



NEAR SOUTH SIDE

MEETING MINUTES

LOCATION: Virtual - Zoom

DATE: 2/11/2025

ATTENDEES:

- Gloria Prowell (Near South Side Community Coordinator), Daniel Mendez (EDDR Foundation), Cristina Banda (IL Family Resource Center), Kenneth Bell (Region 1 TA), Leslie Givens (Alliance Care 360), Jennifer Jordan (Midwest Asian Health Association), Ivan Ortiz (PLE & Garfield Park Community Council), Haseena Shaheed-Jackson (Ava's Pathways), Star Braddock (Catholic Charities Encompassing Center), Tiffany Webb (Healthcare Alternative Systems), DeRay (New Life Centers' Juvenile and Restorative Justice Reentry), Debra S. Beckmann (Chestnut)

TIME: 10:30 am -11:30 am

AGENDA ITEMS

- I. **Introductions: Name, Organization, how to stay in touch.**
- II. **ROSC Overview: What is the ROSC and why it is important to the community.**
- III. **Data:**
 - **Data presented included - The National Survey on Drug Use and Health (NSDUH)**, In 2023, roughly 48.5 million Americans aged 12 or older suffered from a substance use disorder; **The National**

Institute on Drugs and Addiction (NIDA), 46.3 million people in the United States had an SUD in 2021. In 2023, only 14.6 percent of people with an SUD received treatment. In 2023, only 18 percent of people with an opioid use disorder (OUD) received medication; **SAMSHA**, 61% of men and 51% of women report at least one traumatic event in their lifetimes. 19.1% of Americans say that they've suffered from anxiety at some point in their lives. 74% and 73% of people with a history of childhood abuse have a greater risk of developing a substance use disorder in their lifetime; **American Addiction Centers** 11% to 22% of adults express being lonely - those figures increasing to 35% for those aged 45 and older. 70% of individuals with compassion fatigue reported physical fatigue, headaches and muscle pain which can contribute to the use of substances as a coping mechanism.

IV. Presentation:

- Topic included data on SUD in the US and data on contributing factors including trauma, stress, loneliness, compassion fatigue, and burnout.

V. ROSC in Action, Deliverables Submitted: Community Resource Assessment Submitted, due February 28th

VI. Cook County Events and Trainings: FEBRUARY EVENTS

Tuesday, February 18, 2025	Illinois Harm Reduction and Recovery Coalition Meeting –Discuss ROSC & Survey
Tuesday, February 18, 2025	Statewide ROSC Meeting
Tuesday, February 18, 2025	Southside Heroin Opioid Task Force Monthly Meeting
Friday, February 21, 2025	2nd Annual African American Conference on Problem Gambling
Monday, February 28, 0225	Chicago Department of Public Health SUD Coordination Meeting

VII. ROSC Council Member Updates/ Discussion, Questions:

- DISCUSSION PROMPTS INCLUDED:
 - What are you doing for yourself that you didn't know you had to do this year due to stressors in your life? How can you create your happy place for your mental health and wellbeing?
 - Have you identified gaps in the recovery community? What issues are not addressed? What services are not being provided?
- Participants shared about their self-care including challenges when dealing between professional and personal circumstances. Discussion included the importance of acknowledging and addressing healthy coping strategies versus strategies that may lead to SUD.

VIII. Adjournment: