

Bachelor of Arts in Exercise Science and Wellness to Bachelor of Health Science in Community Health – Pre-Health Professions

This transfer guide shows the courses required for the Iowa Wesleyan BA in Exercise Science and Wellness and how it will transfer to GSU for the BHS in Community Health. The guides are to show how you how the credits that you have completed will apply to the degree and what courses you will have remaining.

I. Wesleyan Studies (34 Hours)

Rhetorical Foundations (9 hours)

- ENG 109 - College Composition (3) (Meets ENGL-1000)
- ENG 110 - College Research (3) (Meets ENGL-1010)
- COMM 147 - Intro to Public Speaking (3) (Meets COMM-1000)

Mathematics (4 hours)

- MATH 171 - Elementary Statistics (4) (Meets MATH-2100)

Science (4 hours)

- BIOL 241 - Anatomy and Physiology I (4) (Meets BIOL-2200/2201)
- CHEM 175 - General Chemistry I (4) (Meets CHEM-1141/1142)

Humanities (6 hours)

Social and Behavioral Sciences (6 hours)

- PSYC 251 - Developmental Psychology (3) (Meets PSYC-2201)
- WS 300 - Global Issues (3)

Other (2 hours)

- WS 147 - Tiger Perspectives (1) (Counts as Electives)
- WS 148 - Tiger Expeditions (1) (Counts as Electives)

Culture & Diversity (3 Hours)

Select one course from the approved list and depending on the course it will apply to GSU's Humanities/Fine Arts or Social Science requirements.

II. MAJOR CORE COURSES (15 hours)

- HLTH 200 - Substance Abuse (2) (Applies to Pre-Health Conc)
- HLTH 344 - Community and Consumer Health (3) (Meets HLSC 4300)
- HLTH 300 - Health and Nutrition (3) (Meets HLSC-4130)
- PE 109 - Func. Fitness & Personal Wellness (2) (Applies to Pre-Health Conc)
- PE 125 - Intro to Exercise Sci and Wellness (3) (Applies to Pre-Health Conc)
- PE 231 - First Aid (1) (Applies to Pre-Health Conc)
- PE 250 - Motor Learning (2) (Applies to Pre-Health Conc)
- PE 260 - Sci Aspects of Strength Dev (2) (Applies to Pre-Health Conc)
- PE 352 - Kinesiology (3) (Applies to Pre-Health Conc)
- PE 356 - Principles & Assessment of Phy Ed (3) (Applies to Pre-Health Conc)
- PE 381 - Fitness Evaluation and Training (3) (Applies to Pre-Health Conc)
- PE 382 - Prevention, Care, & Treat of Injuries (3) (Applies to Pre-Health Conc)
- PE 398 - Practicum in Physical Education (3) (Applies to Pre-Health Conc)



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- PE 484 - Physiology of Exercise and Health (4) (Applies to Pre-Health Conc)
- PE 498 - Internship in Exercise Science (6) (Applies to Pre-Health Conc)

III. SUPPORT COURSES (16 Hours)

- BIO 242 - Anatomy and Physiology II (4)
- BIO 176 - General Chemistry II with Lab (4)
- PHYS 210 - General Physics I (4)
- PHYS 220 - General Physics II (4)

IV. TO BE TAKEN AT GSU (25 Hours)*

Required Courses (25 Hours)

- HLSC-3099 - Introduction to Community Health (3)
- HLAD-3106 - Introduction to Epidemiology (3)
- HLSC-3200 - Foundations of Environmental Health (3)
- HLSC-3300 - Disparities and Cultural Awareness in Health (3)
- HLSC-4100 - Health Promotion (3)
- HLSC-4150 - Health Education Models and Systems (3)
- HLSC-4500 - Research Design in Community Health (3)
- HLSC-4989 - Internship Seminar (1)
- HLSC-4990 - Internship (3)

Minimum Required for BHS in Community Health – Pre-Health Professions: 120 Hours

*** Must complete any required or selective courses not completed at Iowa Wesleyan.**

For Additional Information:

**Governors State University
College of Health and Human Services
chhs@govst.edu**

**Transfer Credit Evaluator at
<https://govst.transfer.degree/>**