

Sangamon County ROSC Council- Monthly Meeting

8/26/25

9 a.m.

Location: zoom

Attendees:

- Sarah Richardson, Family Guidance Centers, Inc. / Sangamon Co. ROSC Council
- Whitney Devine, Family Guidance Centers, Inc. / Sangamon Co. ROSC Council
- Austin Dambacher, Family Guidance Centers, Inc. / Sangamon Co. ROSC Council
- Donna Reeves, Central Counties
- Jeshua Pearson, Chestnut Health Systems (BASE Project)
- Sam Brown, Fifth Street Renaissance
- Aisha Esquivel, Illinois Helpline
- Nicholas Banning, SIU School of Medicine (CRSS Program)
- Elizabeth Raleigh, SIU School of Medicine (CRSS Program)
- Joan Stevens-Thome, Sangamon Co. Department of Public Health
- Marie Riley, Sangamon Co. Department of Public Health (Early Intervention)
- Jami Bermel, TASC
- Deanna Greene, Washington Street Mission

Agenda:

- Introductions
- Strategic Plan: Addressing gaps found in Community Needs Assessment
- Membership Update
- Community and organizational Events
- ROSC Event Updates
- Sober living supply drive
- Open floor to ROSC members to share news, ideas, needs, etc.

Meeting Notes:

Introductions:

- See attendee list

Goals for FY26 (identified by FY25 community needs survey)

- Recap of first two goals:
 - Goal 1: “Facilitate improvements to youth substance disorder services in Sangamon County” by working with youth-serving agencies, assessing provider barriers, and establishing a local host for youth recovery support groups.
 - Goal 2: “Strengthen partnerships that produce a greater diversity of behavioral health support groups and events for families” by holding at least 5 family-specific ROSC events and working with local healthcare providers to

explore creating an ongoing family support group for those effected by individuals with mental health / substance use disorder.

- Goal 3: “Enhance access to behavioral health resources for people in the criminal legal system” by developing re-entry resource bundle and to get support groups into local hails
- Jami Bermel (TASC)- significant barrier in getting identification (i.e. out-of-state birth certificates) identification turn-around, financial barriers to obtaining vital records
 - “Angel tree” type “financial sponsor” to assist those re-entering society, cover costs of obtaining vital records.
 - Call-to-arms social media posts (i.e “Springfield Families Helping Families”)
- Aisha Esquivel (Illinois Helpline)- Expressed interest in participating in “angel tree” project with TASC; i.e sponsorship collaboration, posting flyer on Illinois Helpline social media pages and website
- Marie Riley (Sangamon Co. Department of Public Health, Early Intervention)- Celebrate Recovery has previously taken meetings into jails (Whitney and Austin will follow up); checking with other programs within the department of public health to see if there would be any program that could help with those re-entering the community
- Donna Reeves (Central Counties Health Center)- SING (Shifting into New Gear) helps people with re-entry, provided contact info for organization

Community Needs Assessment

- ROSC will be conducting community needs survey now-beginning of December
- QR flyers and paper copies available for organizations to have at business
- Distribution ideas / incentives
 - Distribute to more skilled trades organizations beyond social service agencies to ensure a more representative county sample.
 - Colleges and Universities (LLCC and UIS)- mass email to student body
 - School District- to parents / staff
 - Churches- Engaging the fellowship / congregation, or church leaders / staff
 - Public health program through the colleges
 - Cafe Moxo- previously allowed to put promotional stickers on their cups
 - Whitney and Austin will follow-up
 - Grab-a-Java- Community oriented business and possibly willing to help with flyer / QR code distribution
 - Stickers with QR codes for online survey- can go on cups, pizza boxes, etc.
 - Distribute to students in CRSS program at SIU School of Medicine (QR flyer, SurveyMonkey link)

Membership Update:

- 1 new member since last meeting

- **New membership / Membership representation** (sectors); opportunity for growth in media and judicial (both having 0 members), and law enforcement (1 member)

Community Event Updates:

- Family Guidance Centers- offering free clinical supervision for those seeking licensure / certification in Illinois; contact Cindy Rivera at crivera@fgcinc.org
- Heartland Housed- Welcome Home Basket initiative- collecting baskets with home goods, hygiene supplies, etc. To help those transitioning from being unhoused into housing
- Upcoming: Community Baby Shower- 9/6 at Salvation Army (on Clearlake Ave.) 10am-12pm; Free event hosted by Salvation Army and Community Connections for new and expecting mothers, giving away 100 free baby-bags, diaper bags, clothing
- Upcoming: SIU School of Medicine CRSS Program- September through May on Thursdays, free to those that register, stipend provided. *4 slots left at the time of meeting* Contact Elizabeth Raleigh at eraliegh51@siumed.edu to register or for more information

Community Resource Guides

- Digital list and interactive map available online
- Physical booklets available- contact Whitney or Austin if you'd like some

ROSC Event Updates

- Recap: Celebration in the Park- 8/1 at Comer Cox Park- food, music, games, resource tables, vendors, family-friendly
- Recap: Bridging the Gap- 8/23 at Jaycee Park- Hosted by The Outlet and Springfield Police Department- Community-wide event aimed to bridge the gap and foster a good relationship between law enforcement and the community, this event had 20+ organizations present with resources, games, food, and music
- Upcoming: ROSC and Gateway Foundation present The United Recovery Takeover- 9/6 at Southern View Park- Recovery month event with local organizations providing resources for those in recovery from SUD / MH, free event with food, games, prizes, recovery speakers, and fellowship
- Upcoming: Rock n Run for Mental Health- 9/7 at Rochester Community Park

Sober Living Supply Drive

- Ongoing donation drive at ROSC events collecting hygiene essentials and home goods for those entering sober living. Contact Whitney or Austin to donate or request supplies.

Next Steps:

- Whitney and Austin will send follow-up emails to SIU School of Medicine, reach out to local businesses inquiring about community needs survey QR code / paper copy distribution
- Members will send contact information for specific organizations to ROSC

Sangamon County ROSC Council

General Meeting

8.26.25



Agenda

- Introductions
- FY26 Goals (Continued from last month's meeting)
- Membership Update
- Collaborating Organizations: Updates, Events, & Needs
- Community Resource Guide, Map, & Booklets
- ROSC Event Updates
- Sober Living supply drive
- Open Floor



Introductions

- Name
- Agency/organization/affiliation
- How long have you been with ROSC?
- You must replace your walk with a different form of movement forever: crab scuttle, moon bounce, or Roomba glide, or other (specify). What do you pick?



ROSC Program Manager

Whitney Devine

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Family Guidance Centers, Inc.

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Cell: 217.891.7627

ROSC Coordinator

Austin Dambacher

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Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Work: 217.441.6529 ext.8230

FY26 – New year, new goals (pt. 2)

According to the data collected in the FY25 ROSC community survey released between December 2024 – February 2025, three of the largest gaps in the community related to recovery and behavioral health are: 1) services for youth with SUD, 2) recovery supports and support groups for family members and people with mental health conditions, and 3) recovery supports for the re-entry population.

Goal	Plan
1: Facilitate improvements to youth substance use disorder services in Sangamon County	1: Collaborate with key youth-serving agencies to promote available services, assess provider barriers to youth SUD treatment and recovery supports, and establish a local host for a youth recovery support group.
2: Strengthen partnerships that produce a greater diversity of behavioral health support groups and events for families	2: Hold at least 5 annual ROSC events for families of individuals with SUDs and form a working group with major behavioral health providers to explore creating an ongoing family support group for mental health.
3: Enhance access to behavioral health resources for people in the criminal-legal system	3: Develop a reentry resource bundle with harm reduction tools in partnership with local ROSC groups and collaborate with community partners to recruit volunteers for AA/NA groups in Sangamon County Jail.

Community Needs Survey

- Survey helps to measure public opinion / perception of addiction and recovery
- Identifies both strengths and weaknesses within the
- Helps to identify gaps of care
- Yearly survey results help to gauge progress in areas that need attention
- ROSC serves as a gap-closing facilitator
- Partner with us! We'd love to get QR flyers out across the county! (as well as paper copies)



YOUR VOICE MATTERS!



TAKE OUR QUICK SURVEY TO SHARE YOUR THOUGHTS ON
RECOVERY, MENTAL HEALTH, AND SUPPORT IN OUR COUNTY.
HELP US FIND THE GAPS — AND MAKE THINGS BETTER

www.sangamoncorosc.org

Funded in whole or in part by the Illinois Department of Human Services,
Division of Behavioral Health and Recovery

Membership Update

+1 new members since our last meeting

Membership as of August: 42 Members

Of registered members:

27 unique organizations

1 individual (not org-affiliated)

Collaborating Community Organizations





New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <https://forms.office.com/r/V1Fr6F3eeN>

Next new member orientation is September 19th, 2025 at 12pm

Join the Zoom Meeting at:

<https://us06web.zoom.us/j/81264605484?pwd=nFISnubNwS8w2CjbMHL7ONNm6d07n.1>

Meeting ID: 812 6460 5484

Passcode: 879238

Membership Representation: Sectors

ROSC Sectors (n = 42 people, can choose more than one sector)				
Person with lived experience 17	Recovery supports 20	Faith-based groups 8	Family 13	Service providers 21
Volunteer/civic organizations 3	Education/schools 3	Youth-serving organizations 3	Media 0	Business 9
State/local/tribal government 4	Substance use treatment organizations 7	Healthcare 5	Law enforcement 1	Judicial 0

Collaborating Community Organizations: Updates



UPCOMING EVENTS



COORDINATION
NEEDS



GENERAL
ORGANIZATIONAL
UPDATES



NEWS FOR THE
GROUP



JOIN US FOR A FREE EVENT TO CELEBRATE *NEW* AND EXPECTING MOMS!

(*NEW*- MOMS WITH CHILDREN BIRTH TO TWO YEARS)

SEPTEMBER 6TH

10:00AM-12:00PM

THE SALVATION ARMY
1600 E. CLEARLAKE AVE.
SPRINGFIELD, IL 62703

SPEAKERS + PRIZES

First 100 mothers to register
will receive a FREE diaper
bag!

A chance to win a car seat, a
stroller, and so much more!
Light refreshments will be
provided.



Scan to RSVP

CHECK IN
STARTS
AT 9:45 AM

VENDOR PARTICIPATION & DONATIONS

Contact: Brooke Walker


COMMUNITY CHILD CARE
CONNECTION

☎ 217-525-2805 EXT.
8542

HOSTED
BY:




COMMUNITY
CHILD CARE CONNECTION



Rooted and Ready

Grounded in Values - Responsive in Crisis

Join us for a **FREE** two-day training designed for peer support workers in high-intensity settings that explores how to hold true to the peer role, even when systems pull you off course, and how to respond to crisis through a non-clinical, peer-centered lens.

 **Click Location to Register**

Springfield
September 9 & 10

Elgin
September 25 & 26

Day 1
Anchored: Defining & Defending the Peer Role to Avoid Drift
This interactive training supports peer support workers in holding firm to the unique power of the peer role, even in environments that may blur boundaries or challenge your scope.

Day 2
Crisis Through a Peer Lens: Connection, Compassion, and Care
This interactive training explores how peer support workers can respond to crisis with connection, compassion, and care without stepping outside the peer role.

Who Should Attend
Individuals who have their CRSS or CPRS (or those working towards) who are currently working in a crisis setting. Whether you work on a mobile crisis response team or warmline, in a living room program or hospital, this FREE training will strengthen your role clarity and connections.

SPACE IS LIMITED | REGISTER TODAY!

www.peer-power.net

Clinical Supervision Available

Opioid Training and Technical Assistance Center (OTTAC)

- Clinical supervision with documentation from expert, licensed staff for individuals seeking licensure or certification in Illinois
- Provided at no cost to clinicians needing support on their path to becoming a certified/licensed behavioral health professional

Contact Cindy Rivera to schedule:



crivera@fgcinc.org



PREVENTION FIRST 



The Welcome Home Basket Initiative

Each month, 20 to 30 households transition from homelessness into stable housing. Many move in without the basic essentials needed to manage a home.

You can help by donating essential household items!

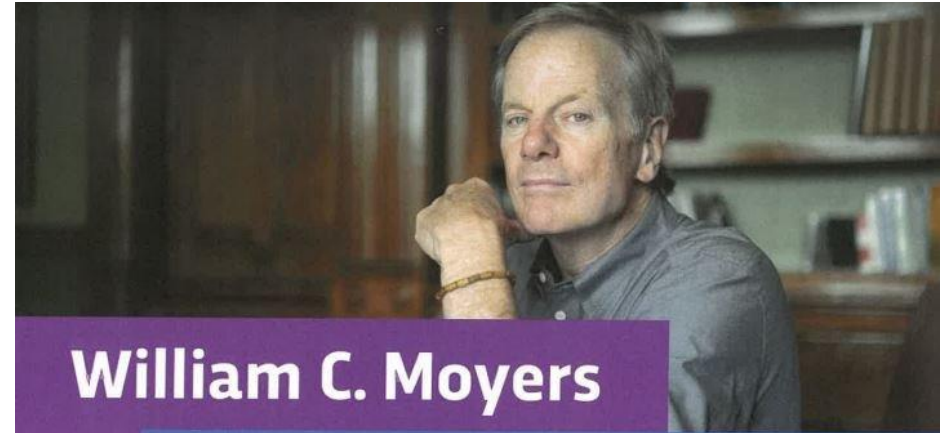


Heartland HOUSED can provide the laundry basket! Whether you contribute a single item, a partially filled basket, or a fully stocked one, every donation makes a difference! Our team will ensure that each basket is complete to greet our newly housed neighbors! Please only include items in good condition.

WHAT ITEMS ARE NEEDED?

- Pots and Pans Set
- Dishes (2 plates, 2 bowls)
- Cups (2 coffee mugs, 2 cups)
- Silverware / Knife Set
- Cooking Utensils
- Can Opener
- Oven Mitts
- Dish Towels
- Dish Soap and Sponge
- Food Storage Containers
- Comforter, Sheets, Pillow (Twin)
- Bath Towels and Washcloths
- Shower Curtain and Plastic Liner
- Hygiene (Hand Soap, Shower Gel)
- Toilet Paper
- Handheld Broom and Dustpan
- Trash Bags
- Cleaning Chemicals

Contact us at (217) 801-9033 or staff@heartlandhoused.org



William C. Moyers

A deeply personal perspective on recovery.

Tuesday, September 23, 2025

7:00 pm - 8:30 pm (Doors open at 6:00 pm)

FREE EVENT | Open to all | No registration required

The Salvation Army | Springfield

1600 E Clearlake Ave

Join William C. Moyers, a public advocate, as he "carries the message" about addiction, treatment, and recovery across the country and around the world. Moyers offers a deeply personal and human perspective on recovery.



SIU MEDICINE

Resource Guide Booklets

- Reminder: Paper version of our Sangamon County resource guide available
 - Have distributed **2360** across **41** organizations in the community so far.
 - Reach out if you would like some at your organization!
 - QR cards that will direct users to the online resource guide and interactive resource map
- ⑩ Accessible via 'Resources' tab at our website:
<https://www.sangamoncorosc.org/>
- ⑩ Contact ROSC Program Manager at wdevine@fgcinc.org for any edits or additions
- ⑩ **Community Resource Map:** Google map listing different resources in Sangamon County
- ⑩ <https://www.google.com/maps/d/u/0/edit?mid=1oPSS5VcAz3E22XSkNQGjuriiXCkaAQA&usp=sharing>
- ⑩ Map can also be accessed on ROSC website www.sangamoncorosc.org under resource tab



Event Updates



Celebration in the Park

- ROSC attended the Celebration in the Park event, which had a great turnout and beautiful weather. The day featured free food, music, games, giveaways, a fun-filled Kids Zone, and access to community resource vendors offering vision, hearing, health services, haircuts, and more. A fantastic day of connection, support, and celebration!



Bridging The Gap

- Hosted by The Outlet and Springfield Police Department @ Jaycees Park
- 20+ community organizations





ROSC x Gateway

We're teaming up for a recovery month celebration, and we want you to be a part of it!

- **Saturday September 6th, 2025**
- Southern View Park, 11am-2pm
- Food & Beverages
- Painting Activities
- Bags, kickball, and other outdoor games
- Community Resource Vendors
- Kids activities

Current Needs:

- Vendors!
- Donations of kids' activities: bubbles, hula hoops, etc.
- Volunteers to help at event
- Prize donations for vendor bingo raffle!

The United Recovery Takeover Vendor Registration



<https://forms.office.com/r/bM23NM7RzV>



Participating Organizations

- SIU School of Medicine
- Memorial Behavioral Health
- TASC
- The Phoenix Center
- Fifth Street Renaissance
- Helping Hands of Springfield
- Heartland Housed
- Unity House Sober Living
- Medicaid (Healthcare Services, Family Services, Child Support Services)
- Narcotics Anonymous
- Youth Services Bureau
- Sojourn Shelter & Services
- Hope Springs Apartments / Envision Unlimited

The logo features a black background with a large, thick green circle. A green lightning bolt is positioned behind the ampersand in the main title. The text is in a bold, sans-serif font.

ROCK & RUN FOR MENTAL HEALTH

5K-LIVE MUSIC-VENDORS | 9.7.25 ROCHESTER, IL

**SIGN UP NOW
ROCK4MENTALHEALTH.COM**

Sangamon County ROSC is excited to be part of a fun-filled community event at Rochester Community Park!

We'll have a table set up, so be sure to stop by and say hello! Enjoy a day packed with live music, a 5K walk/run, vendors, and plenty of activities—all in celebration of mental health and community wellness. Bring your friends, your family, and your good vibes—we can't wait to see you there!

Sober Living Supply Drive

- Collecting basic household items for individuals starting out in sober living homes
- A donation box is included at every event.
- ROSC is connected with various sober living homes in the area to help identify when there are needs.
- Examples of items accepted:
 - Hygiene essentials (Shampoo, conditioner, toothbrush, toothpaste, feminine care products, deodorant, razors, brushes, Q-tips)
 - New bedding (sheets, pillows, comforters)
 - Towels (new**)
 - Underwear & socks (new**)
 - Kitchen essentials



Open Floor

- Thoughts?
- Questions?
- Comments?
- Collaborations?
- Needs?