



**MASSAC COUNTY ROSC**  
**Community Resource Assessment**  
**FY25**

The purpose of the following resource assessment is to evaluate and identify the available resources within the community that support individuals in their journey to recovery from substance use and mental health challenges. The assessment aims to provide a clear understanding of the existing strengths, gaps, and opportunities within the local system of care.

**Identified Strengths and Opportunities**

- Local MAR programs
- Local mental health clinic with treatment programming, and involvement in community
- Local hospital with existing involvement in recovery and prevention efforts
- Multiple food pantries available in Massac County
- Support of local government officials and law enforcement in all three communities within Massac County
- Excellent opportunity to connect community members to our ROSC through our monthly Laundry Events
- Strong collaboration with court system providing opportunity for ROSC to connect with justice involved individuals
- Narcan Distribution in 5 locations in the county
- Community relationships are strong between ROSC and local stakeholders
- Prevention programs established in local school system
- Drug Endangered Children (DEC) Alliance established and implementing key programs to fill needs and reduce trauma
- Opportunities for sober/transitional living (Oxford House) possible through potential connections and collaborations being fostered. Successful Lunch N Learn connected Oxford House state outreach worker to community stakeholders and strong support established.

### **Identified Weaknesses and Gaps**

- Lack of efficient transportation to support individuals seeking services to support their recovery or other supports such as food pantries.
- No residential treatment facility available locally
- Awareness of and education on available resources lacking
- Education on available supports for individuals seeking recovery minimal
- No sober/transitional housing available locally
- Stigma surrounding substance use and recovery often creates a barrier for individuals to reach out to seek the support they need
- No overdose response outside of emergency services such as EMT or law enforcement
- Lack of gainful employment available locally for justice involved individuals
- No shelter available locally to meet emergency needs for individuals experiencing homelessness
- Minimal support group meetings available
- No support groups available in local county jail

### **Technical Assistance Priorities**

- Stigma reduction
- Addressing transportation issues

### **Resources**

#### **Recovery Support Services and Groups**

- MCDAC Recovery Resource Center
- Alcoholics Anonymous- Two separate meetings are available three days a week.
- 3D Life Recovery- A faith-based recovery program with one meeting a week.

#### **Medication Assisted Recovery**

- Rural Health Inc.
- Massac Memorial Hospital Integrated Care

## **Naloxone Training and Distribution**

- Massac County Drug Awareness Coalition
- Massac County Mental Health Clinic
- Southern 7 Health Department
- Distribution Boxes available in Brookport, Joppa, and Metropolis

## **Substance Use Disorder Treatment**

- Massac County Mental Health (MCMH) has outpatient SUD counseling program including individual and group sessions
- Arrowleaf's Johnson County location has an outpatient SUD program that serves Massac County residents
- Massac County does not have a local in-patient facility, however there are locations within a 50-mile radius:
  - Gateway Foundation-Carbondale, IL
  - Fellowship House-Anna, IL
  - Lifeline Recovery Centers-Paducah (Women's) and Kevil (Men's) KY
  - Center Point-Paducah, KY

## **Healthcare Providers**

- Massac Memorial Medical Clinic
- Rural Health INC.
- Southern 7 Health Department
- Baptist Health Clinic

## **Mental Health Providers**

- Massac County Mental Health Clinic
- Arrowleaf (Metropolis location)

## **Domestic Violence Assistance**

- Guardian Family Services

### **Prescription Medication Disposal**

- Massac County Sheriff's Office
- Massac County Drug Awareness Coalition has provided free drug disposal bags at several locations across Massac County
- Massac County participates in the DEA's Drug Take back days

### **Food Pantries**

- C.O.P.E
- Trinity Church
- Lighthouse Assembly of God
- Salt & Light (Clothing and Food)

### **Job Training**

- General Assistance offers an Employment and Training Program through SNAP