

Recovery Oriented System of Care



Union County ROSC Council Minutes 02/20/2025

Attendance

Emily Middleton, Arrowleaf
Amber Mulkins, Arrowleaf
Christina Ancira, IDHS
Callie Buchanan
Balyie Denny, Southern Seven Health Department
Karen Blase,
Ashley Smith, The Old Depot / Centerstone
Rachel Chruszczyk, Prevent Child Abuse Illinois
Dan Martinez, Arrowleaf

Notes

- I. **Welcome and Introductions**
- II. **Mission and Values**
- III. **Old Business**
 - I. Discussed setting Recovery Goals for the New Year. Setting a realistic goal includes focusing on a SMART goal:
 - I. **Specific** – *make your goal clear*
 - II. **Measurable** – *track your progress*
 - III. **Attainable** – *keep it realistic*
 - IV. **Relevant** – *align with your values*
 - V. **Time-Specific** – *set a deadline*
 - a. **Weaknesses**
- V. **New Business**
 - I. Community Needs Assessment
 - I. How would you describe the community's readiness to support the ROSC Council?
 - I. Encouraged attendees to participate in the Community Survey.
 - II. Completed a SWOT Analysis of the Community.
 - I. **Strengths**
 - I. What do we do well?
 - II. What unique resources do we have available?
 - III. What do others see as our strengths?

- I. There are a lot of resources available in the community including professional intervention and peer led support. The community does well with providing outreach to spread information to those who need it. There are several recovery based groups and meetings occurring in the area already and these have good participation.

II. **Weaknesses**

- I. What resources or services are lacking?
- II. Where are we starting to struggle?
- III. How can we overcome these?
 - I. We could grow our connection with the courts and law enforcement. Sometimes communication can be limited to getting the word out to those who may not congregate in areas where the information can be found.

III. **Opportunities**

- I. What resources are available to us?
- II. What trends should we take advantage of?
- III. How can we turn our strengths into opportunities?
 - I. There is an opportunity to build upon relationships with law enforcement and the courts – particularly with probation and parole. Services could be expanded to provide more telehealth intervention and peer support services.

IV. **Threats**

- I. What threats do we face?
- II. Who might challenge us?
- III. What could go wrong?
 - I. Funding, sustainability, and the uncertainty of the future as it pertains to prevention and recovery resources are in jeopardy.

VI. **Announcements**

- I. Arrowleaf's New Housing Opportunity – Garden Apartments in Anna
 - I. Arrowleaf is now taking applications for the new housing opportunity – Garden Apartments in Anna, previously known at Bethany Village. The rent includes utilities. Individuals who may have backgrounds that could get them denied from public housing may still be able to qualify. The minimum annual income requirement is \$19,000 and the maximum is \$51,000.
 - II. The new facility hopes to remove barriers for those trying to find quality housing. For more information, email: info@myarrowleaf.org and stay tuned for social media announcements on how to apply.

- II. Arrowleaf's Community Resource Guide
 - I. Arrowleaf is working on reviewing and revising the annual Community Resource Guide. If you know of any substance use or mental health services, supports, and resources that should be added, please let Emily know!
- III. Child Abuse Prevention Month
 - I. Rachel shared that Union County will be hosting a Child Abuse Prevention month kick-off on April 4th at the courthouse in Jonesboro at 9AM.
- IV. Community Needs Assessment – [click this link](#)
 - I. Our Community Needs Assessment is live! We are seeking feedback from those who live and/or work in the southern seven counties. This brief survey regarding substance use and recovery services will assist our program in better understanding and meeting the needs of the community. Results are anonymous and the data will be used to share with our upcoming Council Meetings.
- V. March Meeting is Scheduled for Thursday, March 20th at 1PM