



ROSC Recovery Meeting Minutes
Meeting Date: January 13, 2025

PRESENT: NAME & ROLE		SECTOR
John Reith, ComWell ROSC Coordinator		Staff
Rhonda Wilson, HCA Support Chair, NAMI-SW		Nurse, Retired
Beverly Holland		Region 5 TA
Dennis Trask		Prevention
Amy Craig		Prevention
Jennifer Schultz		Centerstone
Sandy Prange		Value Care Coordinator, ComWell
ITEM	DISCUSSION	TIMELINE & RESPONSIBLE PERSON(S)
Welcome & Introductions		
Old Business	Low-attended meeting in December and Introduced the ROSC community survey, which has been simplified this year to enhance participation. New questions focus on public awareness of harm reduction, and the survey will be distributed through Google links and social media. John also sought input on recovery-related matters, particularly regarding the start date for the library caravan, emphasizing the need for better coordination and collaboration with libraries.	John will finalize new caravan and community pop-up dates
New Business	Dennis Trask confirmed the availability of sessions and Sandy Prange providing specific dates for upcoming trainings. The group acknowledged the importance of outreach to schools and police departments to ensure awareness and participation in the program. Beverly Holland highlighted initiatives in Massac County and offered to connect interested parties with conference organizers seeking speakers for the Southern Illinois Drug Awareness Conference. Plans to improve community space with new amenities were discussed, alongside fundraising strategies to support these initiatives. Rhonda Wilson highlighted the need for detailed documentation of expenses for funding, while John and Sandy explored creative uses for	

	potential funds. The meeting concluded with discussions on upcoming events, including the "Ending the Silence" presentation, and the importance of collaboration in promoting recovery initiatives.	
Presentation	John presented the Intensive Outpatient Program (IOP) as a potential enhancement to the recovery program, emphasizing its structured support for individuals needing more than traditional counseling.	
Other updates		
Next ROSC Recovery Meeting	Monday, Feb 3, 3:30pm online or in-person	

MISSION: Increase awareness and education to enhance physical and mental well-being through community partnerships. The principal mission is the reduction of substance use, with a primary focus on reducing youth substance use.

VISION: Create a healthy environment where our community can thrive and flourish.