

Moultrie Shelby County ROSC Council Meeting Minutes

When: Tuesday, February 4th, 2025

Time: 3:30 PM to 4:30 PM

Where: Shelbyville Outpatient Office and Zoom

Who: Skylar Miller (Meeting facilitator and minutes)

Attendees

Kandis Mills, Dawn Adrian, Teagan Shull, Bonnie Goodwin, Nathan Nichols, Johanna Gonzalez, Denise Backes, Patrick Miller, Skylar Miller, Felicia Depoister, Nicki Hanks, Susie Kinsel, Samantha Hicks and Patti Mullins.

Agency Updates

Samantha shared Effingham County ROSC's upcoming events. Recovery Roll Bowl will be on March 18th at 5pm. It will take place at Silver Dollar Lanes. There will be free pizza and bowling! There will also be a Summer Serenity Gathering taking place on June 21st at 2pm! Both of these events are family-oriented and all are welcome.

Dawn with Family Life Center announced that there will be breastfeeding classes on the 13th and 27th of February. They are also doing another one of their free ultra-sound days on February 20th, from 9am to 5pm. If an individual wants to come gets a free ultrasound, they do not have to be a client! They are more than welcome to become a client and partake in the Family Life Centers free services.

Susie let us know that Dove has been participating in ICE trainings so that their staff can best serve their immigrant survivors and keep themselves safe. Susie also mentioned that she is associated with Dove and the Salvation Army but she is an officer in the local Democratic Party. Sponsoring a laundry day is something they might be interested in so she requests that Skylar send information to her about costs before their meeting on the 20th! Bonnie mentioned that this came at the perfect time because we really need a Shelby County laundry day sponsor for March.

Spotlight Speaker

Denise Backes- Footprints to Recovery

Direct Contact: Denise Backes | 309-349-5306 (call/text) | dbackes@footprintstorecovery.com

24/7 Admissions: 855-628-2899

Fax Number: 844-694-4722

Denise introduced her company's services and locations. She highlighted their commitment to personalized treatment plans, collaborative care, and addressing physical, emotional, and spiritual healing. Denise also mentioned their specialty programs for veterans, trauma therapy, and the upcoming primary mental health services. She encouraged attendees to reach out to her for referrals and offered her contact details. Denise also shared that Footprints to Recovery offers a range of services including detox, residential treatment, PHP, IOP, and virtual services. She emphasized their ability to work with individuals with co-occurring disorders and those on Methadone. Denise also mentioned their alumni and family involvement program and their commitment to providing long-term supportive care. Denise provided detailed information about the commercial insurance options available at their facility, including the ability to work on payment plans for self-pay options. She also clarified that they can't accept Medicaid or Medicare.

Drug Overdose Prevention Program

Skylar reiterated that ROSC has multiple DOPP sites within the community and we also provide Narcan trainings.

Survey Discussion

Skylar let the council know that as of 2/4/2025 they Community Survey has ended. We ended up with 382 responses which is just over 1% of the population between both counties. Though there was a different goal number, the number of surveys received were a great accomplishment for the community! With the data collected, Skylar will use that for the upcoming Needs Assessment.

Asset Resource Mapping

Skylar thanked the council for their participation with the resource asset map and let them know that it has been submitted to the state.

Communication Campaign Overview

Moultrie Shelby County ROSC is partnering with Effingham County ROSC and Prevention First to do a Youth Engagement Panel via Zoom! The date will be February 25th and **Skylar** and **Bonnie** have shared the panel flyers and will continue to do so. There are also infographics on mental health and building resilience that can be shared also.

Events

Skylar shared that the January laundry days were a success. The dates for February are the 13th in Shelby county and the 27th in Moultrie county. Thank you again to ACE Hardware for your sponsorship.

Bonnie and Skylar have been outreaching in the community for more sponsors for Moultrie County. Bonnie got a donation from Sweet Vale (Sullivan) and a lot of other places are running it up the ladder or are waiting for more information.

We are also going to have a family-oriented event in March. We are waiting final details but we are renting the pool at the Civic Center in Sullivan. We want to get a date set and then work toward donation of food. Skylar will send out a flyer as soon as details are finalized. Council members are encouraged to put their input in for details and come help out the day of, if they are available.

Skylar mentioned that there will be a recovery picnic and Bonnie gave details. It is called Spring into Recovery and it will take place in Shelbyville at the Visitors Center. The date is May 10th and it will be from 12pm to 4pm. A lot of details are in the works but were looking at face-painting, a panel, kite-flying, a band and more! We are partnering with SCCS, Salvation Army and hopefully CEFS. A save the date will be sent out soon.

Skylar told everyone that there will also be a spring or summer event taking place in Moultrie County. Dove has been involved in the planning process so far. More details to come!

Upcoming Speakers

Skylar announced that she was unsure of who committed to what month to speak at upcoming council meetings. **Teagan** said she was not sure because she did not take notes. **Nathan** reiterated that he was also willing. **Bonnie** threw out the idea of **Dawn** speaking because she has never spoke at our council meeting before.

The schedule is now set.

March- Dawn Adrian with Family Life Center

April- Teagan Shull with Heritage

May- (Not official) Carrie McKinzie- Gateway

June- Nathan Nichols- CIPT

Questions/Comments/Announcements

Skylar announced that HOPE is having an event this month. It will take place on February 18th at 5pm. The flyer will be shared when the minutes go out.

Contact emails:

Moultrie Shelby County ROSC Coordinator

Skylar Miller- skylark@hourhourecovery.org

Moultrie Shelby County ROSC Recovery Navigator

Bonnie Goodwin- bonitag@hourhourecovery.org

ROSC Program Supervisor

Jenna Hays- jennah@hourhourecovery.org

Where to find past meeting minutes: <https://www.govst.edu/ROSC-GSU/ROSCC>

Moultrie Shelby County ROSC Facebook Page:



Next Moultrie Shelby County ROSC Council Meeting**

Date: Tuesday, March 4th, 2025

Time: 3:30 PM to 4:30 PM

Where: Elizabeth Titus Memorial Library and Zoom