

# Strengths and Weaknesses

**Marcin Kuruc**

# Keynote Speaker: Marcus Buckingham - Presented by SPEAK Inc.



# Marcus Buckingham

Does society raise us to be more well-rounded or do we place emphasis on improving our strengths?

Does environment and culture play a big part on what makes us unique?

## Knowing your personal strengths

- ▶ Allows you to grow even more
- ▶ Boosts your self confidence
- ▶ More effective, fulfilled and successful

## Knowing your personal weaknesses

- ▶ It keeps you from engaging in activities where you can't make much impact.
- ▶ It provides an opportunity for others—people with the very strengths you're missing— to contribute. This strengthens your team.
- ▶ It keeps you from frustrating yourself and others.

# The “5-Minute Personality Test”

Are the results accurate based on the description of yourself?

Will your results be different if your best friend/family relative rated you?

# Other Strength and Weakness Assessments

## StrengthsFinder 2.0 - Gallup

- ▶ <http://strengths.gallup.com/default.aspx>

## Richard Step Aptitude Test

- ▶ <http://richardstep.com/richardstep-strengths-weaknesses-aptitude-test/>