ROSC Meeting Feb 24, 2025

Amber, Jeremy Uchtman – The Next Network, Charity Griggs - CEFS, Chas Swearingen – LPBHC, Erica Petcher – The Next Network, Jill Dupy – LCCC, Johanna Gonzalez – IDHS/SUPR, Julie Pohlman – Region 4 ROSC TA, Keppen Clanton Regional Council Manager, Maria Clark – Locust Street Resource Center, Stephanie Carson – Gateway, (See chat below for more info)

- Introduction included ROSC mission, ROSC logo board and information about the agenda which focused on SWOT with updates being at the end of the meeting.
- Utopia Board Game updates: Adrienne Edwards completed transportation list but have not gotten call backs, there will be some updates including an online version (what people are doing and accomplishing), if haven't joined utopia board game, talk to Michelle.
- Meeting Minutes: Approved.
- Smart Buddy Program presentation, Macoupin and Montgomery County Teens 4 Teens will present next month, they were unable to attend this one. Lindsay and Elyse will be talking about "Talk, they Hear You" Campaign and MCPHD strategic plan, we will also be working on the MCPHD SWOT analysis.
- Smart Buddy Program Juletta Ellis (Litchfield School District/TLC),
 - Host 9 different high schools, go into classrooms elementary, junior high, high school.
 - Became part of mapping initiative in Litchfield, worked with steering committee, ended up on Together Litchfield Can (TLC) youth group. Had a mentoring program at Pana school district which used some aspects of smart buddy program.
 - Came to MCI and Katie Fenton thought parents could benefit from a mentor see if launch a mentor program – it's a collaboration Litchfield School District and Youth Committee.
 - For grades 2-5
 - They get all types of support from outside of school and family but in the school setting, play games with them, homework, other activities. 2x per month (minimum), face to face. Mentors can go into school according to a schedule.
 - Identified students in need, got 12 students who thought may benefit most, reviewed applications in November which led to the next part of implementing.
 - o I had a mentor orientation, gave info on how to support mentors.

- Kick-off with a buddy breakfast. Permission from all parents on how to support their child. Played "get to know you" game.
- Plan event at end of the year with TLC getting information about event and anyone who wants to be a buddy. I want to eventually create a motivation to graduate from this program.
- Planning to move into middle and high school at some point.
- Talk they Hear You Campaign: Presented by Elyse Schoen and Lindsay Minor
 - SAMSHA helps parents, caregivers, educators and community members get informed on how to talk to their kids about the dangers of substance use.
 - Played video on Talk they hear you campaign: https://www.youtube.com/watch?v=9XfbG-80Jv4
 - Instead of having to go to school or going to specific program this is in the hands of parents, and it can really help parents on how to talk to their kids about drugs.
- IPLAN
 - MCPHD Have to do every 5 years to get state funds it's a needs assessment for the county. This plan shows what we will be working on for the next 5 years.
 - Next 18 months will increase awareness of mental health services, transportation, dental services.
 - \circ Authorize transportation to outpatient, inpatient or homeless services.
 - Counseling services to 4 of 8 schools.
 - Develop and implement annual wellness event in Macoupin County will be doing another one in Sept.
 - Develop over 18 months to 3 years a team of interventionalists to respond to emergency and police departments, also in school setting (Handle with Care)
 - Enhance youth education programs
 - Obtain PCMH status.
 - Increase the number of billable visits, employee retention, day camp/wellness, and funding for a daycare center.
 - Develop workforce program to broaden access to career opportunities.
 - Establish Mobile outreach program.
 - Reach out to Elyse Schoen (<u>eshoen@mcphd.net</u>) at Macoupin County Public Health Department if you have questions about the plan.
 - Should be uploaded to the website soon
- MMCR SWOT Analysis

- Helps to assess the current state of recovery services and determine areas for improvement.
- SWOT stands for strengths, weaknesses, opportunities and threats.
- Presenters showed an older copy of the SWOT and newer version of SWOT.
- Given the deadline, members will review the existing preliminary copy of the SWOT via email and will then schedule a full Needs Assessment and SWOT Analysis at the next meeting.
- Grayson youth citizen that wanted to attend ROSC meeting to get resources on how to become more involved in the substance use and mental health world. Members were asked to provide information about their agencies.
 - Next Network, TASC, NAMI, SIUE and SFW talked about work that they do so she could get contact info.
 - Several graduates of the SIUE program discussed experiences being in the program and helping to get certification for becoming a peer recovery specialist.
 - Members discussed stipends and benefits.
 - Other members online also explained their programs.
- Discussed fentanyl and xylazine in the drug supply.

CHAT

I'll be cutting out early today due to conflict. Chas Swearingen with Lincoln prairie BHC. 217-820-3087 <u>Chas.swearingen@uhsinc.com</u>

Maria Clark - Locust Street Resource Center. 217-854-3166 mariac@macmhc.org

Hi Everyone! Jill Dupy, Outreach Specialist Adult Education at Lewis & Clark Community College. You can email me at jidupy@lc.edu or call 618-468-4149.

Johanna Gonzalez ROSC Coordinator IDHS SUPR johanna.gonzalez@illinois.gov

Amber Canada Interning at The Haven Home of Hope. ambercrc87@gmail.com

Hello!!! Erica Petcher Program Manager of the Haven Home Next Network/Crossover Ministries Email is erica@next-network.co 217-556-9884

Jeremy Uchtman Intern Haven Home 217 250 0371

Stephanie Carson-Gateway Foundation (treatment center for substance and alcohol use) scarson@gatewayfoundation.org; 217-685-4791