

THREE CORDS STRONG ROSC ALLIANCE MEETING AGENDA

TRANSITIONAL TRAINING SERVICES

LOCATION: 4455 S KING DRIVE SUITE 101-B

DATE: 1/30/2025

Facilitator: Marjorie Howard

Facilitator: Vawnshekia Oklah

Speaker: Community and Members

TIME: 09:30 AM – 11:45 AM

ZOOM MEETING ID: Hybrid- in person and on zoom

I. Call to Order: Vawnshekia Oklah

II. OPENING STATEMENTS -VAWNSHEKIA OKLAH

III. 3 CORDS MISSION, VISION, PAST MEETING REVIEW- VAWNSHEKIA OKLAH

- At Three Cords Strong, our mission is to empower individuals on their recovery journeys by weaving together the essential strands of personal growth, family support, and community resilience. We believe that recovery is a continuous journey rather than a final destination and strive to embrace and support individuals on their unique paths to recovery.
- Three Cords Strong ROSC Alliance envisions a world where recovery is celebrated as a lifelong journey, weaving the threads of personal growth, family bonds, and community support into a resilient tapestry not easily broken.
- Introduction to what Substance Use Disorder (SUD) is
- What is ROSC (video presentation)
- Introducing and explaining the resource online map and spreadsheet

IV. INTRODUCTION OF SPEAKER AND TOPICS – VAWNSHEKIA OKLAH

- Vawnshekia Oklah- Three Cords Strong

V. Speaker – Vawnshekia Oklah and class

- Narcan explanation and demonstration
- Signs of an overdose and what precautions to take
- Good Samaritan laws; do not tell the police it is an overdose
- The community needs survey is to figure out what our community needs
- Group community needs questions breakout rooms
- Come up with 5 solutions that a community can implement without government funding
- If things are going to be lasting and sustainable, they have to be things that we could do within ourselves
- When servicing different people from different cultures , you want to be able to speak the same language and connect with them as a human being
- Account for the reality of generational poverty and trauma the community
- Make sure that your services that you provide meets their direct needs by receiving direct input from them

- Highly missioned focused and does not alienate certain individuals or groups
- Open to adapting
- Patience is key
- TASC stands for Treatment alternative for safe communities
- TASC is an alternative to prison when recognized that you have an addiction
- TASC alternative is said to be hard to comply with by some members.

VI. QUESTION AND ANSWER SESSION—

- **How can the community address the reentry population?** Becoming a Man program (BAM) and Safe In My Brothers Arms program (SIMBA), create a possible food source, or community mural
- **What community driven programs can support successful reintegration?** Safer Foundation
- **How can we remove systematic barriers that make reentry more difficult for returning citizens?** CAPS program, expungement process,volunteering for your community
- **What strategy can improve trust between police and the recovery community?** Should try to know people personally in the community
- **How can we expand the use of TASC and reflection programs to devote individuals away from incarceration?** Group awareness, teach people about TASC/ There are mixed feelings about the effectiveness of the TASC program
- **What does culturally competent recovery look like in our community?** Let people know that we are compassionate, understanding, and promote recovery
- **How can we ensure treatment approaches reflect black and brown individual's unique needs?** We need more people that are like ourselves
- **How can we empower individuals to recover and take lead in their healing journey?** You have to move from denial and acknowledge an issue
- **What grassroots, low cost solutions can be implemented immediately to support recovery?** Organizations that encourage and promote recovery through support groups, therapy, skilled training, community gatherings, meetings, gardens, prayer walks and nosy neighbors
- **How can we engage local businesses, faith communities, and volunteers to create sustainable recovery support?** Offer financial literacy, how to start businesses, creating LLCs, opening banking accounts, balancing checkbooks, bible studies, parenting classes, anger management classes, block parties, and career days
- **What are immediate community led solutions to provide shelter and resources?** Hospitals, police stations and shelters
- **How can we prevent homelessness by expressing these support systems before a crisis hits?** Increasing awareness and accessible housing and addressing housing discrimination by designing a crisis response by increasing employment and income assistance for the most vulnerable
- **How can rebuild trust among the community members, organizations, and recovery services?** Methods offer incentives for spreading info, community lead forums like the ROSC group.
- **What steps can we take to create safe and open dialogue in healing spaces?** Recovery houses, mental institution, community centers
- **What target interventions can help reduce overdose rates among black men in this age group (45-65)?** mental health programs, cash incentives
- **How can we expand reduction education to services specifically for this population?** telling their stories to the youth, affirmations to motivate, and listen to not judge
- **What community based interventions can reduce reoffending among justice involved individuals?** Have a volunteer mentor group
- **How can we better connect returning citizens with employment, housing, and peer support?** Transitional housing programs, temporary housing

VII. COMMUNITY PARTNERS PRESENTATION –

- **Don Gordon-** Executive Director of To Equip His People- helping people recover from trauma and get healing instead of coping. Healing and coping curriculum being used around the world and training people to get the curriculum
- **Sharon Batiest-** TCA Health- Insurance Enrollment Specialist- Assist people with signing up with Medicaid or Marketplace Health Insurance, SNAP, redetermination, and primary doctor appointment

- **Angela Morgan**- TCA Health- open enrollment specialist- Minister
- **Officer Harris**- Youth officer- Third District
- **Kiara Torry**- TTS Alumni
- **Bahiyyah**- Outreach coordinator- Statewide ROSC
- **Kenneth Bell**- Technical Assistant- Statewide ROSC
- **Brighter Behavior Choices**
- **Kinya Brown**- Felony Free Society
- **Norberto Brown**- ING 180 Construction

VIII.GROUP DISCUSSION – COMMUNITY NEEDS SURVEY

IX. NEXT ACTION STEPS

- a) Invitation to join ROSC
- b) Invitation to next meeting – February 27, 2025, 9am
- c) Stipend for PLE Members who come to meetings

X. MEETING CLOSE – VAWNSHEKIA OKLAH