



COMMUNITY NEEDS/RESOURCE ASSESSMENT

Mission, Vision, Values and Goals

ROSC Mission:

“Collaborating to build and empower communities of recovery.”

ROSC Vision:

- People can and do recover.
- Individuals and families determine the support and services they need.
- Services and support are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.

- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the “voice” of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empowering individuals and families.
- Embrace cultural diversity.

ROSC Goals:

- Inform, educate and empower individuals and communities.
- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- Partnerships that are rich and diverse.
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build sustainability.

The following information is a comparison of our community resource list and the needs identified by the community survey results. This will look at gaps and barriers as well as additional information to expand awareness and improve access. McDonough/Fulton County ROSC will also cover strengths, weaknesses, opportunities, and threats via a SWOT analysis.

SWOT ANALYSIS

STRENGTHS

- Development of ROSC Council with diverse council members
- Medicated Assisted Treatment
- AA
- NA
- SMART Recovery
- Celebrate Recovery
- Regeneration at The Crossing
- Evaluation/intake services
- Individual counseling
- Outpatient group therapy
- Intensive outpatient treatment
- Relapse prevention services
- Treatment Transportation System
- McDonough County Drug Court
- Fulton County Drug Court
- Supportive Community
- Mental Health First Aid
- Faith Based Support
- Collaboration with EMS and Police
- Highlighting successful recovery stories
- Peer Recovery Support in Fulton County jail
- Deflection Initiative participation
- Salvation Army of Fulton County (CPRS Staff)
- Western Illinois University (AOD) (Campus Security)
- Adult and Teen Challenge
- Victory Acres
- McDonough County Health Department
- Fulton County Health Department (Free Narcan & Test Strip vending)
- Sue Tisdale – Harm reduction specialist
- Duney's Defense
- North Central Behavioral Health
- Samaritan Wellness
- Genesis Garden
- IRIS
- As I Still Rise

WEAKNESSES

- Community gaps in services
- No detoxification facility
- No in-patient
- No residential treatment facility
- Lack of sober living options
- Lack of community awareness of services
- Market concentration
- Grant discontinuation
- Lack of community education in many areas
- Family support and education
- Stigma
- Lack of grief support groups
- Limited number of providers
- Housing/Unhoused/Homelessness
- Poverty
- Lack of youth support groups and peer support for youth

OPPORTUNITIES

- Community involvement
- Community education
- Networking with community stakeholders
- Initiatives
- Building a culture that promotes and nurtures recovery
- Increase the number of individuals pursuing recovery
- Advocate for needed services
- Connecting communities

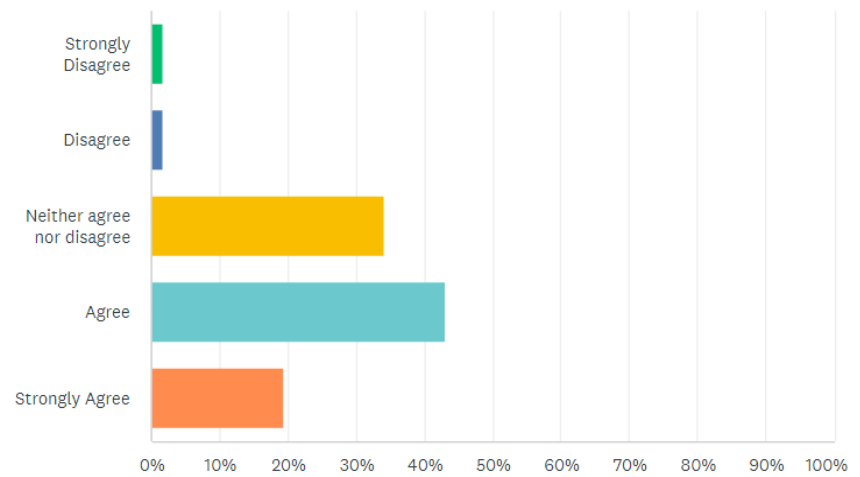
- Build stronger and healthier communities
- Transportation system
- Treatment program for adolescents
- Telehealth options
- Faith-based opportunities
- More outpatient treatment options
- Positive attitude towards community
- Future grants and funding
- Increase sober activities
- Parents in recovery support groups
- More sober social activities

THREATS

- Funding
- Stigmas
- Lack of consistent and ongoing collaboration
- Rural demographics and challenges
- State and Federal legislative changes
- Lack of understanding of rural challenges for treatment
- Apathy
- Growing opioid epidemic
- Growing methamphetamine epidemic
- Absent parents and lack of positive role models
- Lack of awareness
- Lack of education

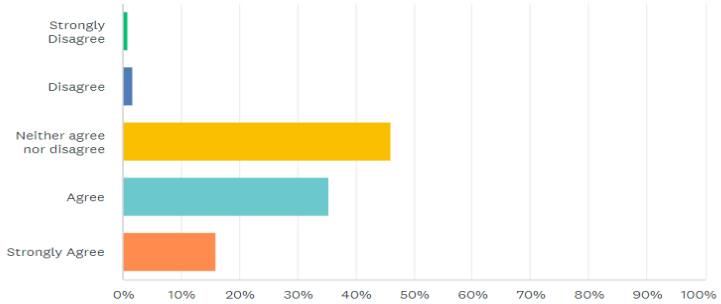
Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders...e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.

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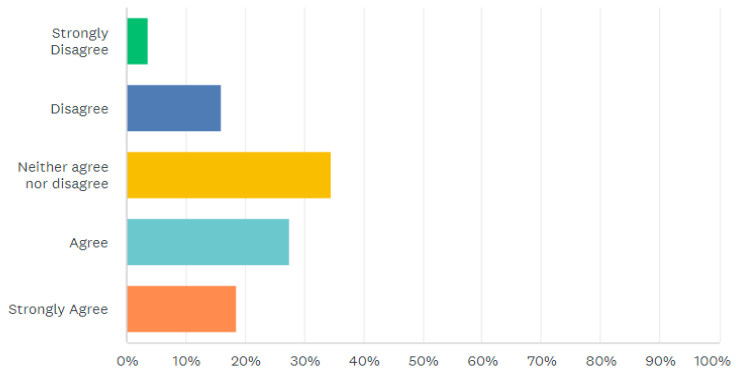
It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) in my community.

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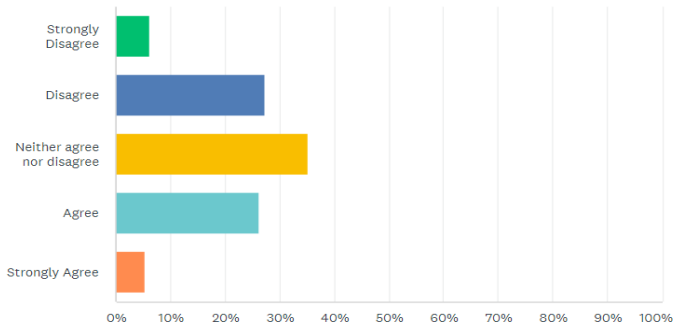
Harm reduction services like Narcan (Naloxone) and syringe service programs reduce the risks of drug use.

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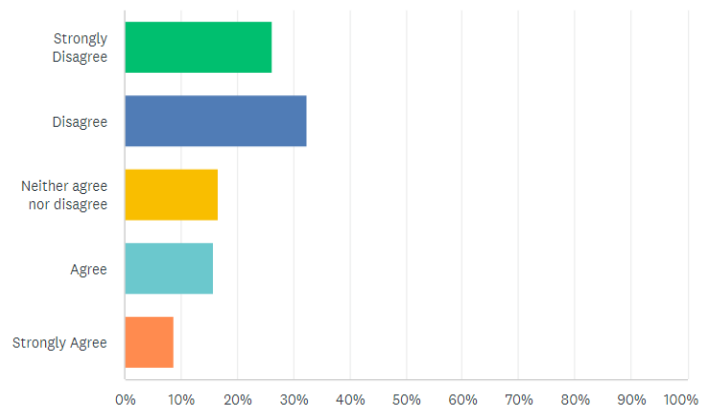
It is difficult to find harm reduction services like Narcan and syringe service programs in my community.

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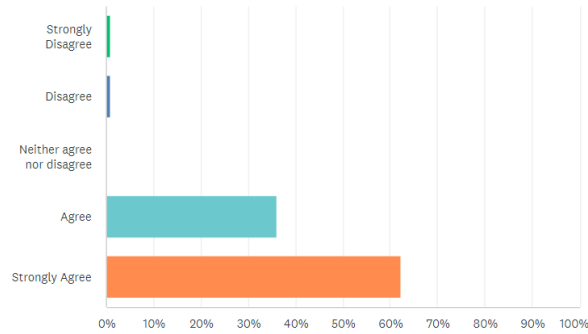
Everyone in my community can get help for their mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

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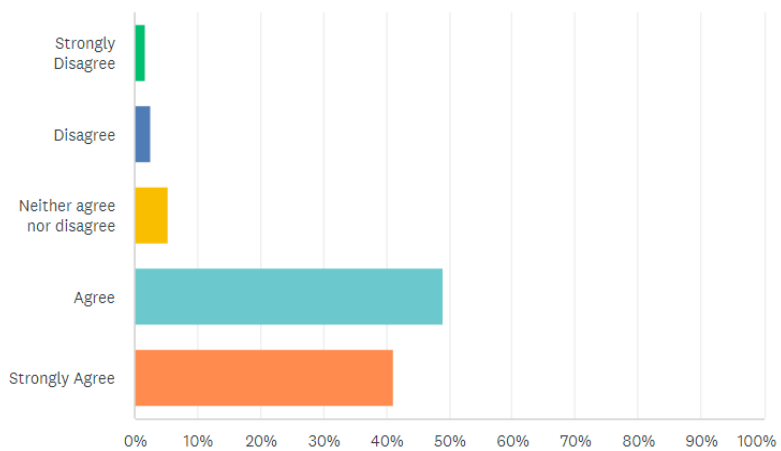
People who use drugs deserve the resources to help them get into recovery.

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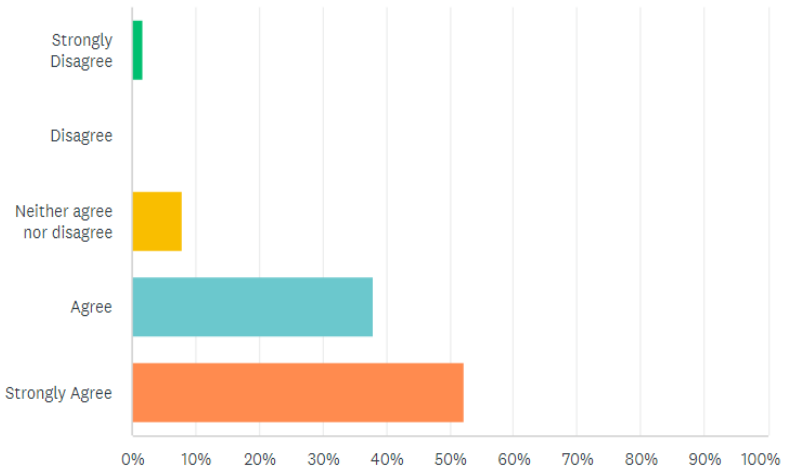
People who use drugs may find it hard to get the treatment they need due to stigma and other negative attitudes towards them.

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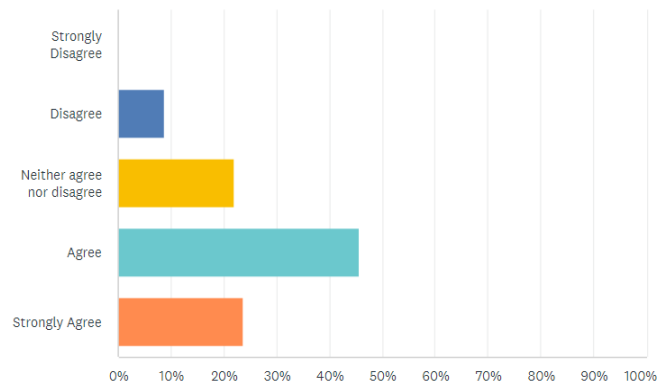
Narcan should be free and accessible in my community.

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There are many barriers in my community that prevent people from receiving substance use disorder treatment.

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GAP ANALYSIS

McDonough County

- Lack of detoxification services
 - 1). Richard Pryor Detox (Trillium Place) Peoria, Illinois – 72 Miles

- Lack of in-patient treatment services
 - 1). Carle Health Care – Peoria, Illinois – 72 Miles

- Lack of residential treatment services
 - 1). Knolls Center for Change (Men) – Peoria, Illinois – 72 Miles
 - 2). New Leaf Treatment (Women) – Peoria, Illinois – 72 Miles
 - 3). Clarity Healthcare – Quincy, Illinois – 67 Miles

- Need for more peer recovery support services
 - 1). Salvation Army of Fulton County – Canton, Illinois – 42 Miles

- Need more options for sober living
 - 1). Oxford House- Galesburg, Illinois (Men) – 53 Miles

- 2). Oxford House – Peoria, Illinois (Men & Women) – 72 Miles
- 3). Invictus Woods – Peoria, Illinois (Men & Women) – 72 Miles

Fulton County

- Lack of detoxification services
 - 1). Richard Pryor Detox (Trillium Place) Peoria, Illinois – 40 Miles

- Lack of in-patient treatment services
 - 1). Carle Health Care – Peoria, Illinois – 40 Miles

- Lack of residential treatment services
 - 1). Knolls Center for Change (Men) – Peoria, Illinois – 40 Miles
 - 2). New Leaf Treatment Center (Women) – Peoria, Illinois – 40 Miles

- Need for increased sober living options
 - 1). Oxford House (Men) Galesburg & Peoria, Illinois – Both are 40 Miles
 - 2). Oxford House (Women) Peoria, Illinois – 40 Miles
 - 3). Invictus Woods (Men and Women) – Peoria, Illinois – 39 Miles

- Increase awareness and education in our 2-county coverage area
- Need more rural representation on MFCI ROSC council
- Need more family education in 2-County coverage area
- Need 24/7 available Narcan and Test Strips in McDonough County
- Peer Support in McDonough County
- Harm Reduction and safety needs to be priority

Technical assistance and priorities to overcome the above gaps by...

The lack of detoxification, residential treatment, and in-patient treatment in our 2-county coverage area is a barrier. We utilize our buddy transportation system to help overcome this barrier. We have a large network of people in long term recovery who are willing to transport people to and from these services. Ideally, it would be great to have one of these three facilities here in McDonough and Fulton Counties. Until the time comes when this is a reality, we are very fortunate to have a long list of people in long term recovery people who are happy to help transport people and get them started on their journey of recovery.

The lack of peer support is a barrier. We encourage people who have an interest in working in the recovery field to check out the GSU website and inquire about the peer recovery support programs that are offered there and at other locations. We encourage people to make appointments and chat with the CPRS that is employed at The Salvation Army of Fulton County and attend MFCI ROSC meetings. As of right now, there is no CPRS in the McDonough County area. The utilization of people in long-term recovery has been a help in bridging the gap in this barrier.

The lack of sober living is certainly a barrier. In our 2-county coverage area, there are no technical sober living facilities. We have 2 transition shelters that have a requirement of no alcohol or drugs. These shelters operate very similar to a sober living facility, even though they are primarily a shelter for unhoused men and women. Hopefully, there will be a sanctioned certified sober living facility in McDonough and/or Fulton County soon. In the meantime, we have found it very beneficial to engage many of the Oxford House's that are already up and running in other areas. To help bridge the gap in this barrier, we can set people up with sober living options in Galesburg, Peoria, Bloomington, Champaign, Lincoln, Decatur, and Springfield. Two

primary Oxford House employees are a big part of the McDonough/Fulton County Illinois ROSC. This helps in many ways. Shelley Smith and Brycen McFadden are an asset to the MFCI ROSC and have proven essential to helping individuals find sober living throughout Illinois.

Partnering with Regional Office of Education on several projects would benefit the MFCI ROSC as well. We would be able to access the ROE's programs and trainings for educational institutions in our areas. This would help educate families and raise awareness of what the ROSC is and what it does. This would also open doors for more prevention aspects in several schools in the coverage area of MFCI ROSC.

Our community supports ROSC and they participate frequently. Our area is recovery friendly. Expansion on MAT/MAR, harm reduction, Narcan distribution is in the future. Plans have been made to start partnering and collaboration with Jolt Harm Reduction in Peoria, Illinois. This is a functioning RCO that provides technical support, education, and harm reduction services. Jolt administration members are actively involved with MFCI ROSC. Partnering with Jolt Harm Reduction in several projects is a main focus for the coming months.

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