

Frank Czuba
633 Carpenter Ave.
Oak Park, Illinois 60304
708.209.5664
fczuba@govst.edu

Education

DrOT Governors State University, Occupational Therapy 2017.
Capstone Project: Exploring Transgender Adolescent Social Participation Outside of Family and School Through PhotoVoice.

B.S. University of Illinois-Chicago, Occupational Therapy 1993.

Publications

A Call to Action: Occupational Therapy as Effective Healthcare Leaders and Managers. (2023). Czuba, F., Burd, M., Richman, N., Barnes, A., Barnes, L., Ellison, J., Richert., J. ILOTA Communique

Occupational Therapy Awareness Month. (2023). AGORA, the GSU Newsletter.

Presentations

Czuba, F. (2023). Fall Prevention and Recovery Strategies. GSU Stroke Support Group.

Czuba, F. (2023). OT Leaders' Promotion of Best Practices in Quality Care Transitions. Poster presentation. AOTA Annual Conference.

Czuba, F. (2022) Student Health and Wellness Series. Master of Occupational Therapy Program. September through December, 2022.

Czuba, F., Schranz, C. (2022). Development and Implementation of Substance Abuse Training for Allied Health Professionals: Addressing the Epidemic and Improving the Outcomes. Association of Schools Advancing Health Professions, Annual Conference. 10/21/22

Czuba, F. (2022). Development and Implementation of a Staff, Faculty and Student Wellness Series. College of Health and Human Services, All college meeting. 1/13/22

Czuba, F. (2021). OT Leaders' Promotion of Best Practice in Quality Care Transitions. ILOTA Poster Cluster Discussion. 11/9/21.

Czuba, F. (2021). How Occupational Therapy can help those with Parkinson's Disease. Virtual Presentation. American Parkinson Disease Association, Northwest Chapter. 11/8/21

Czuba, F., Cram, M., and Ryan, A. (2021) Exploring Quality Care Transitions - Leaders and Managers Perspectives. Illinois Occupational Therapy Association, Conversations That Matter Series. 10/20/21

Czuba, F., Gertos, M (2021). Sexual Harassment in the Workplace: An Occupational Therapy Perspective. ILOTA Sponsored CEU presented at the annual conference. Developed and recorded to serve as permanent CEU resource for members to meet state licensure requirements. 10/01/2021. 1.0 CEU

Czuba, F. (2021). OT in Health Promotion and Wellness. Podcast: advOcaTe hosted by Samantha Holzschu MOT, OTR/L. Jan and Feb, 2021.

Czuba, F. (2020). Reimagining Occupational Therapy as a Healthcare Provider. ILOTA Annual Student Conclave. Opening speaker. 02/29/2020

Czuba, F., Harting, M. (2018). Allen Cognitive Disabilities Model. *HCR ManorCare*. 6.0 hours CEU.

Czuba, F., (2017). Exploring Adolescent Social Participation Outside of Family and School Through PhotoVoice. *ILOTA Annual State Conference*. 1.5 hour CEU.

Czuba, F. (2017) Supporting Transgender Youth. *Pediatrics SIS, ILOTA Annual State Conference*. 1.0 hours CEU.

Czuba, F. (2011). High Intensity Strength Training for Older Adults. *HCR ManorCare*. 1.0 hour CEU.

Czuba, F., Gertos, M. (2010). Wheelchair Positioning and Restraint Reduction. *HCR ManorCare*. 4.0 hours CEU.

Czuba, F. (2010). High Intensity Strength Training for Older Adults. *HCR ManorCare*. 1.0 hour CEU.

Czuba, F., King, M. (2010) Impact of Arthritis on Activities of Daily Living and Non Pharmacological Therapy Treatment Approaches. *Impact Arthritis 2010*. 1.0 hour CEU.

Czuba, F., Serratella, S. (2010). Are You Measuring Up? Review of Standardized Tests and Measures for Clinical Assessment. *HCR ManorCare*. 2.0 hours CEU.

Czuba, F. (2009). Fusion Therapy: Integrating Yoga, Pilates, Tai Chi and Plyometrics Into a Holistic Practical Approach to Facilitate Positive Rehabilitative Outcomes. *Iowa Occupational Therapy Association Annual State Conference*. 7.75 hours CEU.

Czuba, F., Gertos, M. (2009). Neurodevelopmental Techniques in Adult Hemiplegia. *HCR ManorCare*. 6.0 hours CEU.

Czuba, F., Gertos, M., (2009). Wheelchair Positioning and Restraint Reduction. *HCR ManorCare*. 4.0 hours CEU.

Czuba, F., Parise, F., Mines, M., (2004). Optimizing Illinois Department of Public Aid Reimbursement Through Successful Rehabilitation and Restorative Programs. *Quality Therapy and Consultation*. 6.0 hours CEU.

University / College Guests Lectures

Mindful Movement Series. (Spring, 2021) Developed, coordinated and presented 10 session series provided virtually to the GSU community. Provided participants with opportunities to explore a variety of mind-body strategies to foster well-being and overall health. Included discussion of relevant research related to approaches introduced in each session to foster evidence-based practice.

Managing and Leadership in Post-Acute Rehabilitation Utilizing an Interprofessional Team Process. (2019). *Midwestern University*.

Exploring Adolescent Social Participation Outside of Family and School Through PhotoVoice. (2019). *University of Illinois-Chicago*.

Understanding the Interdisciplinary Team Process in Post-Acute Rehabilitation Utilizing the Rehab Huddle Program. (2017). *Governors State University*.

Exploring the Changing Role of OT within Post-Acute Rehabilitation Utilizing Best Practice. (2017). *University of Illinois-Chicago*.

Describing the Differences in OT Practice Between Australia and the United States with Regards to Scope of Practice, Client Population, and Reimbursement Issues. (2016). *Elmhurst College*.

Scholarly Projects

Primary research advisor for MOT Student Independent Research Study: Blackwell, J, Jacob, T., Murillo, G., Sain, K., Travis, A. Exploring the Relationship Between Engagement in Health Management Strategies and Performance Satisfaction in Selected Occupations. (2022). *Governors State University*.

Primary research advisor for MOT Student Independent Research Study: Campbell, K., Cram, M., Hogan, D., Ryan, A., Richman, N. Occupational Therapy Leaders' Promotion of Best Practice in Quality Care Transitions. (2021). *Governors State University*.

Primary research advisor for MOT Student Independent Research Study: Blaski, A., Craft, M., Khan, S., Martin, R., Medina, K., Mercado, J., Schranz, C. Exploring the Impact of Shelter-In-Place Restrictions on Allied Healthcare Graduate Students' Educational Learning, Health and Wellness. (2020). *Governors State University*.

Research committee member for doctoral capstone project. Donaldson, E., The Leadership of Directors of Rehabilitation in Occupational Therapy in Skilled Nursing Facilities: A Quantitative Survey. (2019). *Governors State University*.

Research committee member for doctoral capstone project. Fliman, I. Development of a Function-Based Assessment Within the Inpatient Hospital Setting. (2019). *Governors State University*.

Service

Institutional Wellness Committee, Governors State University (Ongoing).

Occupational Therapy Department - Research Co-chair (Ongoing).

Occupational Therapy Department Advisory Board Coordinator. (Ongoing).

GSU Search Committees: DPT Faculty Position. 06/2022. MOT Faculty Position. 07/2023.

ILOTA Administration and Management Special Interest Section, Co-chair (Ongoing).

UI Shield Test Collection Site supervisor. 09/2021 through 12/2021.

ILOTA Annual Conference research reviewer. 05/2020 through 05/2023

AOTA Annual Conference research reviewer. 06/2022

SBRIT -Substance Abuse and Mental Health Services' Screening, Brief Allied healthcare professional video training series. Served as occupational therapy practitioner during simulations to educate individuals on appropriate utilization of substance abuse screening and resource provision to healthcare clients. 04/2021 through 05/2021

ALPHA ETA Honors Society - faculty member, 05/2022.

ILOTA Annual Student Conclave – Resume Reviewer for Students. NIU Conference Center. 02/2020 through 02/2023

Disability Expo – High School Student Open House at GSU 02/21/2020

Member of the Chicago Area Council of Occupational Therapy Directors forum. (Ongoing).

Board member for Transgender Summer Camp – offering gender divergent children a safe environment to interact and be themselves in a summer camp environment. (2014 – 2016).

Eagle Board of Review Committee Member – Boy Scout Troop 16, Oak Park, Illinois (Ongoing).

Assistant Scoutmaster – Quartermaster support for Boy Scout Troop 16, Oak Park, Illinois (2010 -2014).

Member of the Director of Rehabilitation / Team Leader Advisory Council, HCR ManorCare, (2014-2016).

Co-chair of the ILOTA Geriatric Special Interest Section (2000).

Certifications

Lymphedema Management of the Upper and Lower Extremity, (2002).

Individual / Group Fitness Instructor, (2005).

Tai Chi for Arthritis / Fall Prevention Instructor, (2007).

LGBT Health Certificate, (2014). Drexel University

Employment

Assistant Professor, Governors State University, University Park, Illinois. (2020 – Present).

Visiting Assistant Professor, Governors State University, University Park, Illinois. (2019 – 2020).

Private Practice Occupational Therapist, Oak Park, Illinois (2019 - Present)

Senior Director of Rehabilitation / Director of Rehab, Oak Lawn West, HCR ManorCare. Oak Lawn, Illinois. (2008 – 2019).

Director of Rehabilitation and Service Provision, Wholehealth Enterprises Pty Ltd, New South Wales, Australia. (2005 – 2008).

Occupational Therapist – Aged Care Specialist, North Coast Area Health Services, New South Wales, Australia. (2005 -2007).

Director of Therapy Services – Regional Director, Quality Therapy and Consultation, Orland Park, Illinois. (2001 – 2005).

Director of Rehabilitative Services, Care Plus Rehabilitative Services, Skokie, Illinois. (1998 – 2001).

Occupational Therapist – Registry, Rehabilitation Institute of Chicago, Illinois. (1997 – 1998).

Occupational Therapist – Staff Therapist / Program Development, Quality Therapy and Consultation, Orland Park, Illinois. (1993 – 1998).