. While there have been multiple community conversations with social service providers for a need to provide a greater safety net and further opportunities for those interested in recovery, there has not been a funding opportunity to make this possible. Hopefully with the ROSC Coordinator solely focused on engagement of the community towards these goals, it is likely that those resources to support the effort will engage and provide that support.

## Technical Assistance Needed

This area has had few resources for many years and has not been able to progress toward creating a recovery community before now. A great deal of technical assistance may be need to ensure the group can achieve success.

Specific Technical Assistance Needs:

- Stigma Reduction Efforts
- Continual Council Membership Recruitment
- Planning for and working toward a Recovery Community Organization
- Expanding and Creating Services based on the Identified Needs of those with Lived Experience

## Moving Forward

DCRC remains optimistic about the success of future initiatives (stigma reduction, reducing barriers to treatment, increasing support/resources for recovery community, and creating recreational activities that support the sober community). Through the utilization of existing strong collaborative networks, support from IDHS, and insights from local PLEs, DeWitt County's recovery efforts will be enhanced in the upcoming years.

*“A journey of a thousand miles begins with a single step.” - Lao Tsu*