

Governors State University

Annual Counseling Program Review Report

2022-2023

Following is the annual review related to the Master of Arts in Counseling (MA in Counseling) and Doctor of Philosophy in Counselor Education and Supervision (Ph.D. in CES) programs. For questions, please contact the MA in Counseling Coordinator Dr. Leonis S. Wright (lwright11@govst.edu) or the Ph.D. in CES Coordinator Dr. Kent B. Provost (kprovost@govst.edu). The following information is presented first with the counseling program's achievements and modifications during the academic year 2022-2023, followed by the program's action plan for academic year 2023-2024, concluding with the programs' evaluation 2022-2023 results.

Counseling Program Achievements, Modifications, and Action Plan for Academic Year 2022-2023

Overall Counseling Program 2022-2023 Program Achievements:

- Expansion of the MA program enrollment by 42% (115 to 164)
- Provided (free of charge) and required Telehealth training for all MA and Ph.D. students entering Practicum
- Expanded attending Graduate Fairs and Professional Conferences to promote GSU's counseling and psychology related programs
- Doctoral Program achieved full recognition March, 2023 of its shift from an Ed.D. to Ph.D. program (Regional Higher Learning Commission (HLC) and Council for Accreditation of Counseling and Related Educational Programs – CACREP)
- Ph.D. in CES expanded new student enrollment from 3 AY 2022-2023 to 10 AY 2023-2024
- Ph.D. in CES admission requirements modified to align specifically with CACREP's requirement, the elimination of requiring the GRE and substituted an essay related to the applicant's professional identity and social justice issues.
- Ph.D. in CES expanded notice of accepting new applicants through diverse professional websites
- Ph.D. in CES Dissertation Manual updated and completed
- All benchmarks and program outcomes met fully for both MA and Ph.D. programs

Counseling Program Action Plan for Academic Year 2023-2024

- Replace current Advanced Clinical Mental Health course with existing Sex Therapy course
- Merge Advanced Clinical Mental Health course requirements into the Clinical Mental Health Course
- Replace existing Psychopharmacology in Addictions course with an Addictions and Co-occurring course
- Expand MA in Counseling course credits from 60 to a range of 60-69 credits to provide financial aid fundable elective option
- A quasi-cohort model to be implemented for exploration intents
- Exploring an Addictions Counseling specialty track within the MA in Counseling program

- Update all course Student Learning Outcomes and required Pre-requisites
- Update all Counseling related campus Bulletin Boards
- Explore adding a 45-minute special topic presentation for Thursdays from 7:7:45pm for all students
- Update Admissions Deadlines with priority and final posted deadlines

Summary of the Counseling Program Evaluation Results for Academic Year 2021-2022

Following the updated objectives with initial assessment results, other substantial program changes are discussed as well as future program adjustments for academic year 2023-2024. The assessment data is captured on a three-point scale: 1=Does not Meet for program level, 2=Meets minimally or inconsistently for program level, 3=Meets and exceeds for program level, or N/A=Unable to rate/determine. The objective targets are for averages to be at a 2 or above at an 80% result level. Refer to the GSU Counseling Program Comprehensive Assessment Plan for when, where, and how data is collected for the following information.

Master of Arts in Counseling Program Objectives and Outcomes

Master of Arts in Counseling Program Objectives and Assessment	Outcome
Professional Orientation and Ethical Practice: Explain professional functioning and identity, including collaborating with other helping professionals in an ethical and socially just manner.	
Current Students – Internship II	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Social and Cultural Diversity: Demonstrate multicultural competence working with individuals from diverse backgrounds.	
Current Students – Internship II	100%
Current Students – Professional Dispositions	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Human Growth and Development: Assess client’s growth and development across the lifespan related to individual and family experiences along with cultural influences.	
Current Students – Internship II	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Career Development: Explain current theories of career development and how they can be applied in counseling practice.	
Current Students – Internship II	100%
Graduates Exit Survey	100%

Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Counseling and Helping Relationships: Employ theoretically grounded counseling interventions to establish theory-based client outcomes.	
Current Students – Internship II	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Group Counseling and Group Work: Facilitate group dynamics and application of group theory in group counseling practice.	
Current Students – Internship II	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Assessment and Testing: Employ ethical and culturally responsive assessment practices, strategies, and interventions in counseling practice with diverse clients.	
Current Students – Internship II	100%
Current Students – Professional Dispositions	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Research and Program Evaluation: Integrate ethical, culturally competent, and socially just practices into counseling research processes.	
Current Students – Internship II	100%
Current Students – Professional Dispositions	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Master of Arts in Counseling – Specialty Track Learning Objectives	
Clinical Mental Health Counseling: Apply ethical and socially just counseling theories and interventions to clients presenting problems and diagnoses.	
Current Students – Internship II	100%
Graduates Exit Survey	100%

Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Marriage, Couple, and Family Counseling: Apply systems theories in an ethical and socially just manner to couples, marriages, and families from a diversity of cultural backgrounds.	
Current Students – Internship II	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
School Counseling: Create, implement, and evaluate data-driven school counseling programs designed to meet the academic, career, and social/emotional development of all students.	
Current Students – Internship II	100%
Graduates Exit Survey	100%
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%

***Note:** The stakeholder survey combined results from Alumni, Site Supervisors, and Employers. These will be separated in future surveys. We intend to survey every other year. These results are from the prior academic year.

Doctor of Philosophy in Counselor Education and Supervision Updated Program Objectives and Outcomes

Doctor of Philosophy – Counselor Education and Supervision Program Objectives and Assessment	Outcome
Counseling: Implement advanced ethical, theory-based, and culturally relevant practices into clinical counseling.	
Current Students – Practicum	100%
Current Students – Professional Dispositions	100%
Graduates Exit Survey**	N/A
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Supervision: Construct and apply a scholarly supervision model in an ethical and culturally relevant manner.	
Current Students – Internship II	100%
Current Students – Professional Dispositions*	N/A
Graduates Exit Survey**	N/A
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Teaching: Articulate and implement scholarly-based pedagogical and/or andragogical teaching practice with diverse student population in counselor education.	
Current Students – Internship II	100%
Graduates Exit Survey**	N/A
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%
Research and Scholarship: Develop professional research projects and activities relevant to professional practice of counseling, counselor education, and/or supervision modalities.	
Current Students – Dissertation Proposal Defense	100%
Graduates Exit Survey**	N/A
Stakeholder Survey (Alumni, Site Supervisors, Employers)*	100%

***Note:** These will be separated in future surveys. We intend to survey every other year. These results are from the prior academic year.

****Note:** Only one graduate responded, thus did not include this data in this year's results.