

# Bachelor of Health Science in Community Health



## Bachelor of Health Science in Community Health

As Americans continue to live longer, and as the ranks of older Americans continue to swell, the quest for a life lived well and in good health is becoming a top priority for people of all ages. As healthcare costs continue to rise, more Americans are taking responsibility for their own health by doing what they can to prevent diseases like HIV, lung cancer, diabetes and heart disease.

But they can't do it alone.

More businesses and communities require the services of professionally trained health educators who can help people live healthy lives, age healthfully and avoid costly treatments for chronic illness.

The undergraduate program in Community Health, provides students a broad-based community health education that will prepare them for a variety of career opportunities in health and human services fields. The Bachelor of Health Science degree in Community Health is designed to provide you with the broad-based educational background you'll need to design and implement programs that increase the quality, availability and effectiveness of health and wellness promotions, with an ultimate goal of improved quality of life for aging adults and the community at large.

### Choose from one of the three concentrations:

- Health Promotion Across the Lifespan
- Pre-Health Professions
- Foundations of Substance Abuse

A degree in Community Health can take you in many different directions.

## Learn More!

Take the next step.

For program specific questions contact the:

### Academic Advisor

Connor Schwer

Email: [cschwer@govst.edu](mailto:cschwer@govst.edu)

For career information contact the:

### Program Coordinator

Dr. Joseph Day

Email: [jday2@govst.edu](mailto:jday2@govst.edu)

Or Visit [www.govst.edu/chhs/bch/](http://www.govst.edu/chhs/bch/)

## FACT

Employment of community health workers is projected to grow 14 percent from 2022 to 2032, faster than the average for all occupations. Employment of health educators is projected to grow 7 percent from 2019 to 2029. Growth will be driven by efforts to improve health outcomes and to reduce healthcare costs by teaching people about healthy habits and behaviors and utilization of available health care services

(U.S. Bureau of Labor Statistics, <https://www.bls.gov/ooh/community-and-social-service/health-educators.htm>, 2024)

# Bachelor of Health Science in Community Health

College of Health and Human Services

## Special Admissions Requirements

Prospective students are required to have a minimum GPA of 2.0 in 24 hours of earned college credit from Governors State University or other regionally accredited institution for admission to all concentrations in the program.

## Application Deadlines

### 2 Admission Cycles:

Fall Admission: July 30th

Spring Admission: November 30th

## Pre-requisites

Students must have completed a statistics course prior to admission into the program.

## Degree Requirements

**Students must meet all university requirements for a bachelor's degree with a grade of "C" or better in all program required courses.** Students must maintain a minimum of a 2.0 GPA in upper division course work and must satisfy the State of Illinois general education requirements.

## Program Core Curriculum (28)

- HLAD 3106 Introduction to Epidemiology (3)
- HLSC 3099 Introduction to Community Health (3)
- HLSC 3200 Foundations of Environmental Health (3)
- HLSC 3300 Disparities and Cultural Awareness in Health (3)
- HLSC 4100 Health Promotion (3)
- HLSC 4150 Health Education Models and Systems (3)
- HLSC 4300 Health and Wellness Programs (3)
- HLSC 4500 Research Design in Community Health (3)
- HLSC 4989 Pre-internship Seminar (1)
- HLSC 4990 Internship (3)

## Students Must Choose a Concentration of Interest:

### Health Promotion Across the Lifespan (32)

- HLSC 2100 Contemporary Issues in Health (3)
- HLSC 2200 Global Health (3)
- HLSC 2300 Human Sexuality (3)
- HLSC 3400 Principles of Aging and Physical Activity (3)
- HLSC 3500 Disasters and Public Health (3)
- HLSC 4101 Infectious Diseases (3)
- HLSC 4130 Nutritional Pathways (3)
- HLSC 4160 Public Health Communication (3)
- HLSC 4200 Comparative Complementary and Alternative Medicine (3)
- HLSC 4700 Leadership in Public Health (2)
- HLSC 5512 Changing Health Behaviors (3)

## Pre-Health Professions

### Credit Hours Vary with the Specific Health Field

The Pre-Health Professions concentration prepares students to meet the pre-requisites required for a variety of advanced health professions degrees such as Occupational Therapy, Physical Therapy, Physician Assistants, Public Health, Medicine, Dentistry, and Nutrition. The specific pre-requisites vary depending upon which health profession the student intends to pursue. In consultation with the academic advisor, the student will select those courses which best meet the specific pre-requisites required by the health profession.

### Foundations of Substance Abuse (24)

- HLSC 4101 HIV: The Epidemic - Issues for Healthcare Providers, Educators, Employers, and Consumers(3)
- ADDS 3200 Screening, Referral and Treatment Planning (3)
- ADDS 4100 Psychopharmacology (3)
- ADDS 4150 Addictions: Recovery Processes (3)
- ADDS 4180 Substance Abuse: A Systems Approach (3)
- ADDS 4220 Clinical Skills in Substance Abuse (3)
- ADDS 4600 Prevention (3)
- ADDS 5100 Substance Abuse: Current Concepts (3)

### Suggested Electives: (8)

**Total: 120**

## Accreditation

Governors State University is accredited by the Higher Learning Commission of the North Central Association of Colleges and School.

This information is for reference only. For complete degree information, please refer to the current approved Governors State University catalog online at [www.govst.edu/catalog](http://www.govst.edu/catalog)

