

Sangamon County ROSC Council- Monthly Meeting

2/24/26, 9am

Location: Zoom

Attendees:

- Whitney Devine, Sangamon Co. ROSC Council / Family Guidance Centers, Inc.
- Austin Dambacher, Sangamon Co. ROSC Council / Family Guidance Centers, Inc.
- Stacey Brenner, Family Guidance Centers, Inc.
- Ashley Earles, Birth to Five Illinois- Region 51
- Doug Ryherd, Brothers of Christ in Recovery
- Donna Reeves, Central Counties Health Center
- Tammie Rockford, Early Intervention CFC #18
- Sharon Helms, Envision Unlimited / Hope Springs Apartments
- Samantha Brown, Fifth Street Renaissance
- Matt Lantgen, Gateway Foundation
- Jeanette Davis, Memorial Behavioral Health
- Carly Crawford, The Outlet
- Audie Prange, Sangamon Co. Sheriff's Dept. (Investigations Division)
- Toni Randall, Statewide ROSC (Region 4 TA)
- Deanna Greene, Washington St. Mission
- Teresa Haley, Visions 1908
- Sally Jefferson
- Deborah Joseph

Agenda:

- Introductions
- Council Member Open Forum: Updates, Wins, Needs & Support Requests
- Membership Update
- ROSC and Community Events + Training opportunities
- Project updates
- Featured Speaker: Visions Second Chance Program

Meeting Notes:

1.Introductions:

- See attendee list

2. Council Member Open Forum:

- [Members share updates]
- Washington Street Mission- Recovery Fair (3/6/26, 9am-10:30am)
 - Resources for those in recovery, seeking treatment, or affected by SUD / MH
 - Immediate access to services, food provided
 - *Currently at capacity for vendors
- Central Counties Health Center- In need of book donations for lobby
 - ROSC will work on flyer to help promote initiative

- Mr. Lasagna's Closet of Hope- seeking men's clothing donations to help individuals who are transitioning into sober living
 - Contact Sangamon Co. ROSC for more details
- Heartland Housed- Welcome Home Basket initiative- collecting baskets with home goods, hygiene supplies, etc. To help those transitioning from being unhoused into housing
- Feeding Springfield One Lasagna At A Time- Easter Extravaganza
 - March 28, 11am-1pm
 - In need of easter basket donations, food / refreshments, candy / event supplies
 - In need of organizations to have resource tables
 - Contact ROSC or Beth Rees (phone #) for more details

3.Membership Update:

- 1 new members since last month
- 29 active members / organizations
- Sector growth needed in: Judicial, media, youth-serving organizations, volunteer / civic organization, state / tribal / local government, law enforcement sectors
- Next New Member Orientation: Friday, 3/20/26, at 1pm via zoom (zoom link available via website- www.sangamoncorosc.org)

4. ROSC and Community Events + Training & Skill opportunities

- Recap: Sangamon County ROSC x Gateway Foundation: Trivia Night
 - Hosted at Gateway's Springfield residential site in collaboration with Sangamon County ROSC. Approximately **80 attendees** enjoyed food from Feeding Springfield One Lasagna at a Time, drinks and salads from Gateway Foundation, and prizes donated by Nothing Bundt Cakes, Harting Designs, and Saponi Pizzeria & Italian Market. Recovery resources were shared at a resource table.
- Sangamon Co. ROSC x Fifth Street Renaissance: Wind Chime Workshop (Event)
 - Friday, March 13th, 6pm-8pm
 - Hosted at the Springfield Art Association's Condell Studio (700 N. 4th St., Springfield, IL)
 - No registration is required, family-friendly event (open to all ages)
 - FGC's Prevention team will be leading children's crafts
 - All materials will be provided
 - Currently looking for food / snack donations for event
- Logan-Mason County ROSC, Lincoln Memorial Hospital, and Lincoln/Logan Co. Crime Stoppers: Free Family-Friendly Bowling Event
 - Sunday, March 15, 2025- 11am-1pm
 - Lincoln Logan Lanes (1700 5th St., Lincoln, IL 62656)
 - Free event (bowling, shoe rental, food provided)
 - Will include giveaways and educational materials
- Family Guidance Centers, OTTAC, and Prevention First: OTP and Mobile MAR Readiness Training
 - Wed., March 4th, 2026 – 11am-12pm (virtual)

- Overview of OTP / Mobile MAR in Illinois- requirements, regulations, implementation
- Contact hwang@fgcinc.org to register
- Family Guidance Centers, OTTAC, and Prevention First: Free clinical supervision hours
 - Offering free clinical supervision for those seeking licensure / certification in Illinois
 - Contact hwang@fgcinc.org for more information / to schedule

5. Project Updates:

- Sangamon Co. ROSC Project Update: Youth Voices Committee
 - **Youth-Focused Initiative:** Springfield Community Health Council is planning **Children's Mental Health Awareness Day** in May (Date TBD), featuring resource tables, safe activities, and efforts to raise visibility and reduce stigma, with collaboration from several community organizations.
- Resource Bundles for Individuals Exiting Incarceration:
 - ROSC has worked with the Sangamon County Sheriff's Office to define eligibility and distribution for resource bundles. Individuals with MH or SUD automatically qualify; other resources (transportation, hygiene items, ROSC guides/QR cards) are provided based on expressed need.
 - A PDF of the ROSC guide has been provided to jail and will be available on jail kiosks. Bundles include 12-step meeting lists and other support groups, shelters, Oxford Houses, Heartland Housing Helpline, Helping Hands, MAR, and other local treatment resources.
 - ROSC has secured a donation of 500 bus tokens from SMTD for transportation needs- Sangamon Co. Sheriff's office will be working in collaboration with ROSC to track dispersal of tokens
 - Projected distribution of bundles will begin in March.

6. Featured Speaker: Visions Second Chance Program (Visions 1908), Teresa Haley MPA (Executive Director)

- 801 S. 11th Street, Springfield, IL 62703 [P: (217) 836-4177]
 - Office Hours: Tuesday, Wednesday, Thursday from 2pm-6pm
- Mentorship program that serves justice-involved adults in Springfield and central Illinois (not limited to Springfield) designed to reduce recidivism and provide individuals with resources, tools, and skills to accomplish their goals
- Services include life skills training, interview skills training, resume writing, GED assistance, counseling, computer literacy skills, financial literacy skills, health screenings, interview clothing assistance, job placement services, transportation assistance to work, workplace mentoring, behavior modification programs, drug and alcohol addiction counseling, mental health referrals, and expungement assistance
- Life coaches check-in regularly with individuals, provide on-going support, and provide referrals to community resources

- Eligibility requirements: 18 years or older, must agree to program rules and regulations, commit to the 6-month mentorship program, and interview with Visions 1908 panel to be accepted
- Coaching is individualized- coaches meet the person where they're at, as everyone has different needs
- Visions 1908 helps to stabilize the participants lives, strengthen families, stabilize the community, and provides pathway(s) to reintegration as contributing adults
- Additional information can be found at www.visions1908.org

7. Next Steps:

- ROSC will begin assembling resource guides- and will touch base with Sherrif's office; notifying them when available
- ROSC will include Visions 1908 Second Chance Program info in follow-up email (meeting minutes)
- ROSC will connect with Sally Jefferson to obtain NA brochures for re-entry resource bundles
- ROSC will deliver resource guides to The Outlet, Visions 1908

Meeting Adjourned



Sangamon County ROSC Council

GENERAL MEETING 2.24.26



ROSC Program Manager

Whitney Devine

wdevine@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: 217.891.7627

ROSC Coordinator

Austin Dambacher

adambacher@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Work: 217.441.6529 ext.8230

Agenda

Introductions

Council Member Open Forum

Membership Update

ROSC and Community Events +
Training opportunities

Project Updates

Featured Speaker: Visions Second Chance Program

Introductions

- Name
- Agency/organization/affiliation
- How long have you been with ROSC?
- If you could give a TEDtalk on any topic what would it be?



Council Member Open Forum:

UPDATES, WINS,
NEEDS &
SUPPORT
REQUESTS



The Welcome Home Basket Initiative

Each month, 20 to 30 households transition from homelessness into stable housing. Many move in without the basic essentials needed to manage a home.

You can help by donating essential household items!



Heartland HOUSED can provide the laundry basket! Whether you contribute a single item, a partially filled basket, or a fully stocked one, every donation makes a difference! Our team will ensure that each basket is complete to greet our newly housed neighbors! Please only include items in good condition.

WHAT ITEMS ARE NEEDED?

- Pots and Pans Set
- Dishes (2 plates, 2 bowls)
- Cups (2 coffee mugs, 2 cups)
- Silverware / Knife Set
- Cooking Utensils
- Can Opener
- Oven Mitts
- Dish Towels
- Dish Soap and Sponge
- Food Storage Containers
- Comforter, Sheets, Pillow (Twin)
- Bath Towels and Washcloths
- Shower Curtain and Plastic Liner
- Hygiene (Hand Soap, Shower Gel)
- Toilet Paper
- Handheld Broom and Dustpan
- Trash Bags
- Cleaning Chemicals

Contact us at (217) 801-9033 or staff@heartlandhoused.org

Mr. Lasagna's CLOSET OF HOPE

Supporting Individuals Transitioning Into Sober Living

DONATIONS NEEDED



Men's Clothing (all sizes)

Men's Shoes



Hygiene & Personal Care Items

Towels & Bedding



Laundry Supplies

New or Gently Used Items Welcome

DROP-OFF LOCATION

Donation Tote by the Side Door

📍 2412 North Peoria Road
Springfield, IL



Changing Lives, One Person at a Time





Feeding Springfield One Lasagna At a Time Annual Easter Event!

Event Needs:

Option 1: Host a Resource Table

- Set up a table to showcase your services or products
- Provide information about your business and available resources
- Bring a simple game or interactive activity for kids
- Bring your own table if possible (we can provide one if needed — just let us know)

Option 2: Support Through Donations

- Easter baskets (new & wrapped)
- Bikes
- Food or refreshments
- Candy or event supplies
- Monetary sponsorships to help offset event costs

FEEDING SPRINGFIELD ONE LASAGNA AT A TIME

EASTER EGGSTRAVAGANZA

MASCOTS & CHARACTERS NEEDED!

MARCH 28, 2026 • 11:00 AM – 1:00 PM
KUMLER UNITED METHODIST CHURCH
BACK PARKING LOT

WE NEED:

- ★ FREE SUPERHEROES
- ★ FREE PRINCESSES
- ★ FREE MASCOTS
- ★ COMMUNITY CHARACTERS!

No bunnies – We've got that covered!

VOLUNTEER FOR 30-60 MINUTES OF FUN!

Call or Email to Help!

217-904-0643

SpringfieldLasagnaLady@gmail.com

"No One Goes To Bed Hungry"

EASTER EGGSTRAVAGANZA

TOUCH-A-TRUCK NEEDED!

March 28, 2026 | 11:00 AM – 1:00 PM

Kumler United Methodist Church
600 North 5th Street | Back Parking Lot

We're Looking For:

- Fire Trucks
- Police Vehicles
- Ambulances
- Tractors
- Dump Trucks
- Construction Equipment
- School Buses
- Delivery Trucks
- Tow Trucks
- Garbage Trucks
- Specialty / Fun Vehicles

A FREE Community Event for Hundreds of Families!

Interested in Participating?

Beth Rees

Feeding Springfield One Lasagna At A Time

217-904-0643

Springfieldlasagnalady@gmail.com

Membership Update

+1 new members since our last meeting

Membership as of January: 29 Members

Of registered members:

28 unique organizations

1 individual (not org-affiliated)

Membership Representation: Sectors

ROSC Sectors (n = 28 people, can choose more than one sector)				
Person with lived experience 13	Recovery supports 12	Faith-based groups 4	Family 7	Service providers 7
Volunteer/civic organizations 1	Education/schools 2	Youth-serving organizations 1	Media 1	Business 3
State/local/tribal government 2	Substance use treatment organizations 4	Healthcare 6	Law enforcement 2	Judicial 0

Collaborating Community Organizations



New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <https://forms.office.com/r/V1Fr6F3eeN>

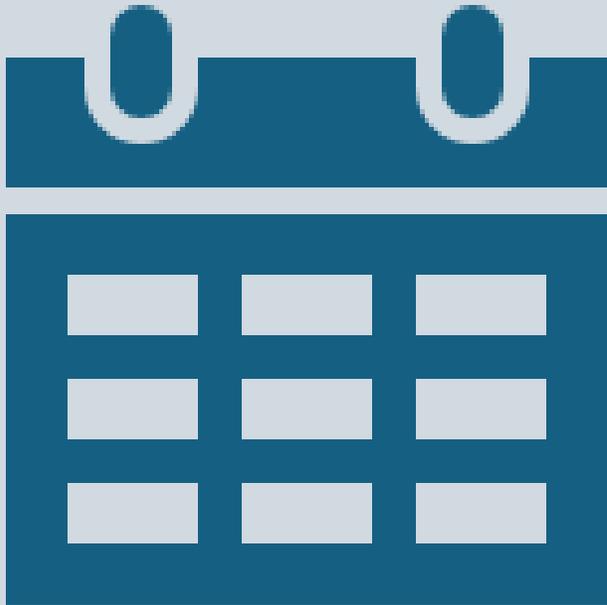
Next new member orientation is March, 20 2026 at 12pm

Join the Zoom Meeting at:

[https://us06web.zoom.us/j/83128095681?pwd=cXD4pw0kUyGH
SIPumrDmBjxaDUtRre.1](https://us06web.zoom.us/j/83128095681?pwd=cXD4pw0kUyGH
SIPumrDmBjxaDUtRre.1)

Meeting ID: 831 2809 5681

Passcode: 133659



ROSC Updates: Community Events & Training opportunities

RELAX & RECOVER:

**Wind
CHIME**

WORKSHOP

**Friday, March 13, 2026 6-8PM
@SPRINGFIELDART ASSOCIATION**

700 N 4th St, Springfield, IL, 62702 (Condell studio-North door accessed
from West Parking lots and a South
door by Education Offices)

**ALL SUPPLIES PROVIDED
FOOD FELLOWSHIP*
*RECOVERY RESOURCES***

ALL AGES WELCOME!



ROSC, Fifth Street Renaissance, & Springfield Art Association: Wind Chime Workshop

- Friday, March 13th, 2026
- 6pm-8pm
- Open to all ages
- Springfield Art Association (Condell Studio)
- Craft: Seashell windchimes (all materials provided)
- Children's crafts

- Currently looking for food donations for event

OTP and Mobile MAR Readiness Training

This training is for organizations and partners planning to launch, expand, or support OTP (Opioid Treatment Programs) and Mobile MAR (Medication-assisted Recovery) services



Wednesday March 4th, 2026,
11AM-12PM CT (Virtual)



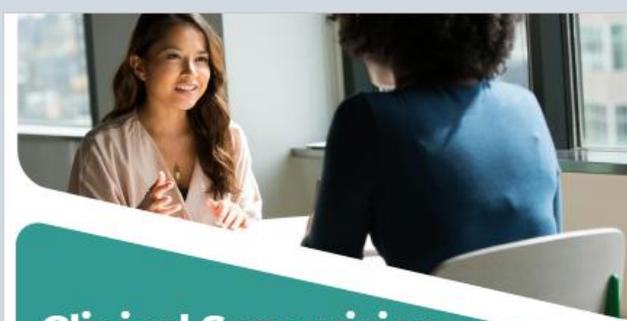
The session will cover:

- A practical overview of regulatory and operational requirements for OTP and Mobile MAR services in IL
- Common implementation challenges and strategies to address them, including site control, same-day dosing, and provider coordination
- Key lessons from rapid-access and low-barrier models to support timely, compliant service delivery



To register or ask any questions, please email hwang@fgcinc.org

Opioid Training and Technical Assistance Center (OTTAC): Funding provided in whole or in part through the Illinois Department of Human Services



PREVENTION FIRST



Clinical Supervision Hours Offered!

For individuals pursuing behavioral health licensure or certification in Illinois

Objectives:



Provide free of charge individual and group clinical supervision from licensed experts (LCSWs).



Support applicants preparing for certifications and licenses including PRS, CADC, LCSW, LCPC, and other behavioral health roles.



Help interns and applicants build skills in clinical conceptualization, therapeutic interventions, psychosocial assessments, casework, and community-based services



Offer documented supervision hours (virtual via Teams/Zoom) to meet Illinois licensure and certification requirements.

Family Guidance Centers is partnering with Prevention First to offer **free** clinical supervision to individuals pursuing behavioral health licensure or certification in Illinois. This includes licensures including **PRS, CADC, LCSW, LCPC**, and other behavioral health roles.

Sessions available
Mon-Fri

Formally
documented hours

Eligible to individuals
pursuing licensure or
certification in IL

Opioid Training and Technical Assistance Center (OTTAC): Funding for this training is provided in whole or in part by the Illinois Department of Human Services Division of Behavioral Health & Recovery through the Opioid Remediation Trust Fund.



Please email hwang@fgcinc.org to schedule clinical supervision hours or if there are any questions!

FREE BOWLING EVENT!



Bring your family and enjoy
FREE Bowling
FREE Shoe Rental
FREE Food
& **FREE** Giveaways!

Join us for a family-friendly day of bowling, connection, and learning, highlighting healthy and positive lifestyle choices.

Date & Time

March 15, 2026 | 11:00AM-1:00PM

 Lincoln Logan Lanes
1700 5th St, Lincoln, IL 62656

Funded in whole or in part by the Illinois Department of Human Services,
Division of Behavioral Health and Recovery

Lincoln/ Logan



IT TAKES A VILLAGE

JOIN US

RECOVERY



FAIR

MONDAY, MARCH 16 2026

FROM 9:00-10:30AM
Washington Street Mission
408 N. 4th Street
Springfield IL 62704

COME & SEE

- Treatment Connections
- Food
- On Spot Services and more [Learn about the different Paths to Recovery]

COLLABORATING ORGANIZATIONS:



Addressing Gaps- Project Updates:

1. Youth & Family SUD/MH Resources

2. Resources for individuals leaving incarceration

1 YOUTH: Youth SUD Services – Gaps & Progress "Youth SUD services are limited, fragmented, and underutilized due to low awareness and lack of tailored resources"

Progress Toward Addressing Gaps:

- Expanded youth and family resources through collaboration with Birth to Five Illinois on Community Resource guide
- Conducted community survey to assess awareness and youth support group availability & Presented service gap findings at cross-sector Whiteboard meeting
- Increased promotion of SIU START Clinic youth SUD programs at community events
- Youth-Focused Initiative: Springfield Community Health Council is planning a Children’s Mental Health Awareness Day in May (Date TBD), featuring resource tables, safe activities, and efforts to raise visibility and reduce stigma, with collaboration from several community organizations. ROSC is a partner for this event.

2. Resources for individuals leaving incarceration: GAP & Progress "Individuals in the criminal-legal system face significant barriers to treatment, continuity of care, and recovery supports upon release"

Progress Toward Addressing Gaps:

RESOURCE BUNDLES FOR INDIVIDUALS LEAVING INCARCERATION:ROSC has worked with the Sangamon County Sheriff’s Office to define eligibility and distribution for resource bundles. Individuals with MH or SUD automatically qualify; other resources (transportation, hygiene items, ROSC guides/QR cards) are provided based on expressed need.

- A PDF of the ROSC guide has been provided to jail and will be available on jail kiosks. Bundles include 12-step meeting lists and other support groups, shelters, Oxford Houses, Heartland Housing Helpline, Helping Hands, MAR, and other local treatment resources. Awaiting follow-up correspondence from SMTD for bus token donations (expressed need).
- Projected distribution of bundles will begin in March.

Featured Speaker

**VISIONS SECOND CHANCE PROGRAM: TERESA HALEY
(PRESIDENT)**

