# Sangamon County ROSC Needs Assessment & Gap Analysis February 2025

## Resource List/Asset Map

The Sangamon County ROSC has developed a list of community resources related to substance use disorder, recovery, and general social and economic supports. This list is maintained and updated by the ROSC and kept on the public-facing Sangamon County ROSC website: <a href="https://www.sangamoncorosc.org/community-resource-guide-resource-map">https://www.sangamoncorosc.org/community-resource-guide-resource-map</a>

As of September 2024, this resource list includes 347 service providers and community resources in the following categories:

- Transportation
- Counseling and Behavioral Health
- Medical, Vision, and Dental Care
- Clothing and Furniture Resources
- Court and Legal Services
- Education
- Children and Youth Services
- Spirituality

- MAR Providers
- Harm Reduction
- Employment
- Housing
- Food
- Childcare
- Recreation
- Support Groups

**Resource Guide:** https://docs.google.com/spreadsheets/d/1KprxmMf24EsZc6V35nP-H8B6xBBCxaWFx2cD3B1Wc2l/edit?usp=sharing

#### Resource Google Map:

https://www.google.com/maps/d/u/1/edit?mid=1oPSS5VcAz3E22XSkNQGjuriiXCkaAQA&usp=sharing

\*See Appendix III for complete list of resources

### **Needs Assessment**

#### Summary

The Sangamon County ROSC conducted a community survey between December 2, 2024 – February 21, 2025. The goals of the community survey were:

- Measure general community awareness of existing substance use, recovery, and other support services resources
- 2. Identify barriers to accessing existing resources
- 3. Identify gaps in community resources available

#### The survey process included two components:

- 1. General community survey offered in paper format & online\*
  - a. Target: 300 responses, with rough breakdown mirroring County demographics
  - b. Actual: 243 responses, demographics described below and displayed visually in Appendix II
- 2. Semi-structured focus groups with people with lived experience
  - a. Target: 2 focus groups with at least 3 individuals in each:
    - People experiencing homelessness & struggling with substance use
    - People in treatment and/or recovery
  - b. Actual: 2 focus groups completed:
    - Focus group 1: 9 participants, comprised of people experiencing homelessness & substance use needs or SUD.
    - Focus group 2: 8 participants, comprised of people identifying as being in recovery and residing in a sober living home.

#### Survey Results

#### <u>Demographics & Characteristics of Respondents</u>

Of the 243 survey responses, between 175-187 respondents (about 75%) answered the optional questions about their demographics. In general, respondents' characteristics mirror countywide demographics, with some key exceptions:

- Survey responses reflect an <u>underrepresentation</u> of people under age 24 and over age 65
- Survey responses reflect an <u>underrepresentation</u> of males
- Survey responses reflect an <u>underrepresentation</u> of Asian respondents
- Survey responses reflect an <u>overrepresentation</u> of people in recovery from a substance use disorder or mental health condition

Survey Respondent demographic data shows:

<sup>\*</sup>See Appendix I for survey questions and format

- Most respondents report an annual income level below \$100,000, with modal income level falling between \$50,000-\$99,000 (35% of respondents)
- 50% of respondents are female, 44% are male, 4% prefer not to identify, 1% are gender fluid, and 0.5% are nonbinary
- Most respondents are between ages 25-64, with most common age group 35-44 years (30% of respondents)
- 92% of respondents report residing in Sangamon County. The 8% of respondents not living in Sangamon report living in nearby counties (Cass, Morgan, Menard, Christian)
- 5% of respondents are Hispanic/Latino, 85% are not Hispanic/Latino, and 10% prefer not to report this
- 70% of respondents are white, 14% are Black/African American, 5% are two or more races, 0.5% are Asian, 0.5% are American Indian or Alaska Native, and 10% prefer not to report this
- 91% of respondents report speaking English at home. Of those reporting a different language, most common were: Spanish and Polish
- 50% of respondents report being in recovery from a substance use disorder and/or mental health condition

\*See Appendix III for visual representation of survey respondents' demographic data

Stigma & Perception of Substance Use & Evidence-Based Interventions

#### Key Findings:

The majority of respondents agree that people with **behavioral health conditions deserve respect**, although this belief differs by type of behavioral health condition:

• A greater percentage agree with this sentiment regarding mental illness, compared to substance use disorders (93% vs. 83%), and a greater percentage strongly agree with this sentiment regarding mental illness, compared to substance use disorder.

While a majority of respondents (66%) agree that **medication assisted recovery** (MAR) is an effective treatment for substance use disorder, a sizeable minority (25%) are neutral about this.

• In comparison, significantly fewer respondents (48%) agree that **harm reduction services** are effective at reducing the risks of substance use, and a larger minority (27%) disagree with this statement.

The vast majority of respondents (88%) agree that there should be **more government funding** for mental health and substance use treatment services.

#### Summary of all responses:

- 83% of respondents agree or strongly agree that "people who use drugs deserve respect"
  - o 14% neither agree nor disagree
  - o 3% disagree or strongly disagree
- 93% of respondents agree or strongly agree that "people with mental illness deserve respect"
  - 4% neither agree nor disagree
  - o 3% disagree or strongly disagree
- 66% of respondents agree or strongly agree that MAR is an "effective treatment for substance use disorders"
  - o 25% neither agree nor disagree
  - 9% disagree or strongly disagree
- 48% of respondents agree or strongly agree that harm reduction services "reduce the risks of drug use"
  - o 25% neither agree nor disagree
  - o 27% disagree or strongly disagree
- 88% of respondents agree or strongly agree that "We should increase government funding for treatment options for mental health and substance use disorders"
  - o 8% neither agree nor disagree
  - 3% disagree or strongly disagree

#### Perception of Availability of Services

#### Key Findings:

Respondents were split on their perceptions of availability and accessibility of services in Sangamon County.

- A significant minority believe it is difficult to find MAR treatment (38%) and mental health or substance use treatment (44%),
  - A nearly equal 41% believe it is not difficult to find mental health or substance use treatment
  - o A smaller number (24%) believe it is not difficult to find MAR treatment
- A small number (24%) of respondents believe it is difficult to find **harm reduction services** and a plurality (44%) expressed that it is not difficult to find harm reduction services in the community.

In terms of accessibility of services, about 40-45% agree and 40-45% disagree that both mental health and substance use treatment is accessible to everyone regardless of barriers like insurance, income, etc. This represents a nearly even split, with 16% of respondents neutral on these questions. However, perception of accessibility of harm reduction services is more skewed, with more respondents reporting that it is not difficult to find these services.

#### Summary of all responses:

- 38% of respondents agree or strongly agree that it is difficult to find a healthcare provider who offers MAR in the community
  - o 38% neither agree nor disagree
  - 24% disagree or strongly disagree
- 44% of respondents agree or strongly agree that it is difficult to find mental health or substance use treatment services in the community
  - o 15% neither agree nor disagree
  - 41% disagree or strongly disagree
- 24% of respondents agree or strongly agree that it is difficult to find harm reduction services in the community
  - o 32% neither agree nor disagree
  - 44% disagree or strongly disagree
- 39% of respondents agree or strongly agree that "everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status"
  - o 16% neither agree nor disagree
  - 45% disagree or strongly disagree
- 44% of respondents agree or strongly agree that "everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status"
  - o 17% neither agree nor disagree
  - o 39% disagree or strongly disagree

#### Awareness of Resources

When asked concretely how many resources they were <u>aware of</u> in each of the service categories below, several trends emerged:

- Respondents were aware of the fewest services for youth, compared to adult services
- In general, awareness of mental health-related services was lower than awareness of substance use-related services
- Almost half (49%) of respondents were aware of 3 or more support groups for people in recovery from SUD, but many fewer (13%) were aware of 3 or more support groups for people with a mental health condition
  - A majority (59%) were aware of 0 support groups for family members of someone with a mental heath condition, compared to 26% for family members of someone with a substance use disorder
- While a majority (76%) of respondents were aware of several resources for safe, sober community events, a significant minority (24%) were aware of 0 of these resources
- Nearly 1/3 of respondents (29%) were unaware of any resources for peer support services
- Nearly half (49%) of respondents were unaware of any resources for people exiting incarceration with substance use needs, and a majority (62%) were unaware of any resources for this population related to mental health

Summary of all responses, ranked by weighted average (highest awareness levels to lowest):

	Aware of 0	Aware of 1-2	Aware of 3+	Weighted
	resources	resources	resources	average
Support groups for people in recovery	12%	39%	49%	2.37
from SUDs				
Outpatient treatment for adults with an	8%	59%	32%	2.24
SUD				
Recovery housing	20%	42%	38%	2.19
Harm reduction resources to help	15%	59%	26%	2.12
people who use drugs				
Residential treatment for adults with	12%	69%	19%	2.07
SUD				
Safe, sober community events or	24%	46%	30%	2.07
activities for people in recovery and				
their communities				
Outpatient mental health treatment for	14%	66%	20%	2.06
adults				
MAR for people with OUD	17%	63%	20%	2.03
Recovery community organizations	28%	43%	29%	2.00

Support groups for family members of	26%	49%	25%	1.99
people with substance use disorders.				
Peer recovery support services	29%	46%	25%	1.96
Inpatient mental health treatment for	22%	64%	14%	1.93
adults				
Withdrawal management ("detox")	35%	52%	13%	1.78
resources for adults with a substance				
use disorder.				
Behavioral health crisis response	33%	60%	7%	1.74
services				
Outpatient mental health treatment for	40%	50%	10%	1.70
youth (under age 18)				
Inpatient mental health treatment for	40%	53%	7%	1.67
youth (under 18)				
Support groups for people with a	47%	40%	13%	1.66
mental health condition				
Substance use support services for	49%	42%	9%	1.61
people who are incarcerated and/or				
leaving incarceration				
Outpatient treatment for youth (under	52%	41%	7%	1.55
18) with a substance use disorder				
Support groups for family members of	59%	34%	7%	1.47
people with mental health conditions				
Withdrawal management ("detox")	61%	32%	7%	1.46
resources for youth (under 18) with a				
substance use disorder.				
Residential treatment for youth (under	58%	38%	4%	1.45
18) with a substance use disorder.				
Mental health supports for people who	62%	33%	5%	1.44
are incarcerated and/or leaving				
incarceration				

When asked about their knowledge of <u>how to access</u> services, most respondents agreed that they know how to access both mental health and substance use treatment in Sangamon County.

- Knowledge of how to access substance use treatment was slightly higher than knowledge of how to access mental health treatment.
- While a majority (56%) of respondents indicated that they know how to access peer support services, knowledge of how to access this service was lower than knowledge of how to access treatment services.

Strongly	Agree	Neither agree	Disagree	Strongly
Agree		nor disagree		Disagree

I know how to access mental	32%	38%	11%	11%	8%
health treatment in Sangamon					
County.					
I know how to access substance	39%	40%	10%	5%	5%
use treatment in Sangamon					
County					
I know how to access peer	28%	28%	19%	15%	9%
recovery supports in Sangamon					
County					

When it comes to naloxone, nearly all respondents (96%) know what it is, and a smaller majority (74%) know where to access it at no cost.

- 76% of respondents report knowing how to use naloxone in the event of an overdose.
  - o 17% of respondents report that they do not know how to do this.

	Strongly Agree	Agree	Neither agree nor disagree	Disagree	Strongly Disagree
I know what naloxone (Narcan)	65%	27%	7%	1%	0.5%
is					
I know where I can access	50%	22%	10%	12%	4%
naloxone (Narcan) at no cost.					
I know how to use naloxone	50%	26%	7%	13%	4%
(Narcan) to reverse an overdose.					

When asked to rank common barriers in terms of how strongly they impact respondents' own ability to access behavioral health and/or recovery services in our community, several trends emerged:

- Waitlists, income and insurance limitations, and stigma were the most common barriers to accessing behavioral health services
  - 62% of respondents indicated that waitlists strongly or somewhat impact their ability to access behavioral health services in their community.
  - 57% of respondents reported that an inability to pay for services strongly or somewhat impeded their access.
  - 21% of respondents said that stigma strongly impacts their ability to access services and 44% said that it strongly or somewhat impacts their ability to access services.
- Language barriers were the least common barriers reported by respondents. However, 18% of respondents did indicate that language barriers strongly or somewhat limit their access to behavioral health services.

Summary of all responses, ranked by highest percentage of respondents reporting the factor "strongly" impacts their ability to access services:

	Strongly	Somewhat	Rarely	Never	Not Applicable
Waitlist to access services	33%	29%	12%	14%	12%
Inability to pay for services	28%	29%	15%	16%	13%
Stigma	21%	23%	20%	21%	14%
Lack of insurance	19%	26%	15%	21%	19%
Transportation	15%	22%	14%	32%	17%
Hours of operation	15%	25%	25%	21%	13%
Childcare	14%	19%	8%	22%	37%
Culturally responsive care not available	13%	17%	14%	26%	30%
Geographic distance	12%	23%	19%	31%	16%
Ability of location to accommodate physical disability or limited mobility	10%	14%	16%	25%	35%
Only in-person services offered	10%	26%	20%	23%	20%
Only telehealth services offered	8%	22%	25%	23%	23%
Language barrier	5%	13%	15%	38%	29%

Respondents were asked what else they would like to say about barriers to accessing behavioral health treatment and recovery supports in Sangamon County. These qualitative open-ended responses are summarized below.

- Transportation and waitlists were echoed by many people across both questions.
- A common theme was that people with state insurance may have to wait longer or have fewer options for treatment services.
- Specific populations like LGBTQIA+ and BIPOC groups were identified as needing specialized supports and services that providers in the county do not currently offer.
- A lack of awareness of existing resources related to peer support was identified by many respondents.

Barriers to Accessing Behavioral Health	Barriers to Accessing Recovery Support
Treatment	Services
Financial Barriers:	Logistical/Accessibility Barriers:
<ul> <li>Therapy requires large co-pays</li> <li>People with state insurance have fewer mental health treatment options and longer waits</li> </ul>	Lack of childcare for mutual aid support groups

- Insurance companies deny claims and limit treatment time
- Uncertainty around where to find free or low-cost resources

#### Logistical & Wait Time Barriers:

- Transportation is a big barrier
- Hours of operation are inconvenient need more evening/weekend hours
- Can be difficult for people with disabilities to access services
- The wait time for long term mental health help is a deterrent
- Hours of operation very difficult for people who work during the day

#### Housing & Homelessness:

- Housing is needed, including transitional housing
- Homelessness is a barrier
- Want more info on transitional living

#### Lack of Services:

- There are not enough beds in treatment facilities
- Urgent need for detox services in the county
- More mental health services should be provided in long term care
- The living room at Memorial Behavioral Health should reopen
- The services we (do) have are understaffed and burnt out
- Limited EMDR services
- There are not enough beds in treatment areas for people who are from underserved/low-income communities. These facilities sometimes offer sub-par services.
- We need more mental health services provided for long term care
- Need more peer support roles
- Facilities that can provide specialized care for LGBTQIA+ population are lacking

#### Stigma:

 Difficulties in identifying and communicating distress, stigmatizing beliefs, shame, a preference for self-

- Many recovery support groups meet in churches, which may not feel accessible or safe for some people
- Transportation is a big barrier
- Waitlists are a big problem

#### Housing & Homelessness:

- Housing resources are needed
- More help for people experiencing homelessness
- Housing- recovery housing options are limited and not accessible due to lack of finances and funding help

#### Awareness of Resources:

- General community has almost no information on how to navigate these systems
- Should advertise services more
- Resources lists need to be more frequently updated
- Not enough information out there, no advertisements for the places that are willing to help.
- Uncertain about where services are actually located
- Community at large have little to no info on their options for recovery or how to navigate the system.

#### Lack of Services:

- Need more support groups like SMART recovery
- Treatment programs that do not address dual diagnosis make it harder on people
- Need support for families
- Need for outreach to BIPOC communities that builds trust and is respectful

#### Stigma:

- Major stigma exists within our healthcare systems.
- Factors like past experiences of discrimination.
- There are enough charitable organizations, but most are so underfunded that they can't afford to use time to collaborate with other agencies.

reliance, and anticipation that help will be helpful.

Finally, respondents were asked to reflect on what they see as the biggest assets and strengths in the community related to behavioral health. Some respondents listed specific agencies or programs, which are all included in the list below.

#### **Biggest Assets & Strengths in the Community Related to Behavioral Health**

#### Specific providers/programs:

- 12-step groups, including AA and NA
- Sangamon County Department of Public Health
- Gateway Foundation
- Family Guidance Centers
- The Phoenix Center
- SIU
- SIU Integrated Wellness The Warmline is huge and hardly advertised
- Lincoln Prairie Behavioral Health Center
- Oxford House (sober living)
- Helping Hands
- Sangamon County ROSC
- The transitional housing program offered by Fifth Street Renaissance
- Workfare program through Capital Township
- Access Dental & Orthotics walk-in dental program

#### General Assets:

- The recovery community
- Outreach programs
- Sangamon is a large community with two large hospitals and an adolescent behavioral health facility
- Hotlines
- Religion/faith-based services
- Some successful housing programs
- More telehealth available recently

#### Focus Group Data

#### Focus Group 1 at Washington St. Mission (Jan. 15, 2025)

The focus group consisting of 9 individuals (6 men and 3 women, between the ages of 25-65) highlighted challenges among the unhoused population in accessing safer use supplies, treatment, and support for those facing substance use disorder and mental health challenges. Key findings include:

- Safer Use Supplies: 44% reported struggling to obtain syringes or testing kits, with 89% often relying on used supplies. There's demand for more "vending machines" and better supply access.
- Naloxone (Narcan) Awareness: 89% were familiar with Naloxone (Narcan), mostly learned through treatment, with the MAR van (FGC's medication van) as a common source for free Narcan.
- Treatment Access: Long waitlists, insurance barriers, and co-pays make access to residential treatment more difficult, but participants perceive residential treatment as more effective than outpatient. Participants noted that outpatient treatment services seemed more accessible but less effective. Mental health support / treatment is lacking.
- Barriers: Participants described mental health instability, stigma, lack of trust in government programs, and transportation issues as preventing access to help.
   Participants felt judged by service providers (especially healthcare providers, emergency departments), especially if unhoused.
- **Support Groups:** Participants noted that these are available at places like The Mission and AA/NA meetings, but stigma and group size can be intimidating.
- **Stigma & Improvements:** Participants report discrimination based on appearance and associations. They called for more outreach, empathy, Narcan availability, shelters, and programs for women, the elderly, and those with prior convictions.

In conclusion, more community support, access to resources, and understanding (empathy) are needed to improve services for individuals within the unhoused community who are facing substance use and mental health challenges.

#### Focus Group 2 at Sober Living Home in Springfield (Feb. 5, 2025)

The focus group, consisting of 8 individuals (8 men, between the ages of 26-50) who identified as being in recovery from substance use and/or mental health disorders, highlighted both key resources and barriers regarding recovery within Sangamon County:

- Substance Use and Mental Health Resources: Participants reported access to sober living homes (100%), 12-step meetings (100%), and treatment centers like Gateway Foundation and Family Guidance Centers (75%). Mental health services were reportedly available through SIU Medicine (37.5%) and Memorial Behavioral Health (12.5%).
- Naloxone (Narcan) Awareness: All participants knew about Naloxone (Narcan), with many first exposed through treatment services or their experiences with addiction. Free Narcan was reportedly available at Oxford Houses (100%) and SIU

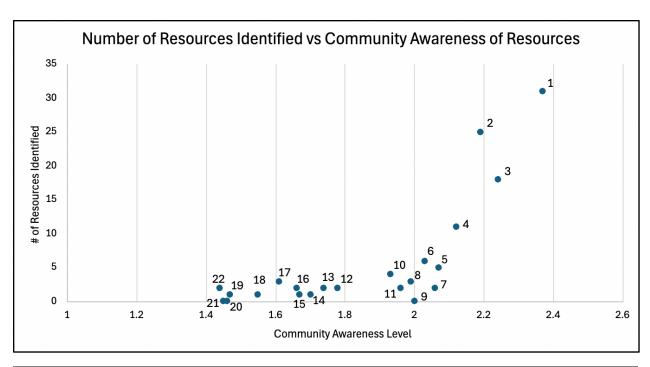
- Medicine (25%). All participants were trained on Naloxone (Narcan) administration as part of their house orientation.
- Treatment Access: Participants reported barriers including long wait times (100%), lack of detox facilities (50%), and poor communication between agencies (100%). Some noted that demand for residential treatment increases when weather gets colder, which in turn makes access harder in winter months (25%).
- **Support Groups and Stigma:** AA/NA meetings and sober living homes were accessible, but stigma was experienced in job applications (12.5%) and interviews (50%).
- Improvements Needed: Participants called for more funding (100%), better communication between organizations (100%), streamlined access to treatment (75%), and more sober living homes (62.5%).

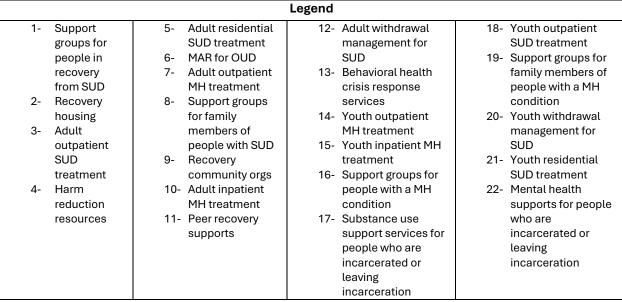
Overall, improvements in funding, coordination, and outreach are needed to enhance recovery resources and reduce stigma.

## Gap Analysis

The ROSC team compared the number and type of resources identified in the community resource list/map (see Appendix III) to the awareness of resources reported by survey respondents. To measure and capture an aggregate awareness level from respondents for each service category, we used a weighted average compiled across response categories ("Aware of 0 resources" = 1; "Aware of 1-2 resources" = 2; "Aware of 3+ resources" = 3). We then represented this comparison visually (see graph below) to capture possible mismatches between awareness and true resource levels, as well as alignment between awareness and resources. Our hypothesis was that two types of gaps would emerge from this analysis:

- 1. **Gaps in Knowledge of Existing Resources** resources exist in the County, but survey respondents express little to no knowledge of these resources
- 2. **Gaps in Resources** few resources actually exist in the County to meet this identified need





#### Gaps in knowledge of existing resources:

The analysis revealed that for the most part, awareness of resources and existence of resources align closely. For example, awareness of support groups and outpatient SUD treatment for adults was relatively high, and there are (relative to other services) a high number of resources already available in the county for these services.

The analysis did not reveal any stark knowledge gaps, where resources are high but knowledge of them is low. The analysis did identify the opposite: several resource types that had relatively high awareness, but a lower number of actual resources:

- Residential SUD treatment for adults 5 sites identified, awareness level 2.07
- Outpatient mental health treatment for adults 2 sites identified, awareness level
   2.06
- Recovery community organizations 0 sites identified, awareness level 2.02
- MAR for people with opioid use disorder 6 sites identified, awareness level 2.01

For the residential, outpatient mental health, and MAR resources, we suspect that awareness is high despite relatively few resources available because these services are provided by larger, well-known behavioral health providers in the county. This finding echoes results of the focus groups as well as the qualitative responses to the survey.

Regarding recovery community organizations, we hypothesize that the community may not know what a "recovery community organization" is specifically but believe that any organization that provides SUD treatment or recovery services falls into this category.

#### Gaps in resources:

In terms of true gaps in services, several clear trends emerged:

- 1. **Youth services-** Services for people under the age of 18 are lacking in the community, and survey respondents' awareness of these services is also low. This includes:
  - a. Adolescent outpatient SUD treatment 1 site
    - This is notable, compared to 18 sites where outpatient adult treatment is provided for SUD
  - b. Adolescent inpatient mental health treatment 1 site
  - c. Adolescent residential SUD treatment 0 providers
- 2. **Support groups** While support groups for people with SUD (like AA, NA, etc.) are relatively common in the county, support groups for specific sub-populations are rare, and awareness of these resources is low:
  - a. Support groups for family members of people with an SUD 3 resources identified
  - b. Support groups for people with a mental health condition- 2 resources identified
  - c. Support groups for family members of people with a mental health condition- 1 resource identified

3. **Services related to incarceration**- Sangamon County Jail serves many people with SUD and/or mental health needs, but awareness of and existence of resources related to supporting people currently incarcerated or exiting incarceration is low

Finally, we stratify our findings in a SWOT analysis. Strengths and weaknesses were clearly identified by focus group and survey respondents and were largely supported by the resource mapping completed by the ROSC team.

#### **Strengths**

- Recovery housing availability
- Existence of large, well-known and liked behavioral health providers: SIU, FGC, Gateway as well as hospital systems
- Support groups: most respondents indicated that they are aware of several support groups for people with SUD, and the asset mapping process identified over 30 such groups in the County, indicating alignment between knowledge of resources and existence of these resources
- Narcan: Knowledge of how to use naloxone (Narcan) and accessibility of this resource is high
- Strong and growing ROSC counsel that continues to provide ROSC events that are inclusive of families

#### Weaknesses

- Lack of youth services
- Lack of support groups for families, people with mental health conditions
- Very few services for people who are incarcerated or exiting incarceration
- Availability of service providers who can offer evidence-based group support, and are able to volunteer time

#### **Opportunities**

- Education regarding SUD / mental health – opportunity to address stigma
- Education about existing resources in the community – some resources exist but awareness is sometimes low
- Increase availability of Narcan awareness is high but knowledge of where to access is lower
- Increase education around evidence base for harm reduction, and expand beyond just Narcan
- Growing ROSC council with active members and abundant creativity is driving community events

#### **Threats**

- Lack of funding for resources
   (particularly youth and mental health)
- Agencies feel spread thin across programming, difficult to innovate or expand
- Stigma around SUD / MH
- Low willingness to participate or engage from community members and organizations with available resources, organizations, or community
- Financial and structural barriers to collaboration and innovation across agencies, which can hinder interagency collaboration

## Appendix I: Community Survey

#### **Sangamon County ROSC Community Survey**

This survey is released by the Sangamon County Recovery Oriented Systems of Care (ROSC) Coalition, to determine awareness of and gaps in services related to substance use, mental health, and recovery support programs in Sangamon County. The survey is anonymous, and all questions are optional. Sangamon County ROSC will publish the results of the survey in early 2025.

For questions related to the survey, reach out to: sangamoncountyrosc@gmail.com

This survey is open to all residents of Sangamon County. The survey is available between October 1 – November 15, 2024.

[Optional demographic characteristics]

Zip code:

Gender identity: Female/Male/Nonbinary/Transgender

Age group: Under 18, 18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75+

Ethnicity: Non-Hispanic, Hispanic

Race: American Indian/Native American, Asian, African American/Black, White, Native Hawaiian/Pacific Islander, Multiple

Do you have personal lived experience of a mental health condition and/or substance use disorder? Yes/No

#### Section 1: Awareness & Access

Consider community resources in Sangamon County that support residents' mental health and substance use needs.

Rate the following statements on a scale from 1 (strongly disagree) to 5 (strongly agree)

#### Mental Health

- 1. I am aware of resources in Sangamon County to help <u>adults</u> struggling with a mental health condition or needs.
- 2. I am aware of resources in Sangamon County to help <u>children</u> (under 18 years) struggling with a mental health condition or needs.
- 3. I am aware of resources in Sangamon County to support <u>family members</u> of someone with a mental health condition.

- 4. In my community, there are enough <u>outpatient</u> mental health providers and services to support adults with mental health conditions or needs so that they can immediately access services without delay.
- 5. In my community, there are enough <u>outpatient</u> mental health providers and services to support children (under 18 years) with mental health needs.
- 6. In my community, there are enough <u>inpatient</u> mental health services to support adults with mental health needs.
- 7. In my community, there are enough <u>inpatient</u> mental health services to support children (under 18 years) with mental health needs.
- 8. If I needed to access mental health services for myself or a loved one, I would know where to go.

#### Substance Use

To what extent, if at all, are you aware of the existence of the following resources in Sangamon County? (1-5 scale)

- 1. Harm reduction resources to help people who use drugs (ex: safer drug use education, syringe service programs, peer supports, etc.).
- 2. Outpatient (individual/group counseling, medication therapies) treatment resources for adults with a substance use disorder.
- 3. Withdrawal management ("detox") and/or residential treatment resources for adults with a substance use disorder.
- 4. Outpatient (individual/group counseling, medication therapies) treatment resources for youth (under 18 years) with a substance use disorder.
- 5. Withdrawal management ("detox") and/or residential treatment resources for youth (under 18 years) with a substance use disorder.
- 6. Medication assisted recovery (methadone, buprenorphine (Suboxone), naltrexone (Vivitrol)) treatment options for people with opioid use disorder.
- 7. Support groups for people in recovery from substance use disorders and/or their families.

To what extent, if at all, do you agree with the following statements? (1-5 scale, + Don't know/Not sure)

- 1. In Sangamon County there are enough of the following resources to support community need:
  - harm reduction resources to help people who use drugs.

- outpatient substance use disorder treatment services for adults.
- outpatient substance use disorder treatment services for youth (under 18 years).
- withdrawal management ("detox") and/or residential substance use disorder treatment services for adults.
- withdrawal management ("detox") and/or residential substance use disorder treatment services for youth (under 18 years).
- support groups for people in recovery from substance use disorder.
- safe, sober social activities for individuals and families to participate in.
- 1. I know what naloxone (Narcan) is.
- 2. I know where I can access naloxone (Narcan) at no cost.
- 3. In my community, individuals often have to wait on a waitlist for substance use disorder treatment services.
- 4. If I needed to access substance use disorder treatment services in Sangamon County, I would know where to go.
- 5. Individuals have timely access to the substance use disorder services and supports that are most helpful for them.

Considering both mental health and substance use-related resources in Sangamon County: (open-ended questions)

- 1. What would you say are our community's greatest assets or resources?
- 2. What would you like to see in the community that doesn't exist now? Or what could be improved on?

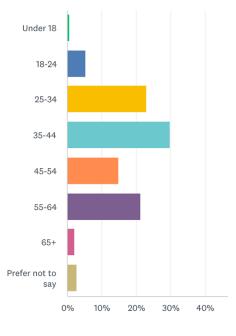
#### Section 2: Barriers & Facilitators to Access

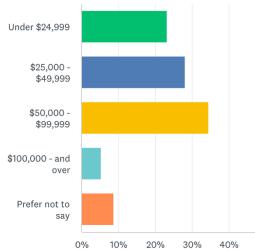
To what extent, if at all, are each of the following barriers to accessing substance use and/or mental health treatment services in Sangamon County: (1-5 scale)

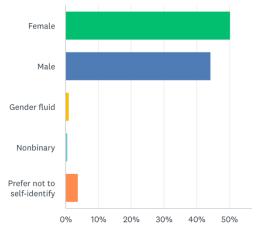
- Lack of insurance/inability to pay
- Language spoken at treatment provider
- Transportation
- Distance to treatment provider
- Hours of operation
- Childcare
- Ability of treatment provider to accommodate physical disability or limited mobility

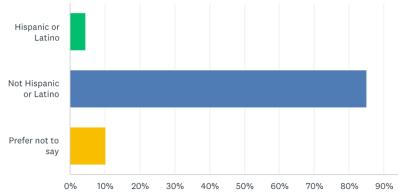
- Waitlist to enter treatment
- Culturally responsive care not available
- Telehealth desired but not available
- 1. What are the biggest barriers for individuals in Sangamon County to access substance use and/or mental health treatment and recovery support services?
- 2. What would you like to see Sangamon County do to address these barriers?

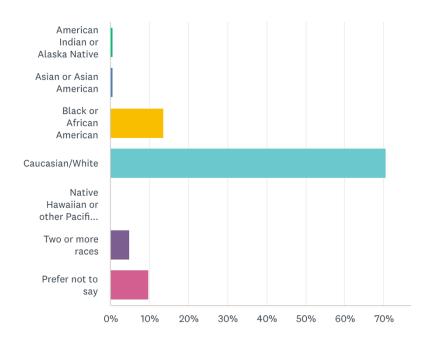
## Appendix II: Survey Response Demographics





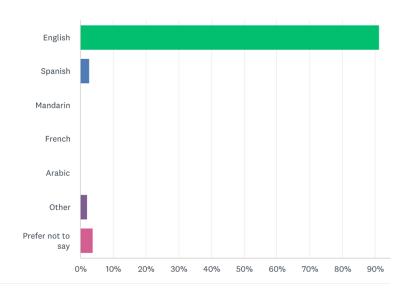






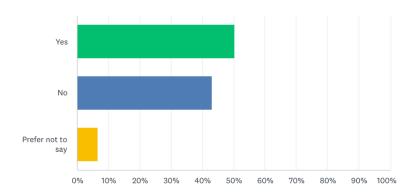
## Primary Language Spoken at Home

Answered: 182 Skipped: 61



## Are you in recovery from a substance use disorder(s) or mental health condition(s)

Answered: 183 Skipped: 60



## Appendix III: Resource List

A 1 RESOURCE 2 FOOD	T				
		ADDRESS & PHONE 301 W Reynolds Springfield, IL 62703 [P: (217) 585-4000]	HOURS OF OPERATION Tuesday 4:30-6:30 PM	WEBSITE www.abundantfaith.org/manna-storehouse/	F DESCRIPTION OF RESOURCES OFFERED Food Pantry for Community Members
3 4 5	Daily Bread Program for Seniors	1835 E Walnut St. Chatham, IL 62629 [P: (217) 697-4663] 701 W Mason Springfield, IL 62702 [P: (217) 528-4035 ext. 123]		N/A www.chathampresbyterian.com/food-pantry www.centralilseniors.org/nutrition.htm	Food Pantry for Community Members  Food Pantry for pre-approved community members; Phone intake required beforehand  Home-delivered meals for individuals 60+years who are homebound & on a general diet  Food Pantry for Community Members
6 7 8 9	Fifth Street Renaissance Freedom in Holiness Mission	1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040] 1430 S Loveland Ave. Springfield, IL 62703 [P: (217) 522-2527]	M 5-7:00 PM (Winter 5-6:30 PM) M-Thurs 9:00 AM-4:00 PM 3rd Wed 10-11:30 AM/2nd & 4th Wed 2:30-3:30 PM By Appointment Only	www.divernonunitedmethodistchurch.com www.fsr-sara.org  N/A https://www.gsslcms.org/	Food Pantry for Community Members  Micro Pantry for community. & Additional Pantry assisting needs of clients who are HIV+ Food Pantry for Community Members  Food Pantry for Community Members
9 10 11 12		714 East Capitol Ave. Springfield, IL 62701 [P: (217) 522-3965] 120 S 11th St. Springfield, IL 62703 [P: (217) 523-4551]	By Appointment Only  Mon, Tue, Thurs 11:00 AM-1:00 PM  M,W,F 9-11:30 AM & 3rd Wed 2:30-5:00 PM  M-F 9:00 AM-5:00 PM	https://www.gsslcms.org/ www.gracelutheran-springfield.org/food-pantry www.cc.dio.org/locations/springfield www.ilhunger.org	Food Pantry for Community Members  Food Pantry for Community Members  Food Pantry for community members (located at Catholic Charities)  Assistance applying for SNAP, ALL KIDS, MEDICAID, MEDICARE, TANF
13 14 15	Kumler Outreach Ministries Loami Area Pantry	303 N Grand Ave East, Springfield, IL [P: (217) 523-2269]	M-F 9:00 AM-12:00 PM Wednesdays 5:00-7:00 PM	www.kumlerministries.net/?page%20id=9  N/A  www.centralilseniors.org/nutrition.htm	Food Pantry- Prior referral required from another social service agency Food Pantry for Community Members Home-delivered meals focused on physician prescribed, specialty dietary needs
16	Mini O'Beirne-Basic Needs Pantry	1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]	Daily; 8:00 AM-'Dark'	www.miniobeirne.org/services-4	Helps families with diapers, wipes, formula and other children's items
17	The Salvation Army Springfield Township	1600 E Clear Lake Ave. Springfield, IL 62703 [P: (217) 525-2196] 3298 Terminal Avenue, Springfield, IL [P: (217) 525-1464]	M, W, F 9:00 AM-3:00 PM Monday-Thursday 8:00 AM-5:00 PM	www.centralusa.salvationarmy.org/springfield/cure-hunger/ www.springfield-township.com	Food Pantry for Community Members Food Referral letters; referrals to other Social Service Agencies
19	St John's Breadline St Martin De Porres	430 N 5th St. Springfield, IL 62702 [P: (217) 528-6098] 1725 S Grand Ave E Springfield, IL [P: (217) 299-7921]	M-F 8-9 AM; 10:30 AM-1:30 PM Sat-Sun & Holidays 10:30 AM-1:30 PM W, Thur, Sat. 9:00 AM-11:00 AM	www.cc.dio.org/programs/st-johns-breadline www.stmartindeporres217.org	Serves daily free, hot, and nutritious meals  Provides free food to Community Members in Need
21 22 <b>HOUSING</b> 23		2641 E Cook St, Springfield, IL 62703 [P: (217) 527-1006 ] 3128 Superior Dr. Springfield, IL 62707 [P: (217) 698-4194]	Mon-Fri 8:00 AM-11:00 AM; 1:00-3:00 PM  Mon-Fri 9:00 AM-5:00 PM  By Appointment Only	www.dhs.state.il.us/page.aspx?item=30513%20 www.abundantfaith.org/supportive-services/ www.beerlahairoi.com	food assistance for Women, Infants, children, pregnant women and new mothers Offering outreach, case management, and supportive housing units Supportive housing for pregnant women 18 YO and older
24 25 26	Fifth Street Renaissance	1100 E Adams St. Springfield, IL 62703 [P: (217) 753-3939] 1315 N 5th St Springfield, IL 62702 [P: (217) 544-5040]	Office:Mon-Thurs 9:00 AM-1:00 PM Shelter: 5PM-8AM Mon-Fri 9:00 AM-4:00 PM	www.contactministries.com www.fsr-sara.org/adults	Emergency (crisis) shelter for women and women w/children of all ages (up to age 17) Housing Advocacy, Case Management, Transitional, and Permanent Housing Programs
26 27 28 29	Helping Hands of Springfield	2200 Shale St, Springfield, IL 62703 [P: (217) 522-0048] 714 N 7th St, Springfield, IL 62702 [P: (217) 525-3940]	By Appointment Only Mon-Fri 8:30 AM-5:00 PM 24/7 N/A	N/A  www.helpinghandsofspringfield.org  www.innercitymission.net  www.kalimbahousecorp.com	Transitional Housing Housing Focused emergency shelter, Case management, rapid rehousing, payee program Shelter for Families, Single women, Women with children, Single Men with children. Sober Living House for Males
30 31 32	Kalimba Houses- Ash Pax- Kalimba	1210 E. Ash St. Springfield, IL [P: Kenny (217) 441-5551] 1936 S 5th St Springfield, IL [P: Charles (217) 679-5940]	N/A N/A N/A	www.kalimbahousecorp.com www.kalimbahousecorp.com www.kalimbahousecorp.com	Sober Living House for Males  Sober Living House for Males  Sober Living House for Males  Sober Living House for Women
33 34 35		1703 S 7th St Springfield, IL [P: Taylor (217) 303-0598] 441 W Canedy St Springfield, IL [P: Taylor (217) 303-0598]	N/A N/A N/A	www.kalimbahousecorp.com www.kalimbahousecorp.com www.kalimbahousecorp.com www.oxfordvacancies.com	Sober Living House for Women  Sober Living House for Women  Sober Living House for Women
36 37	·	2428 Cahokia Dr. Springfield, IL [P: Tehya (217) 685-6769]	N/A N/A	www.oxfordvacancies.com www.oxfordvacancies.com	Sober Living House for Men Sober Living House for Men
38 39 40	Assiduum- Oxford House INC Brookhills- Oxford House INC Enos- Oxford House INC	3609 W Iles Ave [P: Taylor (217) 370-8465]	N/A N/A N/A	www.oxfordvacancies.com www.oxfordvacancies.com www.oxfordvacancies.com	Sober Living House for Men Sober Living House for Women and Children Sober Living House for Males
41 42 43			N/A N/A N/A	www.oxfordvacancies.com www.oxfordvacancies.com www.oxfordvacancies.com	Sober Living House for Males Sober Living House for Males Sober Living House for Males
44	M.E.R.C.Y Communities, INC	[P: Charles; (217) 622-4437 (Men's House)]	Mon-Fri 8:30 AM-4:00 PM	www.mercycommunities.org	Housing for unhoused, or at-risk women with children, over the age of eighteen with one or more children.
46	The Phoenix Center	109 E Lawrence Ave, Springfield, IL 62704 [P: (217) 528-5253]	Mon-Fri 8:30 AM-4:30 PM Housing intake by appointment only	N/A  www.phoenixcenterspringfield.org/billys-house- transitional-housing/	Housing for unhoused individuals who are HIV+ & Housing for LGBTQ individuals
48	Sojourn Shelter & Services INC.	1115 N. 5th St. Springfield, IL & 1210 N. 6th St. Springfield, IL [P: Mike (217) 816-4601 (Men's Houses)]	24/7	N/A	Housing for Domestic Violence Survivors, Emergency Shelter, other Social Services
	Titus 212 Sober Living	912 W Washington St, Springfield IL	N/A	www.titus212soberliving.com	Sober Living Houses for Male and Females (Separate Houses)
50	Unity House-Sober Living Youth Service Bureau	1017 N. 1st St. Springfield, IL 814 N. 6th St Springfield, IL 610 E. Ridgely Springfield, IL [P: Craig (217) 971-9294] 2901 Normandy Rd. Springfield, IL 62703 [P: (217) 529-8300]	N/A Mon-Fri 8:00 AM-4:00 PM	N/A www.ysbi.com	Sober Living Houses for Males Unhoused Youth Program: Group Home: Community Apartments: Case Management
51	roden service Bureau	2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	Mon-Fri 8:00 AM-4:00 PM	www.ysbi.com	Unhoused Youth Program; Group Home; Community Apartments; Case Management  Heartland Continuum of Care serves as the primary HUD designated body designated to develop, coordinate, and implement long range plans meeting the needs of
52	Heartland Housed	Address N/A [P: (217) 801-9033]	N/A	www.heartlandhoused.org/ www.sangamonil.gov/departments/s-	to develop, coordinate, and implement long range plans meeting the needs of unhoused persons within the Heartland of our beloved Springfield, Illinois community.  9 Month Program providing temporary employment for jobless adults with no other
Employment 53			Mon-Fri 8:30 AM-4:30 PM Mon-Fri 8:30 AM-4:00 PM	www.sangamonil.gov/departments/s- z/treasurer/capital-township/general-assistance www.ides.illinois.gov	<ul> <li>9 Month Program providing temporary employment for jobless adults with no other income.</li> <li>Administers state unemployment benefits, runs the employment service and Illinois Job Bank, and publishes labor market information.</li> </ul>
54 55	Express Employment Professionals	3000 Professional Dr, Springfield, IL 62703 [P: (217) 528-3000]	Mon-Fri 8:30 AM-4:00 PM Mon-Fri 7:30 AM-5:30 PM Mon-Fri 8:30 AM-5:00 PM	www.ides.illinois.gov www.expresspros.com/springfieldil/ www.worknet20.org	Employment firm helping job seekers find work with a wide variety of local businesses.  Training and education, career services, Internet job search opportunities, step-by-step resources, and other tools
56 57			Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:00 AM-5:00 PM  Mon-Fri 8:00 AM-5:00 PM	www.worknet20.org www.llcc.edu/get-training-enter-workforce www.manpowerillinois.com	Career training programs, classes, career certifications  Temporary and Permanent Staffing Agency
58	Springfield Urban League		Mon-Fri 8:30 AM-5:00 PM	www.springfieldul.org/programs/workforce- development-training	Workforce Development and Training  Non-profit org designed to give women in need unique and empowering employment
60	Wooden It Be Lovely  Veteran's Assistance Commission	501 S Douglas Ave Springfield, IL 62704 [P: (217) 606-5307] 901 S 11th St, Springfield, IL 62703 [P: (217) 753-6680]	N/A Mon-Thur 8:00 AM-12 PM & 1-5 PM Friday: 8:00 AM-1:00 PM	www.woodenitbelovely.love/about  www.myvac.org/information/va-work-study- program/	and job training, enriching relationships, and housing.  VA Work Study Program
61 MAR PROVIDERS	Central Counties Health Centers	2239 E Cook St, Springfield, IL 62703 [P: (217) 788-2300]	Mon, Tue, Thurs, Fri 8 AM-5 PM Wed: 10:00 AM-7 PM & Sat. 9 AM-1 PM	www.centralcounties.org www.fgcinc.org/medication-assisted-treatment-	General Health Care and MAR services; Buprenorphine & Vivitrol
63		2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703	Mon-Fri 8:00 AM-4:30 PM	mat/ www.gatewayfoundation.org/programs- services/programs/medication-assisted-	MAR Services; Methadone, Buprenorphine, Vivitrol, Mobile MAR unit
64 65	Gateway Foundation Rose Medical Association Inc Medmark Treatment Centers	[P: (855) 586-3912] [P: (855) 496-1830] 3535 Mayflower Blvd Springfield, IL 62711 [P: (217) 670-0654]	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM Mon-Sat 6:00 AM-11:00 AM Mon-Fri 5:30 AM-2:00 PM & Sat 7:00 AM-11:00 AM	treatment-program/ www.rosemedical.org/ www.medmark.com/locations/illinois/springfield	
66 67 HARM	SIU Medicated Assisted Recovery	319 E. Madison St., Springfield, IL 62702 [P: (217) 545- 4781]	Mon-Fri 8:00 AM-4:30 PM	www.siumed.org/treatment/medication-assisted recovery-mar	MAR Services; Suboxone, Sublocade, Brixadi, Vivotrol
68 REDUCTION	Family Guidance Centers INC	2323 Adlai Stevenson Dr, Springfield, IL 62703	Mon-Fri 8:00 AM-4:30 PM	www.fgcinc.org	MAR Services, Distributes Naloxone + Xylazine and Fentanyl Testing Strips, condoms, etc
70	Gateway Foundation	2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830]	Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Office: M-E 8:30 AM-4:30 PM  Testing &	www.gatewayfoundation.org	Detox Services, MAR services  Distributes Naloyone, Yylazine and Fentanyl Testing Strips, condoms, Safe syringe
71	Phoenix Center  Sangamon County Health Dept	109 E Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]		www.phoenixcenterspringfield.org www.sangamonil.gov/departments/m-r/public-	Distributes Naloxone, Xylazine and Fentanyl Testing Strips, condoms, Safe syringe exchange, HIV and STD testing, PrEP, SHaRI Project  STD testing, treatment, and education; PrEP, Pregancy testing, Medication and Sharps disposal, Naloxone Distribution
72			M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM  Monday-Thursday 9:00 AM-4:00 PM	health/home  www.fsr-sara.org	disposal, Naloxone Distribution  STD and HIV testing + education, Naloxone distribution, overdose education, syringe exchange, condoms distribution, mobile testing services, other harm reduction supplies
73	Intricate Minds		Monday-Thursday 9:00 AM-4:00 PM  Monday-Thursday 12-8 PM	www.facebook.com/p/Intricate-Minds-61554189538298/ www.siumed.org/treatment/medication-assisted	Clean Syringe supply, period products, condom distribution, pregnancy testing, Plan B, and Sexual Health classes, HIV and HEP C testing, covid tests
74	SIU MAR SERVICES	319 E. Madison St., Springfield, IL 62702 [P: (217) 545- 4781]	Mon-Friday 8 AM-4:30 PM	recovery-mar www.plannedparenthood.org/health-	therapy, EMDR Trauma Therapy
75			Mon & Tue 8 AM-4 PM; Wed 10 AM-5 PM; Thurs 10	center/illinois/springfield/62702/springfield- health-center-3284- 90430?utm_campaign=springfield-health- center&utm_medium=organic&utm_source=loca	Sexual education, pregnancy testing, Birth Control, STD testing, emergency
Counseling/ 76 Behavioral	Planned Parenthood	601 N. Bruns, Springfield, IL 62702 [P: (217) 546-1060]	AM-6 PM; Fri 8 Am-1 PM	-listing	contraception, abortion services, HIV services
Health 77	ABC Counseling & Family Services	2160 S 6th St, Springfield, IL 62703 [P: (217) 528-9820]	Mon-Thur 8 AM-5 PM; Friday- 8 AM-1 PM	www.abccounseling.org	Sexual Abuse counseling for youth, Adoption Service provider, resources for unplanned pregnancies, education for parents and community members.
78				www.springfieldpregnancycare.org	Counseling services for pregnant women and expecting Fathers; Support for parenting, adoption, Post-Partum depression, relationship issues, and grief support for infant loss.
79		700 N 7th St B, Springfield, IL 62702 [P: (217) 525-5630]	Tue-Thurs 9 AM-4:30 PM	www.service2families.com	Counseling Services & adoption and Fostering services
50	Family Service Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]	Tue-Thurs 9 AM-4:30 PM Mon-Fri 9 AM-4 PM Mon-Fri 8 AM-4:30 PM	www.fgcinc.org	Inpatient and outpatient SUD Counseling
81	Family Service Center  Family Guidance Centers INC  Gateway Foundation	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830]	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield	Addiction Therapy Services
81	Family Service Center  Family Guidance Centers INC  Gateway Foundation  Lutheran Child and Family Services	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065]	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/  www.memorial.health/medical-	Addiction Therapy Services  Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program;
81	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/	Addiction Therapy Services  Counseling Services for children, parent, families in child welfare
81	Family Service Center  Family Guidance Centers INC  Gateway Foundation  Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560]	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7	www.fgcinc.org www.gatewayfoundation.org/locations/springfield/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/ www.memorial.health/medical-services/behavioral-health/	Addiction Therapy Services  Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team
81 82 83 84 85	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Wed 1-4 PM; Thursday 1-5 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfiel d/?utm_source=google&utm_medium=organic&u tm_campaign=GMB_Springfield www.lcfs.org/program/counseling/  www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and
81 82 83 84 85	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]  120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]  2924 Stanton St Springfield, IL 62703  2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830]  400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631]  710 N 8th St Springfield, IL 62702 [P: (217) 525-1064];  901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070]  3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815]  215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]  2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfield/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield  www.lcfs.org/program/counseling/  www.memorial.health/medical-services/behavioral-health/  www.prairiecasa.org  www.siumed.org/buildings/walnut-building/survivor-recovery-center?utm_source=gmb&utm_medium=Yext	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling  For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter
81 82 83 84 85	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center  Living Hope Counseling Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 t [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]	Mon-Fri 9 AM-4 PM  Mon-Fri 8 AM-4:30 PM  Mon-Thur 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-4:30 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfiel d/?utm_source=google&utm_medium=organic&u tm_campaign=GMB_Springfield www.lcfs.org/program/counseling/  www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach,
81 82 83 84 85 86 87 88 89	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center  Living Hope Counseling Center  Youth Service Bureau	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]  120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858]  2924 Stanton St Springfield, IL 62703  2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703  [P: (855) 586-3912] [P: (855) 496-1830]  400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631]  710 N 8th St Springfield, IL 62702 [P: (217) 525-1064];  901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065]  Mobile Crisis Response [P: (217) 788-7070]  3 W Old State Capitol Plaza, Springfield, IL 62701  [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815]  215 W S Grand Ave E Suite B, Springfield, IL 62702  [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]  2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300]  5230 S 6th Street Frontage Rd E, Springfield, IL 62703  [P: (217) 585-1180	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-4:00 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfiel d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield  www.lcfs.org/program/counseling/  www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org  www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.ysbi.com	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling  For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling
81 82 83 84 85 86 87 88 89	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center  Living Hope Counseling Center  Youth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry  SIU Adult Psychiatry	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 t [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]  2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, IL 62702 [P: 217-545-8000] 319 E Madison St Springfield, IL 62702 3rd Floor [P: (217) 545-8000]	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 8 AM-4:00 PM  Open 24/7  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfiel d/?utm_source=google&utm_medium=organic&u tm_campaign=GMB_Springfield  www.lcfs.org/program/counseling/  www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org  www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siu- child-adolescent- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext  www.facebook.com/p/Intricate-Minds-	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Adult Psychiatric Services
81 82 83 84 85 86 87 88 89	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center  Living Hope Counseling Center  Youth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry  SIU Adult Psychiatry  Intricate Minds	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]  2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, IL 62702 [P: 217-545-8000] 319 E Madison St Springfield, IL 62702 3rd Floor [P: (217) 545-8000]  619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 9 AM-5 PM & Saturday 1-5 PM  Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 8 AM-4:00 PM  Open 24/7  Mon-Fri 8:00 AM-4:30 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield  www.lcfs.org/program/counseling/  www.memorial.health/medical-services/behavioral-health/  www.prairiecasa.org  www.siumed.org/buildings/walnut-building/survivor-recovery-center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siu-child-adolescent-psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu-child-adolescent-psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu-psychiatry	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter  Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling
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81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 Court and	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center  Living Hope Counseling Center  Youth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry  SIU Adult Psychiatry  Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 t [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]  2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, IL 62702 [P: 217-545-8000] 319 E Madison St Springfield, IL 62703 [P: (217) 670-3520]  619 N Grand Ave E, Springfield, IL 62703 [P: (217) 670-3520]  1220 S 7th St, Springfield, IL 62703 [P: (217) 679-5379]  3225 Hedley Rd Springfield, IL 62701 [P: (217) 726-7300]	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:40 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 8 AM-4:00 PM  Open 24/7  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 9:00 AM-5:00 PM	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/ www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siu- child-adolescent- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext  www.facebook.com/p/Intricate-Minds- 61554189538298/  www.behavioralhealth.center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Adult Psychiatric Services  Mutual Aid support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services
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81   82   83   84   85   86   87   88   89   90   91   92   93   94   95   Court and legal Services   96   97   98	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center  Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center  Living Hope Counseling Center  Youth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry  SIU Adult Psychiatry  Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services  Land of Lincoln Legal Aid  Sangamon County Public Defender  Sangamon County Court Services	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 t [P: (217) 744-2560]  401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009]  2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150]  2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, IL 62702 [P: 217-545-8000]  319 E Madison St Springfield, IL 62703 [P: (217) 670-3520]  1220 S 7th St, Springfield, IL 62703 [P: (217) 679-5379]  3225 Hedley Rd Springfield, IL 62701 [P: (217) 726-7300]  120 S 11th St Springfield, IL 62701 [P: (217) 726-7300]  120 S 9th St #3018, Springfield, IL 62701 [P: (217) 753-6699]  200 S 9th St #38, Springfield, IL 62701 [P: (217) 753-6780]	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Mobile Crisis Response 24/7  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 8 AM-4:00 PM  Open 24/7  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 8 AM-4:30 PM  Mon-Fri 8 AM-4:30 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfiel d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield  www.lcfs.org/program/counseling/  www.memorial.health/medical-services/behavioral-health/  www.prairiecasa.org  www.siumed.org/buildings/walnut-building/survivor-recovery-center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siuchild-adolescent-psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siuchild-adolescent-psychiatry?	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Adult Psychiatric Services  Mutual Aid support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listening ear to all who come seeking help.  free legal representation in criminal and related proceedings Probation and court services, Administration, Adult Services, Juvenile Services, and Detention Services.
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Friday 9 AM-1:30 PM  Mon-Fri 9:00 AM-4:00 PM  Hotline Hours: Mon-Fri 8:30 AM-3:00 PM  Boutique: [Wednesday 9 am-12 pm *Appointment only.]	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/  www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siu- child-adolescent- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry  www.facebook.com/p/Intricate-Minds- 61554189538298/  www.behavioralhealth.center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/  www.cc.dio.org/programs/catholic-charities-legalservices  www.lincolnlegal.org  www.sangamonil.gov/departments/m-r/public- defender  www.sangamonil.gov/departments/m-r/public- defender  www.sangamonil.gov/departments/m-r/public- defender  www.sangamonil.gov/departments/m-r/public- defender  www.sangamonil.gov/departments/m-r/public- defender  www.sangamonil.gov/departments/m-r/public- defender  www.lincolnlegal.org/contact-us/  www.lincolnlegal.org/contact-us/	Addiction Therapy Services Counseling Services for children, parent, families in child welfare  Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 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24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking,  Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter  Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatric Services  Mutual Aid support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listening ear to all who come seeking help.  free legal aid to families and individuals in need  Free legal representation in criminal and related proceedings  Probation and court services, Administration, Adult Services, Juvenile Services, and Detention Services.  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 www.facebook.com/p/Intricate-Minds- 61554189538298/  www.behavioralhealth.center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/  www.cc.dio.org/programs/catholic-charities-legal- services  www.lincolnlegal.org  www.sangamonil.gov/departments/m-r/public- defender	Addiction Therapy Services Counseling Services for children, parent, families in child welfare Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team Counseling Services for survivors of sexual abuse; Adult and children Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking, Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatric Services  Mutual Aid support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listening ear to all who come seeking help.  free legal representation in criminal and related proceedings Probation and court services, Administration, Adult Services, Juvenile Services, and Detention Services. 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81         82         83         84         85         86         87         88         89         91         92         93         94         95       Court and legal Services         96         97         98         99         100         101         102         Furniture Resources         103         104         105         106         107         108         109         110	Family Service Center Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center Living Hope Counseling Center  Youth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry  SIU Adult Psychiatry  Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services  Land of Lincoln Legal Aid  Sangamon County Public Defender  Sangamon County Public Defender  Eviction & Fresh Start Project IL Court Help- Legal Aid Self Help Center  Contact Ministries- Basement Boutique Fifth Street Renaissance Freedom in Holiness Mission  Goodwill  Habitat for Humanity ReStore  Harvest Park Baptist Church Community Center Clothing Closet Hope Thrift Store Salvation Army Thrift Store	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 [P: (217) 525-1064]; P: (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, IL 62702 [P: (217) 525-1064]; 901 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 1st St #225 Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560] 401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009] 2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150] 2901 Normandy Rd, Springfield, IL 62703 [P: (217) 698-7150] 2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, IL 62702 [P: (217) 545-8000] 319 E Madison St Springfield, IL 62703 [P: (217) 670-3520] 319 E Madison St Springfield, IL 62703 [P: (217) 679-5379] 3225 Hedley Rd Springfield, IL 62703 [P: (217) 726-7300] 3225 Hedley Rd Springfield, IL 62701 [P: (217) 726-7300] 3225 Hedley Rd Springfield, IL 62701 [P: (217) 726-7300] 320 S 9th St #301B, Springfield, IL 62701 [P: (217) 753-6699] 320 S 9th St #38, Springfield, IL 62701 [P: (217) 753-6780] 326 Address N/A (Hottline) [P: (877) 342-7891] 3274 Address N/A (Hottline) [P: (855) 601-9474] 321 Address N/A (Hottline) [P: (855) 601-9474] 321 Address N/A (Hottline) [P: (857) 342-7891] 322 S Hummer Blvd, Chatham, IL 62629 [P: (217) 522-2527] 323 S Obliksen Parkwy Springfield, IL 62703 [P: (217) 523-2710] 3240 S Obliksen Pakwy, Springfield, IL 62703 [P: (217) 523-2710]	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9 PM & Friday 9 AM-5 PM Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM Mobile Crisis Response 24/7  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 8 AM-4:00 PM  Open 24/7  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Thurs 9 AM-1:00 Red Carts items outside  Wednesdays 9 AM-1 PM: clothing only  20 AM-6 PM & Sunday 11 AM-7 PM  N Dirksen location: Mon-Sat 10 AM-7 PM  S Sunday 10 AM-6 PM & Sat 10 AM-5 PM  Tue-Fri 10 AM-6 PM & Sat 10 AM-5 PM	www.fgcinc.org  www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield  www.lcfs.org/program/counseling/  www.memorial.health/medical- services/behavioral-health/  www.prairiecasa.org  www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siu- child-adolescent- psychiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- psychiatry?  www.facebook.com/p/Intricate-Minds- 61554189538298/  www.behavioralhealth.center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/  www.cc.dio.org/programs/catholic-charities-legal- services  www.lincolnlegal.org  www.sangamonil.gov/departments/m-r/public- defender	Addiction Therapy Services Counseling Services for children, parent, families in child welfare Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team Counseling Services for survivors of sexual abuse; Adult and children Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking, Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services - Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Adult Psychiatric Services  Mutual Aid support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listening ear to all who come seeking help.  free legal aid to families and individuals in need  Free legal representation in criminal and related proceedings Probation and court services, Administration, Adult Services, Juvenile Services, and Detention Services.  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Hotline to assist individuals with applying for legal services related to eviction  Court guides connecting individuals with local legal aid  Basement boutique-Supplying women in need with gently used clothing, bedding, towels, household items, books, toys, etc.  Store selling affordable new and used housewares, furniture, building supplies, small and lar
81         82         83         84         85         86         87         88         89         90         91         92         93         94         95       Court and legal Services         96         97         98         99         100         101         102       Furniture Resources         103         104         105         106         107         108         109         110         111         112         113         Medical, Vision &	Family Service Center Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center Living Hope Counseling Center  Youth Service Bureau Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry  SIU Adult Psychiatry  Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services Land of Lincoln Legal Aid  Sangamon County Public Defender  Sangamon County Public Defender  Sangamon County Public Defender  Contact Ministries- Basement Boutique Fifth Street Renaissance Freedom in Holiness Mission  Goodwill  Habitat for Humanity ReStore  Harvest Park Baptist Church Community Center Clothing Closet Hope Thrift Store Salvation Army Thrift Store Springfield Urban League Washington Street Mission  Hangers of Hope  Cornerstone Clothing Connection Intricate Minds  Access to Care for Enos and Pillsbury Thrift Store Springfield Urban League Washington Street Mission  Hangers of Hope  Cornerstone Clothing Connection Intricate Minds	919 S Spring St, Springfield, IL 62703 [P: (217) 528-8406) 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 2303 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 2400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 525-1064]; 901 N 15t St #225 Springfield, IL 62702 [P: (217) 588-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560] 401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009] 2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150] 2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, IL 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, IL 62702 [P: 217-545-8000] 319 E Madison St Springfield, IL 62703 [P: (217) 679-5379] 3225 Hedley Rd Springfield, IL 62703 [P: (217) 679-5379] 3225 Hedley Rd Springfield, IL 62703 [P: (217) 679-5379] 3225 Hedley Rd Springfield, IL 62703 [P: (217) 726-7300] 120 S 7th St, Springfield, IL 62703 [P: (217) 753-6699] 200 S 9th St #301B, Springfield, IL 62701 [P: (217) 753-6699] 200 S 9th St #301B, Springfield, IL 62701 [P: (217) 753-6699] 200 S 9th St #38. 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Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Mutual Aid support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listening ear to all who come seeking help.  free legal aid to families and individuals in need  Free legal representation in criminal and related proceedings Probation and court services, Administration, Adult Services, Juvenile Services, and betention Services.  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81         82         83         84         85         86         87         88         89         90         91         92         93         94         95       Court and legal Services         96         97         98         99         100         101         102         Furniture Resources         103         104         105         106         107         108         109         110         111         112         113         114         Medical, Vision & Dental Care         116         117	Family Service Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center Living Hope Counseling Center  Vouth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry SIU Adult Psychiatry  Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services  Land of Lincoln Legal Aid  Sangamon County Public Defender  Sangamon County Court Services Legal Advice and Referral Center Eviction & Fresh Start Project IL Court Help- Legal Aid Self Help Center  Contact Ministries- Basement Boutique Fifth Street Renaissance Freedom in Holiness Mission  Goodwill  Habitat for Humanity Restore  Harvest Park Baptist Church Community Center Clothing Closet Hope Thrift Store Salvation Army Thrift Store Springfield Urban League Washington Street Mission  Hangers of Hope  Cornerstone Clothing Connection Intricate Minds  Access to Care for Enos and Pillsbury Neighborhoods  IDHS: Better Birth Outcomes Pregnancy Care Center	919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406] 120 N 11th St, Springfield, IL 62703 [P: (217) 588-9858] 2924 Stanton St Springfield, IL 62703 2323 Adlai Stevenson Dr, Springfield, IL 62703 2200 Lake Victoria Dr, Springfield, IL 62703 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 400 S 9th St Suite 202, Springfield, IL 62701 [P: (217) 544-4631] 710 N 8th St Springfield, IL 62702 [P: (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3W Old State Capitol Plaza, Springfield, IL 62701 [P: (217) 744-2560] 401 N Walnut St, Springfield, IL 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, IL 62702 [P: (217) 679-4009] 2200 S. 6th St Springfield, IL 62703 [P: (217) 698-7150] 2901 Normandy Rd, Springfield, IL 62703 [P: (217) 529-8300] 5230 S 6th Streat Frontage Rd E, Springfield, IL 62703 [P: (217) 545-8000] 619 N Grand Ave E, Springfield, IL 62703 [P: (217) 679-3520] 1220 S 7th St, Springfield, IL 62703 [P: (217) 679-3520] 1220 S 7th St, Springfield, IL 62703 [P: (217) 679-3520] 1220 S 7th St, Springfield, IL 62703 [P: (217) 679-3520] 1220 S 7th St, Springfield, IL 62703 [P: (217) 753-6699] 3225 Hedley Rd Springfield, IL 62703 [P: (217) 529-4551] 3085 Adlai Stevenson Dr Ste. 202, Springfield, IL 62703 [P: (217) 529-8400] 200 S 9th St #3 3018, Springfield, IL 62701 [P: (217) 753-6699] 200 S 9th St #3 38, Springfield, IL 62701 [P: (217) 753-6699] 200 S 9th St #3 3018, Springfield, IL 62701 [P: (217) 753-6780] Address N/A (Hotline) [P: (877) 342-7891] Address N/A (Hotline) [P: (877) 342-7891] Address N/A (Hotline) IP: (877) 342-7891] Address N/A (Hotline) IP: (877) 342-7891] 400 S Dustes Pkwy, Springfield, IL 62703 [P: (217) 544-5040] 1430 S Loveland Ave. Springfield, IL 62703 [P: (217) 549-9043] 201 Wabash Ave Springfield, IL 62703 [P: (217) 544-5040] 1400 S Adams St, Springfield, IL 62703 [P: (217) 544-5040] 1400 S Adams St, Springfield, IL 62703 [P: (217) 544-5040] 1400 S N 4th St Springfield, IL 62703 [P: (217) 544-5040] 1400 N 1415 S Springfield, IL 62703 [P: (	Mon-Fri 9 AM-4 PM Mon-Fri 8 AM-4:30 PM Mon-Fri 8:30 AM-4:30 PM Mon-Fri 8:30 AM-4:30 PM Mon-Fri 8:30 AM-5:00 PM Mon-Fri 8:30 AM-5:00 PM Mon-Fri 8:30 AM-6:00 PM Mon-Fri 8:30 AM-6:00 PM Mon-Fri 8:30 AM-4:30 PM Mon-Fri 9:00 AM-6:00 PM Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM Mon-Fri 8 AM-4:00 PM Open 24/7  Mon-Fri 8:00 AM-4:30 PM Mon-Fri 8:00 AM-4:30 PM Mon-Fri 8:00 AM-4:30 PM Mon-Fri 8:00 AM-4:30 PM Mon-Fri 9 AM-5 PM Mon-Fri 9 AM-12 PM; 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Call or visit website for current hours Monday-Thursday 12-8 PM  N/A	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/ www.memorial.health/medical- services/behavioral-health/ www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext www.purehaven.org  www.livinghopecounselingcenter.org www.siumed.org/buildings/centrum-building/siu- child-adolescent- psychiatry?utm_source=gmb&utm_medium=Yext www.siumed.org/buildings/centrum-building/siu- psychiatry www.facebook.com/p/Intricate-Minds- 61554189538298/  www.behavioralhealth/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/ www.sc.cdio.org/programs/catholic-charities-legal- services  www.lincolnlegal.org www.sangamonil.gov/departments/m-r/public- defender	Addiction Therapy Services Counseling Services for children, parent, families in child weitare Counseling Services and intensive CBT outpatient Partial Hospitalization Program: 24/7 Mobile Crisis Response Team Counseling Services for survivors of sexual abuse; Adult and children Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking, Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services- Individual counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter Inpatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Adult Psychiatric Services  Mutual Ald support groups; free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention  Assists people in Springfield with little to no income in obtaining fro bono legal assistance from springfield with little to no income in obtaining fro bono legal assistance from springfield with little to no income in obtaining fro bono legal assistance from springfield with little to no income in obtaining fro bono legal psychiatric diagnosis; 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Free legal representation in criminal and related proceedings  Free legal representation in criminal an
81         82         83         84         85         86         87         88         89         90         91         92         93         94         95       Court and legal Services         96         97         98         99         100         101         102         Furniture Resources         103         104         105         106         107         108         109         110         111         112         113         114         Medical, Vision & Dental Care         116         117	Family Service Center  Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center Living Hope Counseling Center  Youth Service Bureau Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry SIU Adult Psychiatry Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services  Land of Lincoln Legal Aid  Sangamon County Public Defender  Sangamon County Public Defender  Eviction & Fresh Start Project IL Court Help- Legal Aid Self Help Center  Eviction & Fresh Start Project IL Court Help- Legal Aid Self Help Center  Contact Ministries- Basement Boutique Fifth Street Renaissance Freedom in Holiness Mission  Goodwill  Habitat for Humanity ReStore  Harvest Park Baptist Church Community Center Clothing Closet Hope Thrift Store Salvation Army Thrift Store Springfield Urban League Washington Street Mission  Hangers of Hope  Cornerstone Clothing Connection  Intricate Minds  Access to Care for Enos and Pillsbury Neighborhoods  IDHS: Better Birth Outcomes Pregnancy Genter  First Step Woman's Center	919 S Spring St. Springfield, II. 62703 [P: (217) 528-8406] 120 N 11th St. Springfield, II. 62703 [P: (217) 588-9858] 2224 Stanton St Springfield, II. 62703 2323 Adlai Stevenson Dr. Springfield, II. 62703 [P: (855) 586-3912] [P: (855) 496-1830] 400 S Vth St Suite 202, Springfield, II. 62701 [P: (217) 544-4631] 710 N Bith S Tpringfield, II. 62702 [P. (217) 755-1064]; 901 N 1st St #225 Springfield, II. 62702 [P. (217) 788-4065] Mobile Crisis Response [P: (217) 788-7070] 3W Old State Capitol Plaza, Springfield, II. 62701 [P: (217) 744-2560]  401 N Walnut St. Springfield, II. 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, II. 62702 [P: (217) 679-4009] 2200 S. 6th St Springfield, II. 62703 [P: (217) 698-7150] 2901 Normandy Rd, Springfield, II. 62703 [P: (217) 529-8300] 5230 S 6th Street Frontage Rd E, Springfield, II. 62703 [P: (217) 585-1180  319 E Madison St Floor 2, Springfield, II. 62702 [P: (217) 545-8000] 319 E Madison St Springfield, II. 62703 [P: (217) 679-5379]  3225 Hedley Rd Springfield, II. 62703 [P: (217) 679-5379]  3225 Hedley Rd Springfield, II. 62701 [P: (217) 726-7300]  120 S 7th St. Springfield, II. 62701 [P: (217) 726-7300]  120 S 11th St Springfield, II. 62701 [P: (217) 738-6699] 200 S 9th St # 301B, Springfield, II. 62701 [P: (217) 753-6699] 200 S 9th St # 358, Springfield, II. 62701 [P: (217) 753-6780] Address N/A (Hotline) [P: (877) 342-7891] Address N/A (Hotline) [P: (877) 342-7891] Address N/A (Hotline) [P: (877) 342-7891] Address N/A (Hotline) Robert Madison St. (P: (217) 522-2527] 231 N Dirksen Parkway Springfield, II. 62703 [P: (217) 523-6780] 2401 s 9th St #301B, Springfield, II. 62703 [P: (217) 523-6780] 2401 s 9th St Springfield, II. 62703 [P: (217) 522-2527] 2531 N Dirksen Parkway Springfield, II. 62703 [P: (217) 522-2527] 2531 N Dirksen Parkway Springfield, II. 62703 [P: (217) 522-2527] 2531 N Dirksen Parkway Springfield, II. 62703 [P: (217) 527-6414] 260 W 3408 A We Springfield, II. 62703 [P: (217) 527-6414] 2744 S 6th St Springfield, II. 62703 [P: (217) 525-560	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-5:00 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:00 PM  Mon-Fri 8:00 AM-4:00 PM  Fri 8:00 AM-4:00 PM  Mon-Fri 9:00 AM-4:00 PM  Mon-Fri 9:00 AM-4:00 PM  Mon-Fri 9:00 AM-4:00 PM  Mon-Fri 9:00 AM-4:00 PM  Tues PM  Tues PM  Tues Fri 10 AM-6 PM  Sunday 10 AM-6 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Mon-Fri 9:00 AM-8:00 PM  Tues AM-8:00 PM  Mon-Fri 9:00 AM-8:00 PM  Tues AM-8:00 PM  Mon-Fri Sunday 12-8 PM  Mon-Fri 9:00 AM-8:00 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Mon-Fri Sunday 12-8 PM  Mon-Fri Sunday 12-8 PM  Mon-Fri Sunday 12-8 PM  Mon-Fri Sunday 12-8 PM  Mon-Fri 9:00 AM-8:00 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Tues AM-8:00 PM  Mon-Fri Sunday 12-8 PM  Mon-Fri Sunday 10-8 PM  Mon-Fri S	www.fgcinc.org www.gatewayfoundation.org/locations/springfiel d/?utm_source=google&utm_medium=organic&utm_campaign=GMB_Springfield www.lcfs.org/program/counseling/  www.lcfs.org/program/counseling/  www.nemorial.health/medical- services/behavioral-health/ www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext  www.purehaven.org  www.livinghopecounselingcenter.org  www.siumed.org/buildings/centrum-building/siu- spxchiatry?utm_source=gmb&utm_medium=Yext  www.siumed.org/buildings/centrum-building/siu- spxchiatry www.facebook.com/p/intricate-Minds- 61554189538298/  www.behavioralhealth.center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/  www.cc.dio.org/programs/catholic-charities-legal- services  www.lincolnlegal.org www.sangamonil.gov/departments/m-r/probation-and-count-services  www.lincolnlegal.org/contact-us/ www.firs-sara.org/programs-and-services  N/A  www.lipi.org  www.habitatsangamon.com  www.habita	Addiction Therapy Services Counseling Services for children, parent, families in child welfare Counseling Services for children, parent, families in child welfare Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 24/7 Mobile Crisis Response Team Counseling Services for survivors of sexual abuse; Adult and children Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking. Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy faith Based Counseling, and workshops & Domestic Violence Survivor advocacy faith Based Counseling, and workshops & Domestic Violence Survivor advocacy faith Based Counseling, and the control of the counseling, couples counseling, child and teen counseling. Addiction Counseling For Youth; 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelt and Cultimate and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and Behavioral Health Services  Adult Psychiatry and Behavioral Health Services  Mutual Ald support groups: free individual and group therapy individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric disgnosis; Child, Adolescent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention  Assists people in Springfield with little to no income in obtaining Pro bono legal sestitance from area attomers in specialized fields while also providing compassion, empathy, and a listening area to all who come seeking help.  free legal representation in criminal and related proceedings  Probation and court services, Administration, Adult Services, Juvenile Services, and Decention Services.  Holline to assist individuals with applying for legal services related to eviction  Court guides connecting individuals with applying for legal services related to eviction  Basement boutique. Sup
81         82         83         84         85         86         87         88         89         90         91         92         93         94         95       Court and legal Services         96         97         98         99         100         101         102         Furniture Resources         103         104         105         106         107         108         109         110         111         112         113         114         Medical, Vision & Dental Care         116         117	Family Service Centers Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center Prairie Center Against Sexual Assault SIU Survivor Recovery Center  Pure Haven Family Resource Center Living Hope Counseling Center  Youth Service Bureau Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry SIU Adult Psychiatry Intricate Minds  Behavioral Health Center of Illinois Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services Land of Lincoln Legal Aid Sangamon County Public Defender Sangamon County Public Defender Sangamon County Public Defender Sengamon County Public Defender  Contact Ministries-Basement Boutique Fifth Street Renaissance Freedom in Holiness Mission  Goodwill  Habitat for Humanity Restore Harvest Park Baptist Church Community Center Clothing Closet Hope Thrift Store Salvation Army Thrift Store Salvation Army Thrift Store Salvation Army Thrift Store Salvation Army Thrift Store Springfield Urban League Washington Street Mission  Hangers of Hope  Cornerstone Clothing Connection Intricate Minds  Access to Care for Enos and Pillsbury Neighborhoods  IDHS: Better Birth Outcomes Pregnancy Care Center  First Step Woman's Center  First Step Woman's Center  First Step Woman's Center	919 S Spring St., Springfield, II. 62703 [P: (217) 588-806] 1220 N 11th St, Springfield, II. 62703 [P: (217) 588-9858] 2224 Stanton St Springfield, II. 62703 2323 Adlai Stevenson Dr., Springfield, II. 62703 2200 Lake Victoria Dr., Springfield, II. 62703 291. (855) 586-3912] [P: (855) 496-1830] 400 S 9th St Suite 202, Springfield, II. 62702 [P: (217) 525-1644]: 901 N 1st St #225 Springfield, II. 62702 [P: (217) 758-4065] Mobile Crisis Response [P: (217) 788-7070] 3 W Old State Capitol Plaza, Springfield, II. 62701 [P: (217) 744-2560] 401 N Walnut St, Springfield, II. 62702 [P: (217) 545-7815] 215 W S Grand Ave E Suite B, Springfield, II. 62702 [P: (217) 679-4009] 200 S. 6th St Springfield, II. 62703 [P: (217) 698-7150] 2901 Normandy Rd, Springfield, II. 62703 [P: (217) 529-8000] 5230 5 6th Street Frontage Rd E, Springfield, II. 62703 [P: (217) 585-1180 319 E Madison St Floor 2, Springfield, II. 62703 [P: (217) 545-8000] 319 E Madison St Springfield, II. 62703 [P: (217) 679-3520] 1220 5 7th St, Springfield, II. 62703 [P: (217) 679-3520] 1220 5 7th St, Springfield, II. 62703 [P: (217) 679-5379] 3225 Hedley Rd Springfield, II. 62703 [P: (217) 529-8400] 309 S Adlai Stevenson Dr Ste. 202, Springfield, II. 62703 [P: (217) 529-8400] 200 S 9th St #3 3018, Springfield, II. 62701 [P: (217) 753-6699] 200 S 9th St #3, Springfield, II. 62701 [P: (217) 753-6699] 201 S 11th St Springfield, II. 62703 [P: (217) 529-6400] 202 S 9th St #3, Springfield, II. 62703 [P: (217) 529-6480] 203 S 9th St #3, Springfield, II. 62703 [P: (217) 544-5040] 3140 S Loveland Ave. Springfield, II. 62703 [P: (217) 544-5040] 315 N Sth St Springfield, II. 62703 [P: (217) 529-2527] 231 N Dirksen Parkway Springfield, II. 62703 [P: (217) 529-2527] 231 N Dirksen Parkway Springfield, II. 62703 [P: (217) 529-2527] 231 N Dirksen Parkway Springfield, II. 62703 [P: (217) 529-5530] 2744 S 6th St Springfield, II. 62703 [P: (217) 529-5530] 275 West Plummer Blvd, Chatham, II. 62615 [P: (217) 544-5041] 3179 E Jackson St, Virden, II. 62609 [P: (217) 545-5030] 318 S Gr	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 9:00 AM-6:00 PM  Mon-Fri 9 AM-5 PM & Saturday 9 AM-1 PM  Mon-Fri 8:00 AM-4:30 PM  Mon-Fri 8:00 AM-4:00 PM  Hon-Fri 8:00 AM-4:00 PM  Mon-Fri 9 AM-12 PM; 1:00-5:00 PM  Mon-Fri 8:00 AM-4:00 PM; Friday 9 AM-1:30 PM  Mon-Fri 8:00 AM-4:00 PM  Hotline Hours: Mon-Fri 8:30 AM-3:00 PM  Boutique: [Wednesday 9 am-12 pm *Appointment only.]  Mon-Thurs 9 AM-1:00 Red Carts items outside  Wednesdays 9 AM-1 PM; clothing only  2nd & 4th Sat of the month 7 AM-2 PM  For Wabash and West Plummer location:  Mon-Fri 9:30 AM-4:00 PM  Sunday 10:30 AM-4:00 PM  Sunday 10:30 AM-5 PM  Sunday 10:30 AM-5 PM  Mon-Fri 8:30 AM-5 PM & Sunday 11 AM-7 PM  N Dirksen location: Mon-Sat 10 AM-7 PM  Sunday 10:30 AM-12 PM  Rotating Hours: Call or visit website for current hours  Monday-Thursday 12-8 PM  Mon-Fri 8:30 AM-3:30 PM  Mon-Fri 8:30 AM-5:00 PM  Tues-Fri 10 AM-6 PM, Sat 10 AM-5 PM,  Thurs 10 AM-6 PM; Tues-Friday 8:30 AM-3:45 PM  Tues-Thurs 9:00 AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Tues AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Tues AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Tues AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Tues AM-4:30 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&itm_campaign=GMB_Springfield www.lcfs.org/program/counseling/ www.memorial.health/medical- services/behavioral-health/ www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext www.purehaven.org www.livinghopecounselingcenter.org www.siumed.org/buildings/centrum-building/siu- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext www.siumed.org/buildings/centrum-building/siu- psychiatry?utm_source=gmb&utm_medium=Yext www.siumed.org/buildings/centrum-building/siu- psychiatry www.facebook.com/p/Intricate-Minds- 61554189538298/ www.behavioralhealth.center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/ www.combehavioral-health-clinic/overview/ www.sangamonil.gov/departments/m-r/public- defender www.sangamonil.gov/departments/m-r/public- defender www.sangamonil.gov/departments/m-r/probation-and-court-services www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.lincolnlegal.org/contact-us/ www.far-sra-a-org/programs-and-services www.lincolnlegal.org/contact-us/ www.f	Addiction Therapy Services Counseling Services for children, parent, families in child welfare Counseling Services for children, parent, families in child welfare  24/7 Mobile Crisis Response Team  Counseling Services for survivors of sexual abuse; Adult and children  Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime; domestic violence, gang violence, sexual abuse, human trafficking.  Christian-Basect Counseling and workshops & Domestic Violence Survivor advocacy Faths Based Counseling, and workshops & Domestic Violence Survivor advocacy Faths Based Counseling, services: Individual counseling, couples counseling, child and teen counseling, Addiction Counseling  For Youth: 24 for Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelter  Impatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and senate groups and counseling.  Child Psychiatry and Behavioral Health Services  Mutual Aid support groups; free individual and group therapy individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis: Child, Adolescent, and Adult services.  Counseling services: Psychiatry services, case management, Crisis intervention.  Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area attomess in specialized fileds while also providing compassion, empathy, and a listening are to all who come seeking help.  free legal aid to families and individuals in need  Free legal representation in criminal and related proceedings  Probation and court services. Administration, Adult Services, Juvenile Services, and Detention Services.  Hotline to assist individuals with applying for legal services related to eviction  Court guides connecting Individuals with applying for legal services related to eviction  Court guides connecting Individuals with applying for legal services related to eviction  Court guides connecting for se
81         82         83         84         85         86         87         88         89         91         92         93         94         95         Court and legal Services         96         97         98         99         100         101         102         Clothing & Furniture Resources         103         104         105         108         109         110         111         112         113         114         Medical, Vision & Dental Care         116         117         118         120         121         122         123	Family Service Centers Family Guidance Centers INC  Gateway Foundation Lutheran Child and Family Services  Memorial Behavioral Health Center Prairie Center Against Sexual Assault  SIU Survivor Recovery Center  Pure Haven Family Resource Center Living Hope Counseling Center  Youth Service Bureau  Lincoln Prairie Behavioral Center  SIU Child and Adolescent Psychiatry SIU Adult Psychiatry  Intricate Minds  Behavioral Health Center of Illinois  Memorial Specialty Care Psychiatry & Behavioral Health  Catholic Charities Legal Services  Land of Lincoln Legal Aid  Sangamon County Public Defender  Sangamon County Court Services Legal Advice and Referral Center Eviction & Fresh Start Project IL Court Help- Legal Aid Self Help Center  Contact Ministries- Basement Boutique Fifth Street Renaissance Freedom in Holiness Mission  Goodwill  Habitat for Humanity Restore  Harvest Park Baptist Church Community Center Clothing Closet Hope Thrift Store Springfield Urban League Washington Street Mission  Hangers of Hope  Cornerstone Clothing Connection Intricate Minds  Access to Care for Enos and Pillsbury Neighborhoods  IDHS: Better Birth Outcomes Pregnancy Carte Center  First Step Woman's Center  Planned Parenthood-Springfield Health Center  Central Counties Health Centers	919 S pring St. Springfield, IL 62703 [P. 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Christian-Based Counseling and workshops & Domestic Violence Survivor advacacy faith Based Counseling, addiction Counseling, couples counseling, child and teen counseling, Addiction Counseling For Youth, 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelting For Youth, 24 Hr Crisis Intervention, Individual and Family Counseling, Outreach, Emergency Shelting Impatient and Outpatient mental health services for children and youth; child and teen therapy groups, psychiatry and counseling  Child Psychiatry and Behavioral Health Services  Adult Psychiatric Services  Mutual Aid support groups: free individual and group therapy Individual Counseling, Couple's counseling, Psychotherapy, psychological testing, psychiatric diagnosis; Child, Addicscent, and Adult services  Counseling services, Psychiatry services, case management, crisis intervention  Assists people in Springfield with little to no income in obtaining Pro bono legal assistance from area automess in specialized fields while also providing compassion, empathy, and a listening are to all who come seeking help.  free legal representation in criminal and related proceedings  Probation and court services, Administration, Adult Services, Juvenile Services, and Detention Services  Houtile to assist individuals with applying for legal services  Houtile to assist individuals with applying for legal services  Hottline to assist individuals with applying for legal services  Hottline to assist individuals with applying for legal services  Hottline to assist individuals with applying for legal servic
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Psychotherapy, psychological testing, psychiatric diagnosis; Child. Adolescent. and Adult services  Counseling services, Psychiatry services, case management, crisis intervention  Assists people in Springfield with little to no income in obtaining fro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listering are roll who come seeking help.  free legal representation in criminal and related proceedings  Probation and court services, Administration, Adult Services, Juvenile Services, and Datentino Services.  Hothite to assist Individuals with applying for legal services  Hothite to assist Individuals with applying for legal services. Flated to eviction  Court guides connecting individuals with applying for legal services. Flate Item giveaway outside in ed. acts on designated days  Probation and court services, services, small appliances, furniture, building supplies, small area appliances. Soone, services and ser
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(217	Mon-Fri 8 AM-4:30 PM  Mon-Fri 8:30 AM-9:00 PM & Friday 9 AM-5 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-5:00 PM  Mon-Fri 8:30 AM-6:00 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:30 AM-4:30 PM  Mon-Fri 8:40 AM-6:00 PM  Mon-Fri 8:40 AM-6:40 PM  Mon-Fri 9:40 AM-6:40 PM  Mon-F	www.fgcinc.org www.gatewayfoundation.org/locations/springfield d/?utm_source=google&utm_medium=organic&itm_campaign=GMB_Springfield www.lcfs.org/program/counseling/ www.lcfs.org/program/counseling/ www.prairiecasa.org www.siumed.org/buildings/walnut- building/survivor-recovery- center?utm_source=gmb&utm_medium=Yext www.purehaven.org www.livinghopecounselingcenter.org www.siumed.org/buildings/centrum-building/siu- thild-adolescent- psychiatry?utm_source=gmb&utm_medium=Yext www.siumed.org/buildings/centrum-building/siu- spxchiatry www.facebook.com/p/intricate-Minds- 61554189538298/ www.behavioralhealth/center  www.memorial.health/memorial-specialty-care- psychiatry-behavioral-health-clinic/overview/ www.sangamonil.gov/departments/m-r/public- defender www.sangamonil.gov/departments/m-r/publ	Addiction Therapy Services Counseling Services for children, parent, families in child welfare Counseling Services and intensive CBT outpatient Partial Hospitalization Program; 26/7 Mebile Crisis Response Team Counseling Services for survivors of sexual abuse; Adult and children Psychiatry, Trauma Informed Yoga + Individual, family, and group therapy for survivors of crime, domestic violence, sang violence, sexual abuse, human trafficking, Christian-Based Counseling and workshops & Domestic Violence Survivor advocacy Faith Based Counseling services-Individual counseling, couples counseling, child and tean counseling, Addiction Counseling For Youth; 24 for Tedis Intervention, Individual and Family Counseling, Dutreach, Emergency Shelter Inspitent and Outpatient mental health services for children and youth; child and tean therapy groups, psychiatry and counseling Child Psychiatry sand Behavioral Health Services  Adult Psychiatric Services  Mutual Alit Support groups free individual and group therapy Individual Counseling, Couple's counseling. Psychotherapy, psychological testing, psychiatric diagnosis; Child. Adolescent. and Adult services  Counseling services, Psychiatry services, case management, crisis intervention  Assists people in Springfield with little to no income in obtaining fro bono legal assistance from area attorneys in specialized fields while also providing compassion, empathy, and a listering are roll who come seeking help.  free legal representation in criminal and related proceedings  Probation and court services, Administration, Adult Services, Juvenile Services, and Datentino Services.  Hothite to assist Individuals with applying for legal services  Hothite to assist Individuals with applying for legal services. Flated to eviction  Court guides connecting individuals with applying for legal services. Flate Item giveaway outside in ed. acts on designated days  Probation and court services, services, small appliances, furniture, building supplies, small area appliances. Soone, services and ser

125 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141 142 Transportatio n 143	Memorial Care Urgent Care in Chatham  Memorial Care Urgent Care on Koke Mill  Memorial Care Urgent Care on N. Dirksen  Nurse Family Partnership- SIU  Healthy Families Illinois  Phoenix Center  Safe Haven Hospice Fifth Street Renaissance  DHS Family Community Resource Center in Sangamon County	101 E. Plummer Blvd. Chatham, IL 62629 [P: (217) 588-2600]  3132 Old Jacksonville Rd Springfield, IL 62704 [P: (217) 588-2600]  3220 Atlanta St, Springfield, IL 62707 [P: (217) 588-2600]  401 N walnut Springfield, IL 62794 [P: (217) 545-0175]  2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102] Ext 3770	Daily 8 AM-8:00 PM  Daily 8 AM-8:00 PM  Daily 8 AM-8:00 PM  Daily 8 AM-8:00 PM	www.memorial.health/memorial-care-urgent-care-in-chatham/overview/ www.memorial.health/memorial-care-urgent-care-on-koke-mill/overview/ www.memorial.health/memorial-care-north-dirksen-urgent-care/overview?y_source=1_MjM0MDExOTEtNzE1 LWxvY2F0aW9uLndlYnNpdGU%3D	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc  Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc  Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc  Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc
128  129  130  131  132  133  134  135  136  137  138  139  140  141  142  Transportationn	Chatham  Memorial Care Urgent Care on Koke Mill  Memorial Care Urgent Care on N. Dirksen  Nurse Family Partnership- SIU  Healthy Families Illinois  Phoenix Center  Safe Haven Hospice Fifth Street Renaissance  DHS Family Community Resource Center in Sangamon County	3132 Old Jacksonville Rd Springfield, IL 62704 [P: (217) 588-2600]  3220 Atlanta St, Springfield, IL 62707 [P: (217) 588-2600]  401 N walnut Springfield, IL 62794 [P: (217) 545-0175]  2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102] Ext 3770	Daily 8 AM-8:00 PM  Daily 8 AM-8:00 PM  Daily 8 AM-8:00 PM	care-in-chatham/overview/ www.memorial.health/memorial-care-urgent- care-on-koke-mill/overview/ www.memorial.health/memorial-care-north- dirksen-urgent- care/overview?y_source=1_MjM0MDExOTEtNzE1 LWxvY2F0aW9uLndlYnNpdGU%3D	Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc  Walk in general medical care; for non emergency needs i.e colds, flu, minor injuries, etc
129  130  131  132  133  134  135  136  137  138  139  140  141  142 Transportationn	Memorial Care Urgent Care on N. Dirksen  Nurse Family Partnership- SIU  Healthy Families Illinois  Phoenix Center  Safe Haven Hospice Fifth Street Renaissance  DHS Family Community Resource Center in Sangamon County	3220 Atlanta St, Springfield, IL 62707 [P: (217) 588-2600]  401 N walnut Springfield, IL 62794 [P: (217) 545-0175]  2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102] Ext 3770	Daily 8 AM-8:00 PM	www.memorial.health/memorial-care-north-dirksen-urgent-care/overview?y_source=1_MjM0MDExOTEtNzE1 LWxvY2F0aW9uLndlYnNpdGU%3D	
130  131  132  133  134  135  136  137  138  140  141  142 Transportationn	Nurse Family Partnership- SIU  Healthy Families Illinois  Phoenix Center  Safe Haven Hospice Fifth Street Renaissance  DHS Family Community Resource Center in Sangamon County	401 N walnut Springfield, IL 62794 [P: (217) 545-0175]  2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102] Ext 3770		F	
130  131  132  133  134  135  136  137  138  139  140  141  142 Transportation n	Healthy Families Illinois  Phoenix Center  Safe Haven Hospice Fifth Street Renaissance  DHS Family Community Resource Center in Sangamon County	2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102] Ext 3770	MON-FII O AIVI-4.30 FIVI		Free service for women who are pregnant with their first baby. Connects women to a registered nurse who will provide support, advice and information about healthy pregnancy and parenting.
132 133 134 135 136 137 138 139 140 141 142 Transportation n	Safe Haven Hospice Fifth Street Renaissance  DHS Family Community Resource Center in Sangamon County		M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	www.sangamonil.gov/departments/m-r/public-	Free home visiting program for eligible first and second time parents. Giving parents the tools and resources to create healthy, nurturing environments for their children.
133 134 135 136 137 138 139 140 141 142 Transportationn	DHS Family Community Resource Center in Sangamon County	1999 Wabash Ave Ste 202 Springfield, IL 62704 [P: (855) 879-4096]			HIV/STD Testing  Provides end-of-life services in the home
135  136  137  138  139  140  141  142 Transportationn	Center in Sangamon County			www.www.fsr-sara.org/programs-and-services	Provides end-of-life services in the home  HIV/STD Testing and Health Education  Early intervention assessments for developmental delays, family case management,
136 137 138 139 140 141 142 Transportation 1	Sangamon County Dept of Public	[P: (217) 782-0400]		www.illinois.gov r	medical education to pregnant women, coordination of health and social services  STD testing, STD education, vaccines, treatment of STD's, Walk in Clinic, immunizations, school/sports and pre-employment physicals, flu shots, pregnancy testing, TB testing,
137  138  139  140  141  142 Transportationn  143	Access Dental and Orthodontics		M 8:30 AM-6:00 PM ; Tue-Fri 8:30 AM-3:45 PM	www.sangamonil.gov/departments/m-r/public-health/home swww.accessdentalclinics.com/locations/illinois/sp	Walk in Flu clinic, Breast feeding support, WIC, Free mammograms and gynecology services for underinsured women, etc.  Affordable cosmetic dentist in Springfield IL accepts most major insurance plans,
139  140  141  142 Transportation  143	Familia Dental			www.familiadental.com/locations/illinois/springfi	Dental Care provider accepting Medicaid, Private Insurance, and Payment Plans
140  141  142 Transportatio n	Vision Care Associates	[P: (217) 800-272-7393] 121 N Grand Ave W, Springfield, IL 62702 [P: (217) 528-3233]	Mon-Thurs 7 AM-6 PM; Friday 9 AM-5 PM; Sat (Prairie Crossing Location only) 8 AM-12 PM		Eye Exams & vision care accepting most private insurances
141  142 Transportatio n  143	Bard Optical		Mon-Fri 8 AM-5 PM;	www.bardoptical.com (	Eye Exams & vision care, accepting Medicare, Medicaid, and most private insurances, Contacts and Eyeglasses provider  Eye Exams & vision care accepting Medicare and most private insurances
142 Transportation n				www.walmart.com/cp/vision- centers/1078944?povid=OMNISRV_D_i_GLOBAL_ Nav_ServicesNav_VC_1078944_SuperDepartment	Eye Exams, Eyeglasses and Contacts provider. Accepts Molina, Kids Connect, IL
143			Mon-Fri 9 AM-7 PM; Sat 9 AM-6 PM  Mon-Fri 6:15 AM-12 AM; Sat 6:15 AM-6 PM	_VisionCenter_VisionHome_1332399668 F	Partnership cards, and most major insurances.  Paratransit service ransportation for persons with disabilities who are unable to use the SMTD fixed-route bus service. Individuals with disabilities must apply to become
	Access Sangamon	928 S. Ninth St Springfield, IL 62703 [P: (217) 522-8594]  1700 S. Spring St. Springfield, IL 62704		www.easyaccessspringfield.org/visitor- info/Getting-	Wheelchair accessible vans and mini-vans that will accommodate either 1 or 2
	R Squared Transport	[P: (217) 525-9069, (217) 891-4238, or (217) 622-9073		%20928%20S.%20Ninth%20St.%20Springfield,%2 0IL%2062703	passengers in wheelchairs and 3 in seats. Requests to be made 24 hr in advance; cash or check payment only.  Transportation for individuals 60 years of age and over, as well as individuals 18 and
		701 W Mason St, Springfield, IL 62702 [P: (217) 528-4035] EXT 128		) ] ]	over with a disability, living in Sangamon County. Vehicles are wheelchair accessible; Transportation is provided to rural county participants on a weekly basis. Suggested Donation of \$2.50/one way ride for individuals 60+, and a required fee of \$2.50 for
145	Aetna Transportation	[P: (217) 528-4035] EXT 128  320 W. Washington St Springfield, IL 62767 [P: 1-866-212-2851] 687 E Linton, Springfield, IL, 62703		www.aetnabetterhealth.com/illinois/members/icp/transportation	individuals under the age of 60 with a disability.  Rides to health care visits or to the pharmacy; to be requested 3 days prior to appointment  Transportation for individuals with Cancer; Patients must be traveling to a cancer-
147	American Cancer Society	[P: (217) 523-4503; 1(800) 227-2345]		services/road-to-recovery.html r	related medical appointment  Train Station/Travel via train; Discounted tickets for seniors, students, passengers with
148	Amtrak	100 N Third St, Springfield, IL 62701 [P: (800) 872-7245]		www.angelflightcentral.org/about- us#:~:text=Every%20year,%20Angel%20Flight%20	disabilities, veterans, active military and their immediate family, children, etc  Free flights throughout the Midwest for families who need access to specialized health care, camps for special needs, disaster response efforts, and other compassionate
149	AgeLinc- Area Agency on Aging for	2731 S MacArthur Blvd, Springfield, IL 62704		%20supporters r	care, camps for special needs, disaster response efforts, and other compassionate reasons  Senior transportation assistance. (For individuals 60 YO and older)
150	Blue Cross Blue Shield of IL- ModivCare	3405 Liberty Dr, Springfield, IL 62704 [P: 1-877-831-3148]	Mon-Fri 8 AM-6 PM	www.bcbsil.com/bcchp/benefits-and-coverage/transportation-services	Blue Cross Community Health Plans (BCCHP) offers members free transportation for medical needs. i.e free rides to and from doctor's office, a health care facility, pharmacy, or BCCHP-sponsored event.
151	Central Illinois HIV Care Connect-SIU Medicine	410 N Walnut St Springfield il, 62794 [P: 217-545-7683]	Mon-Fri 8-4:30 PM	www.hivcareconnect.com/region-3-central- illinois/ www.hfs.illinois.gov/medicalclients/medicaltrans	Provides Client mileage reimbursement program for those traveling to appointments related to care  Medical transportation helpline for medicaid recipients not enrolled in a Managed Care Organization
153	Transdev (Formerly First Transit)  HSHS St John's Caregiver Interfaith		N/A	F	Organization  Providing transportation to and from medical appointments for existing care-receivers  - free of charge to older adults (60 years of age and older) in Springfield, Chatham,
	•	800 E. Carpenter St. Springfield, IL 62769 [P: (217) 757-6621]			free of charge to older adults (60 years of age and older) in Springfield, Chatham, Rochester and Sherman regardless of income; Call to schedule ride 3 days in advance
155	· · · · · · · · · · · · · · · · · · ·		24/7	center?utm_source=google_maps&utm_medium =organic	Affordable bus travel  Free flights in the Midwest for medical needs; Must have a financial or medical need
156	Lifeline Pilots  Meridian Healthcare-Transportation Services	on San San San San San San San San San Sa		www.facebook.com/lifelinepilotsusa f www.mmp.ilmeridian.com	for assistance Provides non emergent transportation to Dr's appointments, pharmacies, WIC offices; also offers gas reimbursement
	Molina Healthcare- Transportation Services Lincoln Yellow Cab Inc	[P: (844) 644-6354]	Mon-Fri 8 AM-5 PM	rt.aspx f	Non emergent medical transportation. Transport to Dr's appointments, medical facilities, pharmacies, WIC office, therapy; Schedule transportation 72 Hrs in advance Local Taxi Service
159 160	Sangamon Mass Transit District Sangamon Menard Area Regional Transit (SMART)	928 S 9th St, Springfield, IL 62703 [P: (217) 522-5531]	Office Hours: Mon-Fri 8 AM-4:30 PM	www.smtd.org L	Local Bus Lines in Springfield il Safe, reliable and cost effective Rural Public Transportation; one end of the trip, origin or destination must be in the rural area
Education	·	3519 Sheffield Road, Springfield, IL 62703 [P: (217) 529-3333]		www.facebook.com/people/Garvey-Tubman-	Offers multiple adult literacy programs & on site Certified Nursing Assistant Program  Provides facilitated instruction with professional artist and music classes to assist supporting emerging artist's minds. Empowering creativity, showcasing, prepare for
	Garvey Tubman Cultural Arts and Research Center	1319 S 13th St, Springfield, IL 62703 [P: (217) 816-0820]		<u>Center/100063273247895/</u> r	supporting emerging artist's minds. Empowering creativity, showcasing, prepare for marketing, and sales. We accept applications for students ages 5-13  Local community college offering 'on-campus' and online courses crediting towards
164	Lincoln Land Community College			www.llcc.edu	college degrees, adult education and literacy, Trades and Workforce Career Training; Certificates and degrees; different payment options- financial aid, scholarships After-school and summer programs-providing resources, academic and social-
165	Sangamon County Regional Office of			www.compassforkids.org  www.sangamonil.gov/departments/m-r/regional- office-of-education  i	emotional support to underserved children in Springfield Public Schools GED Testing Program, Work permits, Teacher's certificates, Health/Life safety inspections, Truancy case workers
			Mon-Fri 8 AM-4:30 PM Mon-Fri 8:30 AM-5:00 PM	www.sangamonil.gov/departments/a- c/community-resources	Illinois Worknet Training Center, job training, assistance for displaced workers and job training through the Workforce Investment Act; referrals that promote economic stability and/or self-motivation. Assist with GED Test Vouchers  Funding for job training for dislocated workers; or individuals with low income
168	Land of Lincoln Workforce Alliance	1300 S 9th St, Springfield, IL 62703 [P: (217) 524-5996]	Mon-Fri 8:30 AM-5:00 PM	i	Funding for job training for dislocated workers; or individuals with low income  Military school for at risk youth; Tuition at no cost-The Academy combines classroom instruction, service to community, life skills, job skills, computer literacy, physical training, and challenging individual and team activities into one unique experience;
169	Habitat for Humanity-			www.lincolnschallenge.org/the-academy/	Highschool diplomas, GED class, CPR training, Computer classes, food handler certificate, nutrition classes  Home Ownership Program Informational Sessions/education; home ownership opportunities to
170	Homeownership class		Mon-Wed 10 AM-8 PM; Thurs-Sat 10 AM-5 PM;	www.habitatsangamon.com/homeownership	families who are unable to obtain conventional house financing  Extensive collection of literature; Brainfuse program- virtual live tutoring, a 24-hour writing assignment review, study groups; Research resources, homeschooling
171	·			www.springfieldparks.org/activities-and- events/program-activity-overview/	resources, parent and educator resources, educational events  Educational and Recreational Programs/Classes  Community Technology Training Center, Community Health Training Center, Early and
172	Springfield Urban League	100 N 11th St Springfield, IL 62703 [P: (217) 789-0830]	Mon-Fri 8:30 AM-5:00 PM	www.springfieldul.org/programs-training  F	Head Start Programs- academic, social, mental, health, and nutritional education to children of low income families. Robotics program for youth.  Public local university; applications available for financial aid programs and
173	University of Illinois Springfield	One University Plaza, Springfield, IL 62703 [P: (217) 206-6600]	Mon-Fri 8:00 AM-5:00 PM	www.uis.edu t	scholarships to pay for courses; on-campus and online courses; Bachelors, Undergraduate, Master's Degree, and Graduate Certificate Programs
174				f e	FREE parent education program in the Springfield Public School District for prenatal families and families with children ages 0-3; Program increases parent knowledge of early childhood development and improve parent practices, Provide early detection of developmental delays and health issues of children. Prevent child abuse and neglect
	Parents As Teachers	3063 Fiat Ave Springfield, IL 62703 [P: (217) 525-3315]	N/A		developmental delays and health issues of children, Prevent child abuse and neglect, Increase children's school readiness and success.
		2735 S 6th St, Springfield, IL 62703 [P: (217) 280-8963]			Personalized tutoring services, homework support, Test preparation, Teaching study skills,
176 Child Care	Community Child Care Connection	2801 W Lawrence Ave, Springfield, IL 62704 [P: (217) 525-2805] 770 E Apple Orchard Rd Springfield, IL 62703		www.4childcare.org	Child Care Assistance Program; assists low-income families with child care payments  Early Head Start (EHS) Program- academic, social, mental, health, and nutritional education program for children (0-3 years of age) and their families of low income;
	Springfield Urban League- Early Head Start & Head Start	[P: (217) 528-0899];	Mon-Fri 8:30 AM-5 PM	www.springfieldul.org/program/head-start	Center base or home base program. Head Start program- low income preschool children (3-5 yrs of age)  Crisis childcare; Stress breaks-for recovery after medical care, death in the family, and
178	Mini O Beirne Crisis Nursery	1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800]	24/7	www.miniobeirne.org	personal time for parents; Childcare in case of temporary loss of regular child care, childcare for persons affected by domestic violence or being unhoused, Childcare for court and medical appointments  Safe Families for Children hosts yulperable children Keen children safe during a family
179		700 North 7th St, Suite A Springfield, IL 62702		į, tarininininininininininininininininininin	Safe Families for Children hosts vulnerable children Keep children safe during a family crisis such as homelessness, hospitalization, or domestic violence in an effort to prevent child abuse and/or neglect. Reunite families and reduce the number of children entering the child welfare system. Alternative to foster care, where
180	Safe Families for Children Home Day Care Providers	[P: (217) 953-1141]		www.springfield.safe-families.org  www.springfieldhomedaycares.wordpress.com	appropriate.  Professional association of licensed home and group home day care providers
181	Springfield Urban League- Wee Grow Before and After Care			k	Wrap around program for working parents or who are enrolled in school. Provides care before and after Head Start /Early Head Start hours and is open throughout the summer, when traditional Head Start is not in session. Financial Assistance Available
182	Abraham Lincoln Presidential Library and Museum	iry		n H	for qualifying individuals  Museum about President Abraham Lincoln and The Civil War. Immersive displays, historical artifacts, immersive experiential theater, Holavision® theater, theatre shows and productions, gift shop, research library, Illinois gallery.
183	Auburn Community Center	118 N 5th St Auburn, IL 62615; [P: (217) 438-6151] Ext 2304  1, Convention Center Plaza, Springfield, IL 62701		www.auburnillinois.us/our-community g	available to rent for special occasions, such as baby or bridal showers, family gatherings, birthday parties, and group meetings  Convention center and event arena; conferences, trade shows, circuses, sporting
185	Bank of Springfield Center	[P: (217) 788-8800]		www.theboscenter.com  www.chathamil.gov/business/chatham-	events, concerts  Available to rent for special occasions, such as baby or bridal showers, family
	•		N/A Tues-Sat 4-9 PM; Sunday 10 AM-3 PM	community-center § www.facebook.com/CaritasBingoHall/ www.springfieldparks.org/locations/42/eisenhow	gatherings, birthday parties, and group meetings; Game Room and Gym also available Bingo Hall; Cafeteria available
187	·	2351 E Cornell Ave, Springfield, IL 62703 [P: (217) 525-8847]  3631 S 6th St Springfield, IL [P: (217) 787-8348]; 2811  W Lawrence Ave [P: (217) 787-1111]; 2701	1		Heated indoor swimming pools, swimming lessons, aerobic classes, host birthday parties Gym; Fitness Classes, Group and Personal Training, Free Childcare during workouts, free-weights, cardio equipment, Pool and Aqua classes, Nutritional Counseling,
180		E Sangamon Ave [P: (217) 788-8250]			Parkinson's Group personal Training, Free trials offered
189	YMCA of Springfield	601 N 4th St Springfield, IL 62702 [P: (217) 544-9846]; 4550 W Iles Ave Springfield, IL 62711 [P: (217) 679-1625]	Iles Location Hours: Mon-Thurs 5 AM-8 PM, Fri 5 AM-7 PM, Sat 7 AM-4 PM, Sun 8 AM-12 PM	www.springfieldymca.org	Gym; fitness classes, personal training, Free childcare during workouts, Swimming Lessons, Swim team, Sports, Kids Summer camp, Scholarship programs for membership
190		1756 Wabash Ave Springfield, IL 62704 [P: (217) 546-4910] 1879 E Sangamon Ave Springfield, IL 62702 [P: (217) 408-4878]	Mon-Thurs open 24 hours; Fri 12 AM-10 PM; Sat 7 AM-7 PM; Sunday 7 AM-12 AM	www.planetfitness.com E	Gym with low cost gym memberships, fitness classes, fitness trainers available, variety of equipment  Borrow books, movies, games, electronics, musical instruments with library card; meeting room rental available, wifi and mobile hotspots, book clubs, crafting events.
192			·	www.lincolnlibrary.info www.pureperformancefitnesscenter.com	meeting room rental available, wifi and mobile hotspots, book clubs, crafting events, educational events/classes,  Gym; Personalized fitness plan, small group coaching, personal trainers  Book Borrowing, book clubs, social events, craft classes, technology classes, "Story
193	Community Center  Springfield Art Association/ Edwards	ds	Mon-Thurs 10 AM-7 PM; Fri 10 AM-5 PM; Sat 10 AM-4 PM	www.rochesterlibrary.org	Time" for kids, Knitting and Crochet groups, and more  Community Based Non-profit that promotes and supports visual arts; open studio, art galleries, art camps, art classes, art outreach, school workshops, events and festivals,
195	Place Historical Home The Salvation Army Community Center	700 North 4th Street Springfield, IL 62702 [P: (217) 523-2631]  1600 Clear Lake Ave., Springfield, IL 62703 [P: (217) 525-2196]	Daily 8 AM-9 PM	www.springfieldart.org/about.html swww.facebook.com/TheSalvationArmyGym/	space rental, community events  Sports leagues and events
197					Local Garden Club  Municipal Government Agency over several local public parks; provides accessible, memorable recreational opportunities that enrich the community
198	Center	3725 Chatham Rd, Springfield, IL 62704 [P: (217) 787-2460]	Sat & Sun 7 AM-7 PM		Full service indoor tennis, pickleball, and fitness facility  Art and Music events; Art gallery
201	The Recreation and Athletic Center	Richard Wright Dr, Springfield, IL 62703 [P: (217) 206-7103]	Mon-Thurs 7 AM-11 PM; Fri 7 AM-9 PM; Sat 10 AM-9 PM; Sun 1-9 PM	www.uis.edu/campusrec/facilities/recreation-and	Indoor sports, general fitness areas, free weights, multipurpose room, racquet ball and Squash courts, Arena, Golf simulator; Must be UIS student or TRAC member
203		3454 Liberty Dr, Springfield, IL 62704 [P: (217) 331-6600]	Tue/Wed 4-8 PM; Thurs 10 AM-8 PM; Fri 1-9 PM;		Indoor trampoline Park  Family entertainment center; Bounce Houses, Laser Tag, Arcade, Indoor Playpark, Food
1-00	Malibu Jacks Kidzeum of Health and Science	2501 Wabash Ave, Springfield, IL 62704 [P: (217) 280-4787] 412 E Adams St, Springfield, IL 62701 [P: (217) 679-2123]	Mon-Thurs 11 AM-9 PM; Fri/Sat 11 AM-11 PM; Sun 12-9 PM Wed, Sat, Sun 9 AM-4 PM	i www.malibujacksspringfield.com bwww.kidzeum.org	indoor themepark; rides, Go Karts, bowling, arcade games, laser tag, Golf, bounce houses Children's Museum
204	Dumb Records The Wakery	418 E Monroe St, Springfield, IL 62701 [P: (217) 691-8991]  5 W Old State Capitol Plaza, Springfield, IL 62701 [P: 217-670-2354]	Daily 10 AM-7 PM  See website for scheduled events	www.dumbrecs.com \\ www.springfieldwakery.com \	Vinyl Record store; Arcade; Concert/Show venue with local and touring bands/artists Mocktail bar (exclusively non-alcoholic drinks) with public events. Trivia nights, Crafting and paint nights.
204 205 206 207	Dabble Springfield	1704 E Sangamon Ave, Springfield, IL 62702 [P: (217) 687-1904] 3 W Old State Capitol Plaza, Springfield IL 62701	Wed-Sun 12-7 PM	www.64340b5842755.site123.me	Public Art Studio- Crafting areas, Assistance available to help wth art projects Guide to Festivals, Restauraunts, activities, Farmers Markets, Holiday events, and concerts happening in Downtown Springfield, IL
204 205 206 207 208	· •				
204 205 206 207 208 209	Downtown Springfield Inc	(Y-block near the Governor's Mansion) between 4th and 5th streets and Capitol Avenue; Downtown Springfield, IL		springfield F	Seasonal, Free, family-friendly outdoor Concert Series; kids activities, Live Music and Food trucks  Local museum; exhibitions and public programs that tell the story of the land, life,
204 205 206 207 208 209 210 211	Downtown Springfield Inc  Levitt Amp Springfield Music Series  Illinois State Museum	(Y-block near the Governor's Mansion) between 4th and 5th streets and Capitol Avenue; Downtown Springfield, IL [P: (217) 544-1723]	Thursday evenings [Summer only]  Mon-Sat 9 AM-4:30 PM; Sun 12-4:30 PM  Daily 6 AM-10 PM	springfield  www.illinoisstatemuseum.org  www.springfieldparks.org/locations/40/washingt on-park/springfield/location-details	Food trucks

214		1700 Knights Recreation Dr, Springfield, IL 62711	General office hours: Daily 9 AM-9 PM; Water Park-	E	Water park with float river, wave pool, kids water attractions, various thrilling attractions, pedal boats; Amusement park with ferris wheel, Go Karts, mini golf, batting	
215	Knight's Action Park  Route 66 Drive In Theatre	[P: (217) 546-8881]  1700 Knights Recreation Dr, Springfield, IL 62711 [P: (217) 698-0066]	Summer; Amusement Park-Daily 9 AM-6 PM;  Open summer and early fall- Evenings		cages, driving range, large outdoor playground, arcade games, and more.  Outdoor movie theater where patrons can watch films from the comfort of their own vehicles. Featuring two Large screens each playing different films; Concessions available for purchase	
216	Nature Center	2301 E Lake Shore Drive Springfield, IL 62712 [P: (217) 529-1111] 1500 Knights Recreation Dr, Springfield, IL 62711	Open Daily from Sunrise-Sunset		Hiking trails in wooded areas and lakeside, gardens, nature center, gift shop, events Roller Skating rink with Arcade games and Prize store; concessions, birthday parties,	
218	Skateland South  The Virden Community Center	[P: (217) 546-4543]  101 W Jackson St, Virden, IL 62690 [P: (217) 965-5805]	Varying hours; see website for public skate times  Mon-Fri 8 AM-5 PM	www.virden.municipalimpact.com/community-	event rental space	
219		4965 S 2nd St, Springfield, IL 62703 [P: (217) 585-2941]	Daily 6 AM-10:30 PM	d-park/springfield/location-details	Public community park; ADA accessible; playgrounds, walking paths, pavilions, fishing piers, gazebo, sports courts, sensory gardens, Erin's Pavilion-indoor event rental space	
221	Centennial Park	5529 Bunker Hill Rd, Springfield, IL 62711 [P: (217) 544-1751] ext. 1004 2000 S 6th St, Springfield, IL 62703 [P: (217) 544-1751 ext. 1004]	Open Daily from Dawn to Dusk  Daily 6 AM-10 PM	park/springfield/location-details www.springfieldparks.org/locations/21/iles-	walking paths, playgrounds, 100 ft high hill for sledding, picnic shelters, baseball fields, pet friendly-dog park, skateboarding park, tennis courts, outdoor fitness equipment local public park. Baseball fields, outdoor pavillions, pickleball, picnic areas, playgrounds, skatepark	
222	Lincoln Park	1601 N 5th St, Springfield, IL 62702 [P: (217) 544-1751] ext. 1004	Open Daily from Dawn to Dusk		historic local public park; walking paths, gardens, soccer field, baseball fields, tennis cou local public park; walking paths, brick shelters, playground with zipline and musical	rts, shuffleboard courts, horseshoe courts, The Nelson Recreation Center, stone pavillions, disc golf cou
224	Duncan Park Enos Park	500 N MacArthur Blvd, Springfield, IL 62702 [P: (217) 544-1751] ext. 1004 1000 North 7th Springfield, IL 62703 [P: (217) 544-1751] ext. 1004	Daily 5 AM-10:30 PM  Open Daily from Dawn to Dusk	park/springfield/location-details www.springfieldparks.org/locations/14/Enos%20	instruments, pickleball courts, disc golf course, sledding hill, Bandshell musical performance space.  local public park; playgrounds, walking paths, picnic shelter, pollinator garden	
225	Carpenter Park	1 Carpenter Park Trl, Springfield, IL 62707 [P: (217) 544-1751] ext. 1004	Open Daily from Dawn to Dusk	park/springfield/location-details www.presidentlincoln.illinois.gov/visit/whats-	local public park; wooded area with hiking trails alongside The Sangamon River, nature trails, river rock trails, picnic tables	
226		500 E Madison St, Springfield, IL 62701 [P: (217) 558-8948] 3483-3499 S 4th St, Southern View, IL 62703 [P: (217) 529-3352]	Open Daily 8 Am-10 PM Open Daily 6 AM-2 PM		interurban park adjacent to Abraham Lincoln Presidential Library and Museum; Featurin walking paths, playgrounds, tennis courts, several pavilions available for event rental	g bronze Lincoln Statues, garden,
228	·	301 Martin Luther King Dr, Springfield, IL 62703 [P: (217) 544-1751] ext. 1004	Open Daily 6 AM-10:30 PM	www.springfieldparks.org/locations/10/Comer%2	local community park; splash pads, walking paths, outdoor fitness court, basketball courts, playground with rock climb wall, pollinator garden, picnic shelters, tennis courts, bike sports	
229	Illinois State Fairgrounds	801 E Sangamon Ave, Springfield, IL 62706 [P: (217) 782-2172]	Mon 8:30 AM-7 PM; Tuesday-Fri 8:30 AM-4:30 PM; Annual IL State Fair event hours August 7 AM-12 AM; See website calendar for specific event times		Year-round events and Expositions; Annual IL State Fair every summer, campground, demolition derby, concerts, motorcross events, automobile races, horse racing, parade in the summer, dog shows, indoor market events, model train shows etc, Sensory friendly exhibits	
230	The Nelson Center	1601 N 5th St, Springfield, IL 62702 [P: (217) 753-2800]		www.springfieldparks.org/locations/47/nelson- center-ice-rink/springfield/facility-details	Ice skating rink, Outdoor public pool, birthday party rentals, concessions, outdoor pavillion, ice sports, events  Hiking Trail, stretching 5 miles from Springfield's eastside to Rochester, IL; Built on the	
231	Lost Bridge Trail	Trail end points: Behind IL Dept of Transportation building on, South Dirksen Parkway (Springfield) and Walnut St. at SR 29 (Rochester) [P: (217) 544-1751] 420 S 6th St, Springfield, IL 62701 [P: (217) 523-2787]	Open Daily from Dawn to Dusk See tickets on website for specific show times	https://www.springfieldparks.org/locations/61/lo	old Baltimore and Ohio Railroad line. Asphalt surface trail, bordered by dense tree lines, woodland and prairie flowers, is open to trail users including walkers, runners, bicyclists, rollerbladers, strollers and wheelchairs.  Venue with plays and live theatre productions	
233	Springfield Muni Opera	815 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 793-6864]	See tickets on website for specific show times (Seasonally Spring/Summer) Mon-Thurs 4-10 PM; Fri 4 PM-12 AM; Sat 11 AM-12 AM;	www.themuni.org	Outdoor amphitheater with live theatre productions; plays and musicals. Discounted tickets for seniors, military, and students.	
235		2660 W Lawrence Ave, Springfield, IL 62704 [P: (217) 787-6111] 3115 E Sangamon Ave, Springfield, IL 62702 [P: (217) 544-0838]	Mon-Thurs 9 AM-10 PM; Fri & Sat 9 AM-11 PM;		Open bowling, bowling leagues, concessions  Open bowling lanes, bowling leagues, restaurant service	
236	AMC Classic Springfield 12	3141 Mercantile Dr, Springfield, IL 62711 [P: (217) 793-6440]	See website for specific showtimes	theatres/springfield-il/amc-classic-springfield- 12?utm_medium=organic&utm_source=google& utm_campaign=local	Indoor movie theatre; Concessions	
237	AMC Springfield 8	2945 S Dirksen Pkwy, Springfield, IL 62703 [P: (217) 529-9448]	See website for specific showtimes	www.amctheatres.com/movie- theatres/springfield-il/amc-springfield- 8?utm_medium=organic&utm_source=google&ut m_campaign=local	Indoor movie theatre; Concessions	
238  Children	Creekside Arcade	1081 Jason Place Chatham, IL 62629 [P: (217) 483-8282] 919 S Spring St, Springfield, IL 62704 [P: (217) 528-8406]	Mon, Wed, Thurs, Fri, Sat, Sun 11 Am-9 PM  Mon-Fri 9 AM-4:00 PM	www.thecreekpub.com/creekside-arcade www.service2families.com	Arcade games, Skee-ball, Prizes, Restauraunt attached Adoption and post-adoption services, foster care services; Resources for Adoptive parents/foster Caregivers and the children in their care	
240	Better Birth Outcomes	2833 South Grand Ave East Springfield, IL 62703 [P: (217) 535-3102]	Mon 8:30-6 PM; Tues-Friday 8:30 AM-3:45 PM		IDHS program providing case management, provides prenatal health education to pregnant women, linkage/enrollment in WIC, home visits, referrals for medical transport  Programs that help youth turn into leaders of tomorrow through education, career	
242	· · · · · · · · · · · · · · · · · · ·	300 S 15th St, Springfield, IL 62703 [P: (217) 544-0548] 1545 N 11th St, Springfield, IL 62702 [P: (217) 528-9506]	Mon-Fri 9 AM-6:30 PM Mon-Fri 9 AM-4 PM	www.computerbanc.org	development, art, technology, fitness, life skills and character building.  Program providing 'At Risk' individuals and students in need with computers  Crisis childcare; Stress breaks-for recovery after medical care, death in the family, and	
243 244		1011 N 7th St, Springfield, IL 62702 [P: (217) 525-6800] 201 S Grand Ave E, Springfield, IL 62763 [P: (217) 524-7156]	24/7 Mon-Fri 8:30 AM-4:30 PM		personal time for parents; Childcare in case of temporary loss of regular child care, childcare for persons affected by domestic violence or being unhoused, Childcare for court and medical appointments; Basic Needs Pantry  Healthcare program for kids	
245				Helpline	24-hour service that advocates the prevention of physical, emotional and sexual child abuse  Coordinated, multidisciplinary approach to child abuse investigations in Logan,	
246	Sangamon County Child Advocacy Center	1101 E Monroe Springfield, IL 62703 [P: (217) 522-2241]	Mon-Fri 8:30 AM-4:30 PM	www.sangamonil.gov/departments/a-c/child-	Sangamon, Christian and Menard counties. Provides a safe, child focused setting for investigations of child abuse, ensure victims and their families receive quality services, and raise awareness in the community to combat child abuse.	
247					lab and pharmacy; pediatric rehabilitation with an expanded therapy gym; pediatric cardiology services and diagnostic testing; mammography and other imaging tests; pediatric orthopedics and general surgery; maternal-fetal medicine for high-risk	
248		400 N. 9th Street Springfield, IL 62702 [P: (217) 545-8000] 3063 Fiat Ave Springfield, II 62703 [P: (217) 525-3315]	Mon-Fri 8:00 AM-4:30 PM; Walk-in clinic for exsisting clients-7:30-10 AM  Mon-Fri 8:00 AM-4:30 PM	-clinic	pregnancy care; pediatric multi-specialty clinic; as well as obstetrics and gynecology, walk-in clinic for non-emergent needs for pediatric clients  Free parent education program in the Springfield Public School District for prenatal families and families with children ages 0-3	
249				www.phoenixcenterspringfield.org/lgbtqa-youth-	Support group for LGBTQA (lesbian, gay, bisexual, transgender, questioning youth and allies) individuals ages 13-17. The purpose of the group is to provide a safe environment to meet people and make new friends and to learn about and discuss	
250	Phoenix Center Youth Group	109 E Lawrence Ave, Springfield, IL 62704 [P: (217) 528-5253]	Fridays 6-8 PM (Sign up required before; on website)		other issues of interest. This group meets every Friday night from 6-8 p.m.  Comprehensive community based youth services, 24-hour crisis intervention, individual and family counseling, outreach, emergency shelter for youth, information and referral, and linkage to other agencies. Trained counselors provide youth with face	
		3306 South 6th Rd.	Mon-Fri 8:00 AM-4:00 PM	www.ysbi.com	-to-face crisis intervention, individual, group, and family counseling, Unhoused Youth Program for ages 18-24 YO	
251		Springfield, IL 62703 2525 S 12th St, Springfield, IL 62703 [P: (217) 843-7475]	Mon-Thurs 4:30-7:30 PM	www.theoutletillinois.org	Mentorship programs providing youth males (Ages 8-22 YO) the emotional, educational, and spiritual passage from boyhood to manhood  Club Compass-afterschool elementary program focuses on social-emotional skill development, life skills, enrichment, and reading. The Youth Leadership Development	
252	Compass for Kids	1201 S 4th St, Springfield, IL 62703 [P: (217) 691-8103]	Mon-Fri 9 AM-4:00 PM		Program (YLDP) for middle and high school alumni of Club Compass- Leadership development, college prep, prep for vocational / trade school, the military, and/or to enter the workforce. Summer Learning Camp available too	
253	Rutledge Youth Foundation	151 Bruns Ln, Springfield, IL 62702 [P: (217) 525-7757]	Mon-Sat 8 AM-7:00 PM		Foster Care programs, case management, Intensive Placement Services, Intact Family Services, Individual and family therapy to youth receiving case management services, as well as education, support, and therapy for biological parents and foster parents	
254 255	Springfield Urban League	100 N 11th St, Springfield, IL 62703 [P: (217) 789-0830]	Monday-Friday 8:30 AM – 5:00 PM		Educational programs for Children; and Afterschool programs  Providing Classes to Develop & Enhance Parenting Skills, Equipping Parents with  Parenting Techniques and Support, Facilitating Child-Focused Mediation & Positive Co-  Parenting, Diapers & Support for Babies & Their Families, Support for Grandparents	
256	The Parent Place  Garvey Tubman Cultural Arts and	314 S Grand Ave W, Springfield, IL 62704 [P: (217) 753-8730]			Raising Grandchildren.  Provides facilitated instruction with professional artist and music classes to assist supporting emerging artist's minds. Empowering creativity, showcasing, prepare for	
257 258 259	Research Center	1319 S 13th St, Springfield, IL 62703 [P: (217) 816-0820]	Tuesday-Friday 11 AM-5 PM	Arts-Research-Center-100063273247895/	marketing, and sales. We accept applications for students ages 5-13.	
260 261 262 263						
264 265 Spiritual	<mark>lity</mark> The Salvation Army	1600 E. Clear Lake Ave, Springfield, IL 62703 [P: (217) 525-2196]	Sunday School: Sunday 9:15 AM; Worship: Sunday, 10:30 AM		Christian Education, Worship services- Church, Women's Ministries, Men's Ministries, Su A coalition of faith communities, community organizations and individuals working	anday School, Children and Teen's Worship services,
266	Faith Coalition for the Common Good	2208 E Kansas St, Springfield 62703 [P: (217) 544-2297]	Call for hours for specific events		collaboratively for racial equity, civic engagement, a fair economy and participatory decision-making.  Serves Dozens of Churches, Ministries, & Non-Profits by helping these organizations	
268	Ministerial Alliance of Springfield and Vicinity	919 S Wheeler, Springfield, Illinois 62703 [P: (217) 306-3533]	See website for specific events  Tues 10 AM-4:30 PM; Wed 10 AM-6 PM;	www.springfieldministerialalliance.com	combine their resources to extend the reach of christian based resources in Springfield and the Surrounding Communities  Adult ministries, Men's Ministries, Women's ministries, Marriage ministry, Seniors ministry, Young adult ministry, student ministries, music ministry, small groups;	
269		2525 Taylor Ave, Springfield, IL 62703 [P: (217) 585-4000] 2901 Sangamon Ave Springfield, 62702 [P: (217) 971-6078]	Thurs 10:30 AM-4:30 PM; Fri 10 AM-2 PM In-Person Service Saturdays 6:00 PM +Online Sermons see website for online sermon times	www.abundantfaith.org www.byochurch.com	Multiple campuses and online options available  A non-denominational christian church; ministry work, worship services, sermons in person and online; and events; recovery programs	
270 271		2850 Cider Mill Ln, Springfield, IL 62702 [P: (217) 793-2800] 2600 S MacArthur Blvd, Springfield, IL 62704 [P: (217) 544-4715]	Sunday Services: 8 AM, 9:30 AM, 11 AM; Office Hours- Mon, Tue, Thurs 8 AM-4:30 PM; Wed 8 AM-8 PM Sunday 2-4:30 PM, 6-8 PM; Tuesday 7 PM	www.wschurch.org/	A Christian church with in-person and online services; infant and children ministries, Pre-teen and teen ministries, various support groups, 12 step recovery group, "Buddies Ministry" to provide inclusion for those with special needs.  Pentecostal Church; children's ministry, youth ministry, small groups; events	
272 273	Holy City Church Missionary Baptist Church Harvard Park Baptist Church	1601 E Carpenter St, Springfield, IL 62702 [P: (217) 789-4567] 2401 S 9th St, Springfield, IL 62703 [P: (217) 522-6202]	Mon-Fri 9 AM-5 PM; Sat & Sun 9 AM-6 PM Sunday 10:30 AM-12:00 PM Office: Mon-Fri 9 AM-1 PM;	www.facebook.com/p/Holy-City-Missionary-Baptist-Church-100064567613299/www.harvardparkbaptist.com	Baptist Church; in person sermons Worship Services, Sunday School, Monthly Potluck Dinner	
274		2211 Wabash Ave, Springfield, IL 62704 [P: (217) 546-6951] 225 Toronto Rd, Springfield, IL 62711 [P: (217) 529-2513]	Worship Services-Sun 9:30 AM Sunday Services: 9 AM; 10:30 AM	www.lakesidechristian.com/Home	In-person and online church sermons, Words of hope podcast, community outreach Worship services in-person and online; youth and children's ministries, faith based classes, events	
276		417 E Cordelia St, Springfield, IL 62703 [P: (217) 523-5897]	Sunday Services 10 AM Office: Mon-Thur 8:30 AM-4:30 PM; Fri 8:30 AM-3 PM;	www.unityofspringfieldil.org	Unity self describes as a positive, practical, progressive approach to Christianity and the power of prayer. Unity honors the universal truths in all religions and respects each individual's right to choose a spiritual path.	
278 279	Radiant Church	2125 Woodside Rd Springfield, IL 62711 [P: (217) 546-4818] 3200 Shaler Rd, Springfield, IL 62707 [P: (217) 522-5632] 1425 N 6th St, Springfield, IL 62702 [P: (217) 685-4124]	Sunday Services: 8 AM, 9:30 AM, 11:00 AM Sunday Service- 10 AM; Wed at 6:30 PM Office Hours: Mon-Fri 9 AM-4:30 PM; Sun 9-11:30 AM Sunday Service- 10 AM	www.radiantspringfield.com	Weekly worship services, children's and youth ministries weekly worship services/sermon, Bible Study Non-denominational church; worship services, outreach ministries, nursery, children's	
280		1999 Wabash Ave #206, Springfield, IL 62704	Sunday Service- 10 AM		The Mission of the Jewish Federation of Springfield, Illinois is to serve the Jewish people locally, in Israel and throughout the world through coordinated fundraising,	
281	Springfield Jewish Federation  Temple B'rith Sholom	[P: (217) 787-7141]  1004 S 4th St Springfield, IL 62703 [P: (217) 525-1360]	N/A  1st & 2nd Fri evenings of the month services at 5:30 PM  3rd, 4th and the occasional fifth Fridays services at 6:00 PM	www.shalomspringfield.org	communitywide programming, social services and educational activities.  Jewish Temple; Services with liturgy readings; children and family services 1st Fri of the month	
282	·	1004 S 4th St Springfield, IL 62703 [P: (217) 525-1360]  1140 W Governor St Springfield, IL 62704 [P: (217) 546-2841]			Temple Israel is a Conservative synagogue- self described as a warm, sociable congregation with members from diverse professional and religious backgrounds.	
283	Chabad Jewish Center of Springfield	1045 Outer Park Dr, Springfield, IL 62704 [P: (773) 870-7770	Sat- 10:30 AM Prayer Service, 11:30 Torah reading, 12:30 Kiddush lunch		Shabbos services, and services on all Jewish holidays; events  Messianic synagogue; Services, music, practices conducted according to those of the synagogue, Observance of Holy Days and Festivals, His Sabbath and customs of	
285		2801 N Peoria Rd in Springfield, IL 62702 [P: (217) 528-8075]	Sat 10:30 AM-6:30 PM  Friday Prayer Service: Khutbah 1:15pm; Iqama 1:45pm	www.petahtikvah.org	Judaism  Serves as a community and religious hub for Muslims; provides full 5 daily, Jummah, Eid, Taraweeh, and Janazah prayers. Islamic and Quran studies classes, Community	
286 287	An-Noor Islamic Community Center	3000 Stanton St, Springfield, IL 62703 [P: (217) 529-8970] 3255 Mathers Rd, Springfield, IL 62711 [P: (217) 529-8970] 716 N Amos Ave, Springfield, IL 62702 [P: (217) 953-4579]	**Additional service times updated on website under announcements  See website for specific events  See website for service times: www.cbcsil.org/schedule	www.isogs.org www.isogs.org/an-noor-center/ www.cbcsil.org	Halaqa and interfaith events. Islamic funeral service advice and community outreach is also conducted.  Community Center holding interfaith events, after school programs, space to hold Eid programs. A non-denominational Chinese Christian church	ayers, Iftars and Taraweh prayers, hub for our Islamic education & events
288		1001 W Walnut St, Chatham, IL 62629 [P: (217) 697-8174]		www.springfieldtemple.org/#/home		celebration of Hindu festivals and religious activities, and cultural events, community service activities
289		3150 Chatham Rd, Springfield, IL 62704 [P: (217) 223-4567] 525 Bruns Ln, Springfield, IL 62702 [P: (217) 726-9601]; 9 Harriet Ln Springfield, IL 62702	Daily 7 AM-12:00 PM; 4:00-7:30 PM  Call for hours for specific services		Hindu Temple  Buddhist Temple; retreats, Buddha's Dhamma (teachings), meditation	
291	Baha'i Center Abraham Lincoln Unitarian	1131 S 8th St, Springfield, IL 62703 [P: (217) 544-9595]	See website for service times: https://calendar.google.com/calendar/u/0/embed?src=springfieldbahaievents@gmail.com&ctz=America/Chicago Sun 9:30 AM-12:30 PM; Tues & Wed 10 AM-5 PM;		Baha'i Faith; Devotionals, Study circles, classes, Fireside discussions, interfaith devotions, events  Sunday morning worship services; Spoken word, music, quiet time, fellowship, guest	
292	Universalist Congregation	745 Woodside Rd, Springfield, IL 62711 [P: (217) 585-9550]	Thurs 10 AM-2 PM	www.local.churchofjesuschrist.org/en/us/il/springfield/3601-buckeye-	speakers, nursery care	
293	The Church of Jesus Christ of Latter- day Saints	3601 Buckeye Dr, Springfield, IL 62712 [P: (217) 529-7844] 3076 Normandy Rd, Springfield, IL 62703 [P: (217) 529-2409];	Office Hours: Daily 9 AM-6 PM		Sacrament meetings, songs, prayers, and sermons (or "talks") given by different members of the congregation	
294	Kingdom Hall of Jehovah's Witnesses	4800 Old Jacksonville Rd, Springfield, IL 62711	Sunday 9:30 AM & 12:30 PM; Tues & Thursday 7:00 PM Saturday 9:15 AM-8 PM:	www.jw.org/en/	Worship meetings twice a week, biblical teachings, music and prayer	
296		3300 W Jefferson St, Springfield, IL 62707 [P: (217) 787-7089]	Saturday 9:15 AM-8 PM; [Sat Worship services: 11:00 AM] Wednesday 6:15-8 PM Office Hours: Sun 8 AM-1 PM, Mon & Tue 8:30 AM-4:30 PM; Wed 8:30 AM-4:30 PM; Thurs 8:30 AM-4:30 PM		worship services, bible study, prayer, sabbath school	
297	Cathedral of the	2701 Hermitage Rd, Springfield, IL 62703 [P: (217) 528-2299] 524 E Lawrence Ave, Springfield, IL 62703 [P: (217) 522-3342]	[Services: Sun 9 AM & 10:45 AM]  Open Daily 6 am-6 PM; Sat. Mass 8 AM; Vigil 4 PM;  Sunday Mass: 7 AM, 10 AM, 5 PM; Weekday Mass 7 AM,  5:15 PM	www.rlcspringfield.com www.spicathedral.org	Worship services, biblical teachings, children's and youth ministries, events  Daily Mass services, Confessions, adoration, Liturgical Ministries, grief support group, bi	ple study, events
298 299 300	Southern View Chapel Third Presbyterian Church	4500 S 2nd St, Springfield, IL 62703 [P: (217) 529-1876] 1030 N 7th St, Springfield, IL 62702 [P: (217) 528-0457]	Sunday sermons 9 AM, Sunday School 10:30 AM; Wed 6:30 PM Daily 8 AM-4 PM; Sunday Services 9 AM	www.svchapel.org www.third-presbyterian.org	Weekly sermons, small groups, children's and youth ministries, women's ministries, men's ministries, outreach, senior ministries.  Worship services- child care available during church services	
300 301 302			Sunday School 9:30 AM; Sunday Worship 10:45 AM Sunday Services: 9 AM; 10:30 AM Sunday School 9:30 AM; Sunday Worship 10:45 AM;	www.springfieldfirst.org	African Methodist Episcopal Church; Worship services, Bible study, special events  Sunday worship services; children's ministries, youth ministries, small groups, support groups	
302 303 304	Mt. Zion Apostolic Church Saint Anthony Greek Orthodox Church St John A.M.E. Church	2637 S 10th St, Springfield, IL 62703 [P: (217) 523-1325]  1600 S Glenwood Ave, Springfield, IL 62704 [P: (217) 522-7010]  1529 E Capitol Ave, Springfield, IL 62703 [P: (217) 523-3969]	Wednesday Bible Study- 5:30 PM		Sunday worship services; sunday school, bible based teachings  In-person Worship services and Online sermons worship services, youth church, women's ministries, men's ministries	
304 305 306	St Aloysius Catholic Church	2000 E Sangamon Ave, Springfield, IL 62702 [P: (217) 523-3969] 2501 E Sangamon Ave, Springfield, IL 62702 [P: (217) 544-4554]	Mass services: Sat 4 PM, Sun 7 & 11 AM, Tue 8:20 AM, Wed/Thurs 7 AM, Fri 6 PM	www.saintaloysius.org http://www.kupcs.org/	Mass services, several types of ministries, street ministry and community work Korean Presbyterian Church; see website for full list of services	
307 308		4867 Laverna Rd, Springfield, IL 62707 [P: (217) 572-9200] 1340 S State St, Springfield, IL 62704 [P: (217) 803-1139]	See website for list of service times  Mon 9 AM-6:30 PM, Tue 1-5 PM, Wed 9 AM-5 PM, Thurs 8 AM-7 PM, Sat 8 AM-3 PM, Sun 8 AM-3 PM	www.corpuschristipriory.com www.wholeselfhealing.org	Holy Mass, Liturgy of the Hours, Recitation of the Rosary, Adoration of the Blessed Sacrament, and Benediction, Confessions  Yoga, Mindfulness class, meditation classes, Somatic Supportive Touch	
309		1921 W Iles Ave, Springfield, IL 62704 [P: (217) 670-2388]	Mon 9 AM-7 PM, Tue 6 AM-7 PM, Wed 8:30 AM-6:30 PM, Thurs 6 AM-6:30 PM, Fri 9 AM-6:30 PM, Sat 9 AM-1:30 PM, Sun 9 AM-1 PM	www.flowspf.com	Yoga, energetic alignment, pranayama and meditation, Sanskrit, chants, and mantra.	
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310	,	Catinatthana Vinassana Association	0 Harriot In Springfield II 42702 [D. (217) 724 0401]			Vinassana moditation. Detroats and special teachings as teachers become available to
310			·	Daily 3:30 AM-9:30 PM	www.chanmyayusa.org	Vipassana meditation, Retreats and special teachings as teachers become available to travel and stay at the Vihara, Buddha's Dhamma (teachings)
311		Yokore Yoga & Wellness	Three, Lawrence Square Suite 1, Springfield, IL 62704 [P: (217) 440-9026]	Call for class times	www.alignable.com/springfield-il/yokore-yoga- wellness	individual and small group classes in yoga and beyond
		<u> </u>				An oasis for spirituality, a special gift to those who seek solace and spiritual enrichment
312						in nature. A setting where individuals and groups can nurture their spiritual and emotional growth. Walking trails, home to farm animals and wildlife, outdoor
		Jubilee Farm	6760 Old Jacksonville Road Springfield, IL [P: (217) 787-6927]	Varying seasonal hours; see website for current hours	www.jubileefarm.info	labyrinth, creek and ponds offer tranquil settings for reflection.  The Villa Maria Catholic Life Center exists to serve the people of the Roman Catholic
313						Diocese of Springfield in Illinois, its Bishop, parishes, offices, organizations and
		Villa Maria Retreat Center	1903 E Lake Shore Dr, Springfield, IL 62712 [P: (217) 529-2213]	Daily 7:30 AM-5 PM	www.villa.dio.org	institutions. Villa Maria provides a setting for retreats, ministry and faith formation, meetings and workshops
314 315 Su	ıpport Groups		2201 W White Oaks Dr, Springfield IL 62704 [P: (217) 725-2373]	Visit website for schedule of classes	www.ahhyoga.net	Yoga, mindfulness and meditation class, workshops
316		SIA 21 District 19 Alcoholic				Website guide to local Alcoholics Anonymous meetings- Serving Springfield, Chatham,
217		Anoymous	No Address; Website and phone number. [P: (217) 525-5795]	See website for different meeting times	www.aaspringfield.org/?meeting=mid-morning-	Petersburg, Virden-Girard & Mason City- 12 Step based support  Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-
317		Alano Hall	516 Bryn Mawr Blvd, Springfield, IL 62703 [P: (217) 789-0789]	See website for different meeting times	madness-3	12 step based support  Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-
318		Easy Does It Club	514 N Walnut St, Springfield, IL 62702 [P: (217) 528-0332]	See website for different meeting times	www.aaspringfield.org/?meeting=friendship	12 step based support
319					www.aaspringfield.org/?meeting=noon-group-discussion-last-friday-of-every-month-is-open-	Holds several Alcoholic's Anonymous Meetings daily; See Website for meeting times-
		Discovery The Salvation Army-Recovery		See website for different meeting times  The LAST Saturday of each month (except December);	<u>speaker</u> www.aaspringfield.org/?meeting=recovery-	12 step based support  Monthly Alcoholics Anonymous Meeting- Speaker meeting with breakfast served
320		Breakfast & Speaker Meeting	[Located at the old "Gold's Gym" building 1st Floor]	8:00 AM	breakfast-speaker-meeting	before speaker
321		We Agnostics-Art Association		Sunday 10:30 AM	www.aaspringfield.org/?meeting=we-agnostics	
322			930 S 11th St, Springfield, IL 62703 [P: N/A] 611 E Jackson St, Springfield, IL 62701 [Christ Episcopal Church]	Sunday 5:00 PM	www.aaspringfield.org/?meeting=a-vision-for-you	Alcoholics Anonymous meeting-12 step based support
323 324		Free to Be Me Presbyterian Church	[P: N/A]	Sunday 7:00 PM See website for different meeting times		LGBTQ+ Alcoholics Anonymous meeting-12 step based support Several Alcoholics Anonymous meetings throughout the week- 12 step based support
325				_	www.aaspringfield.org/?meeting=women-of-	
525		•	417 E Cordelia St, Springfield, IL 62703, USA [P: N/A] 2100 S Bates Ave, Springfield, IL 62704	See website for different meeting times	worth	Several Alcoholics Anonymous meetings throughout the week- 12 step based support
326			[First Congregational Church] Enter through the door that faces		www asspringfield org/2mosting-primer	
		Cherry and Bates	the parking lot. Meets in the basement at the end of the hall. [P: N/A]	Mon 7 PM; Thursday 7:30 PM	www.aaspringfield.org/?meeting=primary- purpose-2	Alcoholics Anonymous meetings 2 days a week- 12 step based support
327		Friends of Bill W.	IL-104 & 7th St, Pawnee, IL 62558 [P: N/A]	Tues 6 PM; Thurs 7 PM	www.aaspringfield.org/?meeting=friends-of-bill-w	Alcoholics Anonymous meetings 2 days a week- 12 step based support
328		Wizard's Wonders	1122 E Pine St, Springfield, IL 62703	Tues & Thurs 8 PM		Alcoholics Anonymous meetings 2 days a week- 12 step based support
329			600 W Birch St, New Berlin, IL 62670 [Central Baptist Church]			
		Serenity Group	[P: N/A]	Wednesday 7 PM	www.aaspringfield.org/?meeting=serenity-group	Weekly Alcoholics Anonymous meeting- 12 step based support  Local Guide to Narcotics Anonymous Meetings (12 step based support)- The Living the
330		The Living the Dream Area of				Dream Area of Narcotics Anonymous (LTDANA) centers around Springfield and the surrounding cities of Jacksonville, Taylorville, Lincoln, Virden, Petersburgh and
		Narcotics Anonymous	Website and hotline guide to NA meetings [P: (800) 539 0475] 217 North Grand West, Springfield, IL, 62702 [Entrance in Rear]	See website for different meeting times	http://ltdana.org/	Mechanicsburgh; NA World service site: www.na.org
331		217 Group	[P: N/A]	Daily Meetings 7 PM	www.ltdana.org/local-meeting-schedule/	Daily Narcotics Anonymous meetings- 12 step based support
332		The Ties That Bind	2401 S. 9th St., Springfield, IL, 62703 [Harvard Baptist Church] [P: N/A]	Mondays 7 PM	www.http://ltdana.org/local-meeting-schedule/#	Weekly Narcotics Anonymous Meetings- 12 step based support
333			<u>Thursday</u> - 2450 Taylor Ave., Springfield, IL, 62703 Friday- 2401 S. 9th St., Springfield, IL, 62703	Thursday 7 PM		
		Free to Be Me	[Harvard Park Baptist Church- basement] [P: N/A]	Friday 8 PM		2X Weekly Narcotics Anonymous Meetings- 12 step based support
334		NA Zoom meeting		Tuesday 12:00 PM	https://us04web.zoom.us/j/73059483134?pwd=b oT3CVTH3jLAURbxNaMXady95Wufbk.1	Weekly Springfield-Based Narcotics Anonymous Zoom meeting- 12 step based support
335 336				Tuesday 7:30 PM Sunday 5:00 PM; Thursday 7 PM	www.ltdana.org/local-meeting-schedule/ www.illinoisareaca.org	Weekly Narcotics Anonymous Meeting- 12 step based support  2x Weekly Cocaine Anonymous Meetings- 12 step based support
337		Alanon Meetings	Local Website Guide to Al-Anon meetings [P: N/A]	See website for different meeting times	www.spi-alanon.weebly.com	Guide to local Al-anon meetings; Hybrid and in-person meetings; The Al-Anon Family Groups are a 12 step fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. Al-anon believes alcoholism is a family illness and that changed attitudes can aid recovery.  A Christ-centered recovery program; Large group meetings, Open Share support groups. Support for variety of topics: substance-use disorder, gambling addiction, other
338		Celebrate Recovery		Tuesday evenings; Large Group meeting: 6:30 PM Open Share Groups: 7:30 PM	www.fcgspringfield.org/celebrate-recovery.html	types of addictions, divorce, abuse, abandonment, codependency, relationship issues, grief, anger, depression, etc
339		·	Address: N/A (Helpline) Call [1-800-426-2537]			
		Illinois Problem Gambling Helpline	Text "GAMB" 833234	24/7	www.illinoisproblemgambling.org www.gamblersanonymous.org/ga/locations/state	24 hour helpine to connect individuals struggling with problem gambling with resources
340			2211 Wabash Ave Springfield, IL 62704 (Hope Presbyterian Church) [P: N/A]	Sunday, Wednesday- 6:30 PM	/table/IL/Springfield/na/na/na/10?#gmap- nodemap-gmap0	12 Step based support group for struggles with gambling
341			800 E Capenter St Springfield, IL 62702 [P: (217) 525-5675] (Location: St. Clare Room next to Chapel)	Wednesdays 4:30 PM	www.hshs.org/st-johns/patients-guests/support-groups	Grief support for families and friends who have experienced the death of a loved one.
342		HSHS Survivors of Suicide (SOS)	800 E Capenter St Springfield, IL 62702 [P: (217) 525-5675]	Meets first and third Tuesdays of each month- 5:30 PM	www.hshs.org/st-johns/patients-guests/support-	Support group for family and friends of those who have had someone die by suicide.
343			800 E Capenter St Springfield, IL 62702 [P: (217) 306-4653]		www.hshs.org/st-johns/patients-guests/support-	
		HSHS Share Support Group	(Location: St. Clare Room next to Chapel)	Meets first Wednesday of each month-7 PM	groups	Support group for people who have experienced pregnancy loss, stillbirth or infant loss.  Adult Art Therapy Groups; Children's art therapy group- This group incorporates
344			4481 Ash Grove Drive Suite B Springfield, IL 62711 (Still Waters Counseling) [P: (217) 773-5975]	Contact to register for groups	www.stillwaterstherapy.org/services	mindfulness exercises and art creation to support attendees' mental health. Zero art experience is necessary, just an open heart to what may be created.
345		West Side Christian Church-	2850 Cider Mill LN Springfield, IL 62702 (Upper Room; 2nd FLR)			12 Step Group welcomes anyone who is struggling with addiction or compulsive behaviors.
346		Phoenix Center Out East-	704 S Dirksen Pkwy Springfield, IL 62703 [Matt		www.phoenixcenterspringfield.org/out-on-	Open meeting rooted in principles of all 12 Step programs, where all are welcome no
247		Recovery Meeting  LGBTQ+ and Allies Young Adult	-P: (217) 441-1961] 120 E Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd]	Tuesdays- 6:30 PM	<u>second-2/</u> <u>www.phoenixcenterspringfield.org/out-on-</u>	matter where a person is in their journey  A drug and alcohol free, safe space, for young adults (18-26 YO) to be themselves and
347		Group	Contact: andy.phoenixcenter@gmail.com [P: N/A]	2nd & 4th Mondays- 6 PM	second-2/	meet other young lgbtq+ folks. Snacks and coffee provided.  This is a LGBTQ+ and allies 12-step recovery group. It is open to anyone struggling with
348		Step into Recovery Group	120 E Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd] Contact: outonsecond@gmail.com [P: N/A]	Thursdays 5:30 PM	www.phoenixcenterspringfield.org/event/step- into-recovery-group-2/2024-11-07/	alcohol, chemical, or process addictions. Process addictions are non-substance addictions such as gambling, eating, spending, and sex, that are defined by a compulsion to engage in a behavior.
						Offers a safe and supportive space for lgbtq+ neurodivergent individuals to socialize, discuss their unique challenges, and build skills for personal growth and mindfulness.
349		Neurodiverse Group	120 E. Scarritt Springfield, IL 62704 [Phoenix Center Out on 2nd] Contact: outonsecond@gmail.com [P: N/A]	Second Tuesday of the month 5:30 pm	www.phoenixcenterspringfield.org/event/neurodiverse-group/2024-11-12/	ND can include: Autism Spectrum Disorder Attention Deficit Disorder Tourette's & Tic Disorders Dyslexia Dyscalculia Synesthesia.
			Burnament [1.17/A]	, σ. εο ποπαι σισσ μπ	O	A lesbian, gay, bisexual, transgender, questioning youth and allies support group.
350						Individuals ages 13-17. The purpose of the group is to provide a safe environment to virtually meet people and make new friends and to learn about and discuss other
		LGBTQ+ 'yOUTh Group'	109 East Lawrence Ave Springfield, IL 62704 [P: (217) 528-5253]	Fridays-6 PM	www.phoenixcenterspringfield.org/event/lgbtq- youth-group/2024-11-08/	issues of interest. in person and zoom; Sign up on website prior to meeting to recieve Zoom link.
351				To get more information on the group, including dates and	www.phoenixcenterspringfield.org/am-i-	The TranSupport Group is for individuals 18+ who are dealing with issues related to
		TranSupport Group- Phoenix Center		times, please complete the application on the Website	transgender/	their gender identity and the transition process  The Bi-Sexual Group is for bi-sexual adults. The purpose of the group is to bring
352		Bi+ Group	[Contact: dean@inspectedby12.com] [P: N/A]	To get more information on the group, including dates and times, please complete the application on the Website	www.phoenixcenterspringfield.org/bisexual-	individuals together to discuss issues, share services and information, and meet other like-minded people.
		Sir Group	[contact. dean@nspecteuby12.com] [F: N/A]	times, please complete the application on the Website	group/	
353						The TransParent Group is a virtual support group for parents of children who identify as transgender and/or gender non-binary. In this group you will find other parents
		TransParent Group	Zoom- For Zoom link, Email: springfield.il@transparentusa.org [P: N/A]	6:30-8 pm the first Monday of the month	www.phoenixcenterspringfield.org/groups/	dealing with the same issues, questions, and struggles as well as those looking for ways to better support their child(ren) and to advocate on their behalf.
354		•		Contact to learn about scheduled monthly group	www.lldss.org	Lincoln Land Down Syndrome Society is a support network for families residing in and around Sangamon County to promote awareness, acceptance, inclusion and education of people with Down syndrome. LLDSS holds regular monthly meetings in Springfield at which there are general discussions amongst group members regarding their particular life experiences and the activities in which they and their family are involved. We also present programs and provide speakers regarding subjects which are of particular interest to our members, as well as other families having a member with disabilities other than Down syndrome.
25.5				Divorce Care Group- 2xmonth Monday- 6:30 PM Grief Care Group- Thursday-6 PM		
355		Care Groups at Hope Evangelical Free Church Of Springfield		Recovery Care Group- Contact: <a href="mailto:szenk@myhope.church">szenk@myhope.church</a> for different group times	www.myhope.church/care-groups	Care groups offer help and support for specific concerns or needs; including divorce care group, grief care group, recovery care group
356		· · ·	619 North Grand Ave East Springfield, IL 62703		www.facebook.com/p/Intricate-Minds-	
357			619 North Grand Ave East Springfield, IL 62703	The 3rd Sunday every month- 8 PM	61554189538298/	Support group for the children of people who use drugs and alcohol
		Group Therapy at Intricate Minds	(At Intricate Minds) [P: (217) 670-3520]	Thursdays 7 PM [Pre-registration required]	www.tinyurl.com/intricate-group	Weekly group therapy session focused on generational trauma