

Recovery Oriented System of Care



Johnson County ROSC Council Minutes 02/25/2025

Attendance

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Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
 - a. Last month, discussed setting Recovery Goals for the New Year. Setting a realistic goal includes focusing on a SMART goal:
 - a. **Specific** – *make your goal clear*
 - b. **Measurable** – *track your progress*
 - c. **Attainable** – *keep it realistic*
 - d. **Relevant** – *align with your values*
 - e. **Time-Specific** – *set a deadline*
- IV. **New Business**
 - a. Community Needs Assessment
 - a. How would you describe the community's readiness to support the ROSC Council?
 - a. Encouraged attendees to participate in the Community Survey.
 - b. Completed a SWOT Analysis of the Community.
 - a. **Strengths**
 - a. What do we do well?
 - b. What unique resources do we have available?
 - c. What do others see as our strengths?
 - a. Everyone in the community is very open to the information allowing us to share flyers. The courthouses have Narcan available on-site. That helps show that recovery is in the community. It helps show that individuals matter and we need them there. The community is very supportive with recovery.
 - b. **Weaknesses**
 - a. What resources or services are lacking?

- b. Where are we starting to struggle?
- c. How can we overcome these?
 - a. There is a need for non-treatment support groups. It can be hard for someone to ask for help. Once they do, it's easier. There are barriers that prevent people from showing up. There is a need for more harm reduction.
- c. **Opportunities**
 - a. What resources are available to us?
 - b. What trends should we take advantage of?
 - c. How can we turn our strengths into opportunities?
 - a. Strengths with lived experience and bringing those individuals to the table – peer support. Narcan education is very present in the community and stigma around it has really minimized. We could grow in our education on other forms of harm prevention and integration of other substance use prevention programming – leaning on schools and youth-serving groups. We could expand our access within the court systems by creating brochures with a range of services available based on where the person feels they can start.
- d. **Threats**
 - a. What threats do we face?
 - b. Who might challenge us?
 - c. What could go wrong?
 - a. Those we want to bring in may not be receptive of the help. There can be a loss of trust in the community at times. Staffing and funding for services is a threat, too.

V. **Announcements**

- I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
 - I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
 - II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: info@myarrowleaf.org and stay tuned for social media announcements on how to apply.
- II. Arrowleaf's Community Resource Guide
 - I. Arrowleaf is working on reviewing and revising the annual Community Resource Guide. If you know of any substance use or mental health services, supports, and resources that should be added, please let Emily know!

- III. Child Abuse Prevention Month
 - I. Join the ROSC team on Monday, April 7th at 11:30AM at the Pope County Courthouse lawn to kick off Child Abuse Prevention Month. Speakers will be present and read a Proclamation Reading along with other activities to take a stand against child abuse.
 - II. Southern Seven Health Department – Jennifer – will be present. Pamphlets, resources, etc.
 - III. Working with schools and students in Johnson County to provide Child Abuse Prevention opportunities.
 - IV. Businesses that may want blue lightbulbs?
- IV. Community Needs Assessment – [click this link](#)
 - I. Our Community Needs Assessment is live! We are seeking feedback from those who live and/or work in the southern seven counties. This brief survey regarding substance use and recovery services will assist our program in better understanding and meeting the needs of the community. Results are anonymous and the data will be used to share with our upcoming Council Meetings.
- V. March 14th – Southern Seven HD – Hidden in Plain Sight presentation two different segments of time. Instead of going through individually, set up as a group.
- VI. Together for Youth Summit – April 15th and 16th at JALC.
- VII. March Meeting is Scheduled for Tuesday, March 25th from 11:30AM to 12:30PM