

Massac County Drug Awareness Coalition  
Monthly Coalition Meeting  
Wednesday, February 19, 2025, 8:00 a.m.  
Metropolis City Hall/Zoom

AGENDA

1. Welcome- Due to Weather this meeting is all on Zoom.
  - a. On Zoom- Steve Miller (Civic Sector Rep), Toni Miller (Exec Committee), Debra Beckmann (Statewide ROSC), Jade Chew (Illinois National Guard), Kayla Butler (Massac County Mental Health), Josh Stratemeyer (State's Attorney), Laken Gallo (Guardian Family Services), Holly Windhorst (Director), Jasmine West (DFC Project Coordinator), Jordan Strong (ROSC Coordinator).
2. Approve Old Minutes- Will need to add the last name of an Arrowleaf employee that we did not have when preparing the minutes. Toni Miller made a motion to approve the minutes with corrections made, Steve Miller seconded, All in favor, none opposed, Motion carried.
3. Executive Committee- All will be covered.
4. Fundraising/Sustainability
  - a. Golf Tournament - May 30
  - b. Super 5K - June 12
    - i. Morgan Holt is working on the form for the sponsorships but has proven difficult due to the difference in fundraisers and the prices. Unsure about what route we are taking if making the form combined or just giving them the separate forms at the same time. Hope to have it done by March. Looking for suggestions.
5. Prevention - Jasmine
  - a. Youth Advisory Council- Joppa YAC is currently working on the Alcohol Assembly for Alcohol Awareness Month. They are looking at focusing on alcohol as not a social norm in their school and most students are not using it. Also looking at sports and how alcohol can interfere with an athlete's performance as well as what it can do to the brain and liver. They are also planning on doing stations with the drunk goggles to show impaired coordination and have a YAC student at each one to explain the coordination that the station is showing. The MCHS YAC is working on National Drug and Alcohol Awareness Week starting next week. They have helped Jasmine

with Truth and Consequences in the past meetings. We are working on the Springfield trip with the Illinois Prevention Network on March 4-5. We have 8 students wanting to go but we are still waiting on school approval of the trip. We are also looking forward to CGTI this summer and are working on getting Interest forms together from the students.

- b. Child Abuse Prevention - April 24- 3:30- 5:00 pm- We are in the process of planning this event. It will be held in front of the Superman statue on Market St. if it rains it will be held at the MES gym. If your organizations want to be there please reach out.
- c. CADCA Forum Recap- Jasmine, Holly, and Jordan went to the National CADCA forum in National Harbor, Maryland. We also attended Capitol Hill Day where we were able to speak with Representative Bost, and aides for Senator Duckworth and Senator Durbin. Jasmine reported going to a session about THC derivatives. Learned in-depth about what they are and how they are filling up gas stations and the loophole in the farm bill, as well as how they are trying to close it. Holly reported on a session called Protect Your Game which is a sports and prevention program that schools are starting and some of the students involved in it presented. This program has a learning session and facts about substances and the students decided on a no-use season and ended up winning most of their games where in the past they had not. She also attended an Arkansas opioid settlement funds session that shared ideas of what to do with the money. One idea was a prevention and recovery school professional who worked in the schools and helped with early intervention. There is a training coming up next year. A lot of the talk was on the federal grant freeze. With the federal grant that we receive, we were able to access the money as of a week ago even though the program itself is being reviewed, so we are hopeful that there will be no disruptions to our grant. Jordan reported on a session about Marijuana presented by an ER doctor who spoke about what she sees with teens, kids, and even adults that have used marijuana. Another session Jordan spoke about talked about psychedelics and how the clinical trials are done and how they are being used to treat depression and anxiety. Also, trends of use and

how by legalizing medical use you are creating more acceptance to use them recreationally, similar to marijuana.

- d. Drug-Endangered Children Alliance- MCDAC has bought Backpack items such as brushes, shampoo and conditioner, toothbrush and toothpaste, diapers, and wipes. We also have been working on the Handle with Care program. We have to get a meeting with the sheriff to coordinate how the schools want it communicated.
  - e. "Truth & Consequences"- May 9th- We are still looking for a new name due to the restrictions if we continue the "Truth and Consequences" program. We will need parent volunteers.
6. Recovery - Jordan
- a. Recovery Council-2nd outing (Painting Class) hosted in January was a great turn out. Sign-ups were slow at first but ended up with 15 total. We had several new attendees and several returning that hadn't been to a meeting in a while. Great feedback from participants and look forward to hosting another painting class in the future.
  - b. Community Survey- We are still collecting submissions for the community survey.
  - c. Bowling Event - March 1 - This will be our 3rd bowling event our ROSC has hosted. It is open to the whole community and we anticipate a good crowd. Food will be provided, and since it is a sober event the bar and gambling machines will be closed.
  - d. Community Clean Up Day- This is going to be the Recovery Council's next outing/event planned in April/Early May. We plan to open it to the community for anyone that would like to come out to help clean up parks or other areas of town. Details will be shared at next month's coalition meeting after the recovery council meets again.
7. Recovery Resource Center - Holly- This past month we have had a referral from pretrial but it has been slow otherwise.
8. Other
- a. Warming Center- Eastland Life Church- looking for volunteers

Meeting Adjourned at 8:50 a.m. February 19, 2025.

Next Meeting: Wednesday, March 19, 2025, 8:00 a.m., Metropolis City Hall