

Ford County ROSC Council Meeting Minutes

Tuesday, February 25th, 2025, at 8:30 AM (Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Chestnut Health Systems, Recovery Specialist)
Bahiyah Khalilallah (Chestnut Health Systems, TA ROSC)
Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)
Megan Ramirez (Consortium Coordinator - Gibson Area Hospital)
Tim Nuss (Ford County Board)
Abby Behrens (Brightpoint)
Lynn Matthews (CRCC)
Jeremy Darnell (Gibson City-Melvin-Sibley Unit 5 School District Superintendent)
Johanna Gonzalez (Statewide ROSC)
David King (Carle-Community Outreach Manager)
Del Saam (Veteran’s Treatment Court)
Sam Kortkamp (Chestnut Health Systems - intern)
Kenneth Bell (Chestnut Health Systems, ROSC TA region 1)
Glen Miller (Ford County Health Department-Public Health Administrator)
Tia Schum (Piatt ROSC Coordinator)
Melissa Watson (Family and Community Engagement-Birth to Nine)
Odette Hyatt-Watson (East Central Community Action)
Julian (The Center for Youth and Family Solutions)
Jennifer Harrison (Ford County Probation)
Jeanette Davis (Chestnut Health Systems-Logan/Mason ROSC)

Agenda:

- Introductions
- Spotlight: SWOT Analysis (Strengths, Weaknesses, Opportunities, and Threats)
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

The meeting began with Barb Brumleve welcoming participants and facilitating introductions. Frankie Ward welcomed everyone and especially thanked everyone for participating in our survey, we had 100 participants and have started to analyze the data. Frankie shared the following survey results, with more to come in our Needs Assessment:

- 73% of Ford County participants believe there is stigma regarding substance use disorder (SUD)- We look at this as an Opportunity to share information and education regarding SUD
- There is more respect for people with mental health disorders verses people with SUD-an opportunity to educate community
- High percentage of people that have difficulty in finding services
- Perceived effectiveness of medication assisted recovery (MAR) and Harm Reduction for SUD – there were a lot of “neutral” answers, meaning people may not know about MAR, again an opportunity for education
- Approximately 50% of people have heard about Ford County ROSC

Frankie then transitioned to the SWOT Analysis and explained she would like the council to help answer the following questions:



Main Topic: SWOT Analysis

We captured the following information as we discussed the questions together (no breakout rooms):

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> • Increased awareness of ROSC • Medical professionals that support MAR and Recovery • Gibson Hospital • GROW-Dr Austman • Community Collaborations • Small but mighty, very supportive community, always someone there to help • Mental health resources and supports • Educated professionals • Opportunities for collaborations, Councils/Panels to join-Ford County Network Panel • Willingness to participate on ROSC council and sober activities • Referral network • County government • Strong cross sectors from community wealth of knowledge • Legal representation • Stakeholders with lived experience 	<ul style="list-style-type: none"> • Availability of appointments when the individual is ready for treatment, the window is small • Leaders need more education on substance use disorder and recovery • Not a lot of sober friendly activities for families, more support groups, and we need champions to take this challenge on • Lack of support groups – need faith-based meetings • Due to the limited size of our county, we frequently lack access to the necessary resources. Progress tends to be gradual, which means we require more action and less discussion. • Lack of transportation • Housing for sober living • Lack of awareness of resources available • Limited support for family members of people with SUD (Alanon and other supports)
OPPORTUNITIES	THREATS
<ul style="list-style-type: none"> • Growing awareness of stigma within the community that we can leverage • Significant opportunity for education— mental health and substance use disorders • Expansion of broadband access to improve connectivity and resources. • Support transportation efforts • Providing information/resources to help workplaces support recovery • Strengthen recovery capital to build a more supportive community. • Identify additional community stakeholders to participate • Continue to identify people with lived experience to serve on ROSC • Continue to partner with local organizations to host sober social events. 	<ul style="list-style-type: none"> • MAR is available; however, the capacity is full for GROW, Dr. Austman. Need more availability • Need more group involvement regarding outreach events, one or two people cannot do everything • Funding and policies, uncertainty

- Explore opportunities to integrate peer support into recovery services.
- Expand education and awareness around substance use disorder and mental health.
- The need for more awareness of ROSC

ROSC Updates:

Frankie shared we are working on our deliverables, specifically our Needs Assessment. Once completed we will share with you!

Agency Updates:

Tim Nuss extended an invitation to anybody and everybody to the **Ford County Board Meetings**. They meet on the **2nd Monday of every month at 7pm** in the basement of the Sheriff's office. You'll always have a platform!!

Del Saam informed the council about a business expo, June 14th, 10am-4pm at Flyover Film Studios, 709 Jenny St, Hangar #1 in Rantoul, IL. The expo will feature up to 150 booths for Rotary Clubs, Nonprofits and local businesses. Booths are free for all participants but space is limited to 150. Sign up early to secure your spot, once 150 reached no further registrations will be accepted.

Odette Hyatt-Watson explained East Central Community Action have funds available for utilities support.

Upcoming Trainings:



Available Trainings



<https://www.coalitionsupport.org/trainingf>



Virtual Core Foundations of Recovery Intro Series: Advancing Harm Reduction Approaches (1 Hour Training)

March 5, 2025

2:00 pm - 3:00 pm EST

Wayside Women's Wellness ECHO
in partnership with Project ECHO

Date & Time	Mar 6, 2025 12:00 PM in Central Time (US and Canada)
Description	The Recovery Friendly Workplace Series. Part 1 of 2: How Leaders Address Problematic Substance Use in the Workplace



FREE TRAINING: Adverse Childhood Experiences (ACEs) and Trauma

When children experience traumatic events, it can have lasting effects on their mental health and wellbeing.

This important training helps rise awareness and provide resources in an effort to reduce ACEs, foster resilience, and improve the overall health of our community.

LEARN MORE
chestnut.org/aces-training

Co-sponsored by Health Promotion and Wellness at Illinois State University

120 Almond Center
1011 N. State St.
Normal, IL 61761

12 MARCH 12:00 PM - 12:30 PM

120 Almond Center
1011 N. State St.
Normal, IL 61761

20 MARCH 12:00 PM - 12:30 PM

REGISTER

We look forward to seeing you at our next ROSC Council Meeting, Tuesday, March 25th at 8:30 am.

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!



Contact and Social Media

 Ford-County-Recovery-a-ROSC-Community	Frankie Ward, Recovery Specialist fward@chestnut.org
 Ford.County.ROSC	Kari Knapp, Associate Director of Community Health kmknapp@chestnut.org
 Ford County ROSC - YouTube	Barb Brumleve, Community Health Specialist bdbrumleve@chestnut.org
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