

## **Recovery Oriented System of Care**

### **3 Year strategic plan**

### **DeWitt County ROSC**

#### **Purpose:**

The purpose of establishing the strategic plan below is to break down ROSC goals by providing individualized objectives and activities. These objectives will provide a means for determining the success of the ROSC council and guiding its members.

Strategic planning is an organizational management activity that sets priorities, focuses energy and resources, strengthens operations, ensures that members and stakeholders are working towards a common goal, establishes agreement around intended outcomes and results, and assesses and adjusts counsel's direction in response to a changing environment.

#### **Mission:**

The mission of the DeWitt County Recovery Oriented System of Care Council is to collaborate to build and empower communities of recovery.

#### **Vision:**

*"Everyone needs someone"*

#### **Values:**

- Recognize the right of a person to direct their own recovery and that there are multiple models or paths to recovery.
- Progress over perfection – nobody works a perfect recovery program.
- Operate with integrity and a sense of personal responsibility.
- Recovery requires action. The ROSC can facilitate supports and services for recoverees, but ultimately, they are the ones who have to do the work and follow through.
- Recovery happens at a community level.
- Include the "voice" of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace diversity, equity, and inclusion.

#### Short Term Goals:

1. Work with local crisis teams to ensure knowledge of SUD and connection for those in crisis to SUD crisis services
  - a. Have its initial meeting with the crisis response team (Heritage) in October 2025
  - b. Begin communications for presentation(s) about SUD and the crisis surrounding SUD September 2025
  - c. Host initial presentation December 2025
2. Figure out transportation assistance
  - a. Piattran
    - i. Schedule a meeting with the Piattran director by July 2025 to discuss monies available for transportation to SUD appointments
  - b. TASC
    - i. Initial conversations for transportation options available by August 2025
3. DECREASE STIGMA
  - a. Educational materials about MH/SUD,
  - b. Educational materials about harm reduction
  - c. Educational materials about services and providers

#### Long term goals:

1. Work with local crisis teams to ensure knowledge of SUD and connection for those in crisis to SUD crisis services
  - a. Decrease belief that people with SUD and Mental Health do not recover with a communication campaign by December 2025
  - b. Increase education on SUD and Mental Health and recovery with information presented to communities through semi-annual presentations/events by May 2026
  - c. Increase education on co-occurring disorders with information presented to communities through semi-annual presentations/events by May 2026
  - d. Increase education on the association between addiction and shame with information presented to communities through semi-annual presentations/events by May 2026
  - e. Increase education for family members of people with SUD through community enrichment for family members by March of 2026
2. Build relationships with local community stakeholders
  - a. ROSC Coordinator will work to build a relationship with local law enforcement agencies to establish alternatives to arrest for those with SUD December 2026

# SWOT

Strengths	Weaknesses
<ul style="list-style-type: none"> <li>○ Development of ROSC with a diverse council</li> <li>○ Evaluation/Intake services</li> <li>○ Individual counseling</li> <li>○ Community Enrichment in Bement, IL</li> <li>○ Intensive outpatient treatment</li> <li>○ Medication Assisted Recovery               <ul style="list-style-type: none"> <li>○ Suboxone</li> <li>○ Vivitrol</li> <li>○ Narcan provided/trained</li> </ul> </li> <li>○ Parks and recreational opportunities</li> <li>○ Supportive community</li> <li>○ 2-1-1</li> <li>○ Collaboration with EMS and Police Departments</li> <li>○ of sober activities outside 12-step events</li> </ul>	<ul style="list-style-type: none"> <li>○ Lacking enough options for sober living</li> <li>○ Lack of community awareness of services</li> <li>○ Grants could be discontinued</li> <li>○ Lack of community education involving substance use and mental health issues as well as recovery</li> <li>○ Stigma re: SUD, Mental Health, COD</li> <li>○ Lack of grief support groups</li> <li>○ Lack of employment, childcare, housing, and other resource opportunities</li> <li>○ No long-term SUD or COD treatment facilities</li> <li>○ Limited support for young people's meetings</li> </ul>
Opportunities	Threats
<ul style="list-style-type: none"> <li>○ Community involvement</li> <li>○ Community education and awareness</li> <li>○ Heightened acceptance of people struggling with SUD and/or COD</li> <li>○ Networking with community stakeholders</li> <li>○ Building rich and diverse community partnerships and collaborations</li> <li>○ Increase of number of individuals pursuing recovery</li> <li>○ Connect recovery communities to provide a menu of services</li> <li>○ Making our communities healthier and stronger</li> <li>○ Recognizing successful recovery stories</li> <li>○ Positive attitude towards our communities future</li> <li>○ Future grants/funding</li> <li>○ Increased hope among recoverees based on new opportunities provided by ROSC/community</li> </ul>	<ul style="list-style-type: none"> <li>○ Lack of funding</li> <li>○ Stigmas</li> <li>○ Lack of consistent, ongoing collaboration</li> <li>○ State of Illinois legislative changes</li> <li>○ Lack of understanding of rural challenges for treatment</li> <li>○ Apathy and lack of open-mindedness</li> <li>○ Growing opioid epidemic</li> <li>○ Legalization of Marijuana</li> <li>○ Absent parents/family</li> <li>○ Recovery community unwilling to try new things or get out of comfort zone</li> <li>○ Many folks in the recovery community unable to secure subsidized or sober housing due to criminal history</li> </ul>

<ul style="list-style-type: none"> <li>○ Service/volunteer opportunities for the recovery community outside 12-step arena.</li> </ul>	
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## **DeWitt County ROSC: Strategic Plan (2025-2028)**

### **Goal 1: Increase Peer Recovery Support Services**

Objective 1: Community Enrichment, IL started on December 2024. This group meets every Thursday, at the First Christian Church, Clinton IL from 4 pm to 5 pm. This meeting will continue until otherwise stated as there has been an expressed need and desire for community enrichment that differs from other groups in the area. There have been reading materials and workbooks purchased for this group and more materials will continue to be purchased as needed. An ad can be run in the newspaper for DeWitt County and surrounding communities to increase community knowledge of the enrichment group.

Objective 2: A peer community enrichment for the youth has not yet been started but there are plans of this in the future. The ROSC Coordinator will be presenting a one-question survey to students to answer when they participate in events. These schools include Clinton. Students have expressed a desire for an enrichment group to assist them with struggles of mental health and substance use disorders. ROSC Coordinator will be in touch with Clinton High School to discuss these results and to present the possibility of an enrichment group for students to come to if so desired.

### **Goal 2: Figure out transportation assistance**

Objective 1: Transportation with Piattran. Piattran will be taking over Show Bus in July 2025.

Objective 2: Transportation to inpatient services for substance use disorders can be arranged through a partnership with TASC. The ROSC Coordinator has begun conversations with TASC employees to work out the details of the partnership.

### **Goal 3: Decrease Stigma**

Objective 1: A survey provided to DeWitt County residents identified a need for educational materials surrounding mental health and substance use disorders. The idea behind making these materials

available for the larger population will assist in decreasing stigma related to mental health and substance use disorders.

Objective 2: A survey provided to DeWitt County residents identified a need for educational materials surrounding harm reduction. The idea behind making these materials available for the larger population will assist in decreasing stigma related to harm reduction and assist in providing more harm reduction options in the future.

Objective 3: A survey provided by DeWitt County residents identified a need for educational and promotional materials surrounding services available and providers in the area. The idea behind making these materials available for the larger population will assist in decreasing stigma and making options available for services and providers.

#### **Goal 4: Build relationships with community stakeholders**

Objective 1: The ROSC Coordinator will work to build a relationship with local law enforcement agencies to better serve those in the recovery community. More specifically, provide information about services offered at Heritage Behavioral Health Center in regards to ROSC and Substance and Alcohol Misuse case management.

Objective 2: The ROSC Coordinator will work to build relationship with local law enforcement agencies to better serve those in the recovery community. More specifically, establish alternatives to arrest for those with SUD December 2026