



COMMUNITY NEEDS/RESOURCE ASSESSMENT

Mission, Vision, Values and Goals

ROSC Mission:

“Collaborating to build and empower communities of recovery.”

ROSC Vision:

- People can and do recover.
- Individuals and families determine the support and services they need.
- Services and support are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.

- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the “voice” of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empowering individuals and families.
- Embrace cultural diversity.

ROSC Goals:

- Inform, educate and empower individuals and communities.
- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- Partnerships that are rich and diverse.
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build sustainability.

The following information is a comparison of our community resource list and the needs identified by the community survey results. This will look at gaps and barriers as well as additional information to expand awareness and improve access. West Central Illinois ROSC will also cover strengths, weaknesses, opportunities, and threats via a SWOT analysis.

SWOT ANALYSIS

STRENGTHS

- Development of ROSC Council with diverse council members
- Suboxone, Vivitrol, Narcan, MAT/MAR
- 2 Free Narcan & Test strip vending machines in Knox County (24-hour access to public)
- AA
- NA
- SMART Recovery
- Celebrate Recovery (3 Locations)
- Western Illinois Works, Inc.
- Parks and recreational opportunities
- Henry County Mental Health Alliance
- Evaluation/intake services
- Individual counseling
- Outpatient group therapy
- Intensive outpatient treatment
- Adolescent services
- Insight program
- Relapse prevention services
- Treatment Transportation System
- Knox County Drug Court
- Henry County Drug Court
- Warren/Henderson County Drug Court
- OSF Resource Link
- OSF Navigation Link
- Prairie State Legal Services
- Crossroads
- Oxford House
- Supportive Community
- Mental Health First Aid
- Faith Based Support

- Collaboration with EMS and Police
- 708 Boards in all 4 Counties
- Certified Peer Support Groups
- Highlighting successful recovery stories
- Peer Recovery Support in county jails
- Multiple Deflection Initiative participation
- Hope Initiative
- Hope Outreach
- Eagle View Community Health System
- Galesburg Rescue Mission
- Graham Medical Group
- GHAS – Galesburg Ambulance Services
- Knox County Sheriff's Office
- Galesburg Police Department
- Several food pantries

WEAKNESSES

- Community gaps in services
- No detoxification facility
- No in-patient
- No residential treatment facility
- Lack of women sober living options
- Lack of community awareness of services
- Market concentration
- Grant discontinuation
- Lack of community education in many areas
- Family support and education
- Stigma
- Lack of grief support groups
- Limited number of providers
- Housing/Unhoused/Homelessness
- Poverty

- LGBTQ Community recovery services
- Lack of youth support groups and peer support for youth

OPPORTUNITIES

- Community involvement
- Community education
- Networking with community stakeholders
- Initiatives
- Building a culture that promotes and nurtures recovery
- Increase the number of individuals pursuing recovery
- Advocate for needing services
- Connecting communities
- Build stronger and healthier communities
- Transportation system
- Treatment program for adolescents
- Telehealth options
- Faith-based opportunities
- More outpatient treatment options
- Positive attitude towards community
- Future grants and funding
- Increase sober activities
- Parents in recovery support groups

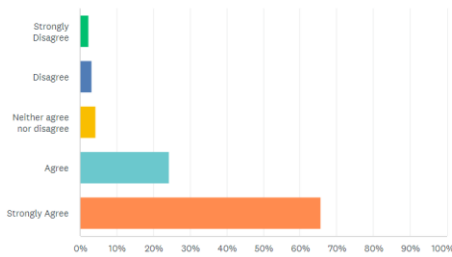
THREATS

- Funding
- Stigmas
- Lack of consistent and ongoing collaboration
- Rural demographics and challenges
- State and Federal legislative changes
- Lack of understanding of rural challenges for treatment

- Apathy
- Growing opioid epidemic
- Growing methamphetamine epidemic
- Absent parents and lack of positive role models
- Lack of awareness
- Lack of education

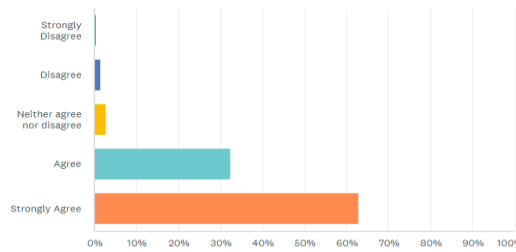
We should increase government funding on treatment options for mental health and substance use disorders.

Answered: 213 Skipped: 0



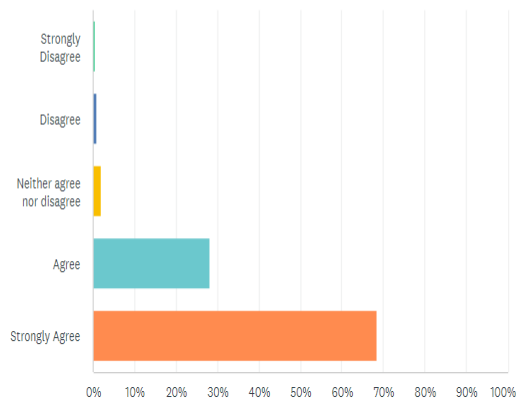
People who use drugs deserve the resources to help them get into recovery.

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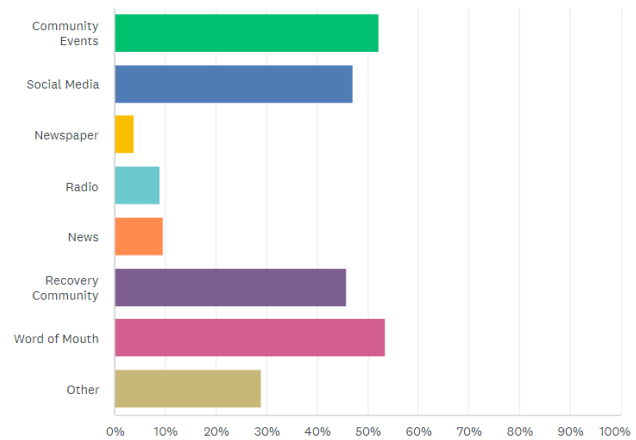
People with mental illness deserve the resources to help them get into recovery.

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If YES, where have you heard of ROSC?

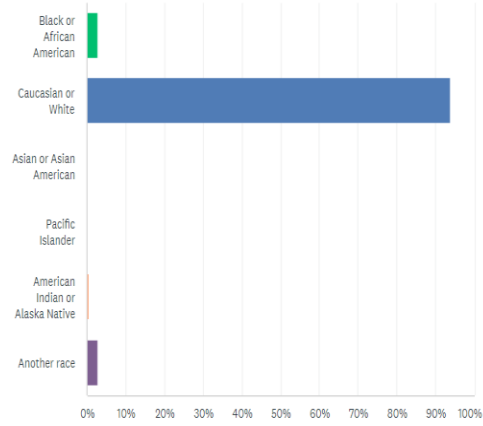
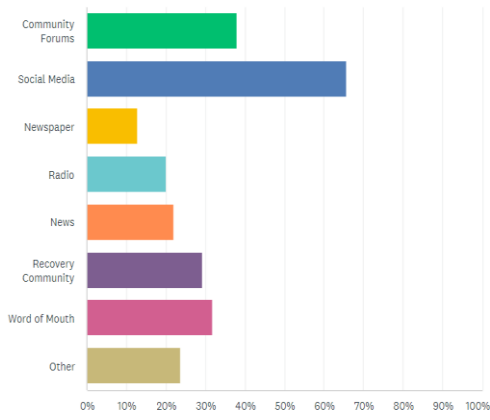
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How do you like to receive information about our ROSC and other Community events and recovery resources?

Race:
 Answered: 211 Skipped: 2

Answered: 195 Skipped: 18

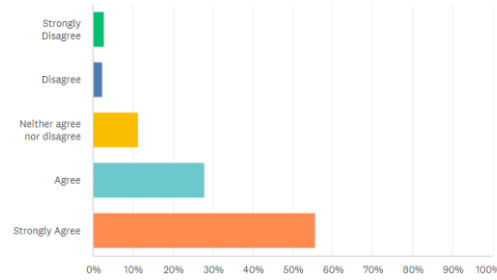
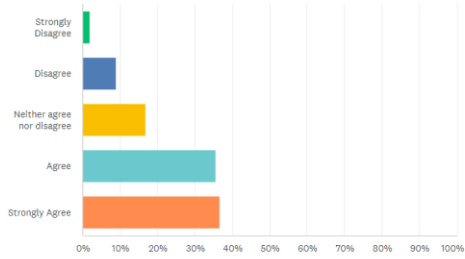


There are many barriers in my community that prevent people from receiving mental health treatment services

Narcan should be free and accessible in my community.

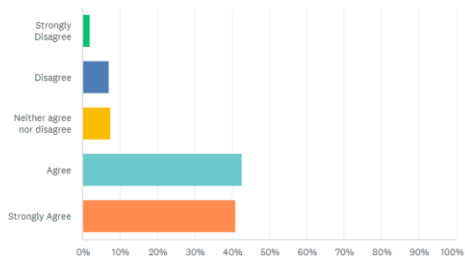
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People who use drugs may find it hard to get the treatment they need due to stigma and other negative attitudes towards them.

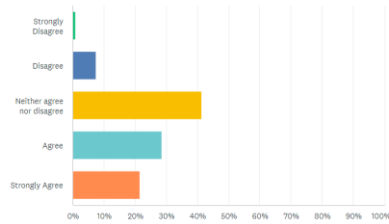
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Q4

It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) in my community.

Answered: 213 Skipped: 0





GAP ANALYSIS

- Lack of detoxification services
 - 1). Richard Pryor Detox (Trillium Place) Peoria, Illinois – 44 Miles

- Lack of in-patient treatment services
 - 1). Robert Young/Riverside – Moline, Illinois – 35 Miles

- Lack of residential treatment services
 - 1). Knolls Center for Change (Men) Peoria, Illinois – 41 Miles
 - 2). New Leaf Treatment Center (Women) Peoria, Illinois – 40 Miles

- Need for more peer recovery support services
 - 1). There are two peer recovery support specialists serving the 4-county service area. The demand for peer support services is continuing to grow in our area and around the state of Illinois.

- Need more options for sober living
 - 1). Oxford House (Galesburg, Illinois) Men’s sober living – 6 to 8 beds
 - a). There are plans for another Men’s Oxford House in our area
 - 2). Oxford House (Peoria, Illinois) Men & Women’s sober living – 41 Miles
 - 3). Invictus Woods (Peoria, Illinois) Men and Women sober living – 41 Miles

- Need to be inclusive to all demographics and cultures
- Increase awareness and education in our 4-county coverage area
- Need more rural representation on WCI ROSC council
- Need more family education in 4-County coverage area

Technical assistance and priorities to overcome the above gaps

The lack of detoxification, residential treatment, and in-patient treatment in our 4-county coverage area is a barrier. We utilize our buddy transportation system to help overcome this barrier. We have a large network of people in long term recovery who are willing to transport people to and from these services. Ideally, it would be great to have any one of these three facilities here in Knox, Warren, Henry, or Henderson Counties. Until the time comes when this is a reality, we are very fortunate to have a long list of people in long term recovery people who are happy to help transport people and get them started on their journey of recovery.

The lack of peer support is a barrier. We encourage people who have an interest in working in the recovery field to check out the GSU website and inquire about the peer recovery support programs that are offered there and at other locations. We encourage people to make appointments and chat with the CPRS staff that are employed at Bridgeway in Knox, Warren, and Henry Counties and attend WCI ROSC meetings. This has been a great help and can help mend this barrier.

The lack of sober living is certainly a barrier. In our 4-county coverage area, there is just 1 sober living facility. The facility is in Galesburg, Illinois and

it is a men's Oxford House. Oxford House has expressed interest in opening more houses in the Galesburg and surrounding area. In the meantime, we have found it very beneficial to engage many of the Oxford House's that are already up and running in other areas. To help bridge the gap in this barrier, we can set people up with sober living options in Peoria, Bloomington, Champaign, Lincoln, Decatur, and Springfield. Two primary Oxford House employees are a big part of the West Central Illinois ROSC. This helps in many ways. Shelley Smith and Brycen McFadden are assets to the WCI ROSC and have proven essential to helping individuals find sober living throughout Illinois.

Our survey results revealed that primarily Caucasian people participated in the survey. We need to make sure we reach people of all ages, races, demographics and so forth. We need to reengage our diverse groups and offer support, education, and training. West Central Illinois ROSC has a working relationship with NAACP, PFLAG, and others. Contact and reformulate those relationships and offer Narcan training, prevention talks, and educational forums. ROSC can provide subject matter insight to these groups to make sure they are educated and up to date on things in the substance use and mental health field. This will help ensure that they are included at the ROSC table. Inform them that ROSC wants to help them in their efforts as well. This step also includes the smaller communities covered by WCI ROSC. This approach can be met by offering presentations and trainings in Warren and Henderson Counties.

Partnering with the Regional Office of Education 33 on several projects would benefit the WCI ROSC as well. We would be able to access the ROE's programs and trainings for educational institutions in our areas. This would help educate families and raise awareness of what ROSC is and what it does. This would also open doors for more prevention aspects in several schools in the coverage area of WCI ROSC.

Our community supports ROSC and they participate frequently. Our area is recovery friendly. An expansion on MAT/MAR, harm reduction, Narcan distribution is in the future. Plans have been made to start partnering and collaborating with Jolt Harm Reduction in Peoria, Illinois. This is a functioning RCO that provides technical support, education, and harm reduction services. Jolt administration members are actively involved with West Central Illinois ROSC. Partnering with Jolt Harm Reduction in several projects is a focus for the coming months.



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